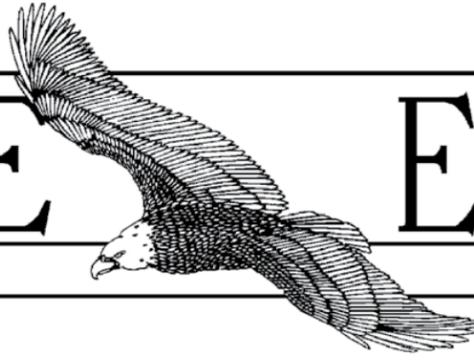


The CRESTONE EAGLE



Crestone, Colorado Volume 30, Number 9

September, 2019 \$2

30 years serving the Northern San Luis Valley

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Fields full of sunflowers and gentle afternoon rains has made for a wonderful late summer in Crestone.

photo by Autumn Brooke Grinath

To see this photo in color and more, visit our website at www.crestoneeagle.com

Saguache County Administrator resigns, cites problems

by Crestone Eagle

On August 15, the Board of County Commissioners accepted the resignation of the latest County Administrator, the second in less than a year.

Glen Simpson submitted his resignation in writing: "I Glen W. Simpson respectfully submit my resignation as Saguache County Administrator, effective immediately. The long hours the County Administrator position requires is

more than I can devote to it. Issues with county services and county personnel never get addressed, year after year."

His letter continues: "There are major problems at the landfill. You all have known the problems for years and are still not attempting to correct them.

"The problem at Road & Bridge is much more than pay rates. Again, you're aware of the problem, you know what needs to

be done, but continue to ignore it.

"From the courthouse to the landfill, employees and county departments do not work well together. You know this, but still you ignore it."

Simpson has a strong financial background—20 years in the army as a financial go-to person and another 20 years with an Austin, Texas firm as their chief financial officer. He is a certified public accountant

continued on page 5



The Teyuna return to Crestone Sept. 12-15. See stories on page 7.

Colorado's Red Flag legislation, what does it do?

by Lisa Cyriacks

Recent mass shooting events trigger the debate about how many of these events result from Americans' relatively easy access to guns.

The U.S. is one of only three countries in the world where the right to own guns for self-defense is protected in the constitution. Public mass shootings account for a tiny fraction of the country's gun deaths. Yet public mass shooting are uniquely terrifying in that most of the victims are chosen not for any

reason, but simply for where they happen to be—at random.

The harsh reality is, in the United States, people who want to kill a lot of other people most often do it with guns.

Due to recent events, even President Donald Trump expressed interest in expanding background checks on gun sales, although since then he has backtracked on that declaration.

Gun control groups are demanding legislation to protect citi-

zens. At the top of the list are measures like universal background checks, as well as "red flag" measures. Both are aimed at potentially dangerous gun owners.

Earlier this year, the 2019 Colorado legislature passed controversial "red flag" legislation. Also known as Extreme Risk Protection Orders (ERPO), these laws enable law enforcement to temporarily remove guns from the home of people who are considered likely to pose a risk

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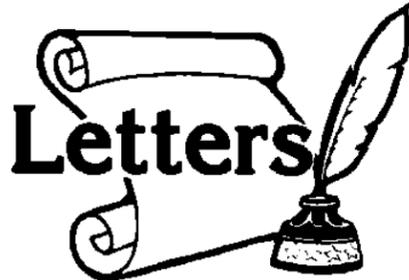
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Letters to the Editor must be 300 words or less.

We reserve the right to edit, or reject advertising, letters or articles. Letters may be sent to parties mentioned or referenced for response. All rights reserved.



Thanks for community

Dear Editor,

This morning, I was thinking about Crestone. My mind stopped wandering around when I started to focus on the Little Shepherd Episcopal Church. What a viable and valuable contribution to the community the folks in the church made to our community by opening their community building to all of us! So many wonderful meetings happen there and so much good comes out of those meetings that are of benefit to all of us.

I simply want to let them know that I really appreciate the work and energy that goes into keeping that space for all of us.

Thank you, Little Shepherd Episcopal Church!

Sincerely,
 Barbara Hoepfner

Thanks for the rescue

Dear Editor,

Last September 14, while hiking on the North Crestone Trail, I fell and was seriously injured, resulting in my being rescued by the Saguache County Search and Rescue team.

This July I stopped by the Saguache County Sheriff's Office and the Baca Fire Station to say "Thank you!"

In the Baca, Corez was there and greeted me warmly. I wish I knew the names of all the members, so I could name them all. They took care of me on the way down the trail to the waiting ambulance. From there, Francis and Denise took over for the ride to Alamosa.

I am so fortunate and grateful to be able to come back to the valley to express my gratitude. To you all, I want to say, "Thank you."

Doug Cramer
 Parker, CO

We still love the bears, not sure about Crestone

Dear Editor,

My husband and I have been vacationing in Crestone for over 40 years. Beginning with camping at North Crestone and, more recently, renting homes in the area. We love the clear mountain air, the night skies, the wildlife—but what keeps us coming back has been the friendliness and warmth of the residents.

On our most recent trip we rented a home lower in the valley of the Baca. As we approached the neighborhood we noticed that the trash cans were not bearproof. Thus, we assumed bears stayed up closer to the mountains. Two mornings later we found that a bear had destroyed our truck tonneau cover in search of some dog food and treats. There was no human food in the truck. The cost of replacement for the cover will total over \$500—and a difficult trip back to Westlake, Ohio since we were unable to find

replacements in our time frame in Colorado.

We later were informed that our rental had been targeted by bear at least 3 other times in the past few weeks. Our host had zero information available in the home besides a list of medical and holistic facilities. A simple note, text, or email could have prevented this situation. How about "more bear activity then usual"?

However, this is not the point of my letter.

A friend of ours posted on Crestone Facebook about our dilemma. My husband and I were saddened, to say the least, at the number of responses containing sarcasm, insults, jokes and nastiness. We don't expect sympathy, neither do we expect some of the reactions that were posted.

We just thought Crestone was above all that. Maybe not!?

Al & Janice
 Westlake, Ohio

Organization "on hold"

Dear Editor,

Based upon responses from a recent survey, the Crestone Creative District's Board of Directors decided to put the organization "On Hold". The decision conserves our energetic and financial resources until a stronger need and commitment for the organization is realized from the community within Crestone, the Baca Grande, and surrounding area. Even so, the area designated as The Crestone Creative District hasn't changed and remains designated by the State of Colorado as such.

The Board of Directors for the Crestone Creative District Organization is saddened by this decision, however, realizes this pause might actually spur the energy and insight needed to continue with CCD's vision, which is: "To enhance Crestone's diverse creative spirit, convey the essence of a unique town and highly creative population, and stimulate greater economic and artistic growth and development."

Thank you for your support throughout the years!

The Crestone Creative District
 Board of Directors

Enforce POA rules & covenants

To the Editor:

Residents along Homestead Road have been struggling to make our voices heard by law enforcement and the POA for many months, regarding the building at 1190 Beaver Road. This massive structure has not been occupied for over a year, although it has attracted visitors from time to time who occupy the building for a while, take stuff away, dump other stuff, etc. The last visitors who parked there and were approached by one of our neighbors had Missouri plates on their 30+-year-old car. The property is an eyesore, to say the least, with vehicles, trailers, building materials, and miscellaneous junk lying around haphazardly. Rubbish has blown off the property into the surrounding landscape, ranging from plastic sheeting to bottles, paper, etc.

For a time the deeds on this property were in disarray, which

was the POA's reason for doing nothing about it. Now, apparently, the deed has been corrected and there should be no obstacle to the POA fulfilling its duty in accord with the bylaws and covenants, to wit: Section 10.12 Abandoned projects, destroyed homes, removal of structures: ". . . The EAC may require that such abandoned projects be removed and the site restored to its original condition at the owner's expense. If the owner has taken no action for 6 months after receiving such a directive, then the POA may carry out such actions. All costs incurred by the POA for such cleanup shall be charged to the owner . . ."

Our Homestead Watch neighborhood group raises this issue in frustration after months of appeals to the POA to rid our area of this very ugly and dangerous structure, and the vagrants that it attracts. What is the point of having rules and covenants which are not enforced?

Sharon Corcoran & Cindy Hefty,
 Homestead Watch
 Neighborhood Group

Habitat destruction

Dear Editor,

Mistruths, fear mongering, disregard for the law and environmental destruction; another day in the Trump administration? Nope, just our own POA messing in the South Crestone Creek Greenbelt. "Wise" is part of firewise and this latest episode demonstrates that wisdom is necessary.

Standing dead aspen and cottonwood trees are simply not a fire threat. (Resource western university studies published by the Center for Biological Diversity and Forest Service Employees for Environmental Ethics). If the large standing dead trees were a fire threat, then the pile or stack of neatly cut firewood near most of your homes would be a hundred times more incendiary. Very dangerous. Beware!

What large standing dead trees are, is habitat. Ours is not the only species that makes homes out of dead trees. Many species of birds, which live and nest in the Crestone area are "cavity nesters." Chickadees, bluebirds, nuthatches, wrens, tree swallows, several species of woodpeckers, flickers and some owls are just some of the local species of birds that nest in cavities in dead trees. (Resource National Audubon Society and Cornell Lab of Ornithology). This cutting occurred during the nesting season, by the way.

Dead trees are chosen by birds because their wood is softer than living wood, which is hard (and therefore more difficult to peck a hollow out). Yes, the standing dead trees will eventually fall, and when they do continues to be habitat, at this point for small mammals, reptiles, amphibians and a host of invertebrate species. Removal is habitat destruction.

It is stated in our governing documents that there shall be no roads built in the greenbelts and that hunting and harassment of wildlife is forbidden. Article XIII, Sections 8.6 and 8.5.

Sincerely,

Tom Monger Peace, Forest Biologist, Botanist, CSU graduate.

Editor's Notes

Our dear mother

The Amazon—when I was a child it conjured up images of a vast place of mystery, of wilderness with wild, uncivilized people. It was full of amazing birds, reptiles, leopards, orchids and plants with unknown potential. It was unexplored, remote and seemingly went on forever. The Amazon would never be tamed.

And now it's on fire.

The lungs of the world.

For fifty years they have been burning the Amazon to clear land for short term profit. Land that becomes infertile quickly. Burning for greed. Destroying the future in batches. Displacing people who lived unique lives deep in the green jungles.

Now we have yet another man in power, who for more power, wealth and self-aggrandizement directs the torches to destroy what is irreplaceable.

The Amazon produces 20% of the world's oxygen! And it's a huge carbon sink. You may not care about the far-away Amazon, but you most certainly will care if the air you breathe doesn't have enough oxygen.

Siberia is also on fire. So is Alaska and South Africa. The hottest year on record. This is a planetary catastrophe happening.

I grieve. My heart breaks when I see what humans are doing to our beautiful Earth. The Mother of all life. What we are doing to ourselves—because we will all suffer the results of our actions, our overpopulation and greed.

The prophecies of many people warned of this time. The Hopis went to the United Nations many decades ago with a warning of the choices we must make. Those in power ignored them. We cannot ignore anymore. There is no higher priority than saving the planet. We must help, where ever we are, however we can.

—Feeling too much sorrow for such a beautiful summer day.

—Kizzen



Donovan Spitzman, Lisa Bodey and Nick Nevares, event organizers of this year's 30th Annual Crestone Energy Fair, were all still in great spirits at the end of the educational and fun-filled weekend. This photo was taken just prior to the closing ceremony on Sunday 8/18, which was the first time they could all be rounded up together to snap a pic! Kudos to them and all the volunteers, vendors, musicians, and participants who came together to make it all happen. photo by Lori Nagel



Donovan Spitzman presented on papercrete concepts, ideas and challenges. He demonstrated constructing with a commercially-made papercrete product, as well as creative applications of homemade papercrete. Papercrete is a product made of post-consumer paper fiber, cement and a few binders to stabilize the material. Papercrete has a superior compression strength to concrete with a high insulation value. photo by Lori Nagel

Crestone Energy Fair big thank yous!

Dear Editor,

The Crestone Energy Fair sends an enormous thank you to our community and new friends who traveled to make this year's event a huge success. There was a sense of peace, collaboration and deep communication throughout the weekend that allowed for a diverse group of people to gather in support of one another while contemplating and engaging in dialogue around our theme "Climate Solutions Now for Seven Generations". Many photos, podcasts and video presentations continue to be posted so please keep checking our website, CrestoneEnergyFair.org, and our Facebook Group for links to resources and inspirational material.

We are grateful and humbled by all of the volunteers, presenters and vendors who gathered to share such thought-provoking and healing work. We also want to thank Saguache County and all of the sponsors, donors and home tour supporters who contributed financially so we could bring this event

to you. We appreciate the communication and support of the Town of Crestone, Sheriff's Office, Emergency Services and local businesses to help us create solutions for a safe, healthy and thriving event.

Please consider making a donation to our Go Fund Me so we can continue to bring this level of organization and outreach to our community throughout the year.

Lisa Bodey, Nick Nevares & Donovan Spitzman

NHN phone book moving on up!

Dear Editor,

There are not enough kudos for the volunteer team who put together the latest edition phone book. Adding color makes it very impressive. Adding the categorized business listings is a real boon. Then there is the ever-helpful local maps center stage . . . so helpful for visitors and locals alike. I bought several as gifts for my tenants and visitors. Thanks to everyone who had input and put the effort to make the best ever phone directory for us.

Claudia Wolfe

Saguache County crime report

by Mary Lowers

As we go to press, two Saguache County Jail inmates face felony attempt to escape charges stemming from two separate incidents in the past month. As we know the Saguache County Jail is the oldest jail in the state and was the former Sheriff's residence, converted in the 1970s to a temporary jail. In order to get some sunlight into the facility, a wall of glass blocks was added to a cell wall. In the first incident Frank Gabriel Maldonado, 32, of Center, was caught breaking a glass block. He faces charges of criminal mischief and felony as well as misdemeanor charges for attempted escape. No bail amount was available for Maldonado.

Around two weeks later Taylor Trujillo, 26, of Center took a handle from cleaning supplies issued to prisoners to clean their cells, and attempted to remove the metal plate installed by Saguache County Road and Bridge Department to repair the spot where Maldonado had attempted to break out through the glass bricks. Trujillo's bail was set at \$2500. He faces additional charges of criminal mischief and attempted escape. When asked about the two attempted escapes Captain Ken Wilson of Saguache County Sheriff's Office (SCSO) said, "from my experience making these openings in the cell wall might have been for the purpose of bringing contraband into the jail."

There were a number of arrests in recent months of people

making poor choices. A Center man, 32, was jailed in Saguache for contempt of court and failure to appear charges. His bail was set at \$11,000. A bail amount of \$2500 was set for a Monte Vista man, 30, who bonded out of jail on contempt of court charges. A Center man, 36, was jailed on two contempt of court charges with \$3000 bail listed. Failure to appear charges landed a Saguache man, 24, in jail where he bonded out for \$500. A \$300 cash bond released a Baca Grande woman, 47, from custody on failure to appear charges.

A Center woman, 47, went to jail on domestic violence and criminal mischief charges with no bail listed. A Center man, 26, was jailed for two felony counts of possession of a controlled substance, violation of driver's license restrictions, expired plates, and careless driving. His bail was set at \$2500.

Saguache County Deputies' call log was jammed packed this past month. They responded to sixty-five calls from Saguache and the surrounding area. Nineteen calls came in from Moffat. There were ten calls for help in the Baca and four calls from Crestone. Villa Grove and KV Estates each had four calls to SCSO. There were two calls around Gunnison and Hooper. Center and La Garita each had one call for assistance.

Fewer speeding citations were issued last months but SCSO deputies are still handing out tickets.

Family tragedy, grandson murders grandmother at Lazy KV

by Mary Lowers

In a family tragedy early on the morning of July 24, according to police and news reports, Michael Tofoya, 26, murdered his grandmother, Mary Lucero, at the home they shared with his mother in Lazy KV Estates, in northern Saguache County. Tofoya's mother, who is not identified in the news for her privacy and protection as a victim, awoke early in the morning to hear her son Michael threatening his grandmother. Tofoya's mother told Colorado Bureau of Investigations' Agent Slater, who had been called in by the Saguache County Sheriff's Office (SCSO), that Michael was loudly telling his grandmother that "she was going to pay." He then calmly told his mother he was planning to kill her and his grandmother.

Tofoya's mother was able to maneuver herself and her mother, Mary Lucero down the hall to the master bedroom where she shut the door. Tofoya soon entered the bedroom with a knife sporting a 10" blade. He held the knife to his mother's and then his grandmother's throat while making "slashing" noises. Tofoya then left the terrified women in the bedroom.

Breaking into a locked gun

cabinet in the house, Tofoya returned with a rifle to the bedroom. He was unable to find ammo for the weapon so he used the gun butt to strike his mother, leaving wounds around her right eye and cheek area. He then used the rifle butt to hit his grandmother in the face. The women then backed into the master bathroom with Tofoya following close behind with the 10" blade.

Tofoya's mother did what she could to protect Mary Lucero, shielding her with her body. Tofoya was able to reach around his mother, stabbing his grandmother on the upper right side of her back. Tofoya's mother reported blood was gushing from the knife wound when Mary Lucero's face went blank and she died. Tofoya's mother quickly "kissed her goodbye" and climbed out the bathroom window and ran for help.

The call for help came into Captain Steve Hansen at the SCSO at 6:50am. Sheriff Dan Warwick was quickly on the scene and with the help of a neighbor, Ricky Newman, was able to detain the suspect by 8:10am. Captain Hansen reported that Tofoya was "smiling and calm" when he arrived at the home.



Saguache County News

by Sandia Belgrade
Administrator resigns

County Administrator Glen Simpson has turned in his resignation after only a few months. The Commissioners accepted his resignation and named Wendi Maez Interim Administrator. They are currently advertising for the position. That position has become a revolving door. Why aren't they seeing something right under their nose? Maez has had to assume that position many times. She is a long-term, capable employee and with someone who can assist with finances, the Commissioners would save time and money and gain stability.

Farmers have highest rates of suicide

In our rural valley where farming is a crucial part of the economy, Commissioner Ken Anderson noted the large number of suicides in agriculture-related industries (includes farming, fishing and forestry). The Centers for Disease Control and Prevention backs him up. Farmers have the highest rates of suicide by more than 30%. The CDC reports that the suicide rate among workers (ages 16-64) has jumped 34% from 12.9 suicides per 100,000 workers in 2000 to 17.3 per 100,000 workers in 2016. Suicides among farmers are 1.5 times higher than the national average and rising. Suicide hotlines have seen an uptick in calls as farmers are worried that trade, tariffs and the farm bill could make it harder to keep farms afloat. In this area the San Luis Valley Behavioral Health has a 24-hour crisis hotline: 719-589-3671.

Encouraging: Opioid and heroin treatment

During the public health session Dr. James Ely Walker, physician at Rio Grande Hospital and director of methadone clinic as well as Medical Director for Public Health in Saguache County, addressed the Commissioners on several treatments showing positive results with heroin and opioid addiction. Methadone and buprenorphine and extended-release naltrexone have shown positive results in detoxification from heroin, narcotic painkillers and other opioids. Treatment has been proven to significantly reduce mortality. Patients may have to stay on methadone all their lives. The San Luis Valley has one of the highest death rates from opioid overdose in the state. Opioids affect 1% of population or about 500 people in the valley. Some SLV health patients come every day from all over the valley. Treatment is not as good as it could be because the county lacks the needed infrastructure. We need to knock down barriers that keep people from seeking help. Barriers are partly the lack of funding, partly cultural. One big barrier is finding prescribers in our county.

Medicaid pays for these treatments for addiction. Many have to stay on methadone all their lives. Walker also noted an uptick in emergency room cases with vomiting from newer strains of marijuana.

No help for inmates

Sheriff Dan Warwick said that inmates get none of these resources. The vast majority in jail are in withdrawal. Once in jail the incarcerated have no Medicaid.

Landfill now in compliance

Colorado Department of Health and Environment (CDPHE) and its board met with the Commissioners during a work session and confirmed that the County is now in compliance with the CDPHE requirements. There is a newly installed cell and a chain link fence around the landfill. These have made the difference as well as the removal of 60 tons of the waste by director Chris Canaly of SLV Ecosystem Council and many citizen volunteers. The CDPHE wants the County to start up its recycling program again.

This is a bone of contention as Jason Anderson noted it is an unfunded mandate and will be costly for the County.

First steps for new jail

County Sheriff Dan Warwick spoke about the process he and his staff are using to obtain bids with specific estimates. It's tricky because some give an estimate but then charge to just come and meet with them. The County accepted the proposal with F and D International for \$36,000 for a master plan. F and D will even help with grants and community meetings. These costs will be met using the sheriff's safety sales tax.

Saguache County Road & Bridge is hiring

R&B is seeking Operator I positions. Consider this: The Department is willing to provide on-the-job training to get you the skills and knowledge needed to successfully obtain your Commercial Driver's License. Training and a well paying job in our rural area is an opportunity. Applicants should have a high school diploma or GED and six months or more of relevant experience. Prospective employees applying with Saguache County will be required to submit and pass a pre-employment drug screening and criminal background check. Operator I is a full time position. Applicants must be able to operate light and heavy equipment and perform manual labor in the maintenance, repair and minor construction of roads, streets, bridges, signs, markings and related facilities. Applicants must be physically capable of periods of sustained physical exertion and may be required to lift and move up to 150 lbs. Applications and a complete job description are available at the Saguache County Road & Bridge Office, 305 3rd Street, PO Box 476, Saguache, CO 81149 (Phone: 719-655-2554) or on the County website, www.saguachecounty.net under the Road and Bridge Department tab. Please fill out and submit both Saguache County Employment Application and the Drivers-Application.

Notice from the County Treasurer

Saguache County Treasurer Connie Trujillo would like to remind residents that advertising costs for Mobile Homes will be added on September 9, 2019. Advertising costs for Real Property, Minerals and additional fees on Mobile Homes will be added on September 30, 2019. To avoid charges and the possibility of Tax Lien Sale, please pay prior to these dates. Our Tax Lien Sale will go online on November 12, 13 and 14 until noon. When advertised, notice of the tax lien sale goes all over the world and nearly everything sells. Her office collects 99% of liens. Publication will be online at www.saguachecounty.net under the Treasurer's link. For questions, please call 719-655-2656.

Water proposal

The proposal to purchase water and take it out of the valley and bring it to the Front Range has certainly aroused interest from the public. It's good that people are keeping their eye on our precious resource. When one looks at the issue one key factor seems to be overlooked. The water court will make the final decision.

Water matters are generally commenced in a water court by the filing of an application with the Water Clerk. We are in Water Division Three. Sean Tonner has not done a formal proposal. It's still all talk.

Proposed withdrawal from the universal postal union

County Clerk and Recorder Trish Gilbert has sent notice that the federal government is considering withdrawing from the Universal Postal Union (UPU). If this were to happen, then beginning mid-October of this year, there is a real possibility that physical mail delivery around the world could face significant disruption. It will impede voters' ability to send a timely mail ballot by postal delivery for Colorado's November 5, 2019 election. Make sure your records are up to date and note: ballot boxes are being set up around

the county so you do not have to mail ballots.

Planning Commission

The Planning Commission should include people from all areas of the county. It is considering adding a member from the Crestone/Baca area. Some Crestonians are feeling they are not able to be on the planning commission. You can change that.

Is Crestone to be known as the trashers of the county?

During the Public Lands monthly discussion in August, Tristram Post, acting District Ranger, reported on the weird stuff being found in dumpsters that they provide at campgrounds. There are overwhelming amounts and it is household items, not camping types of trash. It is strongly suspected that locals are dumping there because of the quantity and type of materials being dumped.

Are we aware of our own footprints?

Do you ever consider the effect you have when hiking or skiing, camping or traveling through the wonderful forests surrounding us? For example, as Jason Anderson noted, side by sides affect trails like 4 wheelers on steroids and change the configuration of trails. Each National Forest and Grassland operates under management identified in a Forest Plan. Over the years, these plans are updated in a process known as Forest Planning. That's where you come in! The Forest Service needs your help in deciding what changes need to be made to update the forest plan for the Grand Mesa-Gunnison-Uncompahgre National Forests (GMUG). Nine counties are encompassed by the GMUG including Saguache. The Forest Plan revision will shape management and on-the-ground decisions across 3,161,900 acres of public land for years to come. The current forest plan was approved in 1983 but must be amended because a lot has changed over the years. You can join the conversation and have a say in the management of our GMUG National Forests. See www.gmugrevision.com.

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Colorado Governor Jared Polis.

Colorado Governor Polis facing possible recall

by Lisa Cyriacks

Not long after Governor Jared Polis took office, a number of different groups have threatened to recall the Democratic governor.

On July 8, 2019, the Secretary of State approved the language of the petition presented by grassroots organization, Dismiss Polis. The organization has until Sept 6 to collect the more than 631,000 signatures necessary for the recall to move forward. The task is so monumental that it's never happened in Colorado.

The Democrats who control Colorado's legislature pushed through a raft of their priorities in 2019, including tighter oil and gas regulations, a gun control measure, approval of the National Popular Vote compact, and a comprehensive sex education law.

Karen Kataline, a spokesperson for Dismiss Polis, sponsor of the recall petition, highlights the "Red Flag" gun law and Colorado's move to join the National Popular Vote compact as two major issues that motivate conservatives to sign petitions to recall Polis.

The group says it is not paying a firm to collect signatures—which

is typical practice for better-funded political campaigns in Colorado—but instead using a network of volunteers.

If enough signatures are valid (in this case, 631,266) the Secretary of State approves the petition and a recall election is to be set.

Polis won 53% of the vote in 2018.

In his defense, Polis states, "I totally get that 42% of the state didn't vote for me, and I'm doing my best to convince them that I'm going to do a good job for them too."

Three state senators are also facing similar recall petitions: Democratic Senate President Leroy Garcia of Pueblo, Senator Brittany Pettersen, D-Lakewood, and Senator Pete Lee, D-Colorado Springs.

These recall efforts are part of a larger effort to oust Democrats since the 2018 election pushed Republicans out of power in Colorado. Democrats won the Colorado House, Senate and every statewide office for the first time in years. Two other groups are collecting signatures to recall Gov. Jared Polis, and another group unsuccessfully attempted to recall state Rep. Tom Sullivan, D-Centennial.

Two new voting laws go into effect

Two new election laws have recently gone into effect in Colorado, Modifications to the Uniform Election Code (HB19-1278) and Voting Access for People with Disabilities (SB19-202).

"These laws expand access to voting for all eligible Coloradans, and especially for young people, Coloradans living on tribal lands, and people with disabilities. Colorado's leadership in voting access shines in stark contrast to states across the country that are pushing a voter suppression agenda. Colorado is setting the national standard for access to elections and our democracy," said Secretary of State Jena Griswold.

Here are additional details on the laws that go into effect today:

Modifications to Uniform Election Code (HB19-1278): This legislation increases access to Voter Service & Polling Centers (VSPCs) and ballot drop boxes

across Colorado, and gives county clerks the tools they need to run efficient elections in their communities. This legislation also improves access to voting for college students by guaranteeing ballot drop boxes on higher education institutions and VSPCs on large public higher education institutions. It also expands access to voters living on Colorado's tribal lands. In addition to expanding access for voters, the legislation includes needed technical modifications to ballot access and other election laws.

Voting access for people with Disabilities (SB19-202): This law requires Colorado to increase access to voting for eligible Coloradans with disabilities by ensuring they can privately and independently vote at home or at a Voter Service and Polling Center using nonvisual access or low-vision access technology.

County Administrator resigns

continued from page 1

with a degree from Boston University.

Coming into the position, he had some strong goals revolving around the County finances. A main personal goal was getting through the 2018 audit process and collecting all the necessary County records it will take to do that.

Simpson included his struggle with accomplishing that goal in his letter: "Lastly, I can not do my job without the proper tools. The County financial accounting software is completely inadequate. It took me only a couple of weeks to identify vulnerabilities in both your accounting, time-keeping and payment procedures. Weaknesses in payroll, accounts payable and the general ledger are vulnerable to both fraud and embezzlement. Since you have chosen to deny me the tools I need to stop this from happening, the ethics required by my CPA license leave me no recourse but to resign my position and pray that the Board has the good sense to hire my replacement with a strong finance background."

Simpson closes his letter with some observations about future implications for Saguache County employees and citizens.

"I was not born here. I only became acquainted with Saguache

County six months ago, so my eyes have not been clouded. I have seen Saguache County from an unbiased outsider's perspective. And I can only say this: the employees of Saguache County and the residents of Saguache County deserve more than you have provided them. County government should improve life for its employees and residents, not keep it at status quo."

At the August 15 Special Meeting when the Commissioners formally accepted Simpson's resignation, they appointed Wendi Maez as interim administrator with a salary of \$63,000 retroactive to May 1, 2019.

At that meeting Maez presented an option to hire Christine Stoddard for the role of financial coordinator with a salary not to exceed \$20,000 and to be terminated at 2019 year-end. Maez also presented a three-page list of requirements dated July 31, 2019 from the auditors.

Minutes from the August 15 meeting quote Commissioner Jason Anderson expressing his disappointment in the loss of Simpson, and that the Board of County Commissioners needs to look at doing a better job.

Anderson continues, "We can't keep cycling through administrators; it is not good for the employees or the department heads."



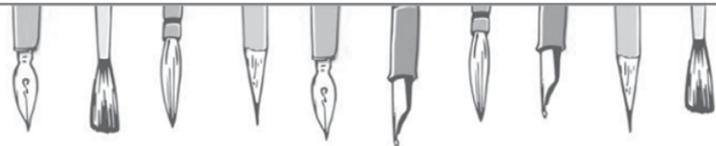
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by **Allyson Ransom,**
Crestone Town Clerk
August 12, 2019 Board of Trustees meeting

The meeting was called to order at 9:30am, and the Board of Trustees passed the following motions:

- To approve the agenda
- To approve the minutes of the regular Board meeting on July 8, 2019
- To approve paying the bills
- To approve the financial report as presented
- To direct Mayor Danforth to write a letter to the Baca Wildlife Refuge, US Fish and Wildlife and our district's State Representative and Senator requesting that they spray for mosquitos and regularly test for West Nile Virus on the Baca Refuge
- To approve the Town sponsoring a musical fundraising event at the Cloud Station at 300 S. Cottonwood St. and to pay \$300 towards hiring a band to support the Safe Routes to School Grant match
- To approve snacks to be purchased for the Planning Commission meetings
- To direct the Public Works Coordinator to install a one-way sign pointing west (downhill) at the newly-paved alley north of the post office, and also to coordinate with Saguache County to paint a crosswalk at the bottom of the alley connecting the two sidewalks sections
- To adopt Resolution #007-2019 that will include a tap-sizing rate chart to be included with the water ordinance.
- To create a committee made of two (2) Board members, two (2) Charter School members, and two (2) Planning Commission members to hold an exploratory meeting for discussing the possibility of a land swap, and to report their findings to the Board. A roll call vote was taken: Trustees Bairstow, Goergen, Pace, and Kinney were in favor, while Mayor Danforth and Trustee Prather were opposed. The majority voted in favor of the motion, and Mayor Danforth declared the motion carried.
- To implement an administrative policy whereby any complaints about a person's living situations in temporary, moveable vehicles such as RVs and campers must be submitted by email or in writing and signed by the person submitting the complaint in order for the Clerk to contact the Code Enforcement Department.
- To adjourn the meeting at

4:46pm

Citizens' comments

Town resident Ann Nita Betts addressed the Board about a rumor she heard, and her deep concern and opposition to the Trustees allowing people to live permanently in RVs, campers, etc. in town.

Town resident Fred Bauder addressed the Board stating that he could not find valid arguments in Burt Wadman's ADA report presented at the June 17, 2019 special meeting and that he was not notified of the special meeting. He was concerned that his brother was unable to enter the Town Hall Park due to barriers created because of the project.

Town resident Nick Nevares provided an update on the Energy Fair, and Baca POA resident Donovan Spitzman gave an update on liability insurance for the Energy Fair regarding fire spinning. He planned to verify if fire spinning performances could be included under their event coverage.

Reports

Treasurer Busby presented a detailed financial report and the month's bills for approval. The following items included:

- o State sales tax revenue deposited by the Department of Revenue in July totaled \$21,704.19
- o Sales tax revenue deposited by DOR in August totaled \$24,769.76
- o Direct marijuana tax revenue for July was \$1,060.41
- o Annual audit expenses exceeded the Town's budget by \$2,000
- o Updates on submitting Saguache County sales tax grant for \$5,000 and SLVCOG grant for \$5,000
- o Bookkeeper Marilyn Bunker gave written notice that her last day as part-time bookkeeper was July 31, 2019

Mayor Danforth reported on the following during her report:

- o Dark Skies update
- o Safe Routes to Schools Project update and request for the Town to host a fundraising event at the Cloud Station to help contribute to the Safe Routes to School grant match. The Mayor confirmed that paying a donation for hiring a band would be the Town's only responsibility

Clerk Ransom discussed the following in her report:

- o Energy Fair organizers presented the Town with their final plan to use Town property for five days, specifically, Little Pearl Park, Town Hall Park and one side

of W. Silver Ave. near the Crestone Inn during the event, and proof of \$2,000,000 in liability insurance was provided to the Clerk for the three-day event plus one setup and one cleanup day

o Planning Commission members requested that snacks be made available to them during their meetings and that the Clerk attend meetings to take notes

o Update on Phase II paving and inconsistencies in road arrow directions between the alley and post office parking lot

Public Works Coordinator Andrew Martinez gave an update on the Public Works department, including contacting people at the Alamosa Mosquito District regarding spraying supplies.

Water System Manager Ann Bunting discussed the following in her report:

o Preparing for the Town's annual water sampling tests

o Landscape beds mapped in town for Town to track who maintains each bed

o New water service inquiry for Block 53, Lot 4, E. Golden Ave.

Planning Commission Chair, Terry Goergen, reported on: The reappointments of Benjamin Byer and Terry Goergen to the Planning Commission; A request that the Trustees allow the Planning Commission to do its statutory duty to review land use issues, such as a Tract 1 land swap. He also stated that the Commission as a whole did not support people living permanently in mobile units such as RVs, campers, tiny houses, etc. and cited too many fire and safety concerns for the Town Board to approve such a policy.

The Attorney's report included the following:

Trustee Pace's update to the Board and Town Attorney regarding the complaints submitted by the Town and by residents in the area to the public utilities.

Attorney Farish read a new resolution aloud to add a rate schedule to the Town's water ordinance for calculating the appropriate tap size. The schedule was prepared and developed with information supplied by Town Engineer Allen Davey.

An agreement for maintenance of the Frazee-Klostermeyer Ditch will be prepared once legal ownership documents are reviewed.

The Board announced a zoning revisions work session for August 29 at 5pm.

Burt Wadman stated that the Tract 1 "Master Plan" adopted by the Board needed to be upheld. Burt reviewed the public involvement process for obtaining public approval using a Trustee-appointed committee, the Baca Grande POA, the Crestone-Baca Resiliency Group, the Crestone Charter

School and local spiritual centers before the Plan was finally approved.

Regarding the MOU signed with the Northern Saguache County Library District (NSCLD) in July of 2019, town business owner Elaine Johnson presented the minutes from the December 2017 meeting in which the "Master Plan" was adopted with unanimous support from the Trustees. Elaine further reminded the Trustees that land owned by the Town belongs to the town residents, and the Town should not give away land that it owns but instead allow the library to use an area of land to build their structure while stressing that a land swap with the school was a terrible idea.

Trustee Kinney affirmed his interest in providing space for community services and plan for the future increase in traffic flow. He requested an "exploratory meeting" with the Charter School to discuss trading the Tract 1 land for the land in question.

Attorney Farish reminded Trustees that the Planning Commission would have to review this land use issue and then recommend action to the Board. Postings and a public hearing would also be required.

Regarding concerns of people receiving warnings to move their campers or RVs used as residences on private properties, Trustee Kinney proposed an administrative policy whereby all complaints submitted to the Town pertaining to people's living situations must be written and signed by the person submitting the complaint before staff members may take any action.

Correspondence

The Board received a letter from resident Lonny Roth who shared his concerns and opinions.

Town resident Fred Bauder submitted a letter detailing potential ADA issues regarding the recent construction in town stating that his brother, who is wheelchair-bound, cannot access the Town Hall Park.

Announcements

The Town congratulates Water Systems Manager Ann Bunting who recently graduated from the "Water Leaders Program" organized by Water Education Colorado, which took place over a five-month period throughout the state.

The Town Board welcomes Armando Méndez-Sánchez, the newest safety and code enforcement officer who will work with Benjamin Byer. As the town is a zoned community with nuisance and offense codes to protect the health and safety of residents and visitors, both code employees will deal with nuisance issues by either giving verbal warnings or written warnings and then possible written citations.

The Saguache County Sheriff's Department has a presence in town as well and is monitoring motorized vehicle traffic.

Weed mitigation

The Town has free weed eaters and hand pump sprayers for use on private properties in town. Supplies may be checked out for use at your own residence with a refundable deposit. Contact Town Hall at 719-256-4313.

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Teyuna offer workshops & healing Sept. 12-15

by William Howell & Mary Gaetjens

Four mamos and, for the first time ever, a zaga (male and female spiritual leaders, respectively) from the Heart of the World, the Sierra Nevada de Santa Marta in Colombia (SNSM), share experiences of the Great Harmony (Sé) and the Universal Consciousness (Aluna) and how such wisdom intersects with our water, mountains, rocks and air. You can be present and contributing at this pioneering moment in time.

In unbroken lineage for over a millennia, mamos and zagas belonging to the planet's last pre-Columbian people have undergone life-long training in Earth stewardship. They hold the feminine as absolutely sacred. They communicate directly with Mother Nature and minister to living beings, elements and plants in ecosystems worldwide through pagamento, literally payment to Mother Earth for her constant and abundant gifts. Pagamento has mitigated drought, prevented disease in flora and fauna, calmed storms and prevented disaster worldwide since time immemorial.

Mamos and zagas see you through the Mother's eyes as an interconnected individual within the natural environment, not as something separate from it. With compassion and without judgment they instantly access and clear disease, bringing you into harmony in spirit/mind/body. They treat holistically, meaning they heal our relationship to all of Nature, including personal environment (the physical space you live and work in, and all those you interact with).

Attending a workshop with the Teyuna has a butterfly effect that resonates from your physical placement on the planet to the Sacred Mountain of the SNSM, and resonates world-wide. People feel a sense of hope and connection that is unprecedented. Energy is realigned and an opening that offers us the freedom to be our unique and universal selves fully is facilitated.



Mamo Rodrigo Poporindo, along with other Teyuna people, will be visiting Crestone in September. photo by Carl Hyatt

Gather to sit in deep meditative listening, compassionate leadership, and service.

* 9/12: Universal Harmony, Holistic Global Connection and Pagamento

* 9/13: Balancing Metuna (positive, harmonious, clear energy) & Zongla (negative, chaotic, muddy energy) and personal pagamento (healings)

* 9/14: The Four Vital Signs of an Environment and personal pagamento

* 9/15: Earth Stewardship and Continuing Wisdom

Questions? Contact Mary at 802-949-0624. For registration email William (vishnudatta108@yahoo.com). Fees: \$104/day; \$374 for all 4 days (locals). \$133/day; \$499 for 4 days (visitors). For more information and online registrations see TeyunaFoundation.org.

Mamos and zagas feel through the Mother what is happening on the planet. A story relayed from Amanda Bernal-Carlo, director of the Great Balance, a partner of Teyuna Foundation: Amanda was in the SNSM when a mamo urgently called all members of his community to convene for a special ceremony. "Blood is dyeing rivers in the world and I can hear the crying of children and women," he said. At the same moment, mamos and zagas across the SNSM heard the call and gathered as well "to heal the world of the younger brothers" (what they call westerners). They had no way of knowing what Amanda later learned: they were in ceremony at exactly the time Syria was under attack by ISIS.

Fine arts auction fundraiser for the Teyuna September 11

by William Howell

Marika Popovits and 20 other Crestone artists have donated paintings and other objects d'art to raise funds for the return of the Teyuna from northern Colombia.

This unique event—September 11 from 6-9pm at the Charter School—will be an opportunity to repay the Teyuna for the many gifts they brought last year during their first sojourn to our international village at the foot of sacred mountains.

Here they made a number of pagamentos (repayments to Mother Nature for her constant abundance), and then for the past 12 months have continued pagamentos on their holographic Mountain at the Heart of the World on our behalf. They are truly a pay-it-forward people.

The Teyuna of the Sierra Nevada are very much connected to us Crestonians of the Sangre de Cristos. We can thank them for doing their part in lifting of our 15-year drought . . . and remember them with every afternoon shower, courtesy of these simple yet capable indigenous friends whose job for hundreds of generations has been

to serve Mother Earth and lead humanity in the ways of The Great Harmony.

A little food, silent auction, profound conversation, a little music play their part of the art of the evening

After the start of the silent auction, the Teyuna and Marika, both of whom go to the essence of life in their respective sacred focuses, will discuss Art and Nature and Consciousness—an encounter of significant proportions. We can expect a meeting of worlds, of perspectives, of North & South: the Eagle & the Condor flying together.

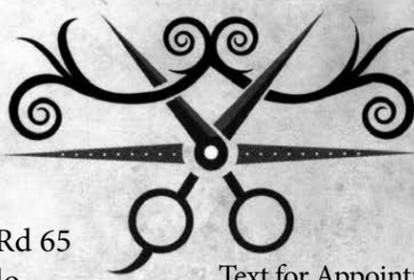
The Teyuna bring priceless gifts to offer and now is our chance to offer what we can in return—our pagamento to them—in a spirit of reciprocity.

Every offering made to the Teyuna comes back a thousand, a hundred-thousand fold.

When we give a donation, we are getting so much in return . . . like ending the drought . . . in whatever form we need.

This fundraiser is an opportunity for us to honor their kind service to the Mother and to Crestone.

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More information & registration at TeyunaFoundation.org or call 802.949.0624. Space is limited.

SUPPORTING the PEOPLE who SUPPORT the PLANET

Photograph: Carl Hyatt

Shumei's Whole Living Symposium September 28 hosts Kizzen Laki

Shumei International Institute is excited to announce the next Whole Living Symposium for our Crestone community. We are honored to have Kizzen Laki as our next presenter on September 28 from 10 to 11am. This event is free to the public.

As our current editor and owner of *The Crestone Eagle*, and former mayor of the Town of Crestone, Kizzen Laki has lived in Crestone for 36 years, raising a family and contributing to our community in many ways. But she has grown and saved food in Crestone for 30



Kizzen Laki

years. While she doesn't consider herself a "homesteader," as she doesn't own livestock, she is a gardener. And an avid one at that. And depending on your definition of livestock, she does have two bee hives, which is no small feat these days.

Kizzen shares, "It's all about connection. Along with my wife Janet Woodman, we freeze, can, dry and cold storage produce from our garden or farmers' markets.

"I love the connection with the earth, the plants and flowers. I love fresh food and fruit that has been grown on the soil of my own home made of sunshine and rain. It brings me a great deal of satisfaction and connection to where I live.

"I love the miracle of life of taking a small seed that looks like dead matter and seeing it grow into a big beautiful plant that finds its way onto my dinner plate and into my body. It's fresh and tastes better than store-bought. Most of all it grounds me and makes me happy. I have lived through some rough winters and food security is important to me. We live in a place that can be shut down by a blizzard, passes can be closed, stores can run short. I've experienced this, so I love seeing a well-stocked pantry and a nice big woodpile. I also like the art and craft of preserving food. Plus knowing just what went into them. There is a sense of wellbeing I feel when I can provide for ourselves from the bounty of our own land."

Come join us on Saturday, September 28 at 10am at Shumei International Institute. We will be discussing gardening and food saving in our rugged environment. Also, why we may want to think about preparing ourselves for winter and the joy you can find in slowing down to stock up. To learn more visit www.shumeicrestone.org or call 719-256-5284.



Shumei is happy to host Rita Berault for the month of September. Her symposium is Sept. 15 at 3pm.

Rita Berault September featured Shumei artist; Symposium September 15

Local painter Rita Berault is Shumei International Institute's featured artist for September. A symposium with Rita will be held on Sunday September 15 starting at 3pm. A reception will follow.

Rita shares, "The main focus of my work is the aspects of the Divine Mother as well as symbols of light. To me, she represents qualities that are greatly needed in the world at this moment. These are positive attributes such as compassion, beauty and love. In painting her I also wish to share these positive aspects with others.

"I have always loved drawing. I studied art at the University of Wisconsin-Milwaukee and again at Adams State College where I received my BA. Although I did gain some valuable tools in college, my greatest influence both in life as well as my art would be my many trips to India. India has a rich culture where the Mother in

all her glorious Goddess aspects is revered.

"I will be donating part of the proceeds of any sales of my work to the non-profit 'Love out Earth.' It is umbrellaed under the National Babaji Organization's 501(c)3. We help with several programs, and the one that is closest to my heart is the Youth Coming of Age camp run by Chief Looking Horse and his wife Paula Horn. They have the youth meet with Elders, learn and participate in ceremonies and are taught and exposed to their language. It helps build positive qualities such as self esteem, and helps the culture to continue."

Come meet Rita and learn more about her work on Sunday September 15 at 3 to 5pm. This event is free to the public. Please visit www.shumeicrestone.org or call 256-5284 for more information. Please call the office to confirm the office is open.

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Shumei International Institute hosts a matinee concert of Baroque music Sept. 22

A trio of Early Music performers joins us in Crestone at Shumei International Institute on Sunday, September 22 at 3pm for a concert of Baroque music. There is a \$10 suggested donation at the door. This cross-channel musical excursion features Baroque music on period instruments, focusing on music for the courts of Louis XIV in France and Charles II in England. The composers include the Englishmen Matthew Locke and Daniel Purcell as well as the French court musicians Marin Marais and Jacques Morel. The trio—Brandon Christensen, Sarah Biber and Jeffrey Noonan—perform on historical instruments—the baroque violin, the seven-string viola da gamba, the baroque guitar and the massive fourteen-string theorbo—creating the sounds of an intimate chamber concert from seventeenth-century courts.

Shumei is very happy to welcome Jeffery Noonan back to our center. Trained as a classical guitarist, Jeffrey Noonan (theorbo & Baroque guitar) has played early plucked instruments for nearly forty years across the Midwest. Based in St. Louis, he has performed regionally with numerous ensembles and directed several others, including Such Sweete Melodie. Currently, Jeff appears in the duo Musicke's Cordes, with baroque violinist Samuel Breene and with La Petite Brise, a trio featuring the baroque flute. Jeff holds degrees

from the University of Notre Dame (A.B.), the Hartt School of Music (B.Mus.) and Washington University in St. Louis (M.Mus., Ph.D.) A scholar with several books and editions to his credit, Jeff has received funding and fellowships from the National Endowment for the Humanities and the Newberry Library. In 2016, the St. Louis Regional Arts Commission awarded him an Artist Fellowship in recognition of his work as a performer, teacher and scholar.

Viola da gambist Sarah Biber has played cello and viola da gamba across the United States, Australia and China. In a recent collaboration, she performed solo works by Bach with the Paul Taylor Dance Company for the company's first performance with period instruments. *The New York Times* described her playing as "bracing." Sarah earned her doctorate from Stony Brook University after double-degree studies at Oberlin Conservatory and College. In Australia, Sarah performed in the Sydney Opera House with the Sydney Symphony under numerous conductors including Gianluigi Gelmetti and Vladimir Ashkenazy. Sarah has attended or been a fellow at numerous festivals, including Tanglewood, Mannes Beethoven Institute, the International Baroque Institute at Longy and the Oberlin Baroque Performance Institute. As cellist for Kentucky's premiere period ensemble, she collaborated in



Shumei is honored to host Sarah Biberand, Brandon Christensen, and Jeffrey Noonan for an afternoon of Baroque on Sunday September 22 at 3pm.

a performance of a Vivaldi Concerto that aired on NPR's Performance Today. Recent regional performances include appearances at the Aspen Music Festival and the Buell Art Series in Denver. A founding member of Byrd on a Wire, Denver's newest viol consort, Sarah resides in Golden, Colorado.

Violinist Brandon Christensen's career, grounded equally in chamber music and education, has given him the opportunity to perform and teach all over the world. Brandon has performed as

a soloist with many chamber orchestras and symphonies including the Beijing Sinfonieta, The Southern Illinois Festival Orchestra, the Carolina Chamber Symphony, and the Southeast Missouri Symphony Orchestra. As a chamber musician, he has collaborated with myriad international performers including Valentina Igoshina and Vladimir Mendelssohn of the Paris Conservatory, Jeffrey Zeigler of the Kronos Quartet, and Mark Sparks of the Saint Louis Symphony. A frequent performer in Italy, he served on the faculty of the Festival Suoni d'Abruzzo for three years and performed in Bologna, Ascoli Piceno, and Tuscany. Active for many years with period music ensembles in the Midwest, Brandon performs on a violin built by Jacob Klemm in 1781 restored recently to its Baroque configuration by Gregory Bearden.

Shumei International Institute is very pleased to host this engaging concert. Please contact Shumei for questions at 719-256-5284 or visit us at www.shumei-crestone.org.

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CALL FOR CANDIDATES

For the November 15, 2019 Board of Directors Election

There will be two (2) vacancies on the Board of Directors of the POA this fall. Any Member in Good Standing is eligible to become a candidate. There are two ways that a candidate may be qualified to run for a Director position.

1. Submit an application through the Nominating Committee.
2. Obtain a petition with twenty-five (25) signatures of Members in Good Standing.

Please contact the Association office to obtain a Candidate Packet. The date of the election and Annual Members' Meeting is Friday, November 15, 2019.

Interested Candidate application or petition materials must be received by the Property Owners' Association no later than 5:00 pm on Friday, September 11, 2019.

Please call the Association Office with any questions,
719-256-4171.

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Music by Wayne Barker
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May 31 - August 25

Ripcord
by David Lindsay-Abaire
June 14 - August 8

Little Shop of Horrors
Book and Lyrics by Howard Ashman
Music by Alan Menken
Based on the film by Roger Corman
Screenplay by Charles Griffith
June 28 - August 24

Pride and Prejudice

by Kate Hamill
Based on the novel by Jane Austen
July 26 - September 14

Hazardous Materials
by Beth Kander
August 16 - September 13

Boomtown
Explosive Improv Comedy
June 1 - September 6

The KID Show: *Derring-Do*
Written by Diana Grisanti
Directed by Britni Shambaugh Addison
July 11, 12, & 13

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Crestone Artisans Gallery

by **Jim R. Moore**

The gallery is pleased to have our own Stephen Futral, aka "Ish", displaying new works on the "big grey wall" for the months of August and September. Ish has been a gallery working member for several years, producing encaustics and encaustic monotype prints. He is also proficient in Japanese style brushstroke, acrylics and mixed media. Much of his work is also available in prints and/or greeting cards.

Rose Burek, our gallery "party planner" continues to "wow" folks with her melodic and visually exciting "wind art" that she creates. Each piece is very unique and incorporates metal pieces which she finds in auto salvage yards throughout Colorado. In addition, Rose has also been creating quiet but beautiful pieces meant to hang in one's window where the Swarovski Crystals bathe one's room in multitudes of rainbow-colored prisms.

Also, I want to mention another favorite gallery artist. That is Bob Long. Bob's carved hearts elicit lots of "oohhs" and "aaahhs" when out-of-town folks visit the gallery. These hearts are a great way to take home a "piece of Crestone" as a memento of one's visit.

Our next gallery event will be Winterfest. More about that in the October *Eagle* gallery article.



Metal, beads & bells by Rose Burek.



Calligraphic triptych by Ish.

Great Sand Dunes announces free events in September

The park will conclude this year's celebration of the 50th anniversary of the Apollo lunar landing during a special evening program on Saturday, September 7 at 8pm at the outdoor amphitheater. This special program is about our Moon and dunes on other moons in our solar system and will take place during a 2/3 full moon for optimum lunar crater viewing. Telescope viewings will follow, weather permitting.

On Sunday, September 15 from 5:30pm to 8pm at the outdoor amphitheater, the park will welcome two musical guests to kick off Hispanic Heritage Month. Great Sand Dunes and the Alamosa Live Music Association (ALMA) present a concert featuring Experience Your America. The National Park Service cares for special places saved by the American people so that all may experience our heritage.

Mariachi San Luis at 5:30pm, and Soul Sacrifice, a Santana tribute band, beginning at 6:30pm. The concert is free, and entrance fees have been waived the entire day and evening.



The Great Sand Dunes.

photo by Carmin Teeple

Ongoing, August through September

Free afternoon and evening ranger programs will be offered Friday through Sunday, for the remainder of August through mid-September, at the visitor center or outdoor amphitheater.

Visit the park visitor center, check the park website at www.nps.gov/grsa, or call the visitor center at 719-378-6395 for a full schedule of special events and ranger programs, including start times and locations. The visitor center is open 8:30am to 5pm, daily through the summer and fall.

Experience Your America.



Carved Crestone Conglomerate heart necklaces by Bob Long.

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Crestone**

Corner of Alder & Carbonate

Chamma Ling

Spontaneous Creativity
with Tenzin Wangyal Rinpoche, September 20-22, 2019
(9/19: Public talk & book signing)

Spontaneous Creativity, the title of Rinpoche's newest book, "draws on the ancient teachings of the Tibetan Bon Buddhist tradition to guide us in developing the ability to show up fully for our lives and express our creative gifts for the greater good." Rinpoche will offer support for participants to engage their creative nature, release pain identities that create blockages, and awaken to greater inspiration, awareness, openness, and abilities to joyfully serve others.

Location
Boulder Shambhala Center
Boulder, CO

Snacks, tea & coffee provided during breaks. Traditional feast served after 9/21 auction.

For more information and registration visit: <http://ligmincha.org/centers-usa-colorado/>






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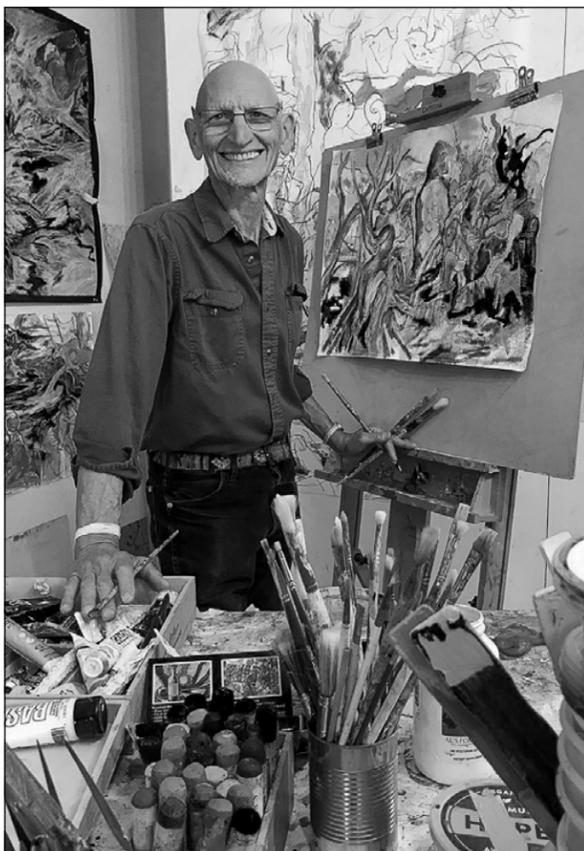
Allison Wonderland will invite Open Studio Tour visitors into an immersive installation October 12 and 13. photo by Bill Elzey

Open Studio Tour & preview reception in October

It's on its way. The 8th Annual CrestoneArtists.com Open Studio Tour will soon be here. On October 12 and 13, from noon to 5 pm each day, 21 artists will invite the public to view their work right in their work spaces.

Meet the artists at the Crestone Charter School the preceding evening, Friday October 11 from 5 to 7pm, at a sampler exhibit and reception.

Look for the free 16-page full color catalog with maps and images by each artist, available throughout the area and at www.crestoneartists.com. Or call 256-4182 for more information.



Noah Baen will be one of the 21 local artists opening their studios to the public October 12 and 13. photo by Bill Elzey

Addante Chiropractic, PC

Addante Chiropractic / Crestone

Please call 719-539-9493 to schedule your Tuesday appointment

CrestoneArtists.com

ANNUAL OPEN STUDIO TOUR

October 12 and 13, 2019
Saturday & Sunday 12~5pm
PREVIEW RECEPTION FRIDAY OCTOBER 11TH 5-7PM
CRESTONE CHARTER SCHOOL



Strong Body, Strong Mind workshop with artist, author and movement coach Julie Angel will be held on Sunday, Sept. 22 from 10am to 4pm.

Inclusive Movement workshop comes to Crestone September 22

Crestonians are invited to participate in the Strong Body Strong Mind workshop with artist, author and movement coach Julie Angel. Hosted by Katie Getchell's movement studio, this event celebrates our ability to learn new skills in a fun, non-competitive setting.

Julie is the founder of See&Do, a unique multimedia learning project that helps people discover how to move and feel better. "See" is for inspiration and "Do" is for action. Through her award-winning short films, her book *Breaking the Jump* (about the roots of Parkour), her international presentations, workshops and personal coaching, she helps people overcome obstacles and rediscover their potential through love of movement. Julie is an optimistic, patient, attentive, passionate and skilled teacher. She emphasizes the joys of non-competitive practice and lifelong learning.

This workshop is suitable for all ages and abilities. By exploring the varied terrains and opportunities of the Crestone environment, we will learn how to cultivate strength, posture, balance, coordination and creativity; how to change our mindset about risk; and how to trust our instincts. Everyone can benefit from both the inner excellence and physical challenges of Parkour.

Strong Body Strong Mind is an inclusive environment, where we celebrate a culture of effort while learning a variety of techniques from Parkour, Natural Movement training, Animal Flow and Original Strength. Uncover new approaches to movement challenges while increasing your confidence and facing your fears. Move More and Be Brave! We are all able.



Artist, author and movement coach Julie Angel will be in Crestone Sunday, Sept. 22.

The workshop takes place Sunday, September 22 from 10am to 4pm with lunchbreak (pack a nutritious lunch.) Location will be announced. To register & for more information, go to katiegetchell.com, email katie.getchell@gmail.com, or call 719-588-9255. Cost is \$40 if you sign up in advance; \$50 on the day of the event.

thai yoga massage

katiegetchell.com
719 588 9255

HAPS

Jewish High Holiday services for the year 5780

Please join us for the 17th year celebrating the Jewish High Holidays in Crestone. All services will be held at the home of Meryl Ennis. Please email merylemail@gmail.com for directions.

Rosh Hashanah starts on Sunday, September 29 with services beginning at 7pm followed by a sharing of sweets for a sweet New Year. Morning services begin on Monday, September 30 at 11am.

Yom Kippur services start with Kol Nidre services on Tuesday, October 8 at 7pm. Morning Yom Kippur service begins at 11am on Wednesday, October 9. Afternoon, Memorial, and Concluding services begin at 4pm.

There is no charge for services. All are welcome to respectfully attend. For more information, please call Meryl Ennis at 256-4890. L'Shana Tova!

Elders' circle in support of the Teyuna

There will be an elders' circle September 13 at 5pm in the Town Hall Park in support of the Teyuna of Colombia and their message of spiritual and environmental balance for Crestone. Elders of all ages are invited.

For more information, contact SD Youngwolf at 719-496-7943.

Come play ball

Softball in the Baca Park (next to the Fire Station) on Sundays from 2-4pm is happening again! After a break for the mosquitos, it seems we can play again, so please join us and tell your friends. The Ashram has mitts, bats, balls, and chai too. See you there. For more info call Ramloti at 719-256-4108.

Tribal Vision Festival returns to New Mexico

Looking for a dose of connection and community? The annual Tribal Vision Festival—a weekend of music, dance, ceremony, and camping—is coming to El Quinto Sol in Embudo, NM. From September 13 to 15, three stages in this oasis will feature musical performances. The Rainbow Lightening Children's Village keeps kids happy. Domes and tipis provide more space for elders to share their healing wisdom and for workshops on sustainable living, well being, and creative expression practices. The grounds are alcohol-free with the exception of products from the hosting winery.

Learn more at www.tribalvisionfestival.com.



Congratulations to Ann Bunting

Ann Bunting, Crestone Water System Manager, recently graduated from the Water Leaders Program, a course organized by Water Education Colorado. It was a competitive, state-wide application process, and Ann is grateful to have been accepted and to have taken the course. Water Leaders are comprised of professionals from municipalities, environmental groups, conservation districts and more. Guest speakers came from some of the highest levels of water leadership in the state. The course focused on problem solving, communication skills, and building a water community. Ann would like to thank the Conejos Water Conservancy District, the San Luis Valley Water Conservancy District, the Rio Grande Water Conservation District, and the Town of Crestone for their support. It was a valuable learning experience and it's always good to expand our water community!

Go Fund a hermitage

The Ashram is building a second long-term resident solar hermitage. We are about \$11,000 short for this project. Can you help us by donating a small amount to our Go Fund Me campaign at www.gofundme.com/help-finish-solar-hermitage? Another way you can help is by putting it on your Facebook page or share the link with your friends. For more information call the Ashram at 719-256-4108. Thank you.

ibn Arabi comes to Crestone on September 21

The Golden Light Sufi Circle sponsors Dr. Shu'ayb Eric Winkel in leading a daylong teaching on his original translations of Muhyiddin ibn Arabi's "Meccan Revelations", one of the greatest wisdom teachings of all times, and considered a most important teaching of Islamic mysticism. Recognized ibn Arabi scholar Shu'ayb uniquely knows how to present the complex, esoteric contents in a simple, understandable way. Teaching 9-12 & 3-5pm. Sufi Dhikr following at 7pm. Suggested donation: \$20. hammadanur303@gmail.com 719-588-8602.



Memorial kiosk installed at Cielo Azul pet cemetery

by Denise Peine

Crestone's pet cemetery, Cielo Azul, now has a beautiful memorial kiosk where you can sit, rest and contemplate your beloved animal companions in a tranquil, natural setting.

Paul Kloppenburg designed and hand crafted a spectacular 3-sided, painted, roofed kiosk with space to leave memorabilia and notes about your pets. Mark and Ben Potter took on the challenging task of transporting the structure to the pet cemetery and putting it in place.

It's worth a short walk to see the new memorial kiosk. Follow Galena west to the Crestone cemetery and park in front of the gate. From there, a 10 minute walk west brings you to Cielo Azul's one-acre site.



Head male dancer and one of his sons lead a grass dance at the 8th Annual Saguache County Pow Wow. photo by Melinda Myers



THE ALAMOSA LIVE MUSIC ASSOCIATION
SEPTEMBER EVENTS:

9/15/19 SOUL SACRIFICE - a tribute to Santana - feat Mariachi San Luis - Great Sand Dunes Natl Park
Free entry - 5:30pm

9/28/19 THE VOGTS SISTERS - sweet sister harmony
Society Hall - Free to ALMA members
\$15 general admission - 7:00pm

Visit our website for the latest schedule of events.
PO Box 1836, Alamosa, CO 81101
(719) 937-1255 www.almaonline.org

Community Calendar—September 2019

Get the details at www.crestoneeagle.com // NOW UPDATED DAILY ONLINE!!!

If you would like more information on any of the below events, please consult our online calendar at www.crestoneeagle.com/calendar.

calendar listing, with a discount for *Eagle* display advertisers. For more information call us at 719-256-4956.

It's free and easy to place an item on our online calendar any time of month. Just fill out the form at www.crestoneeagle.com/myevent.

To list your event in the upcoming edition of the *Eagle*, please submit it by the 22nd of the month via our website, www.crestoneeagle.com/myevent (preferred) ~or~ e-mail to: events@crestoneeagle.com ~or~ submit in writing to PO Box 101, Crestone CO 81131.

The print calendar is free for non-profit events; for-profit classes/events are \$5 per

Monthly Events

1 September

- Guided Meditation Chamma Ling Retreat Center 2-3:30pm
- Sunday masses at Nada Hermitage Nada Hermitage 9-10am

2 September

- Labor Day

3 September

- Town of Crestone Planning Commission Regular Meeting Alder Meeting Room 5-7pm
- Stories for Little Ones, Baca Library 11am

6 September

- Circles of Wonder, Baca Library 1pm-1:45pm

7 September

- Moon & Dunes on Other Moons Great Sand Dunes National Park 5:30-8pm

8 September

- Guru Rinpoche Tsok Yeshe Khorlo Buddhist Temple (Choying Dzong) 6-8pm
- Monthly Sampa at Shumei for September 2019 Shumei International Institute 10:30am-noon

9 September

- Town of Crestone Board of Trustees Regular Meeting Alder Meeting Room 9:30am-5pm

10 September

- CEOLP/IFC monthly meeting Little Shepherd Church 7-9pm
- Stories for Little Ones, Baca Library 11am

12 September

- Rumi Study Circle. All welcome. Golden Light Sufi Circle 4-6pm
- Teyuna workshops & healing

13 September

- Full Moon Riwo Sangcho Yeshe Khorlo Buddhist Temple (Choying Dzong) 10-11am
- Circles of Wonder, Baca Library 1pm-1:45pm
- Elders' Circle Town Hall Park 5pm

14 September

- Full Moon

- HRRMC Cancer Walk 9am
- World Climate Simulation, Taos Bataan Hall 9:30am-5pm

15 September

- Art Symposium for Rita Berault at Shumei Shumei International Institute 3-5pm
- Hispanic Heritage Month celebration, Great Sand Dunes National Park 5:30-8pm

17 September

- Stories for Little Ones, Baca Library 11am

20 September

- Circles of Wonder, Baca Library 1:00pm-1:45pm

21 September

- ibn Arabi, Crestone Golden Light Sufi Circle, all day event
- Pickleball intro, Tennis Courts 9:30am-noon

22 September

- Baroque Concert at Shumei International Institute 3-5pm

23 September

- Autumnal Equinox

24 September

- Dakini Tsok Yeshe Khorlo Buddhist Temple (Choying Dzong) 6-8pm
- Stories for Little Ones, Baca Library 11:00am
- SLVREC Board meeting, Monte Vista 6pm

27 September

- Circles of Wonder, Baca Library 1-1:45pm

28 September

- Crestone Food Bank 10am-noon
- New Moon Riwo Sangcho Yeshe Khorlo Buddhist Temple (Choying Dzong) 10-11am
- Kizzen Laki at Shumei Whole Living Symposium 10am

29 September

- Evening Rosh Hashanah Services 4242 Serene Way 7-8:30pm

30 September

- Rosh Hashanah Morning Services 4242 Serene Way 11am-12:30pm

1 October

- Stories for Little Ones, Baca Library 11:00am

4 October

- Circles of Wonder, Baca Library 1-1:45pm

6 October

- Guided Meditation, Chamma Ling Retreat Center 2-3:30pm

8 October

- Stories for Little Ones, Baca Library 11am
- Yom Kippur Evening Services, 4242 Serene Way 7pm

9 October

- Yom Kippur Morning Services, 4242 Serene Way 11am
- Concluding Yom Kippur Services, 4242 Serene Way 4pm

11 October

- Circles of Wonder, Baca Library 1-1:45pm

12 October

- Open Studio Tour noon-5pm

13 October

- Open Studio Tour noon-5pm

15 October

- Stories for Little Ones, Baca Library 11am

18 October

- Circles of Wonder, Baca Library 1-1:45pm

22 October

- Stories for Little Ones, Baca Library 11am

25 October

- Circles of Wonder, Baca Library 1-1:45pm

26 October

- Crestone Food Bank 10am-noon

29 October

- SLVREC Board meeting SLVREC headquarters 9:30am

31 October

- Trunk or Treat Town of Crestone 5:30pm-8:30pm

Daily/Weekly Events

The Crestone Eagle does not carry events over to the following month automatically.

Daily

- Morning Aarati, Haidakhandi Universal Ashram, 7-8am, 256-4108, www.babajashram.org.
- Jyorei, Shumei Sanctuary, please be seated by 7:50am and 5:50pm, 256-5248
- Tours, gallery & Jyorei, Shumei, 9am-5pm, 256-5284
- Open meditation & prayers 9-10am in Vajra Vidya Retreat Center Shrine Room. All are welcome. 256-5539. www.vajravidya.com
- Tours, Temple & Gift Shop – Haidakhandi Universal Ashram, 256-4108, info@babajashram.org, www.babajashram.org.
- Evening Aarati, Haidakhandi Universal Ashram, 6-7pm. Chanting in Sanskrit and Hindi. All are welcome. 256-4108, info@babajashram.org, www.babajashram.org

Sunday

- Sunday masses at Nada Hermitage, 256-4778, 9-10am
- Sunday Service at Crestone Baptist Church, 10am-noon
- AA meeting (open, discussion) Crestone Town Hall, Alder St. south of Galena Ave., slvaa.org, 7pm

Monday

- Al-Anon, Little Shepherd Church on Alder St. north of Galena, 1pm

Tuesday

- Continuing Ashtanga Yoga, Mysore Style Shakti Sharanam, 5-6:45pm by donation, shaktisharanam.com, 256-5668
- NA meeting (open), Little Shepherd Church, Alder St. north of Galena Ave., 7:30pm

Wednesday

- Yoga Fundamentals & Refinements, Shakti Sharanam, 8:30- 10am by donation, shaktisharanam.com, 256-5668

Thursday

- AA meeting (open, Book Study) Crestone Baptist Church, Rd. T west of the kiosk, noon
- Continuing Ashtanga Yoga, Mysore Style Shakti Sharanam, 5pm-6:45pm, by donation, shaktisharanam.com, 256-5668

Friday

- Energy Workshop with Fay Ferris, Little Shepherd Church, by donation, 719-937-7684, 12:45pm

Saturday

- NA meeting (open, Step Study), Little Shepherd Church, Alder St. north of Galena Ave., 9am
- Feel Free Ministries free meal, noon-4pm, Little Shepherd Community Center

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Out & About with Lori Sunflower

What brought you to Crestone?




Cassey Graef

Love. I started dating Seth over a year ago and he lived in Crestone. I knew about Crestone probably two years prior to that and when I met him, it was just destiny and really aligned for us to come together here. So the greatest thing was love. Another part of it is for my spiritual awakening, my soul and my healing. I think that's been a really big part of me being here, specifically, and the two of us have worked through a lot since I've been here, so that's been a blessing, too. Obviously, we have our baby now, Kit. And we're doing pizza, so things are really fine for us here and it's been wonderful. I'm very grateful for it. Hopefully, it'll be a forever home, and if it isn't that's OK, too! I'm originally from Lancaster, Pennsylvania. I was living in Durango for about two years and Mancos after that before I moved here. Really, the main reason I chose Crestone is love and destiny.



McGregor Gaines

The first visit here was to see my sister, Stephanie, who came here to teach at Crestone Charter School in the late 90s. My prior experience

in the valley was in November, 1974 as a 20-year-old coming up from Arroyo Hondo and Taos looking for a place to settle and camping out at the Great Sand Dunes, driving right past Crestone with no idea it existed. So, it was *deja vu* that Stephanie ended up in the same valley. At that time in my life, after almost three decades in the guitar manufacturing business with 25-27 employees, this was my exit plan for me and my wife, who passed away shortly before moving here. It was a new chapter in my life, going back to a lot of my desires, getting back into my fine art background and involving myself with community-type projects. It was a time for rejuvenation, reflection and contemplative lifestyle that I wasn't getting with so many responsibilities from my involvement with the corporation I co-founded. It was time to unplug from what I was involved with in central California. And my spiritual practice—I've been a long-time devotee of Satya Sai Baba and found likeminded people here. And I've always been very in tune with the natural world; gives me a sense of calmness. Also, what's attractive here is the beauty of the silence! That is such a gift because you get so used to white noise and the distracting static energy of being in urban metropolitan areas. And I've always had more spirit guide connections with animals, and I've done a lot of journeying, so the kinship I have with my animal being friends is very strong here, too.



Deva Serene

Last summer we were in New York at Alex and Allyson Gray's place called Chapel of Sacred Mirrors (CoSM), and a local artist who lives here in Crestone, Domé Moon, invited us to visit Crestone on our way back home to Portland, Oregon. So we came to Crestone and stayed with her. When I was here, I was standing on this big rock and recalled this vision I'd had 2 years earlier where I was doing Qi Gong and looking out across a vast expanse with mountains be-

hind me. And I'd been traveling around the US and I'd been to lots of places with mountains but none of them had been the place until I was here, and I thought, "Oh! This is the place." This huge giant valley and these mountains. And my husband, Gary, felt so inspired by his art and was able to paint epically here. We'd been looking for a place to support our expansion and to raise our child in more conscious ways. And so we're like, "All right, we found the place!" So we went home and started putting things in motion to come here, and here we are! Once we got here, we were excited to discover this opportunity in Moffat to develop some commercial land. So, we're creating a mixed use business park and eco lodge down there. We currently have a mushroom cottage underway, so anyone driving to Saguache on County Road 60 is probably wondering what's going on with that, and that's what's happening!



Mike Maverick

Well, I just kind of landed in Crestone. I'd set off from Dallas, where I was living before, and decided I was going to live life completely by faith and just go without any kind of direction, except I had a feeling I needed to go to Colorado. So, I headed off to Denver, which is the only place I knew in Colorado, on a bicycle because that's all I had. I wanted to take some stuff with me so I was pulling a trailer behind me. It was a little bit daunting, a little bit scary, but that's what living by faith is—you don't really know where you're gonna go until you go. I ended up getting stuck in New Mexico. I was on the side of the road. I had an achin' behind. I had no water. I had two flat tires and I was just about at my wits' end when a red truck pulled in front and immediately I was elated to see, not only that somebody stopped, but that it was a truck that could possibly pick me up. And so out hopped this man with no shoes on and I thought, "Oh this guy's gotta be really cool. He's driving around with no shoes!" So he said, "Are you having a bit of mechanical trouble?" I said, "Well, yeah!" He's like, "You need a ride?" And I said "Yes!" And this was Alder, Matie Belle's son, who stopped, and he was coming back from somewhere down in Texas, I believe. He had the kids with him, and he loaded up our stuff and we were off and he

was going to take me to a town just beyond the border. I forget what it's called. But then we got to talking and he asked, "Are you into meditation, yoga, spiritual type stuff?" And I was like, "Well yeah!" So he said, "Well, you might want to come to Crestone." And immediately, my intuition told me, "Yeah, you need to go to this place." So I said, "Well, yeah sure. Why not?" So, we headed off to Crestone. And when we got here, he gave me some food and a camp stove. He taught me how to build a fire, helped me find my first campsite up at North Crestone, and pretty much the rest is history. I've just been here, made friends and found work, and I don't plan on leaving anytime soon. So, that's how I got here.



Sarah Hines

I was in Alamosa last year for the first time in my life. My boyfriend had gone to a conference there and I got a really strong spirit message to look up Universal Dances of Peace in Crestone, and that link took me to a Wonder Bob site and they were doing an event that weekend. So, I came to Crestone a year ago in August, then I went back down the hill and suffered some more for a year in Taos, and then came for a day visit this last May and I've been here ever since. I'm on my fourth month here. I lived near Sedona for a while, so I was used to dealing with vortexes and tourists and I never imagined I'd move into a community that had people coming to it for any reasons of famous church stuff or religious organizations. But I came here and I could see energy coming out of the mountains. I was having trouble driving because I'm watching the mountains with giant clouds and pillars of light, going, "Can anybody else see this?" And then I found out other people here could see this and then I was told later that this was the birthplace of truth, and it really resonates with me, because I had wanted to live someplace where people told the truth.

If you have feedback or suggestions for future topics, please email peacelori@gmail.com. In addition to being the Staff Photographer for The Crestone Eagle since 2012, Lori Nagel is a freelance photographer, graphic designer & web designer. www.sunflowerstudios.us.com.

Red Flag law

continued from page 1

to themselves or others.

Under the legislation, as written, an extreme risk protection order would be issued after law enforcement, a family member or a household member petitions a judge for the removal of a person's firearms. The judge would hold a hearing—without the gun owner being present—to decide whether to grant a temporary order for up to 14 days.

During those two weeks, the gun owner and the person who asked for the order would make their cases to the judge. The judge could issue a ruling to extend the temporary order for up to 364 days.

In most cases, it will be county sheriffs who are tasked with notifying individuals of a new protection order, including taking and storing their guns.

Nationally, a recent poll found that 69% of American voters support red flag laws.

Seventeen states and the District of Columbia have enacted ERPO laws. Under most, law enforcement, family members, health professionals, and school administrators can ask a court to prevent a person, who is at risk of violence to self (including suicide) or to others, from purchasing or possessing firearms.

In a recent interview on Colorado Public Radio, Emmy Betz, an

emergency physician at the University of Colorado School of Medicine, where her research focuses on preventing suicide by gun. She reports that 76% of firearm deaths in Colorado are suicides.

Opponents' view the Red Flag Law as violating the 2nd Amendment to the US Constitution.

Colorado's Red Flag bill has supporters in law enforcement and, also, critics. While some law enforcement officers cite the 2nd Amendment, many argue that the discussion about gun control also has to be a discussion about mental health.

Republican Tony Spurlock, the Sheriff of Douglas County, has been one of the strongest backers of Colorado's version of the law, which goes into effect January 1, 2020.

Spurlock doesn't buy the rhetoric of red flag opponents. A self-proclaimed "Second Amendment guy" and "a strong Republican," Spurlock believes that the law is perfectly constitutional, and says he would "put money on it" being upheld by the U.S. Supreme Court.

Other Colorado sheriffs have indicated their willingness to defy legislation they deem to be unconstitutional—to the point of asking their county commissioners to pass resolutions declaring their jurisdictions "2nd Amendment sanctuary counties".

Thirty-five out of 64 counties in Colorado have officially passed some form of resolution that publicly rebukes the new law.

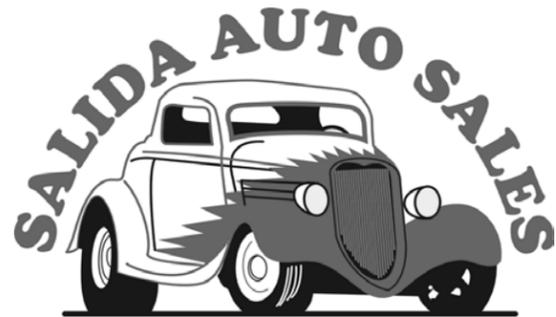
Each resolution is unique in its language. Saguache County Commissioners have so far not taken a stand or passed any resolution to oppose or support the law. Instead, they have chosen to defer to the courts.

From a practical standpoint, many county sheriffs lack the facilities to house seized firearms, even if the court orders them to do so.

The new legislation also presents challenges to the judicial infrastructure of smaller rural counties. Once an ERPO affidavit has been filed, a court hearing must take place within 14 days.

The debate remains. If an ERPO provides a tool to take guns out of the hands of people who are at risk of taking their own lives or the lives of other people, why would we not want to save lives?

On the other hand, Red Flag Laws beg the question: is it fair to have your firearms taken away? And at what point is someone deemed a threat? In these times where gun violence is way too common, we need to both protect the public, and not abuse people's rights. A balance that judges and sheriff's will have to find.



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- 🐾 Keep garbage in a well-secured location. Only put out garbage on the morning of pickup. Clean garbage cans regularly to keep them odor free.
- 🐾 Use a bear-resistant trash can or dumpster. Make sure dumpsters are closed and the tops secured; don't allow trash to overflow.
- 🐾 If you don't have secure storage, put items that might become smelly into the freezer until trash day.
- 🐾 Bird feeders are a major source of bear/human conflicts. Attract birds naturally with flowers and water baths. Do not hang bird feeders from April 15 to Nov. 15.
- 🐾 Do not feed wildlife, such as deer, turkeys or small mammals.
- 🐾 Don't allow bears to become comfortable around your house. Yell at them, throw things at them, make noise to scare them off.
- 🐾 Secure compost piles. Bears are attracted to the scent of rotting food - and they'll eat anything.
- 🐾 Keep garage doors closed. Lock your doors when you're away from home and at night. Keep the bottom floor windows of your house closed when you're not at home.
- 🐾 Do not keep food in your vehicle; roll up windows and lock the doors of your vehicles.
- 🐾 When camping, keep a clean camp; secure all food and coolers in a locked vehicle after you've eaten.
- 🐾 Talk to your neighbors and kids about being bear aware.
- 🐾 If you keep small livestock or pets, keep animals in a fully covered enclosure, don't store food outside, keep enclosures clean to minimize odors, hang rags soaked in ammonia around the enclosure.
- 🐾 If you have bee hives, install electric fencing where allowed.

For more information please call the Monte Vista wildlife office at 1-719-587-6900



Sri Aurobindo Learning Center

The soul, or psychic being

by Eric Weiss, MFT

Sri Aurobindo identifies a part of our being that he calls the "soul" or "psychic being." His notion of soul is analogous to the Buddhist idea of "bodhicitta," or the mind of enlightenment. It is a part of us which exists, for the most part, in the background of consciousness. It observes our surface self, and it sends out messages and impulses to the personality, but those messages are mere suggestions, almost always (mis)interpreted by mental thought and emotional feeling. To awaken ourselves, to achieve true wakefulness, is to bring this hidden part to the front, to let it reorient and purify our personalities, and to follow its path to the Life Divine.

What pushes the soul awareness into the background is the vividness and intensity of our normal waking experience. We live in a world of intense sensation, which brings with it pleasure and pain, and rivets our attention. And we live in a world of desires, that channel our awareness and focus it on projects which only culminate in the sensory world—projects like acquiring wealth, experiencing pleasure, pursuing righteousness and vengeance, all of which focus on bringing about certain sets of worldly conditions. And we live in a world of thoughts, which connect us to our world, but also cut us off in webs of our own prejudices and opinions. It is the vividness and fascination with these waking experiences that thrust our

soul awareness into the background.

The soul, we begin to realize, is quite subtle. It can easily be drowned out by the noise of everyday life, and to bring ourselves closer to the soul we ultimately have to cultivate silence and inner stillness.

Fortunately, there is a way to cultivate the soul for those of us who are not yet able to muster spiritual peace. We can pursue the True, the Good and the Beautiful in our lives. These qualities are all essentially Soulful. Wherever we achieve skillful truthfulness, compassionate justice, and apt beauty, there we find a moment of Divine Revelation. As long as we are dwelling in the sensory world, on the surface of our beings, let us aspire to Truth, Goodness and Beauty.

As you hopefully know by now, the August 23-25 lectures by Debashih Bannerje at SALC had to be postponed. We hope to reschedule in November, and should be able to give you new dates and times by the October *Eagle* issue.

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Karma Yogis hard at work completing the foundation for the second hermitage which will be similar to our first one in the background.

Haidakhandi Universal Ashram news

by Ramloti

We are busy at the Ashram building our second long-term resident hermitage. We are hoping that we can complete it this fall. We calculate that we still need about \$11,000 to reach the estimated budget. We have organized a Go Fund Me campaign to help raise these funds. If you are able to contribute you can go to www.gofundme.com/help-finish-solar-hermitage and donate. You can also mail a check to HUA, Box 9, Crestone, CO 81131. Thank you for considering this and please share it with your friends as well.

We also held our Annual Board of Directors meeting this month and elected our board for the year. They are: Ramloti (president), Linda Joseph (Chair), Mark Rosen (Vice-president), Ajay Pradhan (Treasurer), William Howell (Secretary), Jonathan Yates, Noah Baen, Sastry Jayanty, Mindy, Vanderford, and Catrina Miannecki-Rosen. We are deeply grateful for all the careful guidance and wisdom they generously bring to the Ashram.

The full-moon fire ceremony this month is on Friday, September 13 and the new-moon fire ceremony is on Saturday, September

28. All fire ceremonies begin at 10am and are followed by a meal. Morning aarati is at 7am with evening aarati at 6pm. We generally have a small fire ceremony before morning aarati at 6:20am when there is not a big fire ceremony scheduled.

Fall Navratri (the Divine Mother Festival) will be celebrated at the end of September from Sunday, September 29 through October 7.

The Maha Lakshmi Shop is full of wonderful items from India and is open every day from 10am until 5pm. We have many lovely, gently-worn Punjabi suits and saris at 50% off. We invite you to come in and if you mention this article, we will happily give you a 10% discount on all non-sale items. We deeply appreciate your support. Our shop website has many items on-line at <http://mahalaksh Mishop.wazala.com>.

Please visit our website at www.babajiashram.org to find out more about the Ashram. We also invite you to visit the Ashram at any time. We love to share Shri Babaji's and Mother's home with others. Just drop by or give us a call at 719-256-4108.

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Unconditional Love *The cart before the horse*

by Ramloti

Today a friend who has been using the principles of unconditional love emailed me saying: “Yesterday I read that the inability to tolerate an honest hindsight keeps many people from growing and learning. I believe it! It is so easy to see, how in the past, the awareness of my flaws and mistakes, followed by the harsh self-criticism, and the guilty feelings that followed that, led me straight to over-eating, or blaming, or feeling like a victim, or some other self-sabotaging behavior rather than learning.

“Because of the unconditional love I have received, I can now tolerate this honest hindsight. I don’t think I’m bad, no matter what the old parental voices in my head might be trying to say. And I know that when I reach out, I can find someone to love me unconditionally—with no expectation of me changing or being a certain way. This gives me the strength to look at myself honestly. And it also helps me see that most of my time in all the self-help and growth pro-

grams I have been involved in the past, has focused on trying to see myself clearly with eyes that were blind because they didn’t have enough love. I was blinded by my fear of being basically bad. I had the cart before the horse. Well, I see this differently now.”

I could so relate to what my friend wrote. I answered her with the following: “Yes, yes, yes, this is all so right on. I spent a lifetime doing every growth thing available, including living and practicing at the Ashram for 26 years. It was not until I began to believe through Unconditional Love that I am loved and worthwhile no matter what mistakes I made, that I could actually live the teachings and techniques I had studied so hard. Cart before the horse is a good way of putting it.

What this is all about is unconditional love (the horse). I came from a big family, about as good as they get—I am grateful. It seemed that my parents loved me. But somehow I understood that I had to do things as they wanted or I



The arroyo just off my front deck is a favored path for all the predator animals. This cat was small compared to some of the bobcats I have seen but definitely not a house cat! It stopped in the shade to listen to my neighbors talking before passing through. I got within 15 ft. and was surprised the cat just looked at me and didn’t run off when hearing the sound of the camera.
photo by Bob Pedersen

would get in trouble or even worse, they would not love me. As a child, my parents’ love was everything to me, so to avoid losing it, I tried to always be “perfect”, “good”, and basically “please” everyone. That got me a lot of positive strokes and made life easy for those around me but it left me with a terrible legacy of living for the approval of others and believing that if I did not make everyone “happy”, I was worthless. It was a very fragile self-esteem—it also took a lot of ongoing work, and it was pretty exhausting to worry about everyone else’s opinion.

So with those debilitating beliefs, every technique or teaching I learned would fall by the wayside when I did not get enough positive feedback from others. The ironic thing was, however, that when people told me how great or holy

I was, I would hear inside, “if they only knew who I really was, they would not say these kind things”. So when things were quiet, I could feel how empty and afraid I was, a pretty terrifying realization. It is no wonder my relationships and work situations often turned out badly. Now that I can see more clearly and have unconditional love in my life, my relationships are very different, and I am much happier and much less exhausted—no more trying to be perfect all the time!

I invite those who may share some of these feelings to explore UnconditionallyLoving.com and to consider attending the Unconditionally Loving Workshop in Crestone, Colorado on August 9-11. For more information about this or other ways to receive support, go to: www.UnconditionallyLoving.com.



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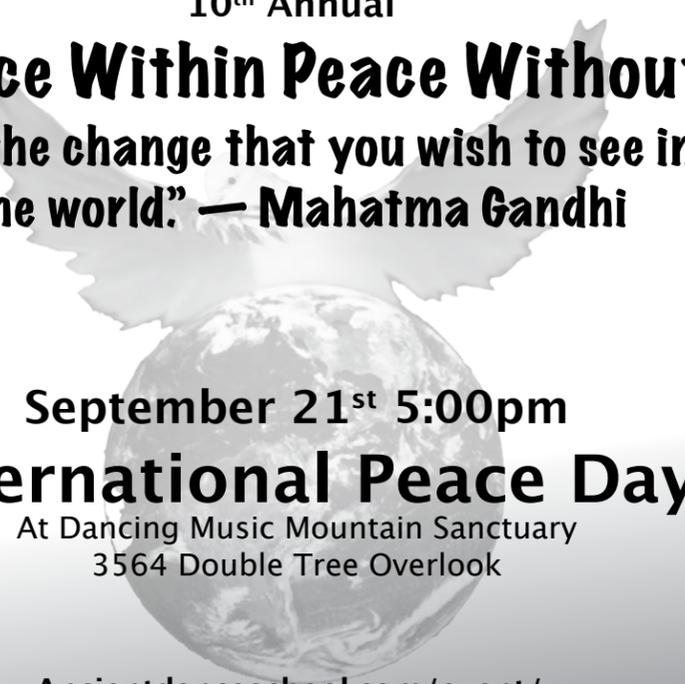
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Messages from the heart of God

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As received by Earl LeRoy Tree of Life

My Child, do not let the distractions of this world take your focus away from My face. Too many of Mine try to use their own strength and mind to make things right. That is a waste of precious time. Seek My Word, and My will. Your soul and the devil try to distract you from the Truth. You are enticed with the tree of the knowledge of good and evil and fall into the trap. That fruit is full of confusion and doubt and after you eat you are more in the dark than when you started. Pass up that tree, and sit at My feet and eat of the Tree of Life. Rest in the truth and you will be given all the answers you need for every attack and distraction the enemy may bring. I have called you to know Me and do exploits by My Spirit. I have not called you to be a thinker, but a follower of My Holy Spirit. Your mind should not deliver to the spirit, but the spirit must deliver to the mind after it has heard from My Spirit.

How many times have you tried to reason a cure or deliverance in your mind? How many times has it worked? It does not work because unless your mind is in perfect agreement with My Spirit—which is the power of all—your mind does not have the wherewithal to heal anything.

I am teaching you to rest in Me every minute of every day. I am

the Lord of the Sabbath. I am opening your eyes to see and your ears to hear; and soon, your nose to smell, skin to touch and tongue to taste so you will be ready to begin operating in My realm.

Don't say, "I've got the power, I've got the Spirit, and I've got the anointing." Only in humility do I want to release all that power and anointing to you through My Spirit. I want you to be a distributor, a manifold that I can pass through to others and teach them to do the same. My Spirit will resonate in your spirit and give you understanding and wisdom to share with all.

Sanctification is setting yourself apart for service, not just what you see on the surface. Sanctification goes down to the very core of your being, and it is a surrendering of everything to Me. Moses touched on it and had to wear a veil because his face radiated the glory that was deposited in him. Moses was able to surrender all of his will to Me. Because of his surrender, I was able to pour more of My anointing and glory into him. So sanctification is the setting up of your spirit to be the first receiver in you . . . not your mind. This is eating of the Tree of Life.

The final decision always rests in you. Choose wisely.

All My love,
Jesus

Community wood stash A community effort to keep everyone warm this winter

by Mary Lowers

So there are yellow leaves on the creekside cottonwoods in my yard and I find myself looking for a sweater in the early morning. Fall's ready to bust out all over! It is time to look at your winter wood stash and start collecting fuel for the winter. Most of you will recall last winter was long, icy and cold and many folks ran out of wood.

We started a community wood pile in my yard in town. It worked out some people dropped wood off, some people sawed and chopped wood. People who chopped and took wood stacked some and left it for the next person. I am moved to do the community woodpile again this year

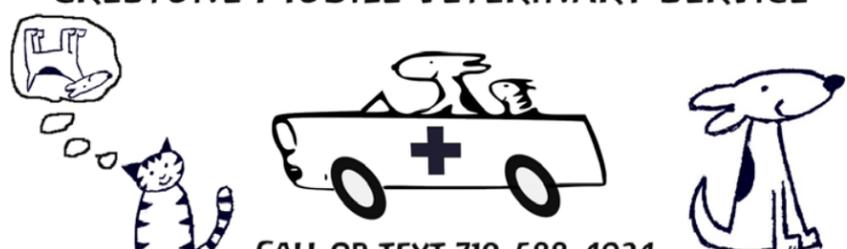
I already have wood in my yard that needs to be sawed, split and stacked so it can season for winter. I may be able to borrow a log splitter. I am aging gracefully here and am on the mend from shoulder surgery . . . I cannot do this alone . . . I think we will need this woodpile. If you have a bit of time and energy for this project give me, Mary, a call at 719-256-4185. Thanks!



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"Pickleball doubles play is fast, fun, and for everyone"

Announcing the arrival of pickleball play in Crestone

by Robert Wall

At the July 2019 Baca Grande Property Owner Association (POA) public Board meeting, a proposal was presented to enable pickleball play in the Baca Grande. As reported in the August 2019 *Crestone Eagle*, there was much excitement among those present for such a proposal. The concept is to replicate what other cities (e.g., Salida, Buena Vista, and Cañon City) have done, which is to overlay blue lines for up to four pickleball courts on each existing tennis court. The POA has two tennis courts behind the library, which will allow up to eight pickleball courts.

If you are not familiar with pickleball, go to the Play Pickleball website for a very good overview of this fastest-growing sport in the United States. In fact, all of the mentioned nearby cities have very active pickleball clubs or communities, as does Alamosa.

As a trial to gauge local interest, two local residents have volunteered to lay out two temporary pickleball courts on one of the tennis courts behind the POA library. Then on Saturday, September 21, from between 9:30am and noon, they will introduce the game of pickleball to Crestone. They will also provide the pickleball nets,

pickleball balls, and four beginner paddles. With two temporary pickleball courts, eight people will be able to play at a time. If more than eight people show up, the games can be shortened to allow everyone a chance.

Depending on how this trial goes, the POA will propose a budget for the 2020 fiscal year to include laying out permanent pickleball boundaries. So, if you want to enable pickleball play in Crestone, please be sure to come out for the exercise, to demonstrate enough interest, and to join the fun.

In the meantime, contact Robert Wall at wallrobert7@gmail.com for any questions or comments.



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Crestone Peak Community Housing (CPCH) & Living Wisdom Village, on we go!

Progression of a non-profit

by Kirsten Schreiber, Chair

Changing from a local interest committee to operating a non-profit is a big deal. Serving on a non-profit board is definitely a step up from how we operated in the early years of this project. We have many responsibilities in order to remain compliant with our non-profit charter and tax-exempt status. It is vital that we can show consistent accountability in order to access state and foundation money to pay for this project. These organizations look for sound financial leadership, professionalism, commitment and motivation from non-profit boards.

Richard Sanderson, our Treasurer, and I attended a training for Non-Profit Leadership in La Junta in July hosted by Community Resource Center (CRC). It was a very full day with about 15 other people, who happened to all be women. Many of these attendees were on big boards with up to 30 members which led to lively discussions and sharing of the challenges of governing a non-profit. We left the training with tools to share with our other board members and will be working through the exercises during work sessions and strategic planning.

CRC is a great resource dedicated solely to helping non-profits succeed. They occasionally come to the San Luis Valley to hold classes; other trainings are conducted throughout the state. Rural Philanthropy Days is another project of CRC, bringing multiple Front Range foundation representatives

together in one location to assist local non-profits to attain grants for their projects.

CPCH has attained Enterprise Zone status for extra tax benefits to donors. The Living Wisdom Village, Elders Creating Community project has moved far beyond the initial vision, getting closer to realization of the Living Wisdom Village. We are committed to developing sustainably constructed, cost-effective homes, built with non-toxic materials and run with renewable energy; they also have to be attractive! (If it is not beautiful, I am not interested). Due to our non-profit status we are not able to build a co-housing project with investors as initially planned. Our current project is to build affordable housing for seniors 55 and older, a critical need in our area. Our board is already discussing our next project, which will be affordable housing with no age restrictions.

Board meetings, outreach within the community, and attending other related meetings takes commitment and a lot of time. I respect everybody working for the common good and giving their time and energy in an organized group in our community. As we know, many of the improvements that are made in rural communities are the result of local interest groups and non-profits. For this I highly recommend running your non-profit with as much knowledge and training as possible, especially if you are relying on larger grants to accomplish your goals.



Building Community for Our Future!

"Life isn't about waiting for the storm to pass, it's about learning to dance in the rain."
- Vivian Greene

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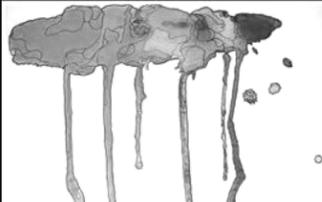


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"Death ends a life not a relationship."
--Mitch Albom, Tuesdays with Morrie

Monthly open meeting **Wednesday, September 18th**, at 7pm, at the Fellowship Hall of the Little Shepherd Church, Crestone. Call 719.588.7415 for information/directions.

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Clips from the Clerk:

US may withdraw from Universal Postal Union. Uniformed & overseas voters, make sure all is up-to-date

by Trish Gilbert, Saguache County Clerk & Recorder

The federal government is considering withdrawing from the Universal Postal Union (UPU). If this were to happen, then beginning mid-October of this year, there is a real possibility that physical mail delivery around the world could face significant disruption.

We are reaching out to our Uniformed and Overseas Citizens Absentee Voting Act (UOCAVA) voters now to:

1. Make sure your records are up to date

2. To encourage these voters to take advantage of electronic mail delivery and return of ballots

We will be sending letters to alert UOCAVA voters to a pending international postal dispute that may interfere with or disrupt our ability to send these voters, and their ability to timely return, a mail ballot by postal delivery for Colorado's November 5, 2019, Co-ordinated Election.

The United States government has announced its intent to withdraw from the Universal Postal Union (UPU) in mid-October 2019. The UPU is an international agreement by which countries agree to receive and deliver one another's mail. If the United States withdraws from the UPU, the responsible authorities of the country in which UOCAVA voters are located may not deliver the mail ballot packet that we intend to send them, or timely return to this office the envelope containing their voted ballot.

Colorado law allows for military and overseas voters to apply for an electronic ballot and avoid mail delivery entirely. This requires an up-to-date email address on their voter registration record. If you are a UOCAVA voter, to take

advantage of this method of delivery and return process, please take the following steps as soon as possible:

Ensure that your current contact information, including your email address, is up to date. Go to www.govotecolorado.com to view and update your information. You can also update your information by filling out the attached paper application form and returning it to our office by email or mail.

1. If you do not have an email address on your voter registration record, then our office highly encourages you to add one to your record. This will allow us to deliver and receive your ballot electronically in the event that mail delivery is not available.

2. If you have an email address on record, then please specify in your registration record that you prefer to receive voting materials by email to avoid reliance on international mail.

3. If you do not have an email address or can't obtain one to communicate with our office, then please return the mail ballot you receive as soon as possible, and no later than October 17, 2019. Ballots for the upcoming election will be mailed out or electronically transmitted from our office on September 21, 2019.

If you have any questions or would like additional information, please contact our office at: tgilbert@saguachecounty-co.gov or 719-655-2512. You may also visit the Federal Voting Assistance Program website, www.fvap.gov/UPU, for the latest updates and guidance on how best to return your ballot from your current duty station, or foreign country of residence.

We are happy to assist you in these efforts and will keep you informed of these developments. Our phone is 719-655-2512.

Don't touch!



Bats are an important part of Colorado's ecosystem, but some carry rabies. If a bat bites or scratches, wash the area, seek medical advice and call your local health department.



Rabies awareness is preparedness

—Saguache County Public Health

According to the Colorado Department of Public Health & Environment, 125 animals have tested positive for rabies in 2019 so far. In the past 5 years, 3 counties in the San Luis Valley have documented a rabies-positive bat—Alamosa, Saguache, and Mineral. Local public health, law enforcement and veterinarians continue to work together in rabies surveillance efforts and animal testing.

Rabies is a viral disease that affects mammals and damages the nervous system causing swelling of the brain. Although all mammals are susceptible to rabies, bats and skunks are the most common species carrying the rabies virus in Colorado. Rabies virus is found in the saliva of infected animals and can be passed to humans and can cause difficulty breathing, paralysis, loss of consciousness and almost always leads to death.

The good news is rabies can be prevented! Please remember to have your pets get their rabies vaccination and notify a veterinarian and/or public health department if they do come in contact with a bat or a skunk. Also remember not to feed, touch or adopt wild animals and be cautious around stray cats and dogs. Rabid animals do not always appear vicious. If you notice a wild animal exhibiting strange behavior, do not touch it and call your local animal control agency.

For more information about rabies please call your county health department; for online resources including data tables, maps, prevention measures and reporting numbers in your area please visit the state health department's rabies page at www.colorado.gov/pacific/cdphe/rabies.

Saguache County Public Health: 719-655-2533.

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Capoeira is coming to Saguache schools.

Time for school . . . YEP

by Tom Dessain

Crestone Performances' Youth Enrichment Program (YEP), is about to launch its 18th year working with schools throughout the San Luis Valley and Chaffee County. So far we have produced 230 assemblies in schools featuring 47 different presenters. This fall we will feature a very exciting new performance group from Colorado Springs called Capoeira. Capoeira is a Brazilian martial art that was invented by slaves to disguise fighting with dance. Today it's seen as a beautiful and soulful form of art, and has caught on all over the world. It is a unique form of martial arts, dance, acrobatics, and live music. The story goes that the slaves were inventing, learning and practicing how to fight to free themselves but when the slave owners would come around, the pitch of the music would change and the fighting would turn into simulated drunken dancing. Amazingly enough, this form of dance actually became what we know today as break dancing. This will be quite the experience for our youth and we are excited to bring it to them.

We will also be sponsoring the Creede Repertory Theatre in all Saguache County schools this fall. They will present a short play called *Best Foot Forward*. This is an original, bilingual musical that exposes students to a variety of music and dance styles, promotes appreciation of differences, and reinforces positive behavioral patterns. This will be our second year to sponsor the Creede

Repertory Theatre in schools.

What else? Well we just finished making a huge contribution to the Crestone Energy Fair. We supplied the big tent, the stage and the sound at cost. The event went really well and we look forward to collaborating in the future. What else? Well, we have written a grant to bring our Carnival back to Saguache schools. The Carnival is held as a fun fundraiser, and last year we raised over \$2,500 which went directly to the schools. What else? Our scholarship program is swinging into action with the beginning of school. We award scholarships from \$10 to \$200 and all Saguache County school students are eligible.

Our continued success is made possible through individual donations, our sponsors and grants from Saguache County and Colorado Creative Industries. Our sponsors are *The Crestone Eagle*, Orient Land Trust, Joyful Journey Hot Springs, Manitou Institute, the Sand Dunes Swimming Pool, San Luis Valley Federal Savings & Loan and Sangre de Cristo Real Estate. From Salida we have First Street Flooring, Amicas Pizza and the Heart of the Rockies Medical Center. If you would like more information or would like to contribute to our efforts, please go our website, crestfest.org and/or give us a call at 719-256-4533. Our address is PO Box 6, Crestone, CO 81131. CPI is a 501(c)3 community service organization. Thanks for your time and stay tuned! All donations are tax deductible.

RWR bumper stickers say no to San Luis Valley water export

by Suzanne Gosar

On July 14 at a gathering to memorialize their father, grandfather and husband, the Gosar family introduced new bumper stickers objecting to the latest assault on the aquifers of the San Luis Valley.

They are distributing them in honor of Greg Gosar who, along with Chris Canaly and others, worked tirelessly to defeat AWDI, American Water Development Inc., back in the 1990s.

Today, Renewable Water Resources, RWR, a beautiful name for what the Gosar family thinks is a lie, is knocking on the door of the San Luis Valley. They are promising wealth and prosperity for those who will sell them their water rights. Then they will put the precious water in a pipeline and transport it to cities on the Front Range. When you consider the name they have chosen, do they really think the citizens of the San Luis Valley are that ill-informed, inexperienced and naive?

The people of this valley united against AWDI and the Gosar family believes they will do it again.

Suzanne Gosar remembers right after her dog Bella died from a rattlesnake bite, she created

large signs for their home place saying "Caution! Snakes About!" Not long after that Greg read that some water developers had bought the old Gary Boyce ranch.



He immediately wrote a Letter to the Editor. He titled it "Caution! Snakes About!" Now, four years later, here they are, embodied in their representative Sean Tonner who is taking his dog-and-pony show around the valley, peddling promises and bribes.

The bumper stickers are donated by the Gosar family and can be found at these locations: Creede, San Juan Sports; Del Norte, Haepli's Honey; Monte Vista, Shades, Quilts, Etc.; Alamosa, The Green Spot; Saguache, Antiques, Etc.; Crestone, Elephant Cloud.

If Greg were alive he would probably say, "All I want to see of RWR is their backsides as they disappear over Poncha Pass, back to their areas of uncontrolled growth!"



Opposition mounts to the RWR water export plan. "We have succeeded in stopping water grabs in the past and we need to remain vigilant and ready for action in opposing the latest water export scheme. Let's make sure that the water in our creeks and aquifer stay here nourishing our community and not fueling unsustainable growth along the Front Range." - John Loll of CBR Water Action Group photo by Kate Steichen

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Colorado College launches pledge to increase affordability for Colorado students

Pilot program boosts access for low- and middle-income students

Colorado College is launching the Colorado Pledge, a historic undertaking to address affordability concerns in higher education. CC's Colorado Pledge is a financial aid initiative designed to ensure Colorado College is as affordable for Colorado students from low- and middle-income families as the state's flagship public university.

The Colorado Pledge is a pilot program aimed at supporting Colorado families with adjusted gross incomes below \$200,000. All students admitted to the next fall's incoming class and transfer students who meet the eligibility criteria will receive this award. Early Action and Early Decision deadlines are Nov. 1.

"Colorado College is one of only a handful of colleges in the nation to consistently meet the full demonstrated need of every admitted student," said Colorado College President Jill Tiefenthaler. "The Colorado Pledge goes one step further and is a bold initiative aimed at making a private education as affordable, or more affordable, than many public universities."

Colorado College's pledge is that:

- For students from Colorado families with an adjusted gross income of less than \$60,000, there will be no parental contribution for tuition, room, and board at CC.
- For students from Colorado families with an adjusted gross income between \$60,000 and \$125,000, there will be no parental contribution for tuition at CC; they will only pay for room and board.
- For students from Colorado families with an adjusted gross income between \$125,000 and \$200,000, CC pledges that the parental contribution for a Colorado College education will be the same or less than the cost of attendance at the flagship state university in Colorado.

CC's strategic plan calls for an additional \$20 million in fund-

raising, which will allow the college to endow the program for future students, thus opening the doors more widely to a Colorado College education for the best and brightest students in the state. The college already has received more than \$3.5 million from generous donors, including a gift that has been issued as a challenge to other donors to match their own contributions of \$50,000 or more to the Colorado Pledge.

Currently about 15% of CC students are from Colorado. The pledge comes as Colorado College seeks to cultivate a more diverse student body across the socio-economic spectrum. By making the cost of attending Colorado College as affordable as the state's flagship university, CC can attract and enroll a higher percentage of students from low- and middle-income Colorado families.

"We fully recognize that middle- and upper middle-income families have been asked to contribute a high percentage of their take-home pay," said Mark Hatch, vice president for enrollment management at Colorado College. "The Colorado Pledge, for many families, will reduce this contribution significantly and will make Colorado College an attractive option for many more students."

Colorado College, which was founded two years before Colorado became a state, has always had a strong commitment to meeting



Colorado College campus in Colorado Springs, CO.

the full demonstrated need of all admitted students. The Colorado Pledge is about affordability; it's a commitment to students in Colorado that CC is not only the most selective college or university in the region, but is just as affordable and accessible.

The college administers a financial aid budget that exceeds \$40 million annually, and approximately 50% of Colorado College students receive scholarship support each year.

As part of Building on Originality: The Campaign for Colorado College, a \$435 million fundraising initiative that includes a \$100 million effort to secure funds for financial aid, the college is raising \$20 million specifically to support the Colorado Pledge.

About Colorado College

Colorado College is a nationally prominent, four-year liberal arts college that was founded in Colorado Springs in 1874. The college operates on the innovative Block Plan, in which its approximately 2,100 undergraduate students take one class at a time in intensive 3½-week segments. In 2016, Colorado College announced an alliance with the Colorado Springs Fine Arts Center, and the following year the two became the Colorado Springs Fine Arts Center at Colorado College, providing innovative, educational and multidisciplinary arts experiences for the campus and Colorado Springs communities. The college also offers a master of arts in teaching degree. For more information, visit www.coloradocollege.edu.



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Welcome back, Crestone Charter School families!

We are so excited for this upcoming school year and all of the amazing new improvements at the school.

First, we would like to introduce the new brain regulation and restorative practice area, Rainbow Cave. The Cave comes fully equipped with bean bags, couches, lamps, brightly painted walls, and most importantly, new tools to help students self-regulate their brains during times of stress. This room also comes as a bigger part of our school-wide trauma informed and social emotional curriculum. We would really like to thank Orca Ross for designing such a calming space, as well as April Thomas for giving the room a deep cleaning and a few fresh coats of paint.

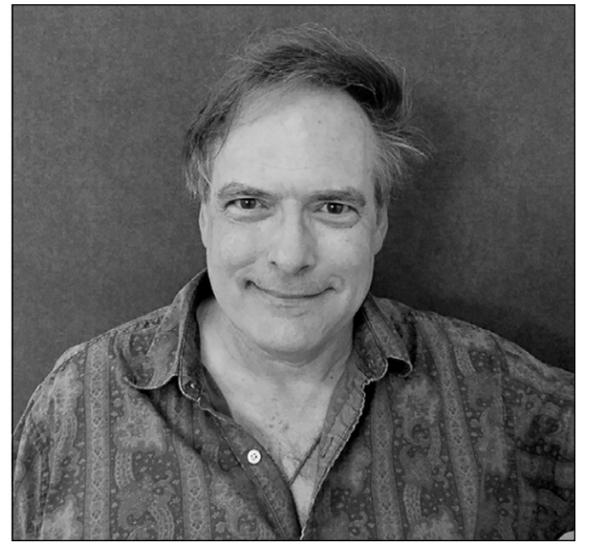


April Thomas is the new full time Custodian and van driver at the Charter School.

As is with our tradition, we are beginning the school year with several activities to encourage a community of belonging within our building. First, we started with our all-school art and virtues project. The students traced and painted outlines of their hands, and created a star with their personal social-emotional, or growth goal for this school year. As we continue to grow as a staff and foster a sense of love and academic excellence, we want to encourage our young minds to follow suit.

Continuing with our favorite traditions, we will have our all-school campout at Earth Knack again this year. This is a magical first activity for the entire school, as it encourages community building in a beautiful and natural setting. Matthew Nava, the new Primary teacher, also plans on teaching us (students and staff) all about rhythm and drumming so we can enjoy singing by the fire.

Lastly, we would like to welcome a few new faces to the Crestone Charter School family this year. April Thomas will be our full time custodian and van driver. Her incredible energy and work ethic have already contributed so much to the school and students for the upcoming year. We would also like to welcome Tess Beneduce. Tess will be joining the high school teacher, Rachelle Wilson, as part of her teaching residency with the Boettcher Program. We look forward to becoming a school that is more interactive with teacher education and leadership. Finally, Lee Eversole



Lee Eversole will be joining Crestone Charter School staff as the new secondary science teacher.

joins us from Leadville with a vast experience in teaching math and science. He also has extensive experience working with restorative practices, a skill he acquired from the Navajo—the creators of restorative practices. Lee will be joining the staff as the new secondary science teacher.

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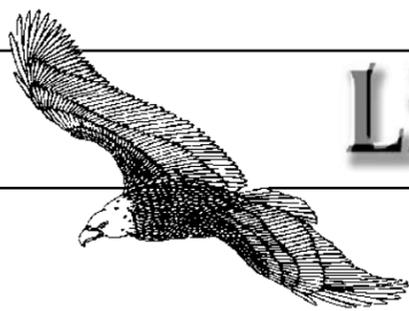
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Lots of great education, entertainment and good vibes at this year's 30 annual Crestone Energy Fair, exceptionally organized by Lisa Bodey, Nick Nevares and Donovan Spitzman, held in downtown Crestone the weekend of August 16-18. photos & collage design by Lori Nagel



Living on the Earth

Hike into the South San Juan Wilderness

by Emma Savage

"I am a great believer in the solo experience," my friend Phil emails me, "and the mental challenge it offers."

The last time I remember feeling this alone and this frightened was when I went into labor. "Are you going on a vision quest?" another friend asks. No, I think, just wondering if I have enough cord to hang my bear bag, just wondering if I'll be able to make the 6-mile stretch on the Continental Divide Trail before the big afternoon thunder storms roll in. "1:30," my friend John says. "That's when the storms are rolling in now." Just wondering how I'm going to treat water that every horse, human, short and long tailed weasel, badger, bear, moose, coyote, elk, marmot, pika, grey jay, Clark's nutcracker and duck has pooped in for a 6-mile radius around Blue Lake. Just wondering if my seventy-three-year-old body will hold up under a heavy pack for three days without losing six inches to compression fractures. Just wondering if I should take my micro spikes to walk across snow fields (I decide not to). Just wondering if the car will start after three days parked in the sun at the Three Forks Trailhead. Just wondering if I have this compass/map thing down or if I should have spent the extra three hundred dollars for the GPS device from which, if you're still conscious, you can call for help if you break your ankle crossing a creek.

But there isn't any way to second guess giving birth. It is something you do and the inevitability of it sweeps you along. While my mind is strangely unforthcoming with answers as to why I'm doing this three-day backpack into the South San Juan Wilderness, this journey too, has had for me a kind of inevitability. And the inevitability and the fear are part of the attraction.

"The creeks will be raging," my friend John says. "Have you thought about how you're going to cross?" The introduction of this new anxiety persuades me to wear my Gore Tex boots instead of my better fitting custom ones. I'll just walk across in my boots, plant my feet between the rocks, balance solidly with my poles and boots. Better to be wet than broken. And my boots are wet for the rest of the day and half of the next but even water shoes don't give you the same stability as boots and besides, I don't need the extra weight.

I think I have wanted to hike

in the South San Juans ever since I discovered Cumbres Pass on my way to paint along the Chama River in New Mexico. I think I've wanted to hike there ever since I heard the name Weminuche. Then hiking on a day-hike towards Weminuche Pass last summer, I met a woman who had just completed several days on the CDT walking from Wolf Creek Pass. Awed by her strength and focus, her glow of self-assurance, I wanted to be her, I wanted to be that woman who walked alone in wilderness.

But a 76-mile section from Wolf Creek to Cumbres Pass? "No," says my friend Katey, a seasoned mountain climber and wilderness guide. "At your age, that isn't realistic. Take a small section," she says. Another friend suggests which section. I will drive the 27 miles on Forest Road 250 off the road to Cumbres Pass, park beyond the Platoro Reservoir at the Three Forks Trailhead, head out with my pack up a long valley to the three forks, cross the converged North, Middle Forks of the Conejos River and the creek that runs alongside the Rito Azul Trail, follow the Rito Azul a mile or so where I'll camp below tree line the first night, then hike to Blue Lake for the second night and on the third day head out for the six miles of the sublime and potentially terrifying CDT. The last section drops me down again into the Middle Fork cirque and another six miles out to the car. In all, about seventeen-and-a-half miles.

Compared to the steep and rocky trails of the Sangre de Cristos with their "strenuous" designations, the trails into the San Juans slope gently up long valleys, their beds cushioned with soft soil. This is a welcome discovery given my heavy pack.

I leave Crestone at 7am. I calculate it will take me four hours to reach the trailhead and another two up the Rito Azul will bring me to my thunderstorm deadline. Black cumulonimbus mass to the west and I make camp on a shelf just off the trail, my tent placed on a forest floor lush with flowers, red columbine, blue chiming bells, and a thick tall gentle growth of white flowering plants I can't name. It is like I have stepped into a rain forest except all of the trees are dead from beetle kill. I manage to hang my bear bag from a leaning dead tree and go down to the creek to eat a lunch I've packed. I don't bother with cooking dinner. Instead, I crawl into my tent and wait for the



A descent through sublime meadows.



The San Juans, a series of high plateaus.

storm and begin reading *Stickeen*, a little book by John Muir a friend sent me for my birthday just a few days ago. The storm never comes, but after all the stress of getting here, the days and weeks of planning, the rutted washboard road, the creek crossing, it feels good to just do nothing. Eventually, I drift off to sleep with the sound of the creek and a hermit thrush singing just a few feet away. Tomorrow I will be going to Blue Lake.

Next day the Rito Azul Trail climbs high above the valley floor and breaks into a wide green meadow almost as wide as the sky. The creek sparkles and dips through the meadow's center and white cumulus clouds build at the edge of the blue, blue sky. I see a man breaking down his tent across the meadow and I want to wave but don't. People come here to be alone, not to wave to strangers. Then, just as the map has foretold, the trail begins to switch back up into a forest to the north and eventually arrives at the lake and the intersection with the CDT. I encounter a large family with packs, a mother and father, two grandparents and two children from Albuquerque. They tell me about places to camp, a day hike to Glacier Lake, and the two bull moose they've seen in the meadow next to the camping spot they've just left. When they leave, I take their site, hoping to see the moose, but I never do.

By the time I set up camp the clouds have blotted out the sun and are turning black. I take a walk to the north end egress to the lake and discover a snow field about eight

feet deep. Climbing above it, I can see mountains and valleys falling away all the way to New Mexico—the Navajo River Basin as it passes through many shades of grey and blue into the distance. Back at camp, I prepare dinner while the sky spits hail and thunder rumbles. But the storm never really materializes. I hang my bear bag again, this time from a dead tree leaning right over the CDT. The dead trees add a melancholy air to the lake which is offset by a group of young men camped across the way who are exuberantly jumping and diving into the lake from the rocks above. I applaud their celebration and retreat to my tent to read *Stickeen* again, the story of a brave little dog who has followed John Muir out onto an Alaskan glacier and must cross a fifty-foot-wide crevasse by sliding across on a precarious ice bridge. As I drift off to sleep, frogs in all the snow melt ponds around my camp sing into the evening. The next day I must break camp by 6:30 if I'm to walk the six miles above tree line before the thunderstorms strike. A group I met at the trailhead has told me about getting caught in a big storm while on the CDT just a few days before, something I want to avoid.

The light is a silver grey when I leave the next morning and the weather is ominously warm and humid. For several miles I walk through trees, alive and dead, and past snow melt ponds. To the west, beetle kill trees seem to go on forever across the landscape. I come to a

continued on page B-10



by **Kim Malville**

The evening skies of September

September 5: The first quarter moon is in the southwest, above the red heart of the Scorpion. Around 9 pm look to the south-south west for the moon and the constellation of Scorpius. The bright red star is Antares, which is the heart of the scorpion. The star is a red supergiant, near the end of its life. If placed at the center of the Solar System, Antares would extend to the belt of asteroids, between the orbits of Mars and Jupiter. Its mass is around 12 times that of the Sun; its age of 11 million year is more than twice that of the sun, and it is about 550 light years from Earth. Its traditional name is "rival-to-Ares" ("opponent-to-Mars"), due to the similarity of its red color to Mars.

On this night there is a beautiful triangle formed by the moon, Jupiter, which is the very bright object to the left of the moon, and Antares. Throughout September Jupiter moves slowly eastward, away from Antares. Binoculars will give you a view of its four bright moons.

Saturn is in Sagittarius, the next constellation to the east, looking like a teapot. It will be moving retrograde until September 18, when it stops and hangs above the handle of the Teapot. This month will be a good time to find a small telescope to see its beautiful rings.

September 6: The moon will have moved eastward to a spot above the two stingers on the tail of the Scorpion.

September 7: The moon will be close to Saturn in Sagittarius.

September 9: The moon, growing in size, will enter Capricornus.

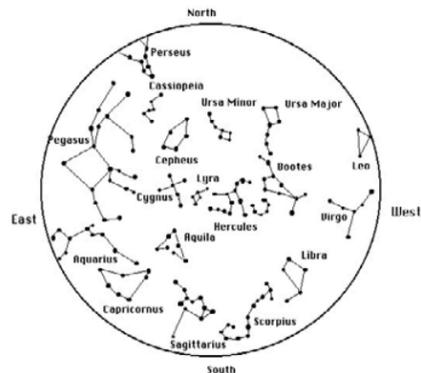
September 14: Harvest Moon. The full moon will be in Pisces, just below the circlet of stars. It is a large but faint constellation. It's easily visible in the dark skies of Crestone, but probably not so visible on the night of the full moon. Try to find it earlier in the month before the moon has reached it. It is opposite the sun during this month, rising in the east as the sun is setting.

September 23: Autumnal equinox occurs at 1:50am MDT, when the sun crosses the celestial equator moving from north to south. On a flat horizon, the sun would be rising exactly due east except for the effects of refraction

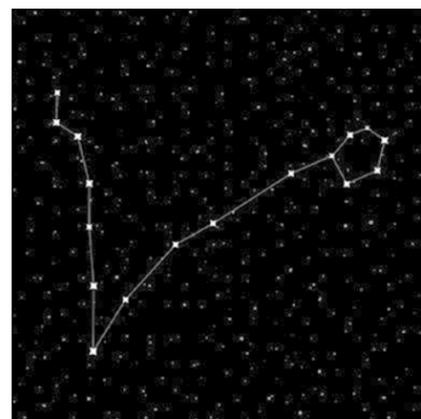
by the atmosphere, which bend the light of the sun so that we can see it below the horizon.

Constellations of the Month: Scorpius & Pisces

Scorpius is one of the oldest constellations named by humans and for good reason: it looks like a scorpion with two pinchers on its tail. According to Greek myth, these pinchers killed Orion, who besides being a great hunter was also something of a boastful bully. He once boasted to Artemis, the goddess of the hunt, that he could kill every animal on Earth, if he wished. Although Artemis was a hunter herself, she offered pro-



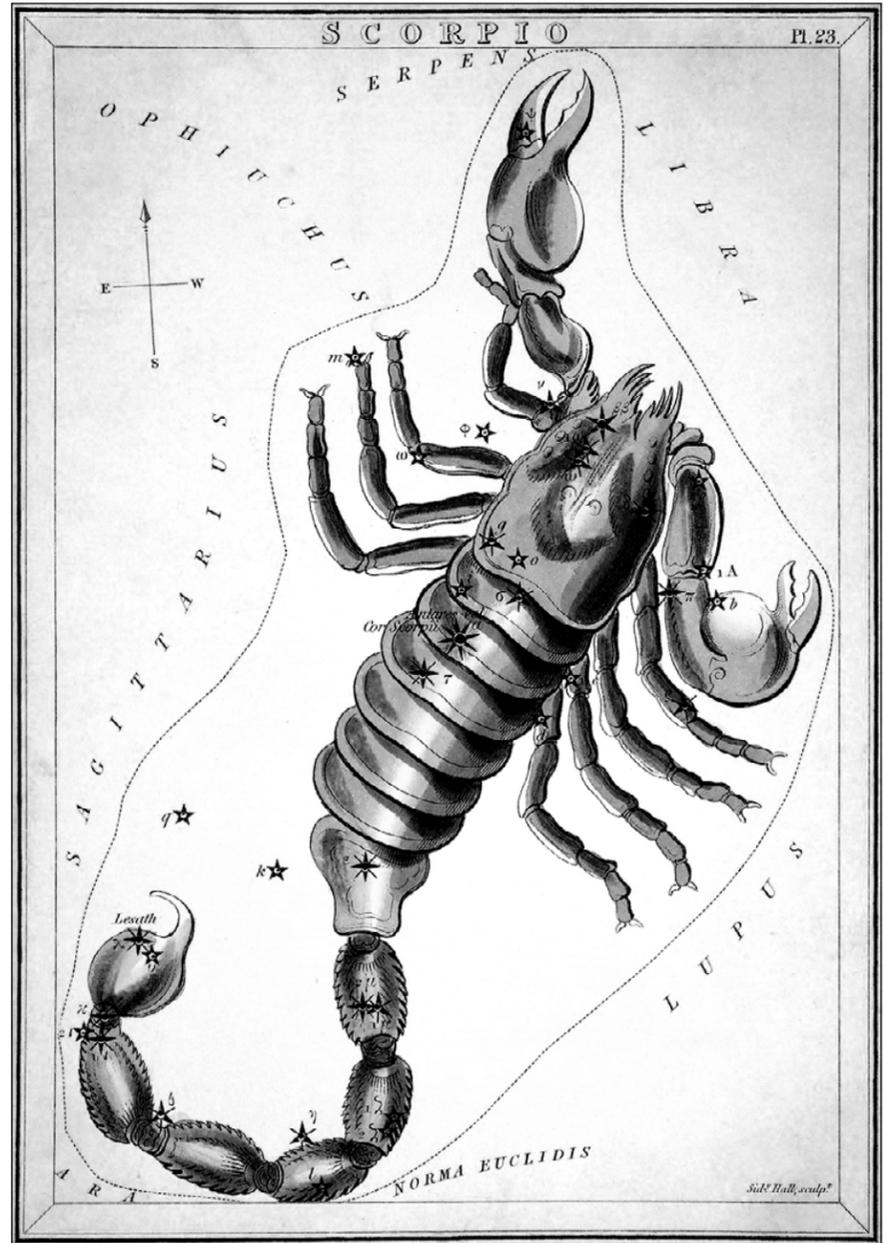
Star chart.



Pisces constellation.

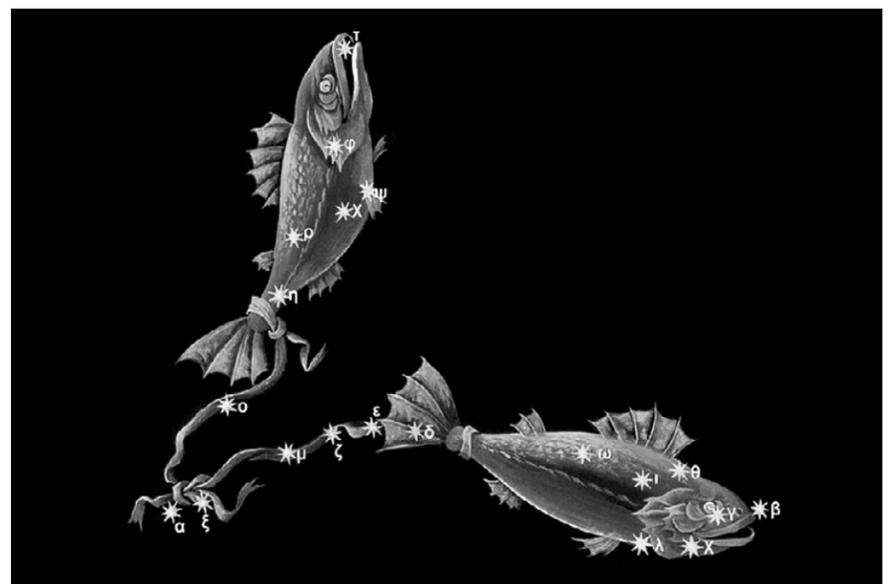
tection to all creatures and was so outraged about his claim, that she sent a scorpion to kill Orion. The battle between the two was so lively that the king of the gods Zeus raised the scorpion to heaven. Sometime later, at the request of Artemis, Zeus did the same for Orion, not to praise him, but to serve as a reminder for mortals to curb their excessive pride and hubris. Just to be safe, Zeus placed them at opposite sides of the heavens: no more battles! Orion dominates the winter skies while Scorpius is visible during the summer.

The story of Pisces involves the Roman goddess of beauty, Venus, and her son Cupid, who has a bow and quiver of arrows and could make human, gods, and animals fall in love by shooting them with the arrows. Venus could cause people to fall in love because of their appearance and beauty. The pair were threatened by Typhon, who was one of the most evil demons in the mythological cosmos. With feet of serpents and a head of tangled snakes, Typhon is described



Scorpius.

(Urania's Mirror constellation cards published ca. 1825)



Pisces: Venus and Cupid.

image courtesy of LoveToKnow Horoscopes

as a viper who spat out showers of poison from his throat, and whose viperish feet crawled into the caverns underground, spitting poison! To save themselves, mother and son changed themselves into fish and escaped into the ocean. In order that they would never be separated, they bound themselves together with a rope. We see them today in the sky

as two fish connected by a cord of star. The most prominent feature of the constellation is the faint circle of stars on the right hand side. Orion was punished by his hubris, and so was the monster, Typhon. He challenged Zeus for control of the universe, and in a fierce battle was destroyed by a thunderbolt hurled by Zeus. Typhon is buried beneath Mt. Etna in Sicily, which occasionally belches forth fiery poisons.

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Solution to crossword puzzle on B-17

This column sponsored by
Kim & Nancy Malville
 kimmalville@hotmail.com

Starr Sightings Astrology

**by Starr Sites
Overview**

As September begins, 7 out of the 10 planets of the zodiac are in earth signs, and within days 7 planets will be in mutable signs. Jupiter remains conjunct “the Great Attractor”, a *giant* black hole near the center of our galaxy that draws everything to it. Use these alignments to focus your goals and dreams into manifestation.

Earth focus

Earth signs are considered practical, methodical, hard-working, detail-oriented, thorough and dependable. Work gets accomplished, plans get executed, and projects are finally completed, although only after considerable delay due to a nearly-stationary Saturn with its tendency to block, slow down, or obstruct. This may feel like slogging through the grit for a few weeks, but slow and steady progress can be made.

Back-to-the-land movements that focus on sustainability, alternative building, growing food, energy-efficiency, cooperative living and home-schooling should get a boost this month because corporate food is poisoning us, pollution is weakening our resistance to disease, our healthcare is in turmoil, our environment is increasingly toxic, public spaces aren't safe from

guns, and our government is lying to us. So it's important to work at the *local* level to become more self-sufficient. Isn't that why many of us came to Crestone in the first place?

Despite Earth being a perfect planet for human life, we have trashed our home, injected her with fracking chemicals, sucked out her blood (oil), paved over vast landscapes, dammed and redirected rushing rivers, and squandered our water resources. Now we are reaping the consequences of our unconscious behavior and greed. Humans have upset Earth's balance, and now that Uranus is retrograde, it's turning its energy inward—earthward—which could signal a possible period of seismic activity this fall. Pressure continues to build along tectonic plates scraping against each other, causing earthquakes, especially while Uranus is in Taurus (into 2026). So expect climate change discussions to increase this month as extreme weather swirls.

Greater Earth consciousness is needed if we are to survive this human experiment, so appreciate and care for the Earth!

Mutable focus

Mutable signs are all about getting along with others, so reconciliation *is* possible. “Mutables”

also bend us to the will of others, making it harder to stand up and speak out—for fear of backlash or ostracism. Therefore, be sure you are not being coerced onto someone else's path. “Go with the flow” for some smooth transitions.

Ceres

The large asteroid Ceres reaches extreme declination this month (through February). Ceres is about mothering, nurturing, self-care and gardening. As “Goddess of the Harvest”, she both conjuncts and parallels high dec Jupiter, which amplifies that “extreme” effect. Ceres warns that weather situations—rain, wind, fire, floods, transportation disruptions and freezes—may ruin crops this fall, further debilitating tariff-stressed farmers. Sad.

Full Moon

Mars conjuncts Sun during the Harvest Full Moon around midnight on Friday the 13th so you may feel like dancing, although you may run low on energy due to Neptune opposing the Moon, which can make you feel discouraged, emotionally debilitated, or inadequate to face life's demands. Misunderstandings, deception and devious plans are also afoot this Full Moon, so “look before you leap”.

Fall Equinox

The Sun enters Libra on the Fall Equinox September 23 which sets the tone for the next 3-6 months. In DC and the East Coast

there is an intense Grand Trine to the Midheaven from a Mars/Pluto trine, which stimulates ambitions while creatively transforming the world. Long-term objectives requiring sustained effort offer an opportunity for positive developments. Let's hope Congress directs this energy toward restoring sanity and function in government. But strict partisanship is likely to continue due to a strong T-square from the Nodes/Saturn to Venus/Mercury. Just “getting along” may become extremely difficult.

Trump's Progressed New Moon

A personal Progressed New Moon represents a major shift, or a new phase in life, covering 30-odd years. This month Donald Trump will experience his second Progressed New Moon. His progressed 12th house of the subconscious, prisons and mental institutions, holds 5 planets: Neptune, Mars, Venus, Chiron and Jupiter-on-the-cusp of the Ascendant, so there's a 50/50 chance of impeachment . . . “YES” if Jupiter stays contained in the 12th house, or “NO” if it activates his Ascendant, making him “lucky”. However, his progressed 10th house of “the Presidency” is almost as busy with 4 planets: Pluto/Mercury (vile accusations) and Sun/Moon (new beginnings) in Virgo at 3°, indicating a potential increase in humility. This degree means “protection is available”, but if Trump expects others to do all the “heavy lifting” for him, he may become the “victim”. If Trump can change favorably, he will be protected. Meanwhile, his progressed Saturn/progressed Midheaven conjunction indicates that governing will become tedious for him. His progressed Uranus is on his progressed North Node, meaning that major karmic change is coming. So he probably won't be re-elected and he may be impeached, but it all depends on his own actions and decisions.

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Who We Are

Kate Steichen:

A life of art and service

by Gussie Fauntleroy

In the early 1990s, not long after Kate Steichen moved to Crestone, the Colorado Air National Guard set its sights on expanding its training program in the San Luis Valley. Already at the time jets were flying extremely low over the mountains and towns, mock-strafing cars on Highway 17, and causing windows to shatter from sonic booms. But the Guard wanted more. Their goal was for the valley to serve as a large-scale battle-training area 24 hours a day.

Even before moving here from Cambridge, Massachusetts, in 1990, Kate felt protective of this place, having spent time here since 1987 and fallen in love with its quiet and beauty. She was not yet retired from a career in creative new product development consulting, but when she heard of the threat, she jumped into action. She organized and became president of the Open Space Alliance, working with David Nicholas, Glenn Ennis, Robert Philleo, and many others to mount intense opposition to the plan.

Yet in Kate's view, the Air National Guard's decision makers were people, not an abstract enemy. Having led wilderness solo experiences, she invited Brigadier Gen. Mason Whitney, then head of the Guard, to spend two days in a solo experience in the foothills above the Baca. She also took him to the Nada Carmelite Chapel, where he witnessed the monastics in quiet prayer. Turning to Kate, he said, "I see that these people need absolute quiet for what they do."

Within a year the Guard's plan was defeated. It was the first of many times Kate has funneled her energy and passion into organizing and volunteer activities aimed at making Crestone/Baca a better place. Other efforts in the 1990s included designing and piloting the first Earth Restoration Corps program, increasing POA member involvement through committees and a POA referendum, and serving as a professional mediator between the then-fledgling Crestone Charter School and the Moffat School District.

In the early 2000s, among other projects, she did extensive research into the viability of the Town of Crestone annexing the Baca. (At the time the idea was deemed unfeasible.) Most recently Kate spearheaded the 2017 search conference that spawned Crestone Baca Resiliency, and she continues to provide leadership for networking and support among the CBR action groups. (See crestonebacare-siliency.net)

A love of self-challenge

For much of her growing up, in various parts of the Midwest and Denver, Kate's primary interest was art. She also excelled at academics and thrived on competing with herself, following her father's example of presenting her with practical challenges beginning as a young



Young Kate.



Singing solo in 2003 in the Crestone Community Choir, of which Kate was a founding member. She also served as president of the Choir Board.

child. From her mother she learned to think for herself and weigh the consequences of possible actions. When it came time for college she entered the University of Denver in the Centennial Scholars program, but soon learned the scholarship wouldn't allow her to continue as an art major. She remained for two years, taking as many arts and humanities courses as she could before transferring to the University of Illinois at Urbana-Champaign.

There, Kate became immersed in studio art, taking advantage of the large school's high level of art instruction and earning a BFA cum laude in painting and printmaking. She showed her work in Chicago galleries and was juried into national shows. On the walls in her Baca home today are examples of her artwork from that and more recent periods—abstract acrylics, watercolors, various forms of printmaking, and even an oil painting of her childhood dog Skippy, painted when Kate was about 10. These days, with



With her partner in life and community activism, John Loll. photo by Medina Saskia Friedrich



Kate and one of her abstract paintings.

photo by Robin Rosenberg

Yet she wanted to remain in as creative a realm as possible. So she focused on marketing, and soon after graduation joined Parker Brothers, maker of Monopoly and other games and toys. Her first day at work she walked into a room where she was the only female among 50 executives. Receiving tiny raises while the men were given large raises, she understood what it meant to be "on a fast track covered with fly paper." Still, she enjoyed the work and after seven years went on to an extended career in new product creativity consulting.

Inner seeking, outer giving

Meanwhile at about age 30, Kate began a parallel path to answer the query that filled her mind: Why am I here? Initially misinterpreting the question as "What am I here to do?" she engaged in human potential work and trained in alternative healing and other modalities in search of a possible new vocation. Eventually she understood that her search needed to turn inward—which led back to the spiritual inclination she had carried all her life, particularly in mystical forms.

Settling in Crestone in 1990, Kate not only plunged into community involvement, she explored many of the paths offered by the wisdom traditions here. The one that eventually resonated most deeply was Sufism, and in 2005 she was asked by her Sufi teacher to assume leadership of a local Sufi circle, the Golden Light Sufi Circle. That circle—with chanting, singing, praying, whirling, spiritual dream interpretation, and reading from the Sufi poet Rumi—continues to meet several times a month.

Kate's Sufi teacher, Shaykha Fariha Fatima al-Jerrahi, once told her she saw Kate's personal spiritual path as one of gratitude. For Kate, that approach intertwines with her creative impulse in ways that make a canvas out of all she does. "My home is my art. My community work is my art," she says. "Plus it's my service. I deeply believe, especially for those of us given so much, our greatest joy is to give. That's why we're here."



Kate (whose Sufi name is Hamida Nur) leading Sufi singing and chanting at the Ashram.

photo by JD Marston

a full life and limited time, her primary artistic outlet is photography.

Creativity in diverse realms

Kate employed her art and photography background and taught herself darkroom skills in her first job after college, as graphic designer and photographer for de Cordova Sculpture Park and Museum, near Boston. Less than two years later she was director of the museum's art school, where her innovative approach to programming soon doubled student enrollment. From there, knowing that in many fields as a woman in the 1970s she would need credentials to gain respect, she decided to earn a graduate degree. She chose Harvard Business School because, as she puts it, "I knew I could use an MBA for anything."

HRRMC cancer walk Sept. 14

Heart of the Rockies Regional Medical Center will host its second annual Cancer Walk on Saturday, Sept. 14, at 9am.

The Cancer Walk will start and end on the HRRMC hospital campus. The course will follow the walking trail that circles the hospital. The loop is approximately 1.5 miles.

Walkers will start after a brief address from a cancer survivor, and all survivors will be recognized.

All monies raised by the Walk will be deposited in the HRRMC Oncology Fund, which is administered by the HRRMC Foundation. Any proceeds—including dona-

tions, registration fees, and fundraising—will benefit local oncology patients. Funds may be used for wigs, gas cards, lymphedema sleeves, or equipment to best care for our patients.

To register for the event, visit www.hrrmc.com and click on the Cancer Walk button on the home page. The cost of the event is \$35 and includes an event T-shirt.

Cancer survivors are not required to pay the event fee, but do need to register.

Sponsorship opportunities are available until Aug. 15. Call 719-530-2270 or visit hrrmc.com for more info.

Salida Family Medicine to join the HRRMC team

The four family physicians with Salida Family Medicine have signed contracts to become HRRMC-employed physicians, effective Sept. 30. The new HRRMC Salida Family Medicine practice will be located in the HRRMC Medical Clinics building, 550 W. Hwy. 50, Salida.

Drs. James Wigington, Ashley O'Hara, Vanna Irving and Stephanie Earhart will all move to the new location, and Salida Family Medicine's First Street office will be closed. The final day clinic patients will be seen at the First Street office is Friday, Sept. 27. The practice will reopen on Thursday, Oct. 3, at the new location on Hwy. 50.

Care will also continue at the practice's outlying clinics in Cotopaxi and Saguache.

The physicians have sent a letter to their current patients letting them know of their relocation and that patient medical records will transfer automatically to the new practice unless the patient directs them to send their medical records elsewhere.

"Salida Family Medicine (SFM) approached the hospital recently to explore employment options," said HRRMC's VP Business Development Peter Edis. "After considerable discussion, it was ultimately decided that hospital employment would ensure a seamless continuity of care between

SFM patients, physicians, and the many services and specialists that HRRMC has to offer; while also enhancing the SFM physicians' ability to do what they do best, provide high quality care to patients, without having to deal with the many challenges inherent with private practice. We are extremely excited to welcome them to the HRRMC family."

In the coming weeks, the hospital will be preparing the Hwy. 50 clinic space and purchasing any needed equipment for the new HRRMC family practice. More details about the opening of the new clinic will be released as they become available. For more information, call 719-530-2417.



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There's No Such Thing As A Weed

by Dorje Root, RH (AHG)

How to teach kids about herbs



One hundred fifty plus years ago children normally learned about herbs from their mothers, who gathered the family's medicine, prepared the herbs, and made sure there was enough of a supply to treat most anything the family required during the year. It was a natural part of life. Now it seems extraordinary, different for most families in this country. There is a fear of the natural world, in a way. A mistrust of plants. A reliance on doctors and the medical profession. In order to heal the Earth we need to begin to trust her again, to learn to trust and respect the plants, the trees, the ground that supports our existence.

I am by no means an expert on teaching children about herbs. My kids were 5 and 12 when I began herb school. I loved when they

began to identify medicinal herbs, even while driving along the highway. And now as a grandmother I am delighted when any of my grandchildren show an interest in herbs. My eight-year-old granddaughter Lila inspired this article. She's had a natural trust of herbal medicine from a very early age. As I sit and write this article in Vermont, where she lives, the night before I am to return home, I think of our week here. We spent some time, Lila and I, exploring her lush and green yard, any square yard of which would be ample area for an herb walk. We photographed each herb, talked about it a bit, discussing how to use it. Some she already knew. "That's nettles—it stings me; that's echinacea—I don't like it, it makes my tongue feel funny; that's motherwort—it's for grumpiness."



The co-authors with nettle.

Lila is also into crafts. Like her other grandmother, and her aunt, she likes to create anything in just about any medium. I thought it would be fun for her to make a book about the herbs in her yard. A photo, a simple description in her own words, perhaps a line drawing to color in. She can put it together as a book, and in the process get to know these plants intimately. There's something about spending time with the plants. It gets in. In studying plant spirit medicine, we sat with the plants, drew the plants, and did a journey with each one to get to know its medicine, and hear what it uniquely had to share with us. Next year I'll come visit and I never know how it will go.

She could be nearer to becoming a teenager and have no use for such adventures with her grandmother. But somewhere inside her will be the connection she once formed. She may forget, but the plants won't, and they'll remind her.

If we want to save our beloved planet, we must teach the children the connections we have, and provide them the space to fall in love with the natural world. What we are in love with, we won't destroy.

Dorje Root, RH (AHG) is an herbalist and natural healer, also working with Plant Spirit Medicine, Intuitive Energy Healing and 'The Journey' cellular healing. For an appointment call 719-937-7786 or visit www.rootsofhealing.com.



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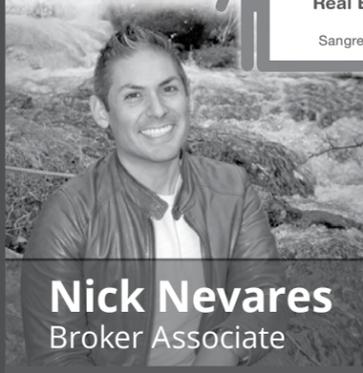
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The green machine, a voyage in Alaska

by Vince Palermo

I recently returned from a trip to southeastern Alaska with my partner, Natasha. We lived aboard the 62-passenger National Geographic Sea Lion for a week, motoring over 800 miles through the inland waterways. When we left the harbor at Juneau, I had only the sketchiest idea what lay ahead. It was to become for me the week of immersion in pristine green splendor. We motored by night, anchoring in the early mornings in remote bays, coves, and inlets of fjords.

As I stood at the bow in the early mornings with the cool crisp wind blowing on my face, I was surrounded 360° by old growth forests, predominantly native spruce and hemlock dotted by golf balls, the heads of bald eagles. Small birds popped out of the water, quickly flying away. Whales surfaced to create the sound I would become familiar with, blowing and then inhaling. The green splendor was not just around me; it was below me as well, in the form of plankton and myriad species of fascinating plants growing on the sea floor. Nature's green, chlorophyll pigment captures sunlight and sustains life. It is the very bottom of the food chain and is the fundamental molecule providing the driving energy of life in the form of sugars, fats, and proteins. It is in algae, plankton, sea plants, marsh grass, meadow plants and flowers, lichen, ferns and bushes, tree needles and leaves. Here, enveloped in The Green Machine, I stood in awe of the natural beauty saturating my senses, and of the primordial intelligence embedded in this, our last frontier.

On the second morning we were in a zodiac, maneuvering between ice chunks and icebergs, headed up a fjord toward the face of a glacier. It was Natasha's dream to see a glacier before they are gone. She was overjoyed to not only see one, but to also hear the thunder as masses of ice calved off the advancing face. Watching a documentary cannot be compared to the total sensory experience of being there. Seals with their pups were on the ice sheets, and evergreens climbed the walls of the fjord.

Each day I took in wave after wave of sights and sensations, from observing whatever form of life appeared as we motored by the water's edge, to landing on the shores and exploring. Twice a day we were in the zodiacs headed for shore. We explored the intertidal zones, walked the meadows, and trekked through the forests. I am still processing these onshore experiences, as well as those onboard the Sea Lion.

One realization that stands out for me is that despite the massiveness of The Green Machine, it is as vulnerable as it is beautiful. Vulnerable to the net, the chainsaw, mining, climate disruption, and forces in play beyond the borders of Alaska. Catches are decreasing, whale size is diminishing alarmingly, glaciers are shrinking, permafrost is melting, and timber is being sold to Japan and China.

The days are now shortening. Soon I will be in front of my wood stove watching the flames. I wonder about the unstable relationship between The Green Machine which knows balance, and The White Machine which knows only too well how to take. By all the many indicators in nature, it seems The White Machine is winning. But the game is not over, and nature



Calving face of a glacier at apex of a fjord. Fragments of icebergs in foreground.



Living sea grass and barnacles attached to a large rock in the intertidal zone, out of water at low tide. Will be submerged at high tide. photo by Vince Palermo



Sheets of lichen growing luxuriantly on the forest floor. Two hundred new species have been recently discovered in Alaska.

has not yet played all its cards.

I went to Alaska discouraged about the outlook for planet Earth. I returned with renewed hope for a different outcome. I was inspired by three amazing biologist/naturalists who led our excursions, and in the afternoons and evenings shared their wealth of knowledge and abilities as earth stewards. They were a highlight of the trip. I learned more marine biology in one week than I did the rest of my prior life. It is dedicated young environmentalists like these who inspire me. They, along with the other NG staff and crew made this an extraordinary week. I left a part of me on the inland waterways of Alaska.

"Gift to ourselves, ourselves we did plunder.

Such a pity, before beautiful, now a chosen blunder"

(excerpt from Tragedy of the Commons, page 206, *Extensions of Mind* by Vincent Palermo)



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- Thomas Alva Edison

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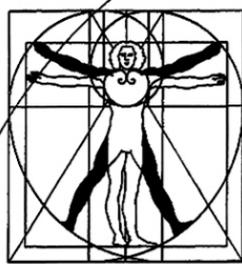
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What's up with the bees?



by **Matie Belle Lakish**

The bee's wings were shriveled and useless. The poor thing looked normal in most ways, but with short, crumpled wings it couldn't fly. Bees tend to remove dead and injured bees from the hive, and they often end up scattered on the ground. Several bees, both alive and dead, were spread around a four-foot radius of the hive entrance, about half of them with deformed wings. What was going on?

I called José Villa, of Cottonwood Creek Apiaries, who with his wife Sandy, have become my go-to experts on local bee issues. They came and took samples of my bees and counted tiny invaders called Varroa mites. I had a bad infestation.

Varroa mites, I have since learned, have invaded the North American bee's world since 1987. Wikipedia says, "Varroa destructor is an external parasitic mite that attacks and feeds on the honey bees *Apis cerana* and *Apis mellifera*. The disease caused by the mites is called varroosis. The Varroa mite can only reproduce in a honey bee colony. It attaches to the body of the bee and weakens the bee by sucking fat bodies." It also carries DWV, Deformed Wing Virus, which was the culprit attacking my bees' wings. "Adult mites suck on the fat body of both adult bees and bee larva for sustenance. As the fat body is crucial for many bodily functions such as hormone and energy regulation, immunity, and pesticide detoxification, the bee is left in a severely weakened state."

As an organic gardener, I did not really want to introduce super-toxic chemicals into my hive, but with José and Sandy's help, we gave my bees two treatments, one with Formic acid, and later with Thymol crystals. That helped, but not enough. When we opened my hive this spring, all the bees were dead, even though they still had plenty of honey left for winter food. So sad.

I liked my bees. I would sit and watch them coming and going from the hive, and observe their vigorous activity in gathering nectar and pollen, even though I had to keep them in a heavy steel-wire cage to protect them from bears. My real motivation in keeping them, however, was their pollination activity. Most fruiting plants, including all fruit trees, require insect pollination. What was I to do without my pollinators?

Dr. Olivia Carril recently presented a program on bees at the Baca Wildlife Refuge, which gave me hope. I learned that there are roughly 950 species of bees in Colorado and, while less research has been done on these wild bees than on honey bees and bumble bees, it appears that mites on wild bees are not a major problem, and wild

bees can be excellent pollinators.

Most species of wild bees are solitary and ground dwelling. Depending on the species, they may use holes dug by other creatures, or may dig holes themselves. Some species use leaf or plant litter, and even hollow stems of plants as nurseries for their young.

Bees are members of the order Hymenoptera, which also includes ants, wasps and sawflies. During dinosaur times, ancestral wasps ate other insects, but evolved, with the arrival of flowers, into bees that preferred pollen and nectar. Many varieties of bees eat nectar, but most do not store it, preferring pollen as food for their young. A typical ground-dwelling bee may enter a tunnel, dig about a dozen small dens, deposit eggs and food in each tiny den, then either exit or guard the tunnel entrance until the larvae mature. Some entrances may be obvious, but many are so small that humans wouldn't notice them.

Bees come in many sizes, but generally have hairy legs and bodies compared to wasps, their closest relatives. This is what makes them ideal as pollinators, as plant pollen sticks to the hairs and is then transferred to the next flower. Some bees only visit one species of plant, but many are generalists and visit many plant species. Some are so specialized that they can't pollinate.

Recently I was looking at a Rocky Mountain Bee Plant, the pink/purple flower that is blooming abundantly in our area, and I thought I saw mosquitos landing all over the flowers. Upon closer examination, I saw tiny, shiny green bees buzzing about it. They seemed to be gathering pollen

from the tiny anthers sticking up from the blossoms. From Dr. Carril, I learned that these tiny bees are specialists called Fairy Bees. They only feed on Bee Plant pollen, and are so small that they cannot reach the pistils of the Bee Plant, so are not useful as pollinators.

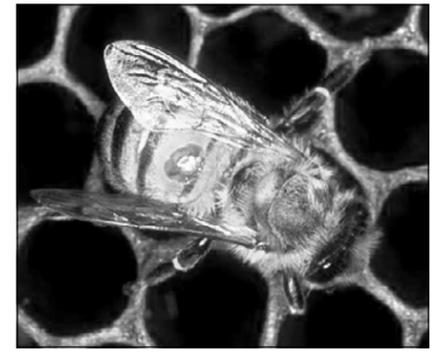
On the opposite size spectrum are the Bumble Bees. The largest ones are breeding females, who live in colonies of up to 100 bees. Workers collect nectar and pollen to feed themselves and colony offspring, including some males that live outside the hive, then die at the end of the year. Enough females survive to form new colonies the next year, usually in odd cavities in trees. A beautiful bumblebee, *Bombus huntii*, has a large band of orange on its abdomen, and is common around the state, and in my garden.

Mason bees are solitary bees that nest in tubular holes, such as hollow twigs or holes bored in wood. They will first gather pollen and nectar to feed the larvae, deposit it in the hole, then lay an egg in the mass. They then plug this with mud, and begin another egg case. Usually several egg cases are deposited in one hole before the hole is completely plugged with mud to wait for the next spring. Blocks of wood with holes drilled to an appropriate size may attract Mason bees, which are even more effective pollinators than honeybees.

While these, and many other varieties of wild bees offer hope for future pollination of plants, many of us are still concerned for our honeybees. Breeders are at work developing bees that seek out and remove the mite in the pupae stage, offering some protection to the hive. Some of these resistant bees are now available to bee keepers.

Other serious issues facing honeybee populations include widespread insecticide use on crops which bees pollinate. Wild flowers are also in decline in many areas, forcing bees to rely more on flowering crops that may expose them to chemicals.

For locals considering bee-keeping, the bears, cold climate, and short growing season, as well as Varroa mites, are factors to consider. José and Sandy are willing to assist serious beekeepers. They can be reached by phone at 719-256-4010.



Detecting and controlling Varroa mites in honey bees.

Bees are fascinating creatures, and I can recommend the book, *The Bees In Your Backyard, A Guide to North America's Bees*, by Drs. Joseph S. Wilson and Olivia Messinger Carril. Visit their website, www.beesinyourbackyard.com for more information.



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The Crestone Energy Fair and Home Tour at 1527 Antelope Way

Baca Grande Library News



by Suzanne McGregor

We wish all the young people who started school a great year full of exciting experiences, new knowledge—and lots of reading! For the little ones who were

left behind, we have something for you here at the library. Miss Penny from the Saguache Public Library will start the fall reading program, “Stories for Little Ones,” on Tuesday, September 3 at 11am until everyone gets cranky! Babies, toddlers and their caregivers can hear a story, do crafts, and have healthy snacks, along with valuable social interaction. There is no charge for the program, and drop-ins are most welcome. The program will be held each Tuesday morning for eight weeks.

And remember the Singing Circles Program that takes place in the library on Friday

afternoons! These classes led by Eileen Wilfong, a licensed K-12 music teacher, combine music and movement with singing, instrument exploration, music games, dancing, listening and stories. Circles of Wonder for newborns-4 years old (with a parent/caregiver) is from 1:00-1:45, and Circles of Friends for 5-9 years old (parents/caregivers welcome) is from 1:45-2:30. There is a suggested donation of \$5 per child per class. The program runs through October 4.

Thanks to our Friends of the Library (FOL), we have a new display table in the front room un-

der the bulletin board. Every few weeks, we have a new selection of books chosen with a specific theme. Last month, we displayed “Second Chance” books that have been neglected on the shelves and are well worth another read! This month will feature banned books throughout our history in honor of Banned Books Week, September 22-28 and in celebration of the First Amendment.

Notice: The library will be closed on Labor Day, Monday, September 2.

Baca Grande Library, 256-4100. Hours: Mon.-Fri. 10am-5pm; Sat. 10am-4pm.

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Top 1000 2013 Trends Journal

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<p>269 Springdale Tr. \$675,000 4BD 3.5BA. Spacious open floor plan, greenhouse, 2 car garage, horse stall, cottage with European wood stove, sauna and soaking tub. Completely off-grid with stunning wide open vistas.</p>	<p>187 W. Silver. \$475,000 Prime location in the center of Little Pearl Park in the town of Crestone. Currently Restaurant, Brewery 2 hotel rooms and Penthouse apartment. Long term lease in place.</p>	<p>158 E. Silver. \$400,000 Rental income from liquor store and 11 storage units with the sale all full no vacancies and waiting list. Prime downtown Crestone location. Lease in place on liquor store.</p>	<p>3458 Enchanted \$395,000 Owner financing available on this exceptional income producing property. Established B&B & Retreat Business. 4 BD 3BA rental capacity. Bright & spacious with lots of windows.</p>	<p>609 Panorama Way \$319,000 3BD 2BA. Enter this home & feel the quality of craftsmanship. Living room has views that will keep you sitting on the couch with your book & cup of tea.</p>	<p>3537 Camino Del Rey \$279,000 New construction. Contemporary style. Choice of colors, upgrades etc. Stunning mtn. views. On paved rd, close to Temples & Retreat Centers, & the Stupa.</p>
					
<p>259 Moonlight Way. \$260,000. Situated high up in Chalet 1, just off paved road. Open airy floor plan and modern kitchen. Choose your colors and many upgrades to chose from.</p>	<p>1307 Moonlight Way. \$228,000. Choice of colors on this contemporary model on a lot near the creek and greenbelt. Upgrades and options available. Call for more details on this new construction.</p>	<p>80 Cottonwood Creek Road. \$225,000 Large home on 7+ acres in the Grants, with tons of charm! Built in 1998 3170 sq ft with an additional guest cottage, outbuildings, off grid for self sustainability.</p>	<p>1419 Badger Rd. \$219,000 2BD 2BA bungalow type home. Master Suite, has large walk-in closet, full bath & spacious bedroom with extra storage. Front mountain & panoramic valley views.</p>	<p>2721 Happy Hollow Way \$199,500 2BD 1BA Great B&B opportunity or vacation home, this home comes fully furnished and ready to go. Walking distance to Dharma Ocean and many spiritual retreat centers.</p>	<p>1629 Willow Creek Way. \$199,000 2BD 1 BA. Traditional southwestern adobe style home with car port & adobe outbuilding off paved road. Close to town with spectacular views of both the mountains & the valley.</p>
					
<p>3528 Enchanted Way \$187,000 2BD 1BA. Call for seller carry terms on this charming 1 level starter, retirement or B&B property with stunning mountain views. Large storage shed. Close to paved road.</p>	<p>1590 Crown Point Overlook \$185,000 3BD 2BA open floor plan, large kitchen, wood stove, 2 car detached garage, grow dome with electric and water, fenced area for dogs, private cul-de-sac.</p>	<p>19507 County Road 59 \$175,000. 80 acres, well & solar panels, grundfos pump, unfinished A frame type home and greenhouse. There is also a storage container. Near Moffat, CO but in a secluded location.</p>	<p>3737 Jubilant Way \$165,000 2 BD 2 BA Neo Modern design home-2X6 framing, J. R. C. rated, with vaulted ceilings, large spacious kitchen with dining area island. Home has natural light in every room. \$1500 back at closing.</p>	<p>169 Verano Court \$158,600 2BD 1BA. New construction. Great room floor plan, vaulted ceilings, low maintenance exterior and tremendous mountain views. This small home feels bigger than its actual square footage.</p>	<p>365 Camino De Oro \$146,600 2BD 1BA. Affordable living in the growing town of Crestone. HOA of \$394. includes snow plowing to driveway, road maintenance, tennis, golf, parks, library, lots of hiking trails.</p>
					
<p>69 Diablo Ct \$73,000 3BD 2BA. New home in quiet location, within walking distance to golf course, library & tennis courts. Just a few minutes to town. Secluded cul-de-sac with spectacular mountain views and stunning sunsets.</p>	<p>8731 Monroe St. Hooper \$69,900. 4BD 2BA large, open feel home just up the road from The Great Sand Dunes hot springs & National Park. This property would be an ideal investment, with huge potential.</p>	<p>1195, 1196 & 1197 Hilltop Way. \$35,000. A tract of land located within Baca Grande Chalet unit one, 1.50 acres, 2 additional adjoining lots available, close to paved road, tap fee paid.</p>	<p>58515 Martinez Drive. \$15,000. This property is being "SOLD AS IS WITH NO WARRANTIES, EXPRESSED OR IMPLIED". Bank owned, no clean up will be done, electric is on.</p>	<p>3819 Virtue Way. \$15,000. .50 acres. Surrounded by mature trees, this secluded lot is the ideal location to build your home. Close to Cottonwood Creek, the spiritual centers and the large Stupa. Tap fee paid.</p>	<p>823 & 24 Meadowbrook Trail. \$15,000. 6.00 acres on Spanish Creek that borders the greenbelt. With great views of the mountains and valley, Good area for a solar or off grid property.</p>

South San Juan Wilderness hike

continued from page B-1

sign that points in the direction of Fish Lake. Otherwise the landscape is empty of human presence or sign; I don't encounter a living soul for the next twelve miles. The San Juans are a dense and old range, volcanic and leonine, they crouch on their haunches with their flat backs limning the sky up to 12,000 feet, with occasional peaks of 13,000 and snow blanketing their sides. Falling away from these high plateaus, valleys cascade into a blue grey distance and empty wells of silence. The emptiness of this place is sobering, evidence the earth can very well get along without us. This is the place where the last Colorado grizzly bear was killed and my friend John says the ghost of that bear haunts his steps every time he hikes this trail. Soon the trail begins to switch back and climb to a high ridge of around 12,000 feet. I welcome this change from the forest cover not only because it marks the halfway point of this six-mile stretch but because I have finally broken into sunlight and flowers and views of rivers and mountains without end. And when I summit the top of the ridge, I can see before me the circle of unnamed peaks surrounding the Middle Fork basin, and the first of many snow fields I must pass across. The sound of water is everywhere, drips, and rills, falls and cascades; the whole valley is a rush of sound and flowers—marsh

marigolds, mountain parsley, blue columbine, paintbrush, alpine buttercups, corn lilies and blue chiming bells.

I start across my first snow field and it is a good thing I don't know how many there are to come. The trick is not to slip and go tumbling down the mountain with a big pack. I gouge a foot hold with each step and it is slow going but I think of John Muir's little dog and tell myself to show some pluck here. When I finally reach the center of the cirque, I bump into the CDT sign and the sign to the Middle Fork Trail. There is no trail though and luckily, on the first day of my hike, I talked with a group who told me just to walk across the meadow until the trail appears. And when it does, I keep going: six more miles through a sublime series of meadows as I descend along the creek to the Three Forks Trailhead. I keep looking backward, at the trail behind me, the snow fields, the circle of mountains, the creek and the meadows. And, if there is going to be a storm today, it won't be here. Far to the east, storm clouds are massing over Antonito, but here in the mountains, I am safe.

In the ten years I've been hiking in the Colorado mountains I've come to understand that the high country has something to teach us about inevitabilities. Life is short. In these last days of July, the snows of last winter are still melting while in a few weeks, temperatures will be dropping below



Beetle-killed spruce stretch across the land.

freezing again. Pikas will need to have cached a winter's worth of dried grass, marmots will need to have doubled their body weight and black bears stored enough fat to get them through the winter. The sound of water echoing off the peaks will still with freezing temperatures, temperatures that will soon silence the landscape. When I am back home my mind finally delivers an answer as to why I did this hike. A poem I haven't read since high school plays insistently through my mind and I can't stop crying. "Margaret are you grieving?" Gerard Manley Hopkins asks in his poem, "Spring and Fall", a poem about the inherent sadness of life, about the inevitability of our mortality. I suppose I could say I am crying about the stressed earth, the millions of acres of beetle-killed trees that I witnessed, the wounded landscape, the extinction of the

grizzly bears in the South San Juans. But I know that isn't all. I am crying for myself, for my ageing, for the inevitable changes that are coming. A friend I see at the grocery store says she can't decide if I'm really brave or really stupid to have done this hike. "Maybe a little of both," I reply. But what I really want to say is that I am neither. I did the hike because I am in love. Despite the fact I will be moving to Chicago in a few months, I am still in love with these mountains. I just needed to say good-bye.

My thanks and appreciation for their advice and support go to Phil Madonna, Peter Anderson, Katey Buster, Connie de Bordenave, the staff and owners of Kristi Mountain Sports, Father Eric Haarer, Shanna Lax, Ron Garcia, John Rawinski and random strangers I met on the trail.

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The Hello Girls

Women, war & the right to vote

by M. Diane Bairstow

In September 1919, three more states, Minnesota, New Hampshire and Utah, approved the 19th Amendment. The suffragettes now had 17 of the 36 states needed for ratification.

America's involvement in World War 1 lasted a little more than a year, from April 6, 1917 to Nov. 11, 1919, but the impact on women would resonate for decades to come. The number of women working outside the home doubled as they replaced men in factories, on railways, in banks, on police forces and fire departments. They were nurses, relief workers and ambulance drivers, serving as civilians and in the military. More than 400 were killed in action. Lena Sutcliffe Higbee became the first woman to receive the Navy Cross for her achievement in leading the fledgling U.S. Navy Nurse Corps through WW1.

The Hello Girls

A group of women essential to the war effort were the "Hello Girls," formally known as the Signal Corps Female Telephone Operators Unit. In 1917, American telephone technology was far superior to that of the Allies and was indispensable in winning the war. The army discovered that female switchboard operators could connect 5 calls in the time it took a man to connect one, and so they enlisted 450 female bi-lingual switchboard operators and sent them to the front, often only a few miles away from the bloodiest battles of the war.

They connected 150,000 calls per day. They often had to translate between American and French officers and were frequently called by artillery units asking for the time. Several Hello Girls were at the switchboard in an Army bar-

racks in Souilly France during a shell attack in the Meuse-Argonne Offensive when their building caught on fire. Refusing to leave their post, they kept critical lines of communication open as soldiers worked to put out the flames. For their bravery, they received special citations from the army.

These American heroes were sworn in, wore uniforms and were subject to all Army regulations. However, when they came home, they were denied an honorable discharge and veteran status, because they were not men. Veteran status included benefits, medical care, commendations, military funerals and the right to wear their uniforms. Finally, in 1970 Jimmy Carter signed a bill retroactively giving them an honorable discharge. Only 70 of the women were alive to receive it.

WW1 & the right to vote.

Women's active participation in supporting the war effort convinced many Americans that the country's female citizens should have the right to vote. Woodrow Wilson spoke for the suffragettes on the Senate floor, saying "Shall we admit them only to a partnership of suffering and sacrifice and toil and not to a partnership of privilege and right?"

Two-thirds of the females in the military report sexual harassment and discrimination.

Today, women are almost fully integrated into the military but are still in the minority. They comprise between 18-20% of the Army, Navy and Air Force, but only 8% of the Marines. Yet, integration isn't equality. A poll conducted by *Stars and Stripes* magazine reported the 68% of military women say they have experienced discrimination and sexual assault or harassment. Navy Captain Lory Manning, di-



The "Hello Girls" could connect five calls in the time it took a man to connect one. Although they were sworn in, wore uniforms and were subject to military regulations, when they came home they were denied an honorable discharge and veteran status because they were not men. photo courtesy of Library of Congress Archives

rector of government operations for the Service Women's Action Network, told the *Daily Beast* she was surprised the numbers were so low. "I was in the military for 25 years," she told the reporter, "and I don't know a woman from that entire time who didn't experience both discrimination and harassment."

The brass ceiling

There are a few success stories of military women who cracked the "the brass ceiling." In 2008, Ann Elizabeth Dunwoody received her fourth star, becoming the nation's first female four-star general. In 2016, Barack Obama named Air Force General Lori

Robinson to command the U.S. Northern Command (NORAD), making her the first woman to head a U.S. combatant command. On August 2 of this year, Rear Admiral Shoshana Chatfield became the first female leader of the U.S. Naval War College.

Glass ceilings and brass ceilings are cracked, and a few women squeeze through, but they are far from broken. Persistence is crucial.

For more information on the Hello Girls read *The Hello Girls: America's First Women Soldiers* (Harvard University Press) by Elizabeth Cobbs.

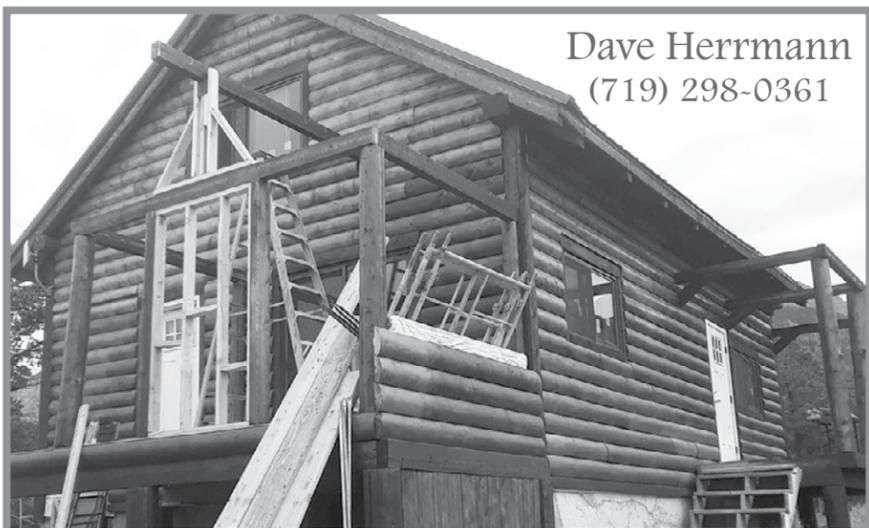
Colorado is 2019's 8th Best State for Women's Equality

With Women's Equality Day around the corner and the U.S. ranking No. 51 out of 149 countries on the Global Gender Gap Index—falling two spots since the previous year—the personal-finance website WalletHub today released its report on 2019's Best & Worst States for Women's Equality as well as accompanying videos.

In order to determine where women receive the most equal treatment in American society, WalletHub compared the 50 states across 17 key metrics. The data set ranges from the gap between female and male executives to the disparity in unemployment rates for women and men.

Women's Equality in Colorado (1=Best; 25=Avg.):

- 10th – Earnings Gap
 - 1st – Educational Attainment Gap (among Advanced Degree Holders)
 - 1st – Unemployment Rate Gap
 - 9th – Entrepreneurship Rate Gap
 - 15th – Political Representation Gap
- For the full report, please visit <https://wallethub.com/edu/best-and-worst-states-for-women-equality/5835>.



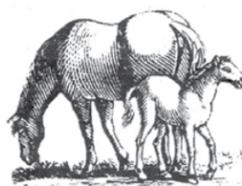
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Under Contract

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1679C Kings Hill OL - \$299,000
Spacious 2 story, 3bd/2bath with two living areas and a view deck on three sides. 2,088sf on 1 treed acre w/easy access to town. Flexible floor plan. In-floor heat, wood stove & passive solar.

1573 Kings Hill OL - \$249,000
Immaculate 1377sf 3BD/2BA 1.5-story stucco home on private wooded 0.84-acre lot. Large south-facing windows & wraparound deck offer gorgeous mtn/valley views. Bright Master Suite upstairs. Updated roof, new storage shed & fenced dog run.

2210 Lone Pine - \$229,000
Well built, cheery 4BD/1.5BA 2-story adj to Spanish Creek greenbelt. 2 living areas, lg storage rm & xtra bonus rm. 2 wdstoves w/ elec basebd bkup. Extra lot avail. @ 2208. Fresh paint & stain. Private setting at end of cul-de-sac. Deer fence, chicken coop.

816 & 815 Deep Creek Trail - \$205,000
Passive-solar 2BD/1.5BA 984sf hm on 6.31ac. w/bonus Flex room, & add'l detached & finished 200sf studio/shop. Passive solar design w/woodstove & Rinnai EX22CTP Direct Vent Wall Furnace. 2.4KW Solar PV system. Paloma/Wai/Wela hwh.

3959C Cheerful Court - \$424,000
Custom Cathedral Style Mt Home. Approx 2700 sq/ft, located on 2.16 acres by Cottonwood Creek. Many architectural features inclcs Brazilian cherry hrdwd flrs, maple cabinets, vaulted ceilings, master suite, walk-in closet and shower, and new appliances.

2063 Sandstone Way - \$233,000
3 bd/2 ba 1332 sq ft home in Chalet I to be completed Nov. 2019. Bright spacious 1-level floor plan, hardwood flooring, ETS, maple cabinets, vaulted ceilings, master suite, walk-in closet and shower, and new appliances.

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111 Skyview - \$189,000
Great potential in this spacious 2,616sf 5 bedrm/2ba two story home off paved road with easy access to town. Separate entrances and two staircases allows great separation of space. Has rental history.

1970 Rockyview Way - \$425,000
Custom 2BD/2BA with loft/office & attached heated garage/workshop on 2+ acres. Artistic Venetian plaster walls, high end cabinetry & woodwork, solar hw in-floor heat, passive cooling pantry. High-end kitchen. Wdstoves, decks, garden & patio.

55 & 56 Wagon Wheel - \$349,000
Beautiful 2BD/2BA 1800sf ranch on 8.73ac w/600sf detached 2-car garage & 300sf shop/studio. High ceilings, ovrd beams, lg windows & built-in fireplace w/lg mantle. Gorgeous kitchen w/island. Master Ste w/ tub & shower. Radiant in-floor heat.

2200 Spanish Creek Road - \$259,000
2BD/2BA modern home in Chalet I will have metal roof, shiplap siding, propane powered: hwh, in-floor radiant heat & cooktop. Open floor plan, vaulted ceilings, utility/laundry room, wood countertops, soft close kitchen cabinets, natural finishes.

746 Camino Del Rey - \$359,000
Custom contemporary off-grid 2BR/1.75BA 1961sf hm w/550sf cottage/studio on 7.5ac near SW edge of Baca. Open & spacious w/exquisite views. Custom features including curved quartzite counters, wood dining ceiling, a work of art!

535 Thornwood Trail - \$269,000
Lovely 2.72ac compound in Grants w/ Cottonwood Creek running through it. 3BD/2BA 1668sf SW style stucco home w/ spacious living/dining. Expansive views of Sand Dunes & Mt. Blanca. French doors throughout. Detached, large studio.

Chalets

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1974CR Highland OL - \$648,000
Beautifully designed by Bodhgaia Architecture and built by Teahen Construction, this one of kind 2005sf 2bd/2ba w/study maximizes the 2.651 acre site w/exquisite views and contemporary architecture. Priced under cost to build.

437C N. Chaparral Way - \$459,000
Built by Paul Koppapa 2020sf 4 bd/2 ba strawbale home + detached oversized 2-car garage w/potential apt is designed w/ non toxic materials and energy efficiency. On 2.09 Acres bordering greenbelt of Crestone Creek w/ Sauna & outdoor oven.

633C Panorama Way - \$359,000
Exquisite 3BD/2BA 1,982sf custom home w/fenced & landscaped lot. 2 car garage, workshop shed w/electric. Remodeled kitchen, large living, lovely dining w/patio doors. Wall beds in bedrooms. Upstairs large master suite w/ Jacuzzi tub & deck.

4201 Caprice Way - \$344,000
2640sf 2-level contemporary 3BD/4BA on 1.5 creek acres. 382sf upper deck w/ fabulous Mtn/Valley/Creek views. Huge Great Rm w/high ceilings can be used as studio or workplace. 3 Beds with Ensuite Baths upstairs. 425sf garage.

246C Baca Grant Way - \$308,000
Lg. 3168sf 4BD/3BA/Study on 1.534ac. Recent kitchen updates incl cabinets, granite countertops & flooring. Remodeled mstr bath. Enclosed porch w/hot tub. Downstairs incl living space and a kitchenette. Very flexible floor plan for in-home business, rentals, large family.

2846 N. Carefree Way - \$295,000
3BD/2BA/carpport. 1392sf on 1ac.+2.03ac adjacent lot. Backs to greenbelt w/view deck. ETS, hw baseboard heat & bit-in wood fireplace. Wood/cork & carpet floors. Steam shower. Well insulated, honeycomb. New laminate wood flooring throughout.

Chalets

Bonus Apartment!

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Outside the POA!

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Large Garage!

REDUCED From \$259,000

Reduced! - Was \$209,000

Charming with great views!

Reduced! - Was \$193,000

Great Location!

224 Rainbow - \$289,000
This 3BD/2BA w/2 living areas in Chalet I has it all! Bonus apartment w/private entrance. Fabulous mtn & valley views. Remodeled luxurious master bath, hardwood floors, new cabinets and more! Renai heaters, woodstove & passive solar.

2282 Happy Day OL - \$273,000
Unique opportunity to own this 3bd/2ba home with 1 car garage on .86 acre private location outside of POA. Very beautiful finishes & colors. Pine floors, sandstone tiles, woodstove & ETS. Garden & fence. Deck and views.

565 Panorama Way - \$269,000
Charming 2BD/2BA w/loft 1415sf home in high Chalet I w/amazing views. Wraparound balconies, custom built ins, natural rock & flagstone landscaping, shed, grow dome. ETS, wood & baseboard heat. Wood stove w/ custom stone hearth & wall.

107 Pinewood OL - \$249,000
Spacious 3BD/2BA, lg 2 car garage, built in 2006. Private cul-de-sac. Lg covered front porch, fenced back yard w/deck & awning, bit-in storage in garage & home, & professionally landscaped garden. Energy efficient w/ETS, propane, wood & electric.

1221 Chaparral Way - \$199,000
Charming 2BD/1BA 1008sf ranch-style home on private lot in Chalet I. Recently added private back deck w/2-room office/studio, fenced backyard. Hot water baseboard heat w/efficient wood stove. Metal roof, stucco exterior, large kitchen.

183 Bellevue Overlook - \$189,000
Classic 2BD/2BA 1192sf home w/lots of extras for the price. 2-car attached garage w/add'l storage, lg fully fenced yard w/ raised garden & great back deck. Home heated w/elec baseboard & 2 wood stoves. New laminate wood flooring throughout.

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1535C Spanish Creek	\$369,000	SOLD*	751 Rendezvous Way	\$225,000	SOLD*
2145 Indian Well Way	\$359,000	SOLD*	145 Granite Ave.	\$219,000	SOLD
1474 Badger Rd	\$349,000	SOLD	816 & 815 Deep Creek Trail	\$205,000	SOLD
1401 Badger Road	\$330,000	SOLD	2819 Big Piney OL	\$199,000	SOLD
1679C Kings Hill OL	\$299,000	SOLD*	1880C Sentinel Point	\$198,000	SOLD*
1255 Eagle OL	\$289,000	SOLD*	11 N Baca Grant Way	\$179,000	SOLD*
186C Moonlight Way	\$289,000	SOLD*	3733 Cordial Way	\$175,000	SOLD*
4376 E Twin View OL	\$264,900	SOLD	3520 Forest Trail OL	\$165,000	SOLD
2104 & 2105 Lone Pine Way	\$260,000	SOLD*	4485 Ridgecrest	\$85,000	SOLD
3461 Splendid Way	\$259,000	SOLD*	351 Huerta Ct.	\$66,500	SOLD
263 Moonlight Way	\$259,000	SOLD*	464 Camino Real	\$49,000	SOLD*
1315 Moonlight Way	\$255,000	SOLD	Nada Hermitage	\$1,650,000	UNDER CONTRACT*
1573 Kings Hill OL	\$249,000	SOLD	3959C Cheerful Ct.	\$424,000	UNDER CONTRACT
537 Thornwood Trail	\$245,000	SOLD	2063 Sandstone Way	\$233,000	UNDER CONTRACT*
2210 Lone Pine OL	\$229,000	SOLD	111 Skyview Way	\$189,000	UNDER CONTRACT*

Call me Harry

by Tom Preble

Dad had overheard me calling our next door neighbor, Mr. Wright “Harry,” because, as friends, Mr. Wright asked me to use his first name.

“Never call an adult by their first name!” Dad had told me in front of Mr. Wright, “It’s disrespectful.” I was 6 or 7 years old and agreed with Dad. Mr. Wright had insisted that I, his little gardening buddy, should call him “Harry,” like a friend. After my dad had left Mr. Wright asked that I call him Harry just when my dad wasn’t around. “It’ll be our secret, Tawm,” he said in his warm down-east New England accent. More often than not, his name came out of my mouth as “Mr. Harry.”

Dad was a white collar man, well versed in propriety. A Yale educated architect, Dad rode the train into the city and worked in a corner office of a tall skyscraper, which had a great view. On weekends, Dad did mostly the same sort of things that Mr. Wright did next door. He’d clean gutters, rake leaves, fix things around the house and fiddle with our ‘59 Rambler station wagon, which he’d bought simply because it had the smallest tail fins of any car available that year. Dad didn’t care for tail fins. For fun, Dad would listen to classical music on his Hi Fi tube receiver, play chess or draw dream houses in his study.

Both he and Mr. Wright were members of the “Greatest Generation”—World War II veterans—but they didn’t think of themselves that way at all. Now family men in their mid-30s, Dad had fought Hitler and National Socialism in Europe in his early twenties and he’d been in the Battle of the Bulge. Mr. Wright, a blue collar machinist when I knew him, had been a machinist in the Navy and fought Imperial Japan in the Pacific. From there the differences between the two men, both good fathers, became more pronounced. Mr. Wright drank beer. Dad never did. Mr. Wright had mysterious tattoos that were earned, he said, in battles during the Pacific war. Dad eschewed tattoos and rarely swore. Mr. Wright sometimes swore, well,

like a sailor.

But the gruff, flinty New England machinist did something more. Something Dad had no interest in. Mr. Wright grew gardens. He husbanded bursting green vegetable gardens and riotous flower gardens all around his home. In this he took a young lad under his wing and introduced me to the wonder and positivity of growing things.

He taught me how to weed.

“Pull from the base, Tawm, and only when the soil is wet, so you’ll get it all.” And then in his dry, down east accent: “No, not that! That’s a daisy!” He also built his own greenhouse. Watching him work with the concrete and then the framing and glass, I was captivated by the thought of one man building a real structure by himself.

Mr. Wright had three daughters. Carol, the youngest, was a young teen and all grown up to me. I was waist high to her and she enjoyed my gullibility with some regularity. At Halloween, Carol made a dummy out of old clothes and soaked it with the hose. As I walked in deep darkness down the perfect ambush of Mr. Wright’s narrow garden path, barely able to see out of the eye slits of my Halloween mask, the sodden dummy swung out, wrapping flaccid clammy arms around my face and shoulders, nearly knocking me down! Before I could gather my wits to run, I’d done a little croaking dance to the god of adrenaline, then I took off like a shot!—followed by the mocking laughter of hidden teens.

Gail, the middle girl, I never really knew. She always seemed to be out on some activity. But Pam, the Wright’s eldest I just loved. Pam favored corduroy jumpers and turtlenecks and played the folk guitar. Pam would reach down and hug me whenever we met. Mrs. Wright, being a school teacher, once had Pam come and play guitar for our third grade class. She sat in front of the classroom in her jumper and bobbed hair and sang ballads in a clear, sweet voice.

Pam had something wrong with her heart, I was told, a pro-



A moth visits a blooming purple echinacea blossom.

photo by Treat Suomi

lapsed or a deviated something. Fixable today, in those days it could not be helped and so one day Pam died. I was bewildered, deeply sad and quite rattled by this. I hadn’t realized that people sometimes died, as in I’d never see them again—ever. How Mr. Wright felt, I never saw. He kept it to himself. Turning inward, he seemed overly quiet and far away at times, but still almost always happy to see the little neighbor boy who took an interest in him and his otherwise solitary garden work.

Mr. Wright gave me a larger view of the world of men. Real men cared for their families and were dependable workers, sure. But sometimes real men would have a beer. Not all wore a coat and tie. Some men wore dungarees—just like I did! Real men, I noticed sometimes, would not shave on the weekends. They could be gruff and testy and slow to smile. Some such

men had strange tattoos—and they weren’t circus people! These were tattoos that they’d earned and I learned not to ask “too many questions, by gaw!” Real men, I saw, were tight lipped and stoical at the death of their beloved child. And I learned that real men grow gardens. Vegetables, to be sure. Victory Garden holdovers maybe, but also flowers. Real men grow marigolds, tulips, crocuses and a rose bush or two so that now and again, for no particular reason they can bring Mrs. Wright a subtle sweet scented bouquet of beauty from the side yard.

Some real men, never very good at talking, let their garden do their talking for them. And this Mr. Wright’s garden did through the years with more depth, affection and sincerity than any words could muster.

Tom Preble, longviewranch@gmail.com

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Writer's Forum:

Are you living in the 5th dimension yet? The philosopher's stone

by Ruth E. Pulver

Who by now, has not heard of the fifth dimension, and has not asked her/himself, what exactly is this state? Is it real, do I feel it, should I feel it, and so on. Or even, does it have anything to do with 5G?

Myself being one of them, I decided to do some research and have come to some more understanding of this "mystery-dimension", insights which I would love to share here with you.

I remember, that now more than 20 years ago, when we owned a 3D camera, how amazed we were that on a 2-dimensional piece of paper one definitely could see the third one, perceive the depth in it, the pictures were spacial, much more real in depicting the scenes, the people, a tree, a dog.

Of course it was still a two-dimensional picture, but one could see the third in it. Now imagine someone had taken the same picture with some laser camera, and now you would even see auras around the people, the trees and the animals.

Then you would have perceived something from the fifth dimension!

So, it has to do with time, space, energy and our perception.

Alone with the technology of

the telephone and later the internet, we have conquered space and time to a large degree, as it would take hours or days to meet with the person face to face. We can make that audio-connection (their real voice at the same time!) within seconds. Will we also learn how to touch that person long-distance? Not yet, but possibly their smell could be transferred and their aura, and patients get already diagnosed long distance in many places. Landing out of space somewhere, light years away, yes we know how to do this too.

So what about time? In the 5th dimension, they who claim to know, say that there is only one time, including the past and the future. All is happening in the now. Only in the now. There certainly is a truth to this one, when we think about our dreams, visions, longings, recallings of the past, traumas, imaginations, they too are alive.

Now to the energy in the 5th dimension; it is said to be much less dense, vibrating at a far higher frequency, thus exposing much more details in colors and textures of whatever you are looking at, it will show radiation around it.

Question is whether we can perceive it also with our human eyes or possibly feel it in our bodies, our hearts? Yes, they say. The main ob-

stacle to easily tapping successfully into the energy of the 5th dimension is in our mind, our per-conceptions, ideas, beliefs, addictions, and most of all, our fears, in short, more or less our ego.

That a stubborn mind acts as an obstacle in seeing clearly is already known to us, so this one is rather easy to comprehend.

Outside in nature, relaxed and with our hearts open, we should easily feel this all-bonding, all-unifying energy, and yes, we may even hear the sound of the universal OM or some other music of the spheres. It is—supposedly—an energy responding to the heart, influencing even the heartbeat.

The 5th dimension's energy presence is accelerating at an ever-faster speed, accessing more receivers all the time. One could compare it to a virtual radio station one listens to by tuning in.

The fact that the Universe itself is expanding fast and faster all the time could be a sign that we asked to stay in step.

Possibly, we are also asked to fine tune our instruments of perception, clean out the chunk in the attics of our mind, let go of grievances and negative emotions, and spend more time in nature with our hearts open.

Let's not forget that "letting go" of old pain requires going through a process of healing; often we need to grieve first, before we can release the pain which has blocked the free flow of energy for decades!

There is science behind behind this "discovery" and proofs can be retracted from quantum phys-

ics and string theory; don't ask me more on that subject.

But is it really new or is it a new language for something that existed all along?

Looking at language in poetry and teachings that mystics and wise men have used for many centuries, we find many analogies to the ways the New Age describes the experience in the 5th, in spiritual concepts, whether called awakenings, communion, union, ecstasy—or as in descriptions of the opposite state, like being in the "dark night of the soul," feeling removed from God.

That the perceived presence of this vibrational-spiritual-electric energy is accelerating and becoming more accessible to those open to experience it, I totally dig, after tuning in just a little, and I also find the new attention it gets very encouraging! Let's accelerate!

We are finally getting our third eye or something like that.

Embrace and use it. It's free, gratis, and not boring. Free of charge and free of impact.

Now is 5G, the wide band ultra internet, Verizon already signed up for, related to 5D? Please someone else explain 5G to me, but it seems that its "ultra" implications are not well known yet, we never had it before.

The only thing I could guess on this technology's behalf: 5G will most likely not be gratis, nor demand nothing from us. We might pay a good price for that one. Let's find out more. Getting ourselves more into 5D may help us get more answers about 5G.

Good luck everyone!



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ONE HAND CLAPPING

The Tao of enjoyment

by Tom deMers

Anti-immigrant ranting has cracked the great American melting pot, but it's flourishing at the Sand Dunes Swimming Pool. The water is mineral, the aroma deep fried, the racial and cultural mix is everyone from everywhere. This is America stripped to its skivvies, every body type God invented and a few She overlooked. It's the Times Square of the SLV, and I'm sitting at a table near the therapy pool waiting for a pair of tacos to buzz the remote on my table. Near me a woman is using an air hose to inflate a blue dragon for a skinny little boy who jumps up and down with excitement. My mind is scrambling, trying to tie this living vortex into some orderly significance. It can't.

"Beyond the words, isn't there just mystery? Isn't there still wonder and not knowing?" Jeff Foster

My mind is soundly defeated. If I resist or withdraw, I can see it's a self-protective move, a defense against the here and now to what I think should be. In my case it's a judgement made to protect my self-image as a thoughtful and mindful person. But what am I protecting? A concept, a self-created

identity my thinking mind is committed to uphold; some grip on reason that opposes the chaos around me, chaos itself a judgment, a put down of what simply is. As I am aware of this, the membrane of separation dissolves. Some part of me that has always known it's okay comes forward.

"Words seem to fix things, but reality is never fixed. It's always a new wave and then another new wave." JF

The mind craves meaning, but there are no words for this hive of sound and movement. Flesh feeding itself, going back to the warm water womb on a 90-degree afternoon, protons and neutrons in a quark-like frenzy and me at my table seeing a bather leave a metal chair with waffle marks printed on her bottom. The remote flashes, jumps up and down to tell me it's taco time. Okay. I'll join the feast and let Mr. Foster have the last word.

"Can you recognize that your experience of life is always simply a present-moment dance of waves, all happening in the vast ocean that you are?"

Find more of Jeff Foster at: lifewithoutacentre.com.

DISPATCH

from the edge 

by Peter Anderson

Dear Red:

Our high lonesome roads ain't what they used to be. They say it's worse over the pass. Much worse. I don't go up there like I used to, 'specially in the summer months. Remember that sign headin' north on Poncha . . . the one that says, "Now this is Colorado"? Ever pondered on that? If what they're sayin' is true, then where have I been livin' all this time? I had a mind to change that sign myself when I come back from all the summer traffic up there the other day. "Well this was Colorado" is more like it.

Where are all these people comin' from anyhow? As you know, Red, this ain't a new question. The Utes were sayin' the same thing when the Spaniards showed up. It ain't easy gettin' new neighbors. Kind of like bein' a cattleman when the sheepmen move in. Or wadin' real quiet out into your favorite fishin' stream and here come some knucklehead bustin' through the willows on his ATV. Course some new neighbors are better than others. I've always thought a fella should lay low for a while and take care of his own dirt, before he gets to tellin' someone else how to tend to theirs.

Anyhow, Red, there's some say the frontier came and went a long time ago, but I've been thinkin' that maybe somethin' like those old days are comin' back. Seems like there's a new wave of homesteaders lookin' for a place to dig in hereabouts. They find themselves an acre or two, hunker down in their campers, put up one of them hoopouses, and before ya know it, they're growin' some of that skunkweed that seems to be takin' over the country. I ain't tried it myself, but there's people sayin' I should rub some on that bum knee of mine. Well, I did give it some thought, but then I wondered if I could get me a partner smellin' like that, even it were to heal me up and get me waltzin' again.

I don't know, Red. Sometimes I think maybe you're better off up there in Wamsutter, even with all them mechanical peckerheads pumpin' the innards out of your territory. But if I read my map right, you're a few thousand feet lower up yonder. And goddammit, Red, it's getting hotter all the time, which leads me to thinkin' I'll take every foot a elevation I can get and then some. And I'm here to tell you, Red, when your neighbors across the line in Weld County talk about secedin' from us and becomin' part of your Cowboy State, I say let 'em go frack themselves silly up there and roast in their own oil.

Well, that's all the news from the valley of last chances. God willin' and the heifers stay strong, I'll send you a dispatch the old fashioned way from time to time,

Yours neath the ol' Dipper,
Nun 2 Slim

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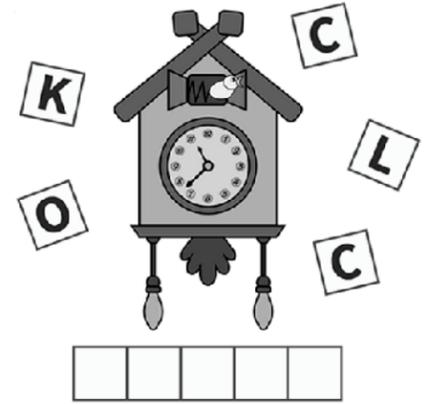
KIDZ KORNER

by M. Diane Bairstow



WORD GAME

Put the letters in the correct order to name this object



Clocks

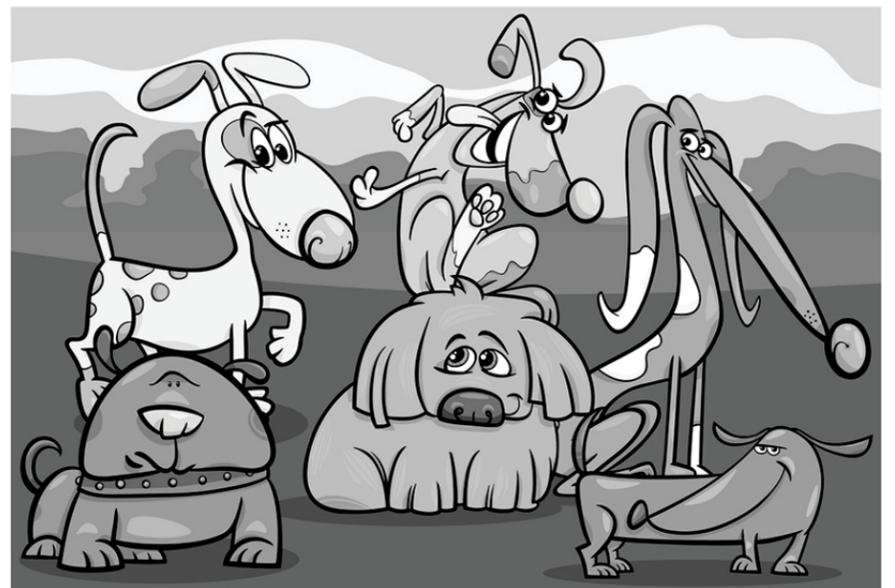
The clock is one of the oldest human inventions, meeting the need to consistently measure intervals of time shorter than the natural units: the day, the lunar month, and the year. A sundial shows the time by displaying the position of a shadow on a flat surface. There is a range of duration timers, a well-known example being the hourglass. Water clocks, along with the sundials, are possibly the oldest time-measuring instruments.

<https://kids.kiddle.co/Clock>

Maze. Help the bear find the honey.



FIND 10 DIFFERENCES



The Jokester

Why was school easier for cave people?
Because there was no history to study!
 Why did the broom get a poor grade in school?
Because it was always sweeping during class!
 Why do magicians do so well in school?
They're good at trick questions.
 What's the king of all school supplies?
The ruler.

Why was the cyclops a good teacher?



He only had one pupil.

Why did the students only have half a day of class in the morning?
Because they had the other half in the afternoon.
 Why were Joe's parents upset when he got a 100 in school?
Because he got 40 in Reading and 60 in Spelling.
 Why are bubbles afraid to go to school?
Because of the Pop quizzes!
 What kind of school do you go to if

you're an ice cream man?
Sundae school.
 What kind of school do giants go to?
High school.
 What school did the surfer want to go to?
Boarding school.
 What kind of school did King Arthur attend?
Knight school.
 Where are the Great Plains located?
At the great airports!
 If one man drove from Los Angeles toward New York at 250 miles per hour, and another man drove from New York toward Los Angeles at 150 m.p.h. Where did they meet?
Answer: In jail!
 What's the difference between a teacher and a train?
A teacher says, "Spit out that gum!" and a train says, "Chew! Chew!"
 Why did Johnny eat his homework?
Because he doesn't have a dog.
 What's the worst thing you're likely to find in the school cafeteria?
The Food!
 When do astronauts eat?
At launch time!
 What did the pencil sharpener say to the pencil?
Stop going in circles and get to the point!
 What did the girl say to her mathbook?
Someday you're going to have to solve your own problems.
 On the first day of school, what did the teacher say her three favorite words were?
June, July & August.
 Why did the boy go to school with his pants tucked into his socks?
To protect himself from mathema-ticks.
 What room can a student never enter?
A Mushroom.
 Why were the teacher's eyes crossed on the first day of school?
She couldn't control her pupils.

How many of the summer bugs can you find?

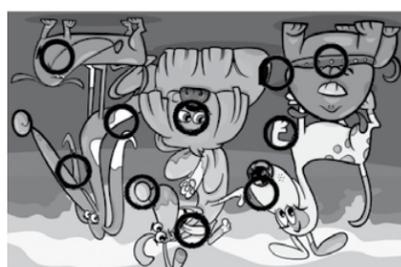
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IMAGINATION

Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world."
 Albert Einstein - Scientist

What is now proved, was once only imagined."
 William Blake, Poet



THE GOOD, THE BAD & THE UGLY

—MOVIE RECOMMENDATIONS



by Ish

1/ Case: (Series, 1 season, 10 episodes) 2015/ Crime, Drama, Mystery.

A smart lawyer battling with drinking and recklessness leading to a path of self-destruction finds new purpose while investigating a teenager's seeming suicide. Icelandic with subtitles. (3.75 stars)

2/ Paranoid: (Mini series, 8 episodes) 2016.

The story is well developed with complex characters building on the psychology of paranoia, done in a refreshing modern way. Funny, strange and compelling. The murder of a young mother on a playground with numerous witnesses propels the detectives down a path of discovery that tests their personal lives and safety. As the investigation goes deeper, the scope of involvement widens to a conspiracy that takes them across Europe. UK (3.75 stars).

3/ The Invisible Woman: 2013/Biography, Drama, History.

Ralph Fiennes directs this film about the life of Charles Dickens, who at the height of his career, while bored with his intellectually challenged wife, takes the educated Ellen as his mistress, with the cooperation of her mother. Theirs is a stormy relationship. While he provides her with a life few women of her time can enjoy, she is revolted by the emotional cruelty of his determination to keep her a secret. Ralph Fiennes, Felicity Jones, Kristin Scott Thomas. UK (3.75 stars)

4/ House: (Series, 8 seasons, 176 episodes) 2004-2012.

An anti-social maverick doctor specializes in diagnostic medicine while being addicted to pain killers. He does whatever it takes to solve the puzzling cases with his crack team of doctors, his vast experience and his wits. Hugh Laurie, Omar Epps. (5 stars)

5/ The OA: (Series, 2 seasons, 16 episodes) 2016-2019.

Prairie Johnson went missing seven years ago and was previously blind. She now returns in her twenties with her sight restored. While some believe she is a miracle others believe she could be dangerous. Brit Marling, Jason Isaacs, Scott Wilson. (5 stars)

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THEME: THE BEATLES

ACROSS

- Patsy, e.g.
- Olden-day aerosol can propellant, acr.
- Between generations
- Reduction/oxidation portman-teau
- ___ Tsu
- Page or Grable
- Out in the open
- Legal org.
- Often-missed humor
- *"Nowhere man, the world is at your ___"
- *"...love was such an easy game ___"
- *"...time at all, all you gotta do is call..."
- *One more than The Beatles
- 2019, Year of the ___
- Shell and its contents
- Showing on TV
- Mars, to the Greeks
- "On a ___" or carefree
- Rock bottom
- Asian weight unit
- Gladiator venue
- Site of Leaning Tower
- Zero calorie sweetener
- Arab ruler
- Zac Brown Band's 2008 hit
- Tight-___
- H or O in H2O, e.g.
- ___ the season!
- Word type
- Booking photograph
- *"...take a sad song and make it ___"
- *"...___, it's been a long cold lonely winter"
- 2 halves of a diameter
- Sis' sibling
- Sign of a saint, pl.
- Financial backer
- Summer mo.
- *"...___, but you can ___ how to play the game"
- Pressure inducer

DOWN

- Gator's cousin
- To the left, prefix
- Footnote word
- Norman Bates' Mother
- Opposite of extinct
- Decked out
- *Like The Four
- Raccoon's South American cousin
- *"...listen to my story all about the ___ who came to stay?"
- Dwarf buffalo
- Small and weak
- Stratego piece S
- Deliver via Keystone
- Spiral-horned African antelope
- Spermatozoa counterpart
- Supervisor
- *"Yesterday" star
- Baghdad resident
- "Faster!" to a horse
- *"...and if she's beside me I know I need never ___"
- Wholly engrossed
- "The ___," Dostoyevsky's novel
- One born to Japanese immigrants
- *"Jojo left his home in Tucson, Arizona for some California ___"
- Dueler's blow
- Opposite of purrl
- Something in the air
- Dal seed
- Anonymous John
- Street artist's masterpiece
- City-like
- Sticky
- Misery cause
- U2 guitarist
- Wedding cake part
- Venetian magistrate
- A Flock of Seagulls' 1982 hit
- Narcotics agent
- Singular of genges
- Drake's genre
- Parisian way

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1		8		6				2
	8		2					5
		9		4		2		
4					8		7	
	3			5		7		4
		4			1	6		
2						3		

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Find the solution to the crossword puzzle on page B-2.

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Public Notices

Veterans Assistance Grant

The Saguache County Veterans Service Office has limited grant funds to assist with rent, utilities, food and gas. Contact Jim Sheeran at 719-655-2680 or at jsheeran@saguachecounty-co.gov for more information.

Houses & Property for Sale

PREMIUM BUILDING SITE

#1848-9 LONE PINE WAY . Two gently sloping consolidated lots on the Southeast corner of Lone Pine Way and Raccoon cul de sac. Sits above the quiet road with great views, trees, and easy access to Crestone. \$18,000. 720-480-2066 Chuck.

Moon Howls Awaken Neighbors?

Get more space! 2 adjacent POWER lots 1.69 ac Lot 1521 \$6,665 & 2.23 ac Lot 1520 \$8,835 or both for \$15K, some trees, good views, financing. Contact Kevincoloradoland80301@gmail.com 719-379-3831 9 a.m. to 9 p.m. MST

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Creek Lots Reduced

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LOT FOR SALE

528 Panorama Way, trees, great views, utilities to lot, tap fee NOT paid, \$8000 OBO. 719-588-8727

Houses for Rent

Home for Rent or Sale

For rent to capable person or person's. Large 3+ bedroom with attached very large green house. Solar powered, Propane underfloor radiant heat and wood burner. This home is uniquely suited for the Crestone area, In the Baca Grande. Too many things to mention and cannot be described with words. Also willing to sell home with shop on 2 lots, over 7 acres, with 50k down payment and we will carry the note. If you're a creative individual, let's see if we can find a fit. Interested please call 720-788-6069

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2 BD 2 Bath Mobile Home

326 Palisade Ct. Newer, energy efficient Mobile Home for rent. 2 bedrooms, 2 baths. W&D. New tile floor [Kitchen], new butcher block counter top. Detached 6x8 storage shed. Very Quiet Cul-de-sac. \$700/mo + utilities. 1st , Last + security. Pets w/ references. email: curtismgoodnight@gmail.com 970-309-0710

Furnished 2 Bedroom 1 BA Adobe House

Available Oct. 1 Charming 1250 Sq ft. 2 story passive solar Adobe house in Chalet 1. On one acre, very quiet and private, backs to greenbelt, Southwest style courtyard, great views, wood stove, radiant floor heating, gas range, 2 miles

from town on paved road. First, last month + security deposit + utilities. Pets negotiable with pet fee.1400/year, 1600/6 month, 1800/3 month. Call Stan 303-349-6594

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View Views Views

*Wood burning stove, ETS & electric baseboards. *You will love the views, Valley and Mountain. *3 BD, 2 BA spacious loft and basement with utility room (washer & dryer). Located on 1.5 acres, backing up to greenbelt. \$1,350 a month + last and deposit + utilities 12-month lease. Call Seva Home & Property Management 719-937-4226.

Apartments/Rooms for Rent

Private room w/ mini-fridge & BA for rent in Baca near town. Sept-April. Shared living/dining. For quiet non-smoking professional. \$850 incl. utilities/wifi + \$425 security deposit. 719-937-7757.

Services

General Services

Trustworthy, Reliable, Reasonable Rates. Wood splitting, spring cleaning, indoor/

outdoor maintenance, house/pet sitting, painting, small/odd jobs. Many local work and personal references available! Call Phil at (424) 229-0341 or email phurrle1@gmail.com

Veterans' Benefits

County Veteran Service Officer does outreach in Crestone on the 3rd Friday at the Town Hall from 1pm to 3pm. Learn about your benefits.

Computer Service/Repairs

Computer Service/Repairs—PC consultant/technician since 1985 with a full shop in the Baca. VIRUS fixes and prevention, hard drive data recovery, networking. Call Dennis 256-4110

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Help Wanted

Assistant Road Supervisor

WANTED: Saguache County Road and Bridge is looking to hire an Assistant Road Supervisor. SPECIAL REQUIREMENTS: Applicants must possess a current Class-A CDL license with heavy semi-truck endorsement and a current medical certificate. Applicants should have a high school diploma or GED equivalent, along



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...Classifieds
continued from
Page B-18

with extensive knowledge of methods, operating rules and equipment of road construction and maintenance operations. Prospective employees applying with Saguache County will be required to submit and pass a pre-employment drug screening and criminal background check. Assistant Road Supervisor is a full time salaried position – qualified candidates will be responsible for assisting the Road Supervisor in the coordination and supervision of labor, maintenance crews and equipment while reconstruction, resurfacing and general highway maintenance work are performed. This position is expected to work during road emergencies so you should be available to work nights, weekends and holidays when needed. Applications and a complete job description are available at the Saguache County Road and Bridge Office 305 3rd Street, PO Box 476, Saguache, CO 81149

New Classifieds online daily. Check www.crestoneeagle.com!

– 719-655-2554 or on the Saguache County website www.saguachecounty.net under the Road and Bridge Department tab. Please fill out and submit both applications: The Saguache County Application and the Drivers-Application. Completed applications can be hand delivered or mailed to Saguache County Road and Bridge – at the address listed above, sent by email to mhashbarger@saguachecounty-co.gov or faxed to: 719-655-2543. APPLICATION DEADLINE: Open until a qualified candidate is hired. Saguache County is an Equal Opportunity Employer.

Saguache County Shop Foreman
WANTED: Saguache County Road and Bridge is looking to hire a Shop Foreman. SPECIAL REQUIREMENTS: Applicants must possess a current Class-A CDL license with heavy semi-truck endorsement and a current medical certificate. Applicants should have a high school diploma or GED equivalent, along with extensive knowledge of vehicles, equipment and mechanical maintenance procedures. Prospective

employees applying with Saguache County will be required to submit and pass a pre-employment drug screening and criminal background check. Shop Foreman is a full time salaried position – qualified candidates will be able to perform a variety of skilled and semi-skilled duties associated with the supervision of assigned road crew which include installing, repairing and maintaining Saguache County Road and Bridge's property within the Right-Of-Way. This position is expected to work during road emergencies so you should be available to work nights, weekends and holidays when needed.

Applications and a complete job description are available at the Saguache County Road and Bridge Office: 305 3rd Street, PO Box 476, Saguache, CO 81149. 719-655-2554 or on the Saguache County website www.saguachecounty.net under the Road and Bridge Department tab. Please fill out and submit both applications: The Saguache County Application and the Drivers-Application. Completed applications can be hand delivered or mailed to Saguache County Road and Bridge – at

the address listed above, sent by email to mhashbarger@saguachecounty-co.gov or faxed to: 719-655-2543. APPLICATION DEADLINE: Open until a qualified candidate is hired. Saguache County is an Equal Opportunity Employer.

Saguache County Administrator
Saguache County will be accepting applications for a county administrator until October 1, 2019. This position is responsible for the general administration of Saguache County's government day to day operation. This position is appointed and supervised by the three-member Board of County Commissioners. A copy of the job description and qualifications may be obtained from Human Resource Personnel Director, April Quintana or may be obtained from Administration office or www.saguachecounty.net. Mrs. Quintana can be reached at 719-655-2231. Administration office located at Saguache County Courthouse, 505, 3rd Street, Saguache Colorado.

Saguache County is an equal opportunity employer and applicants will require the passing of a pre-employment drug test and back ground check.

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Does your dog or cat have arthritis or have they just slowed down because of old age? I know of an innovative product that will have them feeling like new. Feel free to contact me if you are interested: lovelacesasha@gmail.com

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Furniture, building materials, appliances, lighting fixtures, tools, kitchen, and so much more! Sat & Sun September 28-29. 9am – 4pm. 1351 Brookview Way. 970-470-2600

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EARTH TALK

Questions & Answers
About Our Environment

Dear EarthTalk: If the world is running out of fresh water, why aren't we desalinating more ocean water?

—H. Smith, Providence, RI

The protagonist of Samuel Taylor Coleridge's 1798 lyrical ballad "The Rime of the Ancient Mariner" proclaims: "Water water everywhere/nor any drop to drink" as his ship drifts through Antarctic seas with no land or fresh water in sight and the crew slowly dying of thirst. A fitting allegory for our modern age.

Indeed, we're in that same boat today given that salty oceans cover 70% of the Earth's surface while freshwater becomes increasingly scarcer due to human overpopulation and climate change. Globally some 700 million people lack access to clean water while droughts are the norm in many regions.

Stepping up desalination—that is, filtering salt out of seawater to make it potable—seems like an obvious solution. But the two most common techniques, reverse osmosis, pushing seawater through membranes to separate the salt; and distillation, boiling seawater and collecting the resulting salt-free water vapor, both require costly amounts of energy and infrastructure. They also create a lot of potentially toxic "brine" as waste that can kill crops and other vegetation and render groundwater too saline to drink, not to mention negatively alter the chemistry of the ocean. Currently the world's 18,000+ desalination plants pump 140 billion liters of brine into terrestrial holding pits or back into the ocean every day.

Ngai Yin Yip and his team of environmental engineers at Columbia University think their alternative method—"temperature

swing solvent extraction" (TSSE)—can fix the problems of leftover brine, in turn making the desalination process cleaner and more efficient. TSSE uses a solvent that reacts to inexpensive low-grade heat to extract freshwater as efficiently as RO or distillation at a fraction of the cost.

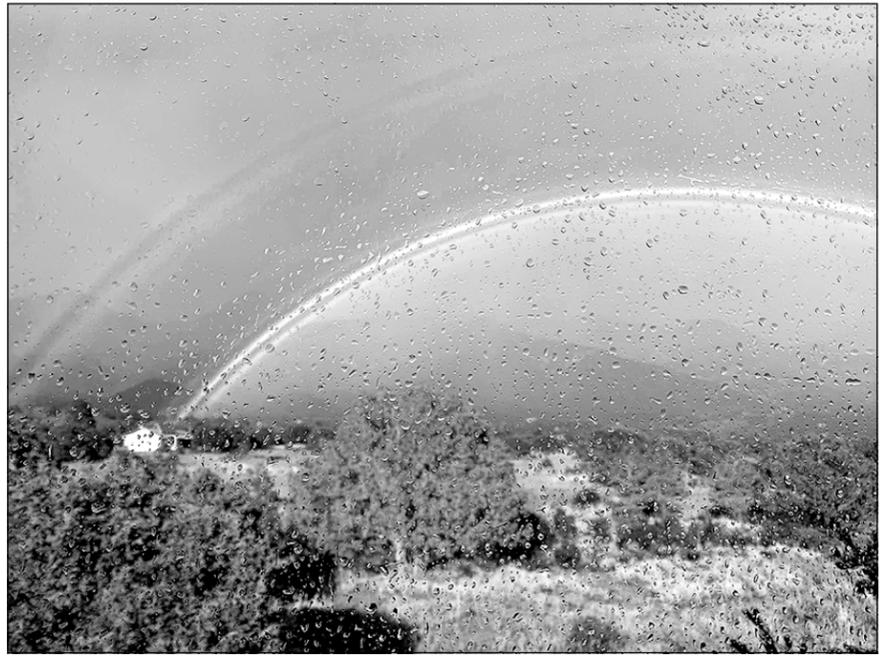
Another promising alternative as pioneered by Penn State engineer Bruce Logan and colleagues is called battery electrode deionization (BDI), in which salty water is routed into channels with electrodes designed to capture salt ions and divert freshwater and salt accordingly. BDI is still in the R&D phase, but researchers hope it can eventually become a useful alternative to reverse osmosis or distillation.

But even these alternatives may be less desirable than leaving ocean water alone and focusing instead on conservation and recycling of existing fresh water supplies. The non-profit Pacific Institute reports that stepping up conservation and efficiency measures already in place in water-wise regions like California could reduce annual water use in urban areas by as much as 57%. Meanwhile, recycling (and treating) freshwater and making a bigger effort to capture stormwater runoff could produce enough drinking water to quench Los Angeles' thirst two times over.

Given the magnitude of the problem, we need to embrace all forms of increasing our supplies of freshwater, whether they involve old-school methods like recycling or new-fangled approaches like technology-enabled desalination.

CONTACTS: Temperature Swing Solvent Extraction, engineering.columbia.edu/press-releases/ngai-yin-yip-radical-desalination; "New desalination method offers low energy alternative to purify salty water," www.sciencedaily.com/releases/2018/01/180102171113.htm; Pacific Institute, www.pacinst.org.

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The "pot of gold" at the end of this double rainbow was my neighbor's home on Antelope Road. Kate Steichen shot this through the picture glass window of her tower. Taken on August 8.

Crestone-Baca Weather Report

by Keno

July 21 to August 20

Total precipitation for period:

Liquid precip (includes melted snow): 2.79"

Snow: 0.0"

Measurable liquid precipitation fell on 14 days.

Measurable rain fell on 14 days.

A trace of rain fell on 6 days

4 thunderstorms occurred.

Hail fell on 1 day.

No snow or occurred.

Total precipitation year to date:

Since Jan 1: 9.60"

Total snow to date:

Since Jan 1: 50.0"

Snow Season*: 0.0"

*Snow season runs from July 1 to June 30

High temp: 88.9°F on July 21

Low temp: 43.9°F on Aug 17

Avg. high: 82.6°F

Avg. low: 50.0°F

Number of days with the high temperature at or above 90°: 0

Number of days with the high temperature at or above 80°: 27

Number of days with the low temperature below 50°: 14

Winds for the period:

Avg. speed: 2.2 mph

Highest gust: 36 mph on July 21.

Main direction: Out of the east at

night, out of the southwest during the day.

Weather summary:

Both temperatures and rainfall were both above normal. Record rain along with some hail fell on August 3 with 1.09" of precipitation recorded, breaking the old record of 0.41", set in 2014. 1.07" of the rain and hail fell between 2:45 and 3:50PM, causing flash flooding in the downpour, with several side roads badly damaged by the flooding in Baca 1, and with the main road in the Baca (across from the weather station, just south of Moonlight) being under water for a short time during the storm. Unofficially, the highest amount of rainfall was 1.50" of rain - reported by a local spotter at Upper Willow Creek Way (off of Two Trees).

Outlook for September:

As the summer comes to an end during this month, the temperatures start to cool off each day as the amount of daytime sunlight grows shorter. The average highs and lows in the first week of the month are 75 degrees and 44 degrees, and by the end of the month they drop down to highs and lows of 66 degrees and 35 degrees. The temperature records for the month are a high of 87 degrees, set on 3 different days in the first week of the month in the years of 1995 and 2013. The record low was 18 degrees, set on September 29, 1999.

Precipitation wise, September is our third wettest month of the year, averaging 1.43 inches. The record precipitation for the month is 3.38 inches, set in 2006. In the past, one in three Septembers would see some measurable snow, but thanks to climate change, that doesn't happen as often anymore. The last time we saw measurable snow in September was 2 years ago, but when that occurred, it was the first measurable snowfall in the month in 10 full years prior.

The 30 day outlook for September (as of August 15) from the NWS for the Crestone Baca area, is calling for both above average temperatures and precipitation.

Note: For current Crestone weather conditions visit Keno's web site: www.keno.org/vws.

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