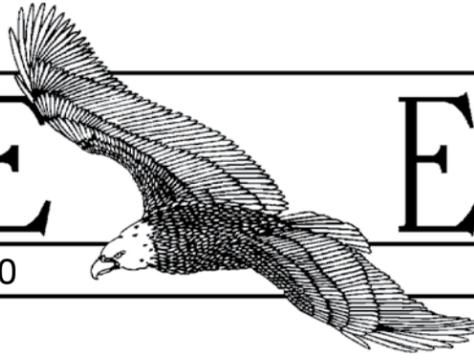


# The CRESTONE EAGLE

Crestone, Colorado Volume 26, Number 10  
26 years serving the Northern San Luis Valley

October, 2015 \$1

PRESORT STD  
US POSTAGE  
PAID  
CRESTONE, CO  
PERMIT #8  
81131  
Change Service  
Requested



Fall leaves light up the landscape at O'Haver Lake, off of Poncha Pass. photo by Lori Nagel.  
See feature story about the science behind Autumn colors on page B-1.

To see this photo and more in color, visit our website at [www.crestoneeagle.com](http://www.crestoneeagle.com)

## Water theft for growing marijuana a concern for Saguache County officials

*Pueblo County making lots of money by embracing pot growing*

by Lisa Cyriacks

Saguache County Commissioners reported several dubious marijuana cultivation operations in the county—more than half in the Baca Grande subdivision—to the Colorado Division of Water Resources. These operations are possibly in violation of water permitting requirements and have not been approved by Saguache County as legal operations. It is not clear if these operations might be for personal use, medical marijuana grown by caregivers for patients, or

commercial operations.

Caregivers don't have to register with the Marijuana Enforcement Division, but they must have proof that they are the designated provider for their patients, including a plant count for each patient. That information has to be provided to the Colorado Department of Public Health and Environment.

Saguache County is not alone in concern regarding water theft for marijuana cultivation operations. Costilla County, the only other coun-

ty in the San Luis Valley where grow operations are permitted, shares these concerns.

Craig Cotten, Division 3 Water Engineer, recently addressed state legislators with enforcement concerns. Cotten questioned how his water commissioners, who are not armed and are not law-enforcement officers, should handle potentially dangerous growers.

"Should we get law enforcement involved even if it's a water issue?"

*continued on page 28*



Telluride Mountainfilm on Tour returns to the Crestone Charter School October 3. Above the Alley, Beneath the Sky, a film about youth in a Rio de Janeiro favela learning to rock climb, is one of 28 films from the recent festival in Telluride that will be shown in Crestone. See schedule and details on page 10.

## Telluride Mountainfilm on Tour returns to Crestone Oct. 3

Neighbors Helping Neighbors is sponsoring the fourth annual Telluride Mountainfilm festival and we are excited about the 29 diverse, inspirational and memorable films from around the world. The afternoon program starts at 2pm and the evening is at 6:30. We ask for a \$10 donation at each session. You will want to attend both programs which are packed with excitement, adventure, exquisite scenery, as well as heartwarming

stories and films about conservation and environmental issues. Make it a fun day as there will be chili, baked goods, popcorn and drinks for purchase. Also you can do early holiday shopping at our fabulous silent auction of donated services and products.

*Rinpoche Speaks* is a film shown in the afternoon session. Ngawang Tenzin Norbu, who was born in Nepal in 1935, is believed to be the first reincarnation of Lama

Gulu, the Tengboche Rinpoche. Learn what he has to say about the destruction of sacred places high in the Himalayas caused by too many people. The film *Knee Deep* shows how a small community outside of Boulder pulled together during a devastating flood. Enter an impromptu brigade of volunteers, dubbed "Mudslingers" with shovels, buckets and a strong desire to help any way they could. Watch

*continued on page 10*

### Inside:

Man killed in climbing fall ....	5
Telluride Mountainfilm on Tour in Crestone.....	10
Artists Studio Tour .....	11
Halloween Ball.....	12
Calendar of local events.....	14
Who We Are: Marv Mattis, former bigshot / poet.....	18
The science behind Autumn colors.....	B-1
Classifieds .....	B-14, 15

## The Crestone Eagle

**Publisher & Editor:** Kizzen N. Laki  
**Copy Editor:** Janet G. Woodman  
**Display Advertising:** Alma Sever  
**Classified Advertising:** Dee Rudoff  
**Production:** Carrie Caverly  
**Photo Editor:** Diane Bairstow  
**Contributing Writers:**

David Nicholas	Matie Belle Lakish
Bea Ferrigno	Kim Malville
Larry Calloway	Gussie Faunteroy
Ed Lyell	Earl W. Sutherland
Keno Menechino	Sandia Belgrade
Lisa Cyriacks	Paul Shippee
Kelly Hart	William Howell
Lori Nagel	Dorje Root
Mary Lowers	Peter Anderson

**All photos by Kizzen Laki, Janet Woodman or Eagle staff unless otherwise noted.**

### Contributing Photographers:

Lori A. Nagel, Matthew Crowley, Kate Steichen  
 Bill Ellzey, Wendi Shattil/Bob Rozinski  
**Digital Subscription Rate:** 12 issues \$15 digital.pdf  
 Paper Subscription Rates: 12 issues \$20 Bulk mail.  
 For 1st class postage \$32. Foreign \$75.  
 Back issues \$3.50 each by mail.

The Crestone Eagle is an independent monthly publication. POB 101, Crestone, CO 81131.

Telephone (719) 256-4956

Email: info@crestoneeagle.com

www.crestoneeagle.com

No junk mail or solicitations please!

**Comments or opinions expressed in The Crestone Eagle are not necessarily those of the publisher,**

**but are solely those of the writer.**

Deadline for copy: 18th of the month.

Letters to the Editor must be 300 words or less.

We reserve the right to edit, or reject advertising, letters or articles. Letters may be sent to parties mentioned or referenced for response. All rights reserved.



## Thank you for the school

Dear Taxpayers,

Thank you for helping us get the new school. I am Andre Corleone Claudio, a freshman in the new school, and I've got to say it is very cool inside. There are several differences between the two schools. The new school is safer, nicer, taller, and has more windows. Thank you for upgrading our classrooms. They're much bigger than the old school's. Although I liked the old gym, the new one is better. Also, the library is bigger and nicer and has a lot more books.

Some of my favorite areas are the commons area, the cafeteria and stage. The commons area is my favorite because it is bigger and better. It is a lot more spacious for more activities. I also really like the gym and weight room. I like working out, and there's more room for the possibility of dual practices. Also, I like how the high school and middle school are both upstairs.

Even though it is still a work in progress, I can't wait for the building to be finished. We will have an outdoor basketball court, a track, and a football field. Thank you for the football field! I can't wait to use it for after-school programming. There will be televisions in the hallways that we will use for announcements.

It is great to have a new school. I appreciate our community for changing our futures. Thank you for believing in us.

Sincerely,

Andre Corleone

## Energy Fair thank you

Dear Editor,

A big thank you to Nick and Alycia Chambers, Nathan Goode, the Crestone Charter School, musicians in the park, home tour host, presenters, building demonstrators and finally the Collective Bio-Diesel Conference. You made this one of the best years yet for the Crestone Energy Fair. The event continues to grow and next year will be no exception. We have big plans for 2016 and we will need a bit more help to bring it to fruition. If you would like to be a part of the event, please contact Donovan at 303-868-6352 or join the Facebook group "Crestone Energy Fair". We start the planning process in January.

Donovan Spitzman

## Thanks for the solar workshop

Dear Editor,

I would like to thank the Saguache County Commissioners and Jason Anderson for funding with a grant the Crestone Solar School workshop for our local residents.

I came away with a wealth of knowledge of how solar applications can be applied.

Paul Shippee did an excellent

job in sharing his expertise in the solar field. He was able to meet various levels of learning with ease.

The hometours were very educational and it was generous of the homeowners to allow us to tour their homes and see a variety of solar applications.

I am hopeful that this workshop will be funded again, so that more local residents would be able to participate. I found the solar workshop to be very worthwhile and would highly recommend it.

Thank you again, County Commissioners and Jason Anderson for having the insight to offer this class to better our community in a productive manner. You are appreciated.

Sincerely,

Cathy Jo Winter Claudio

## Items taken from your library stops the sharing

Dear Editor,

Although a version of this letter was published nearly two years ago, we feel that it has become necessary to repeat it. Baca Grande Library has been a valuable asset in our community for forty years. The majority of community residents are library patrons and regularly come in to check out books, videos, magazines, use our computers and their laptops with free WiFi, or just sit in a comfortable chair and read. Since we became part of a union catalog three years ago, library members can easily access the holdings of over 100 other libraries across Colorado to find the items they want. The value of this system is that we are able to share resources, quite a great benefit in a small, isolated area such as ours.

Libraries are all about sharing items so that many people can take advantage of them—for free! We have recently discovered that a number of our popular Colorado resource books are missing, a number of them expensive and difficult/impossible to replace. They include Colorado plants (i.e. Weeds of the West) and high altitude gardening, Colorado birds and animals, minerals, and hiking trails and maps, among others. All library items are clearly marked with library barcodes, numbers, date due slips and stamps, so if you spot any of them, please bring them in. Just a note—we have a drop slot at the front door, and items can be returned after hours if you have a change of heart. Remember, our library is based on the honor system, and our lives should be as well.

Suzanne McGregor, Barry Monroe and Sandia Belgrade

## No Arctic oil

Dear President Obama,

I've worked in solar energy applications for 40 years, including teaching, educating, installing & designing solar homes, consulting, etc.—all the time hoping the governments would get behind solar and help make the transition to a fossil fuel-free world.

Why not join Pope Francis and the growing divestment movement to help the world become more conscious of the value of connecting

with the natural world and use today's sun today. We will all love you for "keeping it in the ground!"

I live in the southern Colorado Rocky Mountains and on September 11, 12 and 13 offered a free solar workshop to residents of Saguache County funded by a County Sales Tax Grant Award. This is local government helping spread the word about how to be kind to nature and planet Earth, our home. The Indians will tell you, "You can't eat money," so please do your part to shut down the Arctic exploration. We don't need the oil!

Paul Shippee

## 'Friends' welcome new board members

Dear Editor,

As Chairperson for the Friends of the Baca Grande Library, I wish to welcome, thank and congratulate the new board members of the FOL. Dr. David Lee, PhD, Professor of Botany, has graciously accepted the position of Secretary for the Friends. And, Carol Lee, David's lovely and talented wife, has also graciously accepted the position of Treasurer. The Friends wish to thank Carol & David for their genuine and honest interest in supporting the present library facility, while we work to create a new library facility in Crestone.

The new library will be located close to the Charter School and within easy walking distance for all in Crestone. The Friends also wish to thank all FOL members, visitors and everyone who have expressed interest in creating a viable and new Community Library in Crestone. We could not ask for more.

Thank you David and Carol, and our Community.

Thom Ontko, Chairperson, Friends of the Baca Grande Library



## Roxie

On Tuesday evening, Sept. 15, my beloved Roxie crossed into the light. Surrounded by the love of her long-time friends Toby, Barbara Maat, Warren Stephens and Desiree Houston, her passing was assisted by the loving and gentle Dr. Linda Behrns, DVM.

Roxie came into my life 13 years ago as one of my first rescues. In truth, however, she rescued me. Together, we rescued over a hundred dogs, some returned to their parents, others to new, forever homes.

Her nurturing spirit made all of us stronger and more loving beings. My constant companion, she guided me constantly and protected me always, placing her life in danger on a night I had my hand on a bear. The second I touched it

## Editor's Notes

### Women's health threat

This morning I read the news that the US Senate defeated Republican efforts to use a funding extension bill to cut off money to Planned Parenthood. For months there have been threats by Congress to actually shut down the government rather than fund women's health care.

This is only a temporary stop. For me, it shows just how far right-wingers will go in their campaign against women. Playing politics with women's health is unacceptable. As the protest sign said: "I can't believe we're still protesting this sh-t!"

Planned Parenthood is one of the few non-local non-profits I annually donate to. Why? Here are some facts from the National Organization for Women. "By one estimate, one in five women in the U.S. has used Planned Parenthood's services at some point during their lifetime. Attacks on Planned Parenthood attack the patients who depend on their care the most: low-income women and families, young women, and people of color. Family planning clinics (and mammograms for older women) save the lives and health of these women and men every day. Ninety-nine percent of sexually active women have used contraception. Reproductive health services are basic healthcare for women and must be safe, affordable and medically appropriate for every woman in the U.S."

Despite misleading information, taxpayer dollars for Planned Parenthood do NOT cover abortions. But, one of the best ways to prevent abortions is to provide contraceptives, education and services for families.

Of all the stupid things our government spends money on, which would be worthy of "shutting down the government", women's health care is not one of them.

—Kizzen

she flew into the air, knocking me away from the bear and chasing it into the night with Toby right behind her.

Her legacy lives on through the many lives she touched. Through the rescues and the humans she greeted with her soft nuzzles and unconditional love.

And *please* spay and neuter your pets!

My love forever,  
Rebecca Myron

## About Mary Coleman

Dearest Crestonians,

I know it was a shock to hear of Mary Colman's passing. Especially to those who knew her. And even if you didn't, you might have been curious about the person who roamed around town in her ceremonial Buddhist nun habits.

Always there with a smile, and a kind word, she was known by many names, Ani, Ani-la, Tenzin, Tenzin-Yeshei, Mary Coleman. She was known for being a dedicated Crestonian, community elder, Buddhist practitioner, film maker, counselor, and friend.

When I first meet this remarkable woman she had come over to introduce herself to the neighborhood. She sat in my house, and we pleasantly exchanged ideas and wishes we wanted to see happen to our community, homes, and the environment in general. She had a love for animals, a healthy respect for the environment, and a spiritual compass to guide her.

I watched over the next 7 years as she poured all of her beingness, into creating a spiritual center that would bring people together, no matter what tribe, sect or religious background you belonged to or came from. Her dedication and devotion to this non-profit center came from one simple truth . . . "That we all are born with basic goodness."

She sank every cent she had into creating this monastic open space. She carefully planned out every step. You can read all about it, in her own words, in the August 2015 article of *The Crestone Eagle*.

Over the years, I had the pleasure of getting to know her, as my neighbor and fellow Buddhist. She asked me to keep a promise, to respectfully take care of her animals, if anything would happen to her. That was six years ago. And I would never have imagined that anything would go wrong.

To me, she had a compassionate, loving heart, with a calm disposition, and a strong independent mind. A devout nun, dedicated to a vision that was greater than herself. So when I heard that this powerful woman had died, I was in shock, just like a lot of you, and I went to help . . . and to keep a promise.

I didn't really know just how big of a promise, that was going to turn out to be . . . One horse, eight goats, five sled dogs, about 25 chickens, and 2 cats, all needing to be fed and watered twice a day. Six years ago when I had made this promise, I was young and strong. Six years later it was taxing, and I was having some troubling knee pains. But everywhere I turned people were willing to help, willing to put their heart out there.



**Joseph "Jersey Joe" Peltzman**

1932-September 14, 2015

Joseph Peltzman, known to many as "Jersey Joe" and to his grandchildren, "Pappy Joe," passed away on Monday, September 14, at the age of 83. Joe was born at Paterson General Hospital in Paterson, NJ to Isaac and Fanny Peltzman. He received a Bachelor of Arts in English, Speech and Education from Upsala College in East Orange, NJ and a Master of Arts in Education in Speech Pathology and Audiology from Seton Hall University, South Orange, NJ.

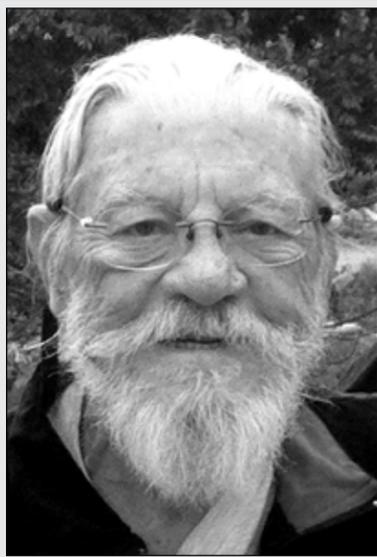
He began his career as a speech pathologist in the Union Beach, NJ school system. He later joined Hoxie Brothers Circus performing as clown, taught English in the north woods of Wisconsin, and finished his career as an alcohol and addiction counselor in the New Jersey State Prison System, retiring in 1996. Outside of his professional career, he was a published poet, radio station manager, sports writer, amateur actor, nude model, punster and curmudgeon. Prior to moving to South Carolina, he lived in the shadow of one of the tallest mountains in Colorado, Challenger Point. While he loved nature and a rural lifestyle, Disney World was his favorite place on Earth. He is survived by his son Allen Peltzman, his daughter-in-law Jill Peltzman, and his granddaughters Rebecca and Victoria Peltzman.

Donations can be made in his name to the Baca Grande Library, PO Box 36, Crestone, CO 81131.

I want to thank everyone in Crestone, for helping me to keep my promise to Mary Coleman, for without your individual help, your Compassion, Diligence, Adoption, and Loving Kindness towards animals; I would not have been able to keep my word.

A large part of my gratitude goes to Steve and Elaine Johnson, who orchestrated and planned her funeral. Perhaps you're unaware of the fact that Mary had only a few dollars to her name, when she passed. Yet, with all of the friends she had here in Crestone, hers was a very wealthy soul.

Laurie D. Jimenez-Lovelace  
Wert D. Fleming



**Jerry "Jahree" Burton**

Jahree Burton, age 77, a respected member of the Crestone community for over 15 years, left physical form on Saturday September 5 surrounded by loving family and friends. His cremation took place a week later with the Crestone End of Life Project where community members, friends and family celebrated his life in a ceremony as diverse as Jahree. He is survived by his loving daughter Catherine; grandson Max; brother Jim; and many other brothers in the Crestone community.

Jahree lived a full life as an authentic and passionate person. He prided himself on his intellect, holding degrees in engineering physics, applied mathematics, an MBA and also a U.S. patent for speech-assisted technology. He was an accomplished magician and hypnotist with a deep curiosity of the metaphysical world, studying many world traditions and integrating them into his personal belief system. He loved spending time in nature hiking with his dogs and his weekly poker with the boys.

A life-long Libertarian, Jahree cherished diversity and personal freedom, and was passionate about engaging in philosophical discussions with friends. Founding an organization called the Church of Co-Creation, he strove to help individuals find their own vision and through their will, create their own reality.

Jahree—pirate, provocateur, jester, inventor, elder, father, grandfather, brother, friend—was many things to many people. Free from his "biobot", he is now exploring the mysteries of the other side. He will be deeply missed.

## Get screened!

Dear Editor,

In spite of tremendous breakthroughs in diagnosis and treatment, breast cancer remains the most common cancer, and the second leading cause of cancer death, for women in the U.S.

With more than 230,000 new cases of invasive breast cancer and more than 40,000 deaths nationwide last year alone, it is imperative for every woman to know what

*continued on page 4*



**Venerable Bikshuni Tenzin Yeshe**

(Mary Teal Coleman)  
June 29, 1949-September 1, 2015

Venerable Bickshuni Tenzin Yeshe grew up outside of Philadelphia and after her schooling, which included an RN nursing degree from Cornell University, she lived many places and had several careers. She worked in California in the film industry, in LA as a nurse, and lived in Montana making films about indigenous people. She was deeply touched by the similarities between the latter groups and the Tibetans' profound wisdom teachings as well as their fates at the hands of aggressors. She tried to help both groups by supporting programs, making their situation known and fund raisers. In 1990 she was ordained in the Tibetan Buddhist tradition by the Dalai Lama and later received full ordination through one of the only avenues possible for women monastics in this tradition—through Thich Nath Hanh in France. She completed two traditional 3-year retreats.

She settled on her farm in Crestone in the mid-2000s. Throughout these years Tara Gumpa, as her farm/monastic retreat dream was called, housed many goats, chickens, dogs, horses and projects. On September 1 she died suddenly, and her death will be under investigation for several weeks. All of the creatures she housed have gone to excellent homes and are being taken care of superbly, fulfilling her last wish that the animals be cared for for the rest of their natural lives. Her wish for a green burial was fulfilled at the Crestone Cemetery on September 3.

Donations are still being accepted towards the steep funeral costs at the Crestone Mercantile (please see either Elaine Johnson, Steve McDowell at the Merc, or call Zoe de Bray at 360-370-7770.) The expenses surrounding her funeral were high because a funeral home was involved and she died without any money.

Her easy smile and gentle ways will be remembered by friends and family and the Crestone community.



## Search & Rescue active in Sept.

### Texas doctor killed in fall

by Mary Lowers

There were two major search and rescues in the past month. On Sept 11, according to the *Summit Post* website, well known and loved Texas doctor Matt Davis was killed while climbing Crestone Needle, considered by many to be one of the hardest of Colorado's 14ers. Davis was taken off the mountain on the

Custer County side. According to Custer County Sheriff's Department it took two days to retrieve Davis' body because of the steep rocky conditions where he fell.

A Flight for Life helicopter heading up the mountains on Sept 17 rescued a 23-year-old man and a 21-year-old woman from Illinois. The young woman had fallen and slid 200'-300' on ice down the Outward Bound Couloir on Kit Carson Peak. She suffered a concussion and two broken arms. The man had many cuts and bruises. Flight for life sent Jeff Wishmer in to stabilize the couple. The Baca ambulance transported the couple to Alamosa for medical care. Saguache Search and Rescue and the Western State Mountain Rescue Team out of Gunnison were called out for the incident. Western State came as far as Salida, when it was determined that they were no longer needed. Custer County Search and Rescue was on alert to assist if needed.

## Saguache County crime report

by Mary Lowers

Saguache County robbery suspect Mathew Myers, 20, was taken into custody in Salida and held at the Chaffee County Jail on \$20,000 bail. Myers faces charges including second degree burglary, theft, and criminal mischief for breaking into the Sargent Store.

Several late summer revelers went too far in August and wound up facing expensive charges. A Moffat man, 20, was arrested for Driving Under the Influence of Drugs and/or Alcohol (DUI) and Driving with Excessive Alcohol Content. His bail was set at \$500. A Baca man, 25, was held in jail with \$10,000 bail for DUI and other charges including: no evidence of insurance, expired plates, failure to notify police of an accident and having an open container in the vehicle. A Denver man, 23, was arrested in the Baca in the same incident for prohibited use of a weapon and possessing an automatic rifle while intoxicated. His bail was set at \$500. A Blanca man, 24, was arrested on DUI and other charges near the Crestone Baptist Church. He was also charged with failure to drive in a single lane, having an uninsured vehicle and failure to inform police of an accident. He was held in the Saguache County Jail on \$500 bail.

A Saguache woman, 53, was summoned to appear in court on charges of failing to notify police of an accident, backing unsafely into a parking area and interfering with traffic. A Boulder man, 31, was summoned to appear in court for charges of reckless endangerment stemming from an incident in Moffat in July. A Del Norte man, 53, is to appear in court on charges of harassment and striking victim. Charges of knowingly and recklessly causing injury and annoying and alarming victim in a public place will bring a Moffat man, 84, to court in Saguache. A Center man, 30, was jailed on charges of failure to appear in court. His bail was set at \$500. An Alamosa man, 34, was held on \$550 bail for being a fugitive from justice and failure to appear in court.

Lots of speeding violations and tickets were issued on County Road T last month. People were going faster when stopped, 10 to 20 miles per hour over the posted limit, as opposed to the usual 5 to 10. This increases the fine substantially and gets you there maybe five minutes sooner if you don't get stopped. Slow down Saguache County, it promises to be a beautiful fall.

## Teen burglary ring stopped

by Mary Lowers

According to Saguache County Sheriff's Information Officer Deputy Wayne Clarke and a report in the *Center Post Dispatch*, the Sheriff's Department arrested four young men on charges of burglary, theft, and criminal mischief. These crimes had been committed over a month's time.

Careful investigation headed by Undersheriff McCloskey revealed that these four busy burglars had broken into outbuildings, vehicles, and homes on the west side of the valley. A large amount of suspected stolen goods were confiscated at the time of the arrest.

According to Deputy Clark, some victims of these burglaries "May not know stuff's missing" because many of the items were things people would not notice missing, such as winter sports equipment. If you have something mysteriously missing, check with the Sheriff's office.

There were two young burglars from Saguache, one from Moffat, and one from Florida. The man from Florida was taken into custody immediately on charges out of his home state. The burglary suspects are all 16 years of age.

### Attn: Back country enthusiasts—Get your CORSAR card!

Purchase your Colorado Outdoor Recreation Search and Rescue "CORSAR" card to contribute to the Search & Rescue Fund, which will reimburse these teams for costs incurred in the event of a search and rescue for you.

Purchase yours today at [www.SaguacheSAR.org](http://www.SaguacheSAR.org). \$3 for one year; \$12 for five years.



Get rid of the pain in your body.  
Stand up straight and feel great again!

### Structural Integration

Buddy Frank, APSI  
Crestone  
(719) 221-1151 / 256-4469  
[www.effortlessbeing.com](http://www.effortlessbeing.com)

### Cheyenne Mendel

719.480.0010

Acupuncture

Bazi Readings • Body Elemental

[cheyennemendel@mac.com](mailto:cheyennemendel@mac.com)

Come join us  
Celebrate Halloween!  
**Saturday October 31**  
**4pm-8pm**  
Kids Costume Contest  
Prizes for the winner

152 West Silver Ave.  
Crestone, Colorado 81131

MIRAGE TRADING CO
MIRAGE ROASTING CO

THE BEST COFFEE IN THE VALLEY!  
100% Organic and Fair-Trade

---

GREAT COFFEE  
LOCAL ART  
Open Every Day 8am to 4pm

---

IN MOFFAT NEXT TO THE POST OFFICE

---

T-SHIRTS ARE BACK!

---

719-256-4357

WWW.MIRAGETRADINGCO.COM

# Saguache County News

by Sandia Belgrade

## Forest Reserve Title III funding awards

As one of the participating counties, Saguache County can distribute Forest Service Title III funds to carry out activities under the Secure Rural Schools Act (SRS). Funds can be used to provide homeowners in fire-sensitive ecosystems education and assistance with implementing techniques in home siting, home construction, mitigation and home landscaping that can increase the protection of people and property from wildfires, and to develop community wildfire protection plans in coordination with the Forest Service. After reviewing proposals and with input from those in attendance to adjust the awards, the Board of County Commissioners (BOCC) at their regular meeting on September 1 made a decision to allocate the \$50,978 available to:

- Daniel Johnson Firewise Communities program: \$20,000. As Wendi Maez noted, Johnson's program is not just in the Baca but serves more residents county-wide.
- Kundalini Fire Department: \$18,000. Johnson and Kundalini will also work together on an educational component.

- Town of Crestone: \$4978.76
- Baca POA: \$8,000

## Marijuana application withdrawn

A large contingent of residents came from Crestone to speak in protest of Lawrence Baer's Conditional Use permit for a marijuana-growing operation at Lindisfarne Endowment Lot 5. His request was to build large greenhouse for 200 plants. However, Baer did not show up. The hearing was reset for the 15th, but with the lack of approval by the Baca Property Owners Association and facing opposition at the County level, Baer sent a letter to Wendi Maez, County Land Use Administrator, informing her that he was withdrawing his application.

## Illegal marijuana operations

The commissioners approved a letter addressed to the Division of Water Resources documenting "numerous" illegal marijuana operations in districts 25, 26 and 27 in the county. Nine grows were personally witnessed in operation by commissioners during inspections conducted of the properties, though some of these could possibly be medical grow operations. Maez said there is a possibility of 17 cultivation operations in illegal greenhouses that have not applied for a permit, as well as others that have so far escaped detection. Maez said in all there is a total of 17 questionable cultivation operations she has documented in the county, and others still exist that have escaped detection.

Jim Swanson of the Division of Water Resources (DWR) says that when somebody suspects wa-

ter is being diverted illegally, they should contact his office. They try to get there as soon as possible, depending upon the information provided. A fair amount of the reports are false and not very well directed. Swanson himself has visited a large amount of false calls i.e. neighbors mad at one another. In all cases, residents should refer to either Maez or James Heath (assistant division engineer) who is more informed on the valley issues. He can be reached at 719-589-6683.

## Smart meters

Jason Anderson reported that the Rural Electric Coop will be making use of smart meters. Utility companies around the world are replacing electric, gas and water analog meters with pulsed radiation smart meter networks that electronically send usage information back to the central computer system of the product supplier. Concerns have been raised about the safety of smart meters because they give off the same kinds of radiofrequency (RF) transmission waves as those found in cell phones and Wi-Fi devices.

## Lot consolidations

Nigel Fuller came before the BOCC on Sept. 1 to express his view on Baca Grande lot consolidations. He said he was there as a private citizen, but Fuller, along with Bruce MacDonald, sits on the POA board. They have gone on record in opposition to lot consolidations. In a letter dated September 9, former POA lot consolidation committee members submitted a letter to the commissioners stating that Saguache County has no legal authority to put Baca lot consolidations on hold; the County is the local authority charged by law to consolidate lots once County requirements are met, and this legal authority is valid until a court orders otherwise. Further, the letter states, property owners have a legal, enforceable right to consolidate as set forth in governing documents. Ben Gibbons, Saguache County Attorney, offered a legal opinion. The County is doing lot consolidations as is permitted; it is not breaking the law. The Land Use Enabling Act gives the County the authority to handle land use issues. According to Gibbons, the only way for that to be nullified would be to have a court give a judgment. In fact, there never was a moratorium, and the BOCC made a motion to put off the temporary hold. Martin McCauley, one of the committee, was present for the commissioners' decision. Maez noted that in surveys the community feels that's what it wants.

## Budget items

The board met with elected officials and department heads regarding their budgets on Sept. 23. In her budget report, Lyn Lambert, Co-Administrator, said that on October 6 the budget will be officially presented and announced in the paper. There will be several work sessions beginning with a meeting on October 13 with department heads. Public hearings will be December 3 at the Road and Bridge building providing for public input. On December 8 the County will adopt the budget with 1 hour for last-minute public comments.

Randal Arredondo, Supervisor of Road & Bridge and Landfill, presented three propane supplier bids: Jones Oil, Amerigas, and Monte Coop. The County goes through approximately 5,000 gal./year. They accepted Monte Vista Coop's bid of \$1.099 per gallon.

## Board of Equalization appeal

Steve Smilak requested arbitration to appeal a Board of Equalization decision on a parcel. The County has not yet established an arbitration panel, and the process of assembling one may take a bit to accomplish. Questions came up about whether it can be redirected to Rio Grande County which does have a panel.

## Public lands discussions

Paul Tigan, Assistant Field Manager for the BLM, acting for Andrew Archuleta, spoke about the grueling 12-hour Penitence mountain bike race coming up on October 18. This is the day before hunting season opens, but hunting is not allowed in the developed area of La Garita campground anyway. Jim Felmlee of County Emergency Management will be working with the organizers. There are 80 registrations and two categories—teams and individuals—all on the course at same time. The event is bringing people into the county for regional lodging. Tristram Post, the new Saguache Ranger District Director, introduced herself to the commissioners.

## Elk update

Last month the commissioners attended the Nature Conservancy tour and participated in a discussion of land management in the Greater Sand Dunes Conservation Area. The ungulate management plan is working. While it supports a herd of 1500 elk, there are 6500 there presently and they don't seem to be moving.

## Future business leaders

Two members of the Mountain Valley High School Future Business Leaders of America (FBLA) gave a report of their Chicago trip for a nationwide seminar. Julian Miller and Terri Strain spoke of their activities and the value of the trip. From his presentation Miller said it was like experiencing how it would be working for a corporation. Deanna Bartee, their adviser, thanked the BOCC for their support and spoke about the FBLA community projects. They are raising funds because there are now many more kids participating than when they submitted their application. A Baltimore trip is scheduled in November.

## Some health care progress for vets

Last spring San Luis Valley veterans were left without primary health care at their Alamosa clinic when the physician left. After six months that post was filled last month by Dr. Robert Rice. The Veterans Administration and veterans have differed about the quality of medical care provided during the five-month wait. SLV veterans were having to travel to Pueblo or Colorado Springs or the medical center in Denver to get the health care benefits that they've earned. It remains to be seen what quality of care will be given and what wait times will be, but at least there is a doctor now.

## Ginger Stringer named new Public Health Director



The search to find a qualified Public Health Director has gone on for several frustrating months. On September 8 The BOCC held interviews for applicants for the position, and in their first meeting after the interviews the Commissioners moved to offer Ginger Stringer the director position. The Commissioners are very excited about her interview and the skill set she brings to the position.

Dr. Ginger Stringer, PhD, was raised in Nampa, Idaho and studied chemistry at Bryn Mawr College in Philadelphia, PA. After graduating, Dr. Stringer pursued graduate study in biochemistry and business at the University of California, Irvine and the University of Pennsylvania. She received a Master of Public Health and Doctorate in Epidemiology from Drexel University, publishing a thesis examining the academic effects of sport-related concussion in high school athletes.

Dr. Stringer grew her leadership and management portfolio in a variety of industries and settings including environmental consulting and project management, coaching, event management, community organizing, scientific research, and teaching.

Dr. Stringer moved to the San Luis Valley 5 years ago and since 2012 has served as the Secondary Science and STEM teacher at Moffat School. (STEM is an acronym for the science, technology, engineering, and mathematics curriculum in schools which improves competitiveness in science and technology). She is excited to leverage her education and experience in public health to serve the community in her new capacity as Director of Public Health.

Alyssa OBrien RN, SCPHN and Crowfox Christi Fleming, will continue as Acting Co-Directors until Stringer takes over in mid-October.

Raleigh POWERED!  
 Omer  
 BROOKS  
 ENGLAND  
 MOOTS  
 JAMIS  
 SAN JUAN  
 SALIDA, COLORADO  
 SUB CULTURE CYCLERY  
 PARTS // RENTALS // SERVICE // SHOWERS // SALES  
 129 NORTH G STREET • 719-539-5329  
 ----- SUBCULTURECYCLERY.COM -----



Aspen leaves turn yellow and Gambel Oak leaves change to dull red on the east side of Sangre de Cristo range north of La Veta Pass. photo by David Lee

## Baca Grande POA News: Baca lot consolidations are legal & will continue

by John Rowe

The Baca/Crestone Sub-Area Planning Commission and the Baca Grande POA Board had a special meeting mandated by the Saguache County Commissioners to discuss the possible suspension of Baca lot consolidation pending a review of its legality in light of Colorado state law.

Commissioners Lonny Roth, Kairina Danforth, Charlie Somers, and Bill Dobson were in attendance as were POA board members Sugandha Brooks, Joanna Thieralt and Nigel Fuller. POA Community Manager Alison McClure and Saguache County Land Use Administrator Wendi Maez were also in attendance. The public meeting was held on September 9 at 1pm at the POA Hall. About a dozen audience members were present.

The impetus for the meeting was based on a letter submitted to the Saguache County Commissioners by Nigel Fuller and Bruce McDonald stating that the Baca lot consolidation amendment was in violation of Colorado state law and therefore should be discontinued immediately.

The letter was submitted by

Mr. Fuller and Mr. McDonald as private citizens, not as board members representing the POA.

Chairman Bill Dobson opened the meeting stating that the commission did not make or interpret law, only carried out particular directives dictated by the law and therefore, would continue to approve lot consolidations that are properly submitted. He also said that he did not know what else there was to talk about as the matter was now in the hands of the county commissioners who can make determinations on what is legal and what is not.

Wendi Maez stated that the process concerning the validity of lot consolidations would begin with a lawyer on county staff advising the commissioners and would go from there. She could not say what form this process would take or how long, only that it would begin immediately.

The meeting was adjourned after 45 minutes with the clear declaration that people are free to continue to pursue lot consolidations in the Baca for the foreseeable future and will be considered in the usual manner.

## Local business owner wants to open manufacturing facility in Elk Park

by John Rowe

The Board of Directors of the Baca Grande Property Owners Association (POA) met as regularly scheduled on August 27 at 6:30pm following an hour-long private session. All five board members were present with Board President Mattie Belle Lakish presiding. Nine audience members were present.

The agenda and minutes were unanimously approved and no member forum commentary took place. Department reports were next starting with Derek Garcia, new ambulance department head. A brand new custom-made ambulance will be here in May and the old ambulance will be retired and contracted out to move sick and injured people around the valley. Derek proposed using a new billing and collection agency which he stated should net the POA several thousands dollars a year in increased revenue.

Shawn Hollmer gave the maintenance department report next. He had not much new to report other than the golf course continues to improve and that his staff was spending a lot of time unclogging culverts throughout the Baca. He issued a plea to homeowners to please not block the culverts with rock walls or any landscaping.

Fire Chief Chris Botz wanted board input on how to bill large entities within the Baca for fire department resources used, specifically concerning the Shumei fire.

Community Manager Alison McClure gave a collection update for delinquent dues. Unpaid dues are up to nearly a million dollars, and earlier this year a professional collection agency was charged with collecting as much of this as possible. To date \$11,900.43 has been collected.

Local business owner Adam Kinney wants to buy five lots in Elk Park, bring in water and septic, and put up a metal building to house his wood display case manufacturing business. Adam gave an eloquent presentation of just what he would bring to the community as he has already hired seven people and is so busy he can't keep up. He stated that he has increased business several fold in the short time he has owned the facility adjacent to the POA Hall. The board was excited by the opportunity and more discussion on all the logistics will be forthcoming. Elk Park, for those who don't know, is property just east of the POA Hall and is zoned for commercial enterprises. Welcome news indeed, for those hoping for more jobs in the community.

Management options discussion was tabled as the meeting was running late and was added to the next board meeting agenda on September 10 along with more discussion of Elk Park, taking property back in lieu of dues payments, and new fire/ambulance billing procedure.

The board met as regularly scheduled on September 10 at 7pm, following a lengthy private session. All five board members were present with Board President Ma-

tie Belle Lakish presiding. Three audience members were present.

The agenda was approved unanimously as was an amended version of last meeting's minutes.

Member Forum centered around the upcoming election ballot, specifically the proposal to eliminate any size restrictions of homes built in the Baca. It was noted by an audience member that the voting requirements and a brief explanation of the amendment as required by the governing documents were missing and that therefore the election could be declared null and void. The board unanimously agreed and is withdrawing the amendment, stating that they will use vote tallies only as a barometer of how the community stands on the issue. When asked how such an obvious mistake went undetected, no one on the board had an answer. Ballot confusion and irregularities have become part of the POA in recent years.

Nigel Fuller announced that during this evening's executive session, a unanimous vote to terminate Hammersmith's (HMI) contract took place and various board members stated that the board would now move on to explore other management options. Chief among them are self-management and choosing another management company, or perhaps a hybrid of the two.

Ambulance and Maintenance budgets were now discussed at length with Alison McClure directing the discussion.

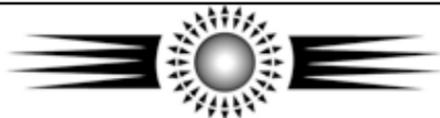
Shawn Hollmer's maintenance department needs a new \$28,000 plow and a new \$10,000 mower. Shawn would also like a little newer pickup to drive, as the one he uses is about done. The board will consider these items and the budget as a whole and will vote on it later this year.

Derek Garcia, Ambulance Chief, will be getting a brand-new \$152,000 ambulance next May that is already approved, with about half of that expected to be paid for with grants and the other half by the POA. The old ambulance can be extensively used to transfer patients around the valley for a \$5000 fee. Derek states that ample opportunity exists to make the POA an impressive sum of money, perhaps hundreds of thousands of dollars. The *Eagle* will be following and reporting on this development closely in the upcoming months.

The board approved a new healthcare plan for the POA staff.

A self-management analysis replete with a detailed POA history of self and outside management will be given by Bruce McDonald at the September 24 meeting. Taking lots back in lieu of dues owed will also be discussed.

An Elk Park strategy session took place on Tuesday, September 15, at 6pm at the POA Hall to discuss various strategies on how to best to develop Elk Park. A publishing deadline precludes us from reporting the results of this meeting until the November issue of the *Eagle*.



**BACA GRANDE**

PROPERTY OWNERS' ASSOCIATION

P.O. BOX 237 • Crestone, CO 81131 • Phone: 719-256-4171 • Fax: 719-256-4173  
www.BacaPOA.org • info@BacaPOA.org

### ANNUAL MEETING NOTICE

THE ANNUAL MEETING OF THE BACA GRANDE PROPERTY OWNERS' ASSOCIATION WILL BE HELD AT THE POA HALL LOCATED AT 68575 COUNTY ROAD T, CRESTONE, COLORADO ON

**FRIDAY, OCTOBER 9, 2015 AT 7:00PM**

**CUT OFF TIME FOR VOTING IN PERSON**

**PLAN TO ARRIVE AT THE POA OFFICE BEFORE 7:00 PM.** The doors will be open until 5:00pm if you would like to drop off your materials before the meeting. The POA will reopen at 6:30pm to accept walk in ballots until 7:00pm.

**Material received after 7:00pm on October 9, 2015 will not be counted.**



The east side of the Crestone Town Hall building showing the old sheathing being covered by the new lap siding. It's going to look so good when it's done!



The south and west of the Town Hall building now has some of the siding painted a nice fresh blue. The south end of the building is being prepared for a new greenhouse.



**by Akia Tanara,  
Town Administrator**

**Downtown revitalization**

At a special meeting on September 4 the Board of Trustees reviewed bids for two components of the downtown revitalization project—1-A: construction of boulder walls, installation of a gabion wall, underground feeds for lighting and irrigation; and 1-B: concrete work for curb and wall seats; foundations for lighting, curb ramp, plaza flatwork and steps. The only bid received for 1-B was almost four times the amount anticipated and was rejected. The only bid (from Alcon Construction) for 1-A of the project was accepted by the board. A change order request is currently being considered by Alcon, and if agreed upon, a contract for this portion of the overall project will be issued, and after three years of work by many in the community, some on-the-ground construction will begin on downtown revitalization.

Renovations to the Crestone Town Center building are in full swing; getting the old, damaged wood and asphalt siding off has been completed, and the new lap-board, even unpainted, is already an improvement. A new green-

house has been ordered, and the full project is scheduled for completion by the end of October.

**Mosquitoes and weeds**

The Planning Commission has begun working on a plan for mosquito control; the 2015 (nightmare) mosquito season is one we will be talking about for a while! The commission is also working on the next phase of weed abatement; a noxious weed management plan was adopted by the town board in late 2013. Planning commission meetings are the first Monday of each month at 6pm at Town Hall.

There is a substance abuse coalition that meets monthly in the county, sponsored by Saguache County Public Health. They use evidence-based proven prevention practices to reduce underage drinking, tobacco and marijuana use, prescription drug abuse and other drugs. These meetings are attended by preventionists in Saguache County, teachers, law enforcement, and other community members interested in reducing illegal drug use among the youth. The meetings are open to the public. For more information contact Ileen Rivale, 719-655-2533 ext. 16.

## People voice concerns to Crestone Town Council about shopping locally for building materials; law enforcement

**by Kizzen Laki**

At the town council meeting of September 14 many people showed up to hear or support what Elaine Johnson, owner of the Crestone Mercantile, had to say about shopping locally; others had concerns about black tar heroin entering our community. Johnson, along with husband Steve McDowell, own the Crestone Mercantile grocery store and lumber yard. The town had recently started renovation on the exterior of its Town Hall building and Johnson was upset that the Mercantile was not asked to bid on supplying the materials. She opened her presentation by stressing the importance of shopping locally. "Our dollars go around and around creating abundance for our community. Dollars that leave this town makes abundance somewhere else," she said.

Johnson also gave a printout of things she thought the town council should do, such as having a shop local bidding preference, continuing with weed control, downtown beautification and renovation and road maintenance. She had safety concerns, saying that the Town should work with the Saguache County Sheriff's office to facilitate a sheriff's presence. She also felt that youth in the CCC work program should be paid less as it was hard to compete as an employer.

Curtis Goodnight, a 30-year area resident said that "We have to have viable businesses . . . we've been poor a long time." He also talked about crime in the area saying that "we've lost young families because of security."

The town board agreed that shopping locally was a good thing. Mayor Kairina Danforth said the town does allow for a 3% difference to allow the choice of a local bid. She expressed that maybe the town should reconsider that amount.

The board and administrator responded to the bidding concerns by explaining that the work for the exterior renovation of the building was put out to bid twice, with

no one bidding on the project. The Colorado Department of Local Affairs (DOLA) as the funder for the project, then allowed the Town to act as its own general contractor. Local builder Don Jensen was hired as project manager. Jensen had contacted area lumber companies that give contractor discounts and requested quotes on materials for the project. Poncha Lumber submitted the lowest quotes. Town Administer Akia Tanara said that Crestone Mercantile was not contacted because it was known that they did not give contractor discounts. After receiving a complaint from McDowell, the Town provided a materials list and asked him to provide his lowest prices. At the time of the meeting, 2 weeks had passed and no response had been received. Johnson stated that they had been out of town. At the time of the meeting, appx. \$7,000 had been spent on building materials.

Town board member Mark Talbot apologized to Johnson for not being aware that the Mercantile was not initially given a chance to bid on the building materials, saying "we missed this one." He also stated that the Town had a "fiduciary responsibility" when spending grant monies.

On crime and drug concerns, Mary Lowers, talking about black tar heroin, said "Let's not get it here." Sheriff's deputy Wayne Clark explained how thin the Sheriff's office was spread, but added "we can work with you." He said he needed people to step forward and give names and be willing to go on record.

Town Attorney Gene Farish suggested people get involved in a "Neighborhood Watch" program. He also said that it was the responsibility of the Sheriff's Department to enforce State statute, "From murder 1 to disorderly conduct". The Town enforces its own ordinances.

Dennis Neuhaus, long time resident and business owner, summed up how to solve the drug problems by saying "We as a community have to make it happen."

**OPEN STUDIO TOUR  
CRESTONE, COLORADO  
OCTOBER 10TH & 11TH/ 1:00pm-6:00pm**

Join us at 15 different artists' studios following the maps that can be found online at [www.crestoneartists.com](http://www.crestoneartists.com) and at the kiosk at the fork of Crestone and the Baca along with the welcome center, KRZA and Shumei International Institute and other various local businesses.

Come to **FIRSTTHOUGHT STUDIOS** at 117 Skyview Way to view Stephen Futral (Ish), Kim Roberts and Nanine Beard's work.

**As You Go About Your Day, Please Remember . . .**

**The Ripples You Create Today**



**Bring About the Changes for Tomorrow**

**Support  
Crestone Youth Plaza**

**By Shopping At The  
CYP THRIFT STORE**

On the corner of Alder & Galena  
**(719) 256-5500**

*Addante Chiropractic, PC*

**Addante Chiropractic / Crestone**

*Please call 719-539-9493 to schedule your Tuesday appointment*

## Godzilla El Niño on the way?

by Keno

Chances are you have already heard the news that Colorado and the rest of the U.S. is about to experience a “Godzilla El Niño” this upcoming winter, with lots of snow. Is this just another hoax story, or is this for real? Well, for the upcoming season, we are seeing at this point the biggest El Niño ever. If it keeps up, it will be bigger than the all-time record El Niño of 1997-98.

If you live in northern Colorado, this usually means a less-than-normal snow season ahead. But if you reside in or around southern Colorado, like in the greater Crestone area, El Niño normally means above average snowfall. Yet the borderline used to determine where El Niño will hit hard or lightly is US Highway 50, just to the north of us, so the San Luis Valley and northern Sangre de Cristo Mountains are right on the borderline, so it could go either way.

But let’s look back at El Niño winters and see how Crestone did in those years. Take the ’97-98 season first, the biggest El Niño event to occur. In that winter, Crestone saw its snowiest November ever on record, with 33.5” falling. The rest of that snow season was just as busy, and when the season was over, a then-record yearly snowfall of 94” was set.

It’s been since surpassed in 2008-09, when we saw 99” of snow—in what was a La Niña year, when we should have seen less-than-normal snowfall.

Looking at all El Niño snow seasons (going back to the 1982-83 season when weather records were first kept here), here is what we saw:

Note: Keep in mind Crestone’s average snowfall per year is around 65”.

1982-83	– 82.2 inches
1983-84	– 74.4 inches
1986-87	– 85.3 inches
1987-88	– 54.6 inches
1991-92	– 82.8 inches
1992-93	– 84.9 inches
1994-95	– 76.9 inches
1997-98	– 93.7 inches
2002-03	– 71.4 inches
2004-05	– 67.6 inches
2009-10	– 67.2 inches

So yes, in all but one of those 11 years, we did see above average snowfall. However, if we look at our 10 snowiest seasons overall, 4 of those seasons occurred during a La Niña year, including 3 of our 4 snowiest seasons also taking place in La Niña years.

Will this winter have a “Godzilla” snowfall amount for Crestone and Saguache County? Guess we’ll just have to wait and see.



Lady and the Gentlemen.

## Lady & the Gentlemen bend roles, make great music

To perform at the Cloud Station Oct. 10

Coming to Crestone Saturday, October 10 is a new and upcoming band Lady and the Gentlemen, an 8-member group based out of Boulder, CO that features a Crestonian. Created by musicians frequenting Boulders’ Tuesday night jam sessions at the Lazy Dog, Lady and the Gentlemen was formed with the hope of staying true to American soul music while leaving room for plenty of instrumental compositions and excitement on stage.

The founding member and leader of the band, Jarrod Guadarrama, has played with Technicolor Tone Factory for years, a Colorado “jam band” favorite. You might have seen him play at some point somewhere in Colorado, as he is a guest artist with many musicians including Jaden Carlson and Whiskey Blanket. How do you go from one of the most prominent male-driven jam bands in the state to a female-driven soul group like Lady and the Gentlemen, you might ask? Jarrod has, not secretly, been a singer/songwriter for most of his life. He loves writing love songs and emotionally driven ballads; however, there seemed to be little room for those songs in the music scene he found himself in. Lady and the Gentlemen have extended improvisational sections and shredder guitar licks, but this does not prevent the group from exploring the heartfelt side of their song writing.

Since the creation of Lady and the Gentlemen, the group also likes to confront gender roles on stage. The ladies take turns wearing ties and hats or dresses and lipstick

but never let how they look prevent them from giving it all in every performance. In a recent interview with One Love TV at the Tribal Vision Festival in Taos, NM, the two ladies of the group were asked about their views on the “sacred feminine.” It



Jarrod Guadarrama (lead guitar) and Miranda Kennedy (lead vocals).

is not uncommon for Miranda Kennedy (lead vocals) and Alma Sever (backup vocals, guitar, violin) to be asked how it feels to be the ladies of Lady and the Gentlemen. “When it comes down to it, there is no difference between men and women when playing music,” Kennedy answered to a One Love TV question, as Sever whole-heartedly agreed. It is less of a rarity to see female musicians being rock stars instead of “the girl that sings with the band”, yet a rarity even so. When it comes to performing, Lady and the Gentlemen tend to toss aside any inhibitions and presumptions to maintain one focus: let’s make great music.

**NAOMI LAKE**

Shamanic Journey work ~ Esoteric Healing  
Quantum Bio-feedback

Indiv., groups and distant sessions all ages

Crestone  
719 937-7803 naomi@naomilake.com ~ www.naomilake.com

Santa Fe  
505 982-1183  
Call/Text

**Daniel B. Flemming, D.C.**

**Quantum Chiropractic Care**

719.337.6633

*Integrating structural, emotional, nutritional health in one treatment*

For local appointments, call Annie: 719.256.5668  
<http://quantumchiropractic.org>

**LADY AND THE GENTLEMEN**

**Saturday October 10**

with special guest...

**Blue Rooster**

The Cloud Station  
200 Cottonwood St. Crestone, CO 81131  
Advance tickets available at The Elephant Cloud Market

**Oriental Medicine**

uses Acupuncture & Chinese Herbal Medicine to treat disease & increase vitality.

Terrence Goergen, L.Ac., Dipl.Ac., ADS • 719.204.3540

Nationally Certified Acupuncturist • Classically trained in Chinese Herbal Medicine  
Acupuncture Detox Specialist (NADA)

AcuTerry1@gmail.com • www.tgoergenacupuncture.com

*Spiritual Light Readings  
Aura Balances*

Enjoy greater happiness, loving relationships and peace

**Free Soul Transcendence Seminars**

Susan Fey, Doctor of Spiritual Science  
susanfey@live.com (719) 496-0977



In 2013, the city of Boulder was devastated by floods following a 1,000-year downpour. *Knee Deep* highlights the efforts of the 'Mudslingers,' an impromptu brigade of volunteers armed with shovels, buckets and a strong desire to help in whatever way they could, who learned the power of lending a hand in the face of monumental disaster.



*A Line in the Sand* is one of three short films done in collaboration with The Grand Canyon Trust, aimed at raising public support for protection of threatened parts of Canyonlands. Co-directed by Clifton and Chris Cresci, *A Line in the Sand* is a spirited call to arms, illustrating some of Edward Abbey's most inspiring and passionate language with beautiful 3-D animation. Previous Mountainfilm director Justin Clifton devotes his talents to making films with the specific aim of helping environmental and social justice organizations tell their stories.



*The Fisherman's Son* explores Chilean surfer Ramon Navarro's (of 180 Degrees South fame) life in depth, following the trajectory of a boy who came from a fishing family, one of many; only this fisherman's son found his passion riding the breaks just beyond his front door.

## Telluride Mountainfilm on Tour

continued from page 1

powder skiing in *Japan by Van* among many other films of action-filled sports.

In the evening *The Important Places* is a film about a father and son on a 28-day journey down the Colorado River. Also in the evening, *We Are Fire* is a film featuring an impressive collection of Indian women called the "Gulabi Gang" whose goal is to help victimized women gain economic security, emotional confidence and physical safety. Among the many action films you will see amazing cinematography of brave surfing amid the icebergs in Iceland in *Strange Rumbings—Iceland Segment* to spotlighting a Chilean surfer activist and his efforts to protect the waters in *The Fisherman's Son*.

Telluride Mountainfilm is dedicated to educating and inspiring audiences about issues that

matter, cultures worth exploring, environments worth preserving and conversations worth sustaining.

We hope to see you at the Charter School Oct. 3! These 29 films run from 2 to 25 minutes in length. Remember there will be chili, baked goods, popcorn and drinks for purchase and an amazing silent auction of donated services and products for early holiday shopping, another fun way you can help a neighbor!

Afternoon Program:  
2-4:30pm: \$10  
Evening Program: 6:30-9pm:  
\$10

*NHN is a 501C3, helping families in crisis since 1998. Donations are appreciated and all money raised goes to helping a neighbor in need. Send to NHN, Box 822, Crestone, CO 81131.*



*Gnarly in Pink* is a short film that shows girls can be as good, if not better than, boys. What I like about this film is you can be two things: gnarly and pink. —Bella, age 12



*The Coast*, a short film by Skip Armstrong, is a meditation on the power of the ocean and the lessons it can impart about what truly matters in life. Just before he turned 30, Hayden Peters was forced into the terrifying position of confronting his own mortality because of a health issue. The experience came with a seismic shift in perspective, priorities and the way he approaches life. Trading city life for cold saltwater, Peters finds balance, inspiration and solace in the Oregon coastline — a place of crashing waves, elegant sea stacks and blunt, breathtaking, uncaring beauty.



Lunch Buffet 11am-2pm  
Dinner-Cocktails-Take-Out  
Now serving choice of brown rice with every meal.

New Sushi Bar @ Alamosa Location  
Sushi Hour: Lunch 11:30am-2:30pm Dinner 5pm-9pm  
Largest Vegetarian & Healthy Entrees  
Alamosa: 589-9002 Monte Vista 852-2002  
Twitter @GreatEats\_SLV

Menu: [www.ehunans.com](http://www.ehunans.com) • [www.east-westgrill.com](http://www.east-westgrill.com)

TELLURIDE MOUNTAINFILM

sponsored by Neighbors Helping Neighbors

October 3, Crestone Charter School

Afternoon Program: 2 – 4:30 pm

• Mountainfilm INTRO Reel	5 minutes
• Leave It As It Is	3 minutes
• Delta Dawn	17 minutes
• California: Paradise Burning	8 minutes
• Rinpoche Speaks	10 minutes
• The Man vs. The Machine	17 minutes
• The Reinvention Of Normal	8 minutes
• I Am Able	13 minutes
• Dark Woods BMX	3 minutes
• Intermission:	10 – 15 minutes
• Nature RX – 2	2 minutes
• Making Waves	9 minutes
• Japan By Van	5 minutes
• Rabbit Island	7 minutes
• Knee Deep	15 minutes
• The Right	2 minutes
<b>Total Show - 147 Minutes</b>	

Evening Program: 6:30 – 9 pm

• Mountainfilm INTRO Reel	5 minutes
• A Line in the Sand	3 minutes
• The Coast	7 minutes
• Gnarly in Pink	8 minutes
• Denali	7 minutes
• After Glow	3 minutes
• Strange Rumbings: Iceland Segment	6 minutes
• We Are Fire	8 minutes
• Above The Alley, Beneath The Sky	24 minutes
• The Thousand Year Journey: Oregon to Patagonia	5 minutes
• Intermission:	10 – 15 minutes
• Nature RX- 1	4 minutes
• Vasu Sojitra: Out on a Limb	7 minutes
• Important Places	9 minutes
• The Fisherman's Son	25 minutes
• Drainage Ditch Kayak	3 minutes
<b>Total Show - 145 Minutes</b>	

*Enjoy this unique opportunity*

## Crestone Artists 4th Annual Studio Tour to be held Oct. 10 & 11

This year's Crestone Artists fourth Annual Studio Tour will feature 14 of our community's artists whose work and subject matter cover a diversity of visions, styles and materials. Scheduled to take place October 10 and 11 from 1 to 6 pm and with the designation of Crestone as a Colorado Arts District and the support of many sponsoring members of our community, this wonderful event offers an opportunity to introduce our artists and community to visitors to Crestone when our mountains and environs are at their loveliest.

A perusal of other tours throughout the state suggests that while Crestone artists include a wide range of sensibilities and visions, not surprisingly, unique to our community is a strong sense of the spiritual, the contemplative, the celebratory and the visionary.

Included in this year's tour are the otherworldly, totemic and dreamlike landscapes, resonant with deep space and time of artists Robin Ross, Jennifer Thomson, Mae Green, Beatris Burgoin and Barbara Dose; the exploration of the "innerscapes" of the human figure in the work of Jane Kwan and Brenda Sue; the more literal and classically beautiful celebrations of the natural world in pastel and watercolor by Emmy Savage and Joanne Kiser; the luscious, playful and provocative celebrations of vision and materials by Verena Schwarz, Stephen (Ish) Futral, Rose Burek and Kim Roberts; the sumptuous weavings of Moira Forsythe; and the magnificent copper works of Shahna Lax that so effortlessly integrate intellectual, mystical and aesthetic imperatives.

This year's tour is dedicated with grateful appreciation to Robin Ross, founder, guiding force and energizing spirit of crestoneartists.com and for her generous and inspired artistic and organizational contributions to the Crestone community. Her death in February was a terrible loss to our community but her generous spirit, her passion

and gentle support continue to sustain all of us who are participating in this year's tour.

For brochures with the names of local sponsors and maps of this year's tour look in our local businesses or go to crestoneartists.com/studio tour.



*Colorado, oil on canvas, 24"x36" by Crestone artist Beatris Burgoin. Visit her and many other artists' studios during the annual tour.*

## Southern Colorado Film Festival opens October 15 in Alamosa

The Southern Colorado Film Festival is the San Luis Valley's leading venue for showcasing independent film production. Now in its third year, the festival will be showcasing creative works from around the world. The festival will start at October 15 at 7pm with the opening feature and a reception in the Richardson Hall Auditorium at Adams State University in Alamosa, then continue at 2pm and 7pm from October 16-18 in the Art Building Theater, room 227.

This year, the Festival is proud to showcase 20 independent films with national and international significance. The Festival's theme is "Mountains of Possibility," showcasing the many potential successes all around us - often just behind a challenging obstacle or limited way of thinking. By considering the opportunities all around us, we can recognize new ways forward.

The films showcased at the Southern Colorado Film Festival were carefully curated and selected by a panel of judges consisting of mostly local residents.

The festival will feature a wide variety of independent films, showcasing both feature-length and short works, live action and animated films, documentaries and narrative pieces, and beyond.

Of particular interest to San Luis Valley residents may be the breadth of local works offered at the festival. Voices of the Valley, directed by Ben Waddell and Chris Quintana, gathers community leaders to discuss the various issues challenging the health and sanctity of the San Luis Valley's land. Un/Confined, directed by Christi Bode, documents the perceptions around the San Luis Valley on various water issues, and the responses people have to changes in the climate and water resources. Rio Frio 5K on Ice, directed by Danny Ledonne, documents the titular race on the frozen Rio Grande held in Alamosa in January, 2015. These three films, and several more, will be screened at the festival's Land, Fire, Water block at 2pm on Sunday, October 18. The block will also include a reception featuring local foods, sponsored by the ASU Common Reading Experience.

More information on the Southern Colorado Film Festival, including ticketing and the full program schedule, is available at: [www.soco-filmfest.com](http://www.soco-filmfest.com).

## THE JOURNEY OF JUST BEING

THE SOMATIC PRACTICE OF PURE AWARENESS

### *A Month-Long Winter Meditation Intensive*

This month-long meditation retreat, led by Reginald A. Ray and Neil McKinlay is a powerful practice for engaging the journey of meditation more deeply and for transforming our everyday experience by sowing the seeds of awareness.

*Come for weekly segments, or for the full month.*

December 13 – January 10

Blazing Mountain Retreat Center  
Crestone, Colorado



Visit [www.dharmaocean.org](http://www.dharmaocean.org) or call 877-DHARMA-9

**CrestoneArtists.com**  
4th Annual Studio Tour  
SATURDAY & SUNDAY  
Oct 10<sup>th</sup> and 11<sup>th</sup>  
1:00 - 6:00 pm  
See website for **tour map** and more info

### OUR SPONSORS



The Crestone Halloween Ball features popular band Mama Magnolia.

## BOO! Grown-ups only! Halloween Ball happens Oct. 30

by Tom Dessain

Teens and tots can have their fun, Saturday, on Halloween. But, on Friday, Oct. 30, the grown folk can party tardy at the umpteenth Annual Crestone Halloween Ball. Crestone Performances Inc. is sponsoring the event again with some new twists! The Ball will be held at the Cloud Station, for the first time, and we will be serving alcohol, for the first time.

We will serve micro-brews, wine and a variety of mixed drinks. We are thinking of some standards like rum and coke, mojitos and margaritas, but we also want to concoct cocktail creations like “Dead Hippy Punch” or “Sparkling Yak Drool” or “Remains o Rinpoche.” We will also have sodas and juice plus some snacks.

This party is for adults only. That’s twenty-one or over with all IDs checked at the door. Doors open

at 7 and we go to midnight. We will also fence in the walkway area for a beer garden. Price of admission is \$10 per person.

### Mama Magnolia

Hey, we got a band too! Get ready to dance to the soul/rock grooves of Mama Magnolia. They were a big hit at the festival and we are bringing them back. This is a six-piece group from Denver consisting of 2 horns, guitar, bass, drums, keyboards and a vocalist who simply slays it. Most of the members hold a degree in Jazz Performance, but that education just served as a jumpin’ off point for their soulful groovin’ evolution.

### Costume contest

There’s more! We are having a costume contest with 3 winners in the following categories: “Best Couple”, “Best Crossed Dressed” and “Best Other”! Each winner will receive a ribbon, their picture taken,

a day pass to Joyful Journey Hot Springs and notoriety. We will also have another fabulous silent auction at the Cloud Station starting October 1 and ending during the party. You can donate items or services at the Cloud Station or through our office at 719-256-4533. Please donate as we need cool silent auction items to make this work.

So get your spook face on, get your cross dress down or couple-up and come enjoy the Crestone Halloween Ball!

Crestone Performances Inc. is a 501c3 non-profit community service organization that annually produces the Crestone Music Festival, produces and subsidizes San Luis Valley school presentations. For more information please call 719-256-4533 or visit [www.crestfest.org](http://www.crestfest.org). BOO!



Best couple? Maybe they’ll show up again! Get your costume together!

## Cast forming for Dickens’ A Christmas Carol

The Saguache Community Theatre is seeking cast members for a holiday extravaganza, Dicken’s A Christmas Carol.

People of all ages, from adults to children, are needed to fill a variety of roles. Most speaking parts are small and some are walk-on and extras for crowd scenes. No previous experience is needed and costumes will be provided.

This classic story is staged in Victorian England in the late 1890s and is sure to delight young and old alike. It will be an exciting experience for all those who are willing to give a little of their time, and sure to be proud of the final outcome.

Planning began in May and rehearsals begin in October. Some roles will not be required to be at all of the rehearsals.

The production will be performed on December 4 and 5 in downtown Saguache at the Historic Ute Theatre, and at the new Moffat school.

With questions or to sign up, please call Director/Producer Julia Hammel at 496-6528.

Be a part of community theatre at its best.

# Crestones’ Annual HALLOWEEN BALL

\$10  
Entry

21  
& OVER

MAMA MAGNOLIA, drinks, costume contests, silent auction, & more!

Friday October 30  
7pm-Midnight  
Cloud Station  
200 Cottonwood St. Crestone, Co 81131

Hosted by Crestone Performances Inc.  
[www.CrestFest.org](http://www.CrestFest.org) | [info@crestfest.org](mailto:info@crestfest.org) | (719) 256-4533

ALIGN  
WITH ASHLEY  
balance integrate support

Rolfing® STRUCTURAL INTEGRATION  
SPONTANEOUS YOGA

ASHLEY VAN WART. CERTIFIED ROLFER™, RN  
[ALIGNWITHASHLEY@GMAIL.COM](mailto:ALIGNWITHASHLEY@GMAIL.COM)  
215.589.0864

**Matrix<sup>co</sup>**

10% OFF!  
with this ad

**Fractional Skin Resurfacing**

Removes damaged surface layers & “heat activation” boosts the skin’s metabolism to tighten, improve wrinkles, scars, texture and pores. Full face, eyelids, & neck treatment just 45 mins –heals in only 5 days. *Reg. Price - \$1500, Save \$150!*

before after

Debra Irizarry, M.D. FACS  
Board Certified Plastic Surgeon

MEMBER  
AMERICAN SOCIETY OF PLASTIC SURGEONS

Call for your complimentary consultation  
**(719) 256-6600**  
[www.doctordeb.co](http://www.doctordeb.co) [contact@doctordeb.co](mailto:contact@doctordeb.co)

Big City Quality with a Small Town Touch

Crestone: Baca Professional Building • 46 Camino Baca Grande | Salida: Bella Vita Salon • 1447 G Street



### Joyful Journey Hot Springs & Spa October specials

Normally, soaking at Joyful Journey 9am-9:50pm costs \$12 for locals and \$15 for non-locals, but during October on Tuesdays locals can soak for \$10.

On Wednesdays, Sacred Heart Vinyasa Yoga with Charity Love starts at 5pm; \$10 is the suggested donation and with yoga attendance, your soak before or after is only \$10! After yoga, enjoy our clothing-optional evening, 7pm until closing time. This is Wednesdays only, in our pool across the bridge.

For any questions, call us at 719-256-4328. Where healing waters flow, JoyfulJourneyHotSprings.com.

### Include houses in your art tour

Coinciding with the Crestone Art Tour on Saturday, October 10, the Crestone Realty is putting on an open house. On your way to everything art, stop and check out the three beautiful featured homes, 1-4pm. We're serving a bit of wine and cheese at each location! Brochures with maps to houses are waiting for you at the Crestone Realty Office: see our ad in your favorite newspaper!

### "Sisters on the Fly" offer vintage trailer tour Oct. 3 at Joyful Journey

You may have heard of "Sisters on the Fly", the largest outdoor women's group in the United States with over 6500 "Sisters". This membership-based community supports women in their journey to get up, get out and become more adventurous! Sisters from seven states will be gathering near Moffat at Joyful Journey Hot Springs to enjoy the San Luis Valley. The Rocky Mountain branch of the Sisters on the Fly will be offering tours of their vintage-style trailers from 3:30-4:30 on Saturday October 3 at Joyful Journey.

Ten-dollar tickets will be available at the door and benefit the Saguache County Victim Advocacy Program.

### Autumn foliage talk Oct. 7

David Lee will be presenting a talk on Autumn colors in the San Luis Valley. Oct. 7 at 7pm at the Cloud Station.

### Healthcare petition deadline

The local deadline to sign the petition to get better healthcare for all Coloradans on the state ballot is October 15. Known as ColoradoCare, the initiative would ensure accessible affordable healthcare for all Coloradans and save about \$5 billion/year over the current system. If you are a registered Colorado voter and would like to get this on the ballot, please call Jan at 480-7400 or 256-4775. For more information, go to [www.coloradocareyes.co](http://www.coloradocareyes.co).

### Robin Ross exhibit in Denver

Robin Ross: Graced Momentum, a retrospective exhibition of the much loved and respected late artist, who lived in Crestone from 2011 until her death last February, will be on view at Point Gallery, 765 Santa Fe Blvd., Denver through November 4. The gallery is open Tues.-Thurs. 11am-5pm, Fri.-Sat. 11am-6pm, or by appointment.

The exhibit is an overview of Robin's work from the last 20 years and more, including paintings on canvas, on paper, in altered books and on wooden cigar boxes from several series including Spiritual Portraits, Animal Postures and Numinous Marks and Remarks, as well as examples of Robin's assemblage sculpture.

Crestone poet and performer Kelly Hosner Delamor along with Denver poets Lynne Brescia and Wayne Gilbert and Maya Minwah from Pennsylvania will read from their own and Robin's writings at Point Gallery on Friday October 16 from 6 to 8pm.

Robin's work will also be seen locally in October. Her studio will be open for visitors as part of the Crestone Artists Studio Tour October 10 and 11, 1-6pm. Robin was a founder of CrestoneArtists group and the lead organizer of the previous three Studio Tours.

For more information on both exhibit and tour go to [www.CrestoneArtists.com](http://www.CrestoneArtists.com) or phone 256-4182.

### La Puente Legacy Fund Celebration!

Enjoy "Enchanted Sounds of the Southwest" with Ronald Roybal, Native flutist and spanish guitarist as well as six-time Native American Music Award nominee, in Sacred Heart Catholic Church, 709 Fourth Street, Alamosa, October 6, at 7pm. A free-will offering will be collected to benefit the efforts of La Puente Home's service to the homeless.

Please visit [www.ronaldroybal.com](http://www.ronaldroybal.com) for more information on Ronald Roybal and his music. A Santa Fe musician, Ronald Roybal's YouTube channel has received over 1,040,000 views. He has been the house musician at Hotel Santa Fe in located in Santa Fe, New Mexico for nearly 18 years. His recordings will be available after the performance.

### Dear Yogis and Yoginis

It is with joy and honor I continue to teach two yoga classes in Crestone with a new Thursday class in Saguache.

Yes . . . we do meet at the YES building next to the Baca Library each Weds for yoga classes. If you wish to experience a more advanced and energetic flow the Weds 9:15am iNtEgRaTiVe Yoga w Cynthia can enhance your personal practice & is a safe and sacred space to grow. Weds 11am Gentle Yoga is an excellent class to begin and to expand your yoga practice. Thursday, 4:45-6pm join us for Gentle Flow Yoga at the BeBop Studio off 4th Street in downtown Saguache.

These classes are organic and intuitive. I hope you can join us. Cynthia, 719-298-0360.



Pavita's beloved horse SkiSki needs care. You can donate at the library and/or purchase a \$5.00 greeting card (blank inside) with his picture on it. Thank you for all your help.

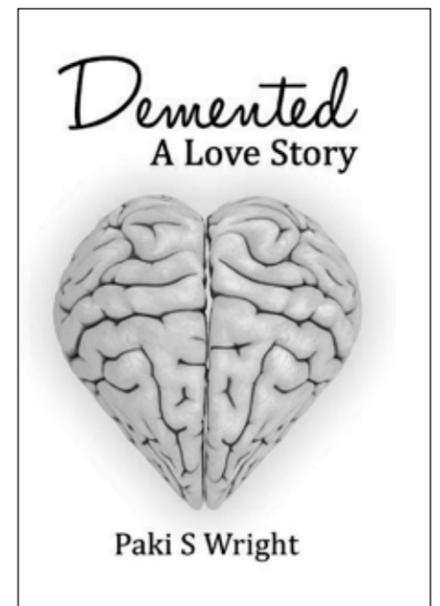
### Death Cafe October 31

On September 12, with the Pirate Ship on a knoll overlooking the cremation site, Jerry "Jahree" Burton's life was celebrated by family and friends. The volunteers of the Crestone End of Life Project (CEOLP) were honored to serve this Ranchettes neighbor.

As Halloween and The Day of the Dead near, Informed Final Choices (IFC) is planning a Death Cafe for Saturday, October 31, beginning promptly at 2pm at the Desert Sage. Join others in conversation, sharing your thoughts on mortality over tea and cookies. This is a free, participant-directed event. For more information and to register go to: [www.deathcafe.com](http://www.deathcafe.com) or call Stephanie, 719-588-7415/Malina, 719-256-4211. Seating is limited.

To learn more about the services provided by CEOLP, as well as the activities of IFC, attend the monthly public meeting on October 14, 7pm at 33 Sunset Overlook. Call 719-256-4247 for directions.

CEOLP registration forms can be downloaded at [www.crestone-end-of-life.org](http://www.crestone-end-of-life.org). Call Lorraine Cazier, 719-937-7802, for more information.



### Crestone author publishes late life love story

Local author Paki Wright has just published a new novel, *Demented: A Love Story* on Amazon. The story is about an older American woman who moves to Antigua, Guatemala, after the end of her marriage. In re-creating her life, she finds off-beat friends, outside-the-box experiences, and unexpected romance. Digging into Guatemala's recent past, however, also brings her face-to-face with the country's brutal history.

Early customer reviews are saying "*Demented* is crazy good," "Skillfully-crafted," and "Page-turning passion and intrigue."

Wright is the author of several other published works as well as Editor of *Bohemian Buddhist Review*, an online journal of reviews, essays, and articles about Buddhism and contemporary culture. Her work has been published in newspapers and magazines including *California Living*, the *Pt. Reyes Light*, and *The New York Times Book Review*.

### Thanksgiving Community Potluck

Don't forget about our Community Thanksgiving dinner. A great community event held this year the Sunday before the holiday, Nov. 22. Call Judie Rose at 256-4110 for details.

**Radiant Flow**  
**iNtEgRaTiVe Yoga @ YES**  
**Weds 9:15-10:30**

**Gentle Yoga @ YES**  
**Weds 11-12:30**

**Gentle Flow Yoga**  
**Thursdays 4:45-6**  
**@ BeBop Studio in Saguache**

Cynthia L Nielsen Lmt, Ryt  
[cynthianielsenlmt@gmail.com](mailto:cynthianielsenlmt@gmail.com)  
 (719) 298-0360

# Community Calendar—October 2015

Get the details at [www.crestoneeagle.com](http://www.crestoneeagle.com) // NOW UPDATED DAILY ONLINE!!!

If you would like more information on any of the below events, please consult our online calendar at [www.crestoneeagle.com/calendar](http://www.crestoneeagle.com/calendar).

calendar listing, with a discount for *Eagle* display advertisers. For more information call us at 719-256-4956.

It's free and easy to place an item on our online calendar any time of month. Just fill out the form at [www.crestoneeagle.com/myevent](http://www.crestoneeagle.com/myevent).

To list your event in the upcoming edition of the *Eagle*, please submit it by the 22nd of the month via our website, [www.crestoneeagle.com/myevent](http://www.crestoneeagle.com/myevent) (preferred) ~or~ e-mail to: [events@crestoneeagle.com](mailto:events@crestoneeagle.com) ~or~ submit in writing to PO Box 101, Crestone CO 81131.

The print calendar is free for non-profit events; for-profit classes/events are \$5 per

## Monthly Events

### Tuesday, September 29

- Awakening Artist – Crestone Community Building (Old Schoolhouse) 4:00 pm-7:00 pm

### Thursday, October 1

- Work Party – The Singing Stone 10am-4pm [www.thesingingstone.com](http://www.thesingingstone.com) 719-256-5307

### Friday, October 2

- American Red Cross Academy – SLV Health Education & Conference Ctr. [www.redcross.org/colorado](http://www.redcross.org/colorado) 719-588-6931, 719-588-5812

### Saturday, October 3

- Telluride Mountainfilm on Tour, CCS, 2-4:30pm & 6:30-9pm \$10/session
- Sisters on the Fly vintage trailers – Joyful Journey Hot Springs 3:30 pm-4:30 pm \$10

### Sunday, October 4

- Fellowship Sunday, Potluck following Service – Crestone Baptist Church 10:00 am
- Work Party – The Singing Stone 10am-4pm [www.thesingingstone.com](http://www.thesingingstone.com) 719-256-5307

### Monday, October 5

- Work Party – The Singing Stone 10am-4pm [www.thesingingstone.com](http://www.thesingingstone.com) 719-256-5307
- Crestone Planning Commission Meeting – Crestone Town Hall 6-8 pm 719-256-4313

### Wednesday, October 7

- Tea Circle – Tea Circle 4:30 pm-7:30 pm free 719-256-4656
- Dakini Tsok (Vajrayana communal feast) – Choying Dzong 6:30 pm-8:30 pm
- Autumn color in SLV: Science behind the beauty, Cloud Station 7-8pm sug. donation \$5 719-298-3007

### Saturday, October 10

- Crestone Realty open house 1-4pm Free [www.crestonerealty.com](http://www.crestonerealty.com) 719-256-4444

### Sunday, October 11

- Work Party – The Singing Stone 10am-4pm [www.thesingingstone.com](http://www.thesingingstone.com) 719-256-5307
- Monthly Sampai, Shumei Sanctuary 10:30am-noon Free [www.shumeicrestone.org](http://www.shumeicrestone.org), 256-5284

### Monday, October 12

- Columbus Day
- County Commissioner hours in Crestone – Crestone Realty 9:00 am-2:00 pm
- New-moon Fire Ceremony followed by a meal, Haidakhandi Universal Ashram 10am-noon [www.babajashram.org](http://www.babajashram.org) 719 256-4108

- Riwo Sangchö: Buddhist smoke offering (outdoors) – Choying Dzong 10:00 am-11:00 am
- Work Party – The Singing Stone 10am-4pm [www.thesingingstone.com](http://www.thesingingstone.com) 719-256-5307
- Board of Trustees Meeting – Crestone Town Hall 1:30 pm-6:00 pm 719-256-4313

### Tuesday, October 13

- Fall Navratri, Divine Mother Festival, daily fire ceremonies, discourse & lunch, Haidakhandi Universal Ashram 10am-noon [www.babajashram.org](http://www.babajashram.org) 719-256-4108
- Rio Grande Roundtable meeting, SLV Water Conservancy Dist, 623 4th St, Alamosa 2pm

### Wednesday, October 14

- Crestone End of Life/Informed Final Choices Public Meeting – The Topping House 7:00 pm-9:00 pm [crestone-end-of-life.org](http://crestone-end-of-life.org) 719.256.4247

### Thursday, October 15

- Healthcare petition deadline – All Day [www.ColoradoCareYes.co](http://www.ColoradoCareYes.co) above
- Sufi Dhikr. All Welcome. – 4:00 pm-6:00 pm Free. Donation appreciated
- So. Co. Film Fest – Richardson Hall, Adams State U. All Day [www.socofilmfest.com](http://www.socofilmfest.com)

### Friday, October 16

- Friends of the Baca Grande Library meeting – Crestone Town Hall 1:30 pm
- Robin Ross Poetry Reading – Point Gallery 6-8pm free [www.pointgallerydenver.com/](http://www.pointgallerydenver.com/) 720-254-0467; 303-596-2309

### Sunday, October 18

- 12 Hours of Penitence endurance mtn. bike race, Penitente Canyon All Day [12hoursofpenitence.com](http://12hoursofpenitence.com)
- Children's Day at the Ashram – Haidakhandi Universal Ashram 11:00 am-12:00 pm [www.babajashram.org](http://www.babajashram.org) 719 256-4108

### Thursday, October 22

- Work Party – The Singing Stone 10am-6pm [www.thesingingstone.com](http://www.thesingingstone.com) 719-256-5307
- Guru Rinpoché Tsok (Vajrayana communal feast) – Choying Dzong 6:30 pm-8:30 pm

### Friday, October 23

- Work Party followed by N.A.C. Singing Celebration, The Singing Stone all day, [www.thesingingstone.com](http://www.thesingingstone.com) 256-5307
- *The Great Divide*, film about Colorado water, Carson Auditorium, ASU, 6pm

### Saturday, October 24

- Fall Festival & Fund Raiser at the Ertle Ranch – The Ertle Ranch 5:30 pm-9:00 pm

### Monday, October 26

- Commissioner J. Anderson's hours in Crestone – Crestone Realty 9:00 am-2:00 pm

### Tuesday, October 27

- Sister Nance's birthday – All Day
- Full-moon Fire Ceremony followed by a meal – Haidakhandi Universal Ashram 10:00 am-noon [www.babajashram.org](http://www.babajashram.org) 719 256-4108
- Riwo Sangchö: Buddhist smoke offering (outdoors) – Choying Dzong 10:00 am-11:00 am

### Thursday, October 29

- Rumi Study Circle. All welcome! – 4:00 pm-6:00 pm Free. Donation appreciated. [nurashkijerrahi.org](http://nurashkijerrahi.org) 719-256-4290

### Saturday, October 31

- Halloween
- Death Cafe – Desert Sage Restaurant 2pm Free [www.crestone-end-of-life.org](http://www.crestone-end-of-life.org) 719-588-7415
- Halloween Ball, Cloud Station, \$10/person 7pm-midnight

### Sunday, November 1

- Daylight Savings Time ends

### Monday, November 2

- Crestone Planning Commission Meeting – Crestone Town Hall 6-8pm 719-256-4313

### Tuesday, November 3

- Election Day: Use pot money or give it back?

### Wednesday, November 4

- Tea Circle – Tea Circle 4:30 pm-7:30 pm free 719-256-4656

### Saturday, November 7

- Movie Manor Ashram Extravaganza – Best Western Movie Manor 5:00 pm-11:45 am \$151 [www.babajashram.org](http://www.babajashram.org) 719-256-4108

### Wednesday, November 11

- Veterans Day

You must have been warned against letting the golden hours slip by. Yes, but some of them are golden only because we let them slip by. –James M. Barrie

## Daily/Weekly Events

The Crestone Eagle does not carry events over to the following month automatically.

### Daily

- Morning Aarati, Haidakhandi Universal Ashram, 7am, 256-4108, [info@babajashram.org](mailto:info@babajashram.org), [www.babajashram.org](http://www.babajashram.org)
- Tours, Temple, & Gift Shop ~ Haidakhandi Universal Ashram, 256-4108, [info@babajashram.org](mailto:info@babajashram.org), [www.babajashram.org](http://www.babajashram.org)
- Jyorei, Shumei Sanctuary, please be seated by 7:50am and 5:50pm, 256-5284
- Tours, gallery and Jyorei, Shumei, 9am-5pm, 256-5284
- Evening Aarati, Haidakhandi Universal Ashram, 6pm, 256-4108, [info@babajashram.org](mailto:info@babajashram.org), [www.babajashram.org](http://www.babajashram.org)

### Sunday

- Teaching, Sri Aurobindo Learning Ctr 10:am-noon [sriurobindo.org/](http://sriurobindo.org/) 256-4917 or 256-6010
- Sunday morning Bible Study & Service Crestone Baptist Church 10:00 am-12:00 pm

- Drop-in Meditation Choying Dzong 10:00 am-1:00 pm 719-256-5224
- Alcoholics Anonymous open meeting Crestone Town Hall 7:00 pm-8:00 pm [www.slvaa.org](http://www.slvaa.org)

### Tuesday

- Continuing Ashtanga Yoga, Mysore Style Shakti Sharanam 5:00 pm-6:45 pm By donation [shaktisharanam.com](http://shaktisharanam.com) 719-256-5668
- Basic Mindfulness Meditation instruction & practice KTTG shrine room, 243 Baca Grant Way 6:30 pm-8:00 pm Free KTTG.org 360-370-7770, 719-256-4764

### Wednesday

- Yoga Fundamentals & Refinements Shakti Sharanam 8:30 am-10:00 am By donation [shaktisharanam.com](http://shaktisharanam.com) 719-256-5668
- iNtEgRaTiVe Yoga w Cynthia YES Bldg next to library 9:15 am-10:30 am 719.298.0360
- Gentle Yoga w Cynthia YES Bldg next to library 11:00 am-12:30 pm 719-298-0360

- Crestone Food Bank Crestone Town Hall 1:00 pm-3:00 pm
- Yoga at the Ranch Historic Everson Ranch 5:00 pm-6:15 pm \$10 to \$12 719-298-0360
- Wednesday night Bible study Crestone Baptist Church 6:00 pm-8:00 pm

### Thursday

- Alcoholics Anonymous open meeting Crestone Baptist Church noon-1:00 pm [www.slvaa.org](http://www.slvaa.org)
- Gentle Flow Yoga @ BeBop Studio BEBOP Studio 4:45 pm-6:00 pm 719-298-0360
- Continuing Ashtanga Yoga, Mysore Style Shakti Sharanam 5-6:45 pm By donation 719-256-5668

### Saturday

- Dorje Trolo Practice White Jewel Mountain 10am-noon no charge 719 480-5403

## Crestone Artisans Gallery Honors Artist of the Month Melinda of Nature's Sundance

by Carolyn Victoria

"I am inspired by the beauty in nature. I am compelled to try and recreate it - the colors, the vibrancy of life, and what nature shows me—I just try and make a little imitation of it; a microcosm of it."

Nature's Sundance, founded by Melinda, creates beautiful feathered jewelry and other feathered artifacts. She has a wealth of feathers at her disposal. "I raise my own birds. The art that I create is holistically and intrinsically tied to my life and farm and the land here. So when I make a pair of earrings, I can say, 'this is from my goose George, and these are from my peacock Pippin'. I collect feathers when they molt, and also at the end of life. Everything is given a purpose and nothing is wasted."

Melinda started drawing horses when she was a child of five years and has always been artistically inclined. About her artistic origins she says "I have never stopped being a horse-crazy girl. The work with feathers began in 1979. I was working on the hog farm in Mineral Hot Springs. One of my coworkers and friends was a Native American gal, and



Handmade feather earrings by Nature's Sundance. photo by EyeMystica

we found a dead hen pheasant on the side of the road. We cleaned and processed the feathers and she taught me how to make earrings. Our first show was an Art in the Park in Salida that year. This was my introduction to designing feather jewelry and has lead to the collection of earrings and ornamental eggs that I make today. I don't buy feathers from the store. My feather inventory is from the life long pursuit of this... right now I have probably about 20 chickens, 15 ducks, two peacocks, 7 turkeys and 13 gineafoul, an African ground nesting bird. They eat ticks and fleas and ants and chiggers - they are excellent for the land."

Her future aspirations include a large scale project which will be a scenery piece involving feathers in the style of homespun native crafts.. "a lot of the time I dream about things... I do them in my mind, you know, the big pieces".

The Nature's Sundance collection is represented at the Crestone Artisan's Gallery - new pieces are coming in for the Fall season. Look for new earring designs and feathered ornaments - goose eggs which have been blown out and covered with feathers.

**Upcoming Gallery Events:**  
Kick Off Party for the Studio Tour on Friday, October 9 from 3-5 pm with music performed by Cari & James. Serving wine and appetizers.

**Studio Tour**  
Saturday, October 10 and Sunday October 11 members of CrestoneArtists.com open their studios for tours.

## 2015 Crestone Energy Fair



Russ Priester gives a demonstration to a riveted audience at the Crestone Energy Fair on August 29, 2015. photo by Lori Nagel



Byron discusses some Bio Curious concepts with Nathan Good at the Energy Fair on August 29, 2015. photo by Lori Nagel



Kristy Knight put together a fabulous Kids' Tent at the Energy Fair this year, with the help of Ara MacDonald. It was full of kids all day long! photo by Lori Nagel



Nick Chambers is preparing to run a woodchip gasifier to make electricity as Eric Maki discusses the finer details of engines. The gasifier was graciously loaned by Santa Fe Community College's Biofuels lab for this year's Energy Fair. photo by Lori Nagel

CRESTONE ARTISANS GALLERY  
FINE ART & GIFTS

Corner of Cottonwood & Galena  
in Downtown Crestone  
719-256-5280

Gallery:  
10am-5pm  
Wednesday-Monday  
Closed Tuesday

Crestone Artisans Gallery represents 24 local artists & craftspersons  
Thank You for shopping locally!

CHECK US OUT ON FACEBOOK AT  
CRESTONEARTISANS GALLERY AND OUR WEB PAGE  
CRESTONEARTISANS GALLERY.ORG



Local artists from Crestone Artisans Gallery, CrestoneArtists.com & Crestone Creative District spent a beautiful Sunday morning together making a Nature Art Installation. The big cottonwood trees in Artisans Park inspired the 360 degree installation.

# Changes at CCS create concern

by Mary Lowers

Parents' concern about communications and actions at the Crestone Charter School (CCS) LINK high school class beginning-of-the-year camping trip led to parents meeting with Director Michael Hayes, LINK teachers Ryan Johns and Emily Donaldson, school counselor Laura Karnes, and Governing Council Representative Jo delAmor. About ten parents who asked for the meeting were in attendance. A parent of a LINK student summed up concerns, "CCS has always been a community-run school, a parent-run school. This is being lost. My son who has always loved school for the first time does not like it. Agreements with students are being broken. Student needs are not cared for and there has been public ridicule. I would like to see it become a parent-run school again."

Last year long-time LINK teacher Karen Acker had to leave the job for health reasons and parents along with students are making an adjustment to new personalities in charge of the high school program. The group of parents meeting at the school on Monday September 14 was concerned about students' physical and emotional safety. They were concerned that for one night of the camping trip there was allegedly only one chaperone. "It only takes one night for something to happen" one mother shared.

Appropriate behavior between teachers and students was another issue a parent brought up at the meeting. One question was: is it ok for a teacher in a school setting to wear clothing that students are forbidden to wear in school? Another was why the anatomy of a male student was allegedly discussed publicly? According to parents, students felt "embarrassed and shamed" by teachers. One parent said, "Don't treat kids like idiots . . . there needs to be respect on both sides," from students and faculty. One mother said, "I am hearing things that don't match from parents and school personnel." Parents called for more parent involvement and quick action on the part of CCS.

Director Hayes thanked parents for feedback and said "parents are a critical part" of the school community. He said the acceptable way set up to address issues was to first go to the teacher, then the director, and then to the Governing Council made up of parents and community

members. Parents felt the urgency of their concerns called for a different approach. Hayes was concerned about the "way this went down. LINK is not easy for teachers and they are doing their best."

Teachers Ryan Johns and Emily Donaldson were obviously seriously concerned. "I don't know what I've done wrong. I take this seriously. My relationship with kids is very important," Ryan Johns commented. LINK teacher Emily Donaldson, who moved to the area from Washington, DC for this job she's very excited about, said in connection with incidents causing parent concern, "Intentions are getting lost in stories." Both teachers are interested in working with parents and students to get through problems and ascertain what actually went on.

Governing Council member Jo delAmor expressed her interest in "resolution. I want to know where we have faltered. Defamation is not helpful." She also was upset that established channels of communication were not used. One parent responded, "Teachers are not getting back to us" . . . following the rules is not working, "doing it the correct way is not working." All parties at the meeting agreed that time was needed for investigation and response from the teachers and administration.

Some parents suggested the formation of a parent group. One mother said, "We came here to have these issues addressed. To understand clear, close and fix problems." The CCS faculty, governing council, and parents agreed to continue investigating problems through meetings. A third party mediator with decades of experience from Adams University may be called in to help sort the situation out.

*(Parents and students are not named in this article for confidentiality reasons. Teachers, administrators, and Governing Council members in this context are public figures and therefore are named. In the next issue of the Eagle we will report on how this situation was resolved.)*

# Third-party investigation says CCS teacher misconduct claims unfounded

Charter School to review policies & professional development re: trips & outdoor adventures

submitted by the Crestone Charter School

Results from a third-party investigation found that claims of teacher misconduct at Crestone Charter School were "unfounded."

"Recently, some concerning claims were made about teaching behavior during a recent Crestone Charter School student camping trip," said Michael Hayes, Director of Crestone Charter School. "We take allegations of this type very seriously and immediately launched a third party investigation that included interviews with the teachers, students, and families directly involved."

The investigation findings concluded that the accusations were unfounded. While it was true that a teacher used inappropriate language during a student discipline issue, there was no evidence of sexual harassment or unprofessional behavior beyond this incident. The investigation also found that students were properly supervised at all times during the LINK fall learning adventure and All School Camp.

"Day and overnight learning adventures are a very important part of the Crestone Charter School model, and thus our staff is well-trained on how to keep students safe at all times," said Hayes.

"However, we will review our policies and professional development on these important issues and will reinforce with staff the importance of engaging in positive and supportive language and actions at all times with students and in public."

Please address additional questions or comments by contacting Michael Hayes: [mhayes@crestonecharter.com](mailto:mhayes@crestonecharter.com), 719-256-4907.

**KRISTI MOUNTAIN SPORTS LLC**

LET US HELP YOU WITH YOUR NEXT GREAT ADVENTURE

TENTS  
BACKPACKS  
SLEEPING BAGS  
GROUND PADS  
FOOTWEAR  
OUTERWEAR  
SOCKS  
WATER FILTERS  
SUNGLASSES  
KNIVES  
COMPASSES  
STOVES • FUEL  
CLIMBING GEAR  
BINOCULARS

www.KristiMountainSports.com

3223 MAIN - WEST HWY 160 - VILLA MALL - ALAMOSA - (719) 589-9759

*Windsor Hotel*  
— Dining Room —

A TASTE OF COLORADO SINCE 1874

605 Grand Ave. Del Norte, CO 81132  
WindsorHotelDelNorte.com | 719.657.9031

**इहार्ति इहारानाल**  
पुठुवा इहार्ति

Now offering:

- ♥ Ayurvedic oil treatments
- ♥ Community classes by donation
- ♥ Private instruction and consultation
- ♥ Yogic cooking
- ♥ Therapeutic and custom courses of study

अन्नि २५६-५६६८

**इहार्तिइहारानाल:टटल**

# PROFILES IN MUSIC: BARRY MUNROE

## From south Florida to south Colorado: A long and winding road



Barry Monroe in his home studio.

by Eli Dokson

When I moved to Crestone in 1995, the first musician I heard performing live was Barry Monroe. I was drawn into his beautiful rich voice and silky electric guitar playing. His music reminded me of a cross between James Taylor, Jimmy Buffet and Steely Dan. We became friends and discovered our shared south Florida roots—in fact we were both born in the same Miami hospital—and here we were in Crestone, Colorado! Barry had been playing professionally for about 30 years (he and Dennis Neuhaus had gigged together in Fort Lauderdale before landing in Crestone in about '93).

Barry grew up in a musical household. His father, a seaplane pilot, was also an accomplished drummer and tap dancer, his mother a professional singer and piano/dance teacher, and his brother an opera singer. In 1960, as a freshman voice major at the University of Miami, Barry toured the southern states in a 90-voice choir that specialized in sacred music. The next year Barry was selected to be in the 19-voice choir that performed in a USO tour throughout Italy and Germany. They were actually in Berlin when the 1961 Berlin Crisis happened, resulting in the Berlin Wall. While the rest of the world was watching it on TV, Barry was singing his way through an international crisis! But that's a different article.

Those of us who have lived here for a while have no doubt had the pleasure of hearing Barry play in a solo setting as well as in a number of excellent ensembles. I got to sit in with his band Cheap Therapy several times and when Rescue Party played the Crestone Music Festival, I had a great time joining in. And while I could write pages about the many bands that Barry has played with over the years, I would like to devote these few paragraphs to one particular band that had an experience that very few bands can claim.



Barry Monroe with his band the Briarwood Singers.

When Barry graduated from South West Miami High School in 1960, he was primarily into the art of sophisticated jazz harmony vocals. He had had the incredible good luck of being mentored by the great Charlie McCoy (look him up—he played with Elvis, Dylan, Baez, Cash, Kristofferson, Ringo, to name but a few) who happened to be teaching at Barry's high school! When I heard that, I was almost as excited as when I learned that just a few years later, Barry and his band, The Briarwood Singers, opened for the Beatles at Carnegie Hall! I'll try to stay calm, but it ain't easy.

You may not have heard of the Briarwood Singers, but I'm guessing you have heard of the Beatles. (If you are reading this article and have not heard of the Beatles, please please me, you might be the walrus . . . I'll stop now.) In the early '60s, before the British Invasion, folk music was happening, and in 1962, a 20-year old Barry Monroe co-founded a 5-piece group that included a 12-string guitar, a six-string Martin, a 5-string banjo, a standup bass and a female vocalist—the Briarwood Singers.

The Briarwoods toured south Florida coffee houses and Holiday Inns for a couple of years, became the house band at the Crossway Inn in Miami, and got pretty darn good. In 1964, after they recorded their debut album at the now famous Criteria Studios for the Untied Artists label, the record company wanted to promote them, and it so happened that United Artists was also making a little black and white film called *A Hard Day's Night* featuring you-know-who.

The label's A&R (Artists and Repertoire) person talked to the label's film division, one thing lead to another, and the next thing Barry knew, the Briarwood Singers were flying to New York City. No one in Barry's band was prepared for what was about to happen. On February 12, 1964, while the Carnegie Hall audience applauded politely for Barry's group, the uproar that exploded when the next act made their entrance was downright surreal. Hard to imagine. (They actually performed twice that day at Carnegie Hall!)

Like many of my generation, I too "suffered" from Beatlemania and still do. To end this tale of Barry Monroe's excellent adventure, let me just say that Barry did get to meet the Fab Four, and in fact shared the plane ride back to Miami the next day with John, Paul, George and Ringo, who were to appear on the Ed Sullivan show at the Deauville Hotel in Miami Beach.

I was in 8th grade at Nautilus Jr. High School in Miami Beach when I got to see the Beatles at the February 15, 1964 afternoon rehearsal of the Ed Sullivan Show at the Deauville Hotel. And now Barry and I live here in Crestone, Colorado. The long and winding road.



**THE EARTH DANCER  
SCHOOL OF  
SHOEMAKING**

**3 Day Hiking Boot Workshop \$895**  
Oct. 19, 20, 21 2015  
Make a pair of durable custom fit hiking boots: the basic EarthDancer.

**5 Day Knee High Boot Workshop \$1895**  
Oct. 19, 20, 21, 22, 23 2015  
Make a pair of durable custom fit knee high boots: more advanced instruction

**1 Day Sandal workshop \$195**  
Oct. 24, 2015  
Make a pair of durable custom fit Breeze Sandals: good for city streets and hiking trails for men and women.

Workshop Location: 67583 County Rd T  
Challenger Golf Course Crestone, CO 81131

Watch for updates on our Visiting Teachers  
PO BX 485 Crestone, CO 81131  
719.256.4111  
Email [windwalker@cybertrails.com](mailto:windwalker@cybertrails.com)





**SUNFLOWER STUDIOS** Let's Capture Us a Lil' PET LOVE!



Lori Nagel



**Call Today!**  
**(719) 937-1202**  
**www.sunflowerstudios.us.com**

**PHOTOGRAPHY**  
Graphic Design & Web Design

# Who We Are

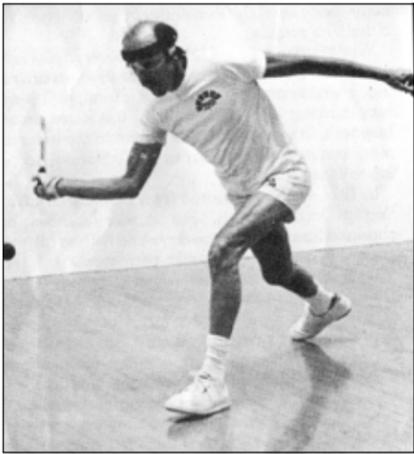
## Marv Mattis; Former big shot with the heart of a poet

by Gussie Fauntleroy

"People think I've got some sort of mystery in my hat because I worked on a project with John Lennon. But John Lennon showed me what he wanted to show me," says Marv Mattis, musing on the unseen aspects of life as a music executive in Hollywood many years ago. At one time, the same could have been said of Marv. In diverse roles as UCLA student communist party leader, peace activist, and music industry executive, he exposed whatever side of himself fit the part. Equally strong qualities—a sensitive nature, curiosity, self-doubt, complexity—were often kept hidden, like the tears he was trained not to shed as a confused little boy shuttled off to foster homes from age four to nine.

### The "scoop" on aging

Now 85 and looking back on his life as he completes his second (and, he believes, last) book, Marv is struck with the difficulty of being authentic as a man in the culture into which he was born. But in



Marv played racquetball at the Hollywood "Y" every morning before work.

Crestone—"this place I found, miraculously"—and at an age when masks can be dropped, he revels in the freedom to be exactly who he is. His new book, out soon, is titled . . . *Betsy: A Lighthearted Look at the Sunny Side of Growin' Old*. "Betsy" refers to "heavens to Betsy!," an old-fashioned exclamation of surprise. As with his 2009 book, *Beyond Yonder: A Phantasmagorical Memoir*, Marv writes in a personal,

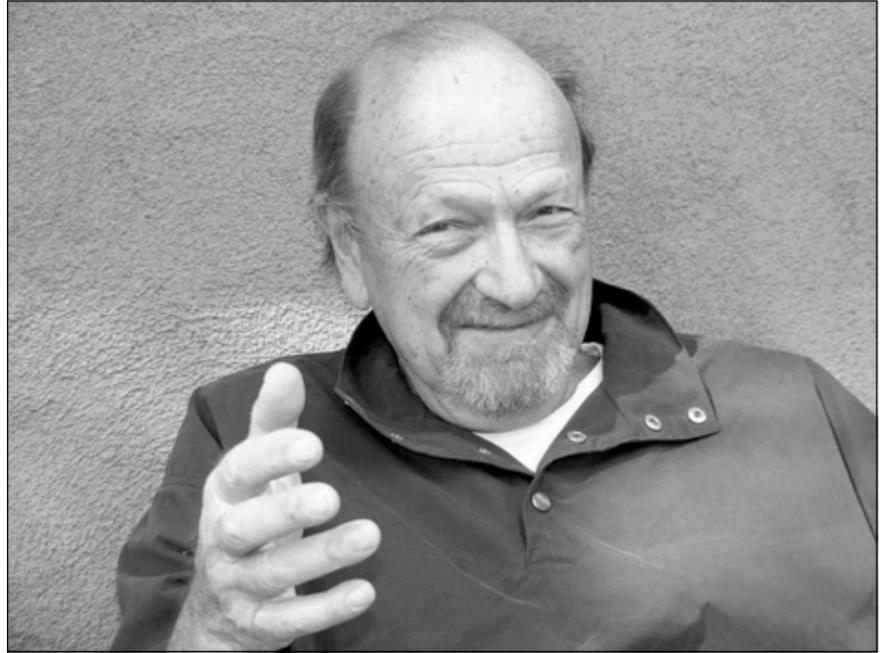
insightful, poetic, honest, and often humorous manner. He digs into his beliefs and shovels out controversial ideas when he feels like it. He faces the challenges of aging straight on.

The only parts he made up, he says, are the fantastical adventures of a dog named Scoop, who has died. "He's running on ahead and telling us there's candy and Beethoven's 9th!" Marv says, his smiling eyes crinkling. "In other words, don't worry, it's all going to be okay!" In fact, in Scoop's heaven, an infinitely expandable choir singing Handel's Halleluiah Chorus contains everyone who has ever meant anything to Marv. Among many others: Miles Davis, Beethoven, Marv's mother, father and sister, Janis Joplin, Bo (the dog), and Robin Ross, all harmonizing beautifully at the top of their lungs.

### Glimpsing another possibility

Marv's childhood wasn't always so happy. He grew up poor in Los Angeles during the Depression, the son of an East European Jewish piecework tailor who left home every morning carrying a brown paper sack. "He was a nifty little guy," Marv says. "I wanted him to be that militant guy, but he never was." Marv's mother brought music into his life, singing at the kitchen sink and teaching her toddler songs so old that Civil War soldiers would have known them. But she wasn't able to carry out the role of motherhood, and at four Marv was sent away to the first of a series of foster homes.

At nine he returned home, a "little adult" who tried to understand



The marvelous Marv Mattis in Crestone.



Marv and Naomi when they lived in Santa Fe.

his parents' decision, but never could. As a teen he held a series of menial jobs and fully believed he would end up working at the low end of the labor force. Then—as in all good Hollywood sagas—he fell for a girl. Her father was a wealthy, powerful literary agent and her family lived with cashmere, Picassos on the walls, and important people on the phone. They were also intellectuals who sympathized with communist ideals. The lifestyle supercharged Marv's dreams. Eventually he realized that to get what he wanted in life, he needed to go to school.

### From skinny kid to music heavyweight

At UCLA on the G.I. Bill after a short stint in the army, Marv initially felt out of place. But he loved literature and philosophy, graduated with an English degree, and learned to use language and charm. And he survived being a leader among student communists in the dangerous days of the Red Scare. ("1956 was a dumb year to become a communist.") At 25 he met Naomi, seven years younger, also deeply engaged in progressive issues, and a student at UCLA. They married in 1956. Marv speaks with pride

of their two kids: Elizabeth Mattis Namgyel, a dharma student and teacher of Tibetan Buddhism with Mangala Shri Bhuti, working on her second book; and Chime Mattis, also a dharma student and a musician who lived in Brazil for 20 years and translates Tibetan Buddhist teachings into Portuguese.

Marv's own entry into the music business involved knowing a guitar player who hooked up with a successful songwriter who was searching for a music publisher. Marv accompanied them to a recording session at RCA and, as he tells it, sweet-talked a woman there and impressed the bean counters; they wanted him on their team. And for 35 years he didn't let them down, ending his career at CBS Records as a vice president in charge of creative affairs.

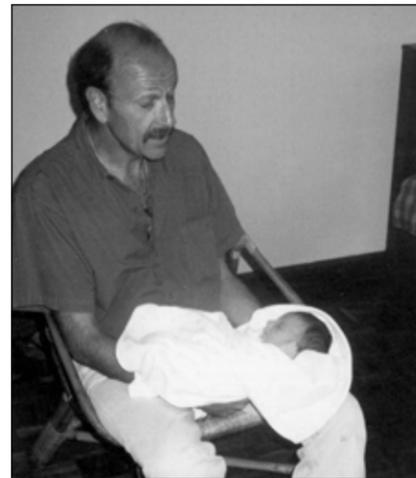
### A new song

When it was time to leave the business and L.A., Marv asked Naomi where she'd like to live. "I'm very independent," he says, "but I could never have done all this without her." She chose Santa Fe. Ten years later, in the late 1990s, they decided to settle in Crestone, a place whose soul is large enough to contain a passionate,

unconventional, former big shot with the heart of a poet. "Our roots go really deep in this community," Marv says. "I'm gonna die here, and I'm content with that."

Meanwhile, life is serving him up plenty of material for his new book. One insight he wants to share: "Growing old wasn't always seen as the enemy of life. Once upon a time it was seen as a carefree period where one could learn and play and prepare for the next phase of life. I'm exploring that." He smiles broadly and adds, "Don't give up—this is a good age. There's help and sympathy and joy and all that stuff. You've got to get ready to dump the 'old age' idea. You can't hang onto the old song because if you do, you can't catch onto the new song."

Gussie welcomes ideas for this ongoing series on Crestone area residents: gussie7@fairpoint.net.



Marv getting acquainted with his newborn grandson, Jampal, in Thailand.

## Hands with Heart

Providing Heart-Centered Care in Crestone for over 10 years!

- Chi Nei Tsang: Abdominal Unwinding
- Colon Hydro Therapy
- Therapeutic Bodywork
- Aromatherapy

Anna Louise Stewart • CMT, CCT

970.290.7710

AnnaLouise55@gmail.com

secondbrainwisdom.blogspot.com



## Dr. Kim Engard and Wildwoods Healing Arts receiving patients

In a rural community such as ours, it is a blessing to have a variety of doctors to assist with our healing; especially those who take time to connect with patients, and delve into the root causes of their disease to help heal the whole person, not just the symptoms. Dr. Kim Engard is just this type of doctor who recently moved back to Colorado into the Crestone area. She is a Naturopathic Doctor (ND), licensed Acupuncturist (LAc) and Master Herbalist with over 30 years' experience.

Wildwoods Healing Arts is a Natural Medicine practice which focuses on healing blocks that cause chronic disease states, environmental and medical toxicity, and cleansing lifestyle.

Dr. Kim, as she is known, had an intuitive draw towards plants and natural medicine as a young



Dr. Kim Engard

girl and has been immersed in the natural healing sciences ever since. Her extensive allopathic

and alternative medical experience includes working as the Emergency Room Trauma Coordinator at the Heart of the Rockies Regional Medical Center in Salida and as a faculty member at the SW College of Naturopathic Medicine in Tempe, AZ. She is also the owner/manager of Wildwoods Botanicals LLC, a professional herbal medicine company serving health professionals with products, educational events, and consulting in Herbal Medicine.

As someone who believes in the Naturopathic Philosophy of treatment of the whole person and commitment to finding the root causes of the disease process, Dr. Kim's range of medical treatments include Acupuncture, Botanical Medicine, Homeopathy, Physical Medicine, and Detoxification Therapies.

She began her Wildwoods Botanicals business in Salida 20 years ago and then moved to Arizona to open her Naturopathic practice—Wildwoods Healing

Arts—which she started in 2004.

When asked about her recent return, Dr. Kim said "I've always had a connection to this area and was guided to move back two years ago, purchase a home, and begin to practice here." She moved into the octagon building in Moffat last fall and has been sculpting that space to include her Wildwoods Healing Arts treatment space and Wildwoods Botanicals "formularium" where herbal extracts and special blends are crafted for her and other doctors' patients.

Dr. Kim is happy to announce she is receiving new patients and encourages individuals to visit her Wildwoods Healing Arts website to learn more about the various treatments she offers and to schedule an appointment.

A recent patient, Sherice, commented: "Dr. Kim is very caring and really took the time to understand my chief health complaint while listening and addressing my concerns and explaining modes of treatment. Her experience with multiple healing disciplines made me feel confident that my health concerns were addressed as thoroughly as possible."

If you want a doctor who is willing to work with you as a partner to help empower you with control of your health, while integrating different modalities—traditional as well as modern—then Dr. Kim Engard is the one for you. Please welcome her and Wildwoods Healing Arts into the community.

**WILDWOODS BOTANICALS LLC**  
 &  
**Dr. Kim Engard ND, LAc**

**CELEBRATING 20 YEARS  
 IN BUSINESS**

Natural Medicine  
 Specialty Botanical Formulations  
 Education and Community Workshops



Find us online at:  
**WildwoodsHealingArts.com • WildwoodsBotanicals.com**  
**(719) 766-8476**

**THANK YOU  
 Crestone  
 For a wonderful  
 season at the:**

*Saturday Market!*

## Shumei International Institute



Art Symposia, Exhibitions, Concerts and Special Events  
 See the community calendar or visit [www.shumeicrestone.org](http://www.shumeicrestone.org)  
 for an up to date schedule  
 Shumei International Institute - PO Box 998, Crestone, CO 81131 - 719-256-5284

**got something going on?**

post your **Events**  
 on the **Online Calendar!**

**[www.crestoneeagle.com](http://www.crestoneeagle.com)**

**It's so Easy! (and Free)**

1. -> [www.crestoneeagle.com](http://www.crestoneeagle.com) ->  
 CALENDAR -> Submit your Calendar Event
2. -> enter your Event Name, When,  
 Where and more details
3. -> submit...

**The Calendar is updated daily!**

**Looking for something to do?**  
 check out the Eagle's online Calendar...

**Daily  
 Weekly &  
 Monthly  
 Events**

**Community Calendar**

<< May 2015 >>						
S	M	T	W	T	F	S
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

## Haidakhandi Universal Ashram news

by Ramloti

How gorgeous was the month of September! It was busy with the holidays, all the visitors, and beginning preparations for our Divine Mother Festival, which will begin on Tuesday, October 13 and run through Wednesday, October 21. Along with daily fire ceremonies at 10am there will be special pujas, discourses, chanting, and meals. We will honor the children after the fire ceremony on Sunday, October 18. If you have a child who would like to be included who is under 10 years old, please call us at 719-256-4108 and let us know so that we have the correct amount of gifts for the children.

This month our new-moon fire ceremony is on Monday, October 12 and will be held at our smaller havan kund (fire pit) since Navratri begins the next day. We will honor our deceased ancestors in a special way at this fire ceremony. Our full-moon fire ceremony is on Tuesday, October 27. The fire ceremonies begin at 10am and are followed by a meal. Morning aarati is at 7am and evening aarati is at 6pm. There is generally a small fire ceremony after morning aarti at about 8am each day that we do not have a large one at 10am. Please call the Ashram at 719-256-4108 or email us at [info@babajiashram.org](mailto:info@babajiashram.org) for proper protocol for attending fire ceremonies and any other questions.

It is time to begin booking for the Movie Manor Ashram Extravaganza, which will be held on November 7 & 8. This year we are anticipating an even larger crowd so the generous owners of hotels in Alamosa have offered backup rooms for people who book after the 59 rooms at the Movie Manor are full. This is an incredible opportunity to spend a weekend chanting, doing puja, participating in a fire ceremony, eating sumptuous Indian food, and watching an Indian classic movie on the big drive-in movie screen from your



room, which sleeps up to four people. All this for only \$151 per room and 100% of the proceeds go to support the Ashram! Call or email the Ashram if you have questions or wish to make reservations. You will love this unique event and sharing with a couple of hundred others!

The Maha Lakshmi Shop still has carloads of silk saris, bedspreads, drapes, tablecloths, runners, pillow shams, duvet covers, and bolts of fine silk fabric. We are selling these amazing pieces for less than 10 to 15% of their value. Call us at 719-256-4108 so we can have the fabrics and other items ready to show you. The shop is open every day from 10am until 5pm. We invite you to come in and if you mention that you are an *Eagle* reader, we will happily give you a 10% discount on your non-sale purchases. We deeply appreciate your support. You may view some of what is in our shop on our website at <http://mahalakshmi-shop.wazala.com>.

For more information about the Ashram, please visit our newly designed website at [www.babajiashram.org](http://www.babajiashram.org) where you will find a calendar of upcoming events, many stories by devotees, writings about Shri Babaji and the Divine Mother, and the Ashram schedule. We also invite you to visit the Ashram at any time. We love to share Shri Babaji's and Mother's home with others. Just drop by or give us a call at 719-256-4108.

## The Sri Aurobindo Learning Center A teaching on consciousness

At our annual Savitri Immersion Workshop this year we had a presentation on the philosophy of consciousness which focused on the example of three of the most prominent architectural features of this community: the Tashi Gomang Stupa, the Carmelite Chapel, and the Hindu Temple.

It was pointed out that serious thinking about the the meaning of human consciousness began with the empirical philosophy of Hume in the 18th century, who believed that all we really know are the impressions of our senses, and the ideas that reflect those impressions (in some mysterious way), and we cannot know that those objects have any substantial or continuous existence themselves. But then, in the 19th century, the philosopher Hegel advanced the idea that when we are aware of this steeple or that steeple, we really know a universal to which these particulars belong, which includes a vast world of such symbols that have been used by religions for thousands of years to represent the aspirations of humanity to rise above its ignorance and mortality. By negating the particulars, we arrive at this universal truth of human civilization, which is a reality known directly by consciousness, just as the shapes of these steeples are known by visual perception. Through the universals we can also know the Absolute Spirit that manifests itself in such religious passions, emotions and ideas throughout the history of civilization.

Then, turning to the mantric poetry of Sri Aurobindo, we were shown through its powerful mystical rhythms and images the essential spiritual reality that is there behind these universal manifestations, and that explains the mystery of consciousness:

There walled apart by its own innerness  
In a mystical barrage of dynamic light  
He saw a lone immense high-curved world-pile  
Erect like a mountain-chariot of the Gods  
Motionless under an inscrutable sky.

Infinity calls to it as it dreams and climbs;  
Its spire touches the apex of the world;  
Mounting into great voiceless stillnesses  
It marries the earth to screened eternities.

It is within, below, without, above.  
Acting upon this visible Nature's scheme  
It awakens our earth-matter's heavy doze  
To think and feel and to react to joy;  
It models in us our diviner parts,  
Lifts mortal mind into a greater air,  
Makes yearn this life of flesh to intangible aims,  
Links the body's death with immortality's call:  
Out of the swoon of the Inconscience  
It labours towards a superconscient Light.  
If earth were all and this were not in her,  
Thought could not be nor life-delight's response:  
Only material forms could then be her guests  
Driven by an inanimate world-force.

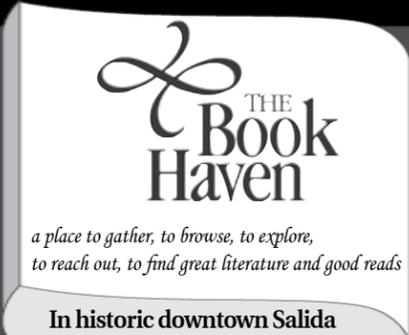
-Savitri p.98

For a schedule of teachings and activities please call 719-256-4917 or 719-256-6010.



**SRI AUROBINDO  
LEARNING CENTER**  
A Non-Profit Educational Foundation

P.O. Box 88  
83 North Baca Grant Way  
Crestone, CO 81131  
719-256-4917  
[sriurobindolc@gmail.com](mailto:sriurobindolc@gmail.com)  
[sriurobindolc.org](http://sriurobindolc.org)



**Kent Haruf's *The Tie that Binds***  
Adapted for the Stage  
by Carol Samson  
Oct. 3, 7:30; Oct. 4, 2:00  
at The SteamPlant  
\$16 in advance, \$18 at the door  
Proceeds benefit Sunset Homes  
Hospice Care

In historic downtown Salida      135 F Street

**Haidakhandi Universal Ashram  
&  
Maha Lakshmi Gift Shop**

Call 719-256-4108 so we can be prepared, or just stop by the Maha Lakshmi Shop!



**Still about 40 Rolls left of  
silk and other fabrics as low  
as 10% the value!**

**WWW.BABAJIASHRAM.ORG**

**Illuminated Therapies**  
AMULYA DAWN BEECHWOOD LMT, CEIM

Biodynamic Craniosacral Therapy  
for Infants, Children & Adults

Certified Educator of Infant Massage

Integrated Massage Therapy

Pregnancy Massage

Reiki

Reflexology

Aromatherapy



IlluminatedTherapies.com  
[info@IlluminatedTherapies.com](mailto:info@IlluminatedTherapies.com)  
719 256 4743

# Old & young enjoyed the Camino de Crestone this summer

by William Howell

The first of 2015's summer pilgrimages brought eight caminantes together for the August 22-29 Camino de Crestone. Hearts definitely expanded via the graces of pilgrimage: remarkable camaraderie, good food, contact with spiritual centers and their dedicated



Pilgrims on the Camino de Crestone enjoy a visit to Savitri House at the Sri Aurobindo Learning Center.

aspirants, daily meditations, daily walking under the sacred Sangres, and coming to be in touch with wisdom from many different angles.

Most of us were from Colorado: Breckenridge, Carbondale and Pueblo. One of us hailed from Kansas City, Missouri, and two of our number were lovely Hispanic women from Albuquerque.

With one in her forties, two in their fifties, three in our sixties, two of us were septuagenarians, including the eldest of all the Camino's pilgrims at 77. With our average age in the early sixties, the level of maturity was significant and harmony reigned. Humor and tears, recognitions of greater strength and recognitions of longings for truth, silence and great conversation, not to mention lasting friendships—these graces were the fruits of each of our seven intensive days together. Every day seemed like two or three, a testament to the altered time-sense of the Camino and the fullness of experience of each day, without exception, of this unforgettable week.

And then an altogether different Camino took place. On September 19, eight leadership

students from Yampah Mountain High School arrived in Crestone for a "special Camino" of just four days. And, just as they exited the school's bus that had brought them from Glenwood Springs and would take them on September 23 to a conference on Restorative Justice, it was clear that these young people, ages 16-18, were bringing an exceptional enthusiasm.

Their two accompanying teachers had prepared them, to their questions about what to expect, by responding wisely, "Simplicity and surrender."

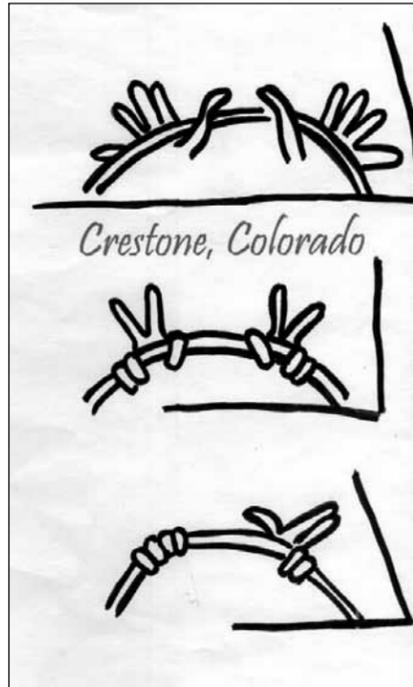
One female student had experienced more than one horrific experience in her young years, yet stood out as a constant inspiration to her classmates and teachers. And the only male student, when told that he would be walking the Camino de Crestone with seven girls, told his teachers that he didn't mind: "I need to do this pilgrimage for me."

Despite being the youngest pilgrims to make the Camino de Crestone, these youths brought their own maturity, and their excitement was a great gift to themselves, their two teachers and the spiritual centers they visited. Everyone remarked on the aliveness and inquisitive energy of these pilgrims. Thus it is the Camino de Crestone's joy to feel that Yampah Mountain High-school students will be annual pilgrims in summers to come.

There was almost another "special Camino" with students in Religious Studies from Denver University. A fine course syllabus was developed for a three-credit course, called "Experiencing Pilgrimage." However, the announcement and publicity went out a bit late, and so the focus of the sponsoring D.U. professors is to get the word out earlier and more broadly next year.

Thus, next year's Camino de Crestone can look to two repeating groups, both students, which means that more and more young people will come to Crestone to gain spaciousness in precisely the realm that for eons has been most troubling to humankind.

And so the cause for peace is forwarded pilgrim by pilgrims who—though they bear no insignia and hold no office, though they have no uniform and have won no medals—are authentic ambassadors for peace in our day.



## Why wave?

by Ruby McNulty & Mary Lowers

Driving down County Road T in late December and the snow's falling fast; furious flakes are pelting the windshield when headlights heading in the other direction appear. As your vehicle passes the oncoming truck through the storm you see a hand waving and you take a minute to wave back. You are not alone—there are other humans on the roads of Saguache County. The Wave is a phenomenon seen in mainly rural areas, country spots, ranching lands. It acknowledges our common humanity.

Waves differ regionally. As a kid in Hawaii Mary remembers, it was the "shocka bro" wave, index finger and pinky thrust out and angled downward with remaining digits in a fist. She claims this is very similar to the Texas "hook 'em horns" wave in which the index finger and pinky angle upward from the raised fist. Here in our neck of the woods there are many

different waves. But whether it is one finger raised from the steering wheel or a full palm wave complete with a grin, it's an acknowledgment of our common humanity and community in a place where the elk outnumber the humans (who like it that way).

Let's remember that despite many differences we are all humans living in Saguache County. Really, you can't find such a diverse population everywhere, but here the wave is one thing uniting us. It's small dose of positive energy. For Ruby when she came to visit this area, the wave touched her deeply and influenced her choice to move here. Ruby shared, "We don't have a lot of time. We don't have the time to sit down and visit. A wave speaks to our common ground; it makes us feel like family. Like a touchless hug from afar it is universal acceptance despite our differences." It lets people know that we know they are here and we all had better behave.

In these volatile times we need the Wave and fewer people seem to be waving. Some people think this is because we are too big population-wise to wave. Well, we need the wave. We need to know that despite differences we are there for each other. When someone waves at you, wave back; or be bold and initiate the Wave.

*Kai Beetch Design*

- ~ Blinds
- ~ Shades
- ~ Drapes
- ~ Repairs

Crestone 256-4498

Talk little.  
Listen a lot.  
Be grateful.

*David Hillman*  
LICENSED MASSAGE THERAPIST  
256-5165

*Live Simply  
Eat Well*

# Simple Foods

## MARKET

*Salida's locally owned fresh foods grocery with a wide selection of your favorite organic, natural and gourmet foods.*

719-539-7144

1548 G Street  
Salida, Colorado

10% off  
Second  
Sundays

[www.simplefoodsmarket.com](http://www.simplefoodsmarket.com)

## Moving Up Higher Enjoying everyday life



**How your thoughts connect with your words, moods, attitudes . . . and every single area of your life**

*by Joyce Meyer*

Would you like to be in a good mood every day? You are probably thinking, Yes, of course I would. Who wouldn't? I spent a lot of years being controlled by a variety of moods and believing I had no choice in how I felt. I envied all the "happy people." I used to wonder, What is their secret? Why them and not me?

Then I finally learned that our mind, mouth, moods and attitudes are all intricately connected. First you think, and then your thoughts turn into words that you speak, and the two of them together affect you emotionally and turn into moods and attitudes.

For years, I paid no attention to what I was thinking, and I didn't make the connection between my thoughts and the rest of my life. But the Lord has taught me many things from His Word about the "mind connection" since those early days, and I'm excited to share some of those truths with you.

### Enjoying life begins with a choice

Although we don't always have the power to change every unpleasant circumstance in our lives, we do have the power to change our outlook. Nobody enjoys a troubling or painful circumstance, but I've found if we look at it in a hopeful, faith-filled way, we can watch God work all things out for our good (see Romans 8:28).

Enjoying life begins with the thoughts you choose to think. Yes, it is that simple! No matter what is going on in your life today, if you will choose happy, hope-filled thoughts based on God's Word, you will feel happier. Our thoughts are intricately connected to our feelings, so if we want to feel better, we need to think better.

Think of the mind like the gas tank in your automobile. Your au-

tomobile will run well, or perhaps not even run at all, depending on what kind of fuel you put into it. In the same way, when you choose your thoughts carefully, your quality of life will improve in amazing ways!

Sure, there are some people who are born with a temperament that makes it easier for them to look on the bright side of life than others, but even they have to make choices about their thoughts and attitudes toward life.

Be honest with yourself and think about what you have been mentally focusing on and how you have been feeling emotionally and even physically. I feel certain you will see a definite connection. Nothing good comes from thinking sour, critical, and negative thoughts, but something good always comes when we think according to God's plan for our life.

### The key to transformation

Through His death and resurrection, Jesus offers us a new way of living; however, a new way of thinking will always precede this new way of living. Right thinking and right attitudes are roadmaps that allow us to reach our destination.

Ephesians 4:22-23 is one of my favorite groups of scriptures in the Bible. Verse 22 says to "strip yourselves of your former nature." Then verse 24 tells us to "put on the new nature created in God's image."

How do we do that? Verse 23 gives us the key: "And be constantly renewed in the spirit of your mind." So, the way to "put off" your old life and "put on" the new is to constantly renew your mind and attitude. It begins with filling our minds with God's Word, then choosing to think and speak the positive, faith-filled things He says about our lives.

### One step at a time

Renewing our mind, mouth, moods and attitudes isn't always easy. If you desire greater emotional stability, and the ability to maintain a consistent good attitude no matter what your circumstances are, then make it a goal and don't give up until you have reached it.

A walk begins with one step and then another and another. No matter how long your journey seems, if you take enough steps in the right direction, you will eventually arrive at your desired destination . . . and truly have the life you've always wanted.



Nick Drake, President Crestone Baca Village, Ammi Kohn, Living Wisdom and Bob Adler, Focus Group Member discuss Living Wisdom status and Focus Group membership.

## Living Wisdom pursues market study, establishes focus group

Living Wisdom continues its momentum by selecting Smoyer and Associates of Villa Grove to conduct a market study, beginning January 1. A final report is due by May 1. The study will make a formal determination as to whether or not a market exists for an elders' village in Crestone. The contract is funded through the Saguache County Sales Tax Grant fund. Our thanks to the County Commissioners.

Concurrently, Living Wisdom is establishing a focus group of Crestonians who will periodically have a chance through interviews to review and react to plans in their formative stages: preliminary designs for health, governance, organizational structure, etc. Seven test interviews have already been conducted to design the initial baseline interview. The first round of interviews will end in December so that the data can feed into the market study.

Two community meetings are anticipated; one in January to give the community the results of the first round of focus group interviews, and one in May with the results of the market study.

If you are interested in influencing the design of the village through participation in the Focus Group, contact Ammi Kohn, 719-588-2064, newammi2011@yahoo.com or Barbara Hoepfner, 256-4320. Please call Barbara after 10am. Living Wisdom will schedule an interview at your convenience. The interviewers are Kirsten Schreiber, Findley West, Barbara Hoepfner, and Ammi Kohn. Living Wisdom is especially interested in recruiting focus group members 65 and older with the minimum goal of establishing a group of thirty Crestonians.

Join the effort to bring an elders' village to Crestone. Contribute to a design that incorporates maximum input from the community.

**THE MATRIX  
INTERDIMENSIONAL  
LIGHT CHAMBER**

- ◆ Mind Stabilization
- ◆ Living Color Immersion
- ◆ Essential Aroma
- ◆ Sacred Sound
- ◆ Tactile Vibration
- ◆ Deep Silence

**(719) 937-7755**  
[www.thelightchamber.com](http://www.thelightchamber.com)

**Cozy Castle Cinema**

**First-Run Movies & Foreign Films**  
Showtimes: FRI 7pm & 10pm, SAT 4pm & 7pm, SUN 7pm  
403 4th Street Saguache, CO  
Movie Hotline 719-221-4159

**Joyce Meyer Article**  
*Sponsored by the Free Spirit Christian Church*  
Corner of Hwy 17 and Moffat Way

Sunday Services	3:00 pm
Bible Study Thursdays	6:00 pm
Prayer Services Mon & Fri	10:00 am
Food Bank Tuesdays	2-4 pm

*Events at Sangre de Cristo Trading Post in Moffat:*

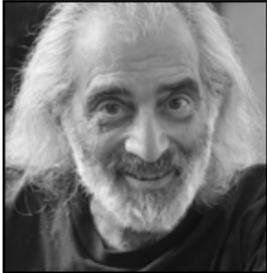
Prayer Breakfast every 2nd Saturday	8:00 am
Shabbat Celebration every 1st Friday	6:00 pm

*\* Please feel free to call Earl LeRoy at 719-650-9737 or Tim Brenner at 588-1857 if you have any questions.*

WHERE HEALING WATERS FLOW...

**JOYFUL JOURNEY  
HOT SPRINGS SPA**  
719.256.4328  
JoyfulJourneyHotSprings.COM AT MINERAL HOT SPRINGS, COLORADO  
-PRESENT THIS AD FOR \$10 OFF LODGING-

**Open Daily 9AM-10PM**  
Newly Resurfaced Outdoor Pools 98 - 108 DEGREES  
MASSAGE THERAPIES HOTEL ROOMS, YURTS, Tippi's,  
CAMPING, RV, & CONFERENCE CENTER



# Aging as an art

by Ammi Kohn

## Nutrition Police

by Ammi Kohn

Sometimes the Nutrition Police are way out of bounds.

Yes, yes, I know (1) We need to eat 35% of our total calories as protein because of bone loss and muscle wasting. Sounds right. (2) Our thirst-regulating mechanism weakens, so we need to drink fluids even if we don't feel thirsty. Reasonable. (3) We have less ability to synthesize vitamin D from the sun, so we need a supplement or get more sunshine. Good advice. (4) Our bodies produce less hydrochloric acid and protein, both needed to process and absorb certain vitamins, particularly B12. Make sure B12 is in our diet. Quite so.

But, really, sometimes the Nutrition Police are just totally clueless!

Priva, my 96-year-old mother, was starting her fourth year in a nursing home when my sister and I visited. As always, Priva sat alone, a tiny shrunken figure encased in a big stuffed chair, and, as always, wearing her favorite crumpled small soft brown hat.

My sister and I were meeting with the nursing home to review her "progress" on the IDP (individual development plan) goals, a meeting mandated by federal regulations. The Authorities were seated around a large round conference table. The circle consisted of The Head Nurse, The Doctor, The Aide who knew my mother best, and the Nutritionist.

After some initial pleasantries which were supposed to put us at our ease but did not, my mother's IDP was reviewed; weight, medicines, etc. So far, so good. The usual yearly routine.

And then the Nutritionist took charge.

"We are extremely concerned about Priva's dietary intake." (I silently agreed. The food was horri-

ble, far worse than my tasteless army mess hall "balanced diet.")

She continued. "She hardly eats anything at all. In fact," and now she seemed quite stressed, "all she wants to eat are kosher hot dogs and chocolate kisses!"

Hedy and I looked at each other and spontaneously burst out with almost the same words. "She's 96 years old. Let her eat all the hot dogs and chocolate she wants."

Comfort food from childhood days on New York City's East Side. Savory and delicious!

Faustus: When you're old, chocolate still tastes wonderful. With health food, the clock has stopped . . . it still tastes, well . . . healthy!

Ammi: Where's the balance between health and comfort food? For now, pass the chocolate and kosher all beef hot dog, please. And don't forget the mustard and sauerkraut!

320 W. 7th St., Salida  
Open Tues thru Sat  
Kathy 539-7409

**STILL MOUNTAIN**  
Classical Five-Element  
**ACUPUNCTURE**  
Jan Foster Miller, M.Ac., L.Ac.  
Call for your fall tune-up now!  
719 - 256 - 4775

## Fall & the Metal Element

by Jan Foster Miller, L.Ac.

With the lingering late summer it's hard to believe fall is here, but by the end of October there is normally a bare remnant of leaves clinging to the trees after the rest have turned to jewels and drifted down. Now we see dried, bleached grasses, remains of summer lushness and late summer bounty. The sun's light is softer and whiter as it travels south. In the ancient Chinese view, fall corresponds to the Metal Element which has to do with richness, purity, death, letting go, and paring back to essence. How do all these things go together?

The most outward (and beautiful) sign of fall is the turning of the leaves. This is actually their death-throe as trees return sap to their roots and the leaves die. This is nature's way of cutting back to essentials, to essence. Without this cycle of death and decay, life would cease for the richness of new life and growth depends on nutrients provided by the breakdown and rotting of what is no longer needed.

The Metal Element is about what is most precious. Not surprisingly it includes our connection to spirit. As life is pared down to what is most vital, the life of the spirit takes pre-eminence. We often see this in elders as the body and sometimes mind become less robust the spirit can become richer. In fall, we are invited to cut back life's outer demands and turn inward toward what is most important. This can be different for everyone but often includes connection with inner life and the sacred.

The organs ruled by Metal are the lungs and large intestine. The lungs provide inspiration, connection to all life and to something greater. They work with the large intestine to take in what is needed and eliminate what is not. We often think of the large intestine as the eliminator but it also has the important function of conserving and absorbing all the nutrients that can be used by the body before elimination. As in all nature, the "waste" is not wasted. The carbon dioxide we exhale is used by plants and the excrement concentrated by the large intestine is a rich source of nutrients for new life.

The taste associated with fall is pungent. This is the best time of year to eat hot (spicy) foods, which cleanse the body and build warmth for winter. Besides hot chiles, other nourishing foods for fall are garlic, onions, brown rice, cabbage, tempeh and tofu.

Fall is traditionally a time for cleaning both inside and out. It's a good time to let go of what is no longer needed, including outmoded ideas and habits. What is truly valuable to you? What is being held beyond its time? May we all be like the trees letting go gently and easily just because it is time.

Jan Foster Miller is a licensed acupuncturist trained in the Classical Five-Element tradition. She works with the laws of nature to help restore and maintain health. She can be reached at 256-4775.

**Crestone End of Life Project**  
Promoting informed end-of-life choices and supporting their fulfillment  
PO Box 1238, Crestone, CO 81131  
www.crestone-end-of-life.org • 719.588.7415 or 719.937.7802 • ceolp.info@gmail.com

**DEATH CAFE! OCTOBER 31, 2PM, at THE SAGE**  
JOIN US FOR TEA AND LIVELY CONVERSATION ABOUT DEATH!!  
A free event, call Stephanie 588.7415/Malina, 256.4211 for info.

Attend our meeting **Wednesday, October 14th** at 7pm, at the Topping house, 33 Sunset Overlook (first left behind former Century 21 office). Call 256.4247 for information/directions.

**An HRRMC Community Wellness Event**

# WOMEN'S HEALTH DAY

Saturday, Oct. 10 • 8:30 a.m. – 3:00 p.m.  
SteamPlant Event Center • Sackett and G St., Salida, CO 81201

**Cross My Heart and Hope to Live**  
Tracey Conway, an Emmy-winning actress and star of the nationally syndicated comedy show "Almost Live," was only 38 when she suffered sudden cardiac arrest and her life changed forever. She shares her story of recovery and learning to live with heart disease with her trademark humor in a keynote that has inspired audiences from Boise to Budapest.

**CHOOSE FROM 8 SEMINARS:**

- Stress Busters
- Is Your Bladder in Control?
- Compassionate Communication
- Posture for a Healthy Back
- Optimistic Aging
- How to Spot and Treat Skin Cancer
- A Guide to Breast Screenings
- Building Core Strength

**HEART OF THE ROCKIES REGIONAL MEDICAL CENTER FOUNDATION**

Cost: \$25 includes gourmet lunch catered by chef Michelle Gapp.  
Register by October 5 online at hrrmc.com or call 719-221-5793.

*Water from the Heart of Nature*

**The Living Vortex Water Jug**

**\$199.00 (+tax)**  
LivingVortexWater.com

- Ionized • Energized
- Oxygenated • PH balanced

**Your body deserves it!**

**Call Anna Louise**  
970.290.7710  
annalouise55@gmail.com  
LivingVortexWater.com

Moffat School News is sponsored by



San Luis Valley Federal Bank

Trust & Strength Since 1899



Alamosa  
589-6653 or 587-4035

Monte Vista  
852-5991



2015-2016 Moffat Student Council: President Imanuel Baca, Vice-President Joedeelee Rigdon, Secretary Jake Hansen, Treasurer Anton Faust, Ambassador Paige Caffey (not pictured), Senior Class Representative Justin Gonzales, Junior Class Representatives Destiny Rude and Nico Anzalc Tolian, Sophomore Class Representative Jared Sheppard (not pictured), Freshmen Class Representative Isiah Wellman-Wheeler (not pictured)



Moffat Middle School students are discussing their warm-up exercise plans for the week with physical education teacher Will Shellabarger.

## Moffat School Board passes resolution to facilitate CCS curriculum development

by Moffat Consolidated School District #2 Board Members

At its September 21 meeting, the Moffat Consolidated School District #2 Board of Education (BOE) passed a resolution to incentivize the Crestone Charter School (CCS) to use its strategic plan and adopt a written curriculum based on its ends policies.

CCS operates under a contract with the Moffat Consolidated School District #2 where the school is required to “teach to the District’s content standards” (which are the same as the state standards) and “provide curriculum and instruction that offer students the opportunity to meet or exceed those standards.” Every five years CCS is subject to a “comprehensive five year review” of its operations to ensure compliance with the contract and the law.

Two of the findings of the most recent five year review of CCS (April 2015) were that “. . . there is currently no comprehensive curriculum management plan that directs

the design, delivery, dissemination, monitoring, and evaluation of the Crestone Charter School System’s curriculum” and “. . . the written curriculum is currently inadequate to ensure the quality and consistency necessary to direct teaching, increase student learning, and promote deep alignment.” A previous five year review (February 2011) also referenced the lack of curriculum and recommended that CCS “design and implement a comprehensive curriculum management plan that will result in the development of written curriculum . . .”

As elected public officials, BOE members are obligated to ensure that students in the district are being instructed in a consistent manner as they progress through different grade levels regardless of teacher turnover. Therefore, concerned with two consecutive five year reviews with essentially the same findings, the BOE held two special work sessions in early September to discuss potential actions it could take to motivate CCS to creating a comprehensive curricu-

lum as soon as possible.

During the work sessions, the BOE developed a plan wherein CCS would produce curriculum documents for the language arts, math, social studies and science core subject areas over a two-year period. As curriculum documents are produced and implemented for each subject area, the BOE would approve a portion of mil levy override funding to be allocated to CCS.

According to the contract with CCS, the district is not obligated to provide mil levy override dollars to CCS. However, the BOE typically votes to divide this funding proportionately between both CCS and Moffat School based on the number of students attending each school. Under the resolution, the BOE would provide this funding to CCS over the next two years only when CCS meets curriculum implementation milestones.

School curriculum and how it is delivered is at the core of a charter school’s identity. The BOE has no intention of defining the specifics of the CCS curriculum. The BOE’s goal is to empower CCS to define and deliver a unique, compelling curriculum that meets state standards and ensures the best possible learning outcomes for students.

This is an exciting time for CCS. With new membership on the CCS Governing Council and a well thought out strategic plan, there is a valuable opportunity for the BOE and CCS to leverage tax resources to create and deliver top notch curriculum to CCS students. The BOE looks forward to empowering the CCS leadership to take the next step forward in curriculum development.

The CCS curriculum audits can be found online at [moffatschools.org](http://moffatschools.org).

Something Fun for EVERYONE

Unique educational toys & games - Childrens books - Travel toys - Baby gifts  
Arts & crafts - Lego - Playmobil - Puppets - Fun jewelry - Novelties

**Check out our fun Halloween accessories and party favors!**

116 F. Street, Downtown Salida [www.kaltoys.com](http://www.kaltoys.com)  
719-530-0533 • OPEN Mon-Sat 10am-6pm, Sun 10am-5pm

**CYP THRIFT STORE Volunteers**  
Wish You a Happy Halloween!

# Crestone Charter School earns Gates Family Foundation Grant

by Michael Hayes

Crestone Charter School recently received a Gates Family Foundation Grant for \$100,000 over the next three years to help fund professional development around building intentional learner-centered school culture and mastery-based learning.

Over the last year and a half, Crestone Charter School has gone through a shared vision and strategic planning process that has involved approximately 150 stakeholders including students, parents, staff, and community members.

At the core of this work was seeking feedback from stakeholders about what the Charter School was doing well in fulfilling our mission and where we should direct our energy in the future. The grant from the Gates Foundation is very much a product of that work.

Middle School science and math teacher TJ Walling states "The Gates Grant will give us quality professional development and the tools to align our classrooms with practices and procedures Kindergarten through 12th to the greatest extent so that students can transition and are ready for what is coming."

One of the primary issues new teachers faced when coming to CCS was that they came into the school with little to no inculcation as to the Charter School's model for teaching and learning. Teachers were left to sort out how to adapt their pre-existing practices to a highly individualized and non-graded program. More importantly, the lack of consistency left students and families with a lack of clarity about what learning had occurred.

The CCS staff, in conjunction with parents and students, has already begun developing that inten-



The Crestone Charter School strikes a pose at their first day of the 2015-2016 school year. photo by Lori Nagel

tional model for teaching and learning. Classroom Shared Vision, Codes of Cooperation, and Standard Operating Procedures in use in classrooms are all intended to support learner-centered culture.

Staff also engaged in professional development this fall that will begin to enhance the focus of student learning in core academic content and accountability for students learning in our non-academic content areas. In this mastery-based learning model, students move through intentional learning targets based on mastery of content rather than seat time.

Primary teacher Pam Jones states, "The Gates Grant gives us of an opportunity to more fully integrate experiential learning into each class."

The support of the Gates Foundation will help our school in developing our model of teaching and learning through quality professional development, school site visits, and staff attending and presenting at conferences.

We know that we have a lot of work ahead of us and we are excited about the support provided by The Gates Foundation.



## CRESTONE MERCANTILE

Grocery Store: 191 E Galena Ave  
Open 7 Days a Week 8a.m. to 8 p.m.  
(719) 256-5887

Hardware Store: 182 E Galena Ave  
Open Mon.-Sat. 8a.m to 5p.m.  
(719) 256-5885

Laundromat: 191 E Galena Ave  
Open 7 Days a Week  
8a.m to 7p.m.



Bob's Place  
7:00 a.m. - 3:00 p.m.  
We're making changes!



Happy Halloween!!  
We have Terrific Pumpkins at  
Great prices!!

### It's Fall.....Time to Winterize

We have everything to make your home warm and cozy this winter at prices that beat the stores in "town"

New grocery items added each week!

The Hardware Store is better than ever!

Shop Local! Driving to town hurts the environment & puts your tax dollars into another county....

## The Washington Beat

### Whither Hillary?

by David Nicholas

#### The politics of reticence & pending implosion

The Hillary Campaign can't seem to stem a slow spiral downward. The Democratic nomination was Hillary Clinton's for the asking, or so it seemed this time last year. But a year later, with polls dipping and a ham-fisted effort to handle issues (which in February were simply explained loose strings), those issues are now viewed as scandals; Hillary Clinton is in trouble.

This isn't just one thing, but the general lackluster effort to inspire people to get on board and support Mrs. Clinton's candidacy has her campaign seemingly mired in inertia. The press—even sympathetic members of the media—are clearly ambivalent about her dealings with public concerns. You would think that someone in the campaign would sit her down and speak truth to her power. Just tell her that she needs to show she really—passionately—wants the job. Also tell her what's needed to get the campaign back on track. This means getting her candidacy out of the Republican shadows and being active, not reactive, to critical narratives from the press.

Constantly we get flippant remarks about erasing hard drives and an "I'm sorry" apology for using a private email account. These really came too late to turn around the impression of unreliability and increasing concerns about her character which have arisen over the last eight months.

Mrs. Clinton always looks like she comes before the media under sufferance and always gives the sense she would rather be someplace else. Worse, when power Democrats who talk about her candidacy sum it up with, "... she's not Bill."

Well, no, she's not Bill, but when you lack the political savvy of President Bill Clinton, you need to be more outward-going and, dare I say it, gregarious, in media and public appearances. President Bill liked campaigning; it always energized him. But for her, campaigning is a chore.

No doubt about it, campaigning is a chore for most candidates—no one I know who has stood for election likes doing it—and for two years campaigning for president tests the best of us, but nevertheless that's the deal you bought into when you announced.

So Hillary Clinton needs to front up to the press with enthusiasm and happily answer annoying questions with sincerity and diligence. Not doing so has seen her poll numbers decline, especially in Iowa and New Hampshire where Mrs. Clinton is neck and neck with—and in some polls has fallen behind—Bernie Sanders.

She leads in some national polling. CNN/ORC poll released on September 20 shows that among Democratic primary voters Mrs. Clinton leads 42% to Bernie Sanders' 24% and Joe Biden's 21%.

If she loses the first tests of Democratic support in the Iowa caucus (February 1, 2016) and the New

Hampshire primary (February 9) it may become a negative narrative from which she may not recover. The narrative is that it's 2008 all over again, where she lost both contests to the current occupant of the White House.

#### Candidate Bernie Sanders

Vermont's Bernie Sanders can win this race. Not only can he win this race, the narrative now is that Mr. Sanders is giving die-hard Clinton supporters pause to have a look at him. His campaigning shows he is succeeding in getting his message across and he is starting to have fun doing it. Such as when Stephen Colbert on Late Night asked him about being a "socialist" and "democratic" and why he doesn't treat them as insults as they were intended? He's happy being called a democratic socialist and then lately he has been redefining both these words that allow them to be palatable to voters rather than as buzz word red flags. In Iowa Mr. Sanders leads 43%-33% ahead of Mrs. Clinton (Source: CBS/YouGov, 646 likely Dem Caucus-goers) and in New Hampshire he is ahead 52%-30% (549 likely Dem primary voters).

#### Joe Biden

Speaking of someone who enjoys campaigning, the word of mouth is Vice-President Joe Biden is actually looking like he could announce he will run in October. The guy used to take the train from his home in Wilmington, Delaware to DC every day. He likes people and at the moment he is riding high again from an interview on Late Night with Stephen Colbert, twenty minutes which raised his political fortunes. The moments of the interview when he spoke of his grief for his son Beau, pouring his anguish and grief out on late night was heart-rendering with moments of quiet dignity. It held the nation spellbound.

He becomes a major force in the Democratic race and possibly the Clinton alternative if he chooses to run. Quinnipiac poll released in mid-August (8/20-8/25) had Clinton 45%, Sanders 22, and Biden 18%. In a sense he becomes a spoiler in that he draws support from both Mrs. Clinton and Mr. Sanders, but more so from the former. We will see.

#### The second Republican debate & does it matter?

Yeah, this one does. All three hours of it! The second GOP debate on CNN drew 23 million viewers on September 16, one of the largest audiences for that network. The debate was a scramble among 11 candidates to shine some light on their candidacy and stand out from the Donald's bluster to have any chance at getting the Republican nomination. It worked for some and not for others.

This was Trump's debate to lose and he did. In comparison, in the Fox debate the Donald had to make his mark and he did, but the



CNN debate was to see who could challenge him and his mouthiness.

Two candidates who could talk in complete sentences about what they stood for I thought came out ahead. Half way through the three hours of interminable back-and-forth, I had former CEO of Hewlett Packard Carly Fiorina ahead of anyone else on general politics as well as putting the Donald in his place which she did with this on his sexist comment about her looks, "I think women all over this country heard very clearly what Mr. Trump said," she said, once again to overwhelming applause. Ms. Fiorina held that lead for the rest of the debate.

Did the debate change the game for her? Yeah, it did, in that this performance gets her on more talk shows, garnering a lot more free exposure and generating momentum. While Trump still led the field in the post-debate poll it was Carly Fiorina who gained by leaps and bounds. The CNN/ORC poll has Trump at 24%, Fiorina at 15%, Dr. Ben Carson at 14%, (but also notable) Senator Marco Rubio at 11%. Jeb! is at 9%. The rest don't matter.

On foreign policy, the one who stepped out from the rest was Senator Marco Rubio. The Senator from Florida was concise and demonstrated a clear understanding of the world the next President will inherit offering a more realistic view than the extreme views expressed by other candidates. Case in point, Senator Ted Cruz (R-TX) who intends on his first day in office to call Iran's Supreme Leader Ayatollah Khomeini and tell him the Iran Deal is no longer, forthwith "ripping it to shreds."

Diminished by their performance in this debate was Jeb! Bush, who really looked out of his depth in this free-for-all (which co-moderator Jake Tapper could barely control). Jeb! lost points when he failed to force the Donald to apologize to his wife for a tweet comment made months back about Jeb! "liking Mexican illegals because of his wife." The Donald retorted that he did nothing wrong. It was a pretty ugly moment.

Also diminished were: former Wisconsin Governor Scott Walker, Senator Cruz, Ohio Governor John Kasich, Senator Rand Paul (R-KY), New Jersey Governor Chris Christie and former Congressman Mike Huckabee. The litmus test on these guys is, do they have the ability to survive until Super Tuesday in March 2016? My view is no, they don't. Money would be the major factor, with inane and stupid remarks being the other.

#### GOP race takes its toll

Not surprisingly Republican hopefuls are starting to drop out of the race. Texas Governor Rick Perry decided to quit before suffering another drubbing at the debates, withdrawing September 11. It was the "Oops!" moment in that 2012 GOP debate that made him an also-ran in this cycle. People have long memories of stupidity.

Wisely, former Wisconsin Governor Scott Walker quit the race September 21. Once considered the invincible frontrunner for 2016, Walker couldn't get the air needed to be a front runner. The Donald overshadowed him with bombast and showmanship. The Beat never considered him as a contender.

The  
**CRESTONE EAGLE**

**For Sale!**

***The Eagle wants You!***

**Your Love of the Valley**  
**Your Vision**  
**Your Ideas**  
**Your Innovations**  
**Your Energy**  
**Your Future!!**

After 25 great years, it is time to retire, and, yes, *The Crestone Eagle* is for sale. Small town newspapers are important and profitable businesses, especially in towns with a strong sense of community. The Eagle speaks to a place and a lifestyle that will continue to attract people no matter how the world changes in the future. This is a singular opportunity to make a difference in a community through print and digital media. We need a good steward for the future. Please call if you think you may be the one.

**Please direct all inquiries to our broker,**  
**Vivia Lawson: (719) 256-5800**  
**Please do not contact the Eagle offices.**  
**All inquiries will be mutually confidential.**

Then Ben Carson is being pressured to throw it in after his NBC's MeetThePress interview where he said Muslims should never be allowed to run for president. Prior to this gaffe, Dr. Carson was running second to The Donald. We will see how long he lasts.

What you can take away at this stage is that if polling numbers are not in double digits now, play in the primaries will be short lived. This means Jeb!, Ted Cruz, Mike Huckabee and Rand Paul. All are likely to hit the wall between now and February 1, the day of the Iowa Caucuses, unless something breaks for any of them that alters this trajectory.

**Trumpy Dumbty Part 3**

Cannot say I am too disappointed but the Donald is starting to decline in the polls. While some pundits say he can be a major contender in 2016 for the nomination, the Beat says hell may freeze over if he is.

Yes, he still leads, but he is going down. Memorable Trumpy remarks this month were: "I make wonderful deals," says the Donald in reference to the Iran Deal, which he thought was a terrible deal. And Carly Fiorina is "a gorgeous woman," after having made aspersions to her character prior to the CNN debate. Makes you feel good he's running, don't it? Uh-huh.

**Planned Parenthood furor**

The fight is on over Planned Parenthood and whether it should receive federal funding. Planned Parenthood is a convenient target every four years when Republicans are looking for an issue to distract from their humiliating defeats(s) of major issue(s) at the hands of a Democratic administration. But Carly Fiorina's fiery denunciation of Planned Parenthood in the CNN debate has raised it to a high-profile issue.

Apparently, there are videos of Planned Parenthood harvesting body parts from terminated fetuses. Gruesome and goulish if true, but it's said these videos are doctored/Photoshopped by the organization who gave them to the GOP. The truth will out at some point. At press time, it appeared Congress might shut down the government over this matter on October 1. Foolish move if Congress plays hard and fast with this, but you have to remember that it's Republicans. Republicans are always mad about something in the age of Obama.

The President announced on September 24 that he would veto any bill that would cancel funding to Planned Parenthood. It's a face-off. The Republicans must either carry out their threat of shutting down the government or back down. Likely the latter, but you never know.

**Rum & Cola for the Yankee dollar Part 2**

The number of times Cuba was mentioned in the CNN debate?

None.

Pope Francis was in Cuba in mid-September and met with Castro Brothers Raul and Fidel before heading to DC. He spoke before a joint sitting of Congress on September 24.

His Holiness is credited with bringing the US and Cuba together and instrumental in bringing about talks leading to normalizing relations. Pretty savvy guy.

What is pretty revealing is that the GOP leadership in Congress doesn't continue fighting lost causes. Cuba is no longer a hot potato. After all the fuming and ruminating that went on before we re-established diplomatic relations, the furor has fizzled.

**The Iran deal goes ahead**

The 60 days Congress had been given to consider the Iran Deal ended on September 17 and after three attempts to bring Senate Amendment 2656 (the purpose of which was, "To prohibit the President from waiving, suspending, reducing, providing relief from, or otherwise limiting the application of sanctions pursuant to an agreement related to the nuclear program of Iran") failed to get a vote on the floor of the Senate. The third attempt to bring it to a floor vote was lost 53-45. Senate rules require 60 votes or better to pass and allow a straight up-or-down vote. Soon-to-be House Minority Leader Senator Chuck Schumer (D-NY) voted nay with other Democrats on the third vote. The previous two attempts to bring this to the floor was lost 56-42.

This was another slap to Senate Majority leader Mitch McConnell (R-KY) who had tried get enough Democrats to vote to block the deal. But in the end, other than Senator Ted Cruz (R-TX) threatening in the CNN debate to "rip it to shreds" if he was elected President and Mr. McConnell muttering threats of "on your head be it" to Democrats, the President moved.

The administration moved aggressively to put the deal into effect, naming a new czar to oversee implementation, and announcing that President Obama would issue waivers suspending all U.S. nuclear-related sanctions on Oct. 18. The new czar is currently the Ambassador to Poland and career State Department officer, Stephen D. Mull, who will work and report directly to SecStat John Kerry.

The waivers will not go into effect until "Implementation Day," when the International Atomic Energy Agency certifies that Iran has complied with all of its obligations—including removal of 98% of its enriched uranium stockpile, shutting down its underground enrichment facility and rendering inoperative the core of a plutonium-capable reactor.

The biggest loser in all of this

**THE GOOD, THE BAD & THE UGLY**

**—MOVIE RECOMMENDATIONS**



by Ish

**1/ Twilight** ★★★

A Hollywood private eye is living his golden years in the house of two fading movie stars. He begins to uncover some clues to an older, long unresolved murder when his life starts getting complicated. This mystery unfolds in a lively way as it hosts a great line up of stars: Paul Newman, Stockard Channing, Gene Hackman, Susan Sarandon, Reese Witherspoon, Giancarlo Esposito, Liev Schreiber and James Garner.

**2/ I Don't Know How She Does It** ★★★

In this enjoyable comedy a female yuppie is a successful executive, wife and mom. She, however walks a fine line balancing her personal and professional life. She takes on a new job challenge and she, along with her family, has to do some serious prioritizing. Stars: Sarah Jessica Parker, Pierce Brosnan, Greg Kinnear, Kelsey Grammer, Jane Curtin and others.

**3/ Cat. 8** ★★★

In this cataclysmic action thriller, a government experiment to harness the power of the sun goes wrong, sending a fireball hurtling to earth. It becomes the onus of a renegade scientist to reverse the event against impossible odds. Matthew Modine and others.

**4/ Arthur Newman** ★★★

I rather liked this sparky Indie romantic drama. The protagonist, being discontented, fakes his death and abandons an ex-wife, a hateful son, and a bored mistress . . . only to be re-born as Arthur Newman, golf pro. His new identity is basically a non-event until he meets a spirited woman who turboizes his new life. Stars: Emily Blunt, Colin Firth, Anne Heche, Steve Coulter and others.

**5/ My Life So Far** ★★★

In this biographical period piece 10-year-old Fraser Pettigrew narrates the story of his growing up on a Scottish estate, post World War I. The story is of his sometimes eccentric family that includes a strong disciplinarian grandmother and his father (Colin Firth) who plays a moss farmer and would-be inventor. Upheaval ensues when the boy's uncle (Malcolm MacDowell) arrives with his French maid. Mary Elizabeth Mastrantonio co-stars.

was the Jewish lobby group, American Israel Public Affairs Committee (AIPAC), which spent all kinds of time and money to try and kill this deal. You can add to the list of losers Israeli Prime Minister Benyamin Netanyahu. He, as usual, was his own worst enemy, seeing fit to meddle in American domestic affairs, including trying to humiliate President Obama while overtly working with Congressional Republicans. Bibi, by the way, has been invited to the White House on November 9. Looking forward to the Q&A that happens after that meeting.

On the other hand the big win-

ners were the J Street Lobby (also a major Jewish lobby group), along with Israeli former military and Mossad officers who disputed Mr. Netanyahu's narrative and histrionics.

**House Speaker Boehner resigns**

The Speaker of the US House of Representatives John Boehner (R-OH) announced on September 25 that he will resign his position at the end October. It is believed that his resignation had to do with growing impatience and that his leadership was splitting the Republican Party. More next month.

And the beat goes on.

**CRESTONE TELECOM**  
Fast reliable Internet, where and when you need it!

Are you ready for fast?  
Contact Us At:  
719-937-7700  
www.crestonetelecom.com



# Only one question on the ballot Election Day November 3, 2015

by Lisa Cyriacks

There is only one ballot question in this year's coordinated election. On November 3, 2015, voters will decide whether to let the State keep and spend \$66.1 million in marijuana taxes, or request a refund under the Taxpayer's Bill of Rights or TABOR.

TABOR requires the State to tell voters how much revenue a new tax will collect and how much total revenue the State will receive in the first year. If actual collections miss either target, a refund is necessary, unless voters say the State can keep it.

So far, Proposition BB is facing no organized opposition.

The ballot measure's author, Pat Steadman (D-Denver) says the measure spends money how people intended when they approved the taxes the first time under Amendment 64 (November 2013).

If the measure passes, the state is supposed to spend the money on the following:

- \$40 million for school construction
- \$14.1 million to discretionary accounts controlled by lawmakers
- An additional \$12 million is earmarked for state programs:
  - \$2.5 million for marijuana education and prevention campaigns
  - \$2 million for bullying prevention school grants
  - \$2 million for dropout prevention school grants
  - \$2 million for youth mentoring services
  - \$1 million for a one-time grant to poison control centers
  - \$1 million for local government marijuana impact grants
  - \$500,000 for substance-abuse screening and intervention programs
  - \$500,000 for substance-abuse treatment
  - \$300,000 for Future Farmers of America and 4-H programs at the State Fair

State Fair

- \$200,000 for roadside impaired-driving enforcement training for law enforcement

If the measure fails, the refund will go to the following:

- \$25 million to Colorado taxpayers, ranging from \$6-\$16 each based on income level
- \$24 million to recreational marijuana growers
- \$17 million to recreational marijuana users through a temporary sales tax break from 10% to 0.1% starting in January [Source: Colorado Legislative Council]

Ballots will be mailed to all active, registered voters beginning October 12, 2015. Voted ballots need to be returned to the Clerk's office at the Saguache County Courthouse either by mail or in person. There is also a 24-hour drive-up ballot drop box located in the south parking lot of the courthouse, accessed off Pitkin Avenue. Ballots received after 7pm on Election Day, November 3, 2015, will not be counted (excepting overseas ballots).

If you do not receive a ballot or want to vote in person, the Voter Service and Polling Center (VSPC), located in the Courthouse, will be open beginning Monday, Oct. 26 through Tuesday, Nov. 3 during regular courthouse hours and from 7am until 7pm on Election Day. The VSPC will also be open on Saturday, Oct. 31 from 6:30am until 10:30am.

Colorado law allows individuals to register to vote through Election Day. In order to be eligible to vote, one must be 18 years of age, a U.S. citizen, and to have resided in Colorado 22 days immediately before the election.

If you have a Colorado State driver's license or any ID card issued by the Department of Revenue you may register to vote online at [www.govotecolorado.com](http://www.govotecolorado.com). If you are already a registered voter in Colorado you may confirm your registration at this website. Paper voter registration forms are available at the County Clerk's office. For more information, contact the Clerk's office at 655-2512.

## Water theft

continued from page 1

Cotten said. "I honestly don't know for sure what legislation would fix this."

Cotten did note to state lawmakers that he had spoken to the Colorado Marijuana Enforcement Division but officials there told him they only regulate legal uses of pot.

"If they have the ability to address illegal uses, I think that might be helpful," Cotten said.

Saguache County Administrator Wendi Maez said that so far she has documented a total of 17 questionable cultivation operations, and others may still exist that have escaped detection.

At a recent Baca Grande POA meeting, several residents complained to commissioners and law enforcement that there are individuals living in the subdivision and growing marijuana with household well permits or water hauled in from nearby creeks.

One grow application in the Baca Grande Chalets was withdrawn by the applicant recently. Several Baca Grande residents appeared at the meeting in September to object to the proposed grow but the applicant failed to appear.

Guidance from the Colorado Division of Water Resources states: "Marijuana grown for personal use in accordance with the requirements of Amendment 64 would be allowed using a residential well permitted for household

use or domestic use. Marijuana grown for sale, and not strictly for the grower's personal use, can not utilize water from a residential well that is permitted for household or domestic use."

Can Colorado issue a water right to irrigate marijuana plants when federal law still says that growing pot is a crime?

Legal marijuana-growing operations in Colorado have so far gotten their water by using existing water rights and applying for a change of use, not by applying for new ones.

A summary of consultation from the State Water Court on a Pitkin County application for a new water right in 2014 reads as follows: "The applicant must explain how the claim for these conditional water rights can be granted in light of the definition of beneficial use as defined in (Colorado state law)," the summary of consultation stated. "Specifically, beneficial use means 'the use of that amount of water that is reasonable and appropriate under reasonably efficient practices to accomplish without waste the purpose for which the appropriation is lawfully made.'"

"Beneficial" or not, watering marijuana plants in Colorado is a valuable practice. Colorado collected \$63 million in tax revenue and an additional \$13 million in licenses and fees on \$699 million of combined medical and recreational pot sales in 2014.

*High County News* recently characterized Pueblo County, CO

as the Silicon Valley of Marijuana. Pueblo County embraced the marijuana industry after passage of Amendment 64 as an economic savior.

Ever since the local steel industry collapsed in the 1980s, nearly a third of Pueblo's population was on public assistance, and in 2010, the metropolitan area around Pueblo had the highest unemployment rate in the state.

Pueblo County had something to offer besides labor—cheap real estate. Unlike Denver, it also has an abundance of available agricultural land. So local officials made marijuana cultivation a use by right in industrial and business districts and on agricultural land—likely the first county in Colorado to take this step—meaning marijuana businesses weren't subject to sometimes time-consuming and arduous special reviews or approvals by the local government.

Last year when the Bureau of Reclamation prohibited the use of federal water for pot cultivation, Pueblo Board of Water Works, the local utility that leases water for business and agricultural use, calculated they could lease up to 800 acre feet of water without touching the federal water in their system.

Pueblo County has also issued pioneering rules that prohibit hemp grows with male plants from being located within five miles of existing marijuana grows. This prevents cross-pollination that could lower the marijuana plants' THC content while increasing THC in the hemp, which can't

exceed 0.3% under state law.

According to the *High County News* article, embracing the marijuana industry is paying off. In 2014, Pueblo County netted \$1.8 million from licensing fees for pot establishments and marijuana sales taxes, covering costs to the County for permitting, and boosting the general fund. There is talk of branding "Pueblo-grown pot," along the lines of Pueblo green chile, another celebrated local crop.

Real estate prices are rising, too. According to a local realtor, industrial properties have nearly doubled in price to \$50 per square foot since 2014. Now that the first outdoor grows and greenhouses are materializing, agricultural land prices have also doubled—up to \$10,000 an acre. The Southern Colorado Growers Association, the local marijuana trade organization, claims the industry has provided 1,300 new jobs and contributed more than \$120 million to the local economy.

Colorado law allows local jurisdictions to opt-out of the pot law and disallow cannabis businesses—and most jurisdictions have done just that. Local jurisdictions may also have additional requirements for marijuana business license applicants in addition to the state requirements. The Colorado Marijuana Enforcement Division's 2014 annual report says that 228 local jurisdictions have voted to prohibit medical and retail marijuana operations.

**s a n d d u n e s s w i m m i n g p o o l**

Our new Greenhouse Area is open 10am-10pm daily, Closed Thursdays

**FULL FOOD MENU & WEEKLY SPECIALS**

Open 10am-10pm, Lap Swim 9am-10am, Closed Thursdays

Phone: 719-378-2807

Address: 1991 Co. Rd. 63, Hooper, CO 81136

**REGULAR ADMISSION RATES:**

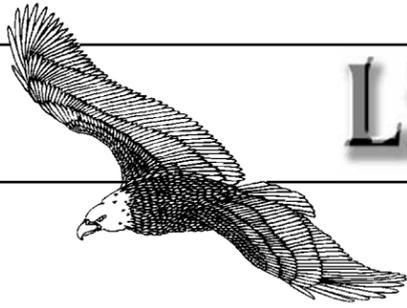
Adults - \$12.00

Children (Ages 3-12) - \$8.00

Seniors, College, Military (Ages 65+) - \$10.00

Children 2 & Under - FREE

[www.sanddunespool.com](http://www.sanddunespool.com)



# Living on the Earth

## The science behind autumn colors in the San Luis Valley

*About birds and trees and flowers and water-craft; a certain free margin, and even vagueness—perhaps ignorance, credulity—helps your enjoyment of these things, and of the sentiment of feather'd, wooded, river, or marine Nature generally. I repeat it—don't want to know too exactly, or the reasons why.*

—Walt Whitman

*. . . The gods are growing old; The stars are singing Golden hair to gray Green leaf to yellow leaf,—or chlorophyll to xanthophyll, to be more scientific.*

—Edwin Arlington Robinson

by David Lee

Every autumn the trees, shrubs and herbs in the San Luis Valley prepare for the coming winter. Among the evergreens, as the pinyon pines and junipers, the changes are not very obvious, as leaves stay green the entire winter. However, in most of the plants the preparation for winter includes the breakdown of the valuable tissues in their leaves, which is visible to us as changes in color. I have been interested in these color changes for many years, starting in the tropics (where trees lose and gain leaves in no apparent coordination, and color changes are generally not dramatic) and then moving to the dramatic color production in New England forests. So, there is some science needed to understand the color changes, but hopefully not to destroy the poetic sensibilities of the reader, more like Robinson than Whitman, quoted above.

### Plants & autumn colors in the valley

During autumn in the areas around Crestone, the predominant colors are yellow to gold. These are predominantly seen in the riparian zones that spill out of the mountain valleys, but also areas on slopes at higher elevations. The cold and sunny days of autumn stimulate that color production. The color starts in the high elevation stands of aspen, steadily moving down in altitude. Later, those colors are produced in the valleys coming out of the mountains, and finally into the riparian zones at the edges of the valley. The trees that produce these colors are the narrow leaf cottonwood (the principal yellows of Crestone), the mountain birch, the alder, the many willows, and, especially, the aspen. Oranges and reds are produced mainly by shrubs and small trees, including the black cherry, the wild roses, and skunkbrush. The large patches of skunkbrush and wild roses seen on the lower slopes of the Sangres, in Penitente Canyon and along Carnero Creek, are also noticeable when driving north towards Poncha Pass. In contrast to the brilliant reds of New England forests, predominantly produced by the red and sugar maples, our two small maples turn yellow. Leaving the valley and driving



Detail of yellow aspen leaf along South Crestone Creek Trail, October 2014.

photo by David Lee

east (along the Arkansas River or over La Veta Pass), the low stands of the gambel oak turn a brownish red, just as most eastern oaks turn some shade of red. Some stands of this oak also grow at Valley View Hot Springs. At Valley View, and in the mountain valleys along the creeks, stands of choke cherry turn from yellow, to pink, to bright red. Even a short hike along one of our mountain trails will reveal the color changes in more detail. In addition to the trees and shrubs, leaves of wildflowers change color as well, as the leaves of wild strawberry and wild geranium turn an eye-catching red.

### The color palette

Think of a leaf as a sheet of white water color paper. Leaves and paper are similar because they are both largely composed of cellulose fibers. Without pigments, as in a variegated leaf, the leaf is also white. When pigments are added to water color paper, resulting colors are due the subtractive effects of pigments absorbing different colors; the color produced is that which is not subtracted by the pigments. Red color means that all other colors are absorbed by the pigments. Leaf color is produced in exactly the same way, and there are three kinds of pigments that can subtract different colors. The most important plant



Yellow aspens and the San Luis Valley beyond seen from the South Crestone Creek trail, October 2014.

photo by David Lee

either by eating meat from an animal living on leaves, or from seeds (grains) or vegetables and fruits, the result of plant photosynthesis, or even leaves directly.

Two other pigments are produced in leaves to complete the color palette. Carotenes are yellow-orange pigments universally produced in green leaves. They absorb the blue wavelengths, and allow the yellow-oranges (and rarely reds) to reflect. Carotenes help channel light energy to chlorophyll, and also protect the chloroplasts (the cell bodies where photosynthesis occurs) from too much light energy. Carotenes are also important in the diets of all animals, as they are the raw material (mainly split in half) to make our visual pigments. Anthocyanins are red-violet pigments (absorbing blue-green colors) produced in flowers and fruits, and also in leaves as they develop and die. Although anthocyanins mainly function to make plant structures visible to animals (think of attracting pollinators and dispersing seeds) they also function as a sun-blocking agent to protect plant tissues.

These pigments, singly and in combination, produce the colors we see in leaves during a walk or drive in the valley during autumn. The reds, greens and yellows are obvious. However, adding pigments together produces a variety of other colors, just as mixing crayons do.



Narrow leaf cottonwoods turning yellow in the Baca Grande Spanish Creek greenbelt, October 2014.

photo by David Lee

continued on page B-7



by Kim Malville

The brightest object in the sky this month will be Venus in the early morning hours. It is brilliant and unmistakable, looking like a brightly lighted UFO coming in for a landing. There are two planetary conjunctions this month. That is the good news. The bad news is that they are early in the morning before dawn. There is also a meteor shower, the Draconids, with the possibility of a few bright surprises.

**October 3:** In the east, at dawn, one hour before sunrise, Jupiter Mars, Regulus, and Venus will be in a straight line.

**October 8/9:** The Draconids coming out the head of Draco in the northern part of the sky. They are very slow moving meteors and can be seen in the evening once the sky is dark. There will be no interference by moon light. Some years this has been a spectacular shower. In 2011 it reached a maximum of 300 per hour. An hour before dawn of October 8, 9, or 10, look to the east to see the waning crescent moon among Jupiter, Mars, and Venus.

**October 17 and 18:** An hour before sunrise, Jupiter and Mars will come within half of a degree of each other. Jupiter dominates.

**October 25 and 26:** Venus moves close to Jupiter. This is the last of the recent series of conjunctions that resemble those in 3-2 BC, one of which may have been the so-called Star of Bethlehem. Venus will dominate Jupiter.

#### A really bad idea!

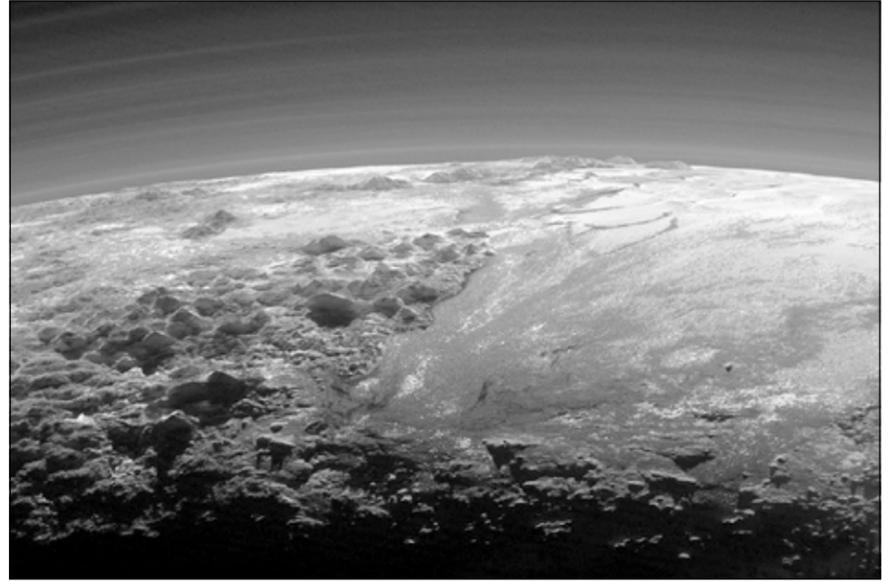
Mars is "a fixer-upper of a planet," says Tesla and SpaceX CEO, Elon Musk. Mars is a pretty inhospitable place for us human to live at the moment, but it can be made more like the Earth. All it takes is the Mars equivalent of global warming but that takes time. If you're in a hurry, he suggests, try nuclear bombs. The fast way, Musk has suggested, is to drop nuclear weapons over Mars' poles. Musk says his rocket firm, Space Exploration Technologies, or SpaceX, will be capable of ferrying astronauts to the International

Space Station in two or three years and perhaps to Mars in 10 years, and it would be so nice if they could land on a pleasant vacation spot.

There are two polar caps, which consist of 70% water ice and approximately 30% frozen carbon dioxide. The south cap has a permanent layer of dry ice that is about 25' thick lying over water ice. The southern polar cap has a diameter of 350 km (220 mi) and a thickness of 3 km (1.9 mi). The total volume of water ice in the south polar cap is approximately 1.6 million cubic kilometers, about half the size of the Greenland ice sheet which contains 2.85 million cubic kilometers. Both polar caps have spiral troughs, which are a result of katabatic winds that flow downward and spiral due to the Coriolis Effect. Blasting these polar caps and vaporizing their ices in order to turn Mars into another Cozumel is a thoroughly bad idea.

#### Pluto

New high-resolution images of Pluto are arriving every day from the outer Solar System. The robotic New Horizons spacecraft, which flew past Pluto in July, has finished sending back some needed engineering data and is now transmitting selections from its tremendous storehouse of images of Pluto and its moons. Traveling at the speed of light, signals take 4.5 hours to travel three billion miles to reach Earth, meaning the spacecraft has an enormous undertaking ahead of it. With data downlinking at a rate of approximately one to four kilobits per second, it's expected the entire collection of pictures and measurements from the July 14 encounter will take one year to be transmitted back to Earth. The spacecraft, equipped with a battery that converts radiation from decaying plutonium into electricity, should have enough power for two more decades of exploration. Now the team is planning to cruise past another Kuiper belt object known as 2014 MU69 lying nearly a billion miles beyond Pluto. We will have a better name for that object soon enough.



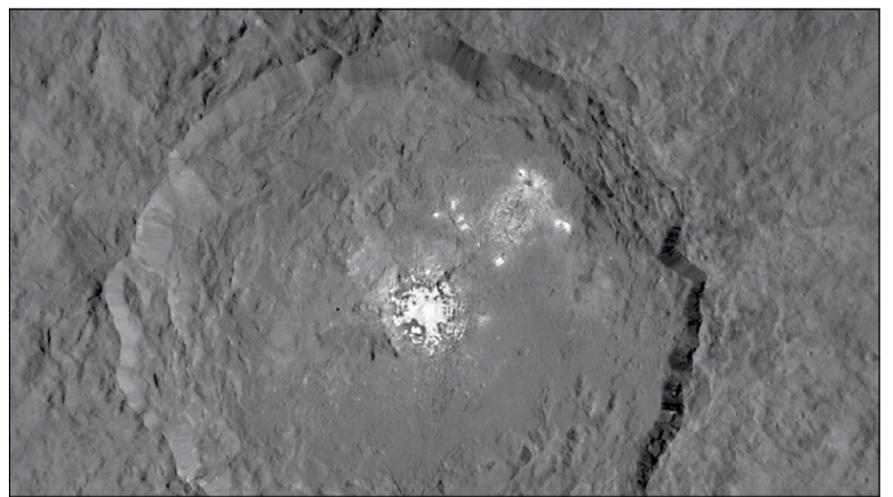
Latest image of Pluto.

NASA

With wide plains, high ice mountains and valleys, glaciers of frozen methane, dunes, and a multitude of other alien features, Pluto has emerged as a far more complicated planet than many astronomers and geologists expected. This dramatic image shows the ice plains of Sputnik Planum on the right, probably due to the bubbling up of underground methane and water. You can easily see glaciers at the edge of the Planum that are moving into the valley in the lower center. On the left are the mountains, topped by 11,000' ice spires of the Norgay Montes. In the distance are the Hillary Montes. There is nothing like Pluto in our solar system. We have four rock planets in the inner solar system (Mercury, Venus, Earth, and Mars) and four gas giant planets in the outer solar system (Jupiter, Saturn, Uranus, and Neptune). Then there is Pluto, no longer classified as a full-fledged planet, demonstrating the power of human curiosity in exploring the unknown.

Ceres appears to have a rocky core and icy mantle, and may have a regional ocean of liquid water under the layer of ice. Perhaps some of that water is emerging in the form of small cryovolcanos (ice volcanos), which erupts volatiles such as water, ammonia or methane, instead of molten rock. Collectively referred to as cryomagma or ice-volcanic melt, these substances are usually liquids and form plumes, but can also be vaporous. After eruption, cryomagma condenses to a solid form when exposed to the very low surrounding temperature. These small white dots may be miniature cryovolcanos, indicating the presence of a pool of water underneath. That raises some wonderful speculations about the possibility of primitive life in such a pool. We know about an ocean on Jupiter's moon Europa, but that is very far away and moves through an intense radiation belt. Ceres is very accessible for exploration, by contrast.

Everyone expected that the



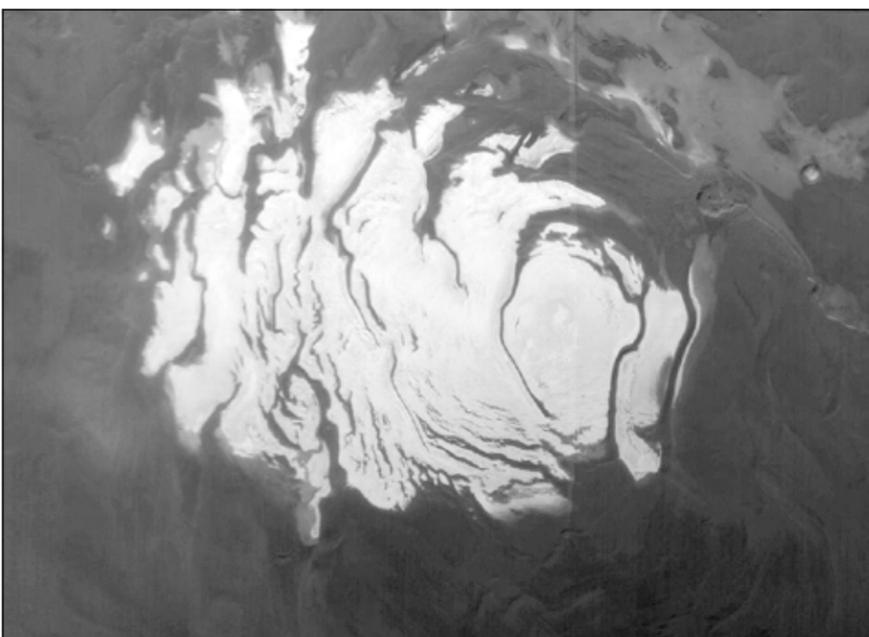
Mysterious white spots on Ceres.

NASA

#### The bright spots of Ceres

Bright spots, blazing away like the eyeshines of cats, dogs, and other nocturnal creatures, were first detected by the robotic Dawn spacecraft as it approached Ceres in February of this year. These bright spots appeared most prominently in the center of a large crater, and throughout the succeeding months as Dawn got closer and closer, these spots grew stranger and stranger. Ceres is the largest object in the asteroid belt, which lies between the orbits of Mars and Jupiter. Its diameter is approximately 945 kilometers (587 miles), making it the largest of the minor planets, though half the size of Pluto, which has a radius of 1186 km.

puzzle would be solved when Dawn got closer and produced higher resolution images. However, even with the highest resolution photos yet, the riddle remains. Another recent clue is that a faint haze develops over the crater's bright spots. Dawn is scheduled to continue to spiral down toward Ceres and scan the dwarf planet in several new ways that, it is hoped, will determine the chemical composition of the region and finally reveal the nature and history of the spots. In several years, after running out of power, Dawn will continue to orbit Ceres indefinitely, becoming an artificial satellite, left for future generations, millennia from now, to puzzle over.



South polar cap of Mars.

NASA

# Roundtable hears about Watershed Wildfire Protection

by **Bea Ferrigno**

The Rio Grande Basin Roundtable (RGRT) held an extended meeting with the Watershed Wildfire Protection Group (WWPG) on September 8 in Alamosa. Several speakers explained that the rivers that rise in Colorado provide water to 19 American and six Mexican states and drain about a third of the continental US. Mountain snows provide 75% of the water in the river systems that originate in the state. Approximately 40% of the water comes from the highest 20% of the land, most of which lies within national forests. Thus the health of Colorado headwaters is critically important to a vast area within and outside of the state.

The WWPG is a diverse group of watershed stakeholders, including the major water providers in the Front Range, and state and federal land management agencies. It was formed to identify hazards to water supplies from wildfires in Colorado; its stated mission is to protect water supplies and critical infrastructure from catastrophic wildfire and other threats by maintaining healthy, resilient watersheds through collaboration, implementation, leveraging, and education.

Eric Howell, Forest Program Manager of Colorado Springs Utilities, detailed results of the Waldo Canyon fire of 2012. It affected an area that supplies 80% of Colorado Springs' water and was contained at more than 18,000 acres on July 10. Initial damage to water meters

and services amounted to \$2 million, but half an inch of rain over the burned area on July 30 brought \$12 million in further damages to water infrastructure through erosion, sedimentation, and debris flows. In order to prevent similar disasters, the WWPG conducts thorough assessments of fire risk throughout Colorado; each assessment of a particular watershed considers a variety of hazards such as wildfire, the potential for flooding and debris flows, erosion, and possible effects on water supplies. Stakeholder groups are engaged in determining specific actions such as where to establish fire breaks or locate sedimentation basins. An inventory is also made of roads that might be damaged by clogged culverts. The result of several layers of assessment is a composite watershed prioritization map that

designates five levels of concern from low to very high.

The WWPG has compiled several reports, including an executive summary entitled Protecting Critical Watersheds in Colorado from Wildfire: A Technical Approach to Watershed Assessment and Prioritization. They are available at [www.csfs.colostate.edu](http://www.csfs.colostate.edu).

In the second part of the meeting, several local agencies reported on their fire protection efforts within the Rio Grande basin. The Rio Grande Headwaters Restoration Project, among others, has been working to mitigate effects of the West Fork Complex fire. Two hundred forty-five acres have been treated for thistles, fuels are being reduced, test plots of various mulch treatments for re-seeding have been established, and hazard trees in campgrounds are being

removed. The fire affected mostly wilderness and roadless areas, which comprise about two-thirds of the Rio Grande National Forest; thus there is some difficulty in removing salvage timber while it is still in useful condition.

The next gathering of the RGRT is scheduled for October 13, 2 pm at the meeting room of the SLV Water Conservancy District, 623 Fourth Street, Alamosa.

Readers of this column may also be interested in a new film about Colorado water, *The Great Divide*, to be shown at Carson auditorium, Adams State University, 6pm Friday, October 23.

**PONCHA LUMBER**  
For all your building needs!  
**We Deliver!**  
ph: 719-539-4754 fax: 719-539-9101  
[www.ponchalumber.com](http://www.ponchalumber.com)  
10021 West Highway 50 • Poncha Springs, CO 81242

**Moffat Family Health Center**  
545 Moffat Way  
in Moffat  
Please call for an appointment  
719-589-3658  
[vwhs.org](http://vwhs.org)  
Valley-Wide Health Systems, Inc.

## Mobile Banking is Convenience on the Go!

Aventa's FREE Mobile Banking is convenience on the go and it is a great way to stay in touch with your finances and manage your spending.

With Mobile Banking you can view account balances and recent transaction activity, transfer funds and pay bills.

For more information on Mobile Banking call us at 800.555.6665 or visit us online at [aventa.com](http://aventa.com).



Federally insured by NCUA. Membership qualifications apply. Aventa does not charge for the use of this service; however charges from your mobile service provider may apply. GooglePlay and Android are a trademark of Google Inc. Apple, iPhone and App Store are registered trademarks of Apple, Inc.

## "Knead" More Dough for the Holidays? Skip-A-Pay is Here!

Skip your November or December loan payment and enjoy the peace of mind of extra cash for the holidays.\*

Hurry! Applications must be received by November 16, 2015.

Apply today by calling 800.555.6665 or visit [aventa.com](http://aventa.com).



\*Qualified borrowers with auto or consumer loans must be current on loan payments; will not have any extensions in the past year; and will be in good standing on all transaction accounts. \$25.00 fee for each loan you apply to skip; fee must be paid at the time of application. One month may be skipped - either November or December, not both. October loan payment must be made prior to application submission. Finance charges will continue to accrue during the deferment period. Deferring a payment may cause your regularly scheduled minimum payment to increase, or it may extend the original term and increase the finance charges. Offer not available for real estate loans, credit cards, or RV loans. Request must be received by 11/16/2015. Loans funded after 05/01/2015 are not eligible. Application subject to approval. Other restrictions may apply. Each borrower, co-signer and guarantor must sign the agreement. Federally Insured by NCUA.

# SMOKE COLUMN

## COMMUNITY INFORMATION ON FIRST RESPONSE

by Chris Botz

The mitigation funding provided by Title III Funds (which are federal monies returned to Colorado counties for the Safer Schools Act) were disbursed by the Saguache County Commissioners through the County Land Use Office. Originally it was proposed as an even four-way split between the town of Crestone, the Baca Grande, Kundalini Fire Management and Daniel S. Johnson, resulting in each of the four getting \$12,500; but in a meeting September 1, 2015, there was a new proposal by Commissioner Jason Anderson, which resulted in the following split: the Town got \$4700; the Baca got \$8000; Kundalini got \$18,000 and Daniel S. Johnson got \$20,000.

There are various regulations concerning how the money can be used, mitigation within 200' of a residence being principle among them. The regulations also provide for educational services funding.

Baca Volunteer Fire Department will be mitigating around residences to provide for the 30' "fire-wise" defensible space. We will be using two-cycle weed cutters, aka "weed whackers" to cut invasive weeds and noxious species. These ladder fuel reductions will help to control the approach of fire to residences.

Daniel S. Johnson will be providing chainsaw work for trees too close to residences. Please contact him at 719-480-9764.

Kundalini Fire Management is working on a program to return ponderosa pine habitat with their mitigation efforts. Please contact them for services at Peter May's, 719-588-1888 and Frederick Dunnet's at 719-588-0102.

Baca Fire Administration: 719-256-4171 x15.

We had a significant rainfall this year and so the light fuels have really sprung up. Remember, a mitigated property is a safer property.

## SLV welcomes the 3rd Annual American Red Cross Academy

The American Red Cross will be hosting their 3rd annual American Red Cross Academy October 2-4 at the San Luis Valley Health Education and Conference Center in Alamosa at 1921 Main St. The academy is free for those who complete pre-signup requirements. Some classes are advanced and require prerequisites.

### Friday classes

Disaster Action Team (DAT) Workshop 10am-4pm  
Disaster Frontline Supervisor 9am-5pm

### Saturday classes

Shelter Fundamentals 9am-2pm.  
Volunteer Connections/EMBARC Training (working lunch)  
Shelter Fundamentals Exercise 2-4pm  
Basic Instructor Specialty Training (BIST) 9am-1pm  
Response On Call (ROC) 1:30pm-4pm

### Sunday classes

Psychological First Aid 8am-noon  
CPR/AED/First Aid 12:30pm-6pm  
Public Affairs Workshop 9am-4pm  
Supervising Volunteer Workshop 9-1pm

Please contact Volunteer Program Lead, vilate.thacker@redcross.org 719-588-6931 to learn more and register; or Disaster Program Coordinator, Bill Werner, Colorado and Wyoming Region, for more information 719-588-5812.

Visit [www.redcross.org/colorado](http://www.redcross.org/colorado) or follow us on Twitter at @wcoredcross, like us on Facebook (American Red Cross of Western Colorado) or hashtag #HFPC to learn more about how to volunteer or support our Home Fire Preparedness Campaign.

## Free Wildfire Mitigation Continues in 2015



- For homes in wildfire-sensitive areas of Saguache County
- Hazard assessments & mitigation plans
- Hands-on work with homeowners
- Required for most home insurance

Call Daniel S. Johnson at (719) 480-9764  
From Saguache County and FireWise Communities



The website [www.neighborhoodcats.org](http://www.neighborhoodcats.org) presents instructions on how to build winter shelters called "Roughneck Homes" for cats that live outdoors using a Rubbermaid storage container and a styrofoam cooler.  
photo [www.cleanitsupply.com](http://www.cleanitsupply.com)

## Ask Dr. B about pets

by Linda Behrns, DVM

The days are getting shorter and there is the occasional little nip in the air, so it is a good time to think about keeping everyone warm this winter. If you have dogs and or cats who live outside they are going to need some help staying warm and dry this winter.

Straw (or even hay) bales can be used to quickly make an insulated shelter for any size of pet. To conserve heat the shelter should be no bigger than required, just enough for the animal be able to stand up and to turn around in.

The number of bales needed depends on the size needed. A wood pallet, available most times at the Mercantile Hardware store, an old piece of carpet or two, plywood for the roof and a tarp can greatly improve the shelter.

Find a spot that is as level and sheltered as possible. Plan for the door of the shelter to be as small as possible and facing away from the prevailing wind, usually facing south or south east.

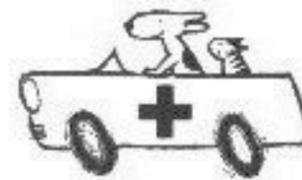
Open one of the bales and put down a few inches of loose straw. Put the pallet on the straw and fill any gaps with straw. Tack the carpet onto the pallet. Place bales around or on top of the pallet, depending on the desired size of the shelter. Make sure there are no gaps except for a small opening for the door. Stack another layer or two of bales if needed to make the shelter the desired height, remembering that it needs to be high enough for the animal to stand but no higher. Place the plywood on top of the stack. It needs to be big enough to cover the bales so there is no risk of it falling in. Stack more bales on top of the plywood to make the roof.

Fill the inside of the shelter with six to twelve inches of loose straw so the animal can burrow into it. Cover with the tarp, leaving enough of an opening at the door to get in and out. Tuck the tarp under the bales to keep it in place. Any leftover bales can be placed by the door to help keep the wind out. If the door is large consider covering with a flap. Clean out the straw inside every other week or so and replace with fresh straw.

There are lots of other ideas for great cat shelters at [www.NeighborhoodCats.org/how\\_to\\_feral\\_cat\\_winter\\_shelter](http://www.NeighborhoodCats.org/how_to_feral_cat_winter_shelter). Also, [www.khpet.com](http://www.khpet.com) sells indoor and outdoor heated pads, beds and water bowls. And if a warm bed isn't enough you can get a fleece coat for your furry friend here: [www.goldpawseries.com](http://www.goldpawseries.com)

## CRESTONE MOBILE VETERINARY SERVICE

Providing local high quality, compassionate veterinary care for your pets.



Call with any questions or to make an appointment.

719-588-4024

CrestoneMobileVet.com



## CRAIG ELECTRIC

STEVE DOSSENBACK  
ME29753

P.O. BOX 1178  
CRESTONE, CO 81131

Home 719-256-5951  
Cell 719-588-9626  
sdossenback@gmail.com

## CRESTONE TELECOM

Fast reliable Internet, where and when you need it!

Are you ready for fast?  
Contact Us At:  
719-937-7700  
[www.crestonetelecom.com](http://www.crestonetelecom.com)

FAST

# Garden Guru

Achieving balance



by Matie Belle Lakish

October is Libra, the month of Balance, and I've been contemplating what balance looks like in the garden. Mother Nature has a wonderful sense of balance, but the scale of time that she works in is sometimes quite different than we humans are used to considering, and the balance she achieves may not always fit our wishes.

Whereas I have often rushed at an insect infestation with organic sprays, this year I have spent more time observing what happens over a longer time period. Earlier, I wrote about the aphid infestation on my plum trees, and how I watched the aphids being slowly overcome by the ladybugs and lacewings.

Now, toward the end of the season, the aphids are back a thousand times over, not on the plum trees but all over the cole crops. However, it's late in the season. How will they be impacted by the first frost, which is already overdue as I write this article? Will they take refuge under the large kale leaves and hang on till the end of the kale season sometime in November? Or will the first frost kill most of them, and the kale develop its wonderful fall sweetness without the aphids?

I noticed a new insect this year (it's never too late to learn new things in the garden). It seems to be a sunflower bug. At the height of wild sunflower season I saw insects moving about on the flowers. When I investi-

gated, I saw a slender bug about 3/4" long, yellow and brown with angular striping on its wings. It was exactly the colors of the wild sunflowers, and thousands of them were romping about on the brown centers of the sunflowers. It looked as though they were having a wonderful time, and of course pollinating sunflowers at the same time.

A few days later, after the sunflowers were pollinated, they just disappeared. Myriad small birds are now feasting on the petal-less heads. Did they also feast on the sunflower bugs? Will those bugs and seeds serve them well on their southern migration? Amazing! How long did it take Mother Nature to devise her myriad combinations?

Grasshoppers were rampant this year. For the last two years I have put out NOLO bait, a bacterial-based bait that is supposed to keep grasshoppers from eating, and therefore reproducing. Why didn't it work better? Was my application process or timing off?

I decided not to reapply it this year, and instead I picked off what grasshoppers I could catch and relegated them to a tall can of water. I noticed that there are seasonal variations in the plants they prefer. One of my clematis plants took a beating early, and they like the sedums when they bloom. Their all-time favorite, however, seems to be my culinary sage. I can always find at least ten early in the day. When it is cool they are easy to pick off and



A female house finch feasts on sunflower seeds in the garden.

drown. If only I had chickens they would be a great protein source for my birds.

Speaking of bacterial insecticides, bacillus thuringiensis, a long-time source of organic pest control, was incorporated into the genetic material of some genetically modified plants to make them automatically resistant to many caterpillars. Other GM plants, such as Round-up Ready soybeans, have components that make them immune to herbicides.

These genetic alterations, along with the huge scale of commercial agriculture, mean there are fewer plants for butterflies and moths to lay their eggs on, therefore fewer caterpillars and, later, fewer butterflies and moths. A recent article informed me that this has reached a crisis point in Britain, where common butterflies and moths are becoming endangered. As a result, I decided to leave the giant tomato hornworms some space in my tomato patch. I also left some dill for the caterpillar that becomes the beautiful swallowtail we sometimes see in the summer.

I've noticed that I see it much less frequently than I used to. Are many of our butterflies and moths encountering the same habitat issues as the Monarch?

I'm finding that I still have plenty of food for myself and friends and family members. Soil fertility and water seem to be far more important factors than

insect damage. Now if I can only figure the proper balance for that pesky Rock Squirrel that's eaten most of my fruit, stripped my peas of pods, and taken bites out of many of my tomatoes!

## Carrie Caverly Design Studio

Architectural & Interior Design

Sustainable | Healthy | Energy Efficient  
Commercial | Residential  
New Construction | Renovations

303.885.8665 | carriecaverly@gmail.com  
website | carriecaverly.wordpress.com

## CRESTONE MOUNTAIN BUILDERS LLC

20 Years Experience Building in the San Luis Valley

Design-Build Construction & Renovation

Shane Caverly  
(719) 239-4111  
ShaneCaverly@gmail.com

EXPERIENCED | LOCAL | TRUSTED | INSURED



Put A Half-Century of Gardening Experience to Work for You

Garden Planning, Soil Improvement  
Variety Selection  
Fruit Tree Planting & Pruning

Matie Belle Lakish  
256-4252 or matieb42@gmail.com



Service • Safety • Satisfaction

THE VALLEY'S HOME FOR THE SOAPSTONE STOVE



MAJESTIC

DUTCHWEST

NAPOLEON  
Quality Fireplaces

JOTUL

SECURITY FIREPLACE

HearthStone  
WOOD AND GAS-FIRED STOVES

LOPI  
WOOD-BURNING STOVES

Square  
VISA MasterCard  
AMERICAN EXPRESS DISCOVER

Call Nathan today to see how we can save you money on your heating bill!

(719) 256-4768  
www.shangriolahstove.com

# In Search of Economic Reality

## The Defense Department should rebuild Detroit

by Ed Lyell

America can fix several problems at the same time using creative thinking and new policies. Economic thinking is all about incentives, tradeoffs, opportunity costs, and seeing crises as also opportunities.

Detroit is a destroyed city which might be better off if the US military had blown it up and rebuilt it as in Iraq and Afghanistan. Millions of Syrians, Iraqis, and other refugees from war-torn areas are risking their lives moving their families from the fear and violence of Middle East wars. Most want into Germany or other northern European countries and we can see why, since these countries now have the best quality of life in the world.

Why not move a million into Detroit?

Detroit is a major US city

emblematic of other victims of globalization and decades-long unwillingness to adjust to new world economic conditions. Plenty of blame has been cast on why Detroit failed, so let's just look at a possible solution to several problems at one time. Today Detroit is a broken city of about 700,000 residents scattered around as if in a war torn city from WWII. The city's population peaked at 1.86 million in 1950. Detroit covers 138 square miles, with a shoreline of over 4 miles, plenty of room, and opportunity to build a new 21st century city.

The downtown is already coming back to excellence thanks to some major investments led by the billionaire owner of Quicken Loans. Yet the majority of the city is empty homes and desperate unemployed people. People are so scattered that it is hard to provide police and fire protection with too few jobs for too many illiterate and unskilled families.

The folks at Face the Facts of George Washington University have said: "The unemployment rate is 18%, meaning almost one of every five people is out of work. A big reason for that is that the city's schools have failed. Just 7% of eighth-graders are proficient in reading. Only a handful of Detroit residents (12%) have a college de-

gree. Yet Detroit teachers are the best paid in the nation, when their pay is adjusted for purchasing power. Meanwhile, Detroit is \$327 million in the red and has no credible plan to get back on its feet."

Here is my plan for Detroit. History has shown that people willing to risk their life to be immigrants against harsh conditions often are the best new entrepreneurs and have built new cities and communities for centuries. They bring ideas, energy, and desperation for success. All too many now in Detroit are beaten down, depressed, feeling hopeless and often waiting for someone else to take care of them.

Putting these two groups together with high quality help in construction, learning, job training, and small business development could prove a winning combination. The US Department of Defense has shown that they know how to build new electrical systems, roads, and water systems, since they have been doing this in the Middle East for years, costing US taxpayers more than \$150 billion dollars since 2003. This is 3 times more than the US spent rebuilding Germany after WWII. Now Germany is a major economic success story.

Why not cut back on rebuilding Iraq and Afghanistan and use

that money to rebuild Detroit? Why not transport the thousands who are stranded and unwanted in southern Europe to Detroit and help them to build a new community within America. We have an obligation to help since our invasion of Iraq caused many of the current problems in the Middle East. We would have to screen refugees carefully, and force them to assimilate into US culture—the good kind. Ethnic majorities in some cities and neighborhoods are the history of US development. They can be assimilated, learn English, and become religiously tolerant, although I worry now about the diminishing tolerance of many existing Americans.

Training and education changes could also help many current Detroit residents to become productive and prosperous. How much direct help needs to come from the military versus contractors is not clear to me. Detroit has major crime issues so it may even take some military police to get things started until the city's own infrastructure of things and people is rebuilt. To me this is a great opportunity to fix two seemingly hopeless situations. Our military blew up the Middle East and does feel obligated to rebuild it, but why not rebuild Detroit even though it was destroyed by bad economic conditions, not direct war. To me this is a win/win solution for two major world-level problems.

Ed Lyell, PhD is Professor of Business and Economics at Adams State University; ehlyell@adams.edu.

**Terrapin Enterprise, Inc.**  
 Builder Since 1976  
  
 Richard & Elinor Laurie  
**719.256.4032**  
 • New homes • Additions  
 • Remodels • Decks  
 elinor1320@fairpoint.net  
 Licensed and Insured

## Picture Your New Life



**281 N. Chaparral.** Mountain views from the living room! Additional in-law cabin! \$198,500

**Your Home**

**Your New Life**

**1311C Spanish Creek Trail**  
 2868 square feet, fine finishes, 6-car garage, 7.5 acres! \$589,000

**Charming Cabin!**

**Elegant Gourmet Kitchen**

**34 Camino Baca Grande**  
 1600 sf, nice renovation!  
~~\$465,000~~ Now \$159,000!

**Inside Cabin**

**120 Skyview Way.** Great value at \$129,000. 3 br, 1 1/2 bath.

**1596C Willow Creek Way,** 2.7 acres! Nice master with views.

**358 Birch Road.** Beautiful Contemporary Log Remodel, two living rooms, 1 or 2 offices, 1,967 sf

## Make it a Reality

**Sales tip for October:** 

**Does your agent feed to IDX?**

IDX is a digital data feed of property listings. Reach up to 1,029 Realtor websites and 79 national sites when you link to it. Search your listing at [www.SangreD.com](http://www.SangreD.com). If it does not appear, ask your agent to feed to IDX!



*Vivia*



**Sangre de Cristo real estate**

116 South Alder Street, Suite A  
 Sangre de Cristo Inn Building  
 North of the post office in downtown Crestone

[www.SangreD.com](http://www.SangreD.com)

719.256.5800

## Autumn colors

*continued from page B-1*

Red and yellow crayons produce orange (or anthocyanin and carotene). Green and yellow produce lime-green (chlorophyll and carotenes). Least expected is mixing green and red, producing a brown color, even approaching dark brown or black depending upon the density of coloring. In leaves, a mixture of anthocyanin and chlorophyll, depending upon the concentration of each, produces colors of bronze, brown, muddy-red, or even black in a few horticultural varieties. The muddy red of the gambel oak is the combination of anthocyanin and chlorophyll.

Although the vast majority of aspens turn yellow, occasionally a small area or even a narrow line of red or orange (anthocyanins and carotenes) appear. Jim Erdman, a botanist and naturalist who used to live in the Baca and was involved in local conservation issues, pointed this out to me and also mentioned an obscure report on the association of this color with the underlying geology. Minerals producing soils with a lack of nutrients, or high concentrations of toxic ones, could stress the plants, and anthocyanin production is often a response to stress in plants. We like to scan the large areas of aspen, as at higher elevations, looking for those bits of red color. If we look to the ground along stream margins, we will find the brilliant red roots of aspens, birches and alders.

Although the autumn displays are beautiful and entice visitors to spend time in the Rockies during the autumn season, the color is much less spectacular than the broadleaf forests of New England and the Great Smokes. The differences are due to the predominance of evergreen conifer trees in our forests. The only conifer whose needles turn yellow and drop, the larch, is absent from our forests, more common in the north, and also in northeastern United States. Among the broadleaf trees, the color changes are peculiar to certain species, as the maples in eastern U.S., largely absent from our forests. Even in the east, color production has changed with the loss by disease of such common yellow senescing trees as the elm and American chestnut early in the 20th century, and the future loss of the spectacular sugar maple in the 21st century—displaced to the north by higher temperatures from global warming.

### Why autumn color?

Autumn colors are the by-product of the process of the aging and death of leaves, more technically called senescence. This is not a random act or even a consequence of growing old, but is a highly regulated process that extracts the maximum amount of nutrients in the leaves and moves them back into the trunks and roots of the tree prior to winter. These nutrients can thus be used by the tree the following spring, when new leaves unfold and become green. The crucial nutrient is nitrogen. Nitrogen in the atmosphere is fixed into usable forms by

soil bacteria, and bacteria living in the roots of many legumes and alders. In plants, the fixed nitrogen is further processed into forms that can be incorporated into proteins, DNA and RNA, molecules that defend plants from animals, and chlorophyll. The majority of nitrogen in a plant is stored in the foliage, and about half of the nitrogen there is in its chlorophyll. In senescence, when colors appear, the chlorophyll is broken down and the residue is stored in the central sac, or vacuole, of each cell. The partly digested chlorophyll still can absorb light and can produce damaging by-products (reactive oxygen species, or ROS, also believed to contribute to aging in humans), so this happens



*Red choke cherry leaves and black fruits at Valley View Hot Springs, September 2015.*

*photo by David Lee*

quickly. The nitrogen atoms in those by-products are not re-absorbed by the plant, but the proteins involved in photosynthesis are broken down into amino acids and are transported back into the stems and roots and stored during winter. The nitrogen in the broken down chlorophyll is deposited in the soil as the leaves drop and decay, available to the roots of trees and other plants the following spring. Another element that may also be resorbed as the leaves break down is phosphorus, also essential to plant growth.

When leaves change from green to yellow, most of the carotenes are kept in the cells (no nitrogen to capture there) and their color is unmasked by the loss of chlorophyll. Leaves of a few trees with an abundance of nitrogen, as some legume trees, may not turn yellow, but turn from green to brown and fall off. That is actually quite unusual. To me, the most interesting color change is from green to red, like the skunkbrush. Such plants begin to make the red anthocyanin pigments as the leaves break down the chlorophyll. They are not unmasked, as the old botany books teach, but are newly made during the senescence process. That doesn't seem to make sense. Why does a leaf, when about ready to die and fall off the plant, go to the trouble of making these pigments, a costly process? There has been some scientific controversy about this riddle during the past fifteen years.



*Fall leaves light up the landscape at O'Haver Lake off of Poncha Pass, September 30, 2012.*

*photo by Lori Nagel*

### The benefits of autumn color

If there is a benefit to the appearance of bright leaf color during the autumn, it will most likely benefit the plant in the following growing season and not during the period at hand, when the leaves are about to fall. Benefitting the plant in evolutionary terms means that it will grow more, produce more seeds, and more seedlings will germinate and grow to perpetuate the variety or species. That growth will begin in the following spring time. Two arguments have been developed to explain the evolutionary benefits of leaf color. The first is an ecological argument, in which the color is a signal advertising the poor nutrition or toxic qualities of the leaf. If insect pests, particularly aphids, are repelled from visiting the colored leaves, they will not lay eggs during the autumn, which could hatch the following spring and damage the tree. Such a tree will produce fewer seeds and leave fewer offspring in the future. There is some evidence that aphids can be repelled by the leaf color, but most of the details have not been well tested. Biologists often think of color on the plant in terms of perception and changes in behavior, so this is an attractive hypothesis to those who do that kind of work. This argument could work with yellow and red leaves.

The second argument, and one that I favor, is a physiological one—and only works for red leaves. In it the red pigments, anthocyanins, are produced during the time when

the chlorophyll is actively broken down; they function as a sun screen, to reduce the amount of light in the leaf tissues. With fewer toxic by-products, the protein breakdown should occur more efficiently and more nitrogen be exported to the storage tissues. That would mean that more nitrogen would be available for next spring's growth, more seeds and offspring. There is now quite a bit of evidence for the sun-screen effects of anthocyanins in different plant tissues at different times. For instance, tender young expanding leaves often produce anthocyanins in the spring time, as roses (and many of the plants I have mentioned with autumn color produce pinks in the springtime). There is evidence that red leaves have less residual nitrogen than green ones, in situations where both types of leaves are produced. We can deduce that the excess nitrogen goes back to the plant, but that has never been tested, nor do we have a clear mechanism of how the leaves are protected—what the Achilles heel in the leaf requiring protection is.

Another means of protection of anthocyanins is as a free-radical scavenger, or anti-oxidant. You may have heard about the anti-aging properties of blueberries (the first announcement of such effects on mice led to a run on anthocyanin-containing fruits as blueberries and cranberries). The anti-oxidant anthocyanin in blueberries, cyanidin-3-glucoside, is also the most common one in leaves. Its chemical name has been reduced to 3CG in the health store trade, and is available in highly concentrated forms. It is not clear how such anti-oxidant activity could actually work in the leaf cells, however.

At any rate, I hope that this discussion of autumn color in the plants that you will see near your home or along the roads in Crestone and the San Luis Valley will heighten your enjoyment of the annual event, more like the amazement and enjoyment of Edwin Arlington Robinson, rather than destroying the vagueness that Walt Whitman valued!

*David Lee is a new resident of the Baca, but a property owner since 2001. He is a retired professor at Florida International University, in Miami. He studied the ecology of plants in tropical forests, which led to his research on color changes in autumn leaves in temperate forests, especially in New England.*



**Darlene Yarbrough**  
Owner/Broker

# DARLENE YARBROUGH REAL ESTATE

*Helping people move forward in their lives*

719.256.4198 [www.YarbroughRealEstate.com](http://www.YarbroughRealEstate.com)

OCTOBER 2015 Listings



<b>SOLD!</b> 	<b>SOLD!</b> <b>6.775ac on Creek Greenbelt!</b> 	<b>SOLD!</b> 	<b>SOLD!</b> <b>Private</b> 	<b>SOLD!</b> 	<b>UNDER CONTRACT</b> 	<b>UNDER CONTRACT</b> 
------------------	--	------------------	------------------------------------	------------------	---------------------------	---------------------------

**62 E Horse Tooth Trail - \$245,000**  
A Beautiful 2000sqft 2bd / 2ba half duplex surrounding lush courtyard with fantastic views of the Sangre de Cristos. Gorgeous design, with high end finishes and fixtures, well and septic service.

**937C Spanish Creek Trail - \$229,000**  
This lovely 3BD/2BA+Office home sits on 6.775ac & backs to the Spanish Creek Greenbelt. Built in 2007, this 1680sf home has wood floors, a woodstove, 2 flagstone patios & boasts amazing mtn views.

**1679 Kings Hill OL - \$189,900**  
Breathtaking 2,311sf home with beautiful architecture. 2nd story wrap around porch for inspiring views. Excellent tile work, wood stove, & Rinnai water heater w/ on-demand hot water.

**263C Moonlight Way - \$159,000**  
Built in 2014, this 1532sf newer construction offers 3BD/1BA w/ potential for 2nd bath. Set back from road on 1.042 acres w/beautiful trees, lots of privacy. Open living/dining/kitchen area w/hardwood floors. Immaculate. ETS heat.

**36 Camino Baca Grande - \$98,000**  
This lovely chalet style home with soaring windows and high ceilings has 3bd/1.75ba, a loft sitting area and attached sunroom. Wood fireplace, Toyostove heater.

**340C Palomino Way - \$389,000**  
Immaculate 1820sf, 2-story, 3BD/2BA home on 1.79 acres, meditation gardens w/rock lined pathways & patios. Solar h/w, woodstove & solarium. Detached double garage w/396sf studio space w/full bath, possible kitchen.

**1221 Chaparral Way - \$142,500**  
This lovely one owner 2BD/1BA 1008sf Terrapin home has hot water baseboard heat, Vermont casting wood stove, stucco exterior & beautiful views. Landscaped, fenced yard & off the road for privacy. Near Pundarika retreat property.

<b>New Listings</b> 	<b>3 Bed / 3 Bath</b> 	<b>On Creek Greenbelt</b> 	<b>Commercial Property</b> 	<b>Historic Hotel</b> 	<b>Town of Crestone</b> 	<b>Baca Meadows</b> 
-------------------------	---------------------------	-------------------------------	--------------------------------	---------------------------	-----------------------------	-------------------------

**3959 Cheerful Court - \$429,000**  
Custom Cathedral Style Mt Home. Approx 2700 sq/ft, located on 2.16 acres by Cottonwood Creek. Many architectural features incs Brazilian cherry hrdwd flrs, diamond plaster walls. Features 30x16' Art Studio.

**719 Rendezvous Way - \$159,000**  
This 3bd/3ba 1460sqft is located on a quiet street. Mstr Bed has balcony w great views to the valley. Liv room w built in FP. Great light and good space make this an excellent value!

**123C Skyview Way - \$149,000**  
Hexagonal 3BD/1.75BA 1452sf home on 1.437ac backing to South Crestone Creek greenbelt. Fully fenced lot. Kitchen recently upgraded, new windows in 2006, recently painted. Woodstove heat.

**46 Camino Baca Grande - \$257,000**  
Six-Unit professional center. 2 story structure is ~2600 sf and conveniently located near the entrance to the Baca on a nicely treed 1.05 acre lot w/plenty of parking.

**Willow Springs (Moffat) - NOW \$299,000**  
Fully restored former historic Forbes Hotel. 9bd/3BA 3600sf; detached 22x24 studio, 500ft artesian well. Great business potential for B&B, hotel /retreat center.

**332 E. Mica Ave - \$449,000**  
Spectacular Strawbale 3BR/2BA/ Office custom home w/enormous chef's kitchen, on North Crestone Creek. Lush, grassy yard & trees. Detached 950sf barn could be great as enclosed yoga/art studio!

**Baca Townhome #10 \$189,000**  
Exquisite townhome completely remodeled in 2008. 1480sf 2-story 2BD/2BA features redesigned kitchen & bathrooms, updated heat & lighting systems, beautiful patio. Must see!

<b>Baca Meadows</b> 	<b>Baca Grande - Chalets</b> 					
-------------------------	----------------------------------	--	--	--	--	--

**Baca Townhome #16 - \$179,000**  
A lovely 3BD/3BA/sunroom 1622sf one story townhouse located close to N. Crestone Creek walking path & convenient to town. Great for full time homeowner or can be as rental. Excellent separation of master suite and guest bedrooms.

**2795CR Brook Terrace - \$499,500**  
The castle tucked away on a private cul-de-sac on 2.765 wooded acres. 3 level stone & stucco with views to the sky. Artistic with quality & attention to detail. A must see home!

**1967 Rockyview Way - \$465,000**  
Luxurious 3BD/2.75BA/Office/3-car Garage 2953sf home sits on 2.374 acres & has a 2-room upstairs Master Suite. Beautifully landscaped courtyards & gardens with custom fence & deck.

**786C Panorama Way - \$419,000**  
This Lee Mitchell custom 3bd/2ba/ sunroom/library/balconies 2428sf home with fabulous gardens sits on 2.14 acres w 2-car garage/studio. Exquisite - Must See!

**1275C Bear Grass Way - \$399,000**  
Unique, 2-story 2BD/2BA 2040sf+loft hexagon energy efficient Rastra home up high in Ch1, adjacent to greenbelt on ~2 acres. In-floor radiant heat, passive-solar, woodstove. 352sf guest house. Gorgeous, must-see home!

**4262C Serene Way - \$299,900**  
Immaculate 2500sf 5BD/2.75BA 3-level home on .98 acres. Custom finishes, fire resistant, energy efficient, magnificent views, extensive patios. Private. Good retreat home.

**557 & 560 Panorama Way - \$299,000**  
This spacious 7BD/3BA home has functioned as a B&B - fantastic for owner occupied &/or retreat space. Amazing 360 views, nearby creek w/ cottonwood & aspen trees. A must-see property.

<b>Magnificent Views</b> 	<b>Gracious Living</b> 	<b>Guest House</b> 	<b>A lovely sanctuary</b> 	<b>Detached Studio</b> 	<b>360° View Deck</b> 	<b>WAS \$279,000</b> 
------------------------------	----------------------------	------------------------	-------------------------------	----------------------------	---------------------------	--------------------------

**22 Alpine OL - \$295,000**  
CUSTOM 3bd/2.5ba/2 car garage 2232sf home close to town. Screened porch & wrap deck. Gracious Living with exceptional views!

**757 Rendezvous Way - \$289,000**  
Very lovely 1868sf 3-or-4BD/2BA + dining screen porch, sunroom w/ fireplace, yoga/exercise room, deck w/amazing views & hot tub. Private, but close-in. Beautifully landscaped.

**3615CR Splendid Terrace - \$275,000**  
1938sf 3BD/2.5BA, meticulous, Southwestern style home with arched windows & doorways sits on 1.719 acres. 400sf detached Casita Apt w/kitchenette & full bath.

**3919 Cordial Way - \$275,000**  
Two story, 3BD/2.5BA ~2400 sf home has a walled courtyard & 4 intimate decks w/ great views. Southwest style home gracefully adorned with fine details and finishes.

**1540C Willow Creek Way - \$269,000**  
3BD/2.5BA 1946sf classic farmhouse, 1.3 acres, backs to greenbelt & w/ 2 screened porches & southern deck. Separate log-cabin studio, w/steam-shower bathroom, kitchenette, and covered porch.

**418 Moonlight Way - \$259,000**  
Octagonal 2BD/1BA 1200sf home w/view deck, attached studio & exquisite custom details, super high Rvalue, outbuildings, shop, fenced garden and huge greenhouse. Backs to greenbelt w/trails & creek! Views.

**149 Moonlight Way - \$259,000**  
Beautiful 3bd/2ba 2118sf home w/ 2 living areas - extensively updated & immaculate condition. Cathedral ceilings & a wall of glass w/ great views. Adjoins greenbelt & creek. Great space for entertaining!

<b>Non-Toxic</b> 	<b>Eco-Friendly</b> 	<b>MILLION \$ VIEWS!</b> 	<b>WAS \$245,000</b> 	<b>New Construction: Paul Koppapa</b> 	<b>Private</b> 	<b>Great Reduction! Was \$259,000</b> 
----------------------	-------------------------	------------------------------	--------------------------	---	--------------------	---

**207C Foothill OL - \$259,000**  
2-story 3BD/2.5BA/Study stucco home with a 2-car attached carport is non-toxic with Bioshield paints & oil finishes, Bamboo floors & natural pine ceilings. Spacious Master Suite w/Jacuzzi tub, separate shower, porcelain tiles & marble counter.

**1738C Willow Creek Way - \$249,000**  
Built in 2013, this Paul Koppapa strawbale eco-friendly home sits up high in Chalet 1. 2BD/2BA, 1532sf on .91 acres. Strong passive solar. Solar radiant floor heat & domestic hot water. Energy efficient.

**909C Brookview Way - \$240,000**  
Home on 1.12 acres w/ spectacular views at top of Baca waiting for the right person to complete the vision. 2324sf & designed with 3bd/2ba. Separate 576sf guest house w/kitch.

**1216C Chaparral Way - \$235,000**  
Custom built 2005-Teahen home, 1710sf 2-story, 3bd/2.5b home on 1.132 acres is immaculate! Great kitchen, master suite w/ elegant master bath. Upstairs sitting room, bonus room and balcony.

**1867C Rockyview Way - \$229,000**  
3BD/2BA 1520sf New Construction by Paul Koppapa, energy efficient design. Active solar hot water sys thru radiant floor grid + domestic hot water. Very insulated, triple pane windows & heat recovery ventilation, airtight construction.

**705 Rendezvous Way - \$220,000**  
Add your finishing touches to this large 2923sf one story stucco home. Fully livable w/ETS & woodstove heat, a completed kitchen and bathrooms. Large great room offers lots of space. 2 car garage w/ two story enclosed unfinished space.

**4454C Ridgecrest Way - \$219,000**  
Beautiful custom 2-story, 3BD/2.5BA/Office on 1.508 acres backs to Cottonwood Creek gmbt. Master Ste w/attached sun room & meditation room. Energy-efficient quality construction.

<b>New Construction</b> 	<b>WAS \$210,000</b> 	<b>Reduced! - Was \$212,000</b> 	<b>Private</b> 	<b>\$93/sf + garage/greenhouse</b> 	<b>WAS \$195,000</b> 	<b>Great Value!</b> 
-----------------------------	--------------------------	-------------------------------------	--------------------	--	--------------------------	-------------------------

**2145 Indian Well Way - \$209,000**  
This adorable 3BD/1BA cabin was built in 2001 & sits in a great location on a wooded lot. The lovely deck, wood floors, woodstove, storm doors, outdoor swing, mtn views and storage shed complete this charming home.

**3356C Camino Del Rey - \$199,900**  
2 story, 1981sf, 2bd/1.75ba home w/ passive solar sunroom - great views on .864 acres. Master suite w/clawfoot tub, pine floors, pellet stove. Propane heat, great appliances.

**1447 Chaparral Way - \$189,000**  
This 1440sf 2bd/2ba home is a complete remodel with bamboo flooring, Jenn-Air stainless appliances, maple cabinets, granite countertops, travertine bathrooms, master bath soak tub. Adjacent lot available.

**3949C Cheerful Way - \$189,000**  
Built by Terry Anderson in 2002, 1110sf, 2-story 2BD/1.75BA/carport on .699 acres. Balcony w/ outstanding views, diamond plastered walls, soak tub. Private location w/ trees. Retreat home, private getaway, full time residence.

**3705 Carefree Way - \$174,000**  
This 1874sf 3BD/1.75BA home was built in 1995 as a passive solar home. Very spacious w/detached 2-car garage & greenhouse. Also includes the upper adj lot to protect mtn views. Great value!

**3704 Carefree Way - \$169,000**  
Immaculate like new 3 bd/1.75ba, 1316sf home has wood floors, stucco privacy wall, single car garage, beautiful views of the mountains.

**35 Camino Baca Grande - \$169,000**  
Lovely 3BD/2.5BA 2013sf 1.5 story home remodeled in 2010. Lg living rm w/cath ceiling, kitchen opens to patio w/mtn views. Master suite w/lg walk-in closet, soak tub. 2 lg bd rms & bath w/full-length deck. Paved road, easy access to town.

<b>Cabin in the Woods</b> 	<b>New Construction</b> 	<b>One-Story</b> 	<b>Backs to greenbelt</b> 	<b>Was \$179,000</b> 	<b>Was \$169,000</b> 	<b>Small Home, Small Price!</b> 
-------------------------------	-----------------------------	----------------------	-------------------------------	--------------------------	--------------------------	-------------------------------------

**2167 Indian Well Way - \$169,000**  
This adorable 3BD/1BA cabin was built in 2001 & sits in a great location on a wooded lot. The lovely deck, wood floors, woodstove, storm doors, outdoor swing, mtn views and storage shed complete this charming home.

**1911 Lone Pine Way - \$160,000**  
This 2BD/1BA, 1020sf New Construction by Art Reeves. Efficient, great design & views. Rustic wood & metal siding, hrdwd floors & vaulted ceiling in Great Room. Modern kitchen w/stainless appliances. Spacious Master bdrm, & bath.

**635C Panorama Way - \$159,500**  
This 1504sf 3BD/2BA home sits on 1.013 acres & has an open, flowing floorplan w/lots of windows for natural light. Hardwood floors, custom made cabinets, screened porch, honeycomb window blinds.

**11 N. Baca Grant Way - \$159,000**  
Octagonal 3BD/1.75BA 1452sf. Updated w/stucco exterior. Wood fireplace & propane heat stove, electric backup. Large deck facing Greenbelt at the front of the Baca on paved road.

**3376 Genial Way - \$159,000**  
Tri-level 3BD/1.75BA home, lovely screened porch w/trex deck off living room. Lots of windows in the living space, offering amazing views, lots of light, and passive solar. ETS heat.

**1573C Kings Hill OL - \$159,000**  
Light & bright 3bd/2ba, 1480sf, 1.5 level stucco with large south facing windows and view deck on .84 acres. Easy access off paved road. Hot water baseboard heat/passive solar. New roof.

**4485 Ridgecrest Way - \$74,500**  
Unique, small 394sf home, with 2nd structure in Chalet 3. Fixer-upper, but can be a home in the Baca at an affordable price. Woodstove, loft sleeping area w/wood ceilings. Full kitchen w/cookstove, fridge & combo w/d. Shower bath.

# EARTH TALK

Questions & Answers  
About Our Environment

## From the Editors of E - The Environmental Magazine

Dear Earthtalk: What is biophilic design in architecture and where can I see it implemented?

—Winston Black, Newark, NJ

Biophilia is defined as the inherent human inclination to affiliate with nature. The moral imperative of biophilia is that we cannot flourish as individuals or as a species without a compassionate and considerate relationship to the world beyond ourselves of which we are a part. Biophilic design, an extension of biophilia, incorporates natural materials, natural light, vegetation, nature views and other experiences of the natural world into the modern built environment.

According to Stephen R. Kellert, author of *Birthright: People and Nature in the Modern World*, humans may have evolved in the natural world, but the habitat of contemporary people has largely become the indoor-built environment where we now spend 90% of our time. The result has been an increasing disconnect between us and nature. However, the emerging concept of biophilic design recognizes how much human physical and mental well-being relies on the quality of our relationships to the natural world.

“We put people in windowless offices and give them a computer and a desk and think they should be able to work just fine because they’ve got all the obvious things they need, like air to breathe, artificial light to see by and access to all kinds of information,” Kellert says. “But we find that they don’t actually work all that well in those kinds of environments. They are more likely to experience fatigue, lack of motivation and higher rates of absenteeism. If you just put certain aspects of nature into these environments, it actually results in improved well-being and productivity.”

Current low-impact design, like the U.S. Green Building Council’s Leadership in Energy and Environmental Design (LEED) system, emphasizes avoiding pollution, eliminating chemical toxins, minimizing waste, increasing energy efficiency and decreasing water use. However, due to rapidly evolving technological advances, energy-efficient solar collectors and other low-impact design features quickly become outdated. Biophilic design’s aesthetic, sensory-rich fusion with nature, along with its health benefits, make it the missing link in most sustainable design, Kellert says, and only development which incorporates both biophilic and low-impact design can achieve true and lasting sustainability.

Furthermore, Kellert says. “. . . you need to create a sense of affiliation or attachment to these structures that motivates people to want to sustain them over time, which is just as important as reducing harmful impacts. We’ve done ourselves in the environmental field a disservice [by] only focusing on the negative impacts and forgetting the root of the environmental movement, which, whether it’s Henry

David Thoreau or Ralph Waldo Emerson or Aldo Leopold, was very much a celebration of our connection to the natural world and how it’s fundamental to who we are as individuals and as a species.”

Recent biophilic design can be seen in structures like Yale University’s Kroon Hall, the Bank of America Tower and the Cook+Fox Architects office in New York City, Dell Children’s Hospital in Austin, Texas, and more. Kellert says one of the most satisfying projects he worked on last year was an elderly health care complex in Indiana. By incorporating biophilic design into the complex, it created a less alienating, more positive, therapeutic environment for people with memory loss.

Contacts: Stephen R. Kellert, [www.stephenkellert.net](http://www.stephenkellert.net); USGBC LEED Program, [www.usgbc.org/leed/](http://www.usgbc.org/leed/); Cook+Fox Architects, [www.cookfox.com](http://www.cookfox.com).

*EarthTalk® is produced by Doug Moss & Roddy Scheer and is a registered trademark of Earth Action Network Inc. View past columns at: [www.earthtalk.org](http://www.earthtalk.org). Or e-mail us your question: [earthtalk@emagazine.com](mailto:earthtalk@emagazine.com).*

## Crestone Conglomerate

LarryCalloway.com

a reporter’s blog...

## CRAZY HEIFER RANCH



Healthy beef  
raised in a responsible  
organic pasture  
Available for sale  
Contact Amber Felmlee  
303-886-9436

**EXCAVATING SKOGLUND PIT**

WATER/SEWER/ELEC SEPTIC & LEACH FIELDS	PIT RUN COBBLE DRAIN ROCK
ROADWORK DRIVEWAYS	ROAD BASE FINES & MORE

KEN SKOGLUND  
OWNER/OPERATOR  
MAIN 719.256.4447  
CELL 719.588.2367

WWW.KENSKOGLUND.COM

The  
**CRESTONE EAGLE**

**For Sale!**

## The Eagle wants You!

Your Love of the Valley  
Your Vision  
Your Ideas  
Your Innovations  
Your Energy  
Your Future!!

After 25 great years, it is time to retire, and, yes, *The Crestone Eagle* is for sale. Small town newspapers are important and profitable businesses, especially in towns with a strong sense of community. The Eagle speaks to a place and a lifestyle that will continue to attract people no matter how the world changes in the future. This is a singular opportunity to make a difference in a community through print and digital media. We need a good steward for the future. Please call if you think you may be the one.

Please direct all inquiries to our broker,  
**Vivia Lawson: (719) 256-5800**  
Please do not contact the Eagle offices.  
All inquiries will be mutually confidential.

## DARLENE YARBROUGH REAL ESTATE

719.256.4198 [www.YarbroughRealEstate.com](http://www.YarbroughRealEstate.com)

The #1 Real Estate Broker in Crestone for • Integrity • Experience • Success

### Baca Grande - Grants

<p><b>Fantastic Great Room!</b></p> <p>56 Wagon Wheel Road - \$295,500 Luxurious ~1800sf 2BD/2BA southwest-style ranch home built in 2002. 2-car garage w/studio. Large windowns in great room w/stone fireplace &amp; amazing views. 4.6 acres, well &amp; septic.</p>	<p><b>Reduced! Was \$355,000</b></p> <p>765CRR Heatherbrae Rd - \$295,000 Off-Grid - Exquisite, custom 2-story traditional home located on 11.94 acres offering amazing views and lots of privacy. Bonus attached garage with an upstairs studio apartment. Solar electric &amp; well water.</p>	<p><b>Detached Studio</b></p> <p>1234 Laredo - \$265,000 This strawbale 1831sf 3BD/2BA home w/detached studio on 1.86 acres has magnificent views, fine finishes, an open floor plan, a Master Ste soak tub, deck w/bamboo fencing &amp; plenty of privacy.</p>
<p><b>Was \$249,000</b></p> <p>1564 Wagon Wheel Road - \$229,000 A 2,192sf beautiful single level ranch style home built in 1997 on 1.66 acres. 3bd/2ba, great room, living room &amp; 2 car attached garage. Well and septic. Great value!</p>	<p><b>Soak Tub with Views</b></p> <p>1175 Golden Eagle Tr - \$185,500 2BD/2BA 1196sf Ranch-style home on 2.15 acres, built in 2006. Cozy luxury in the Grants. Mstr suite has tremendous views, full bath, walk-in closet, patio &amp; garden. ETS heat. Well &amp; septic</p>	<p><b>Off-Grid</b></p> <p>600 Heatherbrae Road - \$175,000 Off-Grid - Beautiful 1240sf 2BD/1.5BA home on 2.61 acres, borders Conservation Easement. 220sf enclosed passive solar porch, 105sf shower &amp; deck, 528sf deck &amp; 8'x12' storage room. Well &amp; septic.</p>

# Baca Grande Library News



by **Suzanne McGregor**

Welcome back to our youngsters this month! The library has started the Babies and Toddlers Story Time Program on Tuesday mornings at 11am. Facilitated by Penny, program coordinator at Sa-

guache Library, this popular program includes stories, arts and crafts, and healthy snacks. Please bring your little ones in for stories and socialization.

On scheduled Tuesday afternoons, Pam and her second and third grade students from the Charter School visit the library to become familiar with their local library, sit and read and check out books. Just a note to parents—if your child does not have a library card, please come in and apply for membership so that they can check out books when the class visits. We want all our community youngsters to develop a

love of reading as early as possible.

For those of you who manage your library account online, we have a brand-new website to replace the previous one—it is awesome! In addition to being able to see your account (renew items, place requests, and search over 100 other AspenCat libraries for an item you want), it includes all NEW books and videos available here and at all other libraries in our union catalog. If you are unfamiliar with the process or are having problems or questions, the staff will be happy to walk you through it. The new address is: <http://>

[bacagrande.catalog.aspenca.info](http://bacagrande.catalog.aspenca.info).

Our dear friend and almost daily library visitor, Joe Peltzman (“Jersey Joe”) passed away in South Carolina in mid-September, surrounded by his son and family. Joe loved to show new patrons and visitors around, reorganize and shelve books, and he always supported every library function and fundraiser. He had requested that donations be sent to the Baca Grande Library in his memory. We will miss him dearly.

Baca Grande Library, 256-4100. Hours: Mon.-Fri. 11:30am-5pm; Sat. 10am-2pm.

## LOCAL LODGING

you can link to these lodging websites online at [www.crestoneeagle.com](http://www.crestoneeagle.com)

### LOVER'S WAY B&B



- ★ Room with bath
- ★ Private entrance
- ★ Quiet greenbelt location
- ★ Continental breakfast

719.256.5654  
[crestbon@yahoo.com](mailto:crestbon@yahoo.com)

### Electrum's Rental Spaces Retreat and Enjoy!!

The Downtown Hobbit House or Baca Shamanic Healing House  
Nightly/Weekly 2 night min.

Call or text: 719-588-2114  
[globalspirit13@gmail.com](mailto:globalspirit13@gmail.com)

### Casa del Soul Downtown Crestone Lodging

- Reasonable nightly and weekly rates
- cable • WiFi • smoke-free

719-256-5788  
[www.casadelsoul.net](http://www.casadelsoul.net)

*Casa Alegria*  
where life is sweet  
Nestled in the woods you can experience the embrace of a Strawbale Bed and Breakfast  
719-256-5116  
[casa.alegria@yahoo.com](mailto:casa.alegria@yahoo.com)

Welcome  
Baca Townhouse No. 9  
Two . Two . Two  
Floors . Bedrooms . Baths  
Accommodates two guests  
In a gentle and relaxed setting  
\$70 each bedroom each night  
Internet Access/WiFi  
Near the Desert Sage  
Or an easy walk into Crestone

Mark Wingard, 505.983.1343  
505.670.0126 (cell)

Advanced Reservations a Must  
[mwingard@gmail.com](mailto:mwingard@gmail.com)  
<http://www.bacatownhouse.com/>

I AM HARMONY  
BE IN THE I AM PRESENCE...  
256-4810  
I AM ACTIVATOR SHRINE!  
FAERIE AND ELEMENTAL REALM!  
SAY YES. TO LIFE!!  
LIFE SAYS YES TO YOU!!  
COME STAY WITH US  
HARMONY ROOM HARMONY COTTAGE  
[WWW.KIARAPERKINS.COM](http://WWW.KIARAPERKINS.COM)

Willow Creek  
Retreat House  
Crestone, Colorado  
call for reservations  
928-536-7627  
[www.willowcreekretreathouse.com](http://www.willowcreekretreathouse.com)  
credit cards accepted



SHANGRILAH  
SANCTUARY  
Permaculture  
Bed+Breakfast  
CRESTONE'S  
HEART-CORE B&B  
WALKING DISTANCE TO TOWN  
PICK YOUR OWN FRESH GREENS  
FLEXIBLE ACCOMMODATIONS  
[WWW.SHANGRILAHCOLORADO.COM](http://WWW.SHANGRILAHCOLORADO.COM)  
719.256.4768  
[www.airbnb.com](http://www.airbnb.com)  
or on Facebook

### Tashi Gomang Retreats

40% 3 MONTH WINTER SPECIAL DISCOUNT ON CABIN 2!

Wilderness Cabins and Retreat Residence  
on Sacred Land near the Tashi Gomang Stupa  
in Crestone Colorado

[www.KTTG.org](http://www.KTTG.org)



### Rainbow Bed & Breakfast

A Centrally Located Baca Mountain Retreat, offering

- Spectacular Views
- Private Entrance
- Guest Lounge
- Sun Deck
- Meditation Dome



- Continental Breakfast
- Full Guest Kitchen
- Workshop Facility
- Bodywork Referral
- Wireless Internet

223 Rainbow Overlook • Box 293 • Crestone, CO 81131  
(719) 256-4110 (800) 530-1992  
[rainbowbb.com](http://rainbowbb.com)

DragonflyHouseCrestone.com  
719-256-4859  
Dragonfly House  
Bed & Breakfast

The Coll House  
A Distinctive Bed & Breakfast  
With The Flavor Of An Inn  
• Pet Friendly  
• Organic Breakfasts  
• Private Bath  
• Wireless Internet  
• Satellite TV  
• Massage Therapy, Certified  
• Near Trailhead  
(719)256- 4475  
1019 Moonlight Way  
PO Box 475  
Crestone, CO 81131  
Email: [collcrestone@gmail.com](mailto:collcrestone@gmail.com)  
Web: [www.collhouse.com](http://www.collhouse.com)



**Shirley Motz** 719.937.1691

Top Producer 2013

Top 1000 Trends Journal Realtors

# CRESTONE REALTY<sup>LTD</sup>

## 719.256.4444

121 E. Galena Ave, Crestone Colorado

www.crestonerealty.com



**Dara Blumenhein**  
303.709.3995

Your Friend in Real Estate



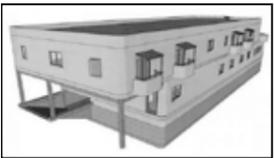
\$733,000 Very unique Feng Shui retreat built on 4 acres with earth changes in mind. 3 sep living spaces, off-grid. Beautiful stone & tile throughout. Meditation Kiva w/stained glass. 707695



\$692,000 Approx. 20 acres with creek. Elegant 2638 sq.ft, 3BD, 2BA 2 car garage home. Corian counters, diamond-plaster walls, marvelous stonework entryway & throughout house. Mature aspen trees, lotus ponds.



\$525,000 Approx. 153 acres, multiple artesian wells, ag well. Beautifully remodeled ranch house, 4BD 2BA. Large workshop, 4-car garage, 2 silos, box car, historic outbuildings & more. 710549



\$475,000 Partially finished construction, this property is part of an estate. Seller is open to offers. In the town of Crestone, commercial district. Residential/multi-use possibilities. 709800



\$420,000 41 pristine acres in the Grants. A great retreat property. Solar system, new batteries. 3550 sq ft with home and meeting/retreat building. Creek runs through property. 703497



\$365,000 2BD 1.75BA Lovely Victorian home & guest cottage on 35acres. Spectacular views, organic garden area, room for horses. Great for group retreats or sustainable living.



REDUCED! \$275,000! Seller will finance. Unique property with 2 units and office space, 3BD 2 1/4BA, full sauna, 33' grow dome, orchard. Borders greenbelt & creek. 699764



REDUCED! \$254,000 1.5 story 2BD 1.75BA, tile & wood floors w/radiant heat. Sunroom, fenced yard, steam shower. Private cul-de-sac, high on the mountain! 699605



\$249,000 Just north of town, 5 acres with North Crestone Creek running through it! Secluded 960 sq ft home. About 200 feet of creek. 681507



\$245,000 Cozy, energy-efficient straw bale home on 2.5 acres near Cottonwood Creek & greenbelt. Elegant feel, 2-car oversized carport with workshop area. 700945



\$235,000 3BD 2BA, spacious, light home. Fireplace, vaulted ceilings, new carport; sits on 2 consolidated lots, at the end of the street. Downstairs has own entrance. 708971



\$229,000 5BD 3 1/4 BA with additional room off Master suite. Kitchen has plenty of cabinet space. Attached 2-car garage. 699746



\$227,500 3BA 2BA, attached garage. Home for large family; spacious rooms, vaulted ceilings, 6 panel doors, tiled floor, fenced yard, deck. Sits on 3 lots, in cul-de-sac. 709053



REDUCED! \$223,000 2BD 2BA, spacious straw bale home. Radiant heat, wood burning stove. Amazing views off decks and patio. Creek meanders through the property! 699757



\$211,000 Large home on greenbelt and Willow Creek. Remodeled in 2014; sits back on lot, lots of trees for privacy. This home has been a vacation rental with good income history. 705548



\$210,000 This home has 40 acres with an artesian well. The lovely home has 3BD and 3 BA. Horse set-up, equipment barn and fenced pastures. 699756



\$198,000 Perfect retirement home! Santa Fe-style home on acre. Detached 1 car garage, garden area, beautiful kitchen, tile floors, wood stove, radiant heat, large porch. 2BD 1BA. 703882



\$195,000 Secluded, close to Willow Creek with views, surrounded by greenbelt. Spacious kitchen, w/d, appliances. Green construction, fire resistant, rodent-proof. 711195



REDUCED! \$190,000 New construction, 2BD 1 1/2BA. Backs to greenbelt & creek. Passive solar, year-round warm earth mass floor. Custom kitchen. Bathroom with garden tub. 699761



\$189,500 Cozy 3BD 2BA 1500 sq ft beautifully situated Victorian Ross Chapin cottage. ETS & baseboard heat. High ceilings, skylights & fenced-in back yard. 699770



\$182,500 Superbly constructed monolithic dome, R-60 energy efficiency. Extremely fire and element-resistant structure. 5BD 2BA. Has large Quonset for multiple uses. 699782



\$179,500 3BD 2BA 1434 sq ft cute Victorian Ross Chapin cottage home. ETS & baseboard heat. High ceilings, skylights, private balcony with amazing views. Convenient to town. 699771



\$179,500 Recently remodeled, bright, spacious, cozy duplex with private patios 5BD 3BA. Conveniently located on the edge of town. Close to Charter School & grocery store. 699772



\$175,000 Estate sale, sold "as-is", unfinished. Concrete constructed, 6" walls, on 5 prime lots in the Baca, with creek, greenbelt, large trees. Radiant-floor heat, boiler installed. 709580



\$169,000 REDUCED! Creek-side home! Fireplace, spacious kitchen, deck with hot tub, views of the mountains. Great vacation home! 1BD, 2 loft rooms, 1BA, adjoining room downstairs. 699746



\$165,000 Great 5.25 acres for horses and dogs. Backs to Willow Creek greenbelt for trail riding. Thoughtfully built straw bale 3BD 2BA home. Solar hot water. 699780



PRICE REDUCED! \$164,800 Walking distance to Dharma Ocean Institute. High up on the mountain with amazing panoramic views. 2BD 1 1/2BA, office. 699803



\$159,000 Surrounded by trees, spacious 3BD 2BA, 1817sq ft. LR, DR, large family room with fireplace opens to rear deck & views. Master Suite has 5 piece bath. 2 car garage. 705185



\$150,000 Nestled in between the town of Crestone & Chalets I. 2 floors, 2BD, 2 BA, bright, spacious living room with high ceilings, private balcony and patio. 699773



\$149,500 Great getaway home near Cottonwood Creek. Builder's own home, great room with vaulted ceilings, quality craftsmanship; loft could be guest area. 699734



\$147,000 Beautiful Baca Meadows Town Home. 2 floors, 2BD 2BA, spacious living room with high ceilings, private balcony & patio areas. Convenient to town. 699781



\$139,000 A great buy! This ranch-style home has 3BD, 2BA, lots of light. Detached garage with workshop area, grow home for year-round growing. On a very private cul-de-sac. 703303



\$139,000 7.71 acres, town artesian well, 1352 sq ft. 2BD 2BA, great views, plenty of storage. Detached garage, storage container, shed. Commercial/residential zoning. 710441



\$130,000 Just reduced for quick sale! Large 2176sq ft home on over 2 acres, adjoining creek & greenbelt! Very spacious open floor plan, 3BD 3BA. 360 degree views. 706319



\$79,000 Nice 3BD 1BA starter on retirement home. Wood stove, garage, metal roof. Situated on 6 lots with expansive mountain views & garden space, on shared well. FHA, VA or USDA. 705685



\$79,000 2BD 1BA, on 3 acres. Recently added utility room. Extra insulated. Large, screened-in porch, town artesian well. No covenants, commercial/residential zoning. 710550



\$59,500 3BD 2BA, 5-piece Master bath, large kitchen, separate studio, huge living room. 32 lots w/11 hookups for RVs, bath house, restrooms, near Great Sand Dunes. 709342



\$50,000 Nice retirement home, 3BD 2BA, 5-piece bath w/garden bath; spacious kitchen, utility room, washer/dryer hookups. Stucco finish. 710076



This fully equipped commercial restaurant in downtown Crestone is for lease! Call today for details! Great location, great opportunities! 719-256-4444

**Open House Event!**  
**STOP BY WHILE ON THE ART TOUR!**  
 Saturday, October 10th, 1:00 - 4:00pm  
 Wine and cheese will be served! Maps are available at the Crestone Realty Office, 121 E. Galena Ave, in downtown Crestone.  
 Featuring three beautiful homes:  
 303 N. Indian Pipe Trail \$733,000; 472 Edelweiss Trail \$692,000;  
 894 Camino Real \$365,000



by Kizzen Laki

People have often asked me how I came to Colorado. If not born here, we all have those stories. Here's mine.

In September of 1972 I was 20 years old, recovering from a near-death experience and living with my husband in Laguna Beach, CA. If you don't think of me as a blond "surfer girl", you're right. We'd been there nearly a year, and despite loving the ocean, it wasn't a good fit. The month before, I had miscarried in my 6th month of pregnancy. It was a very traumatic experience—and caused a massive septic infection that nearly killed me. New super meds saved me, but left my hearing permanently damaged. It wasn't a good summer.

I was sick in body, heart and spirit. All I wanted to do was to go home. Clicking my heels like Dorothy. I needed home.

"Home" at that time was Chicago, where I was raised, where we were from, so we packed up to head back there. We had a white 1952 Chevy pick-up truck and Earl built a very cool wooden camper shell on the back that had "arms" that allowed the top to raise up. I made drop-down curtains that snapped to the sides when the top was raised. A pad on the platform was our bed, with storage underneath. Our good friend John had decided to come with us, looking for adventure (he found it!).

In mid-September we said goodbye to sunny California and headed east, through the coastal hills, onto Route 66. Young and cruisin' until "Clunk, clunk, clunk, bang!" Kingman, AZ, and the rear-end went out on the Chevy. Kingman, settled by people who broke

down in the desert. No other reason to be there. The repair shop said it would take 3 days to get parts and repair—and most of our money. Now what? Our camper was up on the rack.

As we wandered through town I spied a small church—also a refuge for people who "broke down". A gentle priest, not too sure of these 20-something hippy types, still allowed us to camp out in the back of the church behind the last pews. This was a time when churches were always unlocked. Blankets on the floor, candles flickering through the night. Stop #1 on the road to redemption.

East, east across the great desert. We planned a detour to visit my husband's "aunt", an elderly friend of the family who lived in Buena Vista, Colorado. Earl wanted to show me Colorado on our way to Chicago. He had visited the aunt as a teen and wanted me to see the mountains. Flagstaff, 4 Corners, and my first trip over Wolf Creek Pass with sunset mountains at the top of the world. My first trip through the San Luis Valley was at night, unseen except for stars.

We arrived at Buena Vista and camped in the aunt's driveway. The plan was to spend 3 days, see the sights and then head on—a quick visit.

We drove up Cottonwood Creek Canyon west of Buena Vista, pulled off and hiked up along the aspen and pine-lined creek. And I dropped to my knees.

It was late September, the aspens were a stunning gold and orange, quaking and flashing in the sun, a beautiful mountain stream burred over the rocks, the sky was an incredible shade of blue that I'd

never seen before in my life, with the canyon walls and the mountains towering above. I sank to the ground and wept. I truly did cry my heart out. All the pent up grief of loss, the illness, the near death, the big hole in my heart where my faith and youthful immortality had been. By the water I laid down and wept. Then was filled with a deep sense of Grace. To my core. And a recognition that I had come "home". The mountains were home.

I then informed the guys that we were home—to stay. They had not had the same experience that I had had. Pretty, yeah, but what? We're uh like, just traveling through, Kizzen. "Well, I'm staying. You guys can go on if you want, but I'm staying." She's lost it. Yep. We're going to Chicago. Nope. Not me. Go on ahead. I'll be fine.

I picked up the local newspaper and saw an ad for a house for rent for \$90 out on Gumm Ranch. First and last required. 1000-acre ranch west of Nathrop in the foothills east of Mount Antero. I called and we went out to see. Ray and C'Belle Gumm, in their 80's, were no longer able to run the ranch and lived most of the time in Sun City, AZ. Cattle were long gone. A two-bedroom house was snuggled up to another ranch house in one of the prettiest places this city girl had ever seen. "Just for the winter, guys," I told Earl and John to mollify them. I just had to be there.

Ray and C'Bell looked us over. Country folk, they knew young

greenhorns when they saw them. Maybe they saw something of themselves when they were young, maybe we were like hopeful grandchildren. Maybe no one else had answered the ad. They took our first month's rent—we didn't have the last. Let us move in and put us to work fixing fence and barns and feeding a few elderly horses to help pay the rent.

I was in heaven.

We damned near froze and starved that first winter. Would have if a few kindly souls hadn't helped us out, gave us work, let us charge oatmeal and eggs at the Nathrop store. No chain saw, so we scavenged sticks and old scrap wood for the fireplace. Truck broke down again and we were a long ways from anywhere. But, if we walked as far as the county road, some one would pick us up—curious about us. Most young people moved away from rural Colorado, and here we were, a new breed of youngsters moving in.

Under brilliant stars, and bitterly cold crisp days we got snowed in wearing our southern California shoes and clothes. Huddled up with old horses, quickly learning the ropes, stranded in a place with coyotes yipping in the fields, elk whistling in the hills—a landscape of cowboys and majesty.

Home.

*Kizzen and her family settled in the mountains of Colorado in the 1970s. They chopped wood and hauled water. This is a story from those days.*

## Duchin Drywall & Painting

25 years of Professional Experience  
Tod Duchin, Master Drywaller & Painter

(719) 849-0984

53094 County Rd. 55 Saguache, CO 81149



Want to build a house,  
but feeling  
**BOGGLED?**  
I can help.

Sustainable home design • Additions • Remodels  
Consultations • Architectural drawings  
POA & Saguache County permitting processes

**WOODMAN DESIGN**

woodmandesign@fairpoint.net • 719-937-3767



Make your own **Classified Ad** Online!  
**It's so Easy!**

1. -> [www.crestoneeagle.com](http://www.crestoneeagle.com) ->  
CLASSIFIEDS -> Submit your Classified Ad
2. -> select your ad section -> start typing  
your description and title
3. -> pay online with a credit card  
or choose to bring a check by our office

**Classifieds are updated daily!**

# There's No Such Thing As A Weed

by Dorje Root

Red Clover (*Trifolium pratense*)



Red clover.

by Dorje Root

Although Red Clover is commonly a summer herb, I'm writing about it now because it may show up in fall in gardens and other cultivated places. It would be too easy to pull it up as a common weed without knowing its benefits both as a medicinal and in the garden itself.

Red clover has many benefits as a "blood cleanser". It's the flower that is used. Dry the flowers on a screen or cookie sheet in a single layer out of the sun. Once dried, store in a paper bag until all of the moisture is gone (aren't we glad to be living in Colorado?). After that it can be stored in a glass jar out of the sun. When you buy Red Clover in the store, often the flowers are brown and look lifeless. When properly dried, they should still have a nice purple color.

As a blood cleanser, I use Red Clover whenever there is a blood infection, or a condition such as boils where the issue is in the blood and not in the skin. It's also very useful for any skin condition. As an herbalist, I was taught to look at the whole system. Skin problems often reflect the condition of the liver. Due to poor nutrition, eating processed foods, drug and alcohol use, chemicals in the environment, etc. the liver is more often than not in a compromised state. To clear chronic skin issues, first one has to improve the health of the liver and digestive system, and then it's necessary to address the health of the blood. Rarely

does a skin condition just involve the skin. So Red Clover addresses the health of the blood, which in turn clears the skin.

Red Clover has also been used as adjunct herb for cancer. It's a mild blood thinner and also contains phytoestrogens.

Any of the clovers can help add nutrients to a garden. Once the flowers have been harvested, simply turn the rest of the plant under in the fall along with whatever else you normally add before winter.

As a flower essence, Red Clover has been used "as you walk through the threshold of expanded consciousness wrapped in Light, transform lower frequency emotions that stand in your way of progressing with ease." Or, this from the Wild Rose College of Natural Healing, "Red Clover flower essence is for people who are easily influenced by group energy and get carried along with the crowd. This phenomenon can happen in everyday life, but especially happens during an emergency that affects a group of people. With the heightened fears created by media coverage of terrorist events around the world there is a greater need for this remedy." Seems a timely remedy!

*Dorje Root is an herbalist and natural healer, also working with Plant Spirit Medicine, Intuitive Energy Healing and 'The Journey' cellular healing. For an appointment call 719-937-7786 or visit www.root-sofhealing.com*

CROSSWORD														
1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
19						20			21	22				
			23					24						
25	26	27		28		29			30		31	32	33	34
35			36		37			38		39				
40					41				42		43			
44				45		46					47			
48					49		50			51		52		
				53		54			55		56			
57	58	59	60					61				62	63	64
65						66	67			68				
69						70				71				
72						73				74				

**Want The Best Deal On TV & Internet?**

Call Now and Ask How!  
**1-800-318-5121**

**Get DISH!**  
promotional prices starting at only...  
**\$19.99/mo.** for 12 months.

**ADD HIGH-SPEED INTERNET**  
**\$14.95/mo.** where available

All offers require 24-month commitment and credit qualification. Call 7 days a week 8am - 11pm EST Promo Code: M052015 \*Offer subject to change based on premium channel availability

**dish** AUTHORIZED RETAILER

© StatePoint Media

STATEPOINT CROSSWORD

**THEME: MOVIE VILLAINS**

**ACROSS**

- 1. Egypt's sacred flower
- 6. Spinning toy
- 9. Hoodwink
- 13. Resembling an orangutan
- 14. Biology class abbr.
- 15. Printer cartridge contents
- 16. Ranees's wrap
- 17. Long, long time
- 18. Valued for its soft down
- 19. \*He ruled Nottingham
- 21. \*Evil and No, e.g.
- 23. Reggae precursor
- 24. Apiece
- 25. \*Lex Luthor breached the Hoover \_\_\_\_ in "Superman"
- 28. Center of activity, pl.
- 30. Not digital
- 35. 500 sheets
- 37. Australian palm
- 39. Mediterranean appetizer
- 40. World's largest continent
- 41. Run \_\_\_\_ of the law
- 43. Wildly
- 44. Going to
- 46. Intense rage
- 47. Fine threads
- 48. As opposed to shut down
- 50. Miss America's accessory
- 52. To boot
- 53. Facebook's "psst"
- 55. Opposite of their
- 57. \* \_\_\_\_ Bill of "The Silence of the Lambs"
- 61. Opposite of greenhorn
- 65. Wombs
- 66. " \_\_\_\_ My Children"
- 68. Church assembly
- 69. Motion Picture Association of America, e.g.
- 70. Waikiki wear
- 71. Last letter of Greek alphabet

- 72. First-rate, slang
- 73. In the past
- 74. Gossipy

**DOWN**

- 1. Bonnie one
- 2. Moonfish
- 3. Michelin product
- 4. Internet patrons
- 5. Crown Prince of Abu Dhabi, e.g.
- 6. Not kosher
- 7. Lennon's widow
- 8. \*The evil Tai Lung in 2008's "Kung Fu \_\_\_\_"
- 9. "Just \_\_\_\_"
- 10. Back arrow key action
- 11. Jury colleague
- 12. Makes mistakes
- 15. House music
- 20. Flora's partner
- 22. South American edible tuber
- 24. Adhere to certain views
- 25. \*Rocky's Russian rival
- 26. "The Tortoise and the Hare" author
- 27. Easternmost state
- 29. \*McFly's bully
- 31. "Poor me!"
- 32. As far as one can go
- 33. Convex molding
- 34. \*Greedy corporate financier
- 36. "Buddenbrooks" author
- 38. Saint's "headdress"
- 42. Popular disinfectant
- 45. Type of nanny
- 49. Short for "politician"
- 51. \*Baby Jane
- 54. Aussie bear
- 56. "No \_\_\_\_ or reason"
- 57. Followed by "excuse me"
- 58. Home to Bryce Canyon
- 59. Greek cheese
- 60. Worry unnecessarily
- 61. Hodgepodge
- 62. Afresh
- 63. Wooden pegs
- 64. June 6, 1944
- 67. \*Disney villain, "Peg- \_\_\_\_ Pete"

**Dennis Neuhaus 256-4110**  
Computer Consultant / Technician since 1985

- Custom PC's • Laptops • Repairs • Upgrades
- Troubleshooting
- Networking • Data Recovery
- Cables • Accessories

**Virus CleanUp & Protection**

Reasonable Rates, Emergency Services  
Hardware Shop in the Baca

Find the crossword puzzle solution on the Crestone Eagle website [www.crestoneeagle.com](http://www.crestoneeagle.com)

# Classifieds

*Buy - Sell - Rent  
Trade - Wanted  
Personal - & More!*

\$12 for the first 175 characters + \$1 for 25 additional characters + \$2 for live link online from our website to your website or email. This fee includes 30 days online (from date of approval), and 1 month in the Eagle print version. Payment must accompany ad. Pay online or send to: The Crestone Eagle, Box 101, Crestone, CO, 81131. Deadline: Ads & payments must be received by the 22nd of the month to be included in the print version.

## Classifieds Online crestoneeagle.com!

Get us your classified + payment and it will be listed online within 2 business days.

### Houses & Property for Sale

#### GRANTS LOT 495 FOR SALE

Grants Lot: 4.5 acres +/- Off the grid. On NW corner of Camino Real and Camino Del Ray. Owner will hold mortgage with down payment. Motivated seller. 256 5110

**Affordable Family Home For Sale**  
For Sale: 4236 TRANQUIL WAY: Affordable Family Home with open space design – 3 Large Bedrooms and Master. 3 Baths – Upper Office; all with Owner Carry

## New Classifieds online daily. Check [www.crestoneeagle.com](http://www.crestoneeagle.com)!

Option. One of a kind valley view, three upper private decks, close to hiking trail. High end electrical heat storage on low demand. Plenty of storage space including entire 4 foot high crawl space. OWNER FINANCE TO QUALIFIED BUYERS – MOTIVATED SELLER \$279.8K <http://www.bacapoa.org> <http://www.tourfactory.com/1419847>  
Contact: 719-221-1730

#### CHALET 1 LOTS FOR SALE

2 CHALET 1 LOTS FOR SALE - Time to let go. Inherited from my mother 2 adjoining lots, great location, tap fees paid, lots 186 & 187, corner of Moonlight & Cascade, walking distance to Baca Park. \$9k for both lots. Call for video tour: (505) 920-5429

#### LOTS FOR SALE

Several Exceptional Building Lots For Sale. Chalet I: #1480-81, 1537, 1548, 1554, 1848-9, 1869-71. Chalet II: 238-40, 4083, 4200. Grants: 1205-06, 1210, 1250-51. Chuck. 720-480-2066

#### 3.7 Acres near Crestone Colorado – Land for building home

By Owner – 3.7A \$7,650. View Sangres/Dunes. Build-able, large flat lot, wildlife. Click-on ad title for pic. 607 Quail Run Trail. Call 303 nine 7 “000 – 16 “00 5 Thank you, <http://denver.craigslist.org/for/5219661350.html>

#### Four 1/2 Acre Lots

Four 1/2 acre lots for sale by owner. Great location in Chalet II with amazing views. Tap fee paid. <http://enchantedforestcrestone.weebly.com/lots-for-sale.html>

**“Angel’s Nest” For Sale**  
“Angel’s Nest” 5 bedroom 3 bath on 5 lots right up against national forest. Breath taking Eagle Eye views. Chalet II Owner financing possible. \$279,000 719-221-1730.

### Houses for Rent

**Casita Park 2 Bedroom / 2 Bath**  
Casita Park 2 Bedroom, 2 Bath, Office, Sunroom, Pantry and Grow Dome. Well insulated, 1200 sq., Wood and Propane Heat, 6 mo lease. On greenbelt, next to park, easy access to Road T. Available Nov 1 \$600 mth 928 243 1691

**Stunning Plains & Mountain Views**  
Luxury Mountain Home-Furnished. Stunning plains and mountain views and a fully enclosed courtyard, private and quiet. Three bedrooms 2.5 baths; travertine radiant-heated floors throughout and Kiva fireplace in living room; gourmet kitchen; spacious master suite. \$2,380.00 1st, last, damage deposit, references, 6 month lease. Pic/details/contact Seva Property Mgt 719 937 4226

**Lg. Studio Log Cabin Furnished**  
600sf, ample storage, chalets, [www.thelongandshortofrenting.com](http://www.thelongandshortofrenting.com) for details/pics/contact info. 505 728 0244

### Houses/Rental November

For little more than utilities, very nice house in Chalet II, \$400. Call Dennis 256-4968 or e-mail [denmars2@yahoo.com](mailto:denmars2@yahoo.com). Possible extension to April.

### 2BR/2BA Lovely Furnished Home in Grants

long or short term – ETS heating, stunning views, 1st, last, SD, pet/cleaning fee [www.thelongandshortofrenting.com](http://www.thelongandshortofrenting.com) for pics/info/contact info

**Victorian & Guesthouse For Rent**  
VICTORIAN & GUESTHOUSE, unfurnished, 35A, organic garden, 2bd/1.75b and 2bd/.75b, 1st, last, damage deposit, references, shown by appt. 719-937-1039 or [soularquest@gmail.com](mailto:soularquest@gmail.com)

### Beautiful Energy Saving Custom Home

2BR 1.75 BA 2100 s.f. two story in Chalet I. 1st, last, sec depos., references. No smoking, growing weed or pets. Avail. Nov. 1. 719-588-1120 for details.

### Apartments/Rooms/Misc. for Rent

**ENCHANTED FOREST LODGING**  
Cozy rooms, luxury master suite & studio cottage for rent. Nightly/weekly. Octagonal Sacred Space available for retreats/events. 719-256-5768.

### TOWN OF CRESTONE NOTICE OF PUBLIC HEARING

October 12, 2015 1:30 p.m.  
At Crestone Town Hall, 108 W. Galena Ave., Crestone, CO  
A Special Events Permit liquor license application was received by the Town of Crestone on September 10th, 2015, for Crestone Performances Inc., located at 120 W. Silver Ave. Applicant is Tom Dessain, PO Box 6, Crestone, CO 81131. A Public Hearing is scheduled for Monday, October 12, 2015 at 1:30 p.m. at Crestone Town Hall, 108 W. Galena Ave. The Board of Trustees will hear public comment on the special event liquor license application at the Public Hearing.  
Published in Crestone Eagle October 1, 2015 per CRS 12-47-311 (1) & (2).

# TIRES

*Our only business since 1964!*





517 BELL AVE. • ALAMOSA, CO 81101 • (719) 589-2538

Two blocks east on 6<sup>th</sup> St. from the intersection of Hwy's 160 & 285 to Bell Ave.

MOUNTAIN AIR OXYGEN SERVICE  
*and medical supply*

Quality Service  
for  
Quality Living

Mon-Thurs 8:30-5 · Fri 8:30-4  
Closed Sat & Sun

**LOCALLY OWNED AND OPERATED  
FOR OVER 20 YRS**

2415 Mullins Ave, Alamosa · 719-589-2573  
[mountainairoxygen.com](http://mountainairoxygen.com)

## Got Oxygen?



Delivery Now Available!



MOUNTAIN RIVER

## FOR SALE

### 4236 Tranquil Way



<http://www.bacapoa.org> <http://www.tourfactory.com/1419847>

**Bob Gomez**  
Salida Remax  
Mountain River  
719-221-1730

Affordable Family Home with open space design – 3 Large Bedroom and Master-3 Baths – Upper Office; all with Owner Carry Option. One of a kind valley view, three upper private decks, close to hiking trail. High end electrical heat storage on low demand. Plenty of storage space including entire 4 foot high crawl space. OWNER FINANCE TO QUALIFIED BUYERS - MOTIVATED SELLER \$279.8K

Thank you Crestone for your continued support!



Mon - Fri 8:30am - 5pm, Sat 8:30am - 12pm (except every 3rd Sat)  
602 Hunt Ave., Alamosa, CO 81101, Ph: 719-589-5552  
[BetterFloorsOnline.com](http://BetterFloorsOnline.com)

**...Classifieds**  
continued from  
Page B-14

**Downtown Crestone Lodging**  
Casa del Soul—Downtown 1 & 2 bedroom fully furnished suites with full kitchens, wifi, Direct TV, pet friendly. Smoke free property. Nightly & weekly rates. (719) 256-5788

**Off-Grid Space 700 sf**  
\$500 / month. Call Steve 719-588-1666.

**House Rental Wanted**

**Long Term Lease or Lease Purchase Wanted!!**  
Stop losing money on fees and taxes. Rent or sell your house to me. Established community member looking for long term lease or owner carried purchase. Call Kizzen for reference. \*Contact Patrick at epmdomone@gmail.com

**Services**

**Outlets, Wiring, Network and Satellite: Home and Office**  
Need Phone Outlets added to your house or office? I do Phone, Computer Network, Satellite TV and Stereo wiring. New construction, existing, troubleshooting. Call Dennis 256-4110

**Computer Service/Repairs**  
Computer Service/Repairs—30 years Computer Technician with full shop in the Baca. Windows, VIRUS fixes and prevention, networking. Call Dennis 256-4110

**Recycling**  
Bring your recyclables to the parking lot across the street from Aventa the first & third Saturdays of each month, 10am-2pm.

**New Classifieds online daily. Check [www.crestoneeagle.com](http://www.crestoneeagle.com)!**

Waste Free SLV will be asking \$10 for the average household, less for small amounts, more for larger. 719-588-2703.

**Organizer / Decorator**  
De-clutter – Organize – Decorate. Clear Space. Clear Mind. Call Shoshannah 719\*937\*3547 Local References Available!

**Oxygen Therapy**  
Lotus Pond Services wants to help you get in shape for winter. Extreme, live, O2 will have you energized and on the slopes. 937-7809

**CASH FOR SELLER NOTES**  
CASH FOR SELLER notes. Are you carrying the financing for a Buyer of your real estate? We buy notes Nationwide. American Note Exchange, (800)910-8206, or Steven direct at (928) 925-7667. <http://americannotexchange.net/>

**David W. Walker, Accountant**  
David W. Walker, Accountant, 37 years experience. Financial Planning, Business Consulting, Monthly Accounts, Income Taxes. Call for appointment in your area: 719-379-2988.

**Craig Electric Services**  
Craig Electric for all your electrical needs. Prompt, reliable, generous rates. Contact Steve at 256-5951, [sdossenback@gmail.com](mailto:sdossenback@gmail.com)

**Lotus Pond-Concentrated Multistep Oxygen Therapy**  
Will stop the winter light depletion blues. 937-7809

**Help Wanted**

**Help Wanted**  
Wanted, by the Living Wisdom Community of Elders Project, person to prepare a 501(c)3 application. Submit brief resume

of related experience to P.O Box 661 by Oct. 15th.

**Help Wanted**  
Looking for a person to provide companion care for a disabled adult one or two days a week at his home (Valley View Hot Springs). References required. Call 719-580-2026.

**FOR HIRE: Regional Tobacco/ Substance Abuse Prevention Coalition Coordinator**  
Rio Grande County Public Health is hiring an 80 hour/month independent contractor as Regional Tobacco/Substance Abuse Prevention Coalition Coordinator for five San Luis Valley counties. Position works closely with local leads to meet grant deliverables, including arranging meetings, writing reports, and working closely with state funders. More information can be found at [www.rgcp.org](http://www.rgcp.org) or by calling 719-657-3352.

**GRASS HAY**  
**BARN STORED**  
**HORSE HAY / COW HAY**  
**3' X 3' X 8' BALES**  
**101 LAND & CATTLE**  
**SAGUACHE, CO**  
**SCOTT ALEXANDER**  
**719-221-0159**

**Misc. Wanted**

**WANTED: Bodhisattvas**  
For the benefit of all beings, starting with all beings here and now! [tinyurl.com/Bodhisattvas](http://tinyurl.com/Bodhisattvas)

**Misc. for Sale**

**Orion Starblast Telescope**  
4" Orion Newtonian reflector, upgraded 7.5 & 26 Plössl eyepieces, 2 X Barlow and filter set. Dobsonian mount, works on a table. \$70. Great for a child to learn about astronomy. Contact [leed@fiu.edu](mailto:leed@fiu.edu) or 719.298.3007.

**Solar Equipment**  
NEW Solar equipment for sale: 1) SunEarth 4'x8 Solar Thermal Collector for \$900. Retail \$1200. 2) Canadian Solar 250watt PV module for \$250. Please contact Talmath at 719-588-8276

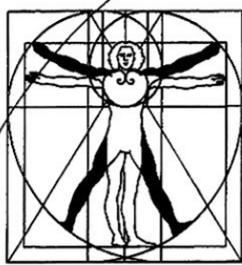
**Oak Furniture**  
Solid oak hutch with upper lighted glass cabinet, \$350. Also oak expandable table with 2 leaves and 6 chairs, \$400. Both pieces for \$700. call 588-3243 for photos.

**Vehicles for Sale**

**!!!Super Amazing Car!!!**  
Excellent car w/only 23,000 miles on it. Red 2002 Buick Regal LS. V6 engine. Well maintained, barely used, sunroof, wireless key, roomy, heated leather seats, & more. \$5500. Call Matthew 719-221-4861. <http://rockies.craigslist.org/cto/5207876521.html>

**Free**

**Free Manure**  
Free horse manure. Call the Baca Grande Stables to arrange pick up. 256-6200.

**ARCHITECTURAL HARMONICS**  
  
**MICHAEL BERTIN, ARCHITECT**  
25 years, designing in Crestone  
in Crestone: (719) 256-4854  
phone: (303) 415-1618  
email: [michael@architecturalharmonics.com](mailto:michael@architecturalharmonics.com)  
website:  
[www.architecturalharmonics.com](http://www.architecturalharmonics.com)  
Sacred Earth  
Building & Landscape Design

**Center Redi Mix**  
SERVING THE ENTIRE SAN LUIS VALLEY  
**CONCRETE ° WASHED SAND & GRAVEL**  
**WELL ROCK ° ROAD BASE**  
**MASONRY SAND AVAILABLE**  
KENNY D. SMITH, OWNER  
1504 W. HWY. 112  
CENTER, COLORADO 81125  
**719-754-2744 OR 754-2554**

**Power Makes It Possible**  
  
SAN LUIS VALLEY  
RURAL ELECTRIC CO-OP  
719-852-3538 [www.slvrec.com](http://www.slvrec.com)

**TIN MAN SERVICES**  
**Prompt**  
**Reliable**  
**Affordable**  
**Fun!**  
  
Ollie Patrick  
Repair ~ Installation ~ Maintenance ~ Building  
**In service to you and our community.**  
Now booking Winter projects for December-May  
For assured, prompt response, please use e-mail:  
[epmdomone@gmail.com](mailto:epmdomone@gmail.com)  
719-429-5458 (phone coverage is spotty)  
Supporting And Sustaining Our Community Is Our #1 Priority



**by Keno**  
**Do you ever get tired writing this column after so many years?**

I wrote the very first Ask the Weatherman (ATW) column for the *Eagle* in 2003. It didn't have a name yet, nor did I realize it would become a monthly thing. It was written in November of '03, but not published until Jan of '04—as a regular, "Living on the Earth" article for the paper.

Back then I was a news reporter for the *Eagle* and also the paper's wildlife reporter, and early on my wildlife articles were featured often on the "Living on the Earth" page. Then one day over at my weather site, a local wrote me a question about a strange mirage they saw one morning and asked me what it was. Seems they were able to see buildings in Center from a spot where they normally couldn't be seen, plus they appeared larger than their normal size. I also had a question asked around the same time about ice fog, and after speaking to Kizzen, I ended up writing an article explaining the Fata Morgana mirage and ice fog together.

Because I already had more than one article running in the December paper, what would become my very first ATW report



Late afternoon sun lights the trees as thick clouds hug the Sangres in October 2009. *photo by Lori Nagel*

showed up in the next month instead (it's still online today at this URL: [http://crestoneeagle.com/archives2004/jan04\\_b1.html](http://crestoneeagle.com/archives2004/jan04_b1.html)).

Kizzen liked the article and suggested I write more weather articles in the future. At first I didn't want to do that, as I liked what I was already writing about, and although I was Crestone's online weatherman, Hal Rienhart was still Crestone's official weather keeper at the time and he wrote the weather report for the *Eagle*. So at first I just kept to being the paper's wildlife and news reporter, but in a very short time, I would be writing about and covering all 3. Then after Hal passed away, I took over the weather report and dropped covering wildlife and most news stories, while still continuing on with ATW.

So now it's time for an announcement about this ATW col-

umn. Yes, I have grown a bit tired of writing it after so many years, and I could use a break. But I also realize many look forward to reading ATW too, so starting next month, ATW will be in the paper every other month, while I get the privilege to take on a column of a type like what Peter Anderson did with his "Dispatch from the Edge".

I will write this new column every other month. This writing style is old hat to me, as I've been writing such a column online at the old "Gasland" message board since the late 1990s, and I already know how much people enjoy reading such articles, and I'll be happy to write them up here starting in the next issue. So next month, no ATW, and instead something new from me!

## Crestone-Baca Weather Report

by Keno

August 21 to September 20

**Total precipitation for period:**

Liquid precip: 0.34"

Snow: 0.0"

Measurable precipitation fell on 6 days.

Measurable rain fell on 6 days.

A trace of rain fell on 5 days.

No hail, thunderstorms, or snow occurred

**Total precipitation year to date:**

Since Jan 1: 13.89"

**Total snow to date:**

Since Jan 1: 58.1"

Snow Season \*: 0.0"

\*Snow season runs from July 1 to June 30

Temperatures for the period:

High temp: 84.0°F on August 24

Low temp: 36.9°F on September 19

Avg. high: 77.2°F

Avg. low: 45.5°F

Number of days with the high temperature at or above 80°: 9

Number of days with the low temperature below 40°: 3

**Winds for the period**

Avg. speed: 3.0 mph

Highest gust: 37 mph on September 18

Main direction: Out of the east at night, out of the southwest during the day.

**Weather summary:**

For the first time this year I can start off this report by saying we saw less than normal precipitation for the period. The amount below normal was off quite a bit, especially in the month of September (up until the 20th), with conditions very dry indeed.

Temperature-wise, we saw above average readings, although no new records were set. Daytime temps were running as much as 6° above normal.

**Outlook for October**

October is an average month for Crestone as far as precipitation goes, averaging 1.05". Average snowfall is 3.7". Record precipitation is 3.38" in 2006. 17.5" of snow was the most to fall, in 1984.

Temperatures in the first week of the month average highs of 65°, with lows of 34°. By month's end we cool off big time, with average high and lows of 53° and 25°. Record high is 80°, on October 1, 2010, with the coldest reading being 2° on October 30, 1993.

The 30-day outlook for October is calling for average temperatures along with above average precipitation.

Note: For current Crestone weather conditions visit Keno's web site: [www.keno.org/vws](http://www.keno.org/vws).

Building our community one project at a time since 1993

Potter Excavation, Inc. PO Box 523 719-256-4063

**Adler Canine Care**  
 "Come hang out with us!"  
 719.221.1301

# Subscribe to The Eagle

To start or renew your subscription, go to [www.crestoneeagle.com/pay](http://www.crestoneeagle.com/pay) or send payment to:  
 The Crestone Eagle • P.O. Box 101 • Crestone, Colorado 81131

	Bulk (takes 2-3 weeks out of state) 1 issue/month Bulk mail		First Class 1 issue/month First Class mail		Digital Only Go digital with The Crestone Eagle!
	Paper Only	Paper + Digital	Paper Only	Paper + Digital	Just \$15 for 12 issues .pdf file
1yr	<input type="checkbox"/> \$20	<input type="checkbox"/> \$25	<input type="checkbox"/> \$32	<input type="checkbox"/> \$37	<input type="checkbox"/> \$15
2yrs	<input type="checkbox"/> \$35	<input type="checkbox"/> \$40	<input type="checkbox"/> \$59	<input type="checkbox"/> \$64	<input type="checkbox"/> \$30
3yrs	<input type="checkbox"/> \$50	<input type="checkbox"/> \$55	<input type="checkbox"/> \$86	<input type="checkbox"/> \$91	<input type="checkbox"/> \$45

I am a new subscriber    Just a renewal    I love the Crestone Eagle

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Now offering discounted subscription rates!

**TURN OFF YOUR LIGHTS**

**ENJOY THE NIGHT SKY**