

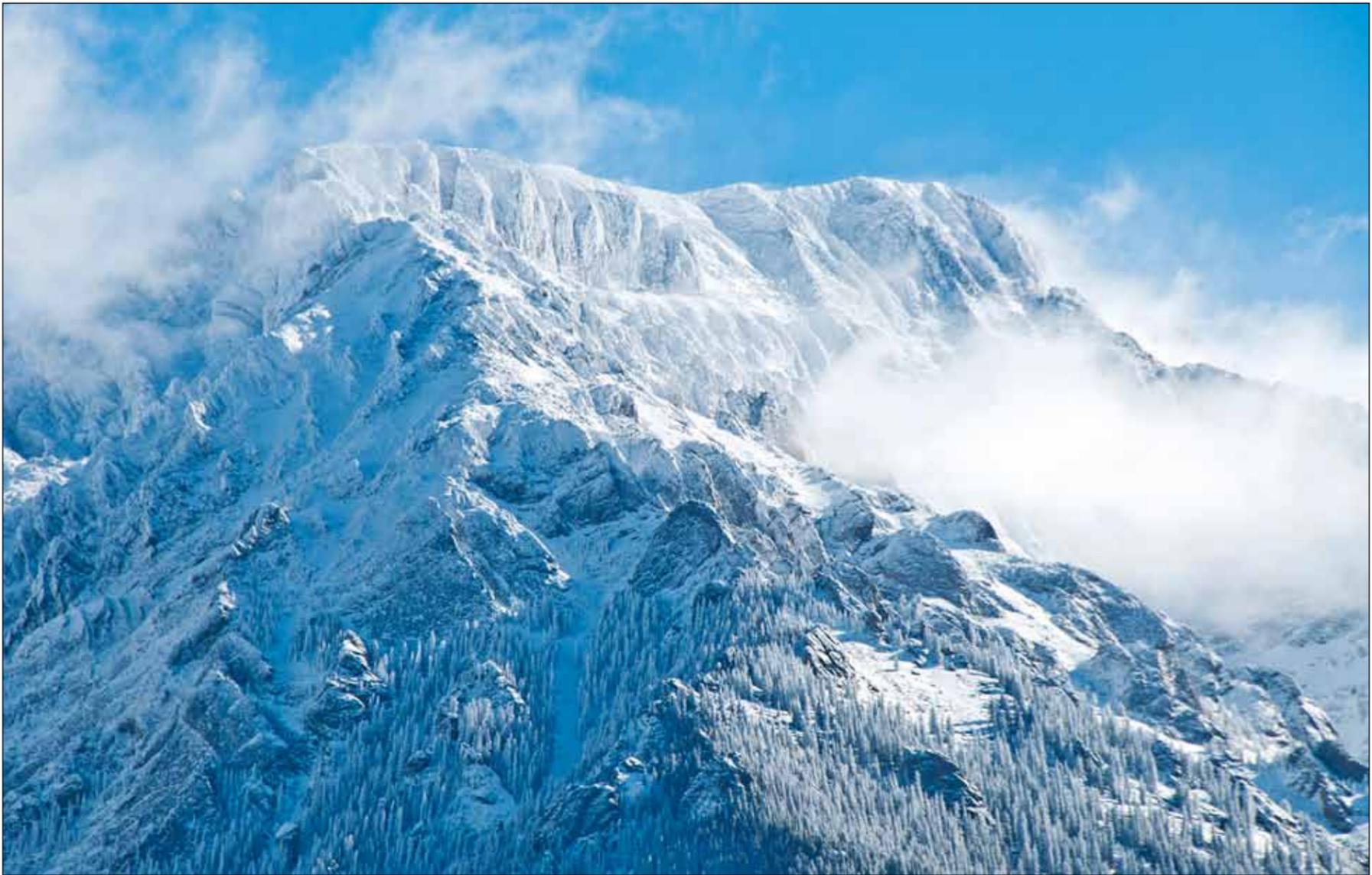
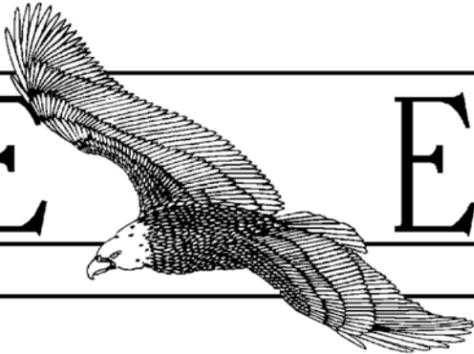
The CRESTONE EAGLE

Crestone, Colorado Volume 27, Number 2

February, 2016 \$1

27 years serving the Northern San Luis Valley

PRESORT STD
US POSTAGE
PAID
CRESTONE, CO
PERMIT #8
81131
Change Service
Requested



Kit Carson looms above Crestone in its winter white. photo by Lori Nagel

To see this photo and more in color, visit our website at www.crestoneagle.com

Treasure found on Baca National Wildlife Refuge

by Corinna Hanson

A chest of gold coins, sparkling diamonds and goblets crusted with rubies are just some of the images that come to mind when I hear the word treasure. But the treasure found on Baca NWR is not precious metals or gems, but two rare native fish, the Rio Grande sucker, one of only two naturally-occurring populations in the entire state of Colorado, and the Rio Grande chub, a state species of concern.

One day, while on a refuge tour, refuge manager Ron Garcia spotted some fish swimming in a

pool along a culvert outlet. Since it was unknown what fish species existed on the refuge, Garcia asked the Colorado Parks and Wildlife (CPW) to conduct baseline sampling. In 2006, CPW conducted electroshocking surveys and determined that Baca NWR had a community of native fish, including fat-head minnows, longnose dace, and the rare Rio Grande sucker and Rio Grande chub. When Ron received the news from CPW that the refuge had a healthy population of these rare species, he was astonished! Who would have thought that a

ditch system on an old ranch would contain such a treasure?

CPW electroshocking during a fish survey on Baca NWR

Since its establishment in 2003, the purpose of Baca National Wildlife Refuge (NWR) has been to restore, enhance, and maintain wetland, upland, riparian, and other habitats for native wildlife, plant, and fish species in the San Luis Valley. For over 120 years, prior to the refuge's establishment, most of the property functioned as a working cattle ranch. With the refuge's many miles of creeks, ditches and



A population of the rare Rio Grande sucker as well as the Rio Grande chub were found in the ditch system on the Baca Grande Wildlife Refuge.

canals, approximately 9,000 acres of meadows were irrigated annually, creating valuable wetlands for wildlife. The creek systems on the refuge are mostly ephemeral, fed
continued on page 10

Moffat School District rallies for education money at the state capital

by Matthew Crowley

Moffat Consolidated School District #2 (BOE) board members and Superintendent Kirk Banghart gathered at the Capitol building in Denver on Monday, January 11 to rally for a restoration of funding to public schools. Sixty of Colorado's 178 school superintendents as well as board of education members, parents, teachers, students, press and a few state lawmakers attended the rally that took place in the Capitol rotunda. Timed to take

place two days before the start of the 2016 state legislative session, the purpose of the rally was to ask state lawmakers to begin to restore some of the \$5 billion (that's right billion with a "B"!) that has been withheld from Colorado school funding since 2010, through an obscure legal/legislative maneuver called "the negative factor." At the very minimum statewide superintendents are asking that the lawmakers not impose further cuts.

Kirk Banghart, Superinten-

dent of Moffat Consolidated School District #2, which includes both Moffat School and the Crestone Charter School, was one of three speakers at the well organized rally which was also well attended by the statewide media. Banghart was recently appointed President of the Colorado Rural Schools Alliance and is active statewide in advocating for adequate school funding for all of Colorado's children, particularly those in rural and often impoverished school districts. He was quoted from his speech by Denver
continued on page 25

Inside:

- The Crestone Artisans Gallery, a cornerstone of our community 17
- Who We Are: Brian Chi 18
- History feature: The Crypto Jews of New Mexico & the San Luis Valley B-1
- Seed catalogs! What are the best? B-3
- Buy, sell, rent, find it in the classifieds B-10

The Crestone Eagle

Publisher & Editor: Kizzen N. Laki
Copy Editor: Janet G. Woodman
Display Advertising: Alma Sever
Classified Advertising: Dee Rudoff
Production: Carrie Caverly
Photo Editor: Diane Bairstow
Contributing Writers:

David Nicholas	Matie Belle Lakish
Bea Ferrigno	Kim Malville
Larry Calloway	Gussie Faunteroy
Ed Lyell	Earl W. Sutherland
Keno Menechino	Sandia Belgrade
Lisa Cyriacks	Paul Shippee
Kelly Hart	William Howell
Lori Nagel	Dorje Root
Mary Lowers	John Rowe

All photos by Kizzen Laki, Janet Woodman or Eagle staff unless otherwise noted.

Contributing Photographers:

Lori A. Nagel, Matthew Crowley, Kate Steichen
 Bill Ellzey, Wendi Shattil/Bob Rozinski
Digital Subscription Rate: 12 issues \$15 digital.pdf
 Paper Subscription Rates: 12 issues \$20 Bulk mail.
 For 1st class postage \$32. Foreign \$75.
 Back issues \$3.50 each by mail.

The Crestone Eagle is an independent monthly publication. POB 101, Crestone, CO 81131.

Telephone (719) 256-4956

Email: info@crestoneeagle.com

www.crestoneeagle.com

No junk mail or solicitations please!

Comments or opinions expressed in The Crestone Eagle are not necessarily those of the publisher,

but are solely those of the writer.

Deadline for copy: 18th of the month.

Letters to the Editor must be 300 words or less.

We reserve the right to edit, or reject advertising, letters or articles. Letters may be sent to parties mentioned or referenced for response. All rights reserved.

Editor's Notes

ZPG ASAP

Driving to Denver I continue to see more and more homes in the vast stretches of formerly wide open ranch land. Further up I-25 I grieve for the lost farms and barns that were between the Front Range towns of Boulder, Loveland, Fort Collins and the interstate. Now it is a sea of big houses and shopping malls.

It's the same all over the country, all over the world, a nearly never-ending expansion of humanity. People. There are just too many people on this planet.

In the 1970s there was a Zero Population Growth movement which proposed that every person only have one child, to replace themselves. People were realizing then that there were only so many natural resources, and we had to allow space for the animals and wild places if we were to preserve our planet's ecosystem. Our population has more than doubled since then.

My mail is full of "save this and save that". But, never a mention of human over-population as a cause. No campaign to disperse birth control, offer free sterilization, encourage having less children. Just the opposite. Mention "family planning" and you are attacked.

As I watch the candidate debates and world news, over-population as the cause of war, famine, poverty, climate change and environmental degradation is never mentioned. It is a subject that is off the table. Taboo.

We need to have a worldwide informed conversation about the importance of population control. Offer incentives. Provide education & economic help. If not, nature has a way of dealing with runaway species, and I'd really prefer that not be the way.

Time is running out for our planet—and humanity. It's time to act like an intelligent species

—Kizzen



Ski Ski has a home

Dear Editor:

After my mother, Pavita Decorah, died last August, so many wonderful people came together to help care for her dear horse, Ski Ski. The love and care came from many people and in many forms including money and time for stabling, feeding, grooming, as well as significant outreach and brainstorming to determine the best future for Ski Ski. In addition, all manner of wishes, prayers, and intentions were contributed by many. In the end, Ski Ski was legally transferred from Pavita's estate to the wonderful Janet Martinez who has committed to care for him and see to his future.

This loving transition would not have been possible without the time, energy, and caring of many. I know my mother would have been honored by it all.

Thank you.

Zack Miller

W&S discussion

Dear Editor,

There has been an uptick in interest in the workings of Baca Water [and Sanitation District] with the recent rate increases. For those who might want to dig a little deeper, hear directly from a board member or just might want to talk water generally, I will be leading a meeting for lunch at the Desert Sage after the month's Baca Water board meeting to discuss what is on folks' mind, waterwise. The next board meeting is on Friday, February 19 at 9am. When we finish the board meeting varies, but it is usually by sometime in the lunch hour. If interested, call the Baca Water office (256-4310) after 11am that Friday to get a more precise time estimate. Or call me at home (256-5728) for further information.

Thanks,

Michael Scully,

BGW&S Board Member

CCC asks, please pay your bills

Dear Crestone Community,

Recently I assisted in preparing a grant application seeking general operating funds for the Crestone Creative Council (CCC). I want to share some of what I learned about the program and make an appeal for your support.

The CCC is a youth services program providing a safe place for teens and young adults to gather, create, contemplate, grow and just be. Young adulthood is a fraught time—and young people are at especially high risk of falling into dangerous and self-harming behaviors. Poverty, isolation, fractured families, and lack of age-appropriate activities in our community multiply that risk. The high incidence of adult drug use in the area is another risk factor—one the

youth talk about openly.

What do young adults need? A safe space to be and explore, and trusted adults who support them unconditionally, without judgment, as they explore who they are in the world and who introduce them to opportunities, ideas and useful structures. CCC programs and staff do just that. Not every Crestone/Baca/Moffat kid wants or needs these services, but for many CCC is a life-saver.

CCC receives basic funding and essential infrastructure support from the Town. But what the Town can contribute is not enough. CCC relies on grants, private donations and in-kind donations of time and materials to survive. It also relies on monies earned by the youth themselves through the Youth Workforce Program and fundraising events like car washes and Halloween scary houses.

In 2015 over one-third of the total budget was earned by the kids themselves. That's phenomenal!

Unfortunately there are currently \$2500 in unpaid invoices. This represents work that youth performed for which they were not compensated. Ouch. CCC will be sending out invoices for these unpaid bills, again. If you receive a bill that you think you already paid, please contact Town Hall at 256-4313. If you have not yet paid—please drop off a check to Town Hall, mail to PO Box 64, or pay with a credit card at www.colorado.gov/payment/townofcrestone.

Please read the article in this issue of the *Eagle* to learn about CCC programs and staff. Come to one of CCC's weekly gatherings [see listings in the *Crestone Eagle Calendar* or online at www.crestoneeagle.com/calendar] to see for yourself the magic that happens when young people gather.

Sincerely,

Tamar Ellentuck

For Maurice

Hi Kizzen,

First, I want to thank you for having published the two beautifully written pieces about Maurice Strong in The Crestone Eagle's January 2016 issue.

I believe that there has always been a mystery surrounding him, even with those of us who have been here for so long, and now, for those who are curious or interested, learning about Maurice can be discovered in The Eagle.

The Celebration of Maurice's Life held at Hanne's on Saturday was simply wonderful. While I was remiss in not reading the prayer that I sent to Hanne upon learning of Maurice's passing at the celebration, both Hanne and I are hoping you will give it consideration for printing.

To the loved ones of Maurice Strong

Dear Lord, I ask you to please wrap your arms around the family, friends and loved ones of Maurice Strong, and hold each of them close to your heart during this tender time.

I am thinking particularly of his wife, Hanne and his children.

I ask you to please shine your bright light on them, taking away the shadows and darkness.

I ask you, Dear Lord, to please

guide them to where they need to be doing what they need to be doing on this day for the highest good of all.

Dear Lord, I ask you to please share your wisdom with each one of them and give them courage to follow the wisdom allowing them embrace their challenges, opportunities and blessings of today and all of the tomorrows with a calm, generous and forgiving heart, with pure motivation and clarity of thought, with integrity, dignity, respect and fairness to all.

Lastly, Dear Lord, I thank you for your part in bringing family and friends together to be close and embrace each other during this time for need and understanding.

I thank you for your partnership with Maurice's loved ones.

Wrapping each one of you in prayer and holding you close to my heart as we remember the generosity, wisdom and friendship of Maurice Strong. His life mattered to many the world over. With deep gratitude for having had Maurice Strong touch my life,

Love,

Whitney Strong

Thank you from Lulan

Dear Friends,

Dying is not easy and I've appreciated so much the help so many people have given me . . . your visits, running errands, transportation and picking up medications.

You've been like a wave of love and comfort to me. It felt so good, cheered me up immensely, and made this part of my life easier.

Thank you so much,

Love, Lulan Sanford



Ginny

*I lost my heart
 You found my heart
 I lost my mind
 You found my mind
 I lost my courage
 You found my courage
 I fell apart
 You made me whole
 I found love
 I found you!*

You are the keeper of my being

Michael



Jean Kivette

January 18, 1929 – December 29, 2015

Jean Kivette was born in Staten Island, New York, to Arthur and Jeraldine Leaver. She is survived by her son, Clark Kivette of Erie, Colorado, Grand-daughter Robin Kivette and Great Grand-daughter Ava of Fort Collins, Colorado, her daughter, Michelle (John) Willig of Lafayette, Colorado, her sister Eileen Sisemore and niece Elaine Johnson of Crestone, along with numerous other nieces and nephews. Preceding her in death were her parents, her husband Roger, her son Roger, Jr. and her sisters, Frances Wennerstrom and Madeline Provenzano.

Many local people knew Jean as the little lady at the Crestone Mercantile who loved helping out at the family store. She moved to Crestone over four years ago and was planning to go back to the Denver area due to health concerns. Unfortunately, she was stricken with a massive stroke on Christmas Day while visiting her daughter in Lafayette, Colorado. She was born in 1929 when she jokingly claimed she brought on the market crash. She had a wonderful sense of humor.

Jean joined the Navy in 1951 and was stationed at Great Lakes Naval Base for boot camp and training for the Hospital Corps. She spent time in Washington, DC where she remembered meeting President Eisenhower. Her duties included flying with the wounded to hospitals closer to their homes. She was stationed at Camp Lejeune in North Carolina where she met her future husband, Roger. He remained in the service and they lived in many areas including San Diego, later living in North Carolina when Roger retired from the Navy.

Jean loved to travel, especially to Ireland where the family lived before coming to Colorado to live in Boulder for many years. She loved wildlife and loved to swim, having received training in life saving at summer camp as a young girl.

Later this spring, the family will hold a memorial service for her when her ashes and those of her sister and son will be laid to rest in the Crestone cemetery. The family appreciates the many condolences from everyone who has missed seeing Jean at the Mercantile.

Remains may belong to Mike Rust

by Mary Lowers

According to Deputy Sheriff Wayne Clark, on January 10 the Colorado Bureau of Investigation (CBI) requested the Saguache County Sheriff's Office (SCSO) to assist in the recovery of human remains located between Hwy. 17 and Hwy. 285 in the area between Villa Grove and Saguache. The

investigators took the remains to Colorado Springs for identification and DNA tests.

People in the area and the victim's family believe the remains to be those of Mike Rust who was 56 when he disappeared in 2009. An unidentified person sent a picture of a belt buckle fashioned from a bike sprocket, allegedly found



among the remains, to Rust's family on the eastern slope. *The Denver Post* quoted Rust's brother Karl as saying, "We believe the remains of our brother have been found. The belt buckle was very unique. I have never seen another one like it." The CBI and SCSO are waiting for forensic tests to positively identify the remains. Deputy Clark told me that the remains may be formally identified when DNA tests are completed. As we go to press, the official identification has not been announced.

Mike Rust lived on 80 acres. The day he disappeared he had returned to his simple self-sufficient home to find someone had broken into the house. He spoke with a friend and said he was going out to find the culprit(s). He was never seen or heard from again. His groceries were found still in bags when friends came out to check on their buddy. During the investigation at the time of his disappearance, a gun butt with Rust's blood on it was discovered by investigators on his property. The site where the remains, presumed to be those of Rust, were unearthed was five miles east of his home. Karl Rust said, "You could see the place from his house."

Mike Rust was famous in the world of mountain biking. He pioneered the sport. He owned a bike shop in Salida for many years. In 1991 he was inducted into the Mountain Bikers Hall of Fame. His family never gave up searching for their brother. A large reward was offered for information about Mike Rust's disappearance. A movie, made about his life and mysterious disappearance, was showcased at the Sundance Film Festival. SCSO had no comment on if the discovery and pending identification of the remains will lead to the killers.

Saguache County crime report

by Mary Lowers

Dangerous situation at Center High School averted

An Alamosa man, 20, was booked into jail with no bail listed on a long list of charges: unlawful carrying/ procession of a weapon at school, menacing, interference with staff, students and faculty of an educational facility, procession of drug paraphernalia, prohibited use of a weapon, driving without a valid license, driving under the influence of drugs or alcohol, driving with excessive alcohol content, and displaying expired license plates. While this sounds like a possible attempted school shooting at the high school in Center, according to Deputy Wayne Clark of the Saguache County Sheriff's Office, it was averted quickly. No one knows why the inebriated young man decided to go to the school. A coach and another staff member confronted the young man who left the school grounds. He was picked up later in Center and as we go to press is incarcerated in the Saguache County Jail.

Evidently quite a few folks feel it is ok not to appear in court, so deputies have to bring them in and book them on fugitive from justice charges. A Saguache woman, 36, was arrested on failure to appear and held on \$500 bail. Failure to appear charges landed an Alamosa man, 24, in jail with \$5000 bail. A Center woman, 32, was held in the county jail on \$15,000 bail for not appearing in court. A Center man, 36, bonded out of the jail with \$500 cash on failure to appear charges. Not appearing in court can certainly get expensive.

Charges of domestic violence, third degree assault, child abuse and reckless endangerment landed a Center man, 30, in jail with no bail amount listed. A 42-year-old Villa Grove man was held with no bail on charges of harassment and domestic violence. A Center man, 27, was taken to jail on charges of felony menacing with a real or simulated weapon and second degree burglary. His bond was set at \$20,000. Driving under the influence charges sent a Center man, 34, to jail with no bail listed.

A Monte Vista man, 51, was held with \$10,000 bail on charges including second degree burglary, theft, criminal mischief and criminal impersonation. A young Center man, 21, was jailed in Saguache and held there on \$2000 bail on charges of second degree burglary, theft of \$500 to \$1000, criminal mischief and contempt of court.

There was no room for a South Fork woman, 38, arrested on restraining order violation charges in the Saguache County Jail. She's being housed in the Gunnison Jail with no bail amount listed.

Quite a few speeders were ticketed last month, most from outside of the valley. It seems like most residents know better than to speed on icy roads.

Search and Rescue responds to stranded hiker

By Mary Lowers

Saguache County Search and Rescue (S&R) was called out on Sunday January 24 to assist a local man, Brandon Inman, who had gone for a hike with a friend up Cottonwood Creek. Inman got stuck several hundred feet up a steep icy incline. According to Saguache County Deputy Wayne Clark who assisted in the rescue, the S&R team of Dan Wheeler and

Paul Grice did a great job climbing up in the dark and lowering Inman to safety. No one was injured in the rescue. Deputy Clark said that Inman had neither the clothes nor supplies for a winter hike. Inman did not have a Colorado Hiker's card which as we have reported in the *Eagle* helps to pay the astronomical cost of S&R for saving folks injured or in distress in the mountains of the state.

Fugitive captured in the Baca

by Mary Lowers

On Wednesday January 6, Saguache County Sheriff Deputies assisted US Marshals in bringing in fugitive from justice, Anthony Alexander Moretti, 54 who was residing at 4376 East Twin Peaks Overlook in the Baca Grande. The US Marshal's Fugitive Task Force according to spokesman, Marshal Dante Salazar, was looking for Moretti who had fled Delaware County, Ohio while awaiting sen-

tencing on charges including forgery and fleeing justice. Although Moretti had no history of violence, Marshal Salazar told the *Eagle* that the remote location and size of the residence indicated a need for increased law enforcement, so Saguache County Deputies were part of the multijurisdictional force. According to Saguache County Deputy Wayne Clark Moretti, had been living on the Baca Grande for a number of months.





Saguache County News

Department & board appointments for 2016

by Sandia Belgrade

The start of a new year means new appointments and responsibilities for County personnel. Many people are continuing in their present positions, but some appointments represent significant role changes. For county residents who follow the happenings in the County these are more than lists; they are a way to track who is responsible so they know who to contact. At the top of the reorganization list is the Board of County Commissioners (BOCC). Tim Lovato nominated Jason Anderson as chair person. This was unanimously approved by Lovato and Ken Anderson.

Other key assignments

This is not intended to be a complete list, but highlights important responsibilities for the year. Lovato has been designated as local Board of Health Officer and County Quarantine Officer. In cases of extreme situations like the necessity of a quarantine, a commissioner must coordinate the situation. He will represent the board on the courthouse security team working with Sheriff Dan Warwick. Lovato is also on the Veterans Task Force. Jason Anderson will be the local Board of Health Chair and part of Emergency Management as well as the Homeland Security Rep which requires a local government contact. He is also the rep to Colorado Counties and BLM Front Range RAC. Ken Anderson is the UAS/COA (unmanned vehicles) County rep along with Mike Spearman. Ken also serves on the SLV Regional Transportation Commission, SLV Council of Governments and Resources Group, the Gunnison Sage Grouse Conservation Committee as well as being Senior Citizens Liaison.

Planning commission appointments for 2016

The Saguache County Planning Commission members are Rebie Hazard, Lynne Thompson, Steve Carlson and Daniel Davis. The Crestone/Baca Planning Commission consists of Kairina Danforth, Lonny Roth, Charles Sommers, Matie Belle Lakish, and new member John Michael Wickett. The Saguache County Tourism Council is in need of a new member.

Marijuana task force

When Saguache County put out notice for county citizens to comprise a Marijuana Task Force there was a positive response. The appointment of the Marijuana Task Force consisting of 9 members was announced by the Board of County Commissioners during their January 5 meeting. These volunteers will review policy, enforcement, regulations and come back with recommendations for the board. They represent a good cross section of county representation, a diverse group which has as its goal gather-

ing information, and producing recommendations for the Saguache County Planning Commission in relation to Amendment 64. Ben Gibbons, County Attorney, will work with the task force which includes:

William Myers – Center area; Patricia Reigel – Town of Moffat; Diane Dunlap – Legal Grow; Robert Tafoya – North of Moffat; Kyle Grote – Legal Grow; Jon Billingsley – Legal Grow; Devin Bese – Lazy KV Estates; Jon Wickett - Baca Grande Subdivision and a Saguache County Planning Commission member. Alternates are Lisa Cyriacks and John Sladek.

Office of Emergency Management suggests tabletop exercise

Jim Felmlee continues as Office of Emergency Management Director and is also on the SLV regional emergency trauma advisory council. He spoke about the value of having a tabletop exercise which would include various County departments and fire departments as part of emergency preparedness. A tabletop exercise involves key personnel in simulated scenarios in an informal setting. In a low-stress environment these exercises are used to assess emergency plans, policies, and procedures and review simulated emergency situations to ascertain possible actions that would be taken in a particular emergency so every one knows their roles in different scenarios. Lyn Zimmer noted it's better than just posting a brochure or flier.

Primary care clinic adding dental hygienist

Dr. David M. Arnett, M.D. of Salida Family Practice runs the county clinic in Saguache. As a rural health clinic, it presently provides primary care services including complete physical exams, acute care, blood drawing, physical therapy, some minor surgical procedures and biopsies. He and the County are working out lease agreement terms. The clinic schedule is: Tuesday, 9am-4pm and Friday, 1:30-4pm. The clinic will be adding a dental hygienist who will provide services to children, since Medicaid is now providing for additional care. The Saguache Clinic number is 719-655-2531

Breast feeding accommodations

Ginger Stringer, who continues to serve as Public Health & Nursing Services Director, cited Boulder County's lactation policies. Breastfeeding is the healthiest option for babies and mothers; yet breastfeeding mothers need support from their community to be successful. If women don't have an accommodation they stop breast feeding. At present there are no private spaces in Saguache County designated for breastfeeding. Stringer noted it would mean just a cubicle with a chair, table, and a screen. She will look into setting one up at the County building.

Update on unmanned vehicles

Wendi Maez, who is the current Land Use Administrator, was named manager of Saguache County Airports. In January the Commissioners had a work session at Leach Airport near Center

to inventory the proposed drone testing site. The airport is in need of upgrades to the infrastructure to make the airport more energy-efficient, including the placement of new well and insulation improvements. There might be the possibility of implementing energy upgrades at the airport through the governor's energy commission which now includes smaller governments. There is still no clear picture of how drones will help the economics of area though the BOCC is working on it.

Contrary to stories being circulated, Francis Song, Alamosa County Airport Manager and head of the SLV Advisory Board for the UAV (drones) as well as a reliable source of information, reports that "we are still waiting on the legal component of UAV operations to pass its own hurdle before we begin operations. Currently, no flights have occurred under the Alamosa County Certificate of Authorization (COA) since we are waiting on the agreement between Rocky Mountain UAS and Alamosa County and separately, the agreement between Alamosa County and Saguache County to be completed before we begin operations."

Saguache County Housing Authority

Under the management of Housing Director Evan Samora, the Saguache County Housing Authority has shown a consistent profit and had only one vacancy last year. The housing authority facilitates low income subsidized housing at Blue Water Haciendas with 12 units and Puerto Del Norte Haciendas with 16 units, which provide decent and affordable housing to low and moderate income levels.

Saguache County Veteran's Service employment opportunity

The Saguache County Veteran's Service is seeking someone to fill a part-time position of 5 hours/week. Jim Sheeran, the Veteran's Service officer, said the assistant needs good clerical and communication skills as well as some knowledge of the Veteran's Administration. The primary function of this office is to provide personalized local service to veterans and to assist them in negotiating through red tape in dealings with the government. The Veteran's Service will run an ad for the position for 2 weeks in the *Saguache Crescent*, the official county paper. The notice will also be on *The Crestone Eagle's* website: www.crestoneeagle.com. Interested residents should apply before February 15. The position will begin the end of February. For information call 719-655-2680 or email jsheeran@saguachecounty-co.gov.

Recycling coming to Saguache County Landfill

Bill Burch and Tina Miani of Waste Free Recycling SLV and previously of Recycle-Creede are aiming for a March startup at the County landfill. They have insurance as a private party and they have established a rack record as being reliable. They propose an efficient way to get recycling back to our landfill. Questions of how keep landfill and recycling separate will be worked out. They may have their own building. They will apply for a grant from the state for an \$85,000 baler. They will collect fees for some items. Value added possibilities: it may create jobs and crushing glass has added value since it creates sand. Attorney Gibbons will draft an agreement.

Solid waste management

Chris Canaly, director of the San Luis Valley Ecosystem Council spoke to the commissioners concerning regional planning around solid waste management. She requested a partnership letter from the board prior to a grant due date of Feb 12. The Eco Council is already in partnership with Conejos, Costilla and Rio Grande counties. The state is coming down on solid waste management enforcement, which is fueling the drive for regional partnerships.

Vehicle pool

Several vehicles in various County departments are in need of repair or replacement. Ginger Stringer of Public Health announced that brakes on the Blazer are not working. She posed the question of auctioning it off and getting a better vehicle. Randal Arredondo, Road & Bridge Supervisor, who is getting bids on a pickup, offered that the health department could use something in their fleet. The suggestion came up that the County have a vehicle pool so cars can be shared when any department is needing to repair their vehicle or purchase one. The County will need to develop a mechanism for assuring a department has a vehicle when it needs one. Forming a vehicle pool will necessitate doing an inventory of all cars being used by County personnel to allow vehicles to be shared as needed. In some counties vehicles are designated as assigned to a department or designated as being on temporary assignment to another department for a period of time.

Commissioner Jason Anderson reported that Colorado Counties (CCI) suggested that voting machines be bought in bulk to get a cost break. However, according to Carla Gomez, County Clerk and Recorder, mail-in votes make up the largest percentage. In fact, 3/4 of voters use the mail-in ballot.



Spanish Creek Mountain Medicine
*Acupuncture
Spanish Creek Mountain Medicine

Catherine Alelyunas;
RN, L.Ac.,
Certified Chinese Herbalist

For appointment: Call or text
719-588-9816

Call or text: 719-588-9816

Families can claim Colorado State Earned Income Tax Credit for first time in 15 years

Build financial security while boosting local economy

As the number of Coloradans who work full-time but still struggle to make ends meet continues to grow, valuable tax benefits like the federal and state Earned Income Tax Credit (EITC) and Child Tax Credit are increasingly important to local families. This tax season, the federal EITC will put more than \$775 million back into the pockets of Colorado families with children that made less than about \$53,000 in 2015. For the first time in 15 years, the Colorado state EITC, which is worth 10% of the federal credit, will be available, helping working families get an even larger refund.

One of the nation's most successful anti-poverty tools, the EITC promotes employment while providing valuable refunds to lower-wage earners who are striving to achieve financial security. While more than 354,000 Coloradans claimed \$772 million from the EITC last year, an estimated 118,000 Coloradans missed out on as much as \$257 million in refunds because they didn't know they exist. To increase EITC

awareness, the Denver-based Piton Foundation is conducting a state-wide public education campaign to ensure that all eligible families—including active military and returning veterans—claim the EITC refunds they deserve.

"The Piton Foundation is committed to helping Colorado's low-income families achieve economic security, and the Earned Income Tax Credit is a proven tool that helps struggling families make ends meet and build their savings," says Melissa Viola of the Piton Foundation. "In addition, the EITC is an important economic driver for our state because the tax refunds families receive are spent locally."

According to The Piton Foundation, research shows that lifting a struggling family's income helps children do better in school, which leads to increased educational attainment and higher earnings in adulthood. In addition, an increased family income results in improved child wellness because healthy habits—such as eat-

ing more produce and visiting the dentist—become more affordable. The EITC also pumps hundreds of millions of federal dollars into the state and local economies as families use these dollars to put food on their tables, pay rent, heat their homes, fix their cars and buy school supplies.

To help ensure that everyone who is eligible for the EITC claims it, The Piton Foundation provides free tax filing services for eligible families through the Tax Help Colorado program. A partnership between The Piton Foundation and the Colorado Community College System, Tax Help Colorado has 17 participating colleges operating 26 free tax sites in communities across the state during the 2016 tax season. At these locations, people who earn less than about \$53,000 a year can get their taxes filed for free by IRS-trained college students.

The EITC operates by reducing the amount of taxes owed and increasing the size of the refund. The maximum income to qualify for the federal EITC this year rang-

es from \$14,800 for a single person with no children, to \$39,100 for a single parent with one child, and \$53,200 for a married couple with three or more children. The federal credit can be as much as \$6,200 for very low-income workers with children, plus up to an additional \$620 through the state EITC.

The Piton Foundation publicizes the EITC and other work tax credits by distributing more than 1.2 million education materials through partners such as the State of Colorado, city and county governments, schools, churches, and nonprofits including food banks and health and human services providers. The organization also runs print and television advertising campaigns.

Information on EITC eligibility and a full list of free income tax assistance sites in Colorado can be found by dialing 2-1-1 (it's a free call), visiting www.piton.org/eitc, or finding Tax Help Colorado on Facebook at www.facebook.com/taxhelpcolorado and Twitter at @TaxHelpCO.

Saguache County Public Health Report

by Ginger Stringer, MPH, PhD, Director, Saguache Co. Public Health

My first three months at Public Health have been busy, informative, and interesting. I've spent a good deal of my time coming up to speed on the department programs and budgets and getting to know the staff. I'm pleased to find that we have a committed and energetic public health community in our county and in the region! The staff at Saguache County Public Health and the partnerships we have with other departments and groups in the valley have worked hard to build meaningful public health programs. I'm excited to build on these programs and continue to advocate for the programs and policies that will improve the health of our community.

A few things that I'm working with the staff to address are: (1) while the department has programs in place to support seniors in both Saguache and Center, those services haven't been offered to the eastern part of our county. Janet Beiriger, Wellness Coordinator, and I are working to expand our blood pressure monitoring and other programs for seniors to Moffat and Crestone; (2) there is a strong collaboration between public health departments and health care providers in the valley, but there isn't a lot of communication with the public health department and health care providers in Salida, where many of our residents seek care. I will be working on building those relationships in the coming months; and (3) many members of our community don't realize why we have a Public Health Department or what services we offer! I hope that our department can become more visible and engage more with the community.

One of the things I enjoyed most about teaching was the challenge of doing something different every day. That challenge definitely still applies to my days at Public Health—every day is different and I'm always on my toes! I am really enjoying applying my public health and epidemiology experience in my new role. I'm always glad to talk about public health with anyone from the community and welcome emails at gstringer@saguache-county-co.gov or phone calls 719-655-2533 with questions or ideas. You can also follow us on Facebook, www.facebook.com/saguachehealth check out our website, Phone (719)655-2533 | Fax (719)655-0105 | www.saguachecounty.net/public-health or contact anyone in the office for more information about Public Health activities, ask questions about public health concerns, or to become more involved.

Radiant Flow
2nd Saturday Yoga Series
Wisdom of the Heart

February 13th 9:30 to Noon
Journey Journey Hot Springs
\$35
(discount soaking too....)

Cynthia L Nielsen Lmt, Ryt
cynthianielsonlmt@gmail.com
(719) 298-0360

Saguache County Public Health hires a new nurse

by Ginger Stringer, Director Saguache County Public Health

Saguache County Public Health would like to welcome nurse Holly Boaz. Holly will be half school nurse (one day a week each at Moffat schools and Mountain Valley) and half Public Health Nursing which involves immunization, communicable disease investigations, and prevention activities.

Holly was born in Gainesville, TX but moved to Colorado at a young age. Holly was primarily raised in Saguache County with her older sister Sara, and has enjoyed many life experiences from wildland firefighting to shoveling snow in Antarctica. After graduating with a BA in Psychology, Holly went on to gain a BS in Nursing from Adams State University. She has since been working as a nurse at Rio Grande Hospital in Del Norte.

Outside of work, Holly enjoys hiking, fishing, camping, skiing, and planning her upcoming wedding. Holly has also had the opportunity to work at a clinic in Haiti and continues to reserve part of her heart and ambitions for the Haitian people. Holly has chosen the Public Health field of nursing because of her passion to serve her community, a community she has grown to appreciate and intends to raise her own family in.

O&V Printing Inc.
SINCE 1975!

SEE US FOR ALL YOUR PRINTING, COPYING & MAILING SERVICE NEEDS!

342 Santa Fe Ave. • Alamosa, CO 81101 • (719) 589-9228
Fax: (719) 589-0319 • info@oandvprinting.com • www.oandvprinting.com

Rebounding
physical therapy
Formerly SALIDA PHYSICAL THERAPY

Rehabilitation
Sports injury
Stroke
Neurological
TMJ Dysfunction
Manual Therapy
Ergonomics

Crestone
53 S Baca Grant Rd

Saguache
405 Denver Avenue

Salida
233 F Street

(719) 539-6144
(719) 539-1411 Fax
www.salidarebounddpt.com

Advocacy groups push for release of records from Forest Service senior officials

Believe Forest Service actively concealed & destroyed information concerning Wolf Creek Pass development

After waiting a year and a half for documents relating to a 2015 Forest Service decision that will enable development of the controversial "Village at Wolf Creek," the Friends of Wolf Creek coalition says they have discovered evidence that the Forest Service has been concealing and destroying records and has been improperly influenced by the would-be developer, Texas billionaire Red McCombs.

The Freedom of Information Act (FOIA) is designed to give the public access to documentation such as emails, reports, and phone records associated with the decisions officials make on the public's behalf. When the Forest Service failed to comply with two FOIA requests in 2014, coalition member Rocky Mountain Wild took the issue to court to gain access to the documents.

It took two FOIA lawsuits. Many agency records are still being withheld. So far, the Forest Service has not released records of communications from the USDA Undersecretary of Natural Resources and Environment, Chief of the Forest

Service, and other high level Forest Service officials.

In 2008 the Forest Service withdrew its environmental analysis, approving developer access to the site at Wolf Creek Pass, but the Forest Service was forced to start the process over, promising a fully transparent process.

The analysis and approval in question would enable Texas billionaire Red McCombs to construct his 8,000-person "Village at Wolf Creek" development at the base of the Wolf Creek Ski Area. The Friends of Wolf Creek have fought the development since 1986 on the grounds that the proposal threatens the environment and local communities. The Friends of Wolf Creek coalition (Rocky Mountain Wild, San Luis Valley Ecosystem Council, San Juan Citizens Alliance and outside legal counsel Energy and Conservation Law) are in litigation over this environmental analysis and have reached an agreement with developers that no construction will occur on Wolf Creek Pass until a decision is reached in court.



by Allyson Ransom,
Acting Town Clerk

One never knows who will arrive on the Town Hall doorstep. Occasionally, it has been deer peering in our office windows. But recently, I had a surprise visit from a lively group of kindergarteners and first graders from the Crestone Charter School. Warmly dressed and carrying colorful banners, they squeezed into the narrow hallway and while they jostled for position in the office, I was offered a lovely tissue paper flower. Taken by surprise, I asked what was going on. One brown-eyed little gal boldly piped up, "Will you be our friend?" Wow, what an amazing and unexpected question, and I immediately replied, "yes!" Their visit made my day. I wanted to thank them for asking me to be a friend and to sign their petition to join their BFF Revolution that stated, "We believe that if all people were friends then there would be no war and no hungry people; help us spread the revolution by using virtues like kindness and respect towards all people." As they tromped out, I held that hand-made flower and thought that extraordinary things do happen here in Crestone. When Valentine's Day comes around, I will definitely be thinking about their sweet visit and timely message more than just chocolates and greeting cards.

Our Town news this month includes what I like to call, "Meet-the-Board Mondays." It was an idea that Mayor Danforth and the trustees came up with to help the elected officials keep in closer touch with the needs of the community. The board will welcome visitors and constituents every first, third and fourth Monday of the month from 1-3pm at the Town Hall Meeting Room at 108 W. Galena Ave. where a member of the board will be available to answer questions, hear concerns and suggestions or just make new friends. The regular board meetings are still held on the second Monday of each month from 1:30-6pm, and there is always time for the public to share comments towards the end of these meetings.

At the January 11 board of trustees meeting, the following board decisions were made:

- Gretchen Nelson was appointed as Public Works Coordinator

- Gretchen Nelson was sworn in and deputized as an election worker to assist the Town Clerk

- Resolution #001-2016 was passed to hold a mail ballot election.

- Resolution #002-2016 was passed to include a marijuana retail sales and taxation question on the ballot, thus allowing voters to decide this issue

- Motion was passed to purchase a digital audio recorder and begin recording board meetings

Recent news

- The formation of a Town Tree Board. The Board of Trustees is looking for a few community members who would like to serve as volunteers. It would be beneficial to find participants with a variety of backgrounds and skills such as a landscape architect, as well as, a high school student. If interested, please attend the regular board meeting on February 8. I heard someone ask, "But why have a Tree Board?" There are many benefits, including learning proper tree care and management, compiling a public tree inventory, applying for USDA community forestry grants, reducing conflicts by providing a forum for reviewing complaints, addressing safety issues, and making recommendations to the Town. In a nutshell, Tree Boards can greatly improve any natural municipal environment.

- Voter registration applications are now available at Town Hall, and sample municipal ballots will be available to view soon. We want to remind residents who plan to vote that if you have not registered, have not voted in a few years or have moved to a new address since 2014, please contact the Saguache County Clerk at 719-655-2512 to verify your registration status as updates cannot be done here at Town Hall.

- We have a Certified Notary Public available during regular office hours in Town Hall from 9am-1pm, Mondays-Fridays. The cost to notarize each certificate on any document is \$5. A lot of people have been using this service, and many mentioned that they appreciated the convenience.

May you enjoy the month of February and make a new friend!

Drone registration required before flying

While many in this rural county are still wrapping their minds around drones—commercial and recreational ones, that is—drones were one of the hottest items this holiday season, with estimates of 400,000 of them being gifted. As many as one million drones (UAS) total will be in use in 2016. Not a minute too soon, federal regulators have issued new rules. They require recreational drone users to register their aircraft before flying, as of December 21, 2015. If you own a drone weighing more than 55 pounds (including payloads such as cameras), you must register as a pilot. Hobbyists will only have to register once before the first flight outdoors. Drone owners who are 13 and older will have to register on an FAA website. The FAA expects parents to register for younger children.

The registration fee is only \$5. However, with the increasing threat to aviation safety, and in an attempt to track rogue drones, the government may hit you with a civil fine up to \$27,500. Criminal penalties, meanwhile, include fines that can go as high as \$250,000 and the threat of imprisonment for up to three years. You probably don't have to worry about the FAA tracking down owners without proper registration cards. But if your drone somehow gets caught up in some sort of incident and it's later revealed that the offending drone was never registered, that's when the FAA might hit you with some stiff penalties. The FAA prohibits drones and model airplanes from flying higher than 400 feet or within 5 miles of an airport. Drones must remain within the line of sight of the operators or observers posted on the ground.



Make your own **Classified Ad** Online!
It's so Easy!

1. -> www.crestoneeagle.com ->

CLASSIFIEDS -> Submit your Classified Ad

2. -> select your ad section -> start typing your description and title

3. -> pay online with a credit card

or choose to bring a check by our office

Classifieds are updated daily!

POA news: Board member visions for 2016

by John Rowe

The only Baca Grande POA board meeting for the month of January was held on Monday, January 18. The executive session started at 6pm and ran until 7:40pm. The public portion began then with four board members in attendance; board member Matie Belle Lakish was absent. Six audience members were present.

The agenda was approved unanimously as were the previous meeting's minutes after some modifications. The only department report was given by Ayla Hoervers, new Community Manager, concerning an assessment income update (how much income had come in since the last meeting) and the meeting moved on to Member Forum (an opportunity for dues-paying audience members to make "one brief comment on agenda items before they are voted on".)

One audience member asked why the meeting date was changed without any broad-based notification to the POA membership and no one really knew why. This same member also asked for clarification on two executive session items, "personal member issues" and "personal board issues." It was ex-

plained by President Nigel Fuller that any monetary issues between the board and POA members needed to be kept private and behind closed doors. And the same for any personal conflicts between board members.

Lot consolidation

Another audience member suggested doing some polling to determine just what current thinking is among the POA membership concerning the issue of lot consolidation and other pertinent issues. President Fuller stated that he was skeptical of polling data, saying that people can make polls come out any way they want to, depending on how they ask the questions. Vice-President Bruce McDonald added that the issue of lot consolidation, for instance, was complicated, had legal implications, was not really understood by the rank-and-file membership and that their voting could be skewed by their lack of substantive knowledge on the subject. President Fuller commented that the board was elected to do the best job they could on all issues and that polling is not really necessary to do that. The audience member stated that he thought the dues-paying membership's opin-



This adventurous soul was using the momentum of this kite he was flying during a very windy snowstorm to pull his snowboard across the entire golf course. Looked like fun!
photo by Lori Nagel

ions ought to be taken into consideration, regardless of board evaluation of what members know about the subject at hand. President Fuller let this discussion continue for a short while as he is want to do when the discourse is civil and the evening's agenda is light. Director Sugandha Brooks, however, reminded the audience member that he is allowed "one brief comment" under the rules and he was well over that. This summarily ended the discussion and the board moved onto new business.

Lots owned by the POA

The first new business item centered around two lots in the Grants that the POA owns, unbeknownst to any of the board. Audience participation was welcomed here and questions were raised as to whether the board could sell the lots, and if so, how much to ask for the lots. And if "fair market value" was a prudent way to go, what would happen if the lots sat for months or years as so many others do that are priced at "fair market value". It was decided to table the matter, pending the outcome of a discussion with the POA's new expert consultant, Tim Larson.

Board member 2016 ideas

A discussion on the next new business agenda item began at this point with all members weighing

in on their individual goals, projects, and future agendas for 2016. Many ideas were brought up as the talk went around the table ranging from just three or four items from Nigel Fuller, Joanna Theriault and Bruce McDonald, to a more fully blown vision from Sugandha Brooks. Ideas that had commonality among members were: developing a planned growth initiative, updating and clarifying POA policy, communicating better with the members with a quarterly newsletter, and perhaps, including five polling questions in each of those letters. Others were being able to live on the land while building a home, discussing revenue decline, repairing the POA and the LINK buildings, and what do to with people who live on their land and never build a home on it. All members communicated a wish to make the POA a better, more efficient operation, less run down, and a more attractive community by year's end. And Sugandha Brooks even would like a POA flag and motto to decorate our signs with.

The next two meetings are scheduled for February 8 and the 22. Check with the POA for exact times as the dates approach.

Be advised that the board will meet on Mondays for the next few months.

**FREE THE MONKEY
CONSIGNMENT**
Accepting consignments daily

Men's and Women's Clothing & Accessories

134 F Street, Salida 312 E. Main Buena Vista
(719) 539-5490 (719) 966-5159

Furniture, Housewares, & Home Decor

222 F Street, Salida
(719) 539-4580

Winter Hours: Monday-Saturday 10am-6pm
Sunday 10am-5pm

HRRMC Gynecology Services

Board-certified gynecologists Terri Rosenbaum, MD, and Steven Foley, MD, are now accepting new patients.

Services offered:

- Urogynecology
- Minimally invasive gynecologic surgery
- Well-woman healthcare
- Contraception
- Menopause management
- Genetic testing for hereditary cancer

Conditions treated:

- Urinary incontinence
- Abnormal bleeding
- Endometriosis
- Menopausal weight gain
- Painful or heavy periods
- PMS/PMDD
- Polycystic Ovary Syndrome
- Prolapse
- STDs

Terri Rosenbaum, MD, FACOG

Steven Foley, MD, FACOG

HEART OF THE ROCKIES
REGIONAL MEDICAL CENTER

We accept Medicare, Colorado Medicaid and most insurances.

HRRMC Medical Clinics • 550 W. Hwy 50, Salida • 719-530-2000 • hrrmc.com
HRRMC Buena Vista Health Center • 28374 Cty Rd 317, Buena Vista

**Same network.
Same staff.
New name.**

**COLORADO
CENTRAL TELECOM**

Crestone Telecom is now
Colorado Central Telecom
— a big change for us, a
small change for you.

719-937-7700
ColoradoCentralTelecom.com

Serving Chaffee County and the upper San Luis Valley

Citizen Advisory Committee tops BGWSD board agenda

**by Cindy Reinhardt,
President, BGWSD
Board of Directors**

The formation of a citizen advisory group topped the Baca Water & Sanitation District board's agenda for its first meeting of 2016. In proposing the committee, Board President Cindy Reinhardt noted "we need citizens to be informed about the challenges facing the district in light of lower property valuations, slow growth, infrastructure and equipment needs, new regulations, and debt service payments. There are many smart, creative people in our community and together we can meet these challenges."

The proposal elicited feedback from the small group of citizens present that the District could do a better job communicating information to customers. Ideas for doing so included more articles here in the *Eagle*, using the notice box on bills regularly, and creating a blog

to post information and provide a place for comments. Director Michael Scully will research the blog idea and local resident Lynn Drake volunteered to work with him and the board on other ideas.

The formal creation of a committee was deferred until after the May election, given that three positions (a majority of the board) are open and the priorities of a new board could be different. The current board will continue discussion so that the groundwork will be in place to form the advisory group after the election should the board wish to do so.

Speaking of the May election, three director terms end this year: directors Judy Deluca, Kyle Grote and Reinhardt. All are eligible to run for re-election. The board assured those present that the election will be held right here in the District on May 3, 2016. JoAnn Slivka was appointed as the Des-

ignated Election Official at the November, 2015 board meeting. Several community members have already volunteered to serve on election day. More may be needed, so please contact the office (256-4310) to volunteer.

Even better, consider serving on the board. Speaking from personal experience, I have learned much in these last four years and have enjoyed even the toughest challenges and changes that we've faced. Terms are four years. Self-nomination forms are available on the District's website (www.bacawater.com) and at the District office.

The operations staff welcomed two new team members in January, Tad Crawford and Rebecca Potter. Construction of a secondary line crossing North Crestone Creek near the Well 17/18 complex was completed, and procuring a back-up power system is a priority for 2016. The board authorized the lease of a new dump truck (much needed since the current truck has over 1.3 million—yes, million—miles), a trailer to transport other District equipment efficiently to work sites, as well as two new service trucks.

The board also affirmed authorization of moving forward with an online bill payment system to offer customers a better way to pay bills online. Details will be coming in the next couple months as staff completes training and implementation.

In other business, the board received the great news from the District's water counsel, Marcus Lock, that in December, the US Justice Department finally filed a water court application to legitimize the current location of Well 17. This has been a pending issue since the new well was drilled in 2012, and is one of the many details required to be sure that the District is in compliance with Colorado water law. Since the District leases its water rights from the federal government, we had to request that the Justice Department file the water court case on our behalf. We are glad this case is now proceeding.

The February meeting of the board of directors will be held on Friday, February 19 at 9am at the district office, 57 Baca Grant Way South.



**CALL FOR NOMINATIONS
(NOTICE BY PUBLICATION OF)
§§ 1-13.5-501; 1-13.5-303, C.R.S.**

TO WHOM IT MAY CONCERN, and, particularly, to the eligible electors of the Baca Grande Water and Sanitation District, Saguache County, Colorado (the "District").

NOTICE IS HEREBY GIVEN that a regular election will be held on May 3, 2016, between the hours of 7:00 a.m. and 7:00 p.m. At that time, three (3) directors will be elected to serve 4-year terms. Eligible electors of the District interested in serving on the board of directors may obtain a Self-Nomination and Acceptance Form from the Designated Election Official ("DEO"), located at 57 Baca Grant Way South, Crestone, Colorado, 81131, (719-256-4310) between the hours of 9:00 a.m. and 4:30 p.m., Monday through Friday.

The deadline to submit a Self-Nomination and Acceptance Form is Friday, February 26, 2016. If the DEO determines a Self-Nomination and Acceptance Form is not sufficient, the form may be amended once at any time prior to 3:00 p.m. on Friday, February 26, 2016. Earlier submittal is encouraged as the deadline will not permit curing of an insufficient form after this date. An Affidavit of Intent to be a Write-In Candidate must be submitted to the office of the DEO by the close of business on Monday, February 29, 2016.

NOTICE IS FURTHER GIVEN that applications for an absentee ballot must be filed with the DEO no later than the close of business on Friday, April 29, 2016.

BACA GRANDE WATER AND SANITATION DISTRICT
/s/ JoAnn Slivka
Designated Election Official

TIN MAN SERVICES

Prompt

Reliable

Affordable

Fun!



Ollie Patrick

Founding Partners Of



Please donate to
Pet Partners for the
health of our
community's pets.

Repair ~ Installation ~ Maintenance ~ Building ~ Home Improvement

Call for service and projects 719-588-6431

For assured, prompt response: epmdomone@gmail.com | 719-429-5458



Helping you gain lasting relief from:

Headaches	Shoulder Pain
Neck Pain	Muscle Fatigue
Back Pain	Overall Stress

With over 18 years experience, I specialize in helping you find lasting relief from physical pain so you be fully active in your life again.

Gift certificates available.



Cathy Amenta
LMT, BCTMB
Reiki Master

719-480-1718 
www.CrestoneMassage.com



Brent Sites, DDS
Keith Wilken, DMD
Bob Provorse, DDS

SALIDA FAMILY DENTISTRY

Advanced Technology. Friendly Staff.

**Exceptional Comprehensive Dental Care
For The Entire Family**

**On-Site Implant Specialists, Oral Surgeon
and Orthodontist**

- New Patients, Children and Emergencies Welcome -

719-539-2587

www.salidafamilydentistry.com

Voted Best Dentist, Dr. Sites - 2012, 2013, 2014
and Friendliest Staff - 2014

7600 West Hwy 50 • Salida
(Behind Valvoline Express Care Oil & Lube)

Rhythm Sanctuary Crestone—Enter the Heart February 12

Join us for a fabulous evening of music, dancing, fire and videography at Rhythm Sanctuary's next event, "Enter the Heart". Rhythm Sanctuary is an inter-generational free form ecstatic dance ritual for creating community. Dance and balance the divine feminine and masculine energies with a focus on the sacred heart chakra on Friday, February 12 at the Cloud Station.

6:30-9pm Rhythm Sanctuary

9-9:30pm Fire Performance by "Circus of Trust"

9:30-Midnight DJ Elf Arrow & Tara

\$20-10 suggested donation for the entire evening

Rhythm Sanctuary creates an open space for self-exploration, personal and collective healing, and celebration. We gather with family and friends to honor what has been used as community medicine by indigenous cultures around the world since ancient times. We meet to foster connection and to build our community in a spiritual environment that is non-dogmatic and respects all wisdom traditions. Our sanctuary inspires caring for self and others, playfulness, and creativity and the dance ritual itself is held in non-verbal reverence. We offer this to invite the deeper parts of our being to rise to consciousness, as well as practicing a new way of expressing that is different from our ordinary day-to-day communications.

Since the early developments of Rhythm

Sanctuary, local artist Avery Runner has been involved with its culture and events. Drawn to the group's spiritual intent and cosmic unification,



VJ Wiley Cat.

event. Avery is a DJ, Studio Producer and Creator of sacred space—sharing worldly psychedelic trance & chill out music as a performer through Free Spirit Records DJ and has releases on Goa Records and Pure Perception Records. We are also excited to introduce Wiley Cat as our video projection artist for the evening. A few synchronicities brought Cat to Crestone and she is getting used to being an artist in solitude. She has deep roots in the Rhythm Sanctuary community



DJ Avery Runner.

he now serves as an ambassador to this ever-growing and emerging community and we are excited to feature him as DJ Elf Arrow for this

so we are thrilled to add her artistic flair to the evening. Her aim is to make music look as good as it sounds. She believes in the healing power of image and color to enhance the musical experience and awaken parts of the creative mind. She makes her own psychedelic mandalas for a unique experience that synchronizes with the soul product of the DJ or musician in the moment.

After the Rhythm Sanctuary dance event, we will transition into a more free-form electronic dance flow from 9:30pm-midnight with Elf Arrow and Tara from Denver. Also be sure to catch local fire performers, Circus of Trust, in between acts from 9-9:30pm. To learn more about Rhythm Sanctuary please visit www.rhythmsanctuary.com or find our local group on Facebook at Crestone Rhythm Sanctuary.




KATHLEEN WILLOW
 LICENSED MASSAGE THERAPIST

**Love Yourself
with Monthly Massage!**
XOXOXO

Specializing in LaStone Therapy
 & therapeutic massage
 with exquisite Floracopeia &
 Dr. Hauschka aromatic oils

719. 256. 5469

Bloomin' Silks workshop March 5

Come discover the ancient art of "Suminagashi". You become the artist and create a unique, one-of-a-kind silk scarf. Like snowflakes and fingerprints, no two are ever exactly the same. You will be enchanted by the process and amazed by the beauty of each design.

In this workshop you will learn about the marbling process, fabric preparation, colored dyes and the various design patterns.

Upon completion of the process of the class, you will have a finished 14"x72" Habotia silk scarf with your own unique design. You will also have a small instructional booklet that will guide you in making further creations.

The class will take place on Saturday, March 5 at the BeBOP Studio, 317 San Juan Ave., Saguache. Class size is limited to 8 persons, minimum class size 4 people.

Please specify whether you would like the morning session (9am to noon) or afternoon session (1:15-4:15pm). The cost is \$35, which includes the registration fee and all supplies for the workshop. The instructor will provide aprons for clothing protection.

Instructor Renee Hill, who currently resides in Crestone, is a life-long artist. Her many arts and crafts include acrylic hand-painted furniture, oil pastels, small crafted books, collage, sewing and gardening. She became enchanted with this ancient art form when experiencing Suminagashi with its limitless variety and beautiful flow of patterns.

Please register at 719-850-0051 or cwiqueen@gmail.com.

non-lodging
option available
for locals

**Savory
Movement**
 march 4-6, 2016
 Joyful Journey Hot Springs

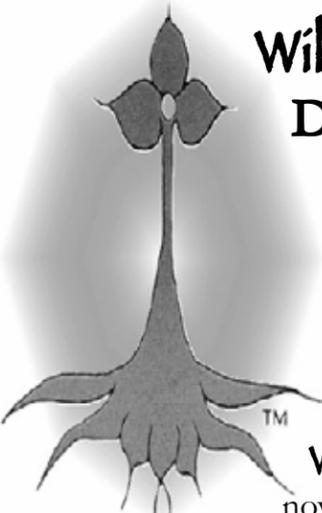
Introduction to Bellydance
 weekend dance retreat
 with Katie Getchell

for workshop details:
crestonetribal.com
 to register: 719 256 4329

crestonetribal bellydance project
 Performance and Appetizers open to Public
6pm Saturday, March 5 \$10

sponsored by

 HOT SPRINGS SPA



WildwoodsHealingArts
Dr Kim Engard ND, LAc

Natural Medicine
 Acupuncture
 Homeopathy
 Botanical Medicine

(719)-428-3178
WildwoodsHealingArts.com
 now at Wildwoods Botanicals in Moffat

Get ready for the world-famous Cabin Fever Talent Show March 5!

Crestone Charter School is excited to announce that the annual Cabin Fever Talent Show will be held on Saturday, March 5 at the school, starting at 7pm. The doors will open at 5:30 for a chili dinner to ward off the winter chill.

This year's program has an awesome lineup of local talent which will amaze and inspire you through these long winter months. Our Master of Ceremonies will again be the talented Mark Jacobi. We invite you to share the evening and witness the wonderful diverse talents that we have within our

community.

During intermission we will once again be featuring the "Decadent Dessert Auction." Do not miss it! The cakes will be exceptional. We will also be selling cakes, pies, brownies, chocolates, and hot & cold drinks during intermission.

Admission is \$10. Cabin Fever is a fundraiser for the Middle School and LINK students' spring trip. For more information, or to donate a cake or dessert, call Judie Rose at 256-5110.



Wildlife agency personnel electro-shocking ditch water during a fish survey on Baca National Wildlife Refuge. The study discovered two rare fish living in refuge waters.

Fish treasure on Baca Refuge

continued from page 1

by snowmelt from the adjacent Sangre de Cristo Mountain range. However, on a few of the creeks, there are stretches of perennial water that begin and end on the valley floor.

In the first years of establishment, Garcia relied on the advice and expertise of Eddie Clayton, a rancher and irrigator who had worked on the property for over 40 years. Clayton is a rancher with a sharp wit and coarse sense of humor. When Garcia told Clayton about the discovery of the Rio Grande chub and sucker Clayton exclaimed, "Shoot, I was afraid you would say something like that. I thought they were rare, but didn't want to tell you since we used to use Rio Grande suckers for mack-inaw fishing bait."

I'm happy to say that we've come a long way since the days when the ranchers used Rio Grande suckers for bait. In 2013 and 2014, both the Rio Grande chub and Rio Grande sucker were petitioned for protection through the Endangered Species Act. Refuge staff has worked hard to forge and maintain partnerships to promote the conservation of these rare fish species. The Fish and Aquatics Branch of CPW continues to support and assist with native fish conservation on the refuge and conducts fish surveys at sampling locations that have been in place for almost 10 years. These long-term sampling efforts have provided essential information on the Rio Grande sucker and Rio Grande chub population, including presence, age class, and overall health of the population.

In 2013, we formed a valuable

partnership with the U.S. Fish and Wildlife Service's Colorado Fish and Wildlife Conservation Office (CFWCO) in Denver. Thanks to this collaboration, our conservation objectives for these fish have evolved from basic monitoring to more in-depth research, habitat improvement, and population management. Through the partnerships with CPW and CFWCO, we have been able to improve fish sampling methodology, evaluate and address entrainment issues, conduct research to identify barriers to fish movement, repair fish passage problem areas, monitor water temperature and baseflow in fish habitat, and implement a pit tag study to estimate population numbers, assess movements, and approximate survival rates. These research projects provide important information regarding the health of the population and the habitats that they are using and help guide fish habitat improvement and restoration projects on the refuge.

The partnerships with CPW and CFWCO are an excellent example of how working together towards a common goal can result in greater successes than any one agency or organization can achieve on their own. Without these partnerships and their additional resources, the status of the Rio Grande sucker and the Rio Grande chub on the refuge would likely still be unknown. Although there are multiple challenges associated with conserving rare fish in an irrigation system, the future appears bright for these rare treasures on Baca NWR.

We would like to thank the following people for being great partners: Pam Sponholtz (Project Leader, CFWCO), John Alves (Senior Aquatic Biologist, CPW), Paul Jones (Aquatic Biologist, CPW), and Ben Felt (CPW).



Clear Light Sangha is offering

"Ground of Being"
a Silent Non-Residential retreat the
24-28th of February.

Satsang the 18th of February.
For more info and directions please visit
www.SharonLandrith.com

Crestone Youth Plaza & all of the
CYP THRIFT STORE Volunteers
Wish You A HAPPY VALENTINE'S DAY



Crestone Charter School Presents...

CABIN FEVER

A showcase of local talent

Saturday, March 5
Chili Dinner 5:30pm \$7
Show Begins 7pm

Dessert Auction • Hot/Cold Drinks • Intermission Desserts & more

Admission \$10
Benefit for CCS Middle School and LINK Students trips

For more information contact Judie Rose 256-5110

Cheyenne Mendel
719.480.0010

Acupuncture
Bazi Readings • Body Elemental

cheyennemendel@mac.com



Desiree Marceau, owner of Gracie's Farmstead, a full service catering and personal chef service.

Gracie's Farmstead opens in Crestone

Gracie's Farmstead is a full-service catering and personal chef service owned by Desiree Marceau who has over 20 years' experience in the culinary arts. Marceau is a self-taught chef, avid gardener and teacher.

Chef Marceau uses all natural ingredients in her dishes—grass-fed beef, free-range poultry and sustainably fished seafood. She sources organic and locally produced dairy, fruits and veggies. Everything is made from scratch including crackers for cheese trays, condiments and soft cheeses. This attention to detail means every dish truly is a fresh and artistic expression of what food is meant to be!

Marceau is new to Crestone and will be splitting her time between here and her Farmstead in Westcliffe, CO. She offers a variety of services including:

Personal Chef-

Chef Marceau shops for ingredients and prepares fresh, healthy organic meals in clients' homes. She offers weekly, bi-weekly or monthly meal plans.

Full Service Catering-

Catering options for small or large corporate or special occasion events including weddings. Marceau specializes in personalized and creative menus with an emphasis on farm-to-table style cuisine.

Wine Dinners or Tastings- a great way to entertain friends!

Cooking Classes-

Chef Marceau offers private lessons or group sessions. Sample classes include kitchen boot camp, fermenting 101, home coffee roasting, Asian cooking, cooking and baking with edible flowers or foraged wild edibles.

New: Fresh Baked Goods!

A weekly rotating menu of fresh baked breads, pastries, pies, desserts & more! View the menu and order online.

Contact Desiree Marceau at *www.graciesfarmstead.wix.com/catering-co, graciesurbanfarmstead@gmail.com, or 719-221-1003

Have you considered uniquely designed private yoga classes?

Surprisingly, a lot of people don't know about private yoga classes. Whether you are 30 or 70, healthy and athletic or injured and "older" we all need to keep moving in some capacity. It doesn't matter what your history is, most of us could benefit from some loving attention to our body/heart/mind/spirit.

Private yoga classes are the perfect way to work with special health concerns, injuries, or any other limitations. If you are concerned about the possibility of a re-injury, by working one-on-one with a private yoga instructor you will learn how to adapt certain postures and use modifications. Private yoga classes can offer a highly viable option if you have set a specific goal—whether it's mental, physical, emotional, or spiritual. With a specific goal in mind, targeted

practices can be designed uniquely for you. If you are new to yoga and would like to go at your own pace, personalized classes fit the bill. Or you might be interested in a having a more detailed view into your practice; learn the basics of yoga and proper alignment for a firm foundation for healthy, balanced living. All yoga practice is ultimately a benefit to help one live in alignment and unity . . . with self, with others, and all that is.

Jyoti is accepting three private clients, and offers group classes and workshops. She is a Certified Yoga Instructor registered with the Yoga Alliance's highest designation: (E-RYT 500). Jyoti has been teaching since 1997 and is thrilled to be serving the Crestone community. Contact: jyoti@yourownyoga.com, 310-924-9223.

CCD asset inventory - what's happening in the Crestone Creative District

by Kairina Danforth

Identifying our community cultural assets helps us explore our strengths and discover what makes us so unique. Crestone's creative assets are many and diverse and include many, if not most, of you reading this article. These Crestonian assets include not only our creative arts but also our cultural activities and events.

The Crestone Creative District is currently collecting, recording and synthesizing an inventory of all these assets to create a deep understanding of all the cultural resources that shape our most unusual community.

It seems doubtful that we have ever known the breadth or depth of who we are culturally and creatively. To create the beginning of this inventory of our assets, we are looking for not only

individual talent of every kind, but also activities, events, recreational assets, meetings, special events, workshops, exhibition spaces, youth programs, etc.

Help us to identify and foster creativity and provide opportunities for participation in community life through festivals, events, performances, exhibitions, interactive classes and workshops. Help us create more fun and memorable experiences for all who come here and for all who live here.

Send your name, email, website (if any) and a brief narrative to crestonecreativedistrict@gmail.com.

We want to offer each creative, each organization, each event, an opportunity to be included in our upcoming, beautiful and highly creative website.

Gracies Farmstead



Full Service Catering for large or small events
Personal Chef Services - weekly meal plans!
NEW! Fresh baked goods - view menu & order online
Special Valentine's Day dinner - please contact for info.

www.graciesfarmstead.wix.com/catering-co
 (719) 221-1003 | graciesurbanfarmstead@gmail.com



Oriental Medicine

uses Acupuncture & Chinese Herbal Medicine to treat disease & increase vitality.

Terrence Goergen, L.Ac., Dipl.Ac., ADS • 719.204.3540

Nationally Certified Acupuncturist • Classically trained in Chinese Herbal Medicine
Acupuncture Detox Specialist (NADA)

AcuTerry1@gmail.com • www.tgoergenacupuncture.com

YOUR OWN YOGA



1-On-1 PRIVATE YOGA INSTRUCTION:
Honor your uniqueness, Transform to your Natural State
Call or eMail Jyoti for a free initial consultation.

WORKSHOP **YOGA FOR THE HEART: Saturday, Feb. 13th, 10am-12:30pm**
Experience heart opening backbends, breathing practices, acupressure relief points, restorative postures, iRest Yoga Nidra somatic explorations of emotions; with compassion, harmony, joy and acceptance. Appropriate for beginners.
Pre-registration by March 30th, Potluck (optional) lunch. \$25

WEEKLY YOGA AND YOGA NIDRA CLASSES with Jyoti Stuart
 Tuesdays: Feb. 2nd, 9th, 19th Wednesday Feb 24th Thursdays: Feb 11th, 18th All Classes 9-10:30am.
COST: \$12 drop in. Pre-paid package discount - 6 classes for \$60.
 Mats, props & blankets provided! jyoti@yourownyoga.com • 310-924-9223



FEEL THE LOVE

Lori Nagel

Sunflower Studios

Photography
Graphic Design & Web Design (719) 937-1202

www.sunflowerstudios.us.com

Debris pile burns planned at Baca Wildlife Refuge through March 18

During 2014 and 2015 The U.S. Fish and Wildlife Service (USFWS) has been involved in fire mitigation efforts along North and South Crestone Creeks on the Baca National Wildlife Refuge (refuge). These efforts, which are designed to reduce wildfire risk and improve wildlife habitat, have resulted in the removal of large quantities of cottonwood deadfall from these important riparian areas. The removed deadfall has been stacked in several piles just outside of these riparian areas on the refuge. USFWS is now planning on conducting prescribed burning of these piles.

These prescribed burns will occur through March 18 and will be conducted by professional fire personnel from the San Luis Valley Interagency Fire Management Team.

Exact burn dates will depend on weather conditions and other prescription requirements.

Adjacent neighbors and towns should be aware of plumes of smoke temporarily generated as a result of this prescribed burning, and burn piles have the potential to smolder for several days. All burns will be monitored until they are declared completely out. Signs will be posted along County Rd. T. Any neighbors or individuals that may require special consideration or assistance in the event that unplanned smoke issues arise are encouraged to call Refuge Manager Ron Garcia at 719-256-5527.

For additional information, contact the Baca National Wildlife Refuge at 719-256-5527.

Love letter to another man

by Kathy Geddes, Secretary, Board of Trustees, No. Saguache Co. Library Dist.

I am enchanted spending time with him . . . in a thrall over how he expresses himself. He stops me short sometimes. I sit there thinking, "How well he said that".

My husband need not worry; I love Ivan Doig, an award-winning writer. He has written 16 books, most of them fiction. Many of Doig's books are about the west, particularly about Montana, and he was honored with the Wallace Stegner Award, which recognizes someone who has made a sustained contribution to the cultural identity of the west.

Doig died last spring and my introduction to him was through a display at the Saguache Public Library, which had his obituary and all of his books that the library had. Upon picking up one of the books, I became hooked on what Doig himself describes as "stretching the craft of writing toward the areas where it mysteriously starts to be art". His characters speak in a

manner that Doig states is "a poetry of the vernacular", and his characters are never dull. You can feel yourself in their lives, and I think you will thoroughly enjoy joining them in their adventures. A good listing of the books can be found on the website, ivandoig.com.

After I finish up with all the seven books in my library, I can get more through the use of our library district's cataloging system called Aspen Cat. This is a shared catalog with 104 other Colorado libraries. If you have never used your computer to order books, start at the home page of NSCLD.colibraries.org. Click on the catalog heading and put in one of the following: keyword, author, title, series or subject, and go from there. You will need to log in using your library card number if you want to order online. If you have forgotten your password, you can call your local librarian for help. Whether you are enthralled with one particular author, or a specific subject, or things that are new, you can likely find them at your library.

THE VIEW FROM HERE

TACTICAL VALENTINE

by William "Buck" Winters

It seems to me that one of the most currently overused words is "tactical". I've seen it so much lately that I thought it was time to look it up. The most simple (and hence, to my mind, most elegant) definition was "carefully planned to achieve a specific objective". Given the proliferation of tactical gear, I thought it might be time to do a little detective work.

This was all prompted by a local fellow who told me he'd received a "tactical Christmas stocking" during the holidays. Turned out it was shaped like the more traditional item, but constructed of black ballistic material and embellished with multiple webbing straps and buckles. It contained a variety of handy little items, all black as well, designed to do everything from fendin' off a hungry bear to performing mechanical repairs.

Lookin' around a bit on the internet revealed that "tactical" gear is almost always black. If this is part of careful planning to achieve a specific objective, I'm guessin' that objective is locating these items if dropped in a snowbank, which could be pretty handy around here, though not so much in warmer climes.

I do know that a lot of guys I know fall in love with anything described as "tactical". Given that it's February, I thought I'd point this out to any ladies wonderin' how to capture the heart of a beau. I suggest the "Tactical Valentine"—not yet available commercially, though it's only a matter of time. I envision a black ripstop nylon heart-shaped pillow, crossed with webbing straps holding everything from an emergency mustache trimmer to a stash of survival chocolate. Ladies, I guarantee ya it will be the most romantic gift ever.

Gotta wonder where all this is going. Tactical Easter Baskets? Tactical Mothers Day gear? Contemplatin' all this is making my head spin.

Holiday fiesta—A new Winterfest tradition

by Denise Peine

Winterfest 2015 closed with a Saturday evening of festive food and fun—a catered Mexican buffet, entertainment and a silent auction—all to benefit the Crestone Food Bank. This successful, well attended evening may become a Winterfest tradition to raise much-needed funds for our food bank in the winter months.

Elaine and Steve Johnson, loyal supporters of our food bank, quickly organized the Holiday Fiesta to include authentic Mexican food from Calvillo's in Alamosa.

Next came the Crestone debut of "River and Christine." The duo of River Burt and Christine Kakascik Gydesen performed an eclectic mix of blues, rock, jazz, classic country and smokey lounge music. A reading of "Twas the Night Before Christmas" by Martin Macaulay featured humorous interventions by various kids and adults.

The silent action featured items from 18 local artists and artisans and another 10 donations of various goods and services. All proceeds from the silent auction went to the food bank, as well as \$5 each from the tickets sold. The amount raised represents about 5 months of food bank purchases!

A huge thanks goes out to Elaine and Steve, Martin, River and Christine, those who helped Saturday night and all the gener-



Denise Peine and friend with Christmas food donations.

ous artists and others who donated to the silent auction. This evening was truly a holiday blessing for the Crestone Food Bank.

Now Open!



10am to 6pm Everyday!

Stop by and see the new location!

719--539-4220

235 W. Hwy 50, Salida



Grooming, Self Wash, Indoor Training Center, Dog Gym, Premium Food, Treats & Supplies.

Both of our current locations will continue to offer all of the quality products and services you have come to expect.

119 E. First St., #B
Salida, CO 81201
719-539-1800

300 E. Main St.
Buena Vista, CO 81211
719-966-5445

www.SalidaDogs.com



Veg Fact

A global shift towards plant food (drastically reducing meat consumption) is vital to saving the world from hunger, fuel poverty, and the worst impacts of climate change - *United Nations*

Crestone End of Life Project
Promoting informed end-of-life choices and supporting their fulfillment

PO Box 1238, Crestone, CO 81131
www.crestone-end-of-life.org • 719.588.7415 or 719.937.7802 • ceolp.info@gmail.com

LIVE THE LIFE (and Death) YOU'VE IMAGINED!

Attend our meeting **Wednesday, February 10** at 7pm, at the Topping house, 33 Sunset Overlook (first left behind former Century 21 office). Call 256.4247 for information/directions.



Joyful Journey Hot Springs local appreciation night February 9

Joyful Journey Hot Springs invites you to our annual Local Appreciation Night which will be held on Tuesday, February 9 from 5-10pm. Admission to soaking pools will be free and we will offer light refreshments as a way of saying thanks to our community for all your support throughout the year.

Volunteers needed for Crestone food bank

Please come to a training/organizational meeting in Town Hall conference room at 10am on Monday, Feb. 1 or 10am Wednesday, Feb. 3. If you can't make those dates and want to help, call Denise, 256-4644.

Invitation to all artists

Visual, performing, musical, literary writers and poets, sculptors, jewelers, healers and any other creatives are invited to be part of the marketing, advertising & branding of Crestone as an Art & Cultural Center. The benefits are being able to maintain your own existing websites plus get the marketing and networking and even a shopping cart and shipping for those who have items to sell.

This is an opportunity sponsored by the Crestone Creative District scheduled for Saturday, February 20 at 4pm in the Charter School. It's a joint effort, so please come and listen to what we have to offer. It will benefit all of us, including the various businesses here.

Hope to see a great turnout!

February movies playing at Cozy Castle Cinema:

Feb 4, 7pm *Labyrinth of Lies*
(R) IMDB rating 7.3/10
A search for the truth surrounding Auschwitz in post-WWII Germany.

Feb 5-7 *The Revenant*
(R) IMDB 8.3/10
An 1820s western frontiersman fights for survival after being mauled by a bear and left for dead. Starring Leonardo DiCaprio.

Showtimes:

Fri: 7pm, Sat: 4 & 7pm, Sun: 7pm

February tbd:

13 hours: the Secret Soldiers of Benghazi, Kung Fu Panda 3

Crestone/Baca Village potluck February 21

Crestone/Baca Village potluck will be February 21, Sunday, 1-4pm at the Tullos' residence, 383 N. Chapparal.

Crestone/Baca Village is a network of community members who have joined together in order to help each other in a variety of ways.

Membership is free and it is easy to join! www.cbvillage.net.

Saguache County Seed Exchange February 7

Joyful Journey Hot Springs is proud to sponsor the 2016 Saguache County Seed Exchange, scheduled for February 7 from 10am-3pm in our conference center. We will have seeds to exchange, information tables, gardening books, tours of our on-site greenhouse, food, fun and community. Programs will be available with a discount coupon for soaking.

Admission and "exchange only" tables are free but a \$5 donation is suggested and the proceeds will be donated to the Mountain Valley School Community Garden in Saguache. By sharing these "Seeds of Gratitude" we can invest in our most precious seeds . . . the youth of our community.

If you are interested in being a part of this event, please call the JJHS business office at 719)256-4329.

Water from the Heart of Nature



The Living Vortex Water Jug

~~\$199.00~~ (+tax)
NOW ONLY \$159.20!

WebCoupon > bit.ly/LVW-CD20

- Ionized • Energized
- Oxygenated • PH balanced

Your Body Says YES!

CALL 970.290.7710
annalouise55@gmail.com
LivingVortexWater.com



Hanne Strong and Tessa Bielecki at Maurice Strong's memorial.



Julia and Ian Marstrand with Hanne Strong at memorial.



Burt Wadman, Mark Elliott and Father Eric at memorial.

It's time for Saguache County Dems to gear up for 2016

by Lynne Thompson, Saguache Co. Democratic Party Chair

Here are some dates to mark on your calendars:

February 6, 11am to 3pm, Saguache County Road & Bridge Meeting Room: This is a meeting for the Central Committee members and any interested Saguache County Dems. Kevin Noland (our vice-chair) and I would like to get together and discuss the upcoming caucuses and assembly so we are all on the same page and prepared for those events in advance.

Please let me know if any Central Committee member can-

not attend the February 6 meeting.

March 1, 7pm to 9pm caucuses:

Prec #1, Saguache County Road & Bridge Meeting Room, Saguache

Prec #3, Crestone Community Bldg., Crestone

Prec #4, Moffat School commons, Moffat

Prec #5, Baca Grande POA, Cty. Rd. T

Prec #6 & #7, Kiwanis Club, Center, CO

March 13, assembly, Saguache Community Building

Thank you.



MOVIES

Cozy Castle Cinema
719-221-4159

Community Calendar—February 2016

Get the details at www.crestoneeagle.com // NOW UPDATED DAILY ONLINE!!!

If you would like more information on any of the below events, please consult our online calendar at www.crestoneeagle.com/calendar.

calendar listing, with a discount for *Eagle* display advertisers. For more information call us at 719-256-4956.

It's free and easy to place an item on our online calendar any time of month. Just fill out the form at www.crestoneeagle.com/myevent.

To list your event in the upcoming edition of the *Eagle*, please submit it by the 22nd of the month via our website, www.crestoneeagle.com/myevent (preferred) ~or~ e-mail to: events@crestoneeagle.com ~or~ submit in writing to PO Box 101, Crestone CO 81131.

The print calendar is free for non-profit events; for-profit classes/events are \$5 per

Monthly Events

Friday, January 29

- Alamosa's Rio Frio Ice Festival – Rio Grande All Day www.riofrioice.com

Sunday, January 31

- Relax Deeply: Winter candlelight practice – 4:00 pm-6:00 pm \$20 310-924-9223

Monday, February 1

- Crestone Planning Commission Meeting – Crestone Town Hall 6-8:00 pm 719-256-4313

Tuesday, February 2

- Groundhog Day/Candlemas – All Day

Wednesday, February 3

- Dakini Tsok (Vajrayana Communal Feast) – Choying Dzong 5:30 pm-7:30 pm

Thursday, February 4

- Rumi Study Circle. All welcome! – 3-5pm Free. Donation appreciated. nurashkijerrahi.org 719

Saturday, February 6

- Recycling in Crestone – Across from Aventa 10am-2pm \$10/avg household 719-588-2703
- Prep for March 1 caucuses – Saguache Co. Road & Bridge 11:00 am-3:00 pm 719-850-3254

Sunday, February 7

- Saguache County Seed Exchange – Joyful Journey Hot Springs 10am-3:00 pm 719-256-4329

Monday, February 8

- Chinese New Year (Year 4714) – All Day
- New-moon Fire Ceremony & Meal, Haidakhandi Universal Ashram 10am-noon www.babajashram.org 256-4108
- Crestone Board of Trustees meeting – Crestone Town Hall 1:30 pm-6:00 pm 719-256-4313
- BGPOA Board of Directors Meeting – BGPOA Meeting Room 6-9pm bacapoa.org 719-256-4171

Tuesday, February 9

- Mardi Graas – All Day
- Riwo Sangchö: Buddhist smoke offering (outdoors) – Choying Dzong 10:00 am-11:00 am
- Local Appreciation Night, Joyful Journey Hot Springs 5-10pm Free joyfuljourneyhotsprings.com 256-4328

Wednesday, February 10

- Ash Wednesday – All Day
- Crestone End of Life Project Monthly Meeting – Topping House 7:00 pm-9:00 pm free 256-4211

Friday, February 12

- Rhythm Sanctuary - Enter the Heart – Cloud Station 6:30-11:30 pm Donation www.rhythmsanctuary.com 719-480-5925

Saturday, February 13

- 2nd Sat Yoga Series w Cyn – Joyful Journey Hot Springs 9:30 am-12:00 pm \$35 719.298.0360

Sunday, February 14

- Valentine's Day – All Day
- Shumei Monthly Sampai for February 2016 – Shumei Sanctuary 10:30 am-12:00 pm Free www.shumeicrestone.org 719-256-5284

Monday, February 15

- Presidents' Day – All Day

Wednesday, February 17

- Guru Rinpoché Tsok (Vajrayana communal feast) – Choying Dzong 5:30 pm-7:30 pm
- Living Well Crestone's RideLink Driver meeting – Crestone Community Building (Old Schoolhouse) 7:00 pm-8:00 pm

Thursday, February 18

- Sufi Dhikr. All Welcome. – 3:00 pm-5:00 pm Free. Donation appreciated. nurashkijerrahi.org 256-4290

Saturday, February 20

- Introduction to Circling, Relational Intimacy Explored, Crestone 10am-12:30pm \$20 720-441-2850
- Recycling in Crestone – Across from Aventa 10am-2pm \$10/avg household 719-588-2703
- Living Well Crestone's RideLink Community Q&A Meeting – Crestone Community Building (Old Schoolhouse) 1:00 pm-2:00 pm

Monday, February 22

- Full-moon Fire Ceremony & Meal, Haidakhandi Universal Ashram 10am-noon www.babajashram.org 256-4108
- Riwo Sangchö: Buddhist smoke offering (outdoors) – Choying Dzong 10-11am
- Moffat School Board meeting, Moffat School Community Room 5:30pm 256-4720, 4725, 4710
- BGPOA Board of Directors Meeting – BGPOA Meeting Room 6-9pm bacapoa.org 256-4171

Saturday, February 27

- A Year in the Life of a Beekeeper class, Chaffee County Fairgrounds 9am-2pm \$35 www.facebook.com/groups/922116937800482/

Monday, February 29

- Leap Day – All Day

Tuesday, March 1

- Super Tuesday - political caucuses

Saturday, March 5

- Recycling in Crestone – Across from Aventa 10am-2pm \$10/avg household 719-588-2703
- Cabin Fever Talent Show, Crestone Charter School, 5:30pm dinner, 7:30 show \$10 256-4110

Tuesday, March 8

- International Women's Day – All Day
- Sunday, March 13
- Daylight Savings Begins – 2:00 am

Daily/Weekly Events

The Crestone Eagle does not carry events over to the following month automatically.

Daily

- Morning Aarati, Haidakhandi Universal Ashram, 8-9am, 256-4108, info@babajashram.org, www.babajashram.org
- Tours, Temple, & Gift Shop ~ Haidakhandi Universal Ashram, 256-4108, info@babajashram.org, www.babajashram.org
- Jyorei, Shumei Sanctuary, please be seated by 7:50am and 5:50pm, 256-5284
- Tours, gallery and Jyorei, Shumei, 9am-5pm, 256-5284.
- Evening Aarati, Haidakhandi Universal Ashram, 6-7pm. Chanting in Sanskrit and Hindi. All are welcome. 256-4108, info@babajashram.org, www.babajashram.org

Sunday

- Alcoholics Anonymous open meeting Crestone Town Hall 7:00 pm-8:00 pm www.slvaa.org
- Anam Thubten recorded meditation teachings, debrunninghorse@gmail.com Crestone 4:30pm free

- Drop-in Meditation at Yeshe Khorlo Buddhist Temple Choying Dzong 10:00 am-1:00 pm

Monday

- 'Meet Your Crestone Board' Mondays Crestone Town Hall 1:00 pm-3:00 pm 719-256-4313
- Moving for Better Balance class Salida Pilates Studio 10:00 am-11:00 am Refundable \$40 deposit 719-539-3341

Tuesday

- Narcotics Anonymous open meeting marijuana users welcome Baca Grande Library back door 7:30 pm-8:30 pm 970 309 0710
- CCC Awakening Artists Crestone Community Building (Old Schoolhouse) 4:00 pm-7:00 pm Free 719-480-5925
- Continuing Ashtanga Yoga, Mysore Style Shakti Sharanam 5:00 pm-6:45 pm By donation 719-256-5668
- Awakening Artists Crestone Community Building (Old Schoolhouse) 4:00 pm-7:00 pm

Wednesday

- Yoga Fundamentals & Refinements Shakti Sharanam 8:30 am-10:00 am By donation shaktisharanam.com 719-256-5668

Thursday

- CCCouncil Meeting, Hang Out & Dinner Crestone Community Building (Old Schoolhouse) 4:00 pm-8:00 pm Free 719-480-5925
- Alcoholics Anonymous Open Meeting Crestone Baptist Church 12:00 pm-1:00 pm <http://www.slvaa.org/>
- Continuing Ashtanga Yoga, Mysore Style Shakti Sharanam 5:00 pm-6:45 pm By donation 719-256-5668
- NOON Gentle Yoga BeBop Studio 12:00 pm-1:00 pm 719.298.0360

Saturday

- Dorje Trolo Practice White Jewel Mountain 10:00 am-12:00 pm no charge 719 480-5403

HOLOGRAPHICALLY SPEAKING,
MY LOVE FOR YOU IS
ALL-ENCOMPASSING.

BUT YOU ALREADY KNEW THAT.

LET'S DO ANOTHER 23.



*Get rid of the pain in your body.
Stand up straight and feel great again!*

Structural Integration

Buddy Frank, APSI
Crestone
(719) 221-1151 / 256-4469
www.effortlessbeing.com

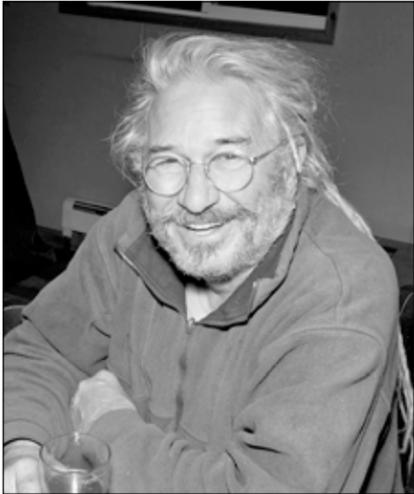
THE MATRIX INTERDIMENSIONAL LIGHT CHAMBER



- Mind Stabilization
- Living Color Immersion
- Essential Aroma
- Sacred Sound
- Tactile Vibration
- Deep Silence

(719) 937-7755

www.thelightchamber.com



Mark Jacobi:

Well, it's kind of a function of making your way all the way to Winter Solstice, and then there's this "ahhhh effect", where you're just like, "Oh, it's all downhill from here." And part of the reflection is that "Oh, but it's gonna be like this again in another year," and yet, who cares, right? So ya get through the winter just like, well, are you ready to throw in your towel or not, ya know? I mean, people check out in the winter, cross the veil. And if you're not willing to do that, then tough it through. Or you can go south and be a snowbird—a lot of people do it, and it's respectable—nothing wrong with it.

I grew up in Wisconsin, where it wasn't uncommon to have wind chills of 80 below—for weeks! The coldest I experienced there was negative 97. Where I was working, the guys would get off their shift at 7am, but at 5am they'd go out there and they'd climb under their cars with blow-torches to warm up the oil in their oil pans. Compared to Crestone? It's much better here!

In the wintertime, the mountains and stars feel closer than they've ever felt. I mean, the atmosphere coalesces and drops to the surface. It's thinner and clearer than it is all year long. There's no haze. It's immediate. And that's just a thrill. That's part of what gets you through winter.

Ya know, you have to take these things in stride. I accept the fact that winter weather creates summer weather creates winter weather creates summer weather. And I try to enjoy and appreciate what those dynamics are because it really makes it a richer experience when ya take it in that level of context and recognize that there's a bigger dynamic at play. Frozen water will break rocks apart, and those rocks get broken apart besides, and

then that rock eventually becomes the mineral in the soil, which eventually nourishes the plants that nourish you. And so, all of that dynamic makes it worth it all. It's indomitable, it's larger than me, and it's been going on since way before any of us walked on 2 legs—so ya just have to accept it and dig it!



Lisa Bodey:

Chop wood, haul water! The ritual of building a fire every day teaches me appreciation for heat, warmth, light & connection.

Growing up in Indiana, I just remember *fun*—building snow forts, snowball fights, sledding, just lots of running around, ice-skating, so really being outside and playing in it. How does it compare to Crestone? We had fun! (laughing) But honestly, it's a more active lifestyle here, there's more like-minded people who will get out into the elements—snowboarding, skiing, sledding, and appreciating the environment and the seasons—there's a deep respect for all the changes throughout the year.

In regards to winter preparations—it's all about the wood! I've learned how to run a chainsaw and log splitter and keep gear in my truck—a hat, gloves, boots, extra clothes—because even if I don't need it, someone is going to.

To stay warm, dress in layers! Wool, natural fibers, animal skins. Also, tsa lung is a Tibetan breathwork that teaches you about your internal elements and heat generation.

My favorite winter wildlife . . . the ravens, the owls, the rabbits. The elk herd comes through where I live, so I really appreciate the elk herd in the winter. It's the only time I really get to interact with them. And the coyotes howling are always a pleasure—they're all over out there.

Winter is a time for me to push myself beyond my current boundaries. To really dive into the shadow. Where are the areas that I need to grow, that I need to expand, where do I need to learn to contract and say no. Personal growth is where I occupy a lot of my time in the winter.

My hardest Crestone winter was living in my 1976 trailer with a broken window—the bear had come through—no real heat, leaking roof, while I was building my tiny house and working outside every day.

Winter cuddling techniques include random dogs, cats, and imported men. You don't have to put the imported men in there! (laughter)



Matthew Gray-Stathatos:

A lot of indoors. Video games. Tai Chi and meditation. Ride horses. Work on music—make little music sets. I do a lot of working—just try and keep myself busy. Occasionally I'll build a snowman. I dunno, it's pretty boring out here in winter, though. Not a lot to do. That's why everyone ends up going to the bar. It's like, "Well, what're we gonna do? I guess we're all goin' to the bar." Everyone's like, "Well, everyone just drinks here in this town," but there's nothin' to do. I just kinda keep to myself a lot—just work and go home. That's probably the simplest way of getting through winter.

I'm a snowboarder, and Monarch Mountain had a lot of awesome snow this year. I've gone to a lot of campfires this winter, too, which is fun, cuz it's all cold, but you can hang out with some friends and roast some marshmallows. Sometimes me and some of my friends would just be like "Hey, let's go up to the mountains and start a fire and kick it," ya know?

As far as preparations go, make sure you got a lot of warm clothes! And boots. Boots was something I learned. It was my first winter, and I was like, "Oh, I'll be fine!" My shoes just got destroyed and I needed boots, man.

To keep warm, I'm very active when I'm outside to keep my blood flowin'. Other than that, a lot of quilts. We have a propane heater that goes through the house. Even though it's really cold, I'd rather live in Crestone, at the base of a mountain, and get that nice, fresh breath of air, than be in a city in the winter, because you just breathe in that nastiness the whole time.

The mountains and stars are awesome here in wintertime! There's just something a little more magical and sparkly about 'em. They're great in the summer, too, but there's just something about winter, having the snow on the

mountains and having the moon shining on in it and reflecting the snow on there and then you see all these twinkly stars. I don't know, I feel like the stars are prettier when it's colder out. Might just be me, but . . .



Wonder Bob:

Any way I can! With a lot of prayer and patience. I learned I can cycle my breath, to circulate Chi in the body to create heat. The first winter I was here, I spent it outside, with no heat, just to see if my body could do it. And it did.

I live simply, in a 12-ft diameter yurt with no running water, a little propane heater, and a south-facing sunroom. I manage my activities, including bathing, around when the sunroom is warm. I have to be patient and match my cycle with the rhythm of weather and temperature.

Crestone is a magical place, the capstone of consciousness and the crossroads of infinite possibility. When we put ourselves out on the edge of the wild, we can have a conversation with All That Is. Without the congestion, light pollution and human chatter, we can commune with the stars and nature in a more efficient way. It's almost as if we can speak to them and they hear us. They send little acknowledgements through twinkles and shooting stars. I ponder, "Wait a minute, how can you hear me? How is this possible?" This clarity in wintertime is profound. We're in a high vibratory space with more snow, which really is crystalline consciousness. It's kind of a translator to the cosmos. You can feel the unified field of that crystalline consciousness that's high on the mountain. I can only imagine what it's like up on the mountain. There's no way I'm going up there! Cuz it's *cold!*

Just last night, I had 20 coyotes circle my yurt, inches away from the wall, and they started singing. I was in the middle of a coyote song! Great-horned owls hang out in my tree and hoot all night long. Sometimes a herd of elk will circle around, making weird and strange noises throughout the night—like a cross between aliens and pigeons. And the birds! I see some really cool birds.

Winter is a great time to contemplate and self-reflect. I review what I've accomplished the year before. I go within, reconnect with the earth, reconnect with the cosmos, and the mountain. I imagine what I can create for the next year. It's a whole reset experience. It's truly valuable time.

Daniel B. Flemming, D.C.
Quantum Chiropractic Care
 719.337.6633

Integrating structural, emotional, nutritional health in one treatment

For local appointments, call Annie: 719.256.5668
<http://quantumchiropractic.org>



Fundraiser for new paramedic Ivan Lakish a great success



Alder (L) and his brother Ivan share a laugh at Ivan's benefit party, held at the Crestone Charter School on Saturday, January 23. photo by Lori Nagel



There was a spread of food at Ivan Lakish's benefit, all lovingly prepared and served by his family. Here, Deputy Wayne Clark gets himself a helping of the penne alfredo with capers and salmon—just one of the delectable entrees that was served that evening. photo by Lori Nagel

by Lori Nagel

A lovely evening was shared by approximately 100 people who came together at the Crestone Charter School on the evening of January 23, with the sole intention of helping Ivan Lakish, local boy done good. Ivan has just completed the required course work in one of the top paramedic programs in the state, at St. Anthony's Hospital in Denver. Ivan joked to the crowd that night, "If you stack all my books from this program on top of each other, they'd be taller than me!" And he's pretty tall.

Musicians River, Christine, and Dee performed first, and it was such a treat getting to listen to Christine's sultry voice during our meal. Barry Monroe & Cheap Therapy followed, which got the blood flowin' a bit, just in time for the auction.

Mark Jacobi did an outstanding job as auctioneer and told me later he had a great time doing it. They auctioned off many really amazing paintings that had been created by Ivan's brother, Alder Lakish, and his wife, Christina. There was also jewelry and other various items, some of which had been donated by other local artists—even decadent baked works

of art in the Dessert Auction! Ivan was unable to stay for the auction and cleanup because he had to go back to Boulder to start ambulance work the following morning.

After all numbers were tallied, the Lakish family had raised 80% of their goal, which is to support Ivan while he does his no-pay practicum with the Boulder Ambulance team. He hopes to complete by mid-April, at which time he'll come back to Crestone with all those life-saving skills & techniques that we'll all benefit from. Win-win!

If you were unable to attend the event, but would like to help the Lakish family in reaching their goal, deposits can be put directly into his Aventa account by asking at the counter to make a deposit for Ivan Lakish, or by going online and making a donation at: www.go-fundme.com/o3qw34

I was most impressed by the outpouring of love and encouragement Ivan's family gives him. The huge amount of work that went into this event, all lovingly prepared and executed and cleaned up by Ivan, Alder, Christina, and mother Matie Belle, really shows the confidence and admiration they have for him in this endeavor!

Beekeeping class in Salida February 27

by Scott Sailors, President, Central CO Beekeepers Ass'n

The Central Colorado Beekeepers Association would like to invite the residents of Crestone and the San Luis Valley to our beekeeping class, titled "A Year in the Life of a Beekeeper."

All levels of beekeepers are welcome, from the curious to the competent. The class will offer valuable and accessible information for those just starting, those starting over, or those wanting to experience more success, enjoyment, and fulfillment in their beekeeping.

As we walk through a year in the life of a beekeeper, newbies will be able to see what's involved in keeping bees, and experienced beekeepers will gain new insights and inspiration.

As honey bee colonies continue to perish in alarming numbers every year, there has been a movement from conventional beekeeping to natural beekeeping to, now, bee-centered beekeeping. We will touch on all of these and provide additional, helpful resources for you to take with you and consider.

The class will be held at the Chaffee County Fairgrounds on Saturday, February 27, from 9am to 2pm. The \$35 registration fee includes the presentations and demonstrations by members of the CCBA; hands-on displays of beekeeping equipment; all course materials, hand-outs, and lists of resources; a catered lunch; and a 2016 membership in the CCBA. You can't beat that!

In addition to all of that, we will enjoy a fun time of building community with other beekeepers in the San Luis Valley and the upper Arkansas River Valley.

To register, phone the Colorado State University Extension office at 719-539-6447. Please register by February 20 so that we can prepare your materials and order your catered lunch. The CCBA can be contacted via its Facebook group: Central Colorado Beekeepers Association. Scott can be reached directly on his Facebook page: Little Mountain Town Beekeeper.

Addante Chiropractic, PC

Addante Chiropractic / Crestone

Please call 719-539-9493 to schedule your Tuesday appointment

Live Simply
Eat Well

Simple Foods

MARKET

Salida's locally owned fresh foods grocery
with a wide selection of your favorite
organic, natural and gourmet foods.

719-539-7144

1548 G Street
Salida, Colorado

10% off
Second
Sundays

www.simplefoodsmarket.com

Lotus Pond Services

719-937-7809



Multi Step Oxygen treatment
Enhance your Winter experience!

More energy
Endurance
For Life
For Sports

Cheaper than the beach!

Check out our services and Gift Packages

Located at Sangre De Cristo Inn, Crestone, CO

The Crestone Artisans Gallery

A cornerstone of our community

The Crestone Artisans Gallery, often simply referred to in our community as “the gallery” was established in 2004 as part of Kim and Nancy Malville’s vision to bring art, beauty and development to the Crestone community. At that time, the Malvilles owned certain lots in town and were looking for ways to develop some lots in ways conducive to the natural environment, the serene nature of the town, its beauty, and to strengthen the sense of a cohesive community. That’s how the building at the corner of Cottonwood and Galena, where the gallery and the *Eagle* reside, came to be. Since that time, the ever-changing body of resident artists at the gallery have striven to continue those goals.



Gallery displays.

The longest continuous community co-operative around

The gallery membership of artists is the longest continuously running co-operative body in our community. It has been run entirely by member artists since its inception. Each artist chairs or sits on multiple committees to accomplish all the tasks needed to sustain and run the gallery, both long term and on a day-to-day basis. It is a good example of how a co-operative can be sustainable over a long period of time. Though the membership changes on a regular basis, the primary goals of serenity, beauty, and community remain.

The art & artists

The gallery is usually made up of approximately 24 to 30 diverse resident artists. The artistic disciplines represented include paint-

ers, photographers, wood sculptors, ceramicists, potters, jewelers, metal smiths, weavers, encaustics, graphic artists, furniture makers, musicians, writers and some that defy classification. All are committed to creativity, the expression of beauty and professionalism. Fresh art usually arrives weekly. The gallery provides a local venue for the continuing, fresh, creative process for our artists and the community members to enjoy and bring friends and family when visiting.

In 2015 the gallery added ten local artists including Clay “Opa” Bridgeford (wood work), Emmy Savage (pastels), Jamie Monroe



Gallery garden, refurbished 2013.

(metal works), Janet Martinez (silver jeweler), John Sisson (glass blower), Kim Roberts (encaustics), Leslie David (fabric), Margaret “Oma” Bridgeford (ceramics/masks), Pamela Sukhum (painter), and Steven “Ish” Futral (encaustics). The infusion of new art and artists is a top priority at the gallery. New artists are always welcome, space permitting of course. We encourage local artists to check with us regularly for openings and community members to visit frequently for the enjoyment of seeing new creative art.

The gardens

In 2013 the gallery refurbished its gardens to improve its natural beauty and to add to people’s enjoyment when in town. In 2015 it expanded those gardens three-fold to include garden views from the park on the east side, a wild flower nursery on the west side and a natural contemplative fountain at the entrance to the gallery. In 2016 the garden expansions will continue.

Kim and Nancy Malville have retained Patrick Moore, a local artist, member of the gallery’s Steering Committee and founder of Tin Man Services, to create a sculpture garden on the lot they own adjacent to the gallery to the

south at the corner of Cottonwood and Silver Avenue. Patrick and the artists at the gallery will incorporate sculptures created by community members into a fully landscaped walking garden which will tie into the existing gallery gardens. It will include local flora, natural paths, contemplative benches and areas to sit, and newly created sculptures. Because of its location it will be a beautiful and welcoming point of entry to the community. Physical work begins on this project in early spring 2016 after the ground has thawed. Planning has already begun.

The events

The gallery hosts eight to ten special community events every year. These gatherings are planned, organized, paid for and staffed by the gallery members. In 2015 our Events Committee was chaired by Rose Burek who, with her committee, produced such events as the Valentine’s Afternoon Soiree, the July 4th Celebration on the gallery deck, the Ice Cream Social, the WinterFest Kick-Off Party and about half a dozen special art openings to introduce new artists and art. All gallery event are well planned with entertainment, food, refreshments, and of course fresh new art. At each event the gallery includes other forms of art such as singers, poets, musicians and dancers, all of them local. These events are free to the community.

The 2016 season of gallery special events will again be chaired by Rose, and kicks-off with the Afternoon Soiree on Saturday, February 13, from 3 to 5pm. It’s a celebration of romance and will include poets and musicians. Be sure to attend and bring your sense of romance. On March 5 the gallery will host art students from the Charter School for a special student show. Be sure to read future issues of *The Crestone Eagle* for details of the gallery’s 2016 season of events.

Shumei International Institute
 Sharing Natural Agriculture, Art & Beauty, and Healing Jyorei with the world....

Art Symposia, Exhibitions, Concerts and Special Events
 See the community calendar or visit www.shumeicrestone.org for an up to date schedule

Shumei International Institute - PO Box 998, Crestone, CO 81131 - 719-256-5284

CRESTONE ARTISANS GALLERY
 FINE ART & GIFTS

Corner of Cottonwood & Galena
 in Downtown Crestone
 719-256-5280

Winter Hours
 Thursday-Sunday, 11am-4pm

We represent 24 local artists & craftspersons
 Thank You for shopping locally!

f CRESTONEARTISANS GALLERY
 CRESTONEARTISANS GALLERY.ORG

FIRSTTHOUGHT STUDIOS

Happy Valentine’s Day!
 Create a piece of art for your sweetie...

Encaustics Workshops
 Fridays from 1-3pm (hours and days are flexible)

At FIRSTTHOUGHT STUDIOS
 117 Skyview Way (close to town)
 Ish Futral 256.4848 for appointment or further questions

Who We Are

Brian Chi: Moving with the flow of life

by Gussie Fauntleroy

When Brian Chi talks about balancing his many interests and activities—finding, carving and polishing gemstones, creating jewelry, marketing his jewelry and stones, drumming, practicing and teaching tai chi, and spending time with his family and friends—he sums up his approach in two words: the Tao. He's referring to the ancient Chinese philosophy of Taoism that lies at the heart of tai chi. He sees his life as an ongoing moment-by-moment practice of "the consciousness of love and being present"—a way of living with deep internal relaxation in every activity and interaction, creating a corresponding ease in the flow of life force, or chi.

"The Tao is about not making plans, but just receiving life as it comes to me. Not being attached to outcomes, just being grateful for what we have in front of us," the 38-year-old Crestone area resident reflects, sitting in the warm, open living room space of the home he shares with his partner Satya and their 8-year-old daughter, Tehya. "What drives all of it is the well-being of our daughter. It all works synchronistically."

That's how it works now, after years of dedicated daily tai chi practice—and after an experience in the Arizona desert twenty years ago that blew open Brian's perception and instantly set him on an entirely new path in life. Before that moment he would not have been thinking in terms of synchronicity or the flow of chi. He was more likely to be thinking about where his next fix would come from, what he would eat, or where he would sleep.

ing him an emancipated adult, which allowed him to be released on his own at 16. Unmoored and uncertain about anything, he became an abuser of various hard drugs, hitchhiking and living with friends or on the streets.

Then life took him to Sedona. In the early morning of his second day there, he was gazing at the red rock canyons as an intense sunrise lit up the many-colored rock walls. It was a moment of powerful spiritual awakening. "Somehow the energy blasted me like a wind. Everything I had ever done to anyone or was done to me was apparent in a second," he remembers. "From that moment on I was a new person. I felt alive."

Stepping into the possible

He camped in the desert near Sedona for a few months and began practicing a free-form version of kung fu that he taught himself, based on watching it in movies. Also during this period he hitchhiked around the country, panhandling and busking on city streets with his drum. Although his sign said, "Traveling and hungry, please help. God bless," he says that phase of his life was in fact a form of spiritual practice, a way of affirming a deep belief that he was being taken care of. "I was seeing that everything was possible, and I needed to step into that. I needed to experience humility," he says.

Between stints of traveling, Brian rented a place in Sedona with a martial arts teacher named Kind Dave and received his first formal lessons. Then followed more hitchhiking around North America and into Mexico. In Colorado, he hung



Satya, Tehya and Brian with some of Brian's jewelry and gems at the 2013 Crestone Music Festival.
photo by Dearing Fauntleroy

a friend with a business in Hawaii offered him a job and bought him a plane ticket. Brian toggled between Hawaii and Colorado for a time, meeting Satya in 2005 during one of his stays in Boulder. "I was playing my drum on Pearl Street and she rode up on her bike with a ukulele. She would come every day and we'd jam and hang together," he says. The two moved to Hawaii, living in Kauai and on the Big Island. Brian learned to make double and triple strand necklaces with tiny, highly prized Kahelelani shells they found on the beach. On Valentine's Day, 2008, Tehya was born. "This opened

blue agate. In 2014, Shumei honored Brian with an art show of his striking necklaces, created with hand-carved gemstones, shells, and seeds. He also sells and trades with mineral and gem dealers and collectors around the world, primarily via online groups.

Brian's passion for drumming finds expression in various venues. He and Satya have studied with several African drum and dance masters, and Brian drums for the weekly African dance class Satya teaches. He also plays with local musicians including Peter May's Sonic Apothecary and Chances R.



Little Brian fishing.



Brian digging at his blue agate claim (and finding a big one!).



Brian doing tai chi while daughter Tehya gets the high view.

From angst to a sense of awe
Being nomadic has defined much of Brian's life. His father's army career took the family from Fort Hood, Texas, where Brian was born, to Virginia, Germany, England, and Illinois by the time he was a teen. A self-described "big time rebel" who did not fit into mainstream American high school, he found himself committed to a youth halfway house for six months. While there he earned a GED-equivalent and passed an examination declar-

up his traveling shoes for a while. When the Glenwood Springs bookshop/café he was managing closed in 2003, he moved to Crestone and began working at the Earthstar Co-evolutionary Café.

Crestone & Hawaii

"After about a month I realized Crestone is a place where you can do anything you want, as long as it's good," he says. So he organized a one-day Crestone Street Performers' Festival, with two stages and 20 bands. The day after the event,

up a profound sense of purpose in my life," he says.

Finding home

It was for Tehya's sake that Brian and Satya settled in Crestone, providing their daughter with a sense of stability and home. With no source for shells close-by, Brian switched to stones. With help from artist Everett Buss, he learned to search for such minerals as agate, fluorite, native copper, and malachite. Today Brian and Lonny Roth own a legal mining claim for

Good. In Crestone he met and studied for six years with his tai chi mentor, Bill Smith. When Bill relocated to Denver, Brian began teaching tai chi here. He offers private lessons and is "semi-seeking" a public venue for group classes. "Crestone is amazing to me. I really love it," he says. "I've been here so long and become such a part of the community. It's definitely become home for me."

Brian can be contacted through Facebook or 303-726-5648.



CCC youth hanging out after a Council meeting.

Crestone Creative Council needs your support for youth programs

by Lisa Bodey

The mission of the Crestone Creative Council is to instill a sense of purpose, empowerment and positive identity within the Crestone community youth. We are sponsored by the Town of Crestone and also depend on grants and individual donations to offer our programs and services free of charge to youth 12-24 years of age.

Since May 2011, our program has grown to meet an increased need for services. Unfortunately our funding has not kept pace with demand and we are struggling to keep our doors open. While we are rich in the energetic abundance that serving youth provides, we struggle financially to continue this work. We need your help!

Please consider the value of this program to our community and help us support our young adults through a contribution of money, time or donation of food and other basic necessities. In this new year we strive to maintain our current level of service while also improving and expanding services.

Your financial donation of *any* amount can help us accomplish those goals. A \$100 donation sponsors the material costs for a week of CCC activities, paying for snacks and dinners for 15-20 youth and providing the basic necessities like soap, cleaning and hygiene supplies.

Your donation will help us keep our doors open for the "Awakening Artists" program which encourages youth to participate in any form of creative expression. We are singing, writing, playing music, knitting and crocheting, sewing, painting and dancing on Tuesdays. Youth Council Meetings provide a forum for youth to discuss community issues—whether those affect only their age group or the community at large, they dig in, explore and discuss ways that they can make a positive impact on their world. They don't just talk. They come up with strategies and action plans to actualize their desires—for the youth voice to be heard in local decision-making forums, to plan and participate in community events, to travel for educational and recreational purposes and to help each other as individuals reach their goals.

Program participants identify

"socializing in a safe space with peers and mentors" as the most important value CCC provides. They call CCC a place of "supervision without judgement". This is so important for teens and young adults who are individuating from the family and finding their own authentic voices and alignment within society. It's a chance for teens to be teens in a safe environment.

The trust we create also allows us to go deeper into areas of personal growth such as empowerment, boundary setting and conflict resolution. CCC staff are available to assist older youth with references or letters of recommendation for jobs and college, to help them find appropriate housing and to support their transition away from Crestone.

You are invited to join us any Tuesday or Thursday night at the Crestone Community Center to experience for yourself the value and power of CCC's programs. We have fun!

Tax exempt donations in any amount are needed. Cash/checks can be dropped off at Town Hall or mailed to: Town of Crestone-CCC Donation, PO Box 64, Crestone, CO 81131

Volunteers are also needed for a variety of tasks, including:

- **Welder** – we need help welding axles and rehabbing a food trailer

- **Book Sales** – we have an extensive collection of books that need to be organized, catalogued and placed on the internet for potential fundraising sales

- **Art Coordinator** – help us organize our art supplies and inspire youth to creatively express themselves

- **Job/Internship/College** – help us link youth to meaningful opportunities based on their interests

- **Event Coordinator** – Help us coordinate our involvement in special events like Global Youth Service Day, 4th of July, Crestone Music Festival, Halloween, Winterfest and other community activities

Many thanks to everyone who has helped us come this far. If you have questions or would like more information about our programs, please contact Lisa Bodey at 719-480-5925 or bodeycrestone@gmail.com.

Ask Dr. B about pets How do porcupines mate?

by Linda Berhns, DVM

A few weeks ago I was watching a video of a porcupine being petted by a very brave, and well gloved, caretaker. He loved it so much that it was sad to think most porcupines must never get to be touched, even by another porcupine. That brought up the inevitable question—how do porcupines ever get close enough to mate? Not something I had ever given much thought to before. Well, the mating rituals of porcupines turned out to be quite a fascinating subject.

Female porcupines only come into heat once a year, usually around September. There is a window of only 8-12 hours when they are in estrus and can get pregnant. They attract male porcupines shortly before this time with a mixture of strongly scented vaginal mucus and urine. Ah, so romantic.

The males will then fight it out and the winner will station himself on the lower branches of the tree the female is in. To speed up her coming into estrus he will spray urine onto her and the branches around her. Lovely.

When she is ready to mate the female will curl her tail up on her back and lay her quills down to reduce the risk of impaling the male. He then gets the job done standing on his hind legs and gently holding onto the quill-free area under her tail. They will mate like this a few times and then part company. The pregnancy lasts seven months followed by four months of nursing the babies, which are known endearingly as porcupettes, and then the process starts all over again.

Every step in the mating process is potentially accompanied by screaming from one or both parties. It apparently is quite something to hear, so this September I will be paying more attention to the nighttime noises in my neighborhood than I have in the past!

The video of the porcupine being petted is "Porcupine who thinks he is a puppy" on YouTube. Also, there is an in-depth, informative and very amusing article at Slate.com titled "How Do Porcupines Mate? Very Carefully" that I highly recommend.

No-Bake Coconut Dog Treats

Want to make a special Valentine's treat for your four-legged friend? This recipe looks quick, easy and might even work to hide medication if ever needed:

Ingredients:

- 1/3 Cup Coconut Oil
- 2-3 Tablespoons Peanut Butter
- 2 1/2 Cups Rolled Oats
- 1/3 Cup Finely Shredded Coconut

Directions:

Add Coconut Oil, Peanut Butter and Rolled Oats to food processor and mix until well combined.

Scoop out bite sized pieces with a spoon and roll into little balls.

Toss each ball gently in the finely shredded coconut until well coated.

Place on a flat tray lined with baking paper, refrigerate for 30 minutes and serve. Makes approximately 20 treats. If the mixture is too dry or wet simply add extra oats or coconut oil to correct.

From prettyfluffy.com/diy-tutorials/diy-projects/no-bake-coconut-dog-treats.



STILL MOUNTAIN
Classical Five-Element
ACUPUNCTURE
Jan Foster Miller, M.Ac., L.Ac.
Treating the whole person-body, mind & spirit
719 - 256 - 4775



*a place to gather, to browse, to explore,
to reach out, to find great literature and good reads*

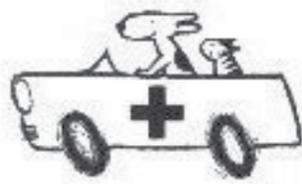
In historic downtown Salida

Dies Librorum
Tuesday, February 16th
House Concert with amazing one-woman band, **Tiffany Christopher!**
6:00 Chili Feast, 7:00 Concert
RSVP Required! 539-9629
Selected Winter Reads
15% off this evening!

135 F Street

CRESTONE MOBILE VETERINARY SERVICE

Providing local high quality, compassionate veterinary care for your pets.



Call with any questions or to make an appointment.

719-588-4024
CrestoneMobileVet.com






Ramloti and Premanand lead chanting in Florida.

Haidakhandi Universal Ashram news

by Ramloti

Much of January I have been away doing fire ceremony and chanting programs in Florida with Premanand and visiting my family in California. It has been a wonderful month.

This month our new-moon fire ceremony is on Monday, February 8 and our full-moon fire ceremony is on Monday, February 22. The fire ceremonies begin at 10am and are followed by a meal. Morning aarati is at 7am and evening aarati is at 6pm. There is generally a small indoor fire ceremony after morning aarti at about 8am every day that we do not have a large one at 10am. Please call the Ashram at 719-256-4108 or email us at info@babajiashram.org for proper protocol for attending fire ceremonies and any other questions.

Shivaratri falls in March this year. On the night of Monday, March 7 we will begin chanting at 10pm and continue until 4am on March 8. Later that morning we will have our new-moon fire ceremony at 10am. Spring Navratri, the Divine Mother festival is from April 9-17. All are invited to any or all of these events.

The Maha Lakshmi Shop is very fully stocked and is open every day from 10am until 4pm. We invite you to come in and if you mention that you are an Eagle reader, we will happily give you a 10% discount on your non-sale purchases. We deeply appreciate your support. You may view some of what is in our shop on our website at <http://mahalakshmiashram.wazala.com>.

For more information about the Ashram, please visit our newly designed website at www.babajiashram.org where you will find a calendar of upcoming events, many stories by devotees, writings about Shri Babaji and the Divine Mother, and the Ashram schedule. We also invite you to visit the Ashram at any time. We love to share Shri Babaji's and Mother's home with others. Just drop by or give us a call at 719-256-4108.

Sri Aurobindo Learning Center

Sri Aurobindo often uses a trilogy of terms when referring to the Divine: Transcendent, Universal and Individual. Let's look at those terms, and see what they are about.

In some theologies, it is imagined that the Divine is transcendent in the sense that it is outside of and indifferent to the world of individuals in which we live. But Sri Aurobindo uses the term in a different sense. For him, the Divine is transcendent in the sense that it is absolutely free and inexhaustively creative. Because the Divine is the one absolute embracing all diversity, there is nothing that contradicts its will, thus it is absolutely free. And the Divine is not limited by what it manifests, and can always manifest more, thus it is inexhaustively creative.

Because the Divine is one absolute embracing all diversity, it can only create out of itself. The Divine is the stuff out of which it creates, there is nothing existing that is not the Divine, and thus it is Universal.

And the Divine is Individual; it is each of us and it is all beings in this and all universes.

In terms of our own experience, this understanding enables us to see the Divine in three different ways.

First, we can look for the Divine beyond all our finite experiences, and then it is either known as the Great Emptiness, or as the Supreme Person, the Sole, the Alone containing all universes.

Second, we can look at the whole universe around us, and see that as the face of the Divine, pervading the world in His/Her/Its Universality.

Third, we can look within ourselves, to the very core of our subjectivity, and find there the Divine in His/Her/Its Individual aspect, inhabiting the universe.

Although we are finite beings, living in the Ignorance, we can nonetheless see that we, too, like the Divine, are Transcendent, Universal and Individual.

If we look at any given moment of our experience, we can see that we are what we are by virtue of the world out of which we arise, and that world wouldn't be what it is if it wasn't for the billions of years of evolution that have preceded us. Thus we are, in some important sense, the universe individualizing itself in this place at this moment. We are Universal beings.

And then, in each moment, we survey the whole of the actual past and all of the possible future, and we make a free decision about how to be. In that sense, we transcend the world. We are, like the Divine, Transcendent.

And, of course, we are individuals. Thus we, like the Divine, are Transcendent, Universal and Individual.

At the Center, we are continuing our study of Sri Aurobindo's *Synthesis of Yoga*. Feel free to join us every Sunday at 10am.

इहोक्ति इहाराजाल
गुरुद्वारा इहोक्ति

Now offering:

- ♥ Ayurvedic oil treatments
- ♥ Community classes by donation
- ♥ Private instruction and consultation
- ♥ Yogic cooking
- ♥ Therapeutic and custom courses of study

बनारस  **256-5668**

इहोक्ति इहाराजाल.टोल

<p style="text-align: center;">All Weleda Face Creams 20% off! Mention this ad & receive 10% off! (except sale items)</p>	<p style="text-align: center;">Maha Lakshmi Shop</p> <p style="text-align: center;">Incense, scarves, shawls, saris, candles, jewelry, oils, diffusers, prayer flags, singing bowls, CDs, crystals, books, purses, statues, clothes, Weleda products, & more.</p> <p style="text-align: center;">Open 10am - 4pm Everyday Call: (719) 256-4108 email: shop@Babajiashram.org www.BabajiAshram.org</p>
--	--



SRI AUROBINDO LEARNING CENTER

A Non-Profit Educational Foundation

P.O. Box 88
83 North Baca Grant Way
Crestone, CO 81131
719-256-4917
sriaurobindolc@gmail.com
sriaurobindolc.org



10% OFF!
with this ad

Fractional Skin Resurfacing

Removes damaged surface layers & "heat activation" boosts the skin's metabolism to tighten, improve wrinkles, scars, texture and pores. Full face, eyelids, & neck treatment just 45 mins -heals in only 5 days. **Reg. Price - \$1500, Save \$150!**

before



after



MEMBER



AMERICAN SOCIETY OF PLASTIC SURGEONS

Debra Irizarry, M.D. FACS
Board Certified Plastic Surgeon



Big City Quality with a Small Town Touch

Call for your complimentary consultation
(719) 256-6600
www.doctordeb.co contact@doctordeb.co
Crestone: Baca Professional Building • 46 Camino Baca Grande | Salida: Bella Vita Salon • 1447 G Street

Hands with Heart

Providing Heart-Centered Care in Crestone for over 10 years!

- Chi Nei Tsang: Abdominal Unwinding
- Colon Hydro Therapy
- Therapeutic Bodywork
- Aromatherapy

Anna Louise Stewart • CMT, CCT
970.290.7710
AnnaLouise55@gmail.com
secondbrainwisdom.blogspot.com



Crestone Performances Inc. is back in the schools!

Crestone Performances Inc. produced eight shows this fall, using three different presenters, in Saguache County schools through our Youth Enrichment Program (YEP).

Our first act was the Salida Circus. They are new to our stable of presenters but have been a constant at the Crestone

Music Festival for years. They performed for the Crestone Charter School and will appear at Center Elementary January 28. They combine performance and interaction with the kids. They bring along a 2-foot-high trapeze which is quite spectacular. They also feature stilt walkers, acrobatics, juggling, clown-



Students trying tablas.

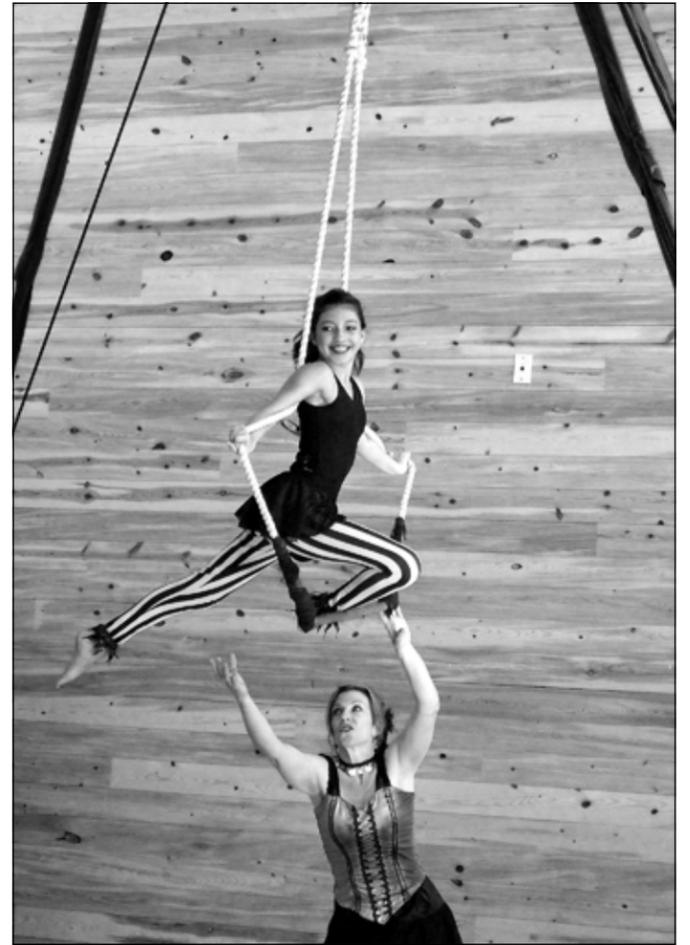
ing, costuming, plate spinning and more. Kids learn real circus acts while having a blast!

Our next show, Sonic Apothecary, is also new to the herd. This presentation taps into the pulses created by plants. They performed at the Crestone Charter School and at Moffat School. Specifically, this is

the measurement of electromagnetic variations on the surface of plant leaves and roots. The impulses are measured and those

measurements are assigned tones through a midi device. The plants actually produce sounds by themselves but also respond to each other and musical stimulus from singers and instruments live on stage. Then the musicians respond to the plants and pretty soon . . . well, it's completely unpredictable but totally amazing! Plants that have been used include aspens, pinyons, roses, junipers, rhododendrons, aloe vera, cottonwoods, corn and more.

Our third presenter was Andy Skellenger. We have sponsored Andy in the past as a percussion instructor at schools in their respective music departments. Now he has something new and very fun. He presents the exotic Tablas Tarang melodic drums. This consists of 16 tabla drums from India which are all tuned differently and played melodically. He performed at the Crestone Charter School with a demonstration and then provided an opportunity for kids to try out the tablas. The kids lined up and went nuts.



Trapeze work from a Salida Circus youth.

YEP is in its 14th year of producing culturally and educationally diverse presentations in the 14 San Luis Valley area school districts and the Boys' and Girls' Club. We have had 182 shows from 33 different presenters. Out of those, 110 have been in Saguache County schools. CPI typically subsidizes 50-100% of the cost to schools and handles all administration, management and production details. These shows were made available through CPI and a Saguache County Sales Tax Grant.

For more information please see us at crestfest.org or call 719-256-4533. If you would like to contribute financially to this program, please call 719-256-4533, go to crestfest.org or write to: CPI, P.O. Box 6, Crestone CO 81131. CPI is a 501(c)3 non-profit community service organization. All donations are tax deductible. Thanks and stay tuned!

Local acts, apply now for 2016 Crestone Music Festival

It's time to apply for the 18th Annual Crestone Music Festival to held August 12-14. We are accepting applications until May 10. Local means that half the act lives in or has a house in Saguache County. Selection will be based on quality and popularity with consideration also given to new acts that are also of high quality. Please present us with your best stuff. If you are musicians, I need good recordings that showcase your music. Dancers need to submit good video. Whatever you do, show it well so we can be as objective as possible. Applications are available at local stores, at our office and online at crestfest.org. We are interested in any performing art including music, dance, drama and comedy. Locals get paid \$25 each with a maximum of \$100 per act. They also get in free on their day of performance. The application is mandatory and should be postmarked by May 10. You can also drop it off at our office at 120 W. Silver Ave., Suite 104 which is the former Secret Garden location. Applications should be posted to: CPI Local, P.O. Box 6, Crestone CO 81131. You can call 719-256-4533 for more information.

Local vendors' notice

The 18th Annual Crestone Music Festival is accepting applications from local vendors for this year's festival August 12-14. Categories include food, arts and crafts, healing, merchandise or other. Applications are available at local businesses, at our office and online at crestfest.org. The application is mandatory and should be postmarked by May 10. 120 W. Silver Ave., Suite 104 which is the former Secret Garden location. Applications should be posted to: CPI Local, P.O. Box 6, Crestone CO 81131. You can call 719-256-4533 for more information.

CRAZY HEIFER RANCH



Healthy beef raised in a responsible organic pasture Available for sale Contact Amber Felmlee 303-886-9436

Alisa, Rashaun, Luca & Una

May your years be full of Love and Happiness FOREVER!



Luka Severskiy-Bradley Born December 19th, 2015

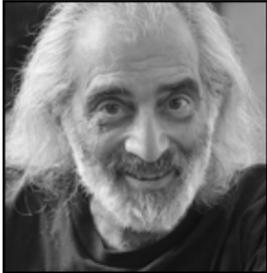


ALIGN WITH ASHLEY
balance integrate support

Rolfing® STRUCTURAL INTEGRATION

ASHLEY VAN WART. CERTIFIED ROLFERTM, RN
ALIGNWITHASHLEY@GMAIL.COM
215.589.0864





Aging as an art

by Ammi Kohn

Heroes

Lately I've been thinking about the heroes in my life. Robin says that heroes are very important to fifth graders. My father, a chaplain in the Merchant Marine during WWII, was my hero in 5th grade. But I don't remember thinking very much about heroes after grade school, certainly not in the years I was striving to be "heroic" in the business world.

But as we age we often look back and reflect on those people we admire for the traits they exemplified, the examples they set, the kindness they showed us.

Mr. Smith was my 8th grade home room teacher. He was consistent and fair. He set firm boundaries, treated every student with respect. I liked him a lot. I admired him. He had a strength I did not see elsewhere in my life. He was also "Negro", the word we used in 1946, the only black teacher in the school and a rarity in the Trenton school system.

I invited him to my bar-mitzvah. I had no idea what I was really asking him to do. He did come and, in that segregated time, he was the only black person in the packed synagogue of over four hundred people where my father was

Rabbi. It may have been the first time a black person had ever attended a service there. He must have known that when I invited him.

Only in later years did I fully realize his personal strength, the respect he showed for me. And how he filled the responsibilities of a teacher by his black presence amongst hundreds of whites, the object of hundreds of covert stares. He became a hero to me when I was mature enough to understand the implications of my invitation.

When my father asked me why I had never told them that Mr. Smith was a Negro, I asked him why he even asked that question. Had he not taught me that skin color meant nothing? I thought a lot about the implications of his question. That episode, and his inability a year before to discuss the facts of life, when I knew the street basics and was only testing him, began the process of dismantling the hero I thought my father was.

But that's another story.

Faust: "Hamlet, a 'hero' in history, worried about his father. Fathers and sons! Everyone one knows that heroes are dated."

Ammi: And how do parents prepare for when their childrens see feet of clay?!

Moving Up Higher

Enjoying everyday life



by Joyce Meyer
The Holy Spirit—Our Helper

The Bible repeatedly tells us that God is our helper. The question is, do we really trust God to help us? It's easy to respond right away that we trust Him, but when it comes to practically applying this truth to our everyday life—leaning on the Holy Spirit to help us in every area of our lives—we often struggle to do it.

It's so important for us to know that we can have a close, intimate relationship with the Holy Spirit, that He will communicate with us. I went to church for many years and had no idea that I could overcome my problems and live with real peace and joy because the Holy Spirit lived in my spirit. It was life-changing for me when I got the revelation that He wanted to lead me in God's will for my life and He would enable me to do everything I needed to do.

The truth is if we really believe God is our helper and He's willing to help us no matter what situation we're in, then we have no reason to worry or get overwhelmed.

I'll let you in on another secret: You need to ask God for help because the Holy Spirit is not the type to barge into your life and take over.

Have you ever had someone try to push their opinions or their agenda on you? They may or may not know what they're talking about, and they may not even be really interested in helping you do what needs to be done, but they sure have a lot to say about what you're doing wrong!

That's not what the Holy Spirit does.

The Holy Spirit knows the answer to every problem, and He will even help you through each one. But He won't give you His advice unless you ask for it. In other words, the humble get the help.

Every problem matters to God

Jesus said in John 15:5 (NIV), "Apart from me you can do nothing." And that's so true. One of the best ways to go through the day is to pray often, "Help me, Lord. Help me. Help me!"

In the Psalms, we frequently see King David going to God for help. For example, Psalm 40:13 (AMPC) says, "Be pleased, O Lord, to deliver me; O Lord, make haste to help me!"

Notice that David was not only bold enough to ask God for help, but

he was also confident that God would answer his prayers. We can learn from that too.

You and I have so many opportunities to feel sad or discouraged and have a bad attitude, but God wants us to stay strong in Him, like David did. Those who do will eventually come out on top, because there's no way the enemy can hold you back if you will trust God and keep your hope in Him.

Learn how to trust your helper

It's comforting to know God will help you get through the hard times of life. His grace and strength will sustain you while you're waiting for your breakthrough. Even when you're tempted to think, "It's not going to do me any good to pray after the way I've acted," don't let that stop you from asking for God's help. Because when you go to the Father in prayer, you don't go in your name—you go in the name of Jesus.

Hebrews 4:16 (NIV) says we can "approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." And Psalm 23:3 (AMPC) says, "He refreshes and restores my life (my self); He leads me in the paths of righteousness [uprightness and right standing with Him not for my earning it, but] for His name's sake" (emphasis mine).

When you're hurting, in trouble, or waiting for answers in your life, you need to believe that your Helper, the Holy Spirit is with you and He wants to help you. Stay in close fellowship with Him and ask Him for the help you need. No matter what the circumstances may look like, believe He's working on your behalf. He is your Comforter, Counselor, Helper, Advocate, Intercessor, Strengthener, Standby—He's everything you need—and He's just waiting for you to ask.



Talk little.
Listen a lot.
Be grateful.

David Hillman
LICENSED MASSAGE THERAPIST
719-207-5095

Living Well Crestone
=== RIDELINK ===

Our Community!

Joyce Meyer Article
Sponsored by the Free Spirit Christian Church
Corner of Hwy 17 and Moffat Way

Sunday Services	3:00 pm
Bible Study Thursdays	6:00 pm
Prayer Services Mon & Fri	10:00 am
Food Bank Tuesdays	2-4 pm

Events at Sangre de Cristo Trading Post in Moffat:

Prayer Breakfast every 2nd Saturday	8:00 am
Shabbat Celebration every 1st Friday	6:00 pm

** Please feel free to call Earl LeRoy at 719-650-9737 or Tim Brenner at 588-1857 if you have any questions.*

One minute wellness—sleep

by *Marybeth Van Horn*

Insomnia is an ever growing problem in our society. This has been linked to many causes. Most often we associate insomnia with anxiety or depression. It has been said that trouble falling asleep it is usually due to anxiety and trouble staying asleep is due to depression.

There are other more serious causes for sleep disturbance, such as sleep apnea. This is a condition that is characterized by the cessation of breathing which can occur several times throughout the night. There are several causes for sleep apnea, the most common being obesity but habitual use of sedating drugs and/or alcohol use are common causes for sleep apnea.

Snoring can be a sign of something more serious, like obstruction of the nasal passages, but snoring is also associated with obesity and alcohol intake. Both sleep apnea and snoring result in interrupted sleep.

During menopause it is not uncommon for women to have interrupted sleep. This is not usually a serious problem but can lead to a pattern of interrupted sleep which then becomes more problematic.

Many people have difficulty sleeping because of digestive issues or nighttime urination. Some people wake up several times a night because of pain.

To combat insomnia, it is best to follow a routine for bedtime and go to bed at a consistent hour while also taking care to avoiding bright lights for about 30 minutes before bed. This includes avoiding lighting from cell phones, computers and television. Reading at bedtime can be stimulating enough to keep one from falling asleep.

Some people find it helpful to journal before retiring for the evening. Some people make a list of the six most important things that need to be done the following day so they can take things off their mind and put them on paper. Tranquil audio tapes are of value too. These are most effective when you are ready for sleep, reclining and in a darkened room.

If snoring is a problem seek medical attention, reduce weight and avoid alcohol. To diagnose sleep apnea, see a doctor and get a sleep study. Once sleep apnea is diagnosed, an oxygen delivery system called CPAP can be used at night. Also elevating the head of the bed on blocks is useful. If nighttime urination is a problem it may help to decrease or eliminate water intake after 7pm. Avoid greasy, spicy meals in the evening to reduce acid reflux. Avoid stimulants after noon if you are sensitive to them. Remember, it is not wise to take Ibuprophen on an empty stomach (at bedtime) because it can be very irritating to the stomach. Creams for pain are a good alternative at bedtime if the pain is muscular in nature.

Most importantly, if you are not getting enough sleep on a regular basis, don't ignore this. It is a health problem that needs some attention. Make an effort to change patterns that are contributing to the problem. Seek medical advice whenever you suspect an underlying medical condition may be the cause of your insomnia.

Marybeth Van Horn is a registered nurse, internationally certified personal trainer and certified specialist in performance nutrition who has worked with numerous clients for over 20 years. Feel free to contact her with questions at 303-809-1134.



AventaCares Christmas for Kids family.

AventaCares delivers to families in need

AventaCares, the charitable foundation of Aventa Credit Union, delivered toys, clothing, and holiday dinners to families in need as part of their Christmas for Kids program the week of December 21. Six families were selected and represented each of Aventa's service areas: Colorado Springs, Pueblo, Center, Crestone and Saguache. Each family selected had undergone financial hardships in the 2015 calendar year and were members of Aventa Credit Union.

Each family was truly grateful and touched by the support AventaCares provided them during the holiday season. "It is incredible to see the impact we made in the

lives of these six families. To know that we helped them in what would have been an otherwise hard time of year and seeing their smiling faces, is what makes our Christmas for Kids program so special," said Julie Gwisdalla, AventaCares Foundation Board member.

AventaCares is a 501(c)3 founded in February 2012 by Aventa Credit Union associates who wanted to promote reinvestment in our communities. AventaCares' mission is to support charitable activities in the areas that Aventa Credit Union serves, with the goal of improving the quality of life in our communities. For more information, visit aventacares.org.

Aventa is proud to support our first responders with our First Responder Loan

If you work or volunteer as a first responder in the police, fire, military, or medical field, Aventa can make it easier for you to purchase the additional equipment that you need to perform your duties.

Details:

- Fixed 3.00% APR*
- Up to a 3-year term
- \$5,000 maximum loan amount*
- No application fee

Additional information:

- Limit one First Responder Loan per year per person
- Proof of employment or volunteer affiliation with a first responder unit

Equipment such as:

- Axes
- Radio Holsters
- Dry Suits
- Boots
- Gloves
- Uniform Hat
- Uniform Pants and Shirts
- Patrol Jackets
- Supplies and much more

For more information or to apply, give us a call at 800.555.6665.



*APR=Annual Percentage Rate. Credit subject to approval. Must meet loan qualifications. Must be a current volunteer or be currently employed as a first responder to qualify for this loan. Maximum term is 3 years. Maximum loan amount is \$5,000. A loan amount of \$5,000 at 3.00% APR would have monthly payments of \$93.22. Rates are subject to change at any time. Federally insured by NCUA. Membership requirements apply.



Moffat School News is sponsored by



San Luis Valley Federal Bank

Trust & Strength Since 1899



Alamosa
589-6653 or 587-4035

Monte Vista
852-5991

Moffat students look back on Civil Rights Movement & racism in America

by Lyndal Smith

As part of our recognition of Martin Luther King, Jr. and his work towards advancing the rights of African Americans, the Moffat secondary students learned more about the Civil Rights Movement and our struggles with racism in America. We watched a Discovery Education production that depicted the severe inequality that existed in our country in our schools, workplaces, and everyday life. While older students were aware of the discrimination and segregation from previous studies, many mid-

dle school students were shocked to see the degree to which citizens faced humiliation, harm, and injustice simply because of the color of their skin. We discussed such events as Brown vs. the Board of Education and the Little Rock Nine as young people stood up for their right to an equal and integrated education. The March to Birmingham captured the interest of the classes as they learned how young college adults in Selma led the push for voters' rights in Alabama. Students reacted loudly to the the humiliation and horrible treatment teenagers endured at the Woolworth's dining counters when racists poured food and drinks on the heads of the protesters and even snubbed cigarettes out on them.

During class discussion the majority of the students felt it would be very difficult not to react violently to such treatment and they were impressed with how strong the protesters remained throughout. Perhaps the most moving scene took place at a march af-

ter King's assassination in which a young African American boy responds to a reporter with these words: "I took part in this march today because of Martin Luther King and what he stood for; because this march is what he died for. And I think if he died for it, I can carry out what he started . . . He stood for

non-violence and peace for all men of all kinds."

The day's lesson ended with a discussion on where we find racism still existing in our world today and steps we might take as individuals to end it and create a community and a world of true equality, goodwill and peace.

Moffat School announces honor roll students

Moffat School would like to congratulate the following students for their hard work and getting on the 2nd 9 weeks and 1st Semester Superintendent's and Principal's Honor Rolls.

2nd 9 weeks and 1st Semester Superintendent Honor Roll (3.50-4.00)

- Anzelc-Tolian, Layla 3.57
- Chavez, Alyssa 3.71
- Faust, Anton 3.71
- Fuller, Holly 4.00
- Gonzales, Justin 3.83
- Gouldberg, Taru 4.00
- Hansen, Jacob 3.86

2nd 9 weeks and 1st Semester Principal's Honor Roll(3.00-3.49).

- Poor, Ryker 3.83
- Potter, Matthew 3.71
- Richardson, Michael 3.57
- Rigdon, Joedeelee 4.00
- Roman, Jedi 4.00
- Smith, Jacob 3.50
- Anzelc-Tolian, Nico 3.43
- Caffrey, Paige 3.33
- Chavez, Christina 3.00
- Martinez, Andrew 3.00
- Rude, Destiny 3.43
- Young, John 3.00

SUBCULTURE CYCLERY
PARTS // RENTALS // SERVICE // SHOWERS // SALES
129 NORTH G STREET • 719-539-5329
SUBCULTURECYCLERY.COM

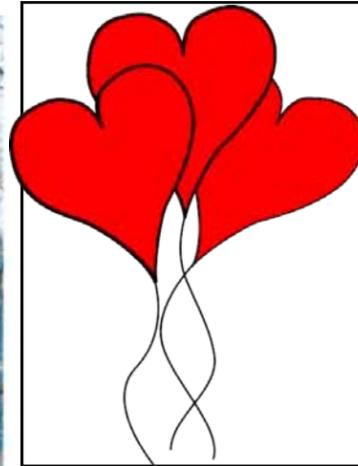
CRESTONE MERCANTILE

Grocery Store: 191 E Galena Ave
Open 7 Days a Week 8a.m. to 8 p.m.
(719) 256-5887

Hardware Store: 182 E Galena Ave
Open Mon.-Sat. 8a.m to 5p.m.
(719) 256-5885

Bob's Place: 182 E Galena Ave
Open Tues. - Sat. 7a.m to 3p.m.
(719) 256-2627

Laundromat: 191 E Galena Ave
Open 7 Days a Week
8a.m to 7p.m.



Get ready for Valentine's Day!

We have great cards & gifts for that Special Someone!!

SHOP LOCAL!

SAVE time; SAVE money; CREATE jobs;
HELP the environment;
ENCOURAGE healthy growth;
SUPPORT your community;
RECEIVE better service;

Crestone Mercantile Hardware

The BEST STOCKED Hardware store in the San Luis Valley!

Meet all of your automotive, household, plumbing, paint, electrical, lumber, gardening, office, & electrical needs right here in CRESTONE!

Crestone Charter School builds a culture of continuous improvement

by Sri Love,
10th grade student

Crestone Charter School is a community-supported school, and the success we've enjoyed is a direct result of the hard work of many people. Through them, we are able to offer a high quality education that fits the needs of a wide variety of students. In the past years, we've always gotten high test scores. However, in this past year we have seen them rise even more. According to middle school teacher Daya, "Rather than the teachers just giving students information and assignments, the students are responsible for taking control of their education and they are becoming more empowered and inspired to do things." The other middle school teacher, T.J. said, "It's not just about getting all the work completed, it's the quality of the work and the quality of work is rising because the students have intrinsic motivation and they realize that doing this is good for them."

Test scores help the student feel confident about what they are doing. This is because they see the score and it reassures them that they are doing well, therefore making them feel better about themselves. However, we care more about the student and their wellness than the test scores. Director Michael Hayes told me, "If we could show our improvement over a longer period of time instead of just half a year, we could show our test scores are some of the strongest scores. Then, the school gets a lot of recognition, we become eligible for grants, and we can attract new students and their families, so it benefits the school as a whole."

Michael Pacheco states, "I do not believe that a student's test scores provide an accurate index of educational accomplishment. Only that we are excelling in one particular way. We hold ourselves to a much higher standard that is difficult to quantify with statistical analysis. We are more focused on if we have given them all the tools to pursue the passion the student has found inside themselves and if they use that passion to pursue becoming an accomplished individual, and it is different for every child." When kids are interested, eager, and excited about what they are learning, they want to be a part of it so they show up early and stay later. The 45th division's teacher Robin told me, "Learning is like osmosis: when the students are comfortable in their environment, the information just soaks in."

When I asked Zya Hollyer, a senior in LINK, what is something that she noticed improved tremendously since the beginning of the year she said, "Connectivity between all the students and teachers, and the students are becoming more involved and interested because the classes are becoming more stimulating. The school is becoming cohesive as a whole but of course still needs some work."

All the extracurricular activities that we participate in such as yoga really help the students focus their attention on what is important. At times change can seem extremely chaotic and there has been a lot of change recently, so it may seem chaotic now but we're building a solid foundation for the future.



Moffat Consolidated School District #2 Superintendent Kirk Banghart, with 60 other statewide superintendents, address the crowd and media at the State Capitol.

Moffat School Board at Capitol

continued from page 1

media saying, "At a time we should be strengthening our schools we are falling behind. Our responsibility is to advocate for a level playing field for Colorado's children. All students deserve the opportunity for success."

District BOE members Kris-sy Russell-Hedstrom, Tina Freel and Matthew Crowley went to the rally in Denver to show their support for our superintendent and to advocate for a return of adequate funding for our schools. Colorado currently ranks 43rd in the nation and \$2,704 below the national average in per-pupil funding. Among the lawmakers in attendance was Senator Mike Merrifield, a former educator with a strong record of supporting public education in Colorado. Merrifield said he's "cautiously hopeful" but "not optimistic" that lawmakers will agree on a solution to school funding this session. "It's like déjà vu all over again," Merrifield said. "I was first elected (to the state legislature) in 2002, and we've never seriously found a solution to the underfunding of the public education system in Colorado."

Our own district's state representative Senator Larry Crowder, who recently visited the Crestone Charter School campus, was also one of a small number of lawmakers to attend the rally. Senator Crowder took the time to come to the rally and to speak personally with Superintendent Banghart and the BOE members following the rally. Director Freel, who is a 4th generation valley resident who herself graduated from the Moffat High School, shared stories with Senator Crowder about the real-life

costs of these cuts in funding being a loss of electives, vocational training and other programs from the curriculum due to budget cuts as well as the extreme challenge of attracting and retaining high caliber teachers.

You can help

Contact Senator Crowder: larry.crowder.senate@state.co.us or by phone at 303-866-4875. Thank him for his recent interest in our district's schools and for attending the rally. Encourage him to join with other state legislators and to vote to begin repaying the debt owed to Colorado's schools. Senator Crowder's vote and support may be crucial in the upcoming legislative session. Show your gratitude and let him know his voters care.

We are fortunate indeed to have a choice in schools in such a small and impoverished district. There is always a need for parent and community involvement. Contact our state representatives, attend BOE meetings and Charter School Governing Council meetings, serve on these boards and volunteer in the schools. Our children are counting on you. You can and do make the difference. To learn more about the idiosyncrasies and sad state of the State of Colorado's funding for PreK-12 public schools, have a look at the following websites: www.cosfp.org and www.greateducation.org.



Lunch Buffet 11am-2pm
Dinner-Cocktails-Take-Out
Now serving choice of brown rice with every meal.

New Sushi Bar @ Alamosa Location
Sushi Hour: Lunch 11:30am-2:30pm Dinner 5pm-9pm
Largest Vegetarian & Healthy Entrees
Alamosa: 589-9002 Monte Vista 852-2002
Twitter @GreatEats_SLV

Menu: www.ehunans.com • www.east-westgrill.com

Embrace winter!


















Your local source for top quality outdoor equipment and service!



Villa Mall | W Hwy 160 | Alamosa, CO
www.KristiMountainSports.com



BIKE · HIKE · PACK · CLIMB · PADDLE · SKI · BOARD

719-589-9759



Health Food Store

320 W. 7th St., Salida
Open Tues thru Sat
Kathy 539-7409

As You Go About Your Day, Please Remember . . .

The Ripples You Create Today



Bring About the Changes for Tomorrow

Support
Crestone Youth Plaza
By Shopping At The
CYP THRIFT STORE
On the corner of Alder & Galena
(719) 256-5500

The Washington Beat

*Iowa, New Hampshire
& all the news that fits*



by David Nicholas

It's two weeks before Iowa, three weeks before New Hampshire and the polls began sounding ominous with Democratic nominees Hillary Clinton and Bernie Sanders almost tied in Iowa and Senator Sanders ahead in New Hampshire. Well, ominous for whom?

Certainly for Hillary Clinton if she doesn't win big in Iowa. Polling 48% to Sanders' 45%, it isn't the margin Mrs. Clinton was looking for a year ago. Then, the nomination looked to be locked up and hers for the taking, especially as no one had heard of Bernie Sanders west of Vermont.

January was not a good month with Mrs. Clinton dropping to a single-digit lead in some national polling Bernie Sanders, who has found his campaign rhythm. And while one expects the race between aspiring nominees to tighten, heading into Iowa, according to the Quinnipiac poll in Iowa that Mr. Sanders has drawn ahead of Mrs. Clinton.

In an interview with CNN's Gloria Borja when presented with the Quinnipiac poll taken around January 12, Mr. Sanders led Mrs. Clinton 49-44%. Mrs. Clinton nonchalantly said that latest PPP poll taken at the same time had her leading Mr. Sanders 46%-40%. So one cancels the other out, right? Well, no.

Taken two weeks before the actual caucuses, much can happen. What you can conclude is that the race is tightening for the Democrats, and Mrs. Clinton has her work cut out for her as Mr. Sanders keeps building momentum.

The January 17 Democratic debate in Charleston, SC, was telling: Mr. Sanders' confidence put him on equal footing with Ms. Clinton on all issues. If the presidential campaign was fought solely on gun issues then Mrs. Clinton would have an edge to Democratic voters; Mr. Sanders' defense of his voting record on gun legislation was weak. But on domestic issues and foreign policy, which will be in the forefront of the Democratic campaign, Mr. Sanders is saying things voters are listening to. The polls say so and most pundits had Mr. Sanders a win for the debate.

Iowa and onward—Feeling the Bern

Despite the January 21 CNN/ORC poll showing Mrs. Clinton trailing Senator Sanders 43%-51%, the Beat's gut feeling is that Mrs. Clinton should scrape a win in Iowa in a close result. My feeling is due to the Hillary Campaign's strong operation in Iowa. It's thorough and should deliver the win, but caucuses are hard to predict. The caveat for me is if the *Des Moines Register* poll puts Mr. Sanders ahead the day before folks caucus, then the above is cancelled out, but 11 days out, that's how I call it.

If Mrs. Clinton wins within three percentage points, even with her win—it makes Mr. Sanders a sure thing in New Hampshire. It's about momentum, who gets the bump from Iowa and who doesn't. A three-point win for Mrs. Clinton

kills her momentum to take New Hampshire. She needs a clear and decisive victory—at least six points or better in Iowa—to kill the question of her ability to win in November.

A win for Mr. Sanders in Iowa gives him an easier path to Super Tuesday on March 1—his margin of victory doesn't matter, he just needs the win. He wins New Hampshire, being New England's favorite son. As long as there's not another Democratic debate in February in which he flubs his lines or makes some major gaffe (unlikely), Mr. Sanders can split the primary races on March 1 which would unravel the Hillary campaign's strategy for getting to the convention in July.

What seemed like campaign inertia in early 2015 for Mrs. Clinton (failing to capitalize on free air time where she was elusive, nay absent from media contact, allowing pundits to drive her campaign), provided a vacuum for a little known left wing socialist to provide a narrative, and Senator Sanders did. He touched a nerve among Democrats that politics-as-usual wasn't working, and that people need help with a living wage and universal healthcare to make things a little easier in America. People were listening.

In a shoulda-woulda-coulda moment, if Mrs. Clinton had of come out running strong, maintaining a pace and confidence to scare off all comers, Mr. Sanders would have been a postscript and Governor Martin O'Malley left living comfortable in his mansion in Maryland. Mrs. Clinton mulled when she should have been seen, which even two years out is now required in a presidential campaign. You would have thought she would have learned that lesson in 2008.

A close result in Iowa and New Hampshire that favors Senator Sanders is two weeks before Super Tuesday March 1. There's a Democratic debate on February 11 hosted by PBS. The debate occurs two days after the New Hampshire primary. Mrs. Clinton needs a clear debate win, which is not that difficult for her to do—she has won most of them; January was the exception. So as far as traditional politics goes, Super Tuesday looks to be a split down the middle between Mrs. Clinton and Mr. Sanders. Ideally, Mrs. Clinton needs to win most or all of them to make Mr. Sanders go away, but this campaign is unlike any other. Mr. Sanders showing strongly on Super Tuesday changes things. Next month we will all be the wiser.

Trumpy Dumbty—Part uh-huh!

Yep! TheDonald is still here, muddying the waters for Republican nominees and god bless him he is insisting that, "he is gonna go all the way!" as he told NBC's MeetThePress' Chuck Todd on January 12. The implication is that he will be the nominee for the GOP come November, defying all the pundits

and mainstream Republicans who just hate it that he's leading the GOP field nationally, as well as in New Hampshire. It's fascinating to watch GOP pundits, like NYT columnist David Brooks who swears theDonald is not going to last.

It doesn't matter if he loses to Ted Cruz in either Iowa or New Hampshire, or both—he should win New Hampshire—it is how he does on Super Tuesday which will be the mark whether theDonald stays or goes.

The truth is that he's great for Democrats. One of things to look forward to is TheDonald going after President Bill Clinton's morals and sex life in the White House and as Governor of Arkansas. The issue is that Mrs. Clinton was an abused woman. "It's not a threat," he told Chuck Todd in the same MTP interview, "but it is a threat." Uh-huh. So does this threat have traction? No. It will be buried in and under other narratives. It's a ploy to make Bill Clinton not such a campaign asset to Mrs. Clinton. When you think about it, that's a lot of effort on what is an unimportant crap shot in a national election.

The thing theDonald has to understand is that blurring past sex-lives of Presidents in election years is the equivalent of pushing s**t uphill, and most of America has forgiven Mr. Clinton for his sins. Voters care about where America is headed and not where it's been.

So will theDonald win Iowa ahead of Senator Cruz? It will be close and it depends on whether his despondent un-educated white 35-55-year-old male voters (who think he's the answer to all their prayers) to come out and vote. Right now it's more Senator Ted Cruz' to lose and for any Marco Rubio or other middle-level GOP contender to get a respectable showing. We will see.

Citizen Cruz

Well, Mr. Cruz's dual Canadian citizenship had to come up at some point, and it came up in January. True to form, it was TheDonald who made it an issue. And he made it an issue just as Iowa GOP polling showed Mr. Cruz leading in Iowa with The Donald 4 points behind.

Where you were born became an issue for President Obama in 2008 whose Hawaiian birth certificate was the subject of intense speculation and still is. TheDonald's attack was predictable and the Senator's defense of being born in Calgary, Alberta didn't look good. Mr. Cruz was uncomfortable and defensive. For someone who has never seen the Senator at a loss for arrogant words and quick, flippant denunciations of his opponents, this was one for the books. Will it have an effect this early in 2016?

Yeah, it can. TheDonald will use it in campaign advertising if Mr. Cruz wins in Iowa. When it becomes an issue, investigative journalists for every major news organization will head to Calgary to look at the Senator's birth records. Senator Cruz's birth certificate is probably in order but what wasn't clear earlier is that the US Senator only gave up his dual citizenship in 2014, when he was looking to make a bid for the GOP nomination, and that isn't cool.

The Senator voted for constructing the XL pipeline when it came before the Senate in November 2014. The XL pipeline is a Cana-

dian venture emanating—as it happens—from Alberta, the capital of the province being Calgary, Senator Cruz' home town. I am just saying, and not implying anything at this point. The man worked for Bush43's administration

The President's State of the Union: The four big questions

The speech went for just on an hour on Tuesday night, January 12, and it was one of the best speeches he has delivered. President Obama said: "So let's talk about the future, and four big questions that we as a country have to answer—regardless of who the next President is, or who controls the next Congress.

"First, how do we give everyone a fair shot at opportunity and security in this new economy? Second, how do we make technology work for us, and not against us—especially when it comes to solving urgent challenges like climate change? Third, how do we keep America safe and lead the world without becoming its policeman? And finally, how can we make our politics reflect what's best in us, and not what's worst?"

For the better part of an hour, President Obama spoke to these points and he has a year to extrapolate on all of these things in this his last year in office.

The President's "Guns In America" narrative

Through the tears and the emotion, the President's "Guns In America" unveiled in the White House's East Room on Tuesday, January 5, is the beginning of a fighting strategy in this election year. Using executive action, the President moved to close the loopholes of background checks when firearms are purchased at gun shows or on-line; beefed up the effort by the deliberately-underfunded ATF to check up on dealers; increased the effort to cross-reference those receiving mental health treatments with firearms registration; and encouraged research into improving gun safety (meaning to ensure all fire-arms have effective safety mechanisms making it difficult for kids to make weapons live).

What this will do in practical terms remains to be seen, but it what it does do is to keep Democratic voters voting Democrat this November, especially Hispanic and Black voters. So while GOP leaders were quick to attack and dismiss the president's measures—US House of Representatives Speaker Paul Ryan (R-WI) issued a statement even before the President had stopped speaking—and Republican presidential candidates issued shrill and extreme statements, they know they will be on the defensive in the general election on the issue.

Wayne Lapiere of the National Rifle Association notwithstanding, fighting the election on gun control is not what the GOP wants. They want the campaign to be on National Security and fear and loathing on all things Moslem and the Middle East/ISIS, but it will be hard. The President's power of the bully pulpit can steer the narrative and allow Democrats room and media oxygen to hammer out their agenda both state-wide and nationally. No doubt about it, the President is going to be out front a lot this year and when he speaks, Mr. Obama is the number one story on daily news cycles.

No question of the President's sincerity on the issue of gun control, because in this cynical presidential cycle, sincerity on issues matter. The President can be true to himself while destroying GOP hopes of gaining the White House and the likely loss of GOP control in the Senate as well narrowing of Republican majority in the House.

The Iran incident

Just hours before the President was to deliver his State of the Union speech, news came in that two small navy boats had drifted into Iranian territorial waters, a 12-mile limit in which all naval shipping observes. The official word was that it was a breakdown by one boat and the second boat had been there to assist.

The Iranian Revolutionary Guard's special elite unit, the Quds force, placed both boats under arrest and took them to Iran for questioning. The incident raised the specter of 1979 and the US Embassy hostage crisis in Tehran. The timing came just days before Islamic Republic's compliance with conditions under the Iran Deal would take effect and the word was that Iran was fully complying with the agreement.

If US SecStat John Kerry could have given birth to kittens he would've had 'em, but reasonable and tactful interaction between Washington and Iran had the matter dealt with within 24 hours.

Mr. Kerry was inclined to credit the two years of negotiations for the Iran Deal as paving the way for civil and mutual conclusion of the matter, saying we couldn't have done this four years ago. In this regard Secretary Kerry is right.

Despite the glowing rhetoric, there was every reason for governments on both sides to want this resolved as soon as they could. The Obama legacy was staring at a major failure if this wasn't resolved immediately, and Iran wants its money as well as the Islamic Republic's growing and orchestrated entry into legitimate global foreign policy issues.

As usual, the GOP nominees trash-talked the whole incident. In particular, watching Senator Marco Rubio attack both the Iran Deal and the incident's outcome didn't win him any love from Democrats.

The most embarrassing moment for Obama's administration was saying that an apology was out of the question, and as if on cue Iran released a video of one of the US sailors apologizing that it was "our" fault, amid plates of food and water being served. Is it of consequence? There will be naval inquiry but on the whole, as with things that end well with Iran, it was buried in other narratives about the Iran Deal.

The Iran deal is active

Implementation day was January 16, the International Atomic Energy Agency (the IAEA) has declared that Iran has complied with the initial conditions of the Iran Deal and the agreement is now active. Within minutes of the announcement, UN and European Union sanctions, which have been in place for almost a decade, were lifted. The P5 +1 or the E3+3 are in agreement that IAEA will now monitor online as well as through on-site inspections. The proviso is that the "snapback" process will go into place if Iran violates the deal, but at the moment the Iran Deal

goes forward with optimism.

The Islamic Republic is back in business, dealing with the west as well as its Asian customers—China, India, Japan, who were trading with Iran all through the sanction period—and is now open to US and European Investors. Also billions of dollars of Iranian funds will be released from foreign banks and credited to the Islamic Republic. Immediately upon the Vienna statement being made, it was announced in Tehran that representatives from Shell and Total oil companies had arrived for trade talks.

Israel's Prime Minister Bibi Netanyahu has spectacularly failed in his campaign to try and kill the deal. Saudi Arabia's King Salmon of the House of Saud must now see Iran as a major MidEast rival. It has consistently tried to weaken Iran, which comes with long-term consequences.

Of course the feckless Republicans both in Congress and on the campaign trail will wring hands and wait that the US was sold a pup, especially Senators Marco Rubio and Ted Cruz, who have spent considerable verbage lambasting the agreement and who will spit chips over the deal in coming days. But it's too late, President Obama has prevailed and this part of his legacy gets a page in the Obama biography.

The by-product of course is that relations between the US and the Islamic Republic have begun a period of trust so that they can negotiate over issues. Such as the incident of the US sailors drifting into Iranian territorial waters and the prisoner exchange carried out on January 16, timed for the announcement. Iran has officially come in from the cold after 36 years.

Comes now Michael Bloomberg?

Michael Bloomberg for President? Well, as of January 23, he's officially testing the waters to run as an independent. He's saying he could announce as a last minute choice if Bernie Sanders gets the Democratic nomination or The Donald actually is the GOP nominee. No question, billionaires—with giant egos to match—making a run does have a precedent.

Ross Perot tried it in 1992. Mr. Perot spent lots of cash—about \$13 million from memory—and ended up with 18% of the vote. Of that, 38% were Republican and 38% Democrat. But those Democrats were in states which were already GOP and so nationally didn't alter the states Bill Clinton needed to win the presidency.

History shows that billionaires in the race creates a resentment factor and so aids the turnout for Democrats at election time. The hypothetical—and it is a hypothetical—of two billionaires in the final stretch gives the Democratic candidate the win. Doesn't matter if it is Hillary Clinton, Bernie Sanders or Minnie Mouse, Democrats and many Democratic-leaning independents just won't tolerate a billionaire fat cat holding dominion over their lives for four years. They can be mayors, but not presidents.

Presidential debates in February 2016

This was the schedule at time of writing. It may change. All candidates participating in each debate will be announced closer to the

THE GOOD, THE BAD & THE UGLY

—MOVIE RECOMMENDATIONS



by Ish

1/ Albatross

★★★

The homework-bound life of Oxford-bound Beth gets turned around when Emelia, a would be novelist, takes a job at the hotel owned by Beth's parents. Things get a bit naughty and reckless when Emelia begins a fling with Beth's father.

2/ Falling Overnight

★★★★

This film is filled with the beauty and power of love, as Elliot meets Chloe the day before he's scheduled for brain surgery to remove a tumor. Chloe, a young photographer, invites him to her opening show of her art and a wonderful connection unfolds in an intimate night of "falling in love" . . . only to have to deal with telling her the next morning of his upcoming surgery.

3/ Skyfall

★★★

Usual Bond formula but starring Daniel Craig and Javier Bardem, as Bond's loyalty to M is tested. MI6 comes under attack and 007 must track down and destroy the threat.

4/ The Host

★★★

An unseen alien enemy threatens mankind by implanting a parasite soul into Melanie's body. She resists a takeover and Melanie and Wanderer become reluctant allies as they go on a quest to track down the men they love in this Sci-Fi thriller.

5/ With Honors

★★★

Harvard student Monty (Brendan Fraser) finds himself being black-mailed by a homeless vagabond, Simon (played by Joe Pesci) living in the basement of the university's library. He has Monty's thesis and senses a meal ticket in exchange. An unlikely bond forms between them and Simon teaches the self-absorbed over-achiever Monty that there's more to life than book learning.

scheduled time.

Dems: Thursday, February 11, 8pm CT (7pm MT); UW-Milwaukee in Wisconsin; Sponsor: PBS; Moderators: Gwen Ifill and Judy Woodruff.

GOP: Saturday, February 6, at Saint Anselm College, Manchester, NH; Sponsors: ABC News, IJReview.com, WMUR; Moderators: David Muir and Martha Raddatz.

Saturday, February 13, in The Peace Center, Greenville, SC; Sponsor: CBS News; Moderator: John Dickerson.

Friday, February 26: Airing to be announced—NBC News was removed by the RNC as a sponsor; University of Houston in Houston, TX; Sponsor: *National Review*.

And the beat goes on.

The
CRESTONE EAGLE

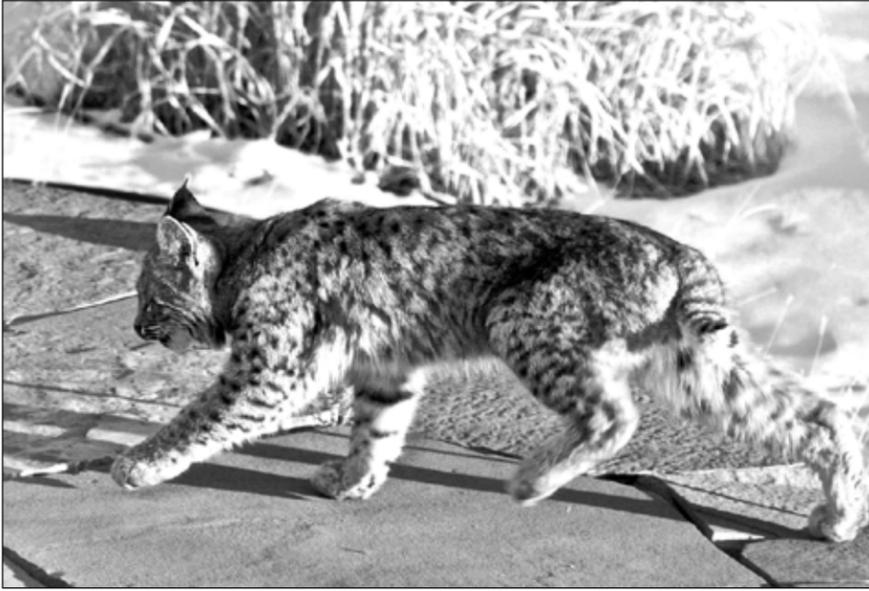
For Sale!

The Eagle wants You!

Your Love of the Valley
Your Vision
Your Ideas
Your Innovations
Your Energy
Your Future!!

After 25 great years, it is time to retire, and, yes, *The Crestone Eagle* is for sale. Small town newspapers are important and profitable businesses, especially in towns with a strong sense of community. The Eagle speaks to a place and a lifestyle that will continue to attract people no matter how the world changes in the future. This is a singular opportunity to make a difference in a community through print and digital media. We need a good steward for the future. Please call if you think you may be the one.

*Please direct all inquiries to our broker,
Vivia Lawson: (719) 256-5800
Please do not contact the Eagle offices.
All inquiries will be mutually confidential.*



Bobcat in the Baca Grants. This somewhat fearless bobcat appeared on Kate Steichen's flagstone patio, likely waiting for one of the bunnies who reside underneath the patio.

photo by Kate Steichen

Super Tuesday: major party caucuses scheduled for March 1

Your vote goes so much further in a caucus process simply by you showing up

by Lisa Cyriacks

The 2016 presidential election cycle began February 1 with the Iowa caucus. The Colorado caucus for both major parties follows soon thereafter, but many voters might not even know what exactly the caucus entails. In Colorado, a caucus is a night of discussion among your neighborhood party members where you'll find yourself pitching for your favorite candidate, hearing from others about theirs.

The caucus is the first step in nominating a presidential candidate. However, the process is multi-tiered and fairly complex. This presidential year you might be even more confused because Republican leaders in Colorado canceled their traditional presidential preference poll at the March 1 precinct caucuses. But Democrats who are feeling the Bern, crave Clinton or are mobbing for O'Malley have a long road ahead before their candidates win or lose the national party's nomination.

Colorado has a round of precinct-level caucuses in neighborhoods around the state. This is the first chance for a candidate to get knocked out of the running. Essentially, at the caucuses, voters aren't choosing a presidential candidate but rather delegates they want representing their party in voting for a certain nominee. Presidential contenders need to garner a minimum of 15% of support to send enough delegates to represent him or her at the next level.

The next level is for delegates designated at local precincts to travel to conventions in all 64 counties where another poll for president takes place.

Then at seven congressional district conventions, parties will take a poll to send delegates for each presidential candidate on to the state and national convention. Then, finally, at the state convention the same thing happens: more polling.

A big reason for Republicans to get involved this time (since the Republican Party cancelled the presidential poll) is to help decide

who could run against Bennett for U.S. Senate. In April, only three GOP candidates out of the dozen or so who have announced they're running will make it out of the state convention. That's because a candidate needs to secure 30% of the delegate vote in order to get on the GOP primary ballot for U.S. Senate.

The grassroots

Precinct caucuses are about party building, and there's much to be done at the local level during these neighborhood political gatherings. Registered voters in the two major parties—Democrat and Republican—will help select their neighbors to positions of power in the party structure. They'll help form the state's organization for the next two years by electing precinct captains, district captains, and other positions on up to convention delegates.

The caucuses are also a place where you can meet candidates for local and state offices, and also just get a sense of what's going on politically.

January 4 was the last day to register to vote and affiliate with a major party for the Colorado caucuses. But if you haven't registered to vote yet, go to govotecolorado.com.

Sooooo . . . who should you support on Super Tuesday? That's one you'll have to figure out—enthusiastically and perhaps with some persuasion.

Kai Beetch Design

- ~ Blinds
- ~ Shades
- ~ Drapes

Crestone
719-256-4498

What's going on at the State Capitol?

by Lisa Cyriacks

The legislative session began January 13, 2016. Republicans who control the Senate and Democrats who control the House will hash out bills over the next few months. Governor Hickenlooper is a year into his final term.

Democrats and Republicans are offering differing agendas but they'll both be dealing with budget cuts and will be debating laws this year under the pressure of a presidential election cycle while every member of the House and half the Senate is up for re-election themselves.

What's on the table? Taxes, housing, health insurance coverage, women's reproductive rights, end-of-life decisions, among other issues. Despite a strong economy, the State faces a budget shortfall made all the more tricky by laws under TABOR around constitutionally-required taxpayer refunds. And of course, it wouldn't be a Colorado legislative session without marijuana bills and efforts to get rid of red light cameras that many drivers curse while zooming through intersections.

On the table is a Democratic proposal to reclassify the hospital provider fee from a tax subject to TABOR, and therefore the requirement to issue tax refunds when revenue exceeds the rate of inflation and population growth.

The fee was established in 2009 to allow the State to obtain federal matching funds, which ultimately expanded Medicaid and other health care options for Colorado residents. Currently, the fee is subject to revenue restrictions tied to TABOR.

Democrats, with the backing of Governor Hickenlooper, have made moving the hospital provider fee into a TABOR-exempt enterprise fund a top legislative priority this year. This, Democrats say, will free up hundreds of millions of dollars in the budget.

Predictably the Republicans are opposed to this move. Republican Senate President Bill Cadman of Colorado Springs says much of the budgetary woes can be attributed to Medicaid expenses. He says the current Medicaid system is unsustainable, with its 350% growth over the last 15 years. Much of the growth has come in recent years, on the heels of President Obama's Affordable Care Act, which allowed for more people to access Medicaid.

2016 also promises to be a year with a lot of potential for changes in ethics and accountability. Lawmakers this session are looking at trying to rid inherent conflicts of interest at Colorado's Independent Ethics Commission, the currently director-less panel tasked with hearing complaints about potential political wrongdoing in Colorado. Denver Democratic Rep. Beth McCann is sponsoring legislation that would stop the Attorney General from giving legal advice to the Colorado Independent Ethics Counsel, while at the same time offering legal advice to those under investigation. She is also looking to changing the way Colorado handles complaints against politicians. Currently, the state is the only one

in the nation where citizens have to investigate and prove claims of potential wrongdoing by public officials, while those officials can use State money in their defense.

Lawmakers also plan to tackle Open Records issues. According to Jeffrey Roberts, director of the Colorado Freedom of Information Coalition, "The biggest-impact proposal is meant to ensure that public records maintained in spreadsheets and databases are made available to requestors in similar file formats that can be searched and analyzed."

Another proposed bipartisan effort would bring the judicial branch of government under the Colorado Open Records Act, giving the public more access to administrative records in the state court system.

Colorado this year has a historic state water plan aimed at making sure the state has enough of it, and Gov. John Hickenlooper wants lawmakers this session to examine how to fund goals in the plan. So far Hickenlooper has said his priorities include "water storage projects and alternative transfer methods—ways to meet growing municipal water demand without resorting to buy and dry, which is what happens when a municipality buys land from a farmer for the water rights and lets the land go dry," reports *The Coloradoan*.

On the fracking front, nearly a dozen ballot proposals "aimed at Colorado's oil and gas industry—including increasing setbacks to 4,000 feet and a statewide ban on the use of hydraulic fracturing, or fracking—have been filed with the state's Legislative Council, the first step to getting on the 2016 ballot," according to *The Denver Business Journal*.

Political pundits are predicting a plethora of wedge issue bills introduced by lawmakers that can be used as talking points during their campaigns. But that's politics.

MIRAGET TRADING CO.

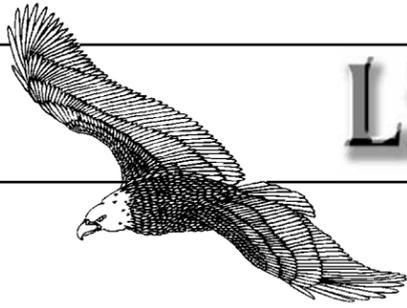
THE BEST COFFEE IN THE VALLEY!
100% Organic and Fair-Trade

GREAT COFFEE LOCAL ART
Open Every Day 8am to 4pm

IN MOFFAT NEXT TO THE POST OFFICE

TREAT YOUR VALENTINE TO A RASPBERRY MOCHA LATTE!

719-256-4357
WWW.MIRAGETTRADINGCO.COM



Living on the Earth

Crypto Jews of southern Colorado & northern New Mexico

by Mary Lowers

Crypto Jews were victims of the Spanish Inquisition who, while outwardly Catholic, were secretly observant Jews. In 1492 King Ferdinand and Queen Isabella of the newly united Spain ordered all Jews in their realm to convert to Christianity or be banished from their homes. It is estimated that 50,000 of the kingdom's 125,000-200,000 Jews were baptized. Those who refused to abandon the faith of their fathers were forced to flee.

Many went to North Africa, Italy, and Navarre, a kingdom that existed between Spain and Portugal on the Iberian Peninsula. Some fled to Portugal where soon conversion was demanded. Some of these "converses", as they were called, went as far as the Americas. Many converses sincerely embraced Christianity and intermarried with so-called "Old Christians". A small number

which we get the name Spain. Jews from southern Europe are known as Sephardim. Jews who trace their ancestry from north eastern Europe are called Ashkenazim. Early Christians on the Iberian Peninsula persecuted the Jews under Frankish and Visigothic rule. It was during this early inquisition that Jews first went underground, becoming the first Crypto Jews. This period lasted from 489AD to 711AD.

When Muslims from North Africa began their conquest of much of the peninsula in 711AD, a three hundred-year period of tolerance for Jews and Christians came to pass. Muslims, Jews and Christians were all seen as people of the book with roots in the Old and New Testaments. The Bible had many common characters and stories with the Muslim holy book, the Koran. Non-Muslims had to pay a special tax. Jewish art, music,



This headstone displays a cross along with an inscription in Hebrew.



Crypto Jews around 1900.

soldier and bureaucrat, Francisco Gomez Robledo, was said to have a tail, "the mark of a Jew." The governor, his wife and the bureaucrat were all acquitted by the Holy Office of the Inquisition. When the Inquisition was at last abolished with Mexican independence from Spain in 1821, it had killed about a hundred Crypto Jews and had held many in prison. Rumors of secret Jewish ancestry had been whispered among northeños, descendants of northern settlers, for generations in northern NM and the San Luis Valley of CO.

Research discovers Crypto Jews in New Mexico & Colorado

In the early 1980s NM State Historian Stanley Hordes received a Fulbright-Hays Fellowship to examine the Spanish Inquisition in Mexico. While examining records in Mexico and Spain he discovered the surnames of Crypto Jewish families. Hordes had records of NM families who came to him with traditions in their families hinting at Jewish roots. Somehow it seemed Crypto Jews in northern villages had managed to preserve the faith of their fathers. Emilio and Trudie Coca, a NM couple, went from one little northeño cemetery to another photographing gravestones. Many of the headstones were inscribed with surprising names such as Adonay, similar to the Hebrew word for lord, Andonai. Crosses along with six pointed stars like the Star of David were engraved on the tombstones.

In 1987 National Public Radio aired a documentary on the Crypto Jews. By 1990 northeños and latinos from Texas, Colorado, New Mexico and Arizona were discovering pieces of Jewish heritage. Many recalled playing with four-sided tops like the dreidel of Hanukkah. Some said in the spring their families baked unleavened bread. Stories of mothers and grandmothers crying out on their death beds, "Children we are Israelites" were remembered.

Isabelle Medina Sandoval spent her childhood in the 1950s and 60s in WY. But her parents and grandparents were from villages in Mora County in the north-

ern part of NM. After Sandoval attended a talk by Stanley Hordes describing Crypto Jewish customs, she recalled her family hardly celebrated Christmas and showed little interest in Catholicism. She recalled her parents drinking wine with a label showing people sitting around a table in funny little hats, yarmulkes. When she asked why they were drinking Jewish wine she was told it was clean, kosher. Keith Chavez, an Albuquerque engineer who was born Catholic and now attends an orthodox synagogue said, "My great grandmother told me that we were Sepharditos."

Genetic markers & breast cancer

One of the more dramatic revelations of Crypto Jewish identity is the story of Father William Sanchez, an Albuquerque priest. He knew as a child that his family was different. They spun tops at Christmas, avoided eating pork and spoke in private of a past in medieval Spain. Father Sanchez did a DNA test after watching a TV special on genealogy. The owner of the DNA company phoned Father Sanchez asking if he knew he was Jewish. He learned he was a Cohanim, a member of a priestly caste with Judaism tracing its roots to Aaron, the brother of Moses. The genetic marker of the Cohanim is strong because the priestly caste tended to marry other Jews. Michael Hammer, a Jewish genetics expert, said these findings, along with Jewish traditions and practices, make the Crypto Jewish story believable.

Father Sanchez embraced his new knowledge. He said, "Some of us can practice rituals of Crypto Judaism and still be good Catholics."

In the early part of this century, doctors in CO discovered that women from certain northeño families in the San Luis Valley were susceptible to an aggressive breast cancer linked to a genetic mutation called 185delAG, closely associated with people who had Jewish roots. This mutation was first found in CO families and soon appeared in northern NM. An



Emilio and Trudie Coca, a NM couple, went from one little Northeño cemetery to another, photographing gravestones. Many of the headstones were inscribed with surprising names such as Adonay, similar to the Hebrew word for Lord, Andonai. Crosses along with six-pointed stars like the Star of David were engraved on the tombstones.



Catholic priest and Crypto Jew, Father Sanchez of Albuquerque, NM.

medicine and education thrived until the Muslim kingdoms began to fall apart (1002-1149AD). King Ferdinand and Queen Isabella, who united the powerful kingdoms of Aragon and Castile in 1492, drove the last remaining Muslims or Moors out of Spain. They instituted a powerful inquisition headed up by the Jesuit priests or "soldiers of Christ." They wanted to rule a wholly Christian nation. This included Spanish colonies far away from the Iberian Peninsula.

In 1571 the Spanish Inquisition came to the Americas in force. Many Crypto Jews moved to the northern reaches of the Spanish Empire, into what is now northern New Mexico and southern Colorado, to get as far as possible from the prying of the inquisitors. According to records from the Inquisition in the Americas the first official expedition into what is now NM, led by Juan de Oñate in 1598, included converses. In the late 1600s the governor of NM and his wife were accused of practicing Judaism. During the same period a

continued to practice Judaism in secret under the cover of Catholicism. At the end of World War I, a previously unknown community of Crypto Jews was discovered in an isolated Portuguese village. Prior to this discovery historians felt most of the Crypto Jews for a few generations worshiped in secret, then only kept up a few elements of the Jewish faith; for example, they knew fragments of prayers and did not eat pork.

The Inquisition was madly hunting Crypto Jews. The Inquisitors called them Judaizers or practitioners of La Ley de Moises (Law of Moses). This was not the first or the last persecution of Jews in Europe. It must be remembered that Jews first settled in the Iberian Peninsula about 900BC. The Jews called this land Sefarad and the Romans called it Hispania, from

continued on page B-6



by Kim Malville

Venus will be obvious in the mornings of the beginning of February. It will be the brightest object above the southeastern horizon. Mercury will be close to the horizon and difficult to see for those who live close to the mountains. To the far right of the arc of planets is Jupiter, brighter than any star in the sky, but still not as brilliant as Venus. In between are four bright objects, two stars and two planets: Antares, Spica, Saturn and Mars. This a rare alignment that hasn't occurred for more than 10 years, so it is worth at least one early rising during the first week of February. This arc of planets is about 110 degrees in length along the ecliptic, the path the sun takes across the sky. The planets do not stray far from the path. Not surprisingly the maverick in our original collection of nine planets is Pluto, which, as well all known, is not a

small icy objects, similar in size to Pluto or smaller, known as Kuiper Belt Objects (KBO). Just recently their orbits have been carefully measured, and two astronomers, Mike Brown and colleague Konstantin Batygin at Caltech, have found that their long axes are oriented in a peculiar way, suggesting the gravitational influence of an undetected massive planet lying far beyond.

This object, which they have nicknamed Planet Nine, has a mass about 10 times that of Earth and orbits about 20 times farther from the sun on average than does Neptune (which orbits the sun at an average distance of 2.8 billion miles). In fact, it is so far from the earth that this new planet may take between 10,000 and 20,000 years to make just one full orbit around the sun. Brown notes that the putative ninth planet—at 5,000 times the mass of



Artist's concept of the record-breaking supernova ASASSN-15lh as it would appear from an exoplanet located about 10,000 light years away.

illustration by Jin Ma, Beijing Planetarium, courtesy of Sky and Telescope

them and moved them out to their present locations. "But there is no reason that there could not have been five cores, rather than four," says Brown. Planet Nine could represent a fifth core, and if it got too close to Jupiter or Saturn, it could have been hurled outward into the darkness of the edge of the solar system. Brown has been receiving hate mail for the past decade, including letters from school children showing cartoons of Pluto the dog, crying in despair at becoming a dwarf. Whatever happens, I suspect Brown is worthy of a little absolution if he can find this planet and make the solar system well again with nine genuine planets.

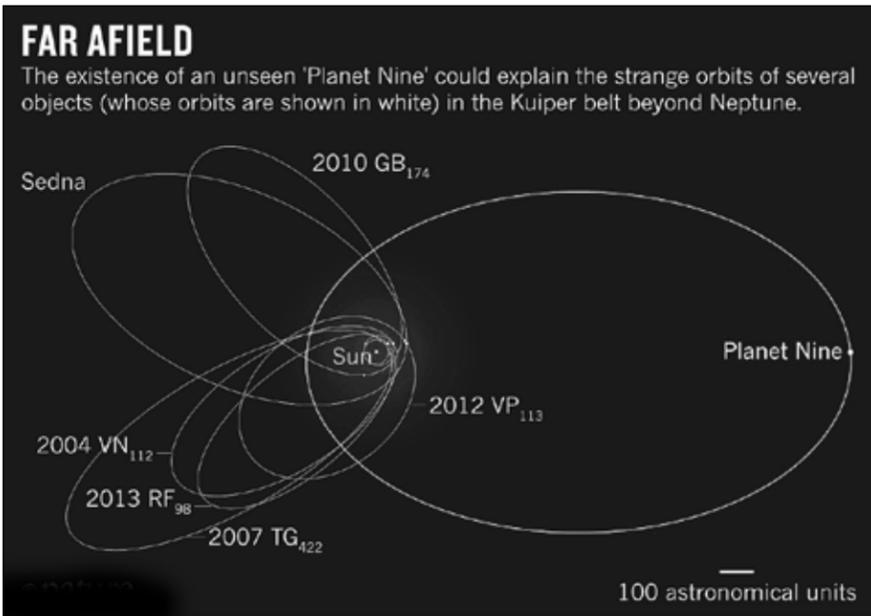
A splendiferous supernova

A fantastically small and extremely bright object that first appeared last June could be the brightest, most powerful supernova ever spotted by astronomers. It has more than 20 times the brightness of all the stars in our Milky Way Galaxy, is 570 billion times brighter than the Sun, and lies at a distance of 3.8 billion light years. That, by itself, provides a powerful perspective on the immensity of our universe. The supernova actually occurred 3.8 billion years ago, and it has taken that much time for its light to reach the Earth.

What beggars belief is that this supernova is probably produced

by the destruction of a neutron star, a tiny ball of compressed neutrons a mere 10 miles in diameter, but with a mass greater than the sun. It is spinning one thousand times a second, which means its surface is moving at some 30,000 miles per second, fast but still less than the speed of light. This neutron star has collapsed into such a tight ball that all of its electrons and protons have been forced together to form only neutrons. Its rapid spin has generated a magnetic field some 100 trillion times stronger than the Earth's field. During the first four months since the supernova's discovery it has released as much radiation energy as our sun would produce in 90 billion years of shining.

Supernovae are the real heroes of our universe. They provide most of the elements in the world around us that are not hydrogen or helium. The oxygen, calcium, carbon, and nitrogen in our bodies, so very necessary for life, were produced by a supernova explosion in our galaxy long before the solar system was formed. The good news for astronomers is that the supernova is so bright it will be relatively easy to get high-quality observations. We'll know more in the next few years about this astonishing object. We're just very glad that it is not nearby! The supernova burn would be horrendous.



Possible 9th planet.

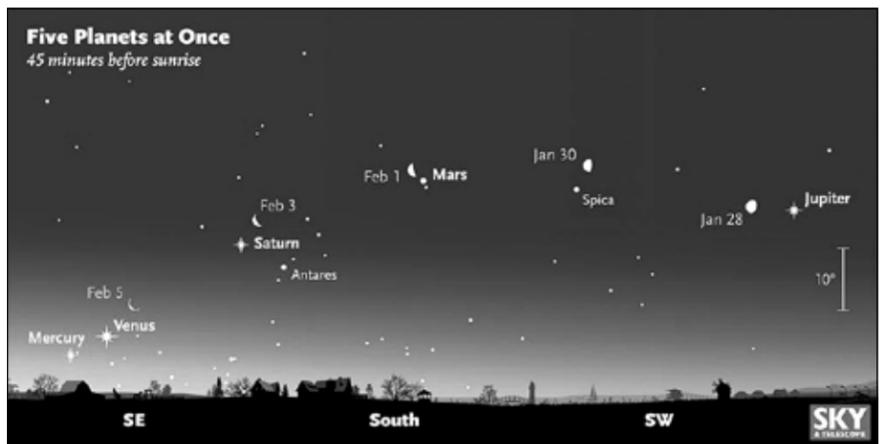
planet but a dwarf planet. Its orbital characteristics are substantially different from those of the planets. Pluto's orbit carries it by more than 17° above and below the ecliptic and sometimes inside the orbit of Neptune. For these and other reasons it was demoted in 2006 by those who attended the meeting of the International Astronomical Union in Prague. Now it turns out that the Caltech astronomer, Mike Brown, who has been vilified by Pluto-lovers for the significant role he played in the demotion of Pluto and for his book *How I Killed Pluto and Why It Had It Coming* has something new up his sleeve. Read on.

Breaking news: There may be a ninth planet

Out beyond Neptune, in addition to Pluto there are thousands of

Pluto—is sufficiently large that there should be no debate about whether it is a true planet. Unlike the class of smaller objects now known as dwarf planets, Planet Nine gravitationally dominates its neighborhood of the solar system. In fact, it dominates a region larger than any of the other known planets, which Brown claims could make it the most "planetary" of the planets in the solar system.

Where did our putative Planet Nine come from and how did it end up in the outer solar system? We have long believed that the early solar system began with four planetary cores that went on to grab all of the gas around them, forming the four gas planets—Jupiter, Saturn, Uranus, and Neptune. Over time, collisions and ejections shaped



The Arc of Planets before Sunrise on February 1. The changing position of the moon from January 28 to February 5 is shown. photo by Sky and Telescope

CRAIG ELECTRIC
 STEVE DOSSENBACK
 ME29753
 P.O. BOX 1178
 CRESTONE, CO 81131
 Home 719-256-5951
 Cell 719-588-9626
 sdossenback@gmail.com

ADMIT ONE **KRZA** **ADMIT ONE**
 88.7 FM | 98.7 FM | 100.9 FM
 www.krza.org
 Listening to KRZA is like having your own personal concert, performed just for you.

Garden Guru

All those seed catalogs!



by **Matie Belle Lakish**

If you've ever order a packet of seed by mail, from any company, you are probably getting catalogs for seeds and plants by now, and may have a whole stack of them, as I do. It's always fun, when the snow is piled up around the house, to sit by the cozy fire and dream of all the veggies and fruits your garden will produce next summer. By now you may have gone through your seed stash to see what you need to buy for next year. If not, this is a good time to take inventory. Most packets of seeds are viable for more than one year. Some, such as beets, are good up to four years. Beyond that, you probably need to restock with newer seed.

There are so many varieties of vegetables out there that the choice can be dizzying. What criteria do you use to make a selection? Most of us have to set some priorities for how we will make our choices. First, I look at the number of days to maturity, as our short season can be a challenge with many frost-sensitive species. Second, I try to choose open-pollinated seeds as much as possible so that I can save the seeds for future years. Of course, flavor and personal preference factor in, as well. If everyone in my family prefers butternut squash over acorn, then I need to look for a short season butternut, and it may end up being a hybrid whose seeds I cannot save. I also look at the quality and cost of the seeds. My favorite company, Pinetree Garden Seeds, has great prices. However, the viability of the seeds is not quite as high as some other company's seeds. I also consider if the seeds are locally grown. Often those grown in the valley, or the region, will be the most successful. There are a couple of valley seed growers that sell varieties

that have been developed for our area. The seed exchange is a great source of local seeds.

Open-pollinated (OP), Hybrid (F1), & GMO

I get questions about the difference between open-pollinated, hybrid, and genetically modified, and how to tell what type of seeds you are getting. I have been told, and see it in various catalogs, that none of the vegetables available for the home gardener have been genetically modified. Even Burpee, one of the larger corporately owned seed companies, says, "Burpee has never bought or sold genetically modified (GMO) seeds or plants, and we have no intention of doing so in the future." Most smaller, still family-owned companies, such as The Natural Gardening Company, have similar statements. My understanding is that most GMO plants are sold to the commercial market, not to home gardeners.

Open-pollinated (OP) is the old fashioned plant whose seeds you can save. These are typically the heirlooms, as well as some newer varieties that will come true to type if you plant the seeds. I prefer these so I can save my own seeds. However, open-pollinated seeds are becoming harder and harder to find. Most seed companies will have only one or two OP varieties of any vegetable, whereas there used to be several of each kind.

Hybrid (F1) means the plants were created by crossing two or more varieties of the same species of plant to get specific qualities that the various parents may not have. Sometimes this can take several generations of crosses to get the final variety. If you try to plant the seeds from these plants they will not be like the parent, and may not even germinate. These are usually identified with the F1 symbol. Corn is an exception, where there are many kinds of hybrid initials to indicate different types of crosses.



Seed catalogs.

Favorites

Pinetree Garden Seeds, www.superseeds.com: Great prices and selection of varieties from around the world, many open-pollinated. The catalog has more choices than the website. Maine, Family owned.

Jung Seeds and Plants, www.jungseed.com: Wide variety of plant types, especially small and unusual fruits. Moderately priced, family owned for 109 years, Wisconsin.

Vermont Bean Seed, www.vermontbean.com: Obviously, specializes in beans, but have other veggies as well.

Seeds 'n Such, www.SeedsN-Such.com: A newer company with all seeds priced the same. Owner states his goal is saving seed costs for gardeners.

Territorial, www.Territorial-Seed.com: Wide selection, some unusual varieties, but pricey. Strong on garlic and salad greens. Oregon.

Henry Field's, www.Henry-Fields.com: Corporately owned now, but, along with Gurney's, is introducing the University of Saskatch-

ewan bush cherries. Romeo dwarf cherry joins Carmine Jewel this year. Moderately priced. Indiana.

Adaptive Seeds, www.adaptive-seeds.com: This is a new one for me, but I like what they are doing, and they have my favorite broccoli, Nutribud. They say, "NONE of our seeds are proprietary hybrids (F1), patented, PVP, or genetically modified (GMO)." Oregon, family owned, co-operative with other small growers.

There are many other companies that have good seeds—too many to list. Johnnie's, Burpee, Seeds of Change, and many more. Also check out the Seed Saver's Exchange online.

For fruit trees and bushes, my current favorite is Schlabach's Nursery, 2784 Murdock Rd. Medina, NY 14103. I have ordered several fruit trees and bushes from this Amish family, and quality is high, while price is low. Selection is good. Many varieties are not the usual ones in other catalogs. Quite a few antique apples. No web access. Write for a catalog. New York State.

**Same network.
Same staff.
New name.**

**COLORADO
CENTRAL TELECOM**

Crestone Telecom is now
Colorado Central Telecom
— a big change for us, a
small change for you.

719-937-7700
ColoradoCentralTelecom.com
Serving Chaffee County and the upper San Luis Valley

*Matie Belle's
Garden*
Garden Guru

Put A Half-Century of Gardening
Experience to Work for You

Garden Planning, Soil Improvement
Variety Selection
Fruit Tree Planting & Pruning

Matie Belle Lakish
256-4252 or matieb42@gmail.com

**Carrie Caverly
Design Studio**

Architectural & Interior Design

Sustainable | Healthy | Energy Efficient
New Construction | Renovations
Residential | Commercial

web | carriecaverly.wordpress.com
303.885.8665 | carriecaverly@gmail.com

**CRESTONE MOUNTAIN
BUILDERS LLC**

20 Years Experience Building
in the San Luis Valley

Design-Build
Construction & Renovation

Shane Caverly
(719) 239-4111
ShaneCaverly@gmail.com

EXPERIENCED | LOCAL | TRUSTED | INSURED



Shirley Motz 719.937.1691

Top Producer 2013

Top 1000 Trends Journal Realtors



Dara Blumenhein
303.709.3995

Your Friend in Real Estate



\$733,000 Very unique Feng Shui retreat built on 4 acres with earth changes in mind. 3 sep living spaces, off-grid. Beautiful stone & tile throughout. Meditation Kiva w/stained glass. 707695



\$692,000 Approx. 20 acres with creek. Elegant 2638 sq.ft, 3BD, 2BA 2 car garage home. Corian counters, diamond-plaster walls, marvelous stonework entryway & throughout house. Mature aspen trees, lotus ponds.



\$399,000 Approx. 70 acres, 400gpm ag well, 2 stock wells. Beautifully remodeled ranch house, 4BD 2BA. Large workshop, 4-car garage, 2 silos, box car, historic outbuildings & more. 710549



\$475,000 Partially finished construction, this property is part of an estate. Seller is open to offers. In the town of Crestone, commercial district. Residential/multi-use possibilities. 709800



\$420,000 41 pristine acres in the Grants. A great retreat property. Solar system, new batteries. 3550 sq ft with home and meeting/retreat building. Creek runs through property. 703497



\$365,000 2BD 1.75BA Lovely Victorian home & guest cottage on 35 acres. Spectacular views, organic garden area, room for horses. Great for group retreats or sustainable living.



REDUCED! \$275,000! Seller will finance. Unique property with 2 units and office space, 3BD 2 1/4BA, full sauna, 33' grow dome, orchard. Borders greenbelt & creek. 699764



REDUCED! \$254,000 1.5 story 2BD 1.75BA, tile & wood floors w/radiant heat. Sunroom, fenced yard, steam shower. Private cul-de-sac, high on the mountain! 699605



\$229,000 5BD 3 1/4 BA with additional room off Master suite. Kitchen has plenty of cabinet space. Attached 2-car garage. 699746



\$227,500 3BA 2BA, attached garage. Home for large family; spacious rooms, vaulted ceilings, 6 panel doors, tiled floor, fenced yard, deck. Sits on 3 lots, in cul-de-sac. 709053



REDUCED! \$223,000 2BD 2BA, spacious straw bale home. Radiant heat, wood burning stove. Amazing views off decks and patio. Creek meanders through the property! 699757



\$210,000 This home has 40 acres with an artesian well. The lovely home has 3BD and 3 BA. Horse set-up, equipment barn and fenced pastures. 699756



REDUCED! \$199,900 3BD 2BA, spacious, light home. Fireplace, vaulted ceilings, new carport; sits on 2 consolidated lots, at the end of the street. Downstairs has own entrance. 708971



\$198,000 Perfect retirement home! Santa Fe-style home on 1 acre. Detached 1 car garage, garden area, beautiful kitchen, tile floors, wood stove, radiant heat, large porch. 2BD 1BA. 703882



\$195,000 Secluded, close to Willow Creek with views, surrounded by greenbelt. Spacious kitchen, appliances. Green construction, fire resistant, kitchen gardens, solar shades. 711195



REDUCED! \$190,000 New construction, 2BD 1 1/2BA. Backs to greenbelt & creek. Passive solar, year-round warm earth mass floor. Custom kitchen. Bathroom with garden tub. 699761



\$189,500 Cozy 3BD 2BA 1500 sq ft beautifully situated Victorian Ross Chapin cottage. ETS & baseboard heat. High ceilings, skylights, private balcony with amazing views. Convenient to town. 699771



\$179,500 3BD 2BA 1434 sq ft cute Victorian Ross Chapin cottage home. ETS & baseboard heat. High ceilings, skylights, private balcony with amazing views. Convenient to town. 699771



\$179,500 Recently remodeled, bright, spacious, cozy duplex with private patios 5BD 3BA. Conveniently located on the edge of town. Close to Charter School & grocery store. 699772



\$175,000 Estate sale, sold "as-is", unfinished. Concrete constructed, 6" walls, on 5 prime lots in the Baca, with creek, greenbelt, large trees. Radiant-floor heat, boiler installed. 709580



REDUCED! \$169,000 Creek side home! Fireplace, spacious kitchen, deck with hot tub, views of the mountains. 3BD 1BA up, 1BD 1BA apartment downstairs. 699746



\$150,000 Nestled in between the town of Crestone & Chalets I. 2 floors, 2BD, 2 BA, bright, spacious living room with high ceilings, private balcony and patio. 699773



\$150,000 Nestled in Downtown Crestone, this cozy 1024 sq.ft. home is bright & spacious, with great views of the Sangre de Cristo Mountain range. 712504



\$149,500 Great getaway home near Cottonwood Creek. Builder's own home, great room with vaulted ceilings, quality craftsmanship; loft could be guest area. 699734



\$144,000 Beautiful Baca Meadows Town Home. 2 floors, 2BD 2BA, spacious living room with high ceilings, private balcony & patio areas. Convenient to town. 699781



\$139,000 7.71 acres, town artesian well, 1352 sq ft. 2BD 2BA, great views, plenty of storage. Detached garage, storage container, shed. Commercial/residential zoning. 710441



\$138,500 Great starter home! 3BE 2BA, vaulted ceilings, on 1 acre, close to Charter School & town. Screened-in front porch, large deck, private. 713001



\$119,000 Eclectic, artsy home in traditional adobe style, surrounded by privacy wall, gardens & poplar trees. Guest quarters, large open-floor plan, custom details throughout, 2 wood stoves, art studio, healing room. Amazing deal! 714274



\$79,000 Nice 3BD 1BA starter on retirement home. Wood stove, garage, metal roof. Situated on 6 lots with expansive mountain views & garden space, on shared well. FHA, VA or USDA. 705685



\$79,000 2BD 1BA, on 3 acres. Recently added utility room. Extra insulated. Town artesian well. No covenants, commercial/residential zoning. 710550



\$39,500 4BD 3BA on 1 acre, needs TLC. Central water, community fishing pond, close to hot springs. Being sold "AS IS", no warranties expressed or implied, conveyed by quit claim deed. 710550

Baca Grande maps are available for sale at our office!
Map includes all Baca Grade lots!
\$4.00

LAND SPECIALS

Please stop by the office for the brochure of the full lot list!

- 511C Chaparral Way: high up in Chalet I, across from the creek, on a private cul-de-sac. Owner will finance. 1.41 acres \$24, 900
- 2 prime commercial lots in the Town of Crestone, across from grocery and coffee shop. Build your dream business! \$90,000
- 142 & 143 Raindance Trail: 2 lots totaling 6+ acres, on cul-de-sac in the Grants. Very private, off-grid lots, buy together or separate. \$5,000 each
- 1130 & 1131 Homestead Road: off-grid lots in the Grants, seller says "Make offer!" \$4,000 each
- 3821C Virtue Way: absolutely gorgeous 3 consolidated lots across from creek, very secluded area, heavily treed. \$24,000
- 2756 Carefree Way: nice corner lot with panoramic views, close to paved road. All tap fees paid, water and sewer to lot, great price \$6,000!
- 741 Rendezvous Way: great views, beautiful trees, 0.5 acres. \$4,500
- 163 & 164 Moonlight Way: close to Baca Park, trails and creek, 0.75 acres. \$7,000
- 1611 New Meadow Overlook: quiet cul-de-sac, 0.5 acres. \$6,200
- 1529 Whispering Hills Trail: panoramic views, on a cul-de-sac, 2 acres. \$9,000

New leadership at Rio Grande Basin Roundtable

by *Bea Ferrigno*

The annual election at the January 12 meeting of the Rio Grande Basin Roundtable (RGRT) in Alamosa resulted in several changes in its leadership. Mike Gibson, who tried to resign last year (no one offered to replace him) finally left the Roundtable, which he has ably led since its inception 10 years ago; he also resigned from his fulltime position as director of the SLV Water Conservancy District (SLVWCD). Nathan Coombs of Manassa was elected to replace Gibson as chairman of the Roundtable; Heather Dutton will become vice-chairperson of the Roundtable and director of the SLVWCD, and Cindy Medina was selected to remain secretary of the Roundtable. Travis Smith commended the new officers for their willingness to participate, remarking that there is not good pay (in fact, none; all members of the Roundtable are volunteers) and that membership need not be a life sentence.

New representative from Crestone

Last year an executive committee was formed to encourage new leaders; it nominated the newly seated officers and appointed five new members, including Baca Grande resident Ann Bunting. She has been the Crestone water system operator for the past two years and has attended Roundtable meetings since 2014. Bunting, who will represent the mu-

nicipalities of Saguache County—primarily Crestone, Saguache, and Center—“looks forward to building a dialog among the northern valley municipalities and exploring possibilities that will best serve the public and protect our water supply.” Prior to Bunting’s appointment, Crestone and several other valley towns had been represented on the RGRT by Atty. Gene Farish.

Conservation easement on the Rio Grande

In other business, the Roundtable approved a proposal from Nancy Butler of the Rio Grande Headwaters Land Trust for \$90,000 in Water Supply Reserve Account funds and \$10,000 from the RG Basin account to help establish a conservation easement at the Nash property, a 198-acre working ranch near Del Norte. The ranch holds the No. 2 priority priority water right on the Rio Grande, includes nearly a mile of both banks of the Rio Grande north channel, with 78 acres of wet meadows and more than 80 acres of riparian area. There is significant wetland habitat, important for the endangered Southwestern Willow Flycatcher and threatened Yellow Billed Cuckoo. As the application mentions, “wetlands make up less than 3% of the [Colorado] landscape, but provide benefits to over 75% of the species in the state. One in four species are dependent on this habitat. . . . Since being settled, Colorado has lost approximately half of



Deer in the town of Crestone January 4.

photo by Lori Nagel

all wetland acres in the state. In the arid San Luis Valley, 66% of the wetlands occur on private lands;” thus the importance of preserving wet and riparian areas through voluntary conservation easements.

Reduced funding in 2016

Funds administered by the Colorado Water Conservation Board and the Basin Roundtables are derived from severance taxes. With the recent precipitous decline in oil prices, extraction from the state has slowed significantly, resulting in a reduction of 20 to 30% in funds for this year. Craig Godbout, the Roundtable’s liaison with the CWCB, reported that the WSRA ordinarily receives about \$3

million early each year, but only \$1.5 to \$2 million are expected for January 2016. Similarly, the RG Basin account usually receives \$120,000 in January, but this year’s amount may be as little as \$60,000. Next year’s funding could be 50% less than the customary level. Basin Roundtables statewide are beginning to rank the projects they submit for funding according to criteria established in their respective basin implementation plans.

RGRT meetings, open to the public, are held the second Tuesday of each month from 2 to 5pm at the conference room of the SLVWCD, 623 Fourth Street, Alamosa.

CRESTWOODS

*CUSTOM FURNITURE
CABINETRY • INTERIOR FINISH*

Joe Michalak
(719) 588.3361
jmich0223@gmail.com

P.O. Box 604
Crestone, CO 81131

State Farm®

Torben Walters, Agent
451 Santa Fe Avenue
Alamosa, CO 81101
Bus: 719-589-9031
www.sfalamosa.com

State Farm, Bloomington, IL
1211999

Building our community one project at a time since 1993

Potter Excavation, Inc. PO Box 523 719-256-4063

Insulate for the Winter Season Call us for quotes!

Regular deliveries to the SLV area

PONCHA LUMBER

ph: 719-539-4754 fax: 719-539-9101
 www.ponchalumber.com
 10021 West Highway 50 • Poncha Springs, CO 81242

sand dunes swimming pool

Winter hours continue until the end of February

FULL FOOD MENU & WEEKLY SPECIALS
Open 12pm-1pm, Lap Swim 1pm-8pm, Closed Thursdays
Phone: 719-378-2807
Address: 1991 Co. Rd. 63, Hooper, CO 81136

REGULAR ADMISSION RATES:
Adults - \$12.00
Children (Ages 3-12) - \$8.00
Seniors, College, Military (Ages 65+) - \$10.00
Children 2 & Under - FREE

www.sanddunespool.com

There's No Such Thing As A Weed

by Dorje Root

Uva Ursi (Arctostaphylos uva-ursi)



by Dorje Root

Also known as Bearberry, Kinnikinnik, Creeping Manzanita, and Upland Cranberry, this evergreen shrub can be found and harvested year-round. Uva Ursi is in the Ericaceae family, a plant family that includes heathers, blueberries, rhododendrons, and Pyrola. With its dark green leathery leaves and red berries, Uva Ursi is easy to spot even through the snow. It likes to grow in Aspen forests; I've found it in abundance near Bonanza.

Uva Ursi's flowers look like little pinkish white vases. The

red berries are edible; slightly sweet though dry and mealy. Native peoples made tea with the berries, and dried and ground them and made a type of bread mixed with Corn meal and Cactus syrup.

Uva Ursi is best known in herbal medicine as a remedy for urinary tract infections and inflammation. It has diuretic, antimicrobial and astringent properties, all of which are helpful in UTIs. It's best used as a tea of the leaves along with soothing herbs such as Marshmallow root or corn silk. It's not suitable for use in pregnancy, although it makes a very effective sitz bath for postpartum stitches or soreness.

The name, Kinnikinnik means "smoking mixture", and the leaves have been used as an alternative to tobacco, or as an addition to tobacco and other herbs including Mullein.

Uva Ursi is easily gathered any time of the year. If you need to purchase herbs, make sure to



Photo of dried Uva Ursi leaves.

get them from a quality herbal company.

As a flower essence, Uva Ursi "helps to strengthen and increase psychic ability", according to some. And according to other sources, "Nurtures the feminine, the vessel of creativity, the deep, dark void from which all life flows. Helps one to access the healing and creative powers of the deeper resources within."

And a third source describes this essence as, "This essence gently opens the back of the heart chakra and supports the process of returning to self-love."

Dorje Root is an herbalist and natural healer, also working with Plant Spirit Medicine, Intuitive Energy Healing and 'The Journey' cellular healing. For an appointment call 719-937-7786 or visit www.rootsofhealing.com.

Moffat Family Health Center

545 Moffat Way
in Moffat

Please call for an appointment

719-589-3658

vwhs.org

Valley-Wide Health Systems, Inc.

Terrapin Enterprise, Inc.

Builder Since 1976



Richard & Elinor Laurie

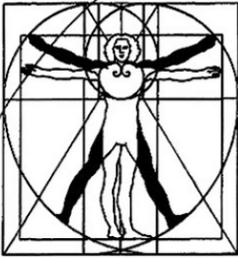
719.256.4032

- New homes • Additions
- Remodels • Decks

elinor1320@fairpoint.net

Licensed and Insured

ARCHITECTURAL HARMONICS



MICHAEL BERTIN, ARCHITECT

25 years, designing in Crestone
in Crestone: (719) 256-4854
phone: (303) 415-1618

email: michael@architecturalharmonics.com

website: www.architecturalharmonics.com

Sacred Earth
Building & Landscape Design

Crypto Jews

continued from page B-1

unmutated BRCA gene protects certain cells of breast and ovarian regions from aggressive cancers.

The 185delAG mutation has been traced to two thousand years ago when someone among the Palestinian Hebrew tribes dropped the AG from the 185 site of the BRCA gene. Because Jews often intermarried, particularly those who were Colhanim from the priestly caste, the 185delAG mutation grew very strong within the population. Scientists believe that one in one hundred Jews carry this harmful mutation. Stan-

ley Hordes, who had long fought for the Jewish genetic thread of norteño families said, ". . . that more important than the Jewish connection is that a population at high risk of potentially deadly diseases was identified, thus providing the opportunity for early detection and treatment."

The extended Valdez family of San Luis, CO attended a meeting about their medical history as Crypto Jews and the 185delAG mutation. When the oldest family member at the meeting, Elsie Valdez Vigil, 68, was asked if she wasn't disturbed by the discovery of Jewish ancestry, she responded, "Jesus was Jewish."

SKOGLUND

EXCAVATING SKOGLUND PIT

WATER/SEWER/ELEC SEPTIC & LEACH FIELDS	PIT RUN COBBLE DRAIN ROCK ROAD BASE FINES & MORE
ROADWORK DRIVEWAYS	

KEN SKOGLUND
OWNER/OPERATOR
MAIN 719.256.4447
CELL 719.588.2367

MORE AT WWW.KENSKOGLUND.COM

WHERE HEALING WATERS FLOW...

JOYFUL JOURNEY

719.256.4328

HOT SPRINGS SPA

AT MINERAL HOT SPRINGS, COLORADO

JoyfulJourneyHotSprings.COM

—PRESENT THIS AD FOR \$10 OFF LODGING—



OPEN Daily 9AM-10PM

NEWLY RESURFACED OUTDOOR POOLS 98 - 108 DEGREES

MASSAGE THERAPIES HOTEL ROOMS, YURTS, Tipi's,
CAMPING, Rv, & CONFERENCE CENTER

FOREIGN FILMS

Cozy Castle Cinema

719-221-4159

In Search of Economic Reality

Are pro sports the worst of both socialism and exploitative capitalism?

by Ed Lyell

Pro sports are very interesting from an economics perspective. They are socialist organizations making their billionaire owners more billions not just tax-free but with taxpayer contributions. Each sport is slightly different but the general conditions give them legal monopoly status by the federal government.

NFL football shares the profit among all owners. They also use the draft system in almost the same way that slaves were auctioned off prior to the Civil War. The players are indentured servants not allowed to choose or change jobs until free agent status. Yet professional football teams don't need the help: according to Forbes, the average NFL team makes \$76m a year in profit, with a very healthy 22% operating margin.

The owners extort taxpayers to get them to purchase new multi-billion dollar stadiums using regional tax districts. Yet after the public builds the new stadium all profit from it goes to the billionaire owners. Many of these owners have connections to historic organized crime families. When DeBartolo was outed in San Francisco as a mafia leader, the NFL quickly made him sell the 49'ers. He did, but to his son-in-law. Thus

the name changed so the public was led to believe that ownership changed, but the same "family" owns the team.

When SF voters rejected taxing themselves to build a new football stadium in San Francisco, the SF 49ers solicited offers from other counties and ended up in Santa Clara where those taxpayers voted to tax themselves and build a new private stadium for the 49er owners. This is also where the Super Bowl will be held next month.

Taxpayers also support this industry because these increasingly high ticket costs are mostly purchased by corporations and used for "marketing". Thus business deductions that reduce that company's taxes shift the burden to the average working class taxpayer—who does not even get invited to the sky box. When I worked for US Senators I would be invited to \$100 lunches sponsored by big business trying to influence my decisions and recommendations. The lobbyist was not only paid a fortune but would eat out well and the taxpayer would be picking up a third of the tab, without even getting the leftovers or a doggy bag. When I would try to not accept these "bribes" my boss, Governor, Senator, or legislator would force me to accept

telling me that this is normal business.

If I were "Czar" of the US I would nationalize all of the pro sports teams and have them run as public nonprofits to benefit the local communities who put up the money (Green Bay Packers are structured this way). I would also abolish the slavery of those players.

College sports are really no different. The players make billions for the big universities but players are not paid, and cannot even get the part time jobs that help other students. The scholarships are worthless for many of the student-athletes since less than 50% of Division One football and basketball players ever graduate with a college degree. It is difficult to train and compete at those top level universities. The student's priority is to try to make professional teams. Since many were pushed through high school just to be good at their sport they have difficulty doing well in class. Every year a few universities are discovered cheating for their players or even, as at University of North Carolina, giving athletes credit for passing courses that did not even exist.

I have long advocated that division one sports should be organ-

ized as minor league professional teams. The player in basketball or football would get a salary and a scholarship voucher for coming back to that university after their pro sports career is done. The student could focus on their sport, and later focus on their college courses.

My son is a major sports writer covering CSU for the Fort Collins newspaper. Since it is part of Gannet my son also writes for USA Today. He has been doing this for many decades and is also one of the sports writers who votes for the NCAA football and basketball rankings. Of course he also gets to sit courtside, including at the final four, etc. He understands the economics of sports having graduated as an economics major at CU Boulder. He was the first writer to warn about artificial turf and that was back in the 1980s.

Yet he has also thought of me as a "Don Quixote" and these sports are just other windmills that I charge. (The daily newspaper in Alamosa, *Valley Courier*, did a front page story labelling me as the Don Quixote of the valley).

So nothing is likely to change, but university and pro sports are a good example of a hypocritical economy in terms of claiming to be capitalist, but organized to be concentrated, crony, exploitative capitalism with more waste and abuse than if run by government.

Ed Lyell, PhD is Professor of Business and Economics at Adams State University (ehlyell@adams.edu).

Happy Valentine's from Sangre de Cristo Real Estate

NEW LISTING!

3707 Enchanted Way. Well-maintained, 2-3 Bedroom, 2 full bath, 1188 sf. Great opportunity at \$96,000

NEW LISTING!

28 Rodeo Court, newer windows, sun room & enclosed garage. 3 bed, 2 bath. 1869 sf. \$116,000.

Your Home

Your New Life

NEW LISTING!

303 Palomino Way, 4 bed, 2 bath, studio 1,820 sf, 2-car. Trees, landscaping, location. \$227,500

NEW LISTING!

1311C Spanish Creek Trail 2868 square feet, fine finishes, 6-car garage, 7.5 acres! \$589,000

Passive solar retreat home with 4 Acres. \$159,000

281 N. Chaparral. Mountain views from the living room! Additional in-law cabin! \$198,500

305 Palomino Way. On 3 acres, great living & studio/practice spaces. \$299,000

We celebrate Valentine's Day with our love of cooperation --between real estate professionals, with our sellers and buyers, and with organizations working toward positive growth in our community.

Vivia Lawson
Broker/Owner

Vivia

Sangre de Cristo real estate

116 South Alder Street, Suite A
Sangre de Cristo Inn Building
North of the post office in downtown Crestone

www.SangreD.com

719.256.5800



Darlene Yarbrough
Owner/Broker

DARLENE YARBROUGH REAL ESTATE

Helping people move forward in their lives

719.256.4198 www.YarbroughRealEstate.com

FEBRUARY 2016 Listings



UNDER CONTRACT



Garage + Studio
340C Palomino Way - \$389,000
Immaculate 1820sf, 2-story, 3BD/2BA home on 1.79 acres, meditation gardens w/rock lined pathways & patios. Solar h/w, woodstove & solarium. Detached double garage w/396sf studio space w/full bath, possible kitchen.



Was \$349,000
4262C Serene Way - \$299,900
Immaculate 2500sf 5BD/2.75BA 3-level home on .98 acres. Custom finishes, fire resistant, energy efficient, magnificent views, extensive patios. Private. Good retreat home.



Guest House
3615CR Splendid Terrace - \$275,000
1938sf 3BD/2.5BA, meticulous, Southwestern style home with arched windows & doorways sits on 1.719 acres. 400sf detached Casita Apt w/kitchenette & full bath.



360° View Deck
418 Moonlight Way - \$259,000
Octagonal 2BD/1BA 1200sf home w/view deck, attached studio & exquisite custom details, super high Rvalue, outbuildings, shop, fenced garden and huge greenhouse. Backs to greenbelt w/trails & creek! Views.



Reduced! Was \$255,000
705 Rendezvous Way - \$220,000
Add your finishing touches to this large 2923sf one story stucco home. Fully livable w/ETS & woodstove heat, a completed kitchen and bathrooms. Large great room offers lots of space. 2 car garage w/ two story enclosed unfinished space.



New Construction
2145 Indian Well Way - \$209,000
This 2BD/1BA is a new construction w/huge windows & rooftop deck for gorgeous views. Aspen panel ceiling in Great Room, Stainless kitchen appliances w/granite tile & butcher block countertops. Soak tub w/ separate shower.



3bd/3ba
719 Rendezvous Way - \$159,000
This 3bd/3ba 1460sqft is located on a quiet street. Mstr Bed has balcony w great views to the valley. Liv room w built in FP. Great light and good space make this an excellent value!

Commercial Property



Professional Building
46 Camino Baca Grande - \$257,000
Six-Unit professional center. 2 story structure is ~2600 sf and conveniently located near the entrance to the Baca on a nicely treed 1.05 acre lot w/plenty of parking.



Historic Hotel
Willow Springs (Moffat) - NOW \$299,000
Fully restored former historic Forbes Hotel. 9bd/3BA 3600sf, detached 22x24 studio, 500ft artesian well. Great business potential for B&B, hotel /retreat center.



Beautifully Renovated
Baca Townhome #10 \$189,000
Exquisite town house completely remodeled in 2008. 1480sf 2-story 2BD/2BA features redesigned kitchen & bathrooms, updated heat & lighting systems, beautiful patio. Must see!



Income Potential
Baca Townhome #16 - \$179,000
A lovely 3BD/3BA/sunroom 1622sf one story townhouse located close to S. Crestone Creek walking path & convenient to town. Great for full time homeowner or can be as rental. Excellent separation of master suite and guest bedrooms.



2.09 Acres on Greenbelt Creek
437 N Chaparral Way - \$479,000
Built by Paul Koppiana 2020sf 4 bd/2 ba strawbale home + detached oversized 2-car garage w/potential apt is designed non toxic materials and energy efficiency. On 2.09 Acres bordering greenbelt of S Crestone Creek with Sauna and outdoor oven.



Indoor Exercise Pool
1967 Rockyview Way - \$449,000
Luxurious 3BD/2.75BA/Office/3-car Garage 2953sf home sits on 2.374 acres & has a 2-room upstairs Master Suite. Beautifully landscaped courtyards & gardens with custom fence & deck, great views



Private on the Creek
3959 Cheerful Court - \$429,000
Custom Cathedral Style Mt Home. Approx 2700 sq/ft, located on 2.16 acres by Cottonwood Creek. Many architectural features incls Brazilian cherry hrdwd flrs, diamond plaster walls. Features 30x16' Art Studio.



Was \$459,000
786C Panorama Way - \$419,000
This Lee Mitchell custom 3bd/2ba/sunroom/library/balconies 2428sf home with fabulous gardens sits on 2.14 acres w 2-car garage/studio. Exquisite - Must See!



Guest House
1275C Bear Grass Way - \$348,000
Unique, 2-story 2BD/2BA 2040sf+loft hexagon energy efficient Rastra home up high in Ch1, adjacent to greenbelt on ~2 acres. In-floor radiant heat, passive-solar, woodstove. 352sf guest house. Gorgeous, must-see home!



MILLION \$ VIEWS!
909C Brookview Way - \$299,000
Home on 1.12 acres w/ spectacular views at top of Baca waiting for the right person to complete the vision. 2324sf & designed with 3bd/2ba. Separate 576sf guest house w/kitchen and office above.



Magnificent Views
22 Alpine OL - \$295,000
CUSTOM 3bd/2.5ba/2 car garage 2232sf home close to town. Screened porch & wrap deck. Gracious Living with exceptional views!



Gracious Living
757 Rendezvous Way - \$289,000
Very lovely 1868sf 3-or-4BD/2BA + dining screen porch, sunroom w/ fireplace, yoga/exercise room, deck w/amazing views & hot tub. Private, but close-in. Beautifully landscaped.



A lovely sanctuary
3919 Cordial Way - \$275,000
Two story, 3BD/2.5BA ~2400 sf home has a walled courtyard & 4 intimate decks w/ great views. Southwest style home gracefully adorned with fine details and finishes.



Detached Studio
1540C Willow Creek Way - \$269,000
3BD/2.5BA 1946sf classic farmhouse, 1.3 acres, backs to greenbelt & w/ 2 screened porches & southern deck. Separate log-cabin studio, w/steam-shower bathroom, kitchenette, and covered porch.



WAS \$279,000
149 Moonlight Way - \$259,000
Beautiful 3bd/2ba 2118sf home w/ 2 living areas - extensively updated & immaculate condition. Cathedral ceilings & a wall of glass w/ great views. Adjoins greenbelt & creek. Great space for entertaining!



WAS \$259,000
207C Foothill OL - \$249,000
2-story 3BD/2.5BA/Study stucco home on .965 acres built with non-toxic materials & energy efficiency. Lrg kitchen, bamboo floors, pine ceilings. Spacious master suite w/Jacuzzi tub, sep. shower, marble counters. Views/Deck.



Eco-Friendly
1738C Willow Creek Way - \$249,000
Built in 2013, this Paul Koppiana strawbale eco-friendly home sits up high in Chalet 1. 2BD/2BA, 1532sf on .91 acres. Strong passive solar. Solar radiant floor heat & domestic hot water. Energy efficient.



WAS \$245,000
1216C Chaparral Way - \$235,000
Custom built 2005-Teahen home, 1710sf 2-story, 3bd/2.5b home on 1.132 acres is immaculate! Great kitchen, master suite w/ elegant master bath. Upstairs sitting room, bonus room and balcony.



New Construction: Paul Koppiana
1867C Rockyview Way - \$229,000
3BD/2BA 1520sf New Construction by Paul Koppiana, energy efficient design. Active solar hot water sys thru radiant floor grid - domestic hot water. Very insulated, triple pane windows & heat recovery ventilation, airtight construction.



Reduced! - Was \$212,000
1447 Chaparral Way - \$189,000
This 1440sf 2bd/2ba home is a complete remodel with bamboo flooring, Jenn-Air stainless appliances, maple cabinets, granite countertops, travertine bathrooms, master bath soak tub. Adjacent lot available.



Private
3949C Cheerful Way - \$189,000
Built by Terry Anderson in 2002, 1110sf, 2-story 2BD/1.75BA/carpport on .699 acres. Balcony w/ outstanding views, diamond plastered walls, soak tub. Private location w/ trees. Retreat home, private getaway, full time residence.



WAS \$195,000
3704 Carefree Way - \$169,000
Immaculate like new 3 bd/1.75ba, 1316sf home has wood floors, stucco privacy wall, single car garage, beautiful views of the mountains.



Great Value!
35 Camino Baca Grande - \$169,000
Lovely 3BD/2.5BA 2013sf 1.5 story home remodeled in 2010. Lg living rm w/cath ceiling, kitchen opens to patio w/mtn views. Master suite w/lg walk-in closet, soak tub. 2 lg bdrms & bath up w/full-length deck. Paved road, easy access to town.



New Construction
1911 Lone Pine Way - \$160,000
This 2BD/1BA, 1020sf New Construction by Art Reeves. Efficient, great design & views. Rustic wood & metal siding, hrdwd floors & vaulted ceiling in Great Room. Modern kitchen w/stainless appliances. Spacious Master bdrm, & bath.



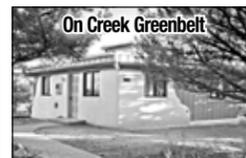
One-Story
635C Panorama Way - \$159,500
This 1504sf 3BD/2BA home sits on 1.013 acres & has an open, flowing floorplan w/lots of windows for natural light. Hardwood floors, custom made cabinets, screened porch, honeycomb window blinds.



Was \$179,000
3376 Genial Way - \$159,000
Tri-level 3BD/1.75BA home, lovely screened porch w/trex deck off living room. Lots of windows in the living space, offering amazing views, lots of light, and passive solar. ETS heat.



Was \$169,000
1573C Kings Hill OL - \$159,000
Light & bright 3bd/2ba, 1480sf, 1.5 level stucco with large south facing windows and view deck on .84 acres. Easy access off paved road. Hot water baseboard heat/passive solar. New roof.



On Creek Greenbelt
123C Skyview Way - \$139,000
Hexagonal 3BD/1.75BA 1452sf home on 1.437ac backing to South Crestone Creek greenbelt. Fully fenced lot. Kitchen cabinets, appliances & Windows updated. Incl wood-stove on hearth.

Baca Grande - Grants



Small Home, Small Price!
4485 Ridgecrest Way - \$74,500
Unique, small 394sf home, with 2nd structure in Chalet 3. Fixer-upper, but can be a home in the Baca at an affordable price. Woodstove, loft sleeping area w/wood ceilings. Full kitchen w/cookstove, fridge & combo w/d. Shower bath.



Fantastic Great Room!
56 Wagon Wheel Road - \$295,500
Luxurious ~1800sf 2BD/2BA southwest-style ranch home built in 2002. 2-car garage w/studio. Large windows in great room w/stone fireplace & amazing views. 4.6 acres, well & septic.



Reduced! Was \$355,000
765CRR Heatherbrae Rd - \$269,000
Off-Grid - Exquisite, custom 2-story traditional home located on 11.94 acres offering amazing views and lots of privacy. Bonus attached garage with an upstairs studio apartment. Solar electric & well water.



Was \$249,000
1564 Wagon Wheel Road - \$229,000
A 2,192sf beautiful single level ranch style home built in 1997 on 1.66 acres. 3bd/2ba, great room, living room & 2 car attached garage. Well and septic. Great value!



1202 Wagon Wheel Road - \$152,000
This 3 bedroom, 1&3/4 bath strawbale home is located in the Grants on 5.52 beautiful acres with exceptional views! Backs to the greenbelt with privacy and open spaces.

Jump in on an Active Market!
719-256-4198

LAND SALES 2016

- 1869C Rockyview Way SOLD
- 2019 Bluffs OL SOLD
- 2020 Lost Cave Way SOLD
- 2820C Big Piney OL SOLD
- 513 Chaparral Way UNDER CONTRACT

- 988C Moonlight Way UNDER CONTRACT
- 1317C Moonlight Way. UNDER CONTRACT
- 1875 Lone Pine Way UNDER CONTRACT
- 2067C Mossy Rock UNDER CONTRACT
- 2070C Mossy Rock UNDER CONTRACT

Baca Grande Library News



by Suzanne McGregor

It is hard to believe that a community as small as ours could have so many active library memberships. At present, we have nearly 900 names on our membership list, and an average of 10 new members are added

each month. (We think we have about 1500 full-time community residents, but please let us know if you have a more informed number!).

For the newcomers in town, we extend a warm invitation to come visit the library. We look small from the outside, but many treasures lie within! There is a resource center with public computers and printer, and we offer copying, laminating and faxing services (fees apply).

Our collection includes fiction and non-fiction books for all ages, audiobooks, DVDs, magazines and various resource materials. Our alternative build-

ing and spirituality sections are among the best in the valley.

We belong to a union catalog which makes it possible for patrons to access holdings in over 100 other libraries in our "network" (AspenCat). You can search, place requests (either in the library or online) and pick them up here. It is easy to set up an online account if you have access to the Internet—you can renew items, check due dates, download audiobooks, and do searches. The library staff can help with any questions or issues that might come up.

February is the month for presidents and valentines! For

the latter, we have some great books and videos that bring out that romantic side—how about great classics like *Pride and Prejudice*, *Doctor Zhivago*, *The English Patient* or *Love in the Time of Cholera*? Or watch *Moonstruck*, *Love Actually*, *The Notebook*, *Casablanca* or *The African Queen*. You will enjoy a lovely respite from the old hustle and bustle.

Notice: The library will be closed on President's Day, Monday February 15.

Baca Grande Library, 256-4100. Hours: Mon.-Fri. 11:30am-5pm; Sat. 10am-2pm.

LOCAL LODGING

you can link to these lodging websites online at www.crestoneeagle.com

LOVER'S WAY B&B



- ★ Room with bath
- ★ Private entrance
- ★ Quiet greenbelt location
- ★ Continental breakfast

719.256.5654
crestbon@yahoo.com

I AM HARMONY
BE IN THE I AM PRESENCE...
256-4810
I AM ACTIVATOR SHRINE!
FAERIE AND ELEMENTAL REALM!
SAY YES. TO LIFE!! LIFE SAYS YES TO YOU!!
COME STAY WITH US
HARMONY ROOM HARMONY COTTAGE
WWW.KIARAPERKINS.COM

Casa Alegria
where life is sweet
Nestled in the woods you can experience the embrace of a Strawbale Bed and Breakfast
719-256-5116
casa.alegria@yahoo.com

Electrum's Rental Spaces
Retreat and Enjoy!!
The Downtown Hobbit House or Baca Shamanic Healing House
Nightly/Weekly 2 night min.
Call or text: 719-588-2114
globalspirit13@gmail.com

Willow Creek Retreat House
Crestone, Colorado
call for reservations
928-536-7627
www.willowcreekretreathouse.com
credit cards accepted

Casa del Soul
Downtown Crestone Lodging
• Reasonable nightly and weekly rates
• cable • WiFi • smoke-free
719-256-5788
www.casadelsoul.net

SHANGRILAH
SANCTUARY
Permaculture Bed+Breakfast
719.588.1067
www.airbnb.com
shangrilahcolorado.com

Welcome
Baca Townhouse No. 9
Two . Two . Two
Floors . Bedrooms . Baths
Accommodates two guests
In a gentle and relaxed setting
\$70 each bedroom each night
Internet Access/WiFi
Near the Desert Sage
Or an easy walk into Crestone
...
Mark Wingard, 505.983.1343
505.670.0126 (cell)
Advanced Reservations a Must
mwingard@gmail.com
<http://www.bacatownhouse.com/>

Rainbow Bed & Breakfast
A Centrally Located Baca Mountain Retreat, offering

- Spectacular Views
- Private Entrance
- Guest Lounge
- Sun Deck
- Meditation Dome
- Continental Breakfast
- Full Guest Kitchen
- Workshop Facility
- Bodywork Referral
- Wireless Internet

223 Rainbow Overlook • Box 293 • Crestone, CO 81131
(719) 256-4110 (800) 530-1992
rainbowbb.com

Dragonfly House
Bed & Breakfast
DragonflyHouseCrestone.com
719-256-4859

The Coll House
A Distinctive Bed & Breakfast
With The Flavor Of An Inn

- Pet Friendly
- Organic Breakfasts
- Private Bath
- Wireless Internet
- Satellite TV
- Massage Therapy, Certified
- Near Trailhead

(719)256- 4475
1019 Moonlight Way
PO Box 475
Crestone, CO 81131
Email: collcrestone@gmail.com
Web: www.collhouse.com

LOCAL LODGING

you can link to these lodging websites online at www.crestoneeagle.com

Classifieds

*Buy - Sell - Rent
Trade - Wanted
Personal - & More!*

\$12 for the first 175 characters + \$1 for 25 additional characters + \$2 for live link online from our website to your website or email. This fee includes 30 days online (from date of approval), and 1 month in the Eagle print version. Payment must accompany ad. Pay online or send to: The Crestone Eagle, Box 101, Crestone, CO, 81131
Deadline: Ads & payments must be received by the 22nd of the month to be included in the print version.

Classifieds Online crestoneeagle.com!

Get us your classified + payment and it will be listed online within 2 business days.

Houses for Rent

Little Garden House For Rent

Little Garden House on the Earth Knack property for rent. Furnished, with linens, and dishes. All utilities. Available November 1st \$175 weekly or \$700 month Small, (1 adult) cozy, custom, artistically hand built straw bale. No pets. No smoking of anything. Deposit required. Call Robin at 256 4909

New Classifieds online daily. Check www.crestoneeagle.com!

Five-Month Retreat in Rustic Elegance

Enjoy the Sangre De Cristos in style. 2-bedroom, 2.5-bath, fully-furnished house: Remodeled kitchen, Heated floors, Vaulted ceilings, 2 decks, Gorgeous Views, Shed / workshop, 5 minutes from town. \$1,200/month. 2-5 month lease. See website. Contact Tricia: 303-905-8240 <http://triciatoney.com>

Moffat Rental – Half mobile home

Half mobile home in Moffat. \$325/mo plus utilities. No drugs/alcohol, quiet/meditator preferred. Pets ok. Includes: Kitchen, bedroom, bathroom. Tel 719-480-1841

Lg. Studio Log Cabin Furnished

600sf, ample storage, chalets, www.thelongandshortofrenting.com for details/pics/contact info. 505 728 0244

Versatile Studio Apt.

Studio Apt \$650+Util \$500 deposit. 2 References. Avail Feb 1st. Strawbale Adobe bldg. not furnished, 6' claw foot tub/shower, washer, gas heater, mini kitchen, wood stove. privacy fence. Paul 256 4677 pckpablo@gmail.com

2BR/2BA Lovely Furnished Home in Grants

Long or short term – ETS heating, stunning views, 1st, last, SD, pet/cleaning fee www.thelongandshortofrenting.com for pics/info/contact info

Blessing House, short term special

Cozy, solar-heated strawbale, 900 square feet on two floors. Woodstove, well water, WiFi. Dec-Jan special: \$65/night, short

term only. Two night minimum. \$75 cleaning fee. Tom 303-485-1195

Apartments/Rooms/Misc. for Rent

Retreative Healing Environment

600 or 800 sqft. No smoking or pets. Private spaces. Kiva on land for med. & ceremony. Perfect for writing, painting, or healing. Feng Shui oriented & grounded. A great opportunity for unfolding. \$450-\$600/month. 719-588-1666

Downtown Crestone Lodging

Casa del Soul—Downtown 1 & 2 bedroom fully furnished suites with full kitchens, wifi, Direct TV, pet friendly. Smoke free property. Nightly & weekly rates. (719) 256-5788

Come see!

COZY CLEAN and comfy Studio Apt. For one person only. In chalet I close to town. \$500. Per month, includes utilities. \$300 deposit. No Smoking, pets or drugs. 719 256-4472

Two Bedroom Apartment

Cozy, private, two bedroom ground level apartment in lower half of house. Close to town. Washer, dryer and garage parking space, internet, cable television, trash and other utilities included. \$700 a month plus damage deposit. 303-524-0622 or jaimelhamo@gmail.com.

Cozy Comfy Cottage

Studio cottage for rent in Chalet II. Quiet & secluded, ideal for Retreat. Includes utilities, wi-fi, laundry. Monthly/long term. References required. www.enchantedforestcrestone.net/enchanted-cottage.html

House Rental Wanted

Temporary Housing Wanted

Mother & daughter looking for safe, affordable, temporary housing while attending school. 3/20-6/10. Non smokers, no pets. Gone in days and most weekends. Thanks 817-807-8272

Services

Recycling

Bring your recyclables to the parking lot across the street from Aventa the first & third Saturdays of each month, 10am-2pm. Waste Free SLV will be asking \$10 for the average household, less for small amounts, more for larger. 719-588-2703.

Computer Service/Repairs

Computer Service/Repairs—30 years Computer Technician with full shop in the Baca. Windows, VIRUS fixes and prevention, networking. Call Dennis 256-4110

Outlets, Wiring, Network and Satellite: Home and Office

Need Phone Outlets added to your house or office? I do Phone, Computer Network, Satellite TV and Stereo wiring. New construction, existing, troubleshooting. Call Dennis 256-4110

It's Tax Time Again!

David W. Walker, Accountant, 38 years experience. Personal and Business Income Tax Assistance. Call for appointment in your area: 719-379-2988.

Slow down, this is Crestone. . . 1997



Big congratulations to Judy Akerley of Saguache, who got 8 of the possible 22 names right. Here are all the names:

1. Linda Spade
2. Bernadette Ward
3. "Daily" Dave Jaramillo
4. Tom Blunt
5. Pat Caverly
6. George Susens
7. Bobby Troutman
8. Mark Jacobi
9. Richard Copeland
10. Barry Monroe
11. Janet Woodman
12. Willy McDowell
13. Dogmann
14. Cory Lunt
15. Bertha Gotterup
16. David Nicholas
17. Helen Pickett
18. Kizzen Laki
19. Rama Dennett
20. Jackson the dog
21. Spike the rooster
22. Rob Loesch

TIRES

Our only business since 1964!



517 BELL AVE. • ALAMOSA, CO 81101 • (719) 589-2538

Two blocks east on 6th St. from the intersection of Hwy's 160 & 285 to Bell Ave.

The Shangrilah family extends its sincere gratitude to the greater Crestone community for its years of support... past, present and future. Happy New Year!

Mid-Winter Sale!

On all Hearthstone stoves and accessories
Plus free shipping
Will beat all advertised prices on any hearth product available!



Call Nathan
256-4768

www.shangrilahstove.com
nathan@shangrilahstove.com



Online: www.crestoneeagle.com!

Home Repair, New Construction, Architecture and Design
Call Ber at (719) 937-1950 or quintanaber@gmail.com

Reliable Experienced Handyman
Get those projects done – reliable experienced Handyman – electrical, plumbing, framing, drywalling, & other skills. No job too big or too small. 24 hr. emergency service. Call Sam 480-2661 or 256-5217 for a free consultation.

Craig Electric Services
Craig Electric for all your electrical needs. Prompt, reliable, generous rates. Contact Steve at 256-5951, sdossenback@gmail.com

Help Wanted

Software company in Crestone! We're hiring!

Seeking BootStrap web developer with asp.net experience, and also a technical on-boarding specialist with software and e-commerce experience. Long-term opportunity. Fast-learners only, please. SilverEarth.com

Advertising Sales

The Crestone Eagle is looking for an Advertising Sales Person. Are you great with marketing? Have good people skills? Good computer and organizational skills required; Mac user a plus. Graphic design skills helpful. Must be reliable and able to meet deadlines. Job will require some regional travel and also in-office support. Part time. Want to be a part of the Eagle team? Send resume to kizzen@crestoneeagle.com.

Saguache County Veteran's Service employment opportunity

The Saguache County Veteran's Service is seeking someone to fill a part time position of 5 hours /week. The assistant needs good clerical and communication skills as well as some knowledge of the

PUBLIC NOTICE CANCELLATION OF THE APRIL 5, 2016 ELECTION FOR THE TOWN OF MOFFAT

Please note that the April 5, 2016 election has been cancelled. The candidates for Mayor and Board of Trustees will be announced and sworn in at the April 5, 2016 Town Board Meeting which will be held at 6pm at 401 Lincoln Avenue, Moffat.

Veteran's Administration. The primary function of this office is to provide personalized local service to veterans and to assist them in negotiating through the red tape in dealings with the government. Interested residents should apply before February 15. Position to begin the end of February. For information call 719-655-2680 or email jsheeran@saguachecounty-co.gov.

Misc. for Sale

Wheat Grass Juicer

Wheat grass juicer. \$150 new, now \$60. 719/852-2698.

Free

Free Manure

Free horse manure. Call the Baca Grande Stables to arrange pick up. 256-6200.

Adler Canine Care
"Come hang out with us!"
719.221.1301

GRASS HAY
BARN STORED
HORSE HAY / COW HAY
3' X 3' X 8' BALES
101 LAND & CATTLE
SAGUACHE, CO
SCOTT ALEXANDER
719-221-0159

CROSSWORD

1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
	19				20			21	22					
			23				24							
25	26	27		28		29			30		31	32	33	34
35			36		37			38		39				
40					41			42		43				
44				45		46				47				
48					49		50			51		52		
				53		54			55		56			
57	58	59	60					61				62	63	
64						65	66			67				68
69						70				71				
72						73				74				

Want The Best Deal On TV & Internet?
Call Now and Ask How!
1-800-318-5121

Get DISH!
promotional prices starting at only...
\$19.99/mo.
for 12 months.

ADD HIGH-SPEED INTERNET
\$14.95/mo.
where available

All offers require 24-month commitment and credit qualification. Call 7 days a week 8am - 11pm EST Promo Code: M052015 *Offer subject to change based on premium channel availability

dish AUTHORIZED RETAILER

© StatePoint Media

THEME: VALENTINE'S DAY

ACROSS

- Often follows "taken"
- Common inquiries
- Tibetan monk
- Shakira's soccer-playing partner Gerard
- Down Under bird
- Female fox
- Greyish brown
- *Romantic destination
- Unable to move
- *Valentine and the like
- *a.k.a ____ Awareness Day to some
- Found on grass some mornings
- *Lover of Aeneas
- *Special celebratory drink
- Preakness, e.g.
- Release of gas
- Baker's baker
- "In the ____" by Village People
- Sound of battle
- "Nana" novelist
- West African storyteller
- ____-do-well
- *Keep nuptials a secret
- Alternative to truth
- German mister
- Nine voices, pl.
- Seaside bird
- Chester White's home
- Lack of clarity
- Workout unit
- *Woo
- *Popular Valentine shapes
- Defendant's excuse
- Cook's leaf
- Torn down
- Imitate
- Grave acronym
- Treeless plain
- *Chaucer or Poe
- Sierra Nevada, e.g.
- An end zone is 10 of these

DOWN

- Address abbreviation
- Objectivity preventer
- Greenish blue
- *Expert archer?
- More keen
- Come clean, with "up"
- Unit of electric current
- To some degree
- End of "traveling"
- Figure skating jump
- Mother in Provence
- "Hardworking" insects
- Relating to wine
- Nasality in speech
- *Words of commitment
- Stray from the accepted
- *Rose amount
- Convex molding
- Cantaloupe, e.g.
- *Form of greeting
- Hyperbolic tangent in math
- Songs sung by three or more voices
- Deflect
- *"Love means never having to say you're ____"
- Back of neck
- Bygone era
- To the point
- Like Thai cuisine, e.g.
- Cul de ____
- Just about
- Monochromatic equid
- ____-____-la
- Freeway exit
- Hodgepodge
- Play charades
- Slightly
- Hoopla
- Russian autocrat
- *Seal with a kiss and do this
- Be ill or unwell
- "____ and don'ts"

WOODMAN DESIGN

Planning on building?

The most important place to put the money for your new house is into your plans.

It's a small percentage of the cost of the entire job, but thinking it all through and putting it on paper now will aid clear communication with your builder and ensure the most enjoyment and economy to you for years to come.

Let's talk.

Janet Woodman

719-937-3767

woodmandesign@fairpoint.net



I took this from inside my car while I was driving from sunny Crestone towards Moffat on T Road, the afternoon of January 20. By the time I got to Highway 17, it was sunny again! Gotta love those sporadic winter storms. photo by Lori Nagel

Home heating help with LEAP

Heating your home during wintertime is expensive. If you're struggling to pay your heating bills, LEAP can help.

LEAP provides cash assistance to help hard-working families and individuals pay winter home heating costs or help with broken furnaces or wood stoves. This year the average benefit for people who qualify is expected to be \$380 per household.

The program has several eligibility requirements. Applicants must be Colorado residents and U.S. citizens or legal aliens. They also need to provide a copy of a valid identification and a completed affidavit to comply with Colorado Revised Statutes regarding documentation of lawful presence.

Applicants also must be responsible for paying heating costs, either directly to a utility company or to a landlord as part of rent. Applicants' income cannot exceed 165% of the federal poverty level.

People interested in applying can call 1-866-HEAT-HELP (1-866-432-8435) to order a mailed application. Alternatively, applications are available at every county department of social or human services, most utility companies, and many community agencies, like Catholic Charities. Applications also can be downloaded from www.colorado.gov/cdhs/leap.

LEAP accepts applications until April 30.

People eligible for LEAP may also qualify for other benefits, like the Crisis Intervention Program, which helps repair or replace the home's primary heating system; or the Weatherization Assistance Program, which improves energy efficiency in homes. Colorado also offers a rebate of property tax, rent and heat expenses to low-income seniors and people with disabilities. Please visit the Colorado Department of Revenue's website at www.colorado.gov/pacific/tax/property-tax-rent-heat-credit-ptc-rebate-file for more information and the rebate application booklet.

Crestone-Baca Weather Report

by Keno

December 21 to January 20
Total precipitation for period:

Liquid precip: 0.55"
 Snow: 10.4"
 Measurable precipitation fell on 13 days.
 Measurable snow fell on 13 days.
 A trace of snow fell on 2 days
 Ice crystals fell on 1 day
 No rain, hail or thunderstorms occurred.

Total precipitation year to date:
 Since Jan 1: 0.26"
 Final Liquid Precip (for 2015): 17.21"

Total snow to date:
 Since Jan 1: 4.2"
 Snow Season *: 26.2"
 *Snow season runs from July 1 to June 30

Temperatures for the period:
 High temp: 37.1°F on December 22

Low temp: -9.0°F on January 11
 Avg. high: 27.1°F
 Avg. low: 5.1°F
 Number of days with the high temperature at or below 32°: 5
 Number of days with the low temperature at or below 32°: all 31
 Number of days with the low temperature at or below zero°: 8

Winds for the period:
 Avg. speed: 1.0 mph
 Highest gust: 35 mph on December 25

Main direction: Out of the east at night, out of the southwest during the day.

Weather summary:

Temperatures were slightly below normal, with precipitation and snowfall also slightly below normal. Just one record low temperature was set, on January 10, when the temp dropped to -8.5°, breaking the old record which was -7°, set in 2011.

For 2015, we ended the year with 17.21" of precipitation, which came to the fourth highest total ever recorded in a year for the greater Crestone area since recordkeeping was first started in 1982.

Outlook for February:

The shortest month of the year starts off on the cold side temperature-wise, with the average high and low in the first week being 36° and 10°, but it does warm up a bit to highs and lows of 42° and 17° by the end of the month. Record high was 65° on February 26, 2006, while the coldest reading was -26° on February 1, 1985.

Precipitation-wise, this is the driest month of the entire year, only averaging 0.51". Snowfall averages 8.9". The wettest February ever was set just last year, when 1.15" were recorded. That's only the second time more than an inch of precip fell in the month. Most snow was 24.4", set in 2003.

The 30-day outlook for February from the National Weather Service is calling for average temps, along with above normal snowfall.

Note: For current Crestone weather conditions visit Keno's web site: www.keno.org/vws.



It's that time of year!
 San Luis Valley REC needs scholarship applicants! Have a high school senior or know one? Have them apply for a scholarship today! Applications are due February 4, 2016.



www.slvrec.com 719-852-3538

Center Redi Mix

SERVING THE ENTIRE SAN LUIS VALLEY

CONCRETE ° WASHED SAND & GRAVEL

WELL ROCK ° ROAD BASE

MASONRY SAND AVAILABLE

KENNY D. SMITH, OWNER
 1504 W. HWY. 112
 CENTER, COLORADO 81125

719-754-2744 OR 754-2554

Subscribe to The Eagle

To start or renew your subscription, go to www.crestoneeagle.com/pay or send payment to:
 The Crestone Eagle • P.O. Box 101 • Crestone, Colorado 81131

	Bulk (takes 2-3 weeks out of state) 1 issue/month Bulk mail		First Class 1 issue/month First Class mail		Digital Only Go digital with The Crestone Eagle!
	Paper Only	Paper + Digital	Paper Only	Paper + Digital	Just \$15 for 12 issues .pdf file
1yr	<input type="checkbox"/> \$20	<input type="checkbox"/> \$25	<input type="checkbox"/> \$32	<input type="checkbox"/> \$37	<input type="checkbox"/> \$15
2yrs	<input type="checkbox"/> \$35	<input type="checkbox"/> \$40	<input type="checkbox"/> \$59	<input type="checkbox"/> \$64	<input type="checkbox"/> \$30
3yrs	<input type="checkbox"/> \$50	<input type="checkbox"/> \$55	<input type="checkbox"/> \$86	<input type="checkbox"/> \$91	<input type="checkbox"/> \$45

I am a new subscriber Just a renewal I love the Crestone Eagle

Name: _____ Email: _____

Mailing Address: _____

Now offering discounted subscription rates!