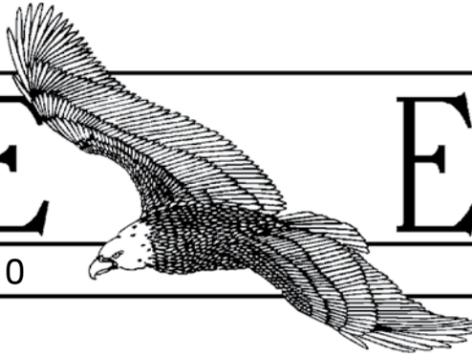


The CRESTONE EAGLE



Crestone, Colorado Volume 27, Number 10

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The view from the summit of 14,170 ft. Kit Carson Peak. The towering and jagged Crestone Peak, at 14,295 ft., is to the right in the photo, and Humbolt Peak, at 14,065 ft., is the high peak to the left. Photo by Bill Elzey www.billelzey.com To see this photo and more in color, visit our website at www.crestoneeagle.com

Colorado: Red, purple—now blue? Republicans in national races are being challenged by Democrats

by Lisa Cyriacks

Colorado was a hotly contested swing state in the 2008 and 2012 elections. This election year, according to national news sources, the US Senate race, once expected to be among the most competitive nationally, now looks out of reach for the GOP.

In Colorado Congressional Districts 3 and 6, incumbent GOP candidates Scott Tipton and Mike Coffman are facing strong challenges by Democrats Gail Schwartz and

Morgan Carroll. National Democrats believe this may be the year they take control of the U.S. Senate and make inroads into reclaiming the House of Representatives.

There are two overlapping narratives for Colorado's switch from red to blue. One is demographic: For the past couple of decades, Colorado's population has grown, becoming younger, more urban, and more diverse. The new voters tend to be Democrats, and there are now about 20,000 more registered Dem-

ocrats than Republicans, the first time in 20 years the GOP has not had the advantage.

The second is a national shift in party philosophical alignment. Democratic candidates have begun emphasizing quality-of-life issues like education and public safety. Republican candidates have instead focused on divisive cultural issues.

According to the Federal Communications Commission filings, more than \$62 million in political

continued on page 28



A noble bull elk seen on a Baca National Wildlife Refuge tour. Please see feature story on our region's elk on page B-1 photo by Ryan Van Meter

Twelve hours of Penitence rides into second year

by Jason Anderson

Saguache County's home-grown mountain bike race, the "Twelve hours of Penitence," is alive and well and racing into its second year in Penitente Canyon on October 8. The race, which is run on a seventeen mile course of loose rock, big-drops and nasty climbing, has gained popularity throughout the state and a large turnout of racers, support folks and spectators is expected.

The Penitente Canyon recrea-

tion area, located in the southern edge of Saguache County near Del Norte and La Garita, has been a popular area for hiking, camping and rock climbing. It has been only in the last ten years that the discovery of world-class technical mountain biking has come to the area. Now it is not uncommon to see the entire campground full of bikes on a fall weekend.

The race organizers are still looking for volunteers to help run the race as well as vendors and

emergency personnel for the inevitable wrecks that come on such a difficult course at high speeds.

For more information go to 12hoursofpenitence.com. Penitente Canyon was named for the Penitente monks that lived in the area who were said to inflict self-punishment to atone for their sins. On the 8th of October that tradition of pain and suffering will continue . . . only there will be a party at the end. Come cheer the racers on Oct. 8.

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The Crestone Eagle

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Editor's Notes

Your vote matters

Our 2016 General Election ballots will soon be arriving in the mail. This election year is one of the most crucial that I have ever seen. What the future direction of our country will be is going to be determined right now.

Will climate change be seriously addressed? Will our country invest more in solar and wind? Will our public lands be sold? Will women lose even more rights to control their own bodies? Will corporations continue to be "people", backed up by the Supreme Court? What about the minimum wage? Will dogma increasingly replace the tenets of science? Will education be affordable? And especially, will the unthinkable option of using nuclear weapons be put back on the table?

I support Hillary Clinton as President. She is smart, steady, experienced, tough and compassionate. She has an informed view of the world and understands what is at stake at this point in history. She is the most qualified candidate to lead. As First Lady she boldly challenged China and the whole world by stating "Human rights are women's rights." That was revolutionary at the time. A first woman president of the US will not only be historic, it will forever change women's position in the world.

I also endorse Gail Schwartz for US Congresswoman. Schwartz had been our region's Colorado State Senator, co-creating the BEST program—Building Excellent Schools Today, which funded new schools all over rural Colorado, including the Moffat School and Crestone Charter School. She's a strong advocate for public lands. She would be an excellent representative for our 3rd Congressional District, bringing her integrity and values to Congress.

If you are someone who is discouraged because Sanders is not the presidential candidate, I encourage you to follow his endorsement and vote Clinton. As he has said, there are too many important things on the line. We can—and must—make a difference. Vote!

—Kizzen



A drug problem

Dear Editor,

Crestone and the Baca have a meth and heroin problem . . . this is common knowledge to all in this area. The purpose of this letter is to raise awareness of the problems, and to begin a public dialog to solve the problem. How do we do this?

1. Let's identify those who sell and distribute these drugs. We need to shine light on these individuals. Make sure their names are publicized so that citizens can deal with them appropriately.

2. Make this problem an issue at the Town Council. What are they doing on our behalf? Are they doing anything about the problem?

3. Are the police aware and what are they doing to eliminate the problems?

James Michaels

Vote to protect Mother Earth from Trump

I just heard the other day that Trump wants to open up public lands for drilling and oil exploration. So, not only is he a fascist, and a racist, but he is out to destroy our Mother Earth. This is a very important election. Vote for Hillary. I know many people are discouraged because Bernie didn't get the nomination. I liked him, too, but we can work on the movement he started after the election. First though, we cannot let Trump get elected.

There are Native Americans from all over the world at Standing Rock. They are doing ceremonies and demonstrating against the pipeline because they know it is very important it doesn't get built.

It's time to stand up for Mother Earth!

Rita Berault

Our public lands are not for sale

Dear Editor,

With the 100th anniversary of the National Park Service, it seems a perfect time to honor and visit our parks and Public Lands. The 3rd Congressional District is home to three National Parks, six National Monuments, a National Heritage Area, approximately 11 million acres of National Forest land, and nearly 30 National Wilderness Areas.

Coloradans have built one of the strongest economies in the west, partially because of our balanced use of public lands for agricultural grazing, recreation, hunting and fishing, and habitat preservation, along with appropriately located mineral and oil and gas production.

Unfortunately, our ability to use and access our public lands is now under serious threat from special interest groups and Congressman Scott Tipton. Our public lands belong to all of us. They are

worth standing up for. We cannot take them for granted when there are those who plan to sell or lease these lands in the interest of short-term profit.

If elected, I will always stand up for Coloradans and oppose any attempt to sell our public lands. Your support is essential to our efforts and we can't do this without grassroots support.

On this 100th anniversary of the National Park Service, let's honor the legacies of those who fought to protect access to these lands for all Americans.

Sincerely,

Gail Schwartz, Candidate for 3rd Congressional District, Colorado

Appreciating The Eagle articles

Dear Editor,

I just wanted to tell you how much I look forward to receiving *The Crestone Eagle* every month. I open the paper to read the Editor's Notes and then look at Living on the Earth. The Garden Guru by Matie Belle is a wonderful informative article as well as There's No Such Thing as a Weed by Dorje Root. I've learned so much through these articles.

Keep on writing!

Chris Wallow, Chicago, IL

Candidate's statement

Dear Baca membership,

My name is Robert Garnett. I am a 72-year-old Air Force veteran and I have been at the Baca Grande for 35 years. When I first got here the residents were mostly retired military and it was a very peaceful place to live.

I have paid property taxes in Saguache County since 1961 or 1962. Since living here, I have volunteered to cut firewood for those who have not been able, I have volunteered on food distribution programs for the less fortunate, I volunteered help build many of the homes here, and I have been basically available to lend a hand wherever it was needed.

We are at the end of the road, literally, and many of us came here to live out our last years. It has really hurt my heart to watch the Baca be raided and degraded.

When I first drove up here I came to a beautiful lake with row boats and paddle boats next to an inn and conference center. There was a beautiful nine hole golf course and pro shop and rodeo grounds in front of that a golf driving range. Now there is no lake, boats, or inn; there now is a golf course, but the pro shop is no longer functional, also the golf carts are gone; the rodeo grounds are gone as are the double decker bus and the pink and white jeeps. We still have the Rod & Gun Club, but it is controlled by a private individual, with no revenue flow to the membership. We have the stables, but it is leased, at a negative cash flow, to a private individual.

I chaired the Finance Committee to look into the handling of the corporate accounts and when the forensic audit revealed many short comings, the Finance Committee was dissolved. There have

been many incidents where funds became missing and no one was prosecuted. The membership has lost many of the amenities that contribute to their property values.

If experienced and competent Board Directors cannot be elected to the Executive Board, there are several possible alternatives:

1. Dissolve the corporation and become an incorporated part of the County. The County provides all of the services we pay extra for now. The POA annual budget is approximately 1.2-1.6 million dollars.

2. Throw away your ballots and don't send them back blank because they will use the blank ballots to satisfy the required quorum to continue to conduct business.

3. Every member stop paying their dues and force them to dissolve the Baca POA.

The membership can direct the Board to dissolve the corporation by vote. I can be reached at PO Box 263, Crestone, CO 81131 or rcg.sr@hotmail.com.

The membership is supposed to receive newsletters to keep them aware of what is occurring with their investment. This has been lacking for a couple of years.

If the membership decides to elect me back to the Board, I will do my very best to bring about change.

Thank you,

Robert Garnett

Strathearn & Dossenback for POA

Dear Editor,

I am pleased to endorse the candidacy of James "Bill" Strathearn to the POA Board of Directors. James is an experienced and enthusiastic new member of our community, who in January, with his wife Kathy, purchased a home in Chalet II. I worked closely with James during the home purchase process, and know him to be a thorough, thoughtful, fair and capable individual. He is trained as a civil engineer, and has an extensive background in financial management and auditing from sixteen years working for General Electric. He also brings five years of HOA management experience, and served as Treasurer and President of a large HOA. I endorse James because he brings formidable management credentials, and as a new member, he will bring fresh ideas, and no agenda or history. James will help to bring our POA to the next level of efficiency and professionalism. James has been meeting community members and POA staff, and has been attending Board and Committee meetings, so is becoming informed about the unique challenges of our Association and our community. He will do an excellent job as a Board Member. Please cast your vote for James "Bill" Strathearn.

Two Board seats are open. I encourage you also to vote to elect Steve Dossenback to our Board. I hope that Steve is familiar to most of you. Steve has been a member of the association since 2003, and built his home in the Grants. Steve has served on the Environmental and Architectural Committee (EAC) since 2012 and is widely regarded as professional, fair, firm, and a positive force within our association. Please vote Steve Dossenback.

Together James and Steve will join our continuing board to advance the good work of our association, protecting the Baca as a beautiful and viable place to live.

Sincerely,
Vivia Lawson

Had Your R F Bath Today?

Dear Editor,

We are bathed in radio frequencies all day, every day. Wi Fi in your house, cell towers, KRZA, CBS, satellites, and smart phone in your hand. If you go to the north pole or south pole and turn on your cell phone, you'll get a signal. So what about smart meters adding another dose? The increased risk is relative to frequency, transmitting power, and its proximity. Our cells are bathed in the comfort of a saline solution that now has in it many things that were not there just a century ago. They are trying to adapt, but not without cost.

Lonnie Nichols has taken up the banner just as he and others opposed Lexam years ago. Smart meters have found popular opposition, if only to assert our right to be properly informed and have choice without having to pay for it. In many big cities the train has left the station. Maybe we can dynamite the track before it gets to Crestone.

Non carborundum est: don't let 'em wear you down. Crestone is known across the valley as the town on the side of the mountains that makes noise. In the past, it has worked to our benefit many times. We are a tough bunch.

—Vince Palermo

POA Budget process plagued by dysfunction

Dear Editor,

The POA's 2017 budget process has hit an all-time low for lack of transparency. A recent request by a POA member for a copy of the budget was denied. No reason was given other than that the Board has yet to approve the budget, therefore it was not available. Statutes governing owners' associations and nonprofits require that all financial records be made "reasonably available for examination and copying". Is citizen participation in our democracy just a concept? An abstraction?

Common sense would indicate that if the POA wants to be inclusive, rather than acrimonious, information would be readily available for the members to inform themselves rather than relying on community gossip.

The POA has a demonstrated history of conflict and opposing views. While this sounds obvious, it is absolutely essential that the tone, content, and facilitation of engagement efforts genuinely respects the input of all participants or members—even if it's sometimes difficult.

Would not discussion be the most reasonable way to resolve disagreement on a topic that has opposing thoughts? To engage in honest and thoughtful dialogue requires preparation—and information.

As part of our deliberations

Commentary

The health of creeks & wildlife refuge

by Emmy Savage

Many times last summer I encountered a woman doing her laundry in Willow Creek. This summer I encountered a woman with all of her toiletries in a basket, about to bathe in the same creek. When I asked her not to put soap in the creek, she showed me a gallon jug she was going to use to rinse herself a few yards from the creek. When I mentioned the impact on endangered fish in the Refuge, she retorted that people had a right to use the water too. I should have answered, "Yes, if you use it responsibly."

Two years ago I attended a lecture by Laura Archuleta of the US Fish and Wildlife Service at Adams State entitled "The Presence of Endocrine Disrupting Compounds, Prescription and Personal Care Products" in our wetland refuges and their tributaries. She also addressed our water district meeting (www.bacawater.com/2014) on April 8, 2014. In her study, samples were taken at sites adjacent to the Luis Maria Baca Wildlife Refuge at the Aspen Waste Water Treatment Plant outfall, Dead Man Creek and three sites along South Crestone Creek among others. The gonads and livers of Fathead Minnows and Rio Grande Chubs in the Refuge were tested for histological and gene expression. Low doses (parts per trillion) of prescription and personal care products (PPCP's) were found at all of the sites while gene expression in the endangered fish showed exposure to estrogen. The substances most frequently detected were caffeine, Deet, and triclocarban, a substance found in antibacterial products. Why are these very low doses a concern? 1. We don't know what the long term effects on the environment by constant exposure to low doses may be. We don't know what the risk of these substances may be to aquatic life and other life up the food chain. 2. Sewage treatment doesn't remove many of these substances. 3. Many chemicals in PPCPs don't degrade and remain biologically active. 4. Long-term exposure to anti-bacterial agents can produce resistant strains of bacteria.

Many people have a romantic, naïve and antiquated notion about nature and our impact on it. They probably don't know that thousands of pioneers contracted cholera at river crossings (www.oregontrailcenter.org/HistoricTrails/Dangers.htm) on their journey across the United States and died within hours of contracting the disease. Now, in addition to germs, chemicals have become an important public and environmental health concern. The environment may be fragile but it is not benign. Our providence and carelessness may affect us as well.

I offer this information from the above study not to alarm but to simply indicate that our community is having an impact on the environment, albeit a small one, and we should be aware this is so. According to Ms. Archuleta, individuals can do the following to minimize their personal impact on the environment: 1. Avoid insect repellent containing Deet. 2. Avoid "anti-bacterial" soaps, mouth wash, tooth paste and hand-sanitizers, all containing Triclocarbans and Triclosan, both known endocrine disrupters. It has been demonstrated that the physical washing of hands with soap (any soap) and water, not the chemicals used, is what effectively removes germs. 3. Use BPA-free food containers. 4. Switch to non-toxic household cleaners. 5. Avoid the preservative, BHA. 6. Never flush prescription drugs down the toilet. 7. Keep septic systems up to date. And, I will add, support our local ordinances and local and national legislation supporting scientific inquiry and studies. I often hear complaints about all of our POA rules that affect new builders: requirements for water and sewer or septic hook-up and in the interim, on-site port-o-potties. But the rules are there for a reason. We have a beautiful environment but we need to be mindful that our presence here has an impact. Anyone reading this may think it is a stretch to mention cholera and extremely low doses of chemicals in our creeks in the same article. The fish in the refuge are healthy and so are we. But the cholera example does demonstrate that human populations can impact the environment negatively and its toxicity in turn can affect our own health. And, without doing a scientific inquiry, I think discouraging washing in the creeks should be a no-brainer.

on who to elect to the Board of Directors, let's share information widely. If participants or residents feel that information is only shared with some members or does not do justice to all perspectives on an issue, it is unlikely to create the trust needed for effective or sustainable engagement.

"A government can be no better than the public opinion that sustains it." -Franklin D. Roosevelt

—Lisa Cyriacks

Amendment 69: Opportunity for change

Dear Editor,

I support ColoradoCare, Amendment 69, because it will provide access to affordable, quality

healthcare for all Coloradans. This matters to the families of Coloradans who die each year because they don't have health insurance and to those declaring bankruptcy because they can't pay medical bills. It matters to those who pay ever higher premiums for increasing deductibles and more limited benefits. It matters to healthcare providers who deal with more paperwork and red tape to provide patients the care they need. We have an opportunity to change that situation by voting yes on Amendment 69 to implement a non-profit, resident-owned, non-governmental health care financing system designed to ensure comprehensive health care for all Coloradans.

The economics are straight-



Casey Steen

March 12, 1993 - August 20, 2016

"All good things are wild and free."

— Henry David Thoreau

Casey Steen was born March 12, 1993 in San Diego to Robin and Jim Steen, to sister Jessica, and brother Michael. Casey passed on August 20 in a car crash. He became an Eagle Scout at a very young age and this directed his passion to living off the land as close to the wild as he could. He originally moved to Colorado to teach a primitive skills class and decided to stay to have the opportunity to live out these teachings. He was planning to ride his horse all the way from Colorado through Mexico, with nothing but his dog and minimal supplies, looking for raw untouched land. His connections to the earth spread inspiration and love to all he met.

forward. \$25 billion in taxes will replace the \$30 billion Coloradans now pay in insurance premiums and deductibles. That savings will stay in Colorado to stimulate local economies.

Amendment 69 was developed by Colorado citizens including healthcare and mental health professionals and state legislators. It is funded by Coloradans and was brought to the ballot by over 100,000 voters signing petitions. Those opposed are primarily funded by out-of-state insurance companies that stand to lose profit if Coloradans self-insure.

ColoradoCare would be run by a 21-member board elected by and accountable to Colorado residents. It would not be government-controlled. Healthcare practitioners would practice in the setting of their choice and be paid competitive rates. Patients will see the practitioner of their choice. Premium taxes can be increased only by a majority vote of Colorado residents.

Most families, individuals and businesses will pay less in premium taxes than they currently pay for health insurance. Your projected expense can be calculated at the website below. Multiple analyses show ColoradoCare to be successful for 10 years without a premium tax increase. By contrast, health insurance premiums are projected to rise 17% this year alone.

For more information, go to www.coloradocare.org. This is an opportunity to ensure all Coloradans have access to quality healthcare now and in the future.

Jan Foster Miller

Commentary

Get smart on smart meters Part IV

by **Lonnie Nichols**

On August 30, the Board of Directors of the SLVREC amended the terms and conditions of the basic individual agreement with the members, which in part resulted in an individual “opt out” option for receiving a “smart meter”. This was the result of quite a lot of work by a number of folks locally who directed their concerns about the health effects, as well as the increased fire risks, to the CEO and Board of Directors. The revised terms and conditions addressed four or five key factors to the members, one of which would require a \$25-per-month added fee for those choosing such an “opt out”.

Needless to say, this added cost seems excessive in light of the fact that no service or product would change with an “opt out”. Other notable revisions include: (1) opting out of a smart meter would not apply to those who have solar or wind and are tied to the electric grid, and, (2) if one chooses to opt out later, a travel/installation fee would also be charged.

I attempted to contact the Saguache County rep on the Board, Ernie Ford, but found that he had resigned his position—supposedly due to relocation. However, a small group of us have presented to the entire Board our concerns over the hazards of the smart meter, as well as the economic situation in the Crestone area that would make it prohibitive for many to afford an extra charge to receive any “opt out”. Thus far, receiving the “opt out” is something that would not have taken place without this effort, though the \$25/month is indeed cost-prohibitive for many of us.

There are efforts being made to continue to address this excessive cost, along with the fire hazards, to the Board of Directors. One factor to be addressed is that we were told the \$25 charge covers meter reader costs, which appears to be a “double” charge as the line charges (per the SLVREC website) already includes meter reader charges.

The Crestone Town Counsel has undergone several discussions on this issue. One suggestion from the latest meeting was to “. . . Sign

the opt out, but notate to refuse to pay the \$25/month charge”. This is a good suggestion, and one that I may personally take.

There are two categories of the opt out form relative to the timing/scheduling of the smart meter rollout: (1) For those who submitted a “non-consent” form previously, the deadline to complete and return is October 31 (make sure your forms states this), but (2) for all others who received an “opt out” form, the rollout has been said to start at the end of September and if one chooses to opt out, that form should be submitted immediately. That doesn’t necessarily mean the new meters will be active (the radio transceiver transmitting radio waves), since the grid would not be in place until the majority of the meters are installed. Please be sure to read the “opt out” form entirely, since there would be certain additional “trip charges” for certain scenarios outlined therein.

Fire hazard concerns

One of the key hazards we’ve been discussing is the increased fire hazards as mentioned in previous articles. There is clear documentation and evidence of fires and explosions, and one can find many of those on this website: emfsafetynetwork.org. With only one road of ingress and egress to the Crestone community, clearly a potential fire hazard is of great concern. When this issue has been addressed to the SLVREC staff, Board, and the manufacturer, their response is simply, “there is no additional fire hazard”. One only need to do a minimum of research to find this is simply not true. I encourage anyone with any concern over the updated terms and conditions to voice that concern directly to SLVREC.

The more people who do express their concerns, the better the probability of reducing the extra charge. I hope this helps somewhat in explaining the current status of this rollout. Our current website is: stopsmartmeters81131.org. We have much valuable information at this site.

Feel free to write me at ljen-terprises7@yahoo.com, or Dorje Root at dorjeroot@yahoo.com for more info or our current meeting location.

Baca Grande 2017 budget requires a \$50+ increase in POA dues

by **John Rowe**

The only POA Board meeting for the month was held September 14 at 6pm at the Crestone Baptist Church. All four Board members were present, they being Matie Belle Lakish, Joanna Theriault, Sugandha Brooks, and Vice President Bruce McDonald presiding.

The agenda and minutes were approved without incident and there was quite a bit of input from the audience of eighteen during Member Forum.

One member requested a six month moratorium be placed on the San Luis Valley Rural Electric Cooperative’s (SLVREC) plans to replace all existing meters with the so-called “smart meters”, those radio frequency-emitting devices that have been much reported on by the *Eagle* over the last few months. The Board had researched the matter and were clear they had no right to stop or delay SLVREC in any way and would not weigh in on the matter further.

Several people had complaints on the budget process and had some suggestions as to how the matter could be better handled. At least two POA members wanted public input into budget issues and not just private communication between Board members with occasional input from the POA management company, as it is now done. Someone wanted the proposed budget posted to the Baca Grande POA website, including department-by-department details. They claimed that this has occurred in the past but does not now. Old POA rules that bind the Baca apparently state that members are not privy to budget details before the Board passes any budget.

A motion to pass the proposed 2017 budget was made and seconded at this time and much discussion ensued. The POA began 2016 with \$975,000 in reserves and now has \$794,000. The \$200,000 in reserves was spent primarily on the new ambulance (\$103,000) and in sorely needed POA hall renovations. An assessment of over \$50 per lot in yearly dues is budgeted to put back \$179,000 of this in 2017. Audience and Board members all commented that even with this in-

crease, Baca Grand POA dues are still very low in comparison with other POAs.

Some brighter financial news was forthcoming in department reports. Kristen Ecklund stated that dues delinquency rates are at 13%, well down from the over 30% of last year. Apparently the new aggressive collection strategies adopted by the Board last year are working. Ambulance Chief Derek Garcia reasserted that renting out the old ambulance could well bring in a six figure dividend in the upcoming year, while still leaving the Baca well serviced.

Departing Fire Chief Chris Botz gave an eloquent and impassioned plea to the Board and membership in general to treat the fire department with the grave importance that it warrants and asked for \$17,000 more than the Board allows in the proposed 2017 budget. Chris stated that he makes \$17.50/hour and it is only that high because he works off the clock for free (he is allowed to log only 27 hours per week). The new chief is slotted to work 40 hours per week and is supposed to have a full time equipment manager. Chris flatly asserts that this is not nearly enough to hire competent people and implores the Board to find the money the department desperately needs. He reminds us all that dues are very low in the Baca when compared to other POAs who do not have fire protection of any kind. Look for a more in-depth interview with Chris Botz and what he thinks the Baca needs in fire fighting resources now and in the near future in an upcoming issue of the *Eagle*.

A motion to table the motion to pass the 2017 budget was forthcoming at this point and supported by all Board members. They will take the matter up again next month with newly elected Board members invited to be a part of the process.

All POA members in good standing should have an election packet by this time and are reminded that they have until October 20 to return their ballots. Contact the POA office if you do not have one yet. Please vote.

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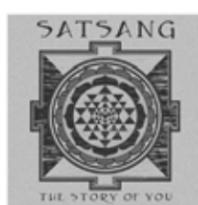
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Crestone Brewing Co.’s First Annual Charity Pig Roast



Sunday, October 23, 2016
12 Noon

Live Music featuring Satsang, a Conscious Music Collective. A mix of Roots Music, Folk, and Hip Hop with lyrics rooted in social, personal, and spiritual growth.



All proceeds to benefit Crestone Youth Plaza, Inc. (CYP).

Thank you for your continued support. We love you, Crestone!

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719.256.6400 WWW.CRESTONEBREWINGCO.COM

Zapata Ranch employee dies in fatal auto accident on Hwy 160

by Mary Lowers

On August 29 at appx. 5:50am Ellie Mischaikow, 23, of Bellingham, WA was driving west on CO Hwy. 160, when it appears she fell asleep at the wheel of her 2006 Jeep Liberty. The Jeep travelled into the east lane where it struck the front of a 1996 Peterbilt semi truck pulling an empty trailer east on the highway. The semi driver was Louis Duran, 45, of Antonito. When the Jeep hit the semi's front axle with its front end the Jeep rotated and was forced onto the north

side of the road. The semi and trailer then travelled off the south side of CO Hwy 160.

Mischaikow was pronounced dead from fatal injuries at the scene. Duran was transported to SLV Regional Medical Center in Alamosa where he was treated and released. The Colorado State Patrol who responded to the crash called in their Hazardous Materials team to deal with the 100 gallons of diesel fuel spilled from the semi at the crash scene.



Fresh frost on ponderosa pine needles.

photo by Janet Woodman

Sheriff Warwick comments on drugs & law enforcement

by Mary Lowers

Saguache County Sheriff Dan Warwick wants everyone to know, "I am more than willing to talk with a citizen." In an extensive interview with *The Crestone Eagle* the Sheriff said, "The Saguache County Sheriff's Office (SCSO) deputies are not paid to work just in the Crestone/Baca area but, that the east part of the county gets more attention than anywhere else. Other towns have issues as well." Crime is rising, "check any community—it is happening."

In rural counties like ours where the sheriff's office is the main law enforcement, resources are stretched thin. The SCSO lost one deputy position to budget cuts this year. Saguache County is comparable in size to the state of Rhode Island and there are only four deputies on patrol here at any one time. "We do not have enough deputies

to stay on one rumor/case. We try to watch when we have time. The SCSO is responsible for law enforcement and assistance for not just county residents but those traveling through."

Sheriff Warwick is concerned with the increased use of drugs, particularly meth and heroin, in the Crestone/Baca community. He told me that in order to arrest and prosecute people for a drug offense the SCSO needs "probable cause" to get the search warrant issued by a judge, necessary to make an arrest and move the case to court. According to the Sheriff, "this gives us a reason to question them. If you see a crime and report it to the SCSO in a timely fashion and are willing to have your name on a search warrant (to go on record) then, I can take the evidence you present to a judge who can order legal implementation."

You cannot establish probable cause and get a judge to issue a search warrant through rumors alone. Probable cause needs fact, not rumor. Sheriff Warwick is willing to hear and record knowledgeable rumors that may back up some other citizens' "probable cause."

The Sheriff points out that if citizens get together in a neighborhood watch-type group and anonymously watch a specific person or location, they can help deputies get probable cause to jump start arrest and prosecution of offenders. Sheriff Warwick said, "there have been no arrests recently based solely on drug activity but deputies have been able to bring in possible drug offenders on other charges often associated with drug abuse, such as drunkenness and domestic violence." Sometimes people bring a drug dealer or user into the community from a motive based on "misguided sympathy." They assume that the person is getting better or is clean. "A dealer

will go into an area where there is a demand for his product. Some people we would not expect are making bad choices."

Sheriff Warwick says, "Let people know you know what they are doing." He assured me the SCSO is always, but not exclusively, looking for drugs. You can get contact the Sheriff at 719-655-2525.

Saguache County Crime report

by Mary Lowers

It's a magnificent fall in the valley. Sadly, some will be spending it in jail or in court. A Salida man, 35, was incarcerated in the Saguache County Jail and held on \$5,300 bail. He stands accused of second degree criminal trespass, failure to comply with a warrant, and careless driving. A Baca man, 34, was jailed on a list of charges including: one count of felony assault in the first degree, two counts felony stalking, two harassment charges, two charges of violation of a restraining order, and criminal mischief. His bail was set at \$115,000.

A bail of \$50,000 was set for a Center man, 40, charged with domestic violence, third degree assault, and two identity theft charges, along with being in possession of burglary tools. No bail amount was listed for a Gunnison man, 31, jailed on charges of domestic violence and criminal mischief. A Saguache man, 60, was issued a summons and complaint by deputies. He is accused of having a vicious dog who bit and caused injury to an individual outside the Saguache Town Market.

A Cuba, NM man, 31, was taken in as a fugitive from justice with charges in Sandoval County, NM. His bail was set at \$50,000. An Apache Junction, AZ man, 41, was issued a summons and complaint for leaving the scene of an accident after hitting an unattended vehicle, reckless driving, and driving with a suspended license.

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I MUST HEAL CANCER!

During a drought Emperor Li Zong called on Women to perform ceremonies to bring rain. Instead, Women sat in continuous silent meditation. When an envoy asked him what he was doing to bring rain, he replied, "Silently not influencing anything." Immediately after this exchange, the rains came and spread throughout the country.

For appointment 256-4248- we can do nothing together!

New Year happy
Standing in the snow... I realized I was Joking!

I dream my paintings and then I paint my dreams- Vincent Van Gogh

(I compare myself to the Great Zen Master Women Because 3 of my acupuncture clients got well after I did, basically, nothing really.

Saguache County News

by Sandia Belgrade

Finding money to run the County

Filling the County's coffers to run basic services is a challenge for Saguache, one of the three poorest counties in Colorado. Presently the sales tax is only 1%. Compare that to Rio Grande County at 5.5%, or the rate in Alamosa which is 7.9%. That doesn't deter Saguache residents from shopping there and supporting that county. Our county struggles with an old jail that is often full, or prisoners are housed elsewhere. A courthouse in need an elevator for disabled residents. Two initiatives are on the November ballot to address County needs: a sales tax and an excise tax. The latter will not be levied against most residents, yet all residents will benefit from it.

A 1% sales tax

The sales tax initiative is specifically to fund Saguache County law enforcement. Simplified for easy reading it says "Shall county taxes be increased annually by 1% of all retail purchases for the purpose of supplementing the budget of the County Sheriff's Department. "The measure would levy this 1% sales tax to fund the needs of the Sheriff as identified by County Sheriff Dan Warwick including the jail. It earmarks areas necessary for public safety such as additional staffing, hiring and training of personnel, conducting investigations, replacing obsolete equipment, and addressing security, operations and maintenance costs. It also will assist in the pursuit of constructing a justice center. Hunters, visitors and tourists will be paying this sales tax as well as residents.

A win-win solution: an excise tax

There is a stark difference between what the State generates with 10% on all transactions—billions—and what our county gets: Nothing. Fortunately the county has another way to increase marijuana revenue without affecting our taxes. There will be an excise tax on the ballot. Marijuana retailers only would pay an excise tax of 5% on the first sale or

transfer of unprocessed retail marijuana by a retail marijuana cultivation facility located within Saguache County. All voters get to decide the matter, which could mean \$350,000 additional funding for County needs.

Courthouse elevator

Ron McClure of the Ron McClure architectural firm in Del Norte presented a visual plan for the courthouse elevator. He proposed putting it on the west side where the middle of the stairs currently is. This would provide easy access from the parking area. The elevator being considered is one able to adapt to different levels and floors and landings. It doesn't require a pit; equipment can be put in the basement, which is a plus. It includes a hoist beam going to the attic. McClure recommended Thyssen Krupp Elevator Americas for this design and excellent service. The estimate cited was \$135,000 for the elevator, including installation. The BOCC approved the concept for the elevator. A contractor will also be needed for overall demolition and construction of the elevator housing. Wendi Maez will put out a notice for bids.

Public Health Department

Promising candidates have been interviewed for the position of Department Director. In the meantime, Lyn Lambert, County Administrator, has been working with all department heads on their budgets and found that the Public Health revenue and expenditures are not matching up. It is a tricky thing balancing a budget when State reimbursement lags. The Commissioners put a freeze on discretionary spending by the department without approval of the BOCC. According to Commissioner Tim Lovato this was done in an effort to get them to pay more attention to line items and come before the Board with more exacting budget details.

SRS funding

The Secure Rural Schools (SRS) Act provides funding for over 775 rural counties and 4,400 schools located near national forests across the United States. The Act also helps pay for restoration and stewardship projects on our public lands and forests. According to Administrator Lambert, the dispersal of must be done by September 30. Saguache County received \$1,109,211 of SRS money. Eighty-three percent of that went to schools, which amounted to

\$920,645.87. A 17% share, or \$188,566.02, will go to the Road and Bridge Department.

Smoking policy updated

In another administrative matter, the County has updated its smoking policy. This decision puts the County in line with the rest of the state. The Colorado Clean Indoor Air Act, which went into effect in July of 2006, determined that there

be no smoking in any place of employment, public places and areas such as elevators, restrooms, libraries, schools, etc. With department heads concurring, there is also a blanket prohibition against smoking in County-owned vehicles.

Marijuana plant count limit challenged

In Parker, CO the Town Council approved ordinances that will clamp down on marijuana home grows by limiting the number of cultivated plants to a dozen per household. Meanwhile a lawsuit challenging Colorado Springs 12-plant cap could set a precedent statewide. A 12-plant limit per household means that a third adult living in a house would be deprived of the right to harvest what state law allows, thus they would lose their constitutional right to have 6 plants. Saguache bases its regulations on a residential property, not the number of individuals per household.

Ban on gun sales

A federal court upheld a ban on gun sales to medical marijuana card holders. The court determined that banning the sale of guns to medical marijuana card holders should not be considered a violation of the Second Amendment.

Colorado will reach another national first on cannabis when state agriculture officials have the first domestic certified hemp seeds. The Department of Agriculture has been working for years to produce hemp seeds that consistently produce plants low enough in the chemical THC to qualify as hemp and not its intoxicating cousin, marijuana.

Public lands monthly discussion

Andrew Archuleta, who has been the familiar face of the BLM, announced that he has accepted the position of Northwest District Manager in Silt, CO. Debra Blank will be his replacement. He announced the second annual "12 hours of penitence" mountain bike race. Registration is open for the race to be held Saturday, October 8, 7am-7pm. The entire event will be held in Penitente Canyon Recreation Area. Information for racers, vendors, sponsors and volunteers is at <https://12hoursofpenitence.com>.

Rio Grande Watershed Emergency Action Coordination Team

Many readers remember the West Fork Complex wildfire near Wolf Creek Pass in 2013. It consisted of several fires: the West Fork Fire, the Papoose Fire and Windy Pass Fire. All three were started by lightning. The fires burned 109,615 acres, spreading to the San Juan and Rio Grande National Forests. In response to the West Fork disaster, RWEACT, the Rio Grande Watershed Emergency Action Coordination Team was formed, bringing together a collaboration of local, state and federal agencies, organizations, and individuals, including the USDA Forest Service, to develop an effective, coordinated approach to address fire hazards affecting the Rio Grande River watershed and its environment. They have 501(c)3 status and have received funding from the governor plus a DOLA grant. Zeke Ward, Executive Director of RWEACT invited the County to join in this effort. The forest product resources including lumber, chips, pellets, and biochar, might provide economic possibilities for the county.



Ileen Rivale receives employee service pin.

Employee honored

Ileen Rivale, who has served as Prevention Coordinator with Public Health, was honored for the time she put into serving youth in the county. As Prevention Coordinator she led substance abuse prevention efforts in the county by facilitating the implementation of the Communities that Care (CTC) model. CTC is a community-engagement program for reducing youth violence, alcohol and tobacco use, and delinquency, through tested and effective programs and policies.

This position is now open. The successful candidate will be responsible for community outreach and organizing as well as group facilitation. Other responsibilities include data gathering and analyzing, program budget management and evaluation of the program. See www.saguache-county.net/index.php/public-health for details.

Variance request

A variance request was approved for Ed and Karen Davis with conditions set out by the Planning Commission. They bought a mobile home older than 20 years which is at Lazy KV Estates and are bringing it up to code. A company had brought the mobile home there illegally, but no one responded to County Administrator Wendi Maez's violation letter. In a sense the Davises are righting a wrong and are doing everything to bring it into compliance. Ben Gibbons, County Attorney, recognized it as a one-time exemption to the policy. Variances are always on a case-by-case basis.

County Landfill

The Colorado Department of Public Health and Environment, which deals with hazardous materials and waste, has sent a letter approving with conditions a cover design for the County Landfill. Specifically it addressed the finalized engineering and design and operations modification of the final cap elevations and approved slopes. The construction quality assurance plan raises the final grade to achieve a minimum 5% slope over the majority of the landfill footprint. The Commissioners noted that the recycling enterprise warrants some attention. Bill Burch has more recycling coming in than is going out. There have been complaints. No more can go in the hole, so he'll need to move some things out.

Short takes

The Saguache County Treasurers' Office will be closed on October 4 for staff training, according to Connie Trujillo, Saguache County Treasurer/Public Trustee.

Governor John Hickenlooper appointed Ann N. Ulrich to serve as a County Court Judge in Saguache County in the 12th Judicial District.

Sales tax grants awarded

Saguache is one of the only counties to use sales tax to fund small, worthwhile projects in the county. In the second cycle for this year, the county awarded a total of \$92,296.00 in grants. Projects awarded on this side of the county:

Emergency

Crestone End of Life Project	\$ 3,000.00
Crestone Food Bank	\$ 2,500.00
Informed Final Choice	\$ 1,500.00
Crestone End of Life Project	\$ 3,000.00
Neighbors Helping Neighbors	\$ 4,000.00
Moffat School	\$ 2,000.00
Town of Crestone	\$ 1,400.00

Renewable Energy

Crestone Youth Plaza	\$ 3,000.00
Town of Crestone	\$ 2,500.00

Youth & Senior

Crestone Performance	\$ 2,000.00
Moffat School (Elise Lovato)	\$ 2,000.00
OccupyCrestone	\$ 2,500.00
YES (Your Empowerment Solutions)	\$ 1,900.00



**by Allyson Ransom,
Crestone Town Clerk**

The following decisions were made at the September 12, 2016 Board meeting:

Adopted by unanimous vote

- Ordinance #2016-003 to rescind the medical marijuana sales in the Town of Crestone.
- Resolution #016-2016 to amend the Fee Schedule to include new licensing fees and a park usage event fee.
- Resolution #017-2016 to accept the Downtown Redevelopment Project as per the Community Development Block Grant requirements.

Other news

- The Town of Crestone's 2017 budget is available in Town Hall for viewing, and a public hearing specifically for public comment on the budget will be held at 1:30 on October 10 in Town Hall.
- The plaza at Little Pearl Park is nearing completion and will be a beautiful place to gather and socialize. Also, check out "Black Bear" Park, behind Town Hall. Log seating areas and picnic tables have been installed, and it is wonderful to see how many people are using and enjoying the open space that interconnects the parks, art gallery and businesses. Park

employees Gretchen Nelson and Jackie Gosswiler have been hard at work keeping up with beautification and maintenance.

- Loads of topsoil have been delivered to town and barren dirt planting zones throughout the downtown project are ready to be filled. Donations have been coming in for memorial trees to be planted in many of these areas. Please contact Trustee Kizzen Laki about the possibility of donating a tree.

- As most residents know, permitting retail marijuana sales was a referred measure on the ballot on April 5, 2016, being approved by 70% of the voters; however, only a maximum of three stores may be allowed in Crestone at one time and only within the commercial district, while maintaining 500' distance from schools and youth centers. Grow facilities, testing facilities, medical marijuana stores and product manufacturing facilities are not permitted within the town. During the recent open application period from September 1- September 30, three applicants picked up packets and at least one has begun the initial permitting process with the State of Colorado Marijuana Enforcement Division.

- Town informational "welcome" packets that include details on fees, zoning, utility company

contacts and more are now available at Town Hall. We hope these will be helpful to new residents and businesses.

- If anyone has witnessed animal abuse or has neglected and abandoned animals, please inform the Colorado Humane Agency at 1-800-249-5121 as they cover Saguache County and its towns. You may also report online at: <http://coloradohumane.org/report-animal-cruelty/animal-cruelty-report-form>.

- Residents are appreciating the convenience of having a secure payment drop slot that some requested the Town install. Look for the narrow cream-colored box with an envelope slot next to the Town Hall front door at 108 W. Galena Ave.

- Town of Crestone meeting agendas are posted in the locked bulletin boards at Town Hall and in the post office. Board meetings are still held on the second Monday of each month from 1:30-6 pm, and there is always time for the public

to share comments at the end of each meeting. If you would like to contact Board members, their town email addresses may be found on the website or come in to Town Hall for more details. For anyone who would like to be included on the monthly meeting agenda and present an item to the Board, submit requests and materials one week in advance.

- There is a Colorado Certified Notary Public available during regular office hours in Town Hall from 9am-1pm, Mondays-Fridays. The cost to notarize each signature certificate is \$5.00 as per Secretary of State Guidelines. Please remember to present a current, valid ID.

- We have had concerned citizens contacting Town Hall to report disturbing activity seen in the Town Park and next to the children's playground. Please notify the Saguache County Sheriff's Office immediately if you see any suspicious or dangerous activity at 719-655-2544.



BACA GRANDE PROPERTY OWNERS' ASSOCIATION
 P.O. BOX 237 • Crestone, CO 81131 • Phone: 719-256-4171 • Fax: 719-256-4173
www.BacaPOA.org • info@BacaPOA.org

2016 Candidate Forum

The Baca Grande POA will have a candidate forum on October 10' 2016 at 7 pm. Community members will have the opportunity to meet and speak with the candidates. Please join us at the Crestone Baptist Church located at 70863 County Road T, Crestone, CO 81131.

We look forward to seeing you there!

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CrestoneArtists 5th Annual Open Studio Tour

This year's CrestoneArtists Annual Open Studio Tour will feature 17 of our community's artists whose work and subject matter cover a range of visions, styles and materials. The tour is scheduled to take place October 8 and 9 (Saturday & Sunday) from 12 to 5pm. With the designation of Crestone as a Colorado Arts District by the Governor, and with the support of many sponsoring members of our community, we can make Crestone visitors feel the flavor of our artists and our town when our mountains and environs are at their loveliest.

Though other tours throughout Colorado and the rest of our country are a great display of talent and creativity, our Crestone tour seems to display a unique vision of the uplifted, contemplative and spiritual aspects of life in the "vortex" of Crestone. The tour takes place against a backdrop of the Sangre de Cristo Mountains when they are at their loveliest: skies are blue, aspen gold and the peaks snow-covered. From 12pm to 5pm for two days, discerning art lovers and collectors may visit members of CrestoneArtists in their studios and experience the settings in which these artists create their unique and visionary work characteristic of this contemplative community.

Included in this year's tour are: #1-#4 (as numbered on the tour map) Brenda Sue Valkaryie, Stephen (Ish) Futral, Noah Baen and Robin Ross (all on one street) displaying various paintings of impressionistic, figurative, expressionistic, realistic, fauvistic, mystical and juicy in oil, acrylic and encaustic mediums.

#5-#8: Barbara Stamm Dose, Mae Green, Shahna Lax, and Jane Kwan are displaying pastels and paintings, oil and watercolors, copper works and acrylic and mixed media in a range of abstracts, impressionistic expressionism, copper illuminations including repousse, etching and piercings and abstract expressionism.

#9-#12: Emmy Savage, Kim Roberts, Paula Hudson and Allison Wonderland showing a range of painting and pastels, encaustic monotype prints, oils and watercolors and paper sculpture installations in allegoric landscapes, bees wax and pigment (encaustics) abstracts, figurative and conceptual installations.



Stephen Futral (Ish) will demonstrate encaustic painting and monotype printing techniques on Saturday and Sunday from 2-3pm. He also teaches the encaustic art process to Crestone Charter School (middle school) students.



Joel Weston displays his unique art & jewelry in the home of Moira Forsythe during last year's Crestone Artists Studio Tour. photo by Lori Nagel

#13-#17: John and Posey Nelson, Beatris Bourgoin, Rose Burek, Pat Tullos and Rita Be-

rault exhibiting Raku ceramics and stone sculpting, palette knife oil paintings, recycled wind art, natural fiber quilts and Fair Isle Tams along with fine art of the Divine Mother, ranging from abstract and functional, figurative, musical and wall hangings.

Demonstrations

This year we will have 4 artists conducting demos in their studios:

1/ Allison Wonderland (#12 on the map) will be showing paper-making throughout both days.

2/ John and Posey Nelson (#13 & #14). John will show Raku ceramic-making techniques on Saturday at 3pm and Posey will show stone carving on Sunday at 3pm (weather permitting).

3/ Stephen Futral (Ish) will demo encaustic painting and monotype printing techniques on Saturday and Sunday from 2-3pm.

4/ Jane Kwan will be having an interactive art play/assembly with natural and found material in her back yard from 1-2pm on both days.

Emmy Savage's studio will be open on Sunday the 9th only.

The Crestone Artisans Gallery will be hosting a Pre-Studio Tour Brunch on Saturday, October 8 from 11am to 1pm. You can preview some of the artists and get info on the tour while having some coffee, tea and pastries and enjoying music by Barry Monroe.

For brochures with the names of local sponsors and maps of this year's tour, look in our local businesses or go to crestone-studio-tour-2016.html. For lodging, you'll find links at the bottom of our website entry page to several gracious B&Bs in our area which have sponsored our tour. Additional lodging can be found at crestoneeagle.com/lodging.

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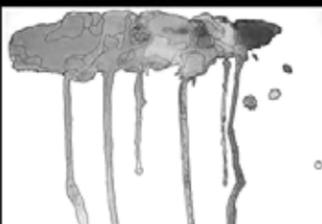
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Ish Futral 256.4848 for appointment or further questions





CrestoneArtists.com
5th Annual Studio Tour
Oct 8th & 9th
Saturday & Sunday
12:00 - 5:00 PM

See website for tour map & more info

OUR SPONSORS





Heart jewelry made from local Crestone Conglomerate stones by artist Bob Long.

Crestone Artisans Gallery hosts Studio Tour kick-off brunch

This year the Crestone Artisans Gallery has teamed up with the Crestone Artists Studio Tour to help make the tour even better.

The Crestone Artist Open Studio Tour is October 8 and 9, noon to 5pm (www.crestoneartists.com/crestonestudioutour-2016). This year there will be a warm-up shindig at the Crestone Artisan Gallery on Oct. 8, at 11 to 1pm. This will take the form of a kick-off brunch with pastries, fruit, coffee and tea. Music, guitar and voice will be provided by Barry Monroe. Once fortified, and having glutted yourselves on the terrific art in the gallery, many of whose artists are on the tour, you are off and running.

There are tour brochures complete with a map available around town now, and more will be available at the Gallery that morning. Be sure to notice the map in the brochure which will guide you to all the studios. Also, you can find the brochure on Facebook at the Crestonians. Each artist will have signs, flags, etc. along the roadways to lead you to your destinations. The artists



Cabinetry by Bob Adler.

are listed in the brochure along with contact information and a sample of their work. All the artists a very enthusiastic about have visitors (they will do just about anything to talk about creativity.)

Speaking of terrific art in the Crestone Artisans Gallery, make sure you drop by to see the new jewelry. Bob Long has some beautiful stone heart necklaces made from local conglomerate stone that identifies Crestone as unique. Great presents and souvenirs. Good prices at \$38.00. Myan and Jeff have added new earrings and pins made from antler. They are always one of a kind. Carolyn has new stone combinations in her work that just glow. Sasha's got some new sparkly earrings to please you. Bob Adler was a professional cabinet maker in another life. He now designs and creates fine artisan cabinets, benches, boxes and others exquisite wood products. While you are looking, check out the recently added pottery by Lynn Drake.



Wine cups by Lynn Drake.

Two workshops with Native American teacher and healer Láné Sáan Moonwalker

The Wisdom of the West
The direction of the West is all about transition. It's the end of our active time for day creatures-including humans, and the beginning of activity for the night life. We gather with friends at the end of the day and give thanks. It is a time for preparing—for the next day, and for rest and recharge. It's a time of sharing and reassessing—how our day went, what worked, what didn't. In this workshop we will work with this energy in a practical, inspired, and sacred way.

Saturday, October 22 from 9:30 to 4:30. \$85 or \$155 for both workshops. To register and for location call Dorje Root, 719-937-7786, or dorjeroot@yahoo.com.

The Wisdom of Autumn
We don't often consider the seasons to be elements, but actually they are exceedingly important and complex ones. The seasons are the result of the dance between Earth, Sun, and Moon. Autumn is the time of year when we and all other creatures enjoy the bounty of nature. It's a time of ripening

and harvest, of putting food away for winter or migrating. Bears, as well as many others fatten up; squirrels and humans put things away for winter. It's a make or break time. It's a time of sharing, gratitude, and giving thanks, and we'll be spending time with these processes in this workshop.

Sunday, October 23 from 9:30 to 4:30. \$85 or \$155 for both workshops. To register and for location call Dorje Root, 719-937-7786, or dorjeroot@yahoo.com

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The Wisdom of the West
(October 22)
The Wisdom of Autumn (October 23)
Both are being taught
by Láné Sáan Moonwalker
Please see HAPS
for details

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Telluride Mountain Film Festival returns to Crestone

Crestone Performances is presenting award-winning films from the Telluride Mountain Film Festival. The movies will be shown at the Crestone Charter School Friday, October 21 at 7:30pm. These movies will cost \$10 at the door for adults with all students free. There will also be a showing during the school day for students at the Charter school. We will serve popcorn and drinks and put out the tumbling mats to lounge on. You can also bring your own comfy chairs if you like. The films mostly cover human interest stories and adventure. Following are descriptions of some of the films you can enjoy.

The Wrestling Cholita - In Bolivia, the indigenous Cholita women are easily recognized by their bowler hats, pollera skirts and plaited braids. Cholitas have long been mistreated in this South American country, but that's changing, thanks to anti-discrimination legislation and new progressive politicians. It's also thanks to individuals

like Teresa Huayta, the wrestling Cholita. This diminutive woman is a force of nature in the ring, proving with each match that it's a badge of pride—not a mark of shame—to be a Cholita.

Edges - She survived being thrown through her windshield in a car crash at the age of 80 and then a major stroke at the age of 85. And still, at the age of 90 years young, Yvonne Dowlen continues to ice skate almost every day. Dowlen insists it's easier to skate than walk at her age. Her elegance on ice reflects the decades she spent traveling the world as a performer in the Ice Capades and sharing her love of dancing on ice as a teacher. Indeed, skating has helped her recover and rehabilitate from the most challenging times in her life. She spends every day pursuing what makes her happy—and that is the true wisdom in her story.

The Forecaster - Drew Hardesty wakes up early every day and skins up the mountain to examine



Adventures of the Dodo, featured film at the Festival.

the snowpack—building snow-pits, inspecting individual snowflakes, recording temperatures and carefully testing aspects. **The Forecaster** is a short film that provides the visual reel behind the daily reports on the radio, offering a glimpse into the everyday tasks required to help keep the masses safe in avalanche country.

There will also be films on outdoor adventures in climbing, skiing, kayaks and more. This assortment of films will have you laughing, crying, amazed and thoughtful.

Movies for the kids will include **Pickle**, a menagerie of wacky pets coupled perfectly with their

loving and eccentric owners, who go to great lengths to keep their animals content. From opossum scooters to sponge fish beds. Also films on finding a rare type of bat, badger habits, animation, the solar system and more.

This is a fundraiser for Crestone Performances Inc., your local 501(c)3 non-profit community service organization for the arts. For more information, please call 719-256-4533 or see crestfest.org. Come and enjoy an evening of award winning films at the Crestone Charter School Friday, October 21 at 7:30pm. Remember it's free to students and \$10 for adults.



Activewear, comedy short by Skitbox.

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Rhythm Sanctuary Crestone: Abundant Harvest

Join us for an amazing evening of music, dancing, and feasting at Rhythm Sanctuary's next event, "Abundant Harvest" on Saturday, November 5. Rhythm Sanctuary is an inter-generational free form dance ritual where current culture meets ancient wisdom through ecstatic dance and conscious music. Come celebrate our collective abundance and health from our gardens and fall harvests on Saturday, November 5 at the Crestone Charter School, 330 Lime St. From 6:30-9pm Rhythm Sanctuary; 9-10pm community potluck.

Sliding scale entry fee: \$5-10 students and seniors; \$10-15 general admission; free participating children accompanied by parent or guardian.

Rhythm Sanctuary offers a safe, drug- and alcohol-free, sacred and "Altared Space" where community gathers into the arms of the Great Mystery to dance and be danced. We come together co-creating a hub for all ages, and all paths to seed our personal and collective intention, for the purpose of personal and planetary healing, celebration, and communion. We meet to foster connection and to build our community in a spiritual environment that is non-dogmatic and respects all wisdom traditions. Our sanctuary inspires caring for self and others, playfulness, and creativity and the dance ritual itself is held in non-verbal reverence. Reverent and raucous, we love meeting

new co-hearts to dance and pray, sing and play!

We are excited to host Buddha Bomb as our DJ for the evening! Buddha Bomb has devoted the greatest part of his life to elevating consciousness and using music as a transformational conduit to bring healing and joy to thousands. A Sonic Shaman, he provides the fuel for the dance journey. Whether spinning Ambient, Psytrance, IDM, Old School or his own compositions Buddha Bomb gives it his all. Buddha is formless wherein all possibilities have space to occur. Bomb is Form—action, motion, heat, and beats. Buddha Bomb takes you there. To learn more or hear his music, please visit www.myspace.com/BuddhaBombMusic, www.buddhabomb.net or Facebook www.facebook.com/buddhabombmusic. He is also a regular host on Boulder's KGNU community radio station 88.5 FM and 1390AM.

As part of the Rhythm Sanctuary celebration, we will host a community potluck feast from 9-10pm to honor the fruits of our labor and abundance of our gardens. In addition to the regular altars honoring the divine masculine and feminine, we will build an edible altar for this dance. We invite you to help us create this altar by bringing beans, corn, squash, herbs and other items from your gardens. Not only can we share a beautiful meal together but you can trade the surplus of your harvest. You



may also bring a dish to share with serving utensils.

To learn more about Rhythm Sanctuary, please contact Lisa Bodey at 719-480-5925 or bodey-crestone@gmail.com. You can also visit www.rhythmsanctuary.com or find our local group on Facebook at Crestone Rhythm Sanctuary.

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RELEASE #2

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MON 10/31

HALLOWEEN!

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NUMEROUS CHILDRENS'
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CPI performance: Gabriel and Soriba African drum and dance.

Youth Enrichment Program brought a great performance to the Charter School

Crestone Performances, through their Youth Enrichment Program (YEP), brought renowned musicians Gabriel Fara Tolono and Soriba Fofana to the Crestone Charter School September 19. This performance was part of a fundraising effort to provide clean water filters, water carriers, solar lights and medicine to Guinea, West Africa. The combo played drums, djembes, guitar and kora, and taught African dance to the students. The atmosphere was electric as enthralled students listened and danced throughout the presentation. This performance represented the 186th show sponsored by CPI using our 35th different performer and was funded 100% by Crestone Performances and a sales tax grant from Saguache County.

More shows this fall are being booked and will include more presentations from Gabriel and Soriba as well as movies from the Telluride Mountain Film Festival, Tablas Tarong from Andy Skellenger, the positive bi-lingual Hip Hop group 2MX2 and workshops by the Salida Circus.

CPI is a non-profit community service organization that has annually produced the Crestone Music Festival, provided YEP to the San Luis Valley Schools for fifteen years and assists other community events with consulting, sound and event supplies. If you would like to contribute to our YEP program directly, please go to crestfest.org or call 719-256-4533. You can also send a donation to CPI, P.O. Box 6, Crestone CO 81131. All donations are tax deductible. Thank you!

Moffat author reveals path to healing from abuse & trauma in new book

Author Pamela R. Garin announces the nationwide release of her new book, *Sing in the Night: Going through the Iron Gates of Emotional Prison into Peace*.

In *Sing in the Night*, Garin reveals that every 107 seconds, someone in America is a victim of a violent crime; and some statistics say that most sexually assaulted females are assaulted before their 16th birthday. One hundred percent of trauma survivors live with the consequences of someone else's selfish actions. Fortunately, survivors have an advocate who has felt the feelings that survivors do and who knows how to heal them.

Sing in the Night gives no details of the author's past trauma. This is a book detailing how healing can be achieved and how to experience hope for the future.

Based in Moffat, CO, Garin is a survivor of childhood abduction and violent rape as well as a survivor of domestic abuse. She learned that healing from trauma is a journey of simple biblical steps taken with the Creator.

Published by Tate Publishing and Enterprises, the book is available through bookstores nationwide, from the publisher at www.tatepublishing.com/bookstore, or by visiting barnesandnoble.com or amazon.com.

THE VIEW FROM HERE

COOTS, CODGERS & CURMUDGEONS

by William "Buck" Winters

The other day, I passed by one of the wetlands that appear in the valley once snow-melt starts. It was abundantly populated by small black duck-like birds that we call "coots". Since I've frequently been called "an old coot" I thought I'd better ascertain whether the term is complimentary or derogatory. The Audubon Field Guide to North American Birds was of little help, though the description of "voice" as "a variety of clucks, cackles, grunts, and other harsh notes" did shed a bit of light, as I guess I can sound that way sometimes.

The aging human is occasionally prone to bouts of self-reflection, and I thought it time to indulge. This train of thought led me to the notion that I may be a coot, but probably more accurately a codger, which Merriam-Webster defines as "an odd or cranky man". Wiktionary's definition is "an amusingly eccentric or grumpy and usually elderly man". While providing amusement is a goal to which I aspire since I derive so much of it from my observation of my fellow humans, I am not sure I can accurately assess my performance in that area, so I felt compelled to research the other C-word that has sometimes been applied, "curmudgeon".

I admit to a certain fondness for "curmudgeon" probably due to its polysyllabic nature, a characteristic of which I am inordinately appreciative, for no good reason except personal preference. I suppose it derives from the fact that I have a good deal of time on my hands, so spitting out short words quickly is not necessary. But Merriam-Webster tells me that a curmudgeon is "a person, especially an old man, who is easily annoyed and who often complains." Well, slap me silly, that's a pretty unflattering portrait, even if true.

Because I believe we should all strive for self-improvement, no matter what our age, I resolved to spend less time being a coot or a curmudgeon, and more time being a codger. I do find it a bit curious that these definitions seem to be male-oriented, as I've encountered a few female coots, codgers, and curmudgeons over the years. And I must take issue with the apparent age-specificity of these definitions. The current "hipster" trend, with its vigorous pursuit of irony, strikes me as cootish, codgery, and curmudgeonly, and I feel certain that there will be no shortage of the "three C's" in years to come.

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HAPS



Halloween getups

If you love being creative, enjoy joy in a child's face or just like to play, please consider joining us on Monday October 31 from 5 to 7:30pm downtown. This is how it works: as part of the usual trick-or-treat scene you can decorate your car, dress up, or just keep it simple—park around town (spread out so the kids have to walk) and as the kids go door to door they can also go car to car. Let's fill those new sidewalks with kids and kids at heart! Fun, right? Let's get creative! Look up "trunk or treat" for ideas.

Do you live in the town of Crestone? Are you going to be accepting trick or treaters this year? Please consider accepting trick or treaters and letting parents know where you are. Stop in at the Crestone Merc and mark your house on the Crestone Halloween map that Elaine is so graciously maintaining. The map will be shared the weekend before Halloween. There will be a prize for the best decorated car and best decorated house.

And that's not all! Keep an eye out around town, as some local businesses are planning on adding to the Halloween festivities.

WinterFest December 3-4

Arts & crafts, christmas gifts, kids' activities, live music, Santa Claus, food & fun. At the Crestone Charter School Saturday 11-6, Sunday 11-4.

Vendors contact Mati Fuller at MatiFuller@gmail.com.

Pre-Thanksgiving pot luck at CCS November 20

Do you remember the wonderful, warm, community feeling of last year's pre-Thanksgiving potluck?

On Sunday, November 20, from 12:30-4:30pm at the Crestone Charter School, Neighbors Helping Neighbors will again set the tables, this time for their 17th annual community event.

Volunteers are needed to buy and cook a turkey or donate a turkey for someone else to cook. Volunteers are also needed to help with set up, decorating, serving and clean up. Bring a potluck dish that will serve at least 10 people. (This is a hungry crowd.) Some suggestions are: cranberry dishes, salads, vegetables, lots of different potato dishes, especially mashed potatoes, other creative family favorite side dishes, bread, desserts, pies, cakes, cookies, apple sauce, apple cider, and other drinks.

Coffee, teas, sugar and cream will be provided. You are asked to bring your own plates and eating utensils. Donations of money are also needed to purchase additional supplies. Call Judie Rose at 256-5110 with questions or to volunteer.

Free Virtual Legal Clinic at Saguache Library

Don't forget that the last Thursday of each month is the free Virtual Legal Clinic, held at the Saguache Public Library. This clinic provides free, one-on-one legal advice for low-income, unrepresented residents of the San Luis Valley by videoconference. Attorneys can answer legal questions, help with court forms, and explain the law and procedure for many legal issues, such as Family Law, Landlord/Tenant Law, Protection Orders, Consumer Law/Collections, Probate, and Small Claims.

This clinic is first come, first served and runs from 5-7pm at the Saguache Public Library (702 Pitkin Ave, Saguache). Upcoming legal clinic dates are Thursday, October 27 and Thursday, December 29. There is no clinic in November due to the Thanksgiving holiday.

For more information and to pre-qualify, email Sarah Koehn Frey at librarydirector@nslibrary-district.org.



Stacia Burton, David Lindsey and Elianna Krakauer at the Colorado Central Telecom Customer Appreciation Event, held at One to One Bistro on September 2.

photo by Lori Nagel



Blue Rooster shakes things up at the Customer Appreciation Event. Thanks to Central Colorado Telecom and Ralph Abrams for throwing the party.

photo by Lori Nagel

Guidestone's Annual Pumpkin Patch & Harvest Festival Oct. 7-9

Autumn in the Upper Arkansas Valley is a wonderful time to celebrate the region and its abundant harvest. One great event for children and families is Guidestone's Annual Pumpkin Patch & Harvest Festival at the Hutchinson Ranch in Salida, Colorado.

This beloved community event provides 3 days of family fun for hundreds of festival-goers from Chaffee County and surrounding communities with horse-drawn wagon rides to the pumpkin patch, pony rides, field games, crafts, face painting, food, music and more!

Hours for the event are Friday and Saturday, 10am-6pm and Sunday, 10am-4pm. General Admission is \$8/person in advance online and at local businesses or \$10/person at the gate. Children 2 and under free. Admission for children includes a pumpkin while supplies last.

Pumpkin Patch is a rain, snow or shine event. In the event of inclement weather, the Hutchinson Ranch barn provides plenty of indoor space for food, games and music. No refunds provided. And since this is a working ranch, please keep dogs at home.

ListeningForLove-
PoetryforScientists.com

2016 General Election Day reminder

by Carla Gomez,
Saguache Co. Clerk & Recorder

Saguache County Clerk & Recorder Carla Gomez reminds citizens and voters of the 2016 General Election scheduled for Tuesday, November 8. Ballots will be mailed to all active, registered voters beginning October 17. Please fill out your ballot, following the instructions included, sign the return envelope where indicated and get it back to the Clerk's office, known as the Voter Service and Polling Center (VSPC) located in the County Courthouse, by 7pm on November 8. You can mail it, bring it into the VSPC, or deposit it into the new ballot drop box located in the south side parking lot of the Courthouse. If you prefer to vote in person or need assistance in voting, please come to the VSPC through 7pm on Election Day. The VSPC will also be open on Saturday, October 29 and Saturday, November 5, from 7am until 11am. Please keep in mind that ballots received after 7 pm on Election Day will *not* be counted. Also keep in mind that postmarks do not count.

You can check or update your voter registration information on the Colorado Secretary of State's website by clicking on www.GoVoteColorado.com or at the Colorado County Clerk's Association website www.MyColoradoVote.com. Both of these sites have complete information and are very easy to navigate.

And, certainly, you can always contact our office with any questions or concerns you may have at 719-655-2512.

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Community Calendar—October 2016

Get the details at www.crestoneeagle.com // NOW UPDATED DAILY ONLINE!!!

If you would like more information on any of the below events, please consult our online calendar at www.crestoneeagle.com/calendar.

calendar listing, with a discount for *Eagle* display advertisers. For more information call us at 719-256-4956.

It's free and easy to place an item on our online calendar any time of month. Just fill out the form at www.crestoneeagle.com/myevent.

To list your event in the upcoming edition of the *Eagle*, please submit it by the 22nd of the month via our website, www.crestoneeagle.com/myevent (preferred) ~or~ e-mail to: events@crestoneeagle.com ~or~ submit in writing to PO Box 101, Crestone CO 81131.

The print calendar is free for non-profit events; for-profit classes/events are \$5 per

Monthly Events

Friday, September 30

- New Moon – All Day
- New Moon Fire Ceremony, Haidakhandi Universal Ashram 10am-noon www.babajashram.org 256-4108
- Riwo Sangchö: Buddhist smoke offering (outdoors), Yeshe Khorlo (Choying Dzong) 10-11am

Saturday, October 1

- New Moon
- Start of Navaratri, Haidakhandi Universal Ashram www.babajashram.org/ 719-256-4108
- Harvest Dinner & Dance – OLT Everson Ranch 3:45-6:30pm, \$25-\$50 www.olt.org 719-256-4315
- Oktoberfest Bash, Cloud Station 10pm-midnight free

Sunday, October 2

- Navaratri – Haidakhandi Universal Ashram www.babajashram.org 719-256-4108
- Evening Rosh Hashanah Services, Fellowship Hall, Little Shepherd Church 7-8:30pm by donation 256-4890

Monday, October 3

- Navaratri – Haidakhandi Universal Ashram www.babajashram.org 719-256-4108
- Morning Rosh Hashanah Services, Fellowship Hall, Little Shepherd Church 7-8:30pm by donation 256-4890
- Crestone monthly Planning Commission meeting, Crestone Town Hall 6-8pm 719-256-4313

Tuesday, October 4

- Navaratri – Haidakhandi Universal Ashram www.babajashram.org 719-256-4108

Wednesday, October 5

- Navaratri – Haidakhandi Universal Ashram All Day www.babajashram.org/ 719-256-4108

Thursday, October 6

- Navaratri – Haidakhandi Universal Ashram www.babajashram.org 719-256-4108
- Rumi Study Circle. All welcome. – 4:00 pm-6:00 pm nurashkijerrahi.org 719-588-8602

Friday, October 7

- Navaratri – Haidakhandi Universal Ashram www.babajashram.org 719-256-4108

Saturday, October 8

- Navaratri – Haidakhandi Universal Ashram www.babajashram.org 719-256-4108
- Free the Hips! Yoga workshop 10am-noon, 310-924-9223
- Crestone Artists Studio Tour, 15 artist studios noon-5pm free www.crestoneartists.com/crestone-studio-tour-2016.html 719-256-4182

Sunday, October 9

- Navaratri – Haidakhandi Universal Ashram www.babajashram.org 719-256-4108
- Honoring the Children Ceremony – Haidakhandi Universal Ashram 10-11:30am www.babajashram.org 256-4108
- Sampai – Shumei Sanctuary 10:30am-noon free www.shumeicrestone.org 719-256-5284
- Crestone Artists Studio Tour, 15 artist studios noon-5pm free www.crestoneartists.com/crestone-studio-tour-2016.html 719-256-4182

Monday, October 10

- County Commissioner hours in Crestone – Downtown 10:00 am-2:00 pm
- Crestone monthly Board of Trustees meeting – Crestone Town Hall 1:30-6:00 pm 719-256-4313
- No. Sag. Co. Library Dist. monthly meeting, Baca Library 4:45-6:45pm <http://nscld.colibraries.org>

Tuesday, October 11

- Guru Rinpoché Tsok (Vajrayana communal feast) – Yeshe Khorlo (Choying Dzong) 6-8pm
- Kol Nidre Services for Yom Kippur – Fellowship Hall, Little Shepherd Church 7:30-8:30pm by donation 719-256-4890

Wednesday, October 12

- Crestone End of Life Project monthly meeting – Little Shepherd Church 7:00 pm-9:00 pm free

Saturday, October 15

- Full Moon Fire Ceremony, Haidakhandi Universal Ashram 10-11am www.babajashram.org 256-4108
- Riwo Sangchö: Buddhist smoke offering (outdoors) – Yeshe Khorlo (Choying Dzong) 10-11am

- Crestone End of Life Project Death Cafe – Desert Sage Restaurant 2:00 pm-4:00 pm free
- Full Moon Drum Circle, Lunar Crescent Drum Circle, 7pm-3am

Sunday, October 16

- Full Moon

Thursday, October 20

- Sufi Dhikr. All welcome. – 4:00 pm-6:00 pm nurashkijerrahi.org 719-588-8602

Friday, October 21

- Telluride Mtn. Film Festival, CCS, 7:30pm, \$10 adults, students free

Saturday, October 22

- Crestone End of Life Project Registration Party – Bistro One 2 One 10am-1pm free 719-937-7802

Sunday, October 23

- Qur'an Class + Potluck. All welcome. – 4:00 pm-7:00 pm nurashkijerrahi.org 719-588-8602

Tuesday, October 25

- Dakini Tsok (Vajrayana Communal Feast) – Yeshe Khorlo (Choying Dzong) 6:00 pm-8:00 pm

Thursday, October 27

- Free legal clinic, Saguache Library

Saturday, October 29

- Art & Dying workshop: Embracing Mortality through Art – Fellowship Hall, Little Shepherd Church 9am-3pm \$35 719-429-9593

Sunday, October 30

- New Moon Fire Ceremony (Diwali), Haidakhandi Universal Ashram 10-11:30am www.babajashram.org 719-256-4108
- Riwo Sangchö: Buddhist smoke offering (outdoors) – Yeshe Khorlo (Choying Dzong) 10-11am
- Diwali - Festival of Lights – Haidakhandi Universal Ashram 5-7:30pm www.babajashram.org 719-256-4108
- River of Restoration: Yoga & Self Care, 3:30-6pm, 310-924-9223
- Grange Harvest Feast, <http://bit.ly/2cUwnul>

Monday, October 31

- Halloween

Daily/Weekly Events

The Crestone Eagle does not carry events over to the following month automatically.

Daily

- Morning Aarati, Haidakhandi Universal Ashram, 7-8am, 256-4108, www.babajashram.org
- Tours, Temple, & Gift Shop ~ Haidakhandi Universal Ashram, 256-4108, info@babajashram.org, www.babajashram.org
- Jyorei, Shumei Sanctuary, please be seated by 7:50am and 5:50pm, 256-5284
- Tours, gallery and Jyorei, Shumei, 9am-5pm, 256-5284.
- Evening Aarati, Haidakhandi Universal Ashram, 6-7pm. Chanting in Sanskrit and Hindi. All welcome. 256-4108, www.babajashram.org

Sunday

- Drop-in Meditation, Yeshe Khorlo Buddhist Temple Yeshe Khorlo (Choying Dzong) 10am-1pm
- Sunday Mass at Nada Carmelite Hermitage Chapel 9:00 am-10:00 am 719-256-4778
- Yoga w Cynthia, Fellowship Hall of the Little Shepherd Church 10-11:15am \$10 719-298-0360
- Alcoholics Anonymous open meeting Crestone Town Hall 7:00 pm-8:00 pm www.slvaa.org

Monday

- Yoga w Cynthia BeBop Studio 10-11:15am \$10 719-298-0360
- 'Meet Your Crestone Board' Mondays Crestone Town Hall 1:00 pm-3:00 pm 719-256-4313

Tuesday

- Yoga & Yoga Nidra class Crestone 9-10:30am \$15 drop in. 6 for \$75 www.yourownyoga.com 310-924-9223
- Yoga w Cynthia Joyful Journey Hot Springs 10-11am \$10 joyfuljourneyhotsprings.com 719-298-0360
- Continuing Ashtanga Yoga, Mysore Style Shakti Sharanam 5-6:45pm By donation 719-256-5668
- Narcotics Anonymous open meeting marijuana users welcome Baca Grande Library back door 7:30 pm-8:30 pm 970 309 0710

Wednesday

- Yoga Fundamentals & Refinements Shakti Sharanam 8:30-10am By donation shaktisharanam.com 256-5668
- Crestone Food Bank, Town Hall 1-3pm 256-4644
- Nonviolent Communication—Healing through Emotional Awareness Paul Shippee 4:30-6:30pm by donation PaulShippee.com 719-256-4656

Thursday

- Yoga & Yoga Nidra class Crestone 9-10:30am \$15 drop in. 6 for \$75 www.yourownyoga.com 310-924-9223
- Alcoholics Anonymous Open Meeting Crestone Baptist Church 12:00 pm-1:00 pm www.slvaa.org
- Continuing Ashtanga Yoga, Mysore Style Shakti Sharanam 5-6:45pm By donation 719-256-5668

Saturday

- Yoga w Cynthia Historic Everson Ranch 10:00 am-11:15 am \$10 olt.org 719-298-0360
- Dorje Trolo Practice White Jewel Mountain 10:00 am-12:00 pm no charge 719 480-5403

What I want to happen to religion in the future is this: I want it to be like bowling. It's a hobby, something some people will enjoy, that has some virtues to it, that will have its own institutions and its traditions and its own television programming, and that families will enjoy together. It's not something I want to ban or that should affect hiring and firing decisions, or that interferes with public policy. It will be perfectly harmless as long as we don't elect our politicians on the basis of their bowling score, or go to war with people who play nine-pin instead of ten-pin, or use folklore about backspin to make decrees about how biology works.

-PZ Myers

Out & About with Lori Sunflower

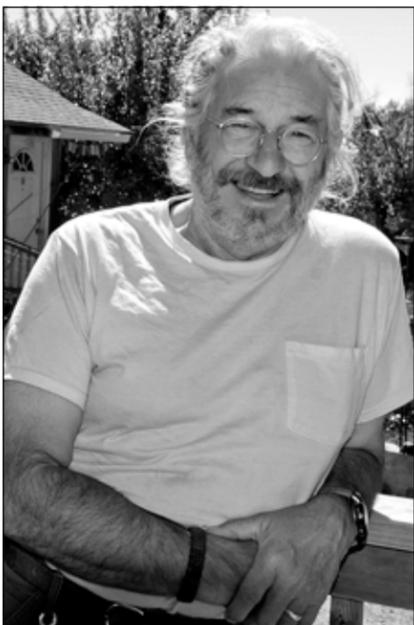
Spooky, Funny or Crazy Halloween Stories?



Jessica Catinella

My oldest son and I spent weeks working on the Yellow Striped Gourd-man costume. It was complete, with his helmet that fit on perfectly over his head. He had the striped suit, the boots, the gloves—to the “T”. 50-person costume contest, he got beat out by the Mashed Potatoes. That’s it! That’s my Halloween story! The Plate of Mashed Potatoes. It looked really cute—she had on this plate around her and then she was all done up like mashed potatoes with poly-fill foam and all sorts of stuff, so she was really cute. And the Yellow Striped Gourd-man got second place, made a little money—he was feeling pretty good about himself!

My other costume story is: you know how you see a lot of folks out with “Down on my luck” type of signs? Well, this fella, he was dressed in a Spiderman costume and his sign said, “Looking for Mary Jane.”



Mark Jacobi

In 9th grade, after I had walked my girlfriend home, I ran into 2 other guys my age, and they wanted to go walking around that night. I remember I was walking my bike, and I think my dog, too. They started kickin’ pumpkins. We

all lived in the suburbs, and they started kickin’ pumpkins! And I’m tellin’ ‘em, “Don’t do that—that’s stupid.” They did it anyway. When I’m about a block from my house, walking past the grade school we all attended, this gigantic guy jumps out from a doorway—he looked like Uncle Fester: big, tall guy, big black frock coat, bald. He grabbed the other kid and me and just held us—would not let us go. We were freakin’ out. He said, “I’m from that neighborhood where you guys were kickin’ pumpkins over. I’m gonna take you to the police.” It was nuts and this guy was horrible and it scared the sh*t outta me, and I started crying. They hauled us back to this guy’s house and put us all in the basement and called our parents to come and get us. My friend’s dad knew the guy. They made this horrible example out of us, and I was innocent—completely innocent. And this other kid kept buggin’ me for the next couple years because I’d cried. But, life got its revenge—he became a Born Again Christian, so there ya go!



Mary Ann Sheeran

When the kids (Elizabeth and Jenny and Eric, who lives here) were little, I was trying to figure out something scary for Halloween, so I made flour and water paste. I made it thick, and I put split peas, green peas, yellow peas, navy beans, all kinds of different beans, and goopy stuff and mixed it all together. And I put it all over their faces, tied their hair back and put it all over their necks. And then I put black around their eyes and red around their mouths, and then put funny scarves and wigs and goofy stuff all over them. And they looked like they had very bad complexions. And it dried. And it was lumpy and goofy looking. And they went out trick or treating that way. Yeah, I guess it was pretty scary. I have pictures at home. Oh yes, and blood dripping down their faces. I think they had plastic fangs. I think that was the best Halloween, and all 3 kids remember it!



Michael Divine

I remember dressing Joan Nichols, who was one of our elders. She just crossed less than a month ago. I was taking care of her. She was from England, and we dressed her up as the Queen of England. And she did win the contest at the Desert Sage as the Queen of England. But what I realized is that she really was the Queen of England! I don’t know about scary, but definitely memorable.

I remember as a kid we’d always go out throwing corn—the feed corn that was always so hard. You’d take it off the ear, throw it and hit people’s metal rooves or awnings. That was sorta fun. They didn’t really like it—the older people—ya know, you’d always go to the older people’s homes and throw! And what was really bad was when people would throw it at cars as they were passing by—that was not very fun for the car owners!



Electrum DelAmor

I rent out my house via AirBnB—the Shamanic Healing House. These people staying there called me up: “We’re so freaked out! Someone’s locked up in the house!” And I said, “I know no one’s locked up in the house.” I was close by, so I run over there as we’re talking and the lady is *white* as a *ghost*! And I’m thinkin’, aww, sh*t, I know what she saw, ya know? Cuz we get it all the time. She goes, “We were hangin’ out downstairs and heard someone walking around upstairs. We go up there and knock on the door, and the lights go out.” I responded, “The lights can’t go out. There’s no electric in that room.” She continued, “We ran downstairs, looked upstairs and saw the curtains moving!” And I said, “There’s no curtains in that room. I’m happy to walk you in there. It’s my healing room. I keep it locked up.” They wouldn’t go back in the house. They actually had put a chair against the doorknob. I opened the door and said, “This is

not cool, dudes! Don’t be doing this to my customers!” Right? (laughing) I told them I’d be happy to give them another place, and they were like, “No way!” They were in shock, literally. “There was somebody locked up in there!” I said, “Did you see anyone leave? You guys were standing here by the front door.” “No! There must be a secret exit out of that house!” I said, “There isn’t. I’m sorry, you saw the ghost, and I don’t know what to tell you.” They left town completely. A few days later, I couldn’t sleep in there because I felt this entity happening. So I went in and did the whole ceremony, smudged the whole house, got it all clear. I felt a weird entity, who left. This could be the first AirBnB ghost story! It was pretty heavy, though, and it all just happened last week!



Kira Rose Riley

My Halloween story was when we, on accident, held up the bank. It was Bank One on 33rd & Arapahoe in Boulder. We were going to be Provocative Police Officers for Halloween. We needed to go get the rest of our costume and didn’t wanna carry our backpacks anymore. So we decided, being 14 years old, that the safest place to leave our backpacks would be in the bank. We used the handcuffs from our police costume to handcuff our bags to the chairs in the bank waiting area, then we went to Salvation Army to get the rest of our costumes. So it goes: the bank, Salvation Army, police station. When we left the Salvation Army, there were so many police outside! They had the whole block barricaded off. And we just couldn’t figure out how we’re supposed to go get our backpacks, because there were police everywhere. The police overheard us talking and said, “Wait! Did you just say backpacks?!” And we’re like, “Yeah, we left our backpacks in the bank.” Apparently, someone had thought there was a bomb in them, scanned them with their portable x-ray things, saw wires from our Discmans and spiral notebooks, and were pretty sure there were bombs in there! So, they were less than thrilled when we told them they were just our school backpacks that we just didn’t wanna carry anymore, and thought the safest place to leave them would be in the bank. They were going to call our parents and then we begged them not to because we had a party to go to that night, so they reluctantly let us go and walk home. I mean, we were only like 14 years old.

Effort underway to try and save the historic Saguache Hotel

ScSEED has been working for nearly a year to secure the funds to support both a Historic Structure Assessment (HSA) and a Market Study for the Saguache Hotel. We are grateful to the National Trust for Historic Preservation, the State Historical Fund, and the USDA Rural Business Development Program for the grants they've awarded in recognition of the importance of this project. We are also excited to announce work is now underway. While ScSEED will provide grant management and outreach support, we have hired experienced professionals to conduct the tasks at hand.

Smoyer & Associates, a local consulting business with years of experience working with Saguache County communities, will be performing the market study. The study will help to determine the highest and best use for the structure. For more information and the chance to provide valuable insight on this component, please take Smoyer & Associates Community Input Survey at: www.surveymonkey.com/r/SaguacheHotel.

SaguacheHotel.

It is our goal to aid in the preservation and development of this landmark building, with respect to the people and place that it represents. Sharing what you think is a very important aspect of this. Thank you!

Scheuber and Darden Architects has completed over 75 HSAs for clients who have been awarded grants with the State Historical Fund, and has also completed over 25 restoration and rehabilitation projects. The firm will conduct the HSA for the Saguache Hotel in compliance with the Secretary of the Interior's Standards for the Treatment of Historic Properties.

The Saguache Hotel is a beautiful landmark structure integral to preserving the character and unique sense of place of downtown Saguache. Because hotel repairs have been neglected for years, and many potential buyers have turned away because so little is known about the condition of the structure and the potential market for success, ScSEED



The historic Saguache Hotel.

identified this project as a priority. Once the studies are completed, the results will be available to the public. The HSA and Market Study will provide a foundation critical to

determine the next steps concerning physical repairs and restoration work for the property. Thank you for your input as this project progresses.

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New cosmic mural in Crestone

by Mary Lowers

Ian Wilkerson is a nationally recognized mural artist who holds Crestone close to his heart. In one day, working morning to night, he painted the north side of the Crestone Brewery complex with an amazing lunar/stellar landscape. You can feel the cosmos is close and moving in this piece. Ian told me, "The story for this piece comes from Crestone. It is based on a personal dialogue between me and a long time local resident with a cosmic connection." Tim Riley, part of the Crestone Brewery management team, said he was inspired to sponsor the mural because this very connection with the cosmos is one of the four branches of the pub's snowflake logo and because "the quality of Ian's work and his resumé are incredible. I am thrilled to have someone of this caliber."

Ian is now a commissioned artist with corporate clients, but it was not always like this for the muralist. He began doing outdoor murals when he was eighteen in Richmond, VA. "I was very prolific;

there was a time when you couldn't drive more than thirty blocks without seeing one of my murals." Ian now calls Asheville, NC home. He has history in Crestone and the SLV. He painted a series of works here twenty-some years ago. Crestone works included: "The old Mtn. View Café building and [former] Eagle office, a sign for the Kitchen Table Restaurant, and the old Town Hall." Ian earned a BA in painting from Adams State University in Alamosa. He has been a recipient of a national Endowment for the Arts grant and painted the mural on the front of the Alamosa Museum.

Recently Ian has "produced multi-artist mural events. In Asheville we had sixty-one artists cover a twenty-two thousand foot space in three days. This transformed an ugly warehouse often tagged to a mural-covered masterpiece. A large group with different skill sets left a lasting mark." Ian would like to organize something like this here. When you are downtown this fall be sure to take a minute to check out this new public art work.



Artist Ian Wilkerson installs a mural on the north side of the Crestone Brewing Company building in downtown Crestone.



The new cosmic mural in downtown Crestone on the back wall of the Crestone Brewing Company.

Grange plans harvest feast Oct. 30

by Heather D'Alessio

The Crestone Mountain Grange is moving forward into the harvest season. This year the new moon coincides with the last Sunday of the month, Oct. 30, our normal meeting time, so we will be holding a feast to celebrate! All Crestone and Baca residents are invited to 75 Dragoon Overlook. Please RSVP at Crestonemountaingrange@gmail.com. Bring your zucchini breads, your garden salsas and salads, your musical instruments, and your exhausted yet satisfied selves to be rejuvenated in community!

A rough draft of our manifesto is now circulating among our 431 members on Facebook. If you would like to see what all the fuss is about, check us out at <http://bit.ly/2cUwnuL>. Another way to get connected, other than coming to our meetings or getting on Facebook, is to send us an email through the HUB. The H.U.B. ("Human Unity Building"—our local organizational interface) is at Crestonemountaingrange@gmail.com. The CMG aims to coalesce the power of independent thinking, local action, and love for family and community, in order to allow our community at large to reach its greatest potential in this transitional time. So much is at stake, and so much is possible!

One of the most exciting things we have going on is a renewed dialogue with local nonprofits regarding our dedication to realizing a multi-purpose community center greenhouse. Said building should help our community at large to gain cohesion, sustainability, and greater health and wealth in diverse ways. "It will be a common space for all ages to gather, grow and play. Its foundation will be built on cultivating food and the arts, with education and ethics at its heart. It will support local economic resilience through a working, educational, biofriendly model." -CMG Manifesto



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Who We Are

Glider (Tom Tucker):

*Riparian steward finds healing
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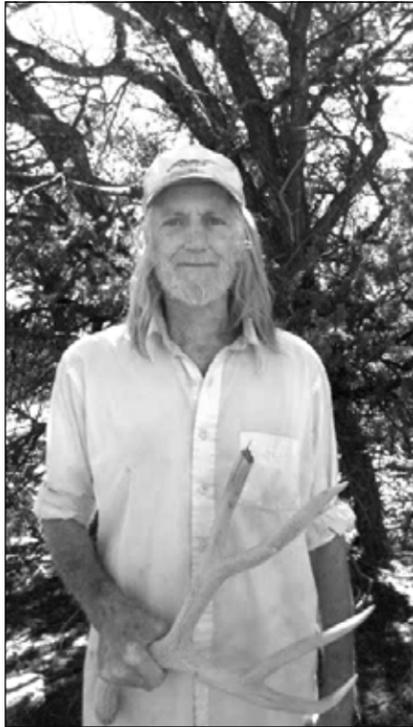
by Gussie Fauntleroy

Water. From surfing to farming to wilderness and riparian protection, water has been the central element flowing through all the important activities, issues, values, and spiritual principles in Tom (Glider) Tucker's life. Even the name he is known by originated from the fluid nature of the freestyle music he plays, tapping into the creative stream without detour through the conceptual mind. A 25-year Crestone area resident—and 20 years before that on the east side of the Sangre de Cristos—Glider lives in a hand-built home on a wooded lot adjacent to a greenbelt and year-round mountain creek. It's a way of living that reflects his deep life-long connection with the natural world, and which played an important role in his healing following a brush with death.

Early disillusion & wonder

Glider's relationship with water, and with environmental activism, began on the Pacific Coast. Growing up in the foothills of East Los Angeles in the 1950s, he witnessed with dismay the rapid transformation of farmland into miles and miles of tract housing. He watched the city become shrouded in smog. At the same time, he began nurturing a sense of awe and inner quiet by spending time in the foothills, following animal trails and finding hidden springs. One of four sons of an L.A. County fire captain and an elementary school teacher and librarian, he did well in school and sports but felt oppressed by regimented education. After graduating from high school at 17, he worked in his brother's surf shop, taught himself to grow food, and hitchhiked to New York City in 1964 and again the following year.

His goal was to continue on to Montreal, catch a freighter to England and hitchhike around the world. A letter from the draft board cut short that plan, and he became a conscientious objector to the Vietnam War. Back in California, he spent a year in junior college, studied journalism and earned a degree in fine art photography. He excelled at throwing the javelin and was offered college scholarships for javelin. But rather than continue his formal education at the time, Glider moved to San Francisco's Haight-Ashbury district, ready for what he calls "studies in timelessness," a lifelong quest for inner peace. Part of that path, in 1972, took the form of a vision quest on ancestral lands of the Pima tribe in Arizona. During that experience, he says, "I was given the message of forgiveness"—a powerful turning point in his life. Also, beginning as a boy, Glider's spiritual path has always included a relationship with Jesus and a strong sense of



Deer has been an important animal in Glider's life. Glider believes that nature is a source of healing and joy and a key to sustainable life on earth.

photo by Gussie Fauntleroy

gratitude. Among scriptures that stood out for him early on, one in particular helped inspire his passion for protecting the environment and promoting positive change: "As I am, so is my world."

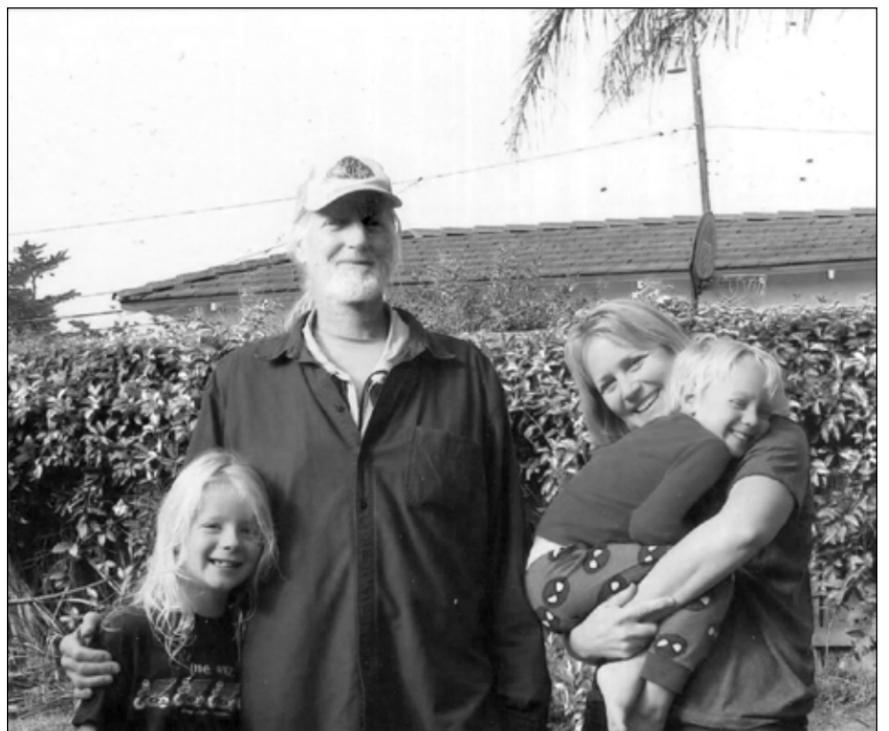
Making change happen

Over the decades, Glider's activism has taken many forms: advocating for surfer access to southern California beaches; working with Friends of the Hopi for the American Indian Religious Freedom Act; and co-founding the Huerfano Valley Citizens Alliance to fight mining interests on the east side of the Sangre de Cristos. After settling in the San Luis Valley he worked with local residents to end low-altitude, high-speed military flights over the valley in the early 1990s, and with U.S. Senator Tim Wirth in the successful effort to create the Sangre de Cristo Wilderness. He co-founded the Crestone/Baca Land Trust and founded the Biosphere Coalition and the Crestone/Baca Watershed Council.

At the same time, Glider has long believed that local food production, and veganism, is essential in a sustainable world. In the early 1970s he lived and farmed at Libre Commune (which still exists) northeast of Gardner, Colorado in Huerfano County. He took a break to earn a degree in Southwest Studies from Northern Arizona University and then acquired a 150-acre farm near Gardner, where he also revived, co-managed and served as bookkeeper for the Huajatolla Co-op. "I enjoyed farming the most, of anything I've done, and raising a family," he says. But the meager income didn't balance the hard work and he let go of the farm in 1986



Glider with his daughter Shana Arthurs at Willow Lake.



Glider with his daughter, Shana Arthurs, and her children, Cosi (next to Glider) and Beckett.

and earned a degree in community counseling from Adams State University. From there he taught psychology and child development at Trinidad State Junior College and worked as a counselor, making a regular circuit among communities in the Wet Mountain and San Luis Valleys.

Return to wholeness and art

That came to an end in 1990. As part of his circuit, Glider was staying in a trailer near Alamosa, tucked under trees and not visible from the air. The trailer received a load of malathion during an aerial mosquito-spraying run. He was forced to quit teaching. Only within the past year has his health returned to its pre-malathion condition, he says. "A lot of my time here has been a healing journey—being in the quiet, feeling the trees, the whole experience of nature. Connecting to our inner creativity is also important for our soul's growth and has to be a priority."

Now 71, retired from 40-plus years of activism and community service and with strength and stamina returning, Glider continues creative activities including photography, writing, dance, hiking, and music. Over the years

he's played "etheric freestyle" guitar, keyboards, flute, drums and other instruments with Strange Lights, Music of the Spheres, and other local groups and with individual musicians including Doug Feese and Merlyn Elliott. Recently he's also been pulling out old notebooks filled with thoughts, ideas, and detailed diagrams for what may someday become a book.

Planet Love is Glider's term for what he sees as an emerging paradigm of human possibility that incorporates physical, social, cognitive, emotional, and spiritual elements in alignment with each other and the natural world. "By the time I was 12 I knew the current system had a lot of problems," he says, "For 60 years this stuff has been rolling around in my mind." It's a vision of spiritual economics based on a culture of giving and the holistic integration of all parts of the human being. "We don't see enough positive vision for the future. We need to create it as a collective consciousness," he says. "To me, it would be just a joyful way to live."

Gussie welcomes ideas for this ongoing series on Crestone area residents: gussie7@fairpoint.net, gussiefauntleroy.com.

Crestone End of Life Project & Informed Final Choices host four October events reflecting on human mortality

by Gussie Fauntleroy

As falling leaves, Halloween, and the Day of the Dead remind us of transition and the movement into a quieter time of year, what better month than October to reflect on what it means to share the human experience of mortality? Especially this October, as it represents the 10th anniversary of the first meeting—on Oct. 16, 2006—of a group of thoughtful, service-minded people planting the seed of what would become the Crestone End of Life Project (CEOLP), the country's first non-profit community organization facilitating legal, open-air cremations.

Seventeen people attended that first meeting at Jillian's Studio, several of whom continue to be active volunteers with CEOLP. As founder Stephanie Gaines reminds us, CEOLP's services exist and continue today as a result of the coming together of many people, including state and county authorities, volunteers, artists, and other community members. "Just as it takes a village to raise a child, it takes a village to support the end of a life," she says.

In celebration of the 10th anniversary and the changing season, CEOLP and its educational arm, Informed Final Choices (IFC), are offering three important public events in October: a death café Oct. 15, CEOLP registration party Oct. 22, and a special one-day arts workshop Oct. 29. Also this month, CEOLP and IFC are excited to announce a new joint website, www.informedfinalchoices.org, set to launch at the end of the month in celebration of the Day of the Dead. Come visit!

Death Café

Informed Final Choices hosts its popular annual Halloween

Death Café on Sat., Oct. 15, from 2-4pm (beginning promptly at 2). The free event takes place at the Desert Sage Restaurant. Join us for tea, cookies, and conversation with friends, neighbors, and even strangers, to share your thoughts on that which is common to us all: mortality. Last year's event welcomed more than 40 participants, some from as far away as Del Norte and Salida. "This is an opportunity for intimate conversation in a warm and inviting setting—no agenda, no philosophy, and no pre-determined outcome! We look forward to seeing you there," Stephanie says. To register, or for more information, call Stephanie at 719-588-7415 or Malina Feder at 719-256-4211. Also visit www.deathcafe.com to learn about the Death Café movement, its origins and goals to support open conversation to address end-of-life concerns.

CEOLP Registration Party

On Sat., Oct. 22, CEOLP will host a Registration Party from 10am to 1pm at Bistro one2one. Registration packets will be available and volunteers will be on hand to answer questions. Light refreshments will be provided. To facilitate the registration process, a copy machine and notary public will be available, allowing you to complete the CEOLP registration paperwork in one sitting. A \$10 donation is requested for printing/handling and a \$5 charge for notary services.

Please bring with you the addresses and phone numbers for your physician or caregiver and next of kin or family members or legal guardians who will act as your representatives. The Crestone End of Life Project supports all disposition choices, including conventional burial, cremation, and green burial.

It is important to note: You are not considered registered with CEOLP until your paperwork is completed and filed with CEOLP's registrar. Bistro one2one is located at the corner of Alder and Galena in downtown Crestone. For more information, call CEOLP registrar Lorraine Cazier at 719-937-7802 or Rainbow Adler at 719-221-1301.

Art & Dying Workshop

Saturday, Oct. 29, from 9am to 3pm represents a rare opportunity to explore in depth our experiences, feelings, beliefs, and attitudes toward dying and death, using simple art materials, music, imagination, and heart. "Art & Dying: Embracing Mortality Through Art" will be held in the fellowship building of Little Shepherd of the Hills Episcopal Church in downtown Crestone. Co-facilitators are Noah Baen, an artist and art educator, and Anrahyah Arstad, trained as a social worker and family counselor and a practicing psychic and lifelong educator. Contributing the element of soothing, simple song throughout the day will be Patricia Eagle, a professional Life-Cycle Celebrant and former Threshold Choir leader based in the southern San Luis Valley. Eagle's music will provide a gentle melodic flow to the day and help focus concentration on the heart.

The hands-on and contemplative event, sponsored by IFC, intersperses periods of meditative quiet and reflection with immersive, even playful forms of art expression and song. Intentionally "kindergarten-level" art materials—torn tissue paper and glue—will be approachable and easy for anyone to use. No art or singing experience is required. "We'll use the senses to get beyond mental thoughts and concepts and engage heart and spirit in an exploration of personal questions as we sink deeply into the emotional and spiritual levels, and the unknown," Noah says. The experience takes

place within a safe, open, supportive and non-judgmental environment that honors and shares the diversity of people's experiences and attitudes.

The workshop cost is \$35, which includes all materials. Snacks and beverages will be provided; participants should bring a bag lunch. Pre-registration is required and space is limited to 12 participants. Scholarships are available. For more information and to register, contact Anrahyah at 719-429-9593 or anrahyah@yahoo.com.

Vote YES on 106

A reminder: Proposition 106 will be on the ballot in the November general election. The Colorado End of Life Options Act authorizes the medical practice of aid in dying for the terminally ill. For information, see www.coendoflifeoptions.org/how-this-proposal-works or www.compassionandchoices.org/colorado.

CEOLP will hold its regular monthly open meeting Wed., Oct. 12 at 7pm at the fellowship building of Little Shepherd of the Hills Episcopal Church. The public is welcome.

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DEATH CAFE

Join us for tea, cookies and conversation with friends, neighbors—and even strangers—to share our thoughts on that which is common to us all: mortality.

Intimate conversation in a warm and inviting setting: no agenda, no philosophy and no pre-determined outcome!



Saturday, October 15, 2016
2:00 pm

Desert Sage
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No cost + free refreshments!

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For more information and to register, please call: Stephanie Gaines
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or email:
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Death Café is not a bereavement support or grief counseling setting.

Skull Coffee Cup created and donated by Zienna Stewart: <http://ziennas.portfoliobox.me/>



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JOIN US FOR ALL 4 EVENTS IN OCTOBER
PUBLIC MEETING - DEATH CAFE - REGISTRATION PARTY - ARTS WORKSHOP
See the article in this month's Eagle for details

Attend our meeting **Wednesday, October 12th** at 7pm, at the Fellowship Hall of the Little Shepherd Church, Crestone. Call 719.588.7415 for information/directions.

Talk little.
Listen a lot.
Be grateful.



719-207-5095

Haidakhandi Universal Ashram news

by Ramloti

What a lovely fall we are having here and what better time to say thank you to the Divine Mother for all of Her graciousness with the celebration of Fall Navratri which will be from Saturday, October 1 through Sunday, October 9. Each day we will have a large fire ceremony at 10am followed by a discourse and lunch. There is chandan, chanting, aarati, pujas, and reading of the 700 Praises of the Divine Mother beginning at 6:15 daily as well. We will be honoring our children under 10 years of age on the last day, Sunday, October 9 following the fire ceremony. You are all welcome to any or all of the ceremonies.

Our full-moon fire ceremony this month is on Saturday, October 15 and our new-moon fire ceremony is on Sunday, October 30 (which is Diwali). The fire ceremonies begin at 10am and are followed by a meal. Morning aarati is at 7am and evening aarati is at 6pm. There is generally a small fire ceremony after morning aarti at about 8am each day on which we do not have a large one at 10am. Please call the Ashram at 719-256-4108 or email us at info@babajiashram.org for proper protocol for attending fire ceremonies and any other questions.

On the evening of Sunday, October 30 we will celebrate Diwali, the Festival of Lights with a candlelit temple and courtyard. This year we will begin an hour earlier at 6pm so that we can spend a full hour and a half sharing songs of peace and lights with the community. We will all enjoy a lovely Indian meal provided by our Indian families in the valley at 7:30pm. Aarati that evening will be moved to 5pm to facilitate this change.



The Divine Mother Festival is October 1-9, and Diwali, The Festival of Lights, is Sunday, October 30 at 6pm.

The Maha Lakshmi Shop is full and ready to serve you. We recently received shipments of new singing bowls, prayer flags, malas, hanging crystals, incense, oils, yantras, soaps, bells, purses, bracelets, om curtains, murtis, and many other items, so stop by or give us a call about these.

We are offering 50% off all of our gently used saris, Punjabi suits, and blouses. We just received a huge new batch of them. The shop is open every day from 10am until 5pm. We invite you to come in and if you mention that you are an *Eagle* reader, we will happily give you a 10% discount on your non-sale purchases. We deeply appreciate your support. You may view some of what is in our shop on our website at <http://mahalakshmiashram.org>.

For more information about the Ashram, please visit our website at www.babajiashram.org where you will find a calendar of upcoming events, many stories by devotees, writings about Shri Babaji and the Divine Mother, and the Ashram schedule. We also invite you to visit the Ashram at any time. We love to share Shri Babaji's and Mother's home with others. Just drop by or give us a call at 719-256-4108.

Sri Aurobindo Learning Center

The liberation of the Self

There is a line in *Savitri* that says, "Nature does the most in us, and God the high rest." We know that nature is Prakriti, in the Sanskrit vocabulary of Yoga, and Purusa is the Supreme Self, unmanifest but working through the divine universal forces and principles of Nature. But where is this Purusa, Self, or Soul that we are supposed to also be? It is a third thing. If our mental vital and physical energies, systems and behaviors are all Nature, which does the most in us, and God is beyond all manifestation, what is this Purusa that Yoga Philosophy tells us we should liberate from the former and unify with the latter. Where is That, which some call Thatness, the timeless being, or the Oneness?

In a chapter of *The Synthesis of Yoga*, Sri Aurobindo says, "We shall know That, as that silence and peace." And in *Savitri* we hear, "A stillness absolute, incommunicable, meets the sheer self-discovery of the soul." We need to keep these indications in mind, because that awareness is fundamental, according to this teaching. We are not likely to experience this silence and peace in the normal activities of life, until we establish it as a fundamental awareness in our own selves. We have to separate that part of ourselves, which is capable of absolute stillness and peace, from all the other parts, until we can dwell in it, in life and in the presence of other activities.

That other part of ourselves

grows in its largeness until it embraces the other things. This is the teaching of Sri Aurobindo, as he narrates in *Savitri*, as an awareness that spreads from within outward like a sea until it includes the whole world. "But first the soul must rise above the form" and in that free space, allow the stillness of being above to come down into the emptiness that is created by the practice of detachment. If that stillness is then really tangibly felt as a substance in and around us which is large and vast, it's possible to then experience all the flow of the activities of life in the embrace of the stillness of the Self.

When one experiences the business of life in that way, one isn't drawn so easily into the ordinary impressions and reactions to things that cause us difficulties. If we can allow that Presence to permeate and build up its stillness in our subtle self, it also saves us a lot of the traditional effort of Yoga. It is experienced as a grace, but it also has a specific purpose. It is not there just to give us a moment of peace, but it is meant to be cultivated as a constant awareness and presence in oneself. This is the initial aim and process of an Integral Yoga.

These reflections are a supplement to our recent Savitri Immersion Workshop, and previous articles on Savitri, and are a weekly feature of on-going Sunday morning presentations and study groups. For information please call 719-256-4917 or 719-256-6010.



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<p>In Honor of Fall Navratri (Oct. 1-9) and Diwali (Oct. 30) We are offering 50% off of all used saris, blouses, and Punjabi suits. 10% off all non-sale items for our Eagle readers too.</p>	<p style="text-align: center;">Maha Lakshmi Shop</p> <p style="text-align: center;">Incense, scarves, shawls, saris, candles, jewelry, oils, diffusers, prayer flags, singing bowls, CD's, crystals, books, purses, statues, clothes, Weleda products, & more.</p> <p style="text-align: center;">Open 10am - 5pm Everyday Call: (719) 256-4108 email: shop@Babajiashram.org www.BabajiAshram.org</p>
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Presented by Steve Johnson (Co. License #33215)

Enjoying Everyday Life Anger Management 101



by Joyce Meyer

When we attended the 10-year anniversary celebration of Mercy Multiplied in the St. Louis, MO area, one of the young ladies who graduated from the program shared an eye-opening testimony. She said that her father committed suicide when she was a teenager and the pain of that situation led to her to start drinking and taking drugs. When she realized her life was falling apart, she went to Mercy Multiplied for help.

The thing that really struck me was when she shared that as she went through the program, she came to realize that her problem started at the time her father committed suicide because it made her angry that he took his life and left their family. She couldn't get well and overcome her addiction to drugs and alcohol until she got over being angry with him.

Many times we have issues in our lives because we're angry about something but we don't know it. I believe that for many people, the root of their problem is due to the fact that they are angry at God because their lives haven't turned out right, or they are angry with someone who has hurt them. They may even be angry at themselves for some reason.

The word "anger" is one letter away from "danger." Benjamin Franklin is quoted as saying, "Whatever is begun in anger ends in shame," and "Anger is never without a reason, but it seldom has a good one." It's so important for us to be aware of any anger issues we have because they can become dangerous and create damage in our lives.

Our anger epidemic

We live in an angry society, and we see the effects of it in problems like road rage, which has surged over the last few years. I recently researched statistics on anger and discovered that an estimated 1 out of 5 Americans has an anger management problem. According to an article I read in *Newsweek*, people are coming out in droves asking for help with anger management. Enrollment in anger management classes is booming and the demand for counselors is at an all-time high.

The Holy Spirit is the ultimate anger management Counselor! Jesus says in John 14:26, "But the Helper, the Holy Spirit, whom the Father will send in My name

... He will teach you all things." We can be confident that when we go to God, He will give us the help we need to face the truth about ourselves and overcome our problems.

What anger looks like

Dallas Willard, who was a professor of philosophy at the University of Southern California for 47 years and a best-selling Christian author, defines anger as "a feeling that seizes us in our body and immediately impels us toward interfering with, and possibly even harming, those who have thwarted our will and interfered with our life." He also says, "Anger will evoke anger on the other side." In other words, one person's anger feeds another person's anger.

We all get opportunities to be angry. You may not be the kind of person who gets road rage, but you may still get angry over what the Bible calls "trifling controversies over ignorant questionings" that "foster strife and breed quarrels" Timothy 2:23 AMPC).

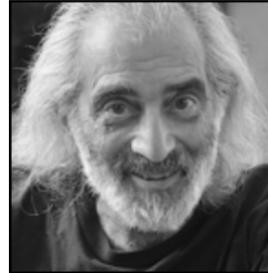
If you want more power and energy in your life, you can't be angry all the time.

Find freedom from anger

In order to be free from anything, we have to face truth and take responsibility for our behavior. Blaming other people or circumstances and making excuses never changes anything.

I want to encourage you to go to God first when you are angry. Tell Him honestly how you feel and make a determined decision to forgive. There is no sense wasting your life being angry about something that happened years ago—or even something that happened earlier today.

Take a few moments and pray something like this: "I need Your help, Lord, to deal with my anger. I thank You that because of Your love, grace, mercy and the power of the Holy Spirit in my life, I don't have to act on those foolish feelings that can cause problems in my life and hurt me and others." Spend time quietly waiting on God with an open heart to hear what He has to say to you. Study what His Word says about anger and being angry. And trust Him to make some positive, healthy changes that will bring more of His peace and power into your life.



Aging as an art by Ammi Kohn

A stroke! ... of genius?

by Ammi Kohn

Elders can be vulnerable in poignantly strange ways and sometimes exhibit rare and comic behavior and thought. But, then again, so do all of us.

Robin invited me to a buggy ride for Sunday morning breakfast. I decided to celebrate my first buggy ride by initiating my new red rimmed silver decorated very rad sun glasses. The morning September air was losing its chill, a few clouds displayed against the sharp azure sky, and Crestone peaks etched themselves with an unusual clarity. The scenery rolled by slowly, a coyote, deer on the road and the sunflowers profuse as in an Impressionist painting. I enjoyed this familiar scene from a new view as we clipped clopped to town, the horse's hoofs drumming rhythmically on the pavement.

I felt wonderfully grateful for being here, in this Crestone beauty, for being in good health, for enjoying a buggy ride to breakfast at the Desert Sage on a delicious fall morning in Our Town.

We ate slowly, I with eggs benedict, she with a huge breakfast burrito. The eggs were perfectly done with a rich creamy golden yellow brown sauce, savory and luxurious, the burrito stuffed with potato and egg and cheese and all good things.

The heart's palate was thoroughly satisfied, even sated. And as we left, we exchanged greetings and conversation with friends who were also enjoying their Sunday morning treat.

Food, companionship, a mini-adventure that seemed perfection, there was not a single wrong note. The buggy and horse were waiting for us, Trigger was enjoying the vegetation but he seemed happy to return home and easily hastened his pace when Robin gave the command. Off we went. I looked forward to the return ride.

But It was considerably hotter now than when we had left for town several hours earlier. My shirt was too heavy and I had no hat. I began to perspire. And then both sides of my head right above the ears began to pain. Was I having the beginning of a stroke? I felt my breathing heaving and fast. I rubbed where it hurt but there was no relief. I began to panic. Should I tell Robin what was happening? Maybe it was just a headache. But maybe it really was a stroke, like my father had. Robin could tell something was wrong. "Do you want my hat? I couldn't answer, just shook my head.

I took off my rad sunglasses. The rims were markedly bent inward. The damn things were were too small for my head! The pain and anxiety subsided as I realized what caused the pain.

No stroke. Just another Elder comic moment.

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\$20,000 donation discussed at Living Wisdom community meeting

Thirty citizens concerned about housing for 55 and over met at Cloud Station on February 18 to hear the status of the Living Wisdom—Elders Creating Community project and to discuss the potential uses of an anonymous donation of \$20,000. Before the discussion, Living Wisdom distributed summaries of the recently completed Market Study for potential investors which analysed and concluded that a market does indeed exist in Saguache County and the valley for the planned community. Additionally, the project is hopeful that Saguache County will give a follow-on grant for planning money and beginning the search for land. The grant application asked for \$11,250, the approximate sum granted last year.

Suggestions for the use of the anonymous donation ranged from health services to creating fundraising on-line to raise money, to using the donation as matching funds to leverage more money for the detailed planning that begins this grant cycle.

Barbara Hoepfner posed the general question to be discussed in the next focus group meetings. Focus groups are groups of citizens that give feedback to the Living Wisdom board on questions posed by the board, an avenue for community feedback to guide board deci-

sions. The focus group question will ask the members for design suggestions (such as interior community spaces, the outside appearance of the Village) that further the mission of the Living Wisdom project.

The mission statement is . . . "Living Wisdom Village—Elders Creating Community aims to enhance the quality of life in a self-governed community where residents live wisely and respectfully with one another and with the environment". What design considerations and suggestions would further this mission?

If you are interested in joining a focus group to discuss this important question and have input to the Living Wisdom board, please contact Barbara Hoepfner at 256-4320 or whimsicalwoman81131@yahoo.com.



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Spay & neuter clinics are a success!

by Patrick Moore

Last year at this time, Pet Partners was helping to find homes for about eight or nine litters of puppies and about five or six litters of kittens. Now we have had only one litter of puppies to find good homes for. That means this year's spay/neuter clinics are being effective. All pets in our community currently have good, loving homes, and that's the goal! That's success.

It takes a village to achieve results like this, and fortunately we and our pets live in a very caring village. Lisa Petri (President and

co-founder of Colorado Animal Welfare League), who makes our spay/neuter clinics possible, says she has never seen such community support. She says "It's just unheard of to see so much of a community get behind these clinics, to be supportive, helpful and really get behind the programs."

The Pet Partners spay/neuter clinic held August 29-31 was the second one in Crestone this year and the number of pet owners bringing their pets exceeded the first, over 54 animals were helped. Linda Behrns, D.V.M. once again expertly and lovingly performed all the procedures, about 18 per day! The North Saguache County Fire Protection District generously lent the Crestone Fire House for welcoming, registration and recovery holding space. The Crestone Mercantile provided refreshments, supplies and lunches for staff and volunteers each day, and Crestone Brewing Co. provided dinner each night. The spay/neuter clinics would not be possible without the support of these businesses.

The heart of the clinics are the Pet Partners volunteers. They are amazing! They welcome and tend the pets and owners with such kindness, care and professionalism. I visited the Fire House every day before and after work and witnessed the volunteers being so kind and efficient, and later in the day being so gentle and calming with the pets during recovery. Our volunteers for this clinic were Pam Gripp, Donovan Gonzales, Jade Montoya-Vigil, Melinda Davis, Gita Allison, Patti Leake, Jane Sampson, Rebecca Myron and Rainbow Adler. Thank you volunteers. You are awesome!

The next spay/neuter clinic will be in spring of 2017, but please contact Pet Partners before then if you need assistance having your pet spayed or neutered.

Special event

The Crestone Brewing Co. will be having its First Annual Oktoberfest and Brewer's Release Party on October 1 between noon and 6 pm in Little Pearl Park and Artisans Park, with live music, and will very generously donate 10% of all sales from the outdoor Beer Garden & Grill to Pet Partners. Please attend and enjoy our awesome community of neighbors and friends and welcome our newest neighbor and friend, The Crestone Brewing Co.

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Eat, Drink, Love at OKTOBERFEST

Saturday, October 1, 12 - 6 pm.

The **CRESTONE BREWING CO.** will generously donate 10% of all proceeds from the Beer Garden at Oktoberfest to **Pet Partners** for the wellbeing of our pets and animals.




Eat, Drink, Love

Please join community and friends for this celebration.

New library district board member needed from Crestone/Baca Grande, to start January

The Northern Saguache County Library District has a managing Board of Trustees, and two of the trustees are from the Crestone region. One of these positions is open, to begin a term at the first board meeting of 2017. Regular meetings are generally held monthly, on the second Monday of the month, and there are other meetings and special tasks. The term of the assignment is until December 31, 2019.

Qualifications to be on the library board: You must be at least 18 years old and you must reside in the library district. In the case of a board member representing the Crestone area, you must live in community of Crestone or the Baca Grande subdivision.

How to apply: Pick up and fill out the application for new board members. Copies of this are available at the Baca Grande Library. This application is also available in PDF form on the website at <http://nscld.colibraries.org>. Hover your mouse over the "About" tab, then hover over "Library Board of Trus-

tees" and you'll find all the relevant information.

The Handbook for Trustees and the Bylaws of the Library District Board, as PDFs, are also on the website at the same location and a reading copy of each is at the Baca Grande Library. The application asks if you have read them, as they will give you an idea of what is involved in the position. In a nutshell, members of the Board are mandated by Colorado law to adopt and oversee the budget, develop and adopt policies, conduct strategic planning, and hire and evaluate the Library Director.

Return your application to the Library District Director, Sarah Koehn Frey, at the Saguache Public Library, 702 Pitkin Ave, Saguache, or mail it to PO Box 448, Saguache, CO 81149.

Applications are due by Friday, December 2 and you will be emailed or phoned regarding your application. Thanks for thinking of the Library District!

Listening to books—How I'm making a dent in my reading list

by *Debbie Westra, Chair, Library Board of Trustees*

It seems that even with all the modern conveniences meant to save us time and energy, most of us still don't feel like we have the time to sit down and read a book. I've started taking advantage of the time I spend commuting, working out, and doing household chores by using that time to listen to some of the books on my reading list that I cannot seem to find the time to sit down and read.

I've recently listened to *Orphan Train*, by Christina Baker Kline, *The Good Earth* by Pearl S. Buck, *The Worst Hard Time: The Untold Story of Those Who Survived the Great American Dust Bowl* by journalist Timothy

Egan, and *A Dance with Dragons* by George R. R. Martin, and they all helped make the time spent on housework a lot more pleasant.

Whether you enjoy fiction or non-fiction, our local library has a huge selection of audio books available to borrow in a physical CD or e-book form to download to your smart phone or MP3 player. Don't forget that in addition to visiting the branch in Saguache or Crestone to find an audiobook that you can search our library's online catalog, <http://nsaguache.catalog.aspencaat.info/>, to find a book you want to hear.

If you haven't already tried audio books, I recommend them, and I hope you will enjoy listening to them as much as I do.

THE GOOD, THE BAD & THE UGLY

—MOVIE RECOMMENDATIONS



by *Ish*

1/ **Man of Tai Chi:**

★★★

This is Keanu Reeves directorial debut. It's an action-packed kung fu film set in Beijing. Tiger Chen is a rebellious Tai Chiher student using his martial arts skill to fight against his master's concerns. When his temple is threatened by modern redevelopment, he fights in an underground fight club to get money the temple needs, but soon realizes his boss has other negative motives. Cast of Keanu Reeves and Tiger Chen.

2/ **Cherry 2000:**

★★★

This 1980s futurist film takes place in the year 2017, when a rich man travels to the lawless region of The Zone looking for a perfect replacement for his android wife who has blown a fuse. He hires a sexy renegade tracker to find her exact duplicate, only to find out the hard way that the perfect woman isn't a computerized robot but real flesh and blood. Cast includes Melanie Griffith, Laurence Fishburne, David Andrews and others.

3/ **Touchy Feely:**

★★★

A massage therapist is unable to do her job while experiencing a mysterious and sudden aversion to bodily contact. Her uptight brother has a floundering dental practice that in the meantime starts having a new life when clients seek out his healing touch. Stars Rosemarie DeWitt, Ellen Page and others.

4/ **Timeline:**

★★★★

A technology corporation has created a method for traveling back to the past and a group of archeologists and combat experts go back to rescue a history professor who gets trapped in 1357 France, prompting his son and students to go back to this perilous time. Stars Paul Walker, Gerard Butler, Frances O'Connor and others.

5/ **Four Rooms:**

★★★

Four separate stories in four different rooms in a former grand old Hollywood hotel that's fallen upon hard times. Directed by four new filmmakers. This movie chronicles the misadventures of Ted, the Bellhop on his first night on the job. Cast includes Madonna, Alicia Witt, Jennifer Beals, Antonio Banderas, Marisa Tomei, Bruce Willis, Tim Roth, Salma Hayek, Quentin Tarantino and others.



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Moffat School welcomes additional new staff members

Miss Jaycie Jones is Moffat's new fourth and fifth grade teacher. She has lived in Salida, CO for the past ten years. She is a high school graduate of Salida High School and a recent college graduate of Adams State University. Over the past three weeks she has had the opportunity to get to know each and every one of her students and she says they are FANTASTIC and she is very excited to be moving forward!



Jaycie Jones

Linda Vigil, is the new second and third grade teacher at Moffat School. She is a Colorado native and has lived in the San Luis Valley for most of her life. She graduated in the spring of 2016 from Adams State University, with a Master's Degree in Education with Cultural Linguistic Diverse Endorsement. Miss Vigil has worked in Moffat for



Linda Vigil

the past two years as a paraprofessional, a Boettcher's Program resident teacher in the Kindergarten/First grade classroom, as well as the Elementary music teacher and Lindamood Bell Program Instructional Leader. Miss Vigil is very excited to be a first year teacher in the Moffat School district and she is looking forward to an awesome year.



Alma Ellorda

Moffat welcomes Miss Alma Ellorda as the Moffat High School Math Teacher! Alma received her Bachelors of Science in Industrial Education from Pangasinan State University, her Master's in Educational Management from Philippine Normal University and a Master's in Teaching Mathematics in Basic Education from De La Salle University. She has taught for 14 years at various levels. Alma also has experience in after-school and enrichment programs. When you see Miss Ellorda please be sure to say hello and welcome her to our wonderful community!



Glenn Dozier

Moffat School Cafeteria welcomes Glenn Dozier. Glenn is a native of Mississippi. He attended Western Carolina University and

earned a History degree with a minor in Parks and Recreation. In his spare time Mr. Dozier likes to listen to music, watch Kung Fu movies, and spend time with his family.



Charity Gallegos

Charity Gallegos joins Moffat School business staff. Charity attended Adams State College and received a Bachelor of Arts in History/Government in 2000. She has worked locally for numerous years and has also completed three associate degrees through Montana State University online. Charity has two beautiful sons, a wonderful husband and the best parents! In her free time, Charity enjoys trips to the mountains and family time. Charity says she feels very thankful, fortunate and blessed to join the team at Moffat Consolidated Schools and look forward to the future here.

Moffat High School seniors to participate in 'College in Colorado' program

Moffat High School will participate in the statewide College Application Month sponsored by College in Colorado during the month of October.

As part of College in Colorado's college access initiative, Moffat High School will work with each senior to help them prepare for, complete and submit at least

three college applications, using the career and college planning website, CollegeInColorado.org.

The goal of the program is to get more students to apply to institutions early in their senior year, and to prepare students so they may apply successfully.

Students will take part in various activities throughout the month of October. Some of these activities include, college searches, looking at various majors that fit the students' career clusters, asking for positive letters of recommendation, discussing post-secondary plans with parents, writing a college essay and per-

sonal statement, as well as entering to win college supplies and a \$400 gift card from IKEA.

Elise Lovato, School Counselor, College Application Month event Site Coordinator for Moffat High School, expects all 8 seniors to participate with the help of other Moffat School Staff.

For more information about Moffat High School and College Application Month please contact Elise Lovato by phone at 719-745-7821 or e-mail at elovato@moffatschools.org.

For more information about College Application Month, visit CICCCollegeAppMonth.org.



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Daniel Brown

Founder

Proficiency-based learning at the Charter School

by *Daya Scheide*

Over the course of the last three years, there has been a subtle but profound shift happening at the Crestone Charter School. CCS has always been known for its high-quality academics, experiential and outdoor learning, and whole-child education. And lately students, teachers, and community members have been working to refine and develop CCS's educational model of proficiency based learning. So . . . what, exactly, does that mean?

Proficiency Based Learning (PBL) as defined and practiced by the Crestone Charter School is,



A second grader explores CCS's new observation bee hive.

simply put, the unique way that our school delivers a high-quality education for every student.

In a sense, PBL turns the traditional model of education on its head: Instead of passing children through grade levels based on their age and how much time they've spent at their desks, it challenges every individual child to demonstrate his or her knowledge or proficiency in each content area in his or her own way, and at his or her own pace. It is a fundamental shift from teacher-driven to learner-driven education.

In most traditional public schools, students are able to pass their classes as long as they earn a "C" or better. Students may be passing, but it's difficult to tell if they've actually mastered the content. Think about it this way: Would you be comfortable flying in an airplane if you knew that the pilot just graduated from flight school with a C average? Probably not. You would want to know for certain that the pilot has demonstrated mastery in the skills of flying before your plane ever leaves the ground. This is basically what CCS's educational model strives to do. We can guarantee that our students are receiving a great education because they are able not only to pass their classes, but demonstrated proficiency in all of their content areas.

CCS's proficiency-based learning model places the learning targets in the hands of the learn-

ers. CCS students understand what they are learning, and know exactly what they need to do to demonstrate that they've "got it." There is plenty of room for creativity and innovation: Depending on the content area, demonstrating proficiency could be as simple as passing a traditional quiz, as creative as designing an artistic multimedia presentation, or as in-depth as planning and completing a community service learning project. As always, the Crestone Charter School places great value on immersive and experiential education.

The proficiency-based learning model guides, motivates, and empowers CCS students as they learn how to measure their own success. Our students set challenging goals for themselves, measure their own progress, and learn from their mistakes. In addition to building great academic skills, they are developing authentic social and emotional skills, creative skills, and cultural and environmental

awareness. And most importantly, students are able to navigate their own education by following their own individualized learning paths with the guidance of their teachers. What an exciting time to be a Crestone Charter School student!

More CCS news

If you've visited the Crestone Charter School lately, you may have noticed something buzzing around the northeast corner of the building. That would be our resident honey bees! The latest addition to Ryan John's high school science classroom is an observational bee hive that gives students a chance to see for themselves what goes on in a working hive. This innovative design allows the bees to enter the building through pipe that leads to a glass-encased hive right in the classroom. It's never been easier or more fun to watch the science and magic of a living honey bee hive! This unique learning experience is made possible by the Bee Cause Project, whose goal is to place observational bee hives in 1,000 schools across the country. In addition to learning about bees, CCS students are also selling honey. Proceeds from honey sales go to helping the Bee Cause Project install honey hives in more schools. Stop by the Crestone Charter School and pick up a jar of honey and help support a great cause! For more information, you can visit www.thebeecause.org.



All-school photo on the first day of school at the Crestone Charter School August 29. photo by Lori Nagel



Some faculty members hanging out at the Crestone Charter School all-school campout, held at Earth Knack September 8. L to R: Audrey McDowall, Emily Donaldson, Lyndsay Duebber, Ashlee Jernigan and Daya Scheide. photo by Lori Nagel



Family potluck after the first day of school at the Crestone Charter School August 29. photo by Lori Nagel

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The Washington Beat

*War & peace
The politics of being
too close to call*



by David Nicholas

Four weeks ago it appeared that the Hillary Campaign had this race locked up. The conventional wisdom was saying that former Secretary of State Hillary Clinton was assured of taking the oath of office on January 20 and that the race was over bar the voting. Now the polls have tightened and the conventional wisdom is getting very cautious with good reason.

You must remember this is about narrative and perception. This is not about truth or being right. This is a propaganda war and in my view the Hillary campaign loses sight of this and has lapses of vigilance, which have cost Ms. Clinton dearly. Where you lay the blame for a distinct myopia and carelessness, either on the candidate or the campaign, is your call.

In early September there were bad weeks for Secretary Clinton. The missing emails from Ms. Clinton's desktop computer kept on surfacing, the maelstrom around the Clinton Foundation, unfounded accusations of influence on the Secretary of State, and campaigning with pneumonia (which saw the candidate collapse leaving the 911 ceremony in New York) all compounded into one major mess.

The big problem for all of this was the candidate herself. Ms. Clinton has transparency issues on things she believes are none of our business. Yes, she may feel that is valid, but that sort of determined behavior had her making mistakes. Many of these mistakes—some made years ago—have come back to haunt her. Were they just this month it could be forgivable, but it's been this way since she declared as a candidate.

She should admit the mistakes over her Secretary of State emails and just release them—all of them, the official and the personal. But it's been like pulling teeth and her reluctance is likely to cost her the presidency. Yes, there would have been a furor then but it would have been forgotten in amongst all the other razz-ma-tazz that makes for presidential elections and her trustworthiness issues would be water under the bridge.

However here we are in a morass, which will probably continue should she win the White House or even if she loses. If she had 'fessed up, then the Clinton Foundation wouldn't even have been considered as an issue.

Then there was the stumble/collapse at the 9/11 remembrance ceremony, forcing her to reveal that she had been diagnosed with pneumonia just days before. Even I had noticed that she was visibly sick at least ten days earlier. At 68 years of age you don't "power through" pneumonia. Pneumonia can hobble the best of us at that age for weeks and months. So, of course, when Ms. Clinton appeared before the cameras to argue caution about the terror attacks in New York City until we knew the full details, she

looked very weak.

But there was more. Two days before the collapse—the day she was diagnosed with pneumonia as it happened—at a dinner of New York City political high rollers—she described half of TheDonald's supporters as a "basket of deplorables". It could have been a careless slip of the tongue, but her comments seemed scripted and purposeful. In just 48 hours her age and her critical opinions became serious issues. What was the political thought there?

In short, this is how you lose presidential campaigns. Those private donor dinners can kill your chances. It did to Mitt Romney in 2012 (the 47% remark) and it's clear that the closing of the poll numbers taken over the weekend, September 16-17, that young people started looking elsewhere for a candidate they can vote for.

So in late September going into October when the voting begins, to have this in the forefront of people's minds is toxic. Trying to damp down these firestorms and change the narrative is difficult.

In post-mortems of this race these issues will be seen as the reason why she lost the race. Because right now that is what's happening, Hillary Clinton is losing this.

The standard set for her to be the winner is very high, the nightly narrative says so. The nightly narrative also says she's a great debater as she won when she was up against President Obama and this year Bernie Sanders.

Losing the 'Millennial' and Hispanic vote

Also there are rumblings that the "millenials" who were the base of Bernie Sanders' support in the primary campaign have not become

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Hillary supporters. Recent polls reflect that while they didn't go to TheDonald, they did go to Libertarian candidate, former New Mexico governor Gary Johnston. They still support Bernie Sanders and whatever he does.

On top of this, *Washington Post* articles are citing that the Hillary Campaign has delayed or conducted no outreach to Hispanics in major way. A big mistake in my view was that she did not pick a Hispanic as her Vice-President. It's always better having a Hispanic candidate speaking Spanish than a Caucasian candidate who speaks it.

Pay your taxes, Donald!

Does TheDonald pay taxes? Not unless he really has to and then probably not, which is why he hadn't make his tax returns public and isn't likely to, unless he is really shamed into it. Ms. Clinton should make it her narrative.

Sure, he says he's being "audited" but that's just more TheDonald's dishonesty. He's always being audited because he's a scumbag when it comes to finance and spending other people's money, which he does on a regular basis. The truth appears to be that an 8,000+ page tax filing would show how TheDonald avoids paying his fair share of tax.

Why do I think TheDonald is like Benito Mussolini?

Benito Mussolini was the fascist dictator of Italy from 1924 to 1943. His rule ended when Italian partisans in the north captured him, shot him and hung him and his mistress upside down in a public square.

TheDonald reminds me of him because of the arrogant way he struts around and poses at photos. Watch old newsreels of Mussolini, then watch TheDonald; the similarity is striking in my view.

¡El Donald, un gran amigo de los Estados Unidos de México! Or not!

Ah, yes, it's pretty amazing what 60 minutes—"a very long meeting"—can do. On August 31, TheDonald flew to Mexico City to meet with Mexico's President Enrique Peña Nieto face-to-face. From fierce adversary to arrogant, fawning sycophant, TheDonald proclaimed Mexican President Enrique Peña Nieto, "his friend." Uh-huh!

There he was, TheDonald standing side by side with the Mexican President trying not to look bored—and somewhat presi-

dential (but he really doesn't know how to do that)—as President Enrique Peña Nieto delivered opening remarks at the obligatory press conference/photo op following the "very long meeting." TheDonald fidgets when he can't grab the lectern. He just can't stand still and he just doesn't know what to do with those tiny hands. If you are smart then you stand to attention and still. All those deferments TheDonald had to apply for to avoid military service and fight in Vietnam are beginning to tell.

The event appeared to go smoothly right up until TheDonald decided to answer questions off-the-cuff saying in answer to the question, did they discuss the wall and who would pay for it? Yes, he answered, they did discuss the wall but not who would pay for it. Yessir, TheDonald was very clear about that.

However, not an hour after the press conference, the Mexican President had tweeted that not only had he raised the subject of the "great wall" with TheDonald, but also that Mexico wouldn't pay for it right at the beginning of the meeting.

While the photo op to make TheDonald seem/appear presidential looked to be successful, this wasn't the narrative that ran over Wednesday night and on Thursday morning. So this bungle became the narrative of this grand gesture. So all his surrogates have been on defense trying to cloud over what he really said and "re-clarifying" that this was "early in negotiations." Uh-huh.

His major issues speech: Immigration

This came several hours after his mad dash to Mexico and delivered before the usual wildly enthusiastic audience in Phoenix. Apparently this would be a new US-Mexico relationship on immigration and he said that his truth was the only truth on immigration. Instead it was the usual demonization of innocents, by one size fits all, and as usual he incited his base by saying he will build "that wall" and Mexico is going to pay for it, although they don't know it yet."

His health

Not surprisingly, the subject of TheDonald's health has become a subject of media curiosity. His doctor gave him a glowing but very vague bill of health. For a man of seventy years this leaves a lot of unanswered questions. Personally, I believe that the presidency be-

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longs in the hands of people aged 40 to 50 years of age, and that anyone over that age should be subject to stringent health examinations.

From my view, watching him on television overweight, yes an obese fat boy, his health problems have to be extensive. Too much KFC it appears. One can understand why his campaign would keep this a very close secret. Watching his body language standing by the Mexican president, I got the sense that standing for lengthy periods of time without some form of support is difficult for him.

The October debate schedule & formats, courtesy Election Central

a) Tuesday, October 4. The one and only vice presidential debate. Location: Longwood University, Farmville, VA.

The vice presidential debate will be divided into nine time segments of approximately 10 minutes each. The moderator will ask an opening question, after which each candidate will have two minutes to respond. The moderator will use the balance of the time in the segment for a deeper discussion of the topic.

b) Sunday, October 9. The second presidential debate. Location: Washington University, St. Louis, MO.

The second presidential debate will take the form of a town meeting, in which half of the questions will be posed directly by citizen participants and the other half will be posed by the moderator based on topics of broad public interest as reflected in social media and other sources. The candidates will have two minutes to respond and there will be an additional minute for the moderator to facilitate further discussion. The town meeting participants will be uncommitted voters selected by the Gallup Organization.

c) Wednesday, October 19. The third presidential debate Location: University of Nevada, Las Vegas, NV.

The format for the third debate will be identical to the first presidential debate.

Loving Obama & why I will miss him

There was a moment on Inauguration Day, January 20, 2009, when the camera picked up the then-president-elect all alone in the corridor about to take the oath of office on the dais of the Capitol overlooking the estimated two million people packing the Mall. That moment, it was probably about ten seconds in all, but it was history in the making just moments before he was announced and made his entrance. You knew he knew he was about to make history and he was ready as anyone can be for the office. This office, which makes the man or the woman, made him.

This was an emotional moment and important and I felt it. I wrote in a letter to the editor of the *Eagle*, saying he would be remembered as one of the great Presidents and in the future history will say so. If it was decided to carved more heads onto Mt. Rushmore, President Obama would be one of them, along with FDR and maybe Ronald Reagan. There will be a lot of Obama Memorials in DC and across the nation.

Obama is loved because despite the crap he has had to endure with an unrelated and contemptuous, outright racist Congress when it was totally controlled by the Republicans, he led an administration without scandal, while trying to advance policy for the common good of all us.

What I liked about Obama was that he required you be like him and to keep up. His eyes were never vacant. His eyes reveal the thoughts going on behind them and you knew the lights were on.

Listening to his major speeches, they are/were inspirational. On important occasions he pretty much wrote the first drafts in long-hand. If he did not write his first drafts, then he would make extensive changes to speeches written by speechwriters who knew him backwards, and which he would polish until he was satisfied. His State of the Union speeches were masterful, both in composition and delivery. You could see the envy of his opponents on their faces.

He is one of the few Presidents who actually either implemented (I mean Obamacare and the timed withdrawal from Iraq), or tried to implement his campaign promises, such as closing Guantanamo prison. No matter what you think of him, he actually was a President for all of us.

His comic timing was brilliant. Watching him deliver those jokes at the White House Correspondents Dinner was worth the price of admission if you got a ticket, and great to watch on C-SPAN.

Also, as mourner-in-chief for all of us, he spoke at memorial services for the gun slaughter of kids and minorities. You just knew that their loss of life mattered to him at that moment and that when he said he was sick of having to be mourner-in-chief you knew how he felt when he said so and most of us agreed with him.

In matters of foreign policy he will get mixed reviews for the next 50 years. He was the President who got Osama bin Laden, and he waged war using drones in a way his predecessor never imagined in combat. He held back from getting further involved of the quicksand that is the Middle East, resisting pressure from all quarters to fight in Syria with boots on the ground or having full-scale bombing attacks. Obama gets a lot of flak for that now, but four, ten, twenty years further on when Syria is still the burning hole in the Middle East, we will be glad he held off. Syria is a loser's game and it was none of our making, although some opportunist presidential candidates think it was.

In short, he is the kind of man you would want as President of the greatest country in the world. Which is why I am beginning to get dispassionate about the outcome of November 8. But in this life, Barack Obama can look himself in the mirror and like what sees. Few Presidents can do that. Bush43 cannot. In short, Obama has done us a good service, which, in the end, is all you can ask.

Who won the first debate?

Hillary won the first debate because Trump lost it and badly. On the basis of what I saw, she will be the next President of the United States.

And the beat goes on.

Commentary

Universal/international human rights—promise or law? What do they mean? What could they really achieve?

by Ruth E. Pulver

The history is a long one, from BC Persia to the Greeks, then to Christ, the Romans, the British, the Swiss, the French, and the Americans; the official recognition that all human beings, from birth on, do have certain inalienable rights, regardless of their race, background, religion etc, and that they deserve, by law, to be protected from violation of those very rights by others, and by the state, the government and its institutions.

Universally valid, they still are supposed to be. How far did we get?

After the Second World War governments had to realize that nations still hadn't learnt how to live together in peace. Europe had paid a huge toll in horrendous consequences, human rights took on a new urgency and the United Nations crafted the "Universal Declaration of Human Rights" (1948). It put the main principles together in a body of 49 articles, soon after accepted and ratified by most so-called "democratic" nations of the world.

The Declaration's purpose was to prevent misuses of power, declaring those natural rights into international law based on the equality of every human being, his/her dignity, the right to live and to survive, to enjoy certain freedoms, to live in security and be protected in his/her privacy, etc. Many of them are also in the American Constitution, as well as in the ones of other nations'. For times of war, humanitarian rights treaties were signed, forbidding cruel treatments, torturing of prisoners (!), civilian targets, and respecting the basic dignity of humans beings in war zones.

When it comes to how to enforce those rights and how to prevent their violation, it gets more complicated, especially in times of war, when neither privacy nor security can be guaranteed any longer and many other sacrifices have to be made.

Since 1959, the Europeans have the European Court for Human Rights in Strasbourg, France. Where do Americans go?

Refugees from wars enjoy special legal protection, promised in various war treaties with international validity.

There are 65 million refugees in Europe now, with more still streaming in. They are not welcome everywhere.

Those wars—and their blow-backs in de-stabilization, destruction of entire regions and cities, millions killed and millions of refugees—were caused in the process of fighting international terrorism. It's been headed by the USA, acting in retaliation for 9/11, an event still remaining with many unanswered questions (e.g. what about the third tower,

WTC7, which went down also, in the afternoon, not by an airplane?). The Iraq War followed, started under false assumptions. Need or greed for resources may have been the real reason for the expansion.

NATO allies, willing or not, had international duties to follow, and now are still involved in those areas, including Yemen.

Whose responsibilities are those refugees really? Why does no one look at the damages caused by those specific wars just in the last 15 years? Apparently there is no neutral institution, no body of government, national or international, authorized to ask those questions. What about the UN and its power via resolutions? Won't help much, for USA has one of the veto rights.

Call for an international investigation of war crimes, caused by wars initiated by the super-power United States? Who could demand this?

There were international criminal trials in the aftermath of World War II in Nuremberg and Tokyo, unfortunately after the wars and after all the damage was done. It affects us still today.

In an unjust and unjustified war—call it "un-necessary" war—everyone impacted is a victim of human rights abuse.

When will human beings finally be taken seriously with their needs, their visions for peace and rights to live in peace and security?

The implementation of human rights in our daily lives is still a far cry from being real, and it may take a whole new generation to develop the awareness needed to understand what it means to have and deserve human dignity. With growing awareness, responsibility and the duty to stay informed also grows. In other words, becoming media-literate is a must.

And we should remember that those natural rights, which indeed are given to us sentient beings, were given to the people and each single individual, and not to bodies of governments, institutions, military-industrial complexes or other power constellations.

The right to develop a perspective on events all around the world, the right to know the truth about what has and is happening, especially if done in our names and under our supposed watch, this too is an important human right. Using this right to full potential eventually may become the key to transforming this world into a place without wars, without war-industry, and with no victims of, nor refugees from, wars.

In this sense, human international rights are not just a promise but are—and could very well become—a powerful tool to help create a peaceful new world.

Election Day November 8; nine statewide ballot measures

by Lisa Cyriacks

General Election ballots will be mailed October 17. October 31st is the last day to file an application with the county clerk's office to receive a ballot by mail. After that, voting can be done at the clerk's office in the county courthouse.

New this year: eligible Coloradans can now text the word "Colorado" to "2Vote" (28683) to register to vote, update their address, change their party affiliation, view their sample ballot 45 days before an election or check the status of their voted ballot. They can also get important dates and deadlines pertaining to Nov. 8 general election or future elections.

You can also check your voter registration information or register to vote at: www.GoVoteColorado.com

In late August, two propositions to change election statutes were certified by the Secretary of

State to the ballot. Both major state parties have come out in opposition to these ballot measures.

Proposition 108 would allow unaffiliated voters to participate in primary elections without becoming a member of either major party. Currently, unaffiliated and minor party voters must change their party affiliation in order to vote in a primary. A primary isn't a given, though. If 75 percent of the party's central committee agrees, Republicans and Democrats could decide to instead choose their general election nominees at the assembly or convention. This would not create a presidential primary, but if passed unaffiliated voters could participate in primaries for things like statehouse races, treasurer, and U.S. Senate.

Proposition 107 would require a Presidential primary to be held before the end of March. Approval of this measure would again allow

unaffiliated voters to participate without declaring a party affiliation. Opponents to this measure cite the costs – estimates ranging from \$2 million to \$7 million – which would be borne by state taxpayers. Currently parties pay for caucuses.

The final amendment certified to the ballot is an increase in cigarette and tobacco taxes. This initiative would add an extra \$1.75 in taxes to a pack of cigarettes. Other tobacco products would see a tax increase of 22 percent. The money would be earmarked for programs for stopping smoking and to discourage kids from starting. It would also fund tobacco-related diseases. Other portions of the money would go toward veterans' health programs and assist doctors that serve rural areas with paying student debt, thus expanding access to healthcare.

See August and September issues of *The Crestone Eagle* for infor-

mation on ballot measures not covered in this article.

Amendment 69 State Health Care System

Amendment 71 Requirements for Initiated Constitutional Amendments (aka Raise the Bar)

Proposition 108 Primary Elections

Amendment 70 Minimum Wage Increase

Proposition 107 Presidential Primary Election

Proposition 106 Medical Aid in Dying

Amendment T Civil Rights to remove an exception to the prohibition of slavery that allows individuals to be held in involuntary servitude if convicted of a crime.

Amendment U Would grant a property tax exemption for possessory interests whose value is \$6,000 or less.

Colo. now blue?

continued from page 1

advertising for national races has aired or is scheduled to air before Election Day in Colorado.

Congressional District 3

Scott Tipton, a third-term incumbent Congressman, is facing a challenge against Democratic former State Senator Gail Schwartz.

Tipton, a native New Mexican, has lived in CD3 his entire life and has been in the U.S. House since 2010. Schwartz has lived in Colorado since graduating from the University of Colorado in 1971. Many factors set these two candidates apart, including how they view the future of the Third District.

The Third Congressional District covers more than one-third of the state by area and is predominantly rural. The largest population centers are Grand Junction to the west and Pueblo to the east. Most of the federal lands are found in the Third. Competing interests could be considered recreation and tourism vs. ranching, mining, and timber—all of which also use public lands.

Tipton is focused on the economy and jobs that are tied to the district's energy industry.

Schwartz's focus is also on employment, but it's combined with an interest in protecting Colorado's public lands and building up the outdoor recreation industry that

she believes will help replace some of the jobs lost in mining.

Schwartz, in her eight years in the state senate, sponsored legislation that favored job creation, focused on broadband development and on a "cottage foods act" that allows people to produce foods at home for local sales. Schwartz also has a strong record for protecting water and the environment.

By contrast, Tipton co-sponsored the Federal Land Freedom Act of 2015 that many claim would effectively turn over Colorado's public lands to energy developers.

Schwartz is considered a moderate candidate with a record of bipartisan cooperation. Tipton votes with his Republican colleagues 95% of the time.

Running on the Libertarian ticket for CD3 is Gayon Kent.

US Senate

True to his bi-partisan reputation, Democratic Senator Bennet unveiled a list Wednesday of more than 100 business executives who are supporting him in this year's re-election race, including several who have been prominent backers of Republican office-seekers in the past.

Bennet has a long track record of the numerous issues he has taken on while in office documented on his website: <http://bennetforcolorado.com/about-michael>.

His opponent, Republican Darryl Glenn, has been courting conservative activists. Glenn, an

Air Force veteran, did well in the Republican primary against four other candidates, winning the GOP nomination with 37% of the vote.

Bennet was appointed to replace U.S. Sen. Ken Salazar in 2009 and won election in 2010 with help from his ties to the business community. He previously worked for billionaire Phil Anschutz and served as superintendent for Denver Public Schools.

The full slate of candidates is as follows: Michael Bennett (Democrat), Darryl Glenn (Republican), Lily Tang Williams (Libertarian), Arn Menconi (Green), Bill Hammons (Unity), Dan Chapin (Unaffiliated), Paul Noel Fiorino (Unaffiliated).

State Senate District 35

Incumbent Larry Crowder, Republican, has served in this seat since 2012. Larry is an Army veteran, small business owner, farmer and rancher. Crowder supports job creation, agriculture, education and responsible stewardship of the environment. He continues to sponsor legislation to support veterans through job training and funding for veterans service offices.

Democratic candidate Jim Casias, Las Animas County Sheriff, is running on a platform to protect freedoms and fight for fairness for citizens in his district, opposing special interests in Denver.

State House District 62

Both the Republican and Democratic candidates for this seat are Colorado natives; neither are the incumbent for a seat opened by term

limits.

Democrat Donald Valdez is a 5th generation San Luis Valley resident from La Jara. He presents his campaign as driven by a commitment to "land, water and way of life in Southern Colorado." His website, <http://valdezforco.com/home>, emphasizes key issues for his campaign as education, economic development, protecting natural resources, support for veterans and access to affordable healthcare.

Valdez is currently serving as the Assistant District Governor for Area 5470 of Rotary International, is a former President of the Conejos/La Jara Rotary, is a member of the Knights of Columbus and is a member of the Sangre de Cristo National Heritage Board. He was also the vice-chair and Western Slope Director of the Soil and Water Conservation Society, the USDA's NRCS Hispanic Emphasis Program Manager, NRCS Civil Rights Committee, and the NRCS Green Team.

Republican Bob Mattive, is a SLV farmer running on a platform of protecting water and cutting "burdensome" regulations. Issues he addressed in a recent press conference included: support for Raise the Bar limiting citizens' access to the ballot, support for small businesses through opposition to a minimum wage increase, supporting fracking and providing a voice for agriculture—a large portion of District 62 is farms and ranches. His website is: www.votebobmattive.com/issues.



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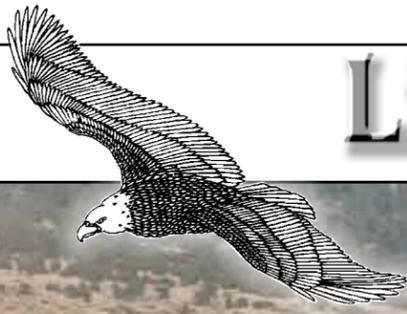
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Living on the Earth



Cows and yearling males travel in herds except during mating season when the bull elk gather their "harems."

photo by Zinn Photography, courtesy Ron Garcia, Baca Wildlife Refuge

Why do elk bugle, and other fascinating elk facts

by M. Diane Bairstow

Starting in August, we begin to hear them. The lonely bull elk bugling for their mates.

Perhaps they say something like, "Single male, 900 lbs. and 5' tall with a 4' rack of antlers, can run 25 mph, jump 4-5 ft. Looking for loving females, 4.5' tall, 500 lbs., . . ."

Scraaatch! Rewind. He's not calling females at all. The lonely bulls are calling other males in order to steal their harems! The rascals.

That interesting—if somewhat disillusioning—fact, and everything else there is to know about elk, I learned from Ron Garcia, the manager of the 92,000-acre Baca National Wildlife Refuge. I'd like to thank him up front for all the good work he does on the refuge and for all the information he shared with me, that I now get to share with you.

Native Americans called the elk 'wapiti'

Elk were known as "wapiti" by the Native Americans, which means "light-colored deer." They

are related to deer, but are much larger. They are also ungulates and ruminants. Ungulates are split-hooved animals with even toes; ruminants, the most well-known being cows, have a four-chambered stomach. Elk are primarily grazers, like cows, but they also browse. Browsers glean leaves, bark, and green stems from plants, while grazers clip vegetation at or near ground level

The elk are in the greater Crestone area all year round, but most visible in the fall and winter. They congregate on areas such as the Baca National Wildlife Refuge and the Great Sand Dunes National Park and spread out into the Baca Subdivision and surrounding areas. During this time, they are more frequently seen on Rd. T or Hwy. 17, so it's good to be extra cautious during October and November.

Right now the population on the Refuge numbers between 1700 and 2200 elk.

In general, the elk population on the refuge fluctuates from about 1000 to 3000 animals. In fall and winter, the population increases

because of pressures from hunting, and right now, Ron estimates, there are 1700-2200 elk roaming the Refuge's rabbit brush and greasewood plains.

The herd seems healthy, there are no signs of disease, and the size is manageable. In fact, the carrying capacity of the landscape could handle more elk. However, their habits, preferences and patterns put them at "threshold impact" on the neighborhood.

As elk move through the terrain, they create wide paths—super highways—leaving ground-nesting birds such as sparrows, meadowlarks, kestrels and killdeer, more vulnerable to attack by fox and coyotes. Also, young cottonwood and willow saplings growing along the creek are a special treat for them, but this dietary preference is not so healthy for the recovering riparian areas.

Willow and cottonwood saplings are the elk's favorite treat

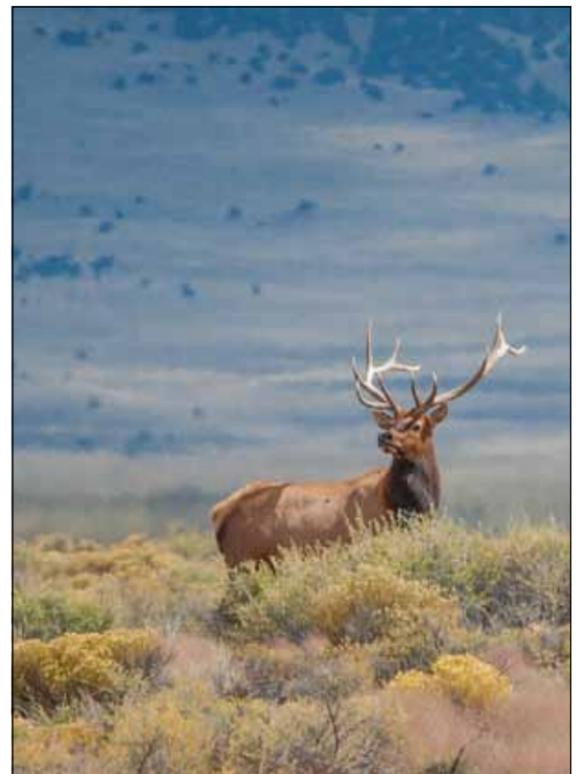
When the Refuge was a working cattle ranch, the willows were undesirable as they encroached the meadows, and the owners pretty much wiped them out, even resorting to the use of herbicides. Now, as the Refuge tries to rebuild the natural riparian habitat, the elk eat the new growth before it has a chance to mature and renew the land. To remedy this situation, the Refuge has created eight-foot high fences, 'exclosures,' to keep the elk away from the willows and cottonwoods along the creeks. This is successful, but a lot more funding is needed to protect the length of both South Crestone and North Crestone Creeks, which run through the Refuge.

Hunting on the Refuge

In our area, humans are the elk's only predator. A bear or a mountain lion will occasionally take an elk, but primarily they prey on small animals. Coyotes will sometimes take down a sick elk, but not a healthy one. This year, for the first time, the U.S. Fish and Wildlife Service is issuing hunting permits for the Refuge. It is an

experiment and there are only 5 licenses for each of the 4 rifle-hunting seasons. They will start in mid-October and extend over a period of a month and a half.

The purpose of the experiment is to see if there is enough hunting pressure to move the elk back into the forest and onto some private and BLM land north of the Refuge where hunters can have more access to them. The State is interested in reducing the number of elk and the Refuge is trying to assist the State in meeting their goals.



A bull elk's antlers weigh over 8 lbs. each.

photo by Ryan Van Meter

Some elk stay home; others are adventurers

Apparently some elk are more homebodies than others. There's not a lot of data about their movement, but 10 years ago, about 60 cows were collared and tagged with tracking devices. They found that some do not go far beyond the Refuge borders, while others roam all the way to Poncha Pass, Russell Lakes and the high country, returning to the Refuge in the winter. One of the cows died, but her remains were finally found down in New Mexico near Ojo Caliente.

Historically there is not any definitive information about how many elk roamed the San Luis Valley. Ron speculates that they were



Newborn calves weigh about 35 lbs., are spotted, and do not have a scent.

photo by Zinn photography, courtesy Ron Garcia, Baca Wildlife Refuge

continued on page B-8



by Kim Malville

October 3: Low on the western horizon look for the thin crescent moon above Venus

October 5: The moon has moved higher, now close to Saturn. Look below Saturn to see twinkling red Antares in the southwest.

October 20-22: The Orionid meteor shower will peak early in the morning of October 21. Its meteors should be visible for several days before and after, so get out and look.

October 26: Saturn can be seen above much brighter Venus in the southwest.

October 27: Saturn, Venus, and Antares will form a vertical line in the southwest. Binoculars should help to see Antares, about 30 minutes after sunset.

This past month has produced more than the usual spectacular astronomical discoveries—a galaxy made almost entirely of dark matter, a rocky planet orbiting the closest star to us, and the first views of Jupiter by the new Juno spacecraft.

A galaxy made of dark matter

Astronomers have recently discovered a galaxy as big as the Milky Way that consists almost entirely of dark matter. Only .01% of the galaxy is ordinary, visible matter like us. The other 99.99% of the matter is dark and invisible. This dark galaxy, with the wonderful name Dragonfly 44, is as big as the Milky Way but emits only about 1% as much light. A galaxy that big couldn't possibly hold itself together with so few stars. There wouldn't be enough gravity, and the stars would fly apart as they revolved around its center. It must be dark matter that is holding it together. In a sense this is not at all surprising considering that the universe has five times more dark matter than ordinary matter. Such dark galaxies cannot be easily found, and there must be many more out there in the cosmos. In the beginning of our universe, clumps of dark matter first formed and then drew in ordinary matter, which formed stars that lit up like Christmas tree lights. For some reason Dragonfly 44 didn't attract ordinary matter. Here's material for great science fiction. Instead of the scenario of a space craft mysteriously drawn into a black hole, there could be one pulled into a monstrous galaxy of dark matter from which it can't escape. That galaxy may contain invisible clumps of dark matter and even be a voracious black hole consisting of dark matter lurking in its center.

Our nearest neighbor

The nearest habitable world beyond our Solar System might be right on our doorstep,

astronomically speaking. Another one of last month's discoveries is that the closest star to the earth, Proxima Centauri, has an Earth-sized planet orbiting about it, in its Goldilocks zone, rocky, and warm enough to allow liquid water on its surface. Proxima Centauri is 40 trillion km away and would take a spacecraft using current technology thousands of years to reach. Earlier this year, the billionaire venture capitalist Yuri Milner said he was investing \$100m in studies to develop tiny spacecraft that could be propelled across the galaxy by lasers. These would travel at perhaps 20% of the speed of light, shortening the journey to a star like Proxima Centauri to perhaps 20 years.

The star Proxima Centauri is a member of a triple star system, which includes the much brighter double star system Alpha Centauri A and B. It is far from these two stars, which are visible in the sky in the depiction, and it takes some 500,000 years to orbit them. It is a red dwarf, much fainter than our sun. Because of that it uses up its available energy very slowly and will remain as bright as it is now for 4 trillion years, some 300 times longer than the age of the universe. By contrast, our sun will end its life as a normal star in some 5 billion years, ending normal life on the earth.

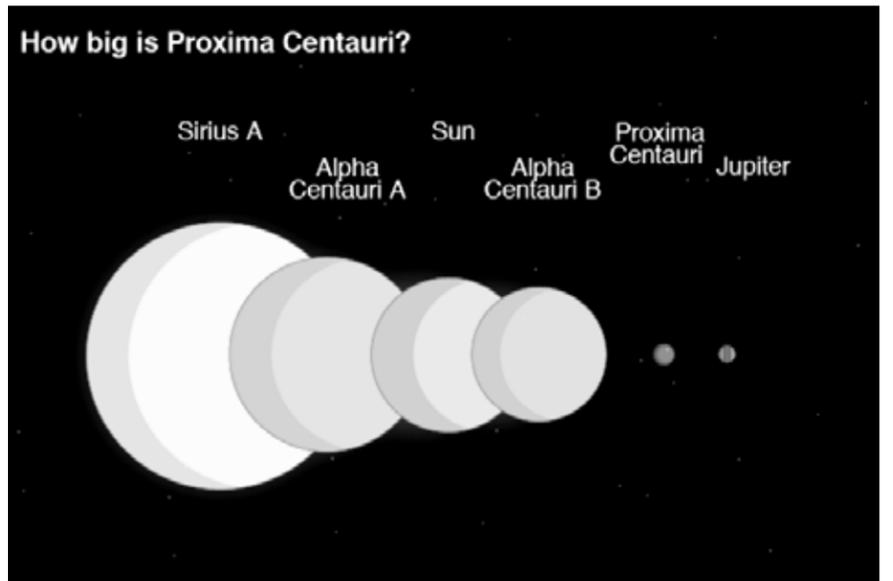
Proxima B has a mass 1.3 times that of Earth and orbits at a distance of about 4.5 million miles from the star, taking 11.2 days to complete one revolution. The distance between the star and its planet is considerably smaller than Earth's separation from the Sun (92 million miles). But Proxima Centauri is much reduced in size and dimmer compared with our Sun, such that a planet can be nearer and still enjoy conditions that are as benign as those on Earth.

Researchers are presently looking to see if the planet crosses the face of Proxima Centauri as viewed from Earth. This kind of backlit observation could confirm



Artist's depiction of the planet of Proxima Centuri.

European Southern Observatory



The size of Proxima Centuri.

European Southern Observatory

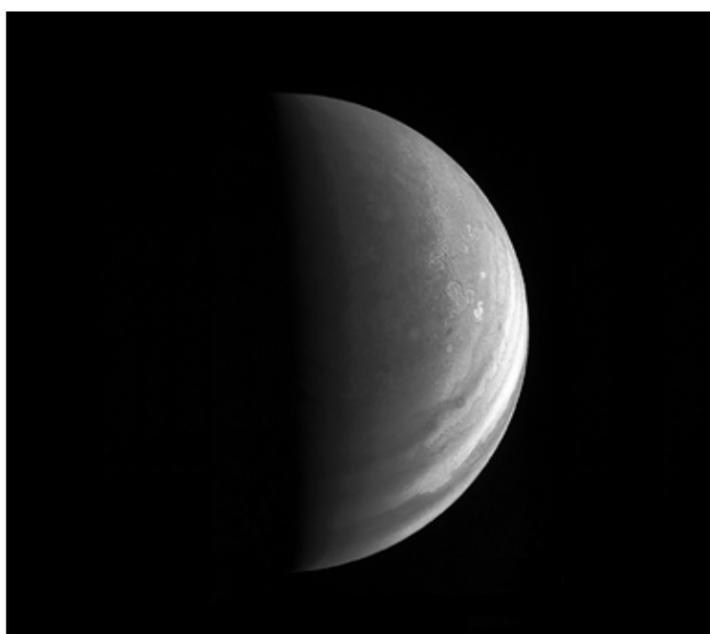
not just the existence of an atmosphere but reveal the temperature of its night side and its atmospheric composition.

If there are lifeforms on Proxima b, they would have to withstand blasts of electrons and protons from its sun. Proxima is a well-known flare star, with a surface covered by sunspots. If the planet has a magnetic field like the earth, which seems reasonable, it could be protected from these particles. If that is the case, it should have some very dramatic auroras at its poles. As more telescopes are turned on this planet, we may be flooded with fantastic new information about our nearest neighbor in space.

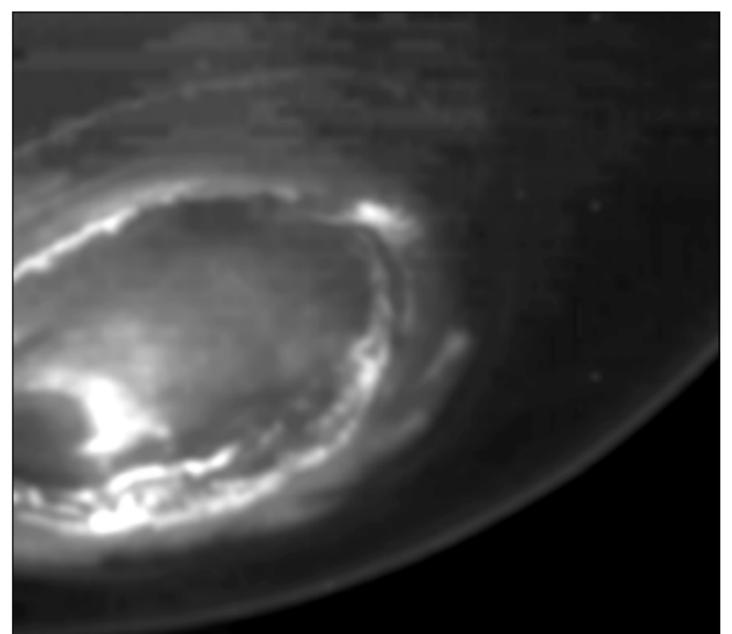
Juno & Jupiter

Juno was injected into orbit around Jupiter on July 4 after a five-year journey. It has just completed the first of 36 dives, and it has sent back the first-ever images

of Jupiter's north and south poles. The images show storm systems and weather activity unlike anything previously seen on any of the solar system's gas-giant planets. The north pole is bluer than the equatorial region of Jupiter, with its brilliantly colored cloud bands. You can see some unusual circular storm clouds over the pole, again unlike its equator. Juno also visited the south pole to catch pictures of its spectacular auroral zone. No other instruments, both from Earth or space, have been able to see the southern aurora. This crown of light is caused by high speed electrons precipitating downward from its Van Allen belt hitting hydrogen atoms, similar to what happens in the Earth's aurora. Having spent a year in the Antarctic studying our southern auroral zone, I find this extraordinarily fascinating.



Juno's view of the northern pole of Jupiter.



NASA

The first photograph ever taken of the amazing southern aurora of Jupiter.

NASA

The truth about hot peppers

by Melinda Myers

Don't be afraid to add a little spicy heat to your meals this season by growing a few hot peppers in the garden or containers. It's easier than you think and many of the hot pepper myths floating around the garden are simply not true.

Don't worry about your hot peppers heating up your sweet peppers. Peppers are normally self-pollinated. If an insect happens to move the pollen from a hot to sweet pepper, it will not affect the flavor or heat of this year's harvest. If you save the seeds from a cross-pollinated pepper and plant them in next year's garden, the plants they produce may have hot or sweet fruit (or a little of both), but only time will tell.

And don't assume all green peppers are sweet or you will be in for a surprise. Jalapeños are typically harvested when green and others, like habanero, Anaheim and poblano are hot, whether harvested when green or red. You'll also find that hot peppers can be yellow, orange, brown and of course red.

You can turn down the heat when preparing your favorite recipes, too. Contrary to popular belief, all the heat in hot peppers does not come from the seeds. While partially true, the majority of the capsaicin that gives hot peppers their heat is in the white membrane that houses the seeds. When the seeds are growing they may also be coated with extra capsaicin from the membrane. So remove the white membrane and the seeds, just to be

safe, if you want to turn down the heat.

The spicy heat of hot peppers is measured in Scoville Heat Units. The ratings are based on the amount of sugar water needed to neutralize the spicy heat in the extracted capsaicin that has been diluted in an alcohol-based extract. A panel of five taste testers decides when the spicy heat has been neutralized and then assigns the rating. Today many companies use a chemical process (liquid chromatography) but translate their results into the popular Scoville heat units.

The Scoville heat unit ratings vary from one type of hot pepper to another, with Poblano rating between 1000 to 2000, jalapeños 2500 to 6000, habaneros at 100,000 to 300,000 and one of the hottest, the ghost pepper, at 1,000,000 to 2,200,000 Scoville heat units. Check online or the Homegrown with Bonnie Plants mobile app (for iOS and Android) for the Scoville ratings, growing tips and a Pepper Chooser to help you pick the best varieties to grow. Ratings may also vary from individual plants within a specific type based on individual plant differences and the growing conditions.

Whatever kind you grow, be sure to label hot peppers when planting, harvesting and storing to avoid any mix-ups. The sweet banana pepper, for example, can easily be confused with hot banana. This could make for an unwelcome surprise when preparing, serving and eating.



Pepper harvest.

photo by Bonnie Plants

Also, consider wearing rubber gloves and avoid touching your face and eyes when working with hot peppers, as they can burn. Wash your hands, utensils and cutting boards when finished to avoid any future issues.

And don't worry if you are having a bad day when planting your hot peppers. Contrary to some old adages, planting hot peppers when you're angry won't make the peppers hotter, but unknowingly taking a bite of a hot pepper may very well change your mood.

Melinda Myers has over 30 years of gardening experience and has written over 20 gardening books, including *Small Space Gardening* and the *Midwest Gardener's Handbook*. She hosts *The Great Courses "How to Grow Anything: Food Gardening For Everyone"* DVD set and the nationally syndicated *Melinda's Garden Moment TV & radio segments*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by Bonnie Plants for her expertise to write this article. Myers' website is www.melindamyers.com.



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The "Change Your Clock, Change Your Batteries" campaign reminds families of the life-saving habit of changing and testing the batteries in smoke alarms and carbon monoxide detectors at the end of daylight saving time.

Change your clock, change your batteries

Simple steps to protect your family from fire, carbon monoxide and other threats

While life can be complicated, sometimes the simple solutions are the best ones, particularly when it comes to protecting your family from household hazards.

The "Change Your Clock, Change Your Batteries" program espouses that philosophy. For the 29th consecutive year, the campaign led by the Energizer brand and the International Association of Fire Chiefs has reminded families of the life-saving habit of changing and testing the batteries in smoke alarms and carbon monoxide detectors when most of the country sets their clocks back at the end of daylight saving time. This year, that is November 6.

A whopping 50% of home smoke alarms and carbon monoxide detectors have non-working batteries, according to the National Fire Protection Association.

"A home that contains smoke alarms and carbon monoxide detectors is only safer if these devices actually work," says Michelle Atkinson, chief consumer officer at Energizer. "Testing your devices and updating their batteries are simple and critical steps to keeping your family comfortable and secure."

Atkinson also points out that these days many families rely on more than these traditional safety devices to protect their family and home. Investigate new smart devices and apps offering security

and peace-of-mind, such as lights, locks and security systems that are connected to the internet and your smartphone.

"Smart connected home technologies are keeping families safer, when operational," says Atkinson. "Remember, these tools, along with flashlights and other home safety devices require reliable battery power as well."

Take this opportunity to update batteries in all your devices that enhance home security and comfort.

Safety advocates say preparing your family is crucial. Make sure everyone, especially children, knows what your alarms and detectors sound like and what to do if they go off.

A critical yet simple safety practice is to keep flashlights with fresh batteries at your bedside for help in finding your way out of your house and signaling for help in the event of a fire or other emergency.

Also, keep a stash of high-quality 9V, C, D and AA batteries to power vital safety devices whenever necessary. For long-term protection, opt for batteries designed to prevent damaging leaks, like Energizer Max and Ultimate Lithium batteries.

Changing your clocks? Energizer reminds you to change your batteries, too. It's easy, it's simple, and it might just save a life.

SMOKE COLUMN COMMUNITY INFORMATION ON FIRST RESPONSE

by Chris Botz

Mitigation funding of \$35,000 and \$12,500 has been released by the County, so please call Daniel S. Johnson of Saguache County Firewise Program at 719-480-9764 or Kundalini Fire at 719-588-1808 for fire mitigation. It is first-come first-served.

We are also hosting a membership recruiting meeting at the Baca Fire House on Tuesday, October 3 from 5 to 8 pm, and Saturday October 29, 9am to 2pm. Regular training will be held on Tuesday, October 11 at 5 to 7pm and the following Saturday, October 15, 9am to 1pm. Food and soft drinks will be provided.

We also encourage anyone to drop by the firehouse any time you see us there. We are glad to answer questions. You can reach

us at 719-256-4781 or bgvfd@bacapoa.org.

We are supporting Deanna Wilfong's Halloween activities for children in town. That will take place on Oct. 31, 5-7:30pm.

If you are a Baca resident please call 719-256-4171 x15 to initiate a burn site inspection or renew it. Please, this is imperative since it gets you the information to call in the burn so we don't have to respond to a smoke call.

Once again, if you are between 18 and 60 we would love to have you on the firefighters' roster and provide you interesting national- and state-certified training. The ambulance service is also welcoming new recruits as well as Crestone FireDept. which is part of Northern Saguache County Fire Protection District.

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Safety Near Solar Equipment

When installing solar panels on or near your home, it's important to take precautions to protect against potential fire hazards. Minimize potential fire risks in your solar installation with these safety tips from safety.com:

- **Purchase quality components.** Nearly every documented case of fire caused by defective solar panels has occurred in cheap, off-brand equipment.
- **Hire an experienced installer.** A competent installer will make sure all electrical connections are properly installed and insulated to minimize fire risk.
- **Route cables properly.** Appropriate sized electrical cables should be mounted in closed metal conduits. No loose cables should be present. Cables should be routed outside the building or enclosed in a fireproof duct.
- **Protect inverters.** Your inverter should be easily accessible, protected from the weather, and kept away from combustible materials. Be sure to leave enough space around it for proper ventilation.
- **Inspect regularly.** Once or twice a year, a qualified solar inspector should examine the system for faulty connections, rodent damage or other fire hazards.

Source: safety.com

In Search of Economic Reality

What about Prop 69 in Colorado?

by Ed Lyell

People might ask “what is the best health insurance company?” The answer will depend on which side of the two-faced stone most concerns you. Do you mean best in terms of giving excellent, efficient, and equitable health care to their customers? Or do you mean which company provides the highest Return on Investment (ROI) to the investors. Capitalism is focused on the goal of maximizing return on investment. The founder of capitalism, Adam Smith, warned everyone that regulation would be necessary to avoid all benefits going to the rich, and also that some industries should not be based on for-profit companies. Most other developed nations in the world have been careful to limit for-profit companies in health insurance and health provision. They acknowledge that health care is primarily an inelastic demand curve where people will pay anything to be kept alive, yet where there is little opportunity to shop around, and cost information is not available. Thus every other developed nation does not allow for-profit health care insurance companies.

Steven Brill is an investigative reporter who has proven that people in America are being damaged by the capitalism-focused health care insurance and provider industry. Brill demonstrated that we pay 50% more

for health insurance and care while not even the doctors know what anything costs, or what is being charged to whom. This is an industry where hospitals have “charge masters” who provide a cost sheet for every pill or procedure, but do not share that list. That price list has multiple prices for the same things. A self-paying patient could pay hundreds of times more than what is paid by the government or large insurance companies who negotiate their prices. This maximizes profit for the companies at the expense of patients.

Wealthy individuals from around the world own both the insurance and provider companies. These companies are focused on maximizing profit for the investor and include many Middle East wealthy leaders who might be happy that the US health care system is bankrupting and killing Americans. The insurance companies have staff focused on denying coverage to any policy holder when that patient is diagnosed with something expensive. These private company death squads find omission or errors on your forms that legally void the contract. Insurance company employees are often paid a commission for denying coverage saving the investors’ money even if this kills people.

The opponents to Prop 69 are running very effective, yet misleading, TV ads scaring people by claim-

ing that government decision makers will harm them. Yet the existing death squads make decisions every day that sentence people to death, or limited function. The opposition to prop 69 states that taxes would rise dramatically and that is true. Yet the ads do not mention the billions saved as private health care insurance goes away. Simple math shows us that if Colorado has 2 million families paying an average of \$1,400 a month for family health care then \$2.8 billion dollars and another half a billion is paid by the employing companies. Amendment 69 offers a fiscally conservative solution that saves Coloradans over \$4.5 billion or more each year. Colorado Care includes no insurance premiums, no deductibles, and no co-pays for primary and preventive care. *The Business Journal* states that the new plan is paid for through a simple 3.33% payroll deduction for employees and by employers contributing 6.67% of payroll. For a worker with a \$50,000 income, employers would have to pay \$278 a month, and workers \$139. Most analytical evaluations converge on prop 69 lowering household costs by over \$500 a month.

The important change is that Colorado Care employees will be focused on making decisions to help the citizen, not the outside investor. The savings come from cutting out overlapping insurance forms and

bureaucracy and the profit made by investors. In the US the existing bureaucracy and profit of insurance companies is over 20%. Meanwhile Medicare and Medicaid operate on less than 5% bureaucratic costs, and no profit.

Yet prop 69 is likely to lose since the for-profit existing companies are spending millions to stop prop 69. Over the last several decades the wealthy 1% has paid the media to create a lack of trust in government. This lack of trust means that any expansion of government-provided service is hard to sell. “Fewer than three-in-ten Americans have expressed trust in the federal government in every major national poll conducted since July 2007.” (Pew Research).

As the trust in government has greatly diminished we have also seen increasing distrust of the media or even facts. Many young people treat political speeches which are based on lies as respectfully as fact-based stories. Major media have been purchased by the wealthy 1% who want to also make money from their investments in for-profit health insurance companies. Many of the most popular social media and even network news outlets spread propaganda that makes them richer. This is causing journalism to become more like advertising than just reporting. Thus Prop 69, a great deal for the family, will likely lose as millions of dollars are spent on ads to protect the current for-profit system and its wealthy investors.

Ed Lyell is Professor of Business and Economics, Adams State University ehlyell@adams.edu.

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Garden Guru



Corn: Our native blessing

by **Matie Belle Lakish**

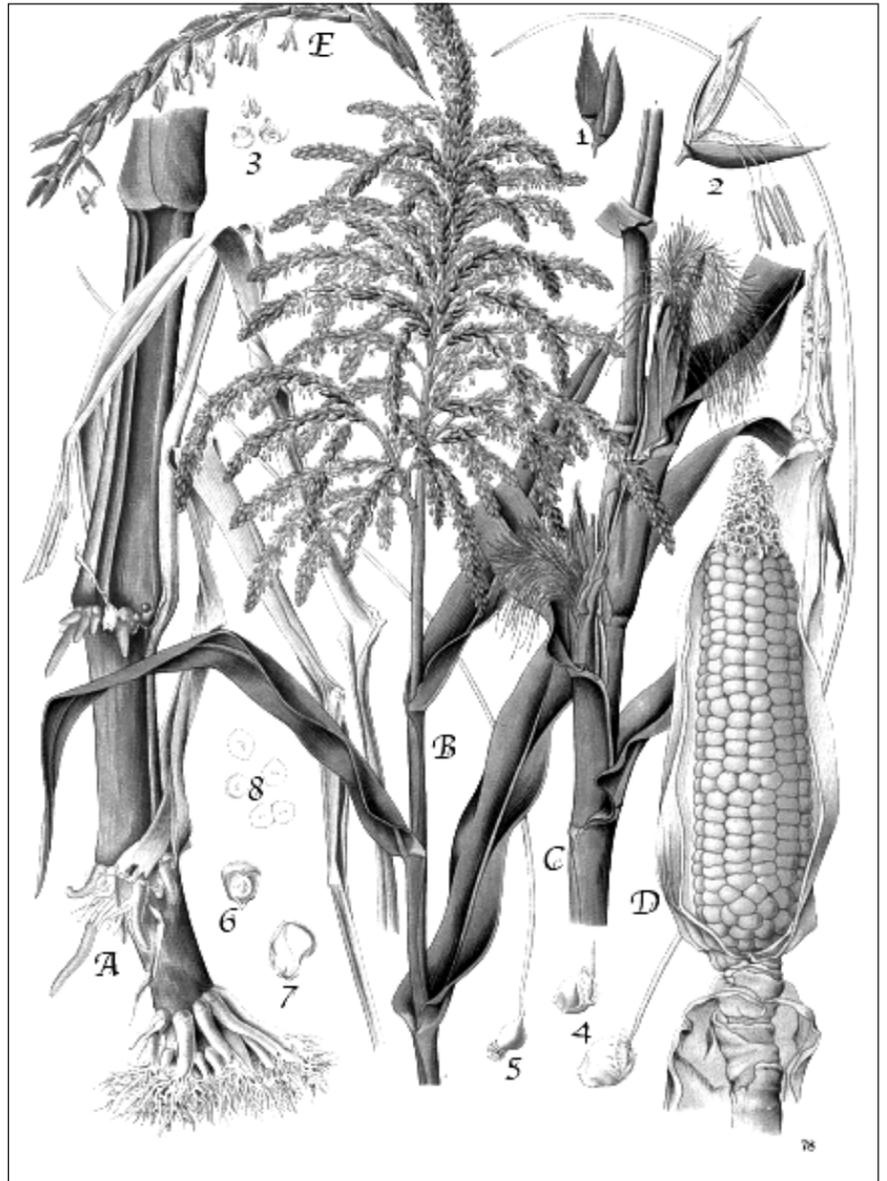
The growing season is nearly over and our corn is harvested. If the crop is abundant, we have much to be thankful for, as our primary source of food energy for the winter is assured. As humans living in the Americas 500 years ago, this would have been true. Today, most of us still rely on this amazing member of the grass family to supply a high percentage of our calories.

I have been contemplating the debt we owe to the grass family. Wheat and rice belong to the grass family, which also includes rye, oats, barley, sorghum, sugar cane, corn, bamboo, and the grass in our yards. It also includes numerous plants we consider wild or domesticated grasses that are used as food by grazing animals. Without those grasses and the grazing animals that eat them we would have many fewer options for food, and it is likely that the population on the planet would be much lower. It is no wonder that Native Americans, especially those in the southwest, revered corn so highly that many of them named their clans after a particular color of corn.

Current research suggests that corn, *Zea Mays*, originated in the highlands of South America, perhaps as long as 10,000 years ago, and was bred from a small grain called teosinte. It arrived first in North America in the Southwest about 2100 BC, and to the eastern parts of the continent about 800 BC. It was well estab-

lished across the continent by the time European settlers arrived. Native Americans learned, sometime in the long eons of pre-European history, that processing the dried kernels with alkaline substances softened the hard outer shell and transformed the grain into an easily digestible starch that could be made into a dough. What they probably did not know at the time was that this process also liberated niacin, an essential amino acid. Without niacin, the heavy reliance on corn caused pellagra in many poverty-stricken peoples. This was especially a problem during the depression era in the southern states, and it was a great mystery why local Native Americans did not suffer from this malady. Our neighbors to the south still treat corn with alkali or wood ashes, and use the hominy, posole, or masa, instead of grinding the corn to make cornmeal without first removing the hard hull.

Although early settlers to the SLV brought corn with them and grew it in their fields along the rios, it was not like the large yellow ears we now buy in stores. The small ears were usually a white corn that could tolerate the cool nights and short growing season. Some of these seeds are still occasionally available at the seed exchange. Making chicos in a traditional horno was a common way of processing sweet corn and keeping it for the long winter. Reconstituted and cooked with chiles, meat,



Maize: (A) Lower part of the plant (B) top of plant with male inflorescence (C) middle of plant with female inflorescences (D) ear/cob: (1) two pollen grains of a male inflorescence (2, 3, 4) female flowers (5) female flowers with stigma (6) fruit bottom view (7) fruit side view (8) fruit cross-section views.

and onions, it is a winter treat that cannot be beat.

In gardens in Crestone, at 8,000 feet, growing even these early settlers' corn varieties can be a challenge. However, some sweet corn varieties can be successful. While I have not found an open-pollinated sweet corn variety that consistently ripens at this altitude, Early Sunglow, (66 days) a short-season older hybrid consistently does well. This compact plant grows only 4 to 5 ft. tall, and puts out one to two good ears. It can be purchased from seed catalogs or from Murdoch's in Salida. Other, newer varieties that I plan to try include Northern Xtra-Sweet (63 days) and Trinity (68 days), a bicolor corn. Both of the latter are bred for extra sweetness, and require isolation from other corns.

Corn is a heavy feeder, so enrich your soil with extra nitrogen (blood meal is good) and bone meal for extra calcium and phosphorus. It also needs consistent moisture. Planting too early in the season will result in rotted kernels. In Crestone, around June 1 is the best time to plant. Sow seed about 1" to 1.5" deep in clusters of two or three seeds. If all the seeds germinate, you will need to thin to about 12" apart when the plants are a few inches tall.

When planting, consider the pollination process. The male pollen is formed on the "tassels" atop the stalks, while the female "silks" gather the windblown pollen and carry it to the ovaries on the cob, where it grows into kernels that are usually lined up neatly in rows

protected by the shucks. The pollen doesn't usually blow long distances, so pollination is best if corn is planted in double or triple rows, or in blocks of plants, rather than a single long row.

Early Sunglow usually matures in late August and continues until frost kills the plants. Since it is a short corn, some successful gardeners cover the plants with blankets or floating cover in cases of an early frost. This year, with our later frosts, gardeners are still picking their second ears.

When you grow corn, you are participating in an age-old tradition that has supported American peoples for generations. Be thankful.

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SOLD!		UNDER CONTRACT		UNDER CONTRACT		UNDER CONTRACT	
A lovely sanctuary WAS \$275,000	Affordable Luxury	Off-Grid	Sustainable Elegance	WAS \$49,000	Off-Grid	Mother-in-Law Suite	
3919 Cordial Way - \$269,000 Two story, 3BD/2.5BA ~2400 sf home has a walled courtyard & 4 intimate decks w/ great views. Southwest style home gracefully adorned with fine details and finishes.	1202C Hilltop Way - \$269,000 Lee Mitchell built home ~1700+sf 3bd/2ba Southwest style on 5 lots (2.63 acres) in Chalet 1. Mountain view from a high arched LR window, high ceilings, large Master Suite w/ soak tub, separate shower, walk-in closets, & radiant floor heat.	600 Heatherbrae - \$175,000 Beautiful 1240sf 2BR/1.5BA off-grid home w/many custom built-ins & exquisite views on 2.61ac bordering Conservation Easement. Propane heat & woodstove. Enclosed passive solar porch, enclosed shower w/ surrounding decking, well water.	1311C Spanish Creek - \$499,000 Expansive 3060sf 3BD/2.5BA home on 7.5ac, beautifully appointed w/ custom features: gourmet kitchen, spacious master suite, slate floors, Pella windows. Solar hot water in-floor heat, 2 fireplaces & 3 Fujitsu heat pumps. Heated grg w/3 bays.	Willow Springs - NOW \$299,000 Fully restored former historic Forbes Hotel. 9bd/3BA 3600sf; detached 22x24 studio, 500ft artesian well. Great business potential for B&B, hotel/retreat center.	288 Allott Trail - \$269,000 Custom built 2BD/1.5BA 1500sf off-grid home w/600sf guest house & 400sf workshop, located on 2.81ac. on the S. tip of the Baca. Designed w/2 octagons connected by a clerestory, it has beautiful finishes.	1453C Wagon Wheel - \$259,000 Spacious SW-Style 4BD/3.5BA 2421sf home on 3.164 acres. backs to Willow Creek greenbelt. Light-filled, dramatic high ceilings & forever views. Lg Mstr Ste upstairs, screened east balcony. Well & septic. Great value!	

UNDER CONTRACT		UNDER CONTRACT		UNDER CONTRACT		New Listings	
Was \$249,000	REDUCED: Was \$229,000 Off-Grid	MILLION \$ VIEWS! Reduced from \$200,000	Income Potential	New Construction!	Private cul-du-sac	Luxurious/Views	
1564 Wagon Wheel Road - \$229,000 A 2,192sf beautiful single level ranch style home built in 1997 on 1.66 acres. 3bd/2ba, great room, living room & 2 car attached garage. Well and septic. Great value!	144 Rain Dance Trail - \$199,000 This ~2600sf 4BD/2BA (w/unfinished 3rd BA) sustainable builder's home has solar thermal, PV, combo of frame & pumice construction. On well & septic. Barn & storage shed, and more! On 6.32 acres. Includes Lot 145.	909C Brookview Way - \$190,000 Home on 1.12 acres w/ spectacular views at top of Baca waiting for the right person to complete the vision. 2324sf & designed with 3bd/2ba. Separate 576sf guest house w/kitchen and office above.	Baca Townhome #16 - \$179,000 A lovely 3BD/3BA/sunroom 1622sf one story townhouse located close to S. Crestone Creek walking path & convenient to town. Great for full time homeowner or can be as rental. Great for full time homeowner or as a rental.	1649C Willow Crk Way - \$169,000 3 BD/1.75 BA 1282sf home by Terrapin & CO on beautiful 1 ac lot backing greenbelt. Great mountain views. Open living space w/oak floors. ETS heater. Under construction now.	190 Cascade OL - \$169,000 1365sf home with 1293sf walk-in basement, large screened porch & hot tub. Sits on 1.133 acres, beautiful wooded lot on private cul-du-sac close to town. 2BR/ 1.75BA on main level & flexible basement w/3 rooms, 1/2BA including laundry.	780 Palomino OL - \$585,000 Built by Lee Mitchell to capture mtn & valley views, elegant 3 BR/2.5BA home w/2-car garage on 2.787 acres. Fantastic landscaping & flowing water. In-floor radiant heat & Hearthstone woodstove w/stone surround. Expansive Master balcony.	

New Listings		Chalets		Chalets		Chalets	
635C Panorama Way - \$179,000 Lovely 3 bd/1.75 ba home on 1.013 acres. Open floor plan, custom kitchen cabinets, hardwood floors, lots of light. Bonus studio room. Passive solar design, propane HW-Baseboard heat, honeycomb blinds. Landscaped courtyard.	1967 Rockyview Way - \$439,000 Luxurious 3BD/2.75BA/Office/3-car Garage 2953sf home sits on 2.374 acres & has a 2-room upstairs Master Suite. Beautifully landscaped courtyards & gardens with custom fence & deck, great views	3959 Cheerful Court - \$429,000 Custom Cathedral Style Mt Home. Approx 2700 sq/ft, located on 2.16 acres by Cottonwood Creek. Many architectural features incl Brazilian cherry hrdwd flrs, diamond plaster walls. Features 30x16' Art Studio.	2795CR Brook Terrace - \$425,000 Built 1993, remodeled 2008. 3-story, 2 or 3BR/1.75BA 2182sf home on 2.765ac cul-du-sac, backs to greenbelt. Artistic stone & stucco offers feeling of antiquity, privacy & uniqueness. A must-see home in a special location!	786C Panorama Way - \$419,000 This Lee Mitchell custom 3bd/2ba/sunroom/library/balconies 2428sf home with fabulous gardens sits on 2.14 acres w 2-car garage/studio. Exquisite - Must See!	1114C Chaparral Way - \$349,000 2-story New Construction, 3BD/2BA 1740sf home w/fabulous views designed by R3 Concepts and built by Mountain View Design & Build. Overlooks Pundarikka Retreat Center providing lots of open space.	22 Alpine OL - \$295,000 CUSTOM 3bd/2.5ba/2 car garage 2232sf home close to town. Screened porch & wrap deck. Gracious Living with exceptional views!	
2720 Happy Hollow Tr. - \$279,000 This meticulous, 4BR/2.5BA 2000sf home has magnificent valley views from the living spaces, including a large sw-facing deck. Excellent condition, flexible floorplan, nice outdoor space, located near Dharma Ocean.	3481C E Graceful Ct - \$259,000 Beautiful property w/ 2BR/1.5BA ~1228sf home, guest cottage & detached one-car grg on 1.44 acres. Great passive solar, w/mountain views. Walled tiled front courtyard & landscaping. In-floor radiant heat, tile floors, T&G wood ceilings in LR	757 Rendezvous Way - \$249,000 Very lovely 1868sf 3-or-4BD/2BA + dining screen porch, sunroom w/ fireplace, yoga/exercise room, deck w/amazing views & hot tub. Private, but close-in. Beautifully landscaped.	207C Foothill OL - \$239,000 2-story 3BD/2.5BA/Study 2192sf home on .965 acres built with non-toxic materials & energy efficiency. Lrg kitchen, bamboo floors, pine ceilings. Spacious master suite w/Jacuzzi tub, sep. shower, marble counters. Views/Deck.	983C Peaceful Way - \$229,000 3BR/2.5BA 1894sf main house w/ studio apt, oversized 1-car garage & grow dome on 1.36 acres in Chalet I. Passive solar design w/ two adobe brick walls & curved back wall, concrete kitchen counter tops, in-floor radiant heat & wood stove.	1867C Rockyview Way - \$219,000 3BD/2BA 1520sf New Construction by Paul Koppa, energy efficient design. Active solar hot water sys thru radiant floor grid + domestic hot water. Very insulated, triple pane windows & heat recovery ventilation, airtight construction.	Tract 2 Lindsifame - \$199,000 Creek-side 2 BR/1 BA 812sf home on 2.74 acres w/812 sf partially finished basement w/electric baseboard heat & concrete floors. New roof w/architectural shingles, new windows, new interior & exterior paint.	
1911 Lone Pine Way - \$195,000 This 2BD/1BA, 1200sf New Construction by Art Reeves. Efficient, great design & views. Rustic wood & metal siding, hrdwd floors & vaulted ceiling in Great Room. Modern kitchen w/stainless appliances. Spacious Master bdrm, & bath.	958 Meditation OL - \$189,000 Beautiful 3BR/1.5BA 1363sf energy efficient home w/solar hot water system, passive solar, & well-insulated ceilings & walls. On private cul-du-sac in Chalet I w/ organic garden & storage heater. Full bath w/soak tub. Spacious kitchen.	1479 Badger Road - \$182,000 Custom 3BD/1.75BA home, built in 2004, backs to open space. Immaculate condition. Beautifully crafted w/diamond plastered walls, wood ceilings, wood floors, in-floor radiant heat, & wood stove.	760 & 761 Panorama Way - \$159,000 Built in 1996, this Pueblo-style 1172sf 2BR, 1.75BA Rastra home features an open living space w/ fabulous protected west views & lots of light. Energy efficient w/ on-demand hot water heater, woodstove & passive solar design.	34 Camino Baca Grande - \$159,000 1600sf 3BR 1.5 BA A-frame w/loft, remodeled in 2006 w/ETS heat, 5 window air conditioning units, appliances, laminate flooring, windows, roof & updated plumbing & wiring. T&G ceiling in great room. Upper & lower decks w/great views!	3735 Jubilant Way - \$155,000 3BD/1BA 1094sf home located on 1.152. Protected views. Large loft BR w/balcony. 2BD/1BA downstairs w/ clawfoot tub. Woodstove & back-up baseboard heat. Aspen T & G ceilings, pine floors & wood exterior.	3708 Enchanted Way - \$142,500 2 BR/1BA 1088 sf energy efficient home w/ ETS heat & water heater on ETS, woodstove, honeycomb blinds, & solar heat collector. Lovely views from open living space, roomy master bedroom, backs to greenbelt. Many new windows.	

GRANTS		GRANTS		GRANTS	
				Jump in on an Active Market!	
2784 N. Carefree Way - \$139,000 Lovely 2BR 1.5BA w/office, screened porch, decks & attached insulated wkshop. High up in Ch 2 on lovely treed lot. Propane heat, elec. water heater. Includes greenhouse. Amazing mtn views over the tree tops!	4485 Ridgecrest Way - \$74,500 Unique, small 394sf home, with 2nd structure in Chalet 3. Fixer-upper, but can be a home in the Baca at an affordable price. Woodstove, loft sleeping area w/wood ceilings. Full kitchen w/cookstove, fridge & combo w/d. Shower bath.	1038 Beaver Trail - \$337,000 This 2292sf 3BR/2BA home on 3.57 acres in park-like setting backs to greenbelt. Post & beam construction & strawbale in-fill, this 2-story sustainable home is passive solar, solar domestic HW & in-floor heat, woodstove. Separate 300sf studio.	1234 Laredo Trail - \$265,000 This strawbale 1831sf 3BD/2BA home w/detached studio on 1.86 acres has magnificent views, fine finishes, and open floor plan, a Master Ste soak tub, deck w/bamboo fencing & plenty of privacy.	719-256-4198	
			POSSIBLE OWNER FINANCE!		

2016 HOME SALES		
340C Palomino Way	\$389,000	SOLD*
4262 Serene Way	\$299,900	SOLD*
557 & 560 Panorama Way	\$299,000	SOLD*
3615C Splendid Terrace	\$275,000	SOLD
1202C Hilltop Way	\$269,000	SOLD
3919 Cordial Way	\$269,000	SOLD
765CRR Heatherbrae Road	\$269,000	SOLD*
149 Moonlight	\$259,000	SOLD
418 Moonlight Way	\$249,000	SOLD
705 Rendezvous	\$220,000	SOLD*
624 Panorama Way	\$219,500	SOLD
2145 Indian Well Way	\$209,000	SOLD*
4417 Twin View Ct	\$189,000	SOLD
1447 Chaparral Way	\$189,000	SOLD*
3949C Cheerful Way	\$185,000	SOLD
1927C Lone Pine Way	\$185,000	SOLD*
600 Heatherbrae	\$175,000	SOLD
3704 Carefree Way	\$169,000	SOLD*
3732C Cordial Way	\$162,500	SOLD*
635C Panorama Way	\$159,500	SOLD*
3376 Genial Way	\$159,000	SOLD*
1573 Kings Hill OL	\$159,000	SOLD*
719 Rendezvous Way	\$159,000	SOLD*
1202C Wagon Wheel Road	\$152,000	SOLD*
123C Skyview Way	\$139,000	SOLD*
4370 W Twin View OL	\$138,000	SOLD
20510 CO Rd 59	\$99,000	SOLD*
226 Staghorn	\$50,000	SOLD*
1311C Spanish Creek	\$499,000	UNDER CONTRACT*
Willow Springs B&B	\$299,000	UNDER CONTRACT
288 Allott Trail	\$269,000	UNDER CONTRACT*
1453C Wagon Wheel	\$259,000	UNDER CONTRACT*
1564 Wagon Wheel	\$229,000	UNDER CONTRACT*
144 Rain Dance Trail	\$199,000	UNDER CONTRACT*
909C Brookview	\$190,000	UNDER CONTRACT*
Townhome #16	\$179,000	UNDER CONTRACT*
1649C Willow Creek Way	\$169,000	UNDER CONTRACT*
190 Cascade OL	\$169,000	UNDER CONTRACT*

* denotes listed & sold

Elk

continued from page B-1

probably everywhere: in the mountains and on the plains. Through human development, they gradually disappeared from the valley floor, and by 1900 they were gone. It wasn't until the 1980s that they began to reestablish themselves on the valley floor, and ranchers from that time recall it was exciting to see an elk because they were so rare.

'Satellite bulls' sneak in and do a lot of the breeding

August is the start of the mating process. Bulls are gathering cows and fighting for each other's harems. They expend a lot of energy fighting and running off other bulls, and the smaller "satellite bulls" take advantage of the situation to sneak in and do a lot of the breeding. By December the mating process is over and the bulls and cows go their own separate ways in gender-specific herds.

Around the first of June, the cows are giving birth. For safety, they prefer big open areas and wet meadows to drop their calves as they can see the approach of a predator far in the distance. Cows usually have one calf, but occasionally two. Like deer, the calves are born spotted and unscented.

Unlike bulls that basically only have one vocalization—bubbling—cows make a wide variety of noises to communicate with their young and to deter other critters. They bark like a dog, grunt and make a short whistling sound.

Antlers grow at a surprising rate

In the spring, March and April, the bulls shed their antlers, which can grow up to 4' tall and weigh in excess of 8 lbs. each. The antlers on the larger elk fall off because of the weight, and when one drops, the bull will stop and try to

get the other one off. New growth causes younger bulls to shed an antler, but the loss of one doesn't seem to bother them. Antlers grow amazingly fast. By July they are full size, and the soft, fuzzy antler becomes hard and bone-like because of the decreased blood flow. Male elk run with their nose pointed upward and their head tilted back, probably to keep their antlers from getting tangled in branches.

Elk try to be as stealthy as possible, are generally shy unless cornered, and they try to avoid people. The winter months are hard on them, so if you run across them during that time, be cautious and considerate and don't add to their stress. From mid-October to the end of November, when hunters are pursuing them, they are more active and less cautious when running across roads. Watch out on Rd. T and Hwy. 17, year round, but particularly during hunting season.

If you have any questions about the elk, or the Refuge, Ron Garcia encourages you to call. The number is 719-256-5527. And there is an awesome group of volunteers, the Friends of the San Luis Valley National Wildlife Refuges help plant saplings along the creek in the spring and generally supports the Refuge's efforts. For more information and/or to join the Friends, please call the Refuge office to get details.

(All rights reserved)



Except during mating season, bull elk run in gender specific "bachelor" herds.
photo by Zinn Photography, courtesy Ron Garcia, Baca Wildlife Refuge



The Refuge has constructed 8 ft. high "exclosures" to protect the young willow and cottonwood saplings from foraging elk. The white line alerts elk and deer as to the height of the fence and keeps them from attempting to jump over it and getting tangled up in it.
photo by M. Diane Bairstow

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Mullein plant with flowers.



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There's No Such Thing As A Weed

by Dorje Root, RH (AHG)

Mullein flower oil



As I write this article in mid-September Mullein flowers are everywhere. I hope that they are still around in October. If not, clip and save until next summer when they bloom again.

Mullein is a plant that grows in disturbed soils, along roadways, around new construction, anywhere that the Earth has been messed with for humans' benefit. When you go to gather Mullein flowers, pick a spot that is off the road as plants tend to pick up the toxic emissions from passing cars. Check near a neighbor's construction site, something that has begun this year waiting for next year's completion. Mullein flowers grow on the top of the second year spike, and they grow in a haphazard fashion. The best way to harvest is to carefully cut out each flower that is in the peak of its bloom. A more casual method is to cut off the entire blooming florescence and chop it up. With the first, more careful method, it's possible to harvest Mullein flowers a good time through a mild fall.

Once the beautiful yellow flowers are harvested, put them into a jar (canning jars work fabulously for preparing herbs). Cover the entire contents of the jar with oil - I like olive oil since it does not go rancid easily. [Note: olive oil these days is often cut with other cheaper oils. The way to determine if it is 100% olive oil is to put it in the refrigerator overnight. If it hardens so that you can't get it out of the jar, it is probably 100% olive oil]. Make sure the oil covers the plant material by at least 1/2".

Herbal oil takes about 2 weeks to fully extract the herbal content into the oil. Set in a warm place, in a paper bag on a sunny windowsill, on top of a hot water heater, etc. Check daily to make sure the herbal material is still submerged in the oil. If it isn't it could mold, so be sure to poke it down under. After 2 weeks care-

fully pour the oil off the plant material, being careful to leave any water behind. Bottle the oil and keep refrigerated until needed.

Mullein oil is very helpful for children's ear infections. Mixed with Garlic oil and St. John's Wort oil it relieves pain, helps heal or reduce infection and is very soothing. Warm the oil gently until it is warm but not hot (check temperature on your wrist). Put a drop or two into the child's ear and cover with a cotton ball or warm cloth. My youngest daughter's hair was pretty greasy looking in every photo for her first two years because of this ear oil! Her many ear infections in her first year were a direct cause of my becoming an herbalist!

Dorje Root, RH (AHG) is an herbalist and natural healer, also working with Plant Spirit Medicine, Intuitive Energy Healing and 'The Journey' cellular healing. For an appointment call 719-937-7786 or visit www.rootsofhealing.com

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\$975,000 4BD 4BA Completely off-grid, 4,325 sq.ft. magnificent masterpiece home built & remodeled by owner. Greenhouse, sauna, hot tub, studio, horse corals. Backs to National park.



\$490,000 Very unique Feng Shui retreat built on 4 acres with earth changes in mind. 3 sep living spaces, off-grid. Beautiful stone & tile throughout. Meditation Kiva w/stained glass. 707695



\$475,000 Owner financing available on this income producing property includes main home, cottage apartment, Geometric Sacred Space, and tons of garden space. 719847



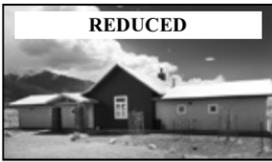
\$420,000 2BD 1BA 41 pristine acres in the Grants. Great retreat property. Solar system. 3550 sq.ft. with home and meeting/retreat building. Creek runs through property. 703497



\$395,000 3BD 2BA premier custom built Lee Mitchell home. Exterior Cempo walls, indoor stucco, R32 insulation, very energy efficient, open floor plan. On 3 creekside lots. 718277



\$375,000 Partially finished construction, this property is part of an estate. Taking offers-price reduced \$100,000 for quick sale! call Crestone Realty for details. 709800



\$335,000 Spacious 3BD 2BA home with passive solar. Majestic views, low-E windows. Custom detail throughout, high ceilings, lots of natural light, oversized master shower. On 3.2



\$257,000 2BD 2BA. Million dollar views of Crestone Needle & valley! Beautifully situated contemporary home build in 2014. 1 acre next to the creek. New appliances. Deck and screened-in porch. 717326



\$235,000 Lovely off grid home, attention to detail, high ceilings, custom kitchen, excellent views, fenced in yard. Green house, amazing views. 721893



\$225,000! Unique property with 2 units and office space, 3BD 2 1/2 BA, full sauna, 33' grow dome, orchard. Borders greenbelt & creek. 699764



\$229,500 Cozy 3BD 2BA 1500 sq ft beautifully situated Victorian Ross Chapin cottage. ETS & baseboard heat. High ceilings, skylights & fenced-in back yard. 699770



\$225,000 Preppers, Hunters, those that like indoor gardening and seclusion-Here it is! This home is on 40 acres, completely off grid, surrounded by BLM Owner financing available. 719842



\$225,000 Oversized garage, 2/2 on 1 acre with grow dome, screened porch, fenced yard, great views, garage could have apt. 710119



\$219,500 3BD 2 BA on 3 consolidated lots, garage, fenced yard, garden, hot tub, open floor plan, hearthstone stove. Lovely treed, close to town, with wonderful mountain views. 715889



\$199,900 3BA 2BA, attached garage. Home for large family; spacious rooms, vaulted ceilings, 6 panel doors, tiled floor, fenced yard, deck. Sits on 3 lots, on private cul-de-sac. 709053



\$199,900 3BD 2BA, spacious, light home. Fireplace, vaulted ceilings, new carport; sits on 3 consolidated lots, at the end of the street. Downstairs has own entrance. 708971



\$199,000 4BD 1BA Large home on 7+ acres in the Grants. Tons of charm! Built in 1998, 2555 sq.ft. with add. guest cottage, outbuildings, off-grid for self-sustainability. 717290



\$199,000 Spacious store/shop with large garage door, located on 1.5 acres. Commercial town well, commercial kitchen. 2BA & laundry room. Quonset hut, plenty of storage & garages. 716243



\$194,900-Special little hide-away Deltec home in Chalet 11. Features art studio, sauna, beautiful little fenced garden & deck, all one level. 724743



\$194,500 Cheerful-Great builders home near Cottonwood creek, contemporary styled 2 story, oversized carport, mtn. views and balcony on 2nd story. 721597



\$189,500 Recently remodeled, bright, spacious, cozy duplex with private patios 5BD 2BA. Conveniently located on the edge of town. Close to Charter School & grocery store. 699772



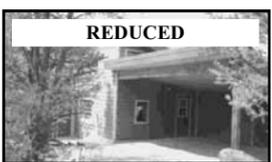
\$189,000 Secluded, close to Willow Creek with views, surrounded by greenbelt. Spacious kitchen, appliances. Green construction, fire resistant, kitchen gardens, solar shades. 711195



\$179,000 Unique home on 1.5 acres, 4BD 2BA. Beautiful wood walls, spacious living room with sunroom. Large, fenced-in yard, carport. Adj. shop with commercial well also for sale. 716242



\$178,500 3BD 2BA 1434 sq ft cute Victorian Ross Chapin cottage home. ETS & baseboard heat. High ceilings, skylights, private balcony with amazing views. Convenient to town. 699771



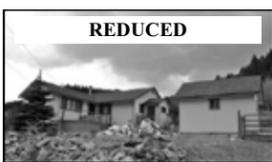
\$175,000 Motivated seller! 2BD 1 1/2 BA. Backs to greenbelt & creek. Passive solar, year-round warm earth mass floor. Custom kitchen. Bathroom with garden tub, screened-in porch. 699761



\$174,000 This home includes all the extras you are looking for! Spacious 3 BD 2BA, garage, greenhouse, 2 lots, mountain views, backs to greenbelt, open floor plan, spacious bathrooms. 716217



\$171,000 2BD 2BA close to Crestone Charter school. New paint, newly remodeled kitchen features stainless appliances, Brazilian granite counters. Lovely sunroom, and workshop/studio 721535



\$169,500 2BD 1BA Last century feel! Private, mountain views. Home sits on 1 acre, has a deep well, landscaped, with new roof, new paint. Wood shed, partial fencing, woodstove. 717458



\$159,000 An adorable café with commercial well on 3 acres. Excellent views. Commercial kitchen & appliances, spacious dining room, 2BA, office space and storage room. 716246



\$159,000 Surrounded by trees, spacious 3BD 2BA. 1817 sq.ft. living room, dining room, large family room, fireplace. Master suite has 5pc bath. 2-car garage. Qualifies FHA, VA



\$145,000 Nestled in Downtown Crestone, this cozy 1024 sq ft home is bright & spacious, with great views of the Sangre de Cristo Mountain range. 712504



\$144,000 Beautiful Baca Meadows Town Home. 2 floors, 2BD 2BA, spacious living room with high ceilings, private balcony & patio areas. Convenient to town. 699781



\$144,000 2BD 1 1/2 BA vacation home, high up on the mountain, unsurpassed mountain & valley views. 1 car garage, all appliances



\$139,500 Great getaway home near Cottonwood Creek. Builder's own home, great room with vaulted ceilings, quality craftsmanship; loft could be guest area. 699734



\$139,000 Nestled in between the town of Crestone & Chalets I. 2 floors, 2BD, 2 BA, bright, spacious living room with high ceilings, private balcony and patio. 699773



\$139,000 7.71 acres, town artesian well, 1352 sq ft. 2BD 2BA, great views, plenty of storage. Detached garage, storage container, shed. Commercial/residential zoning. 710441



\$99,900 Eclectic, artsy home in traditional adobe style, surrounded by privacy wall, gardens & trees. Guest quarters, 2 wood stoves, art studio. Amazing deal! 714274



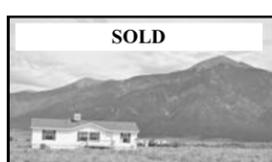
\$99,900 Creative cozy Earth Ship privately located at the southern most border to the Baca Grande Chalets next to National Wildlife Refuge. 724115



\$99,900 Reduced from \$175,000 to \$99,900. Owner paid more than this for the 5 creek lots. Finish this home and have one of the best spots in the Baca Grande-Builders, this is your chance to make a quick flip! 709580



\$72,500 Nice 3BD 1BA starter on retirement home. Wood stove, garage, metal roof. Situated on 6 lots with expansive mountain views & garden space, on shared well. FHA, VA or USDA. 705685



\$68,500. Fantastic views in a secluded area. Large living room 3BD 2 BA. Built in 2000. Swamp cooler, pantry, new deck. 723295



\$25,000 14X64 on 1 acre in Lazy KV estates. HOA fee includes, water bill for the year, fishing pond, and clubhouse. Bank says sell! 421948

Tips for people who live in mountain lion country

Don't feed wildlife: By feeding deer, raccoons or other wildlife in your yard, you may inadvertently attract mountain lions, which prey upon them.

Landscape for safety: Remove dense and/or low-lying vegetation that provides good hiding places for mountain lions, especially around children's play areas. Make it difficult for mountain lions to approach a yard unseen.

Install outdoor lighting: Keep the house perimeter well lit at night—especially along walkways—to keep any approaching mountain lions visible.

Keep pets secure: Roaming pets are easy prey for hungry mountain lions. Outside kennels should have a secure top. Do not leave pet food outside; this can attract foxes, raccoons, rodents, and other mountain lion prey.

Keep livestock secure: Where practical, place livestock in enclosed sheds and barns at night, and be sure to secure all outbuildings.

Keep children safe: Keep a close watch on children whenever they play outdoors. Talk with children about mountain lions and teach them what to do if they encounter one.

What to do if you encounter a mountain lion

Do not approach a lion: Most mountain lions try to avoid people. Human encounters are generally brief. Give them a way to escape. Mountain lions become aggressive if they feel they are cornered.

Do not run from a lion: Running may stimulate a mountain lion's instinct to chase. Instead, stand and face the animal. Make eye contact. If there are small children, pick them up if possible so they don't panic and run. Although it may be awkward, pick them up without bending over or turning away from the mountain lion.

Stand tall and appear large: Raise your arms. Open your jacket if you are wearing one. Again, pick up small children. Throw stones, branches, or whatever you can reach without crouching or turning your back. Wave

your arms slowly and speak firmly in a loud voice. The idea is to convince the mountain lion that you are not prey and that you may be a danger to it.

Fight back if attacked: Many potential victims have fought back successfully with rocks, sticks, binoculars, garden tools and their bare hands. Since a mountain lion usually tries to bite the head or neck, try to remain standing and face the attacking animal.

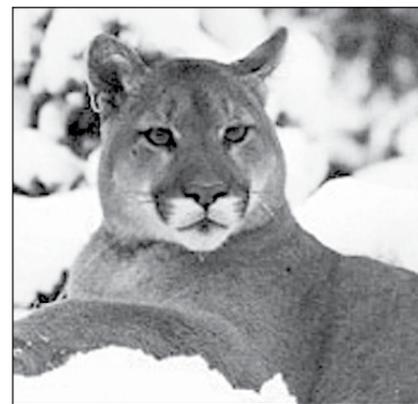
Do not hike alone: Go in groups, with adults supervising children.

Keep children close to you: Observations of captive mountain lions reveal that they seem especially drawn to children because they are lower to the ground. Keep children within your sight at all times.

To learn more about mountain lions, contact your nearest DOW office or www.colorado.gov/wildlife.



Most mountain lions try to avoid people and human encounters are generally brief. Give them a way to escape; mountain lions become aggressive if they feel cornered.



Don't feed wildlife. By feeding deer, raccoons or other wildlife in your yard, you may inadvertently attract mountain lions, which prey upon them.

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Baca Grande Library News



by Suzanne McGregor

We appreciate the many patrons who helped us celebrate Banned Books Week by checking out a “dangerous” and controversial book from our display. These books were banned or challenged in the past for inappropriate content, unsavory language, or unsuitable for any age group.

“If there is a bedrock principle underlying the First Amendment, it is that the government may not prohibit the expression of an idea simply because society finds the idea itself offensive or disagreeable. If we are to continue to protect our First Amendment, we would do well to keep in mind these words of Noam Chomsky: ‘If we don’t believe in freedom of expression for people we despise, we don’t believe in it at all.’”

—American Library Association
And from one freedom to the next: For those of you who are

eligible to vote but have not registered yet, the library can make this an easier process. We have printed out the form you need to fill in and submit and have included a stamped, addressed envelope to get it in the mail quickly, as time is running short! Exercise your freedom to vote—it is a hard-won victory for us all.

As our gardening adventures are coming to an end in this high-altitude area, it is almost time to put those gardens “to bed” for the coming cold times. The library has many books on canning and preserving, seed-saving, and proper techniques for winterizing your garden. And, of course, many good cookbooks for savory soups, fruit cobblers and apple pie!

On behalf of the Baca Grande Friends of the Library (FOL), we extend much appreciation for the very generous contributions in response to the mailer that was sent out last month. It is hard to express the gratitude that is felt from the FOL members and the library staff to see such support from our friends and neighbors. Thank you so much for brightening our days and warming our hearts—we love this community! Baca Grande Library, 256-4100. Hours: Mon.-Fri. 11:30am-5pm; Sat. 10am-2pm.

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THEME: FAMOUS NOVELS

ACROSS

- Rooster to a farmer
- “Law & Order” character
- Wild feline
- Bipolar disorder phase
- Santa ____, CA
- Like a Druid, e.g.
- Mountain climber’s spike
- Roulette bet
- “Bravo! Bravo!”
- *“A Tale of Two ____”
- *E. L. Doctorow novel
- Feeling blue
- Bona fide
- “Big Brother” network
- Rubik’s puzzle
- Real life “Citizen Kane”
- At the end of one’s what?
- Wine container
- Charted record
- Beauty salon straightener
- Like unspoken agreement
- Evening purse
- *“All Quiet on the Western Front” by Erich ____ Remarque
- Low-cal
- Surfer’s stop
- Outdoor stone seating
- They got their revenge?
- Dunce
- Gunk
- Public Enemy’s music
- *“Wuthering ____” (E. Brontë)
- *Dreiser’s “Sister ____” or King’s “____”
- Matter of debate
- *“On ____ Majesty’s Secret Service” (Ian Fleming)
- *“For Whom the Bell ____” (E. Hemingway)
- Tossed starter
- E in BCE
- *“Germinal” author ____ Zola
- Litigant
- Dreaming stage of sleep
- Comedy Central’s public humiliation

DOWN

- Band aid
- Nonclerical
- Naysayer’s favorite prefix
- Civil unrest, pl.
- *Newbery Medal winner “____ Magee”
- New Mexico art colony
- *“Howards ____” (E. M. Forster)
- Core of personnel
- Deal with the devil, e.g.
- Tangerine grapefruit hybrid
- “Howdy, ____!”
- Casino chip
- Long John Silver’s appendage
- Something concluded
- Pleasurable interjection
- Officially cancel
- *Reason for punishment (F. Dostoyevsky)
- Laundry booster
- Mushroom’s reproductive structure
- Canaanite deity
- Mars, to the Greeks
- Fraction, e.g.
- Plural of sputum
- *“The Book ____” (M. Zusak)
- *“The Famous Five” author ____ Blyton
- *“The ____ Runner” (K. Hosseini)
- ____ incognita, a.k.a. unknown land
- Curved like a foot
- Creation of the right side of the brain
- One who darts
- Theater guide
- Movie trailer, e.g.
- Snake’s warning
- Biblical twin
- ____ of Man
- ____ gum, food additive
- Pack like sardines
- Pelvic parts
- Corner pieces
- Old-fashioned “before”
- Position

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FSBO – 200 Evergreen Ol, Crestone. 1632 sq ft, 2 bd, 2 ba, 2C att gar on wooded 1/2 ac lot in Chalets I. Deck, balcony, & back patio. Near park & hiking trail along creek. \$169K/neg. Shown by appt only: 651-448-0401.

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Half acre each, can be consolidated, tap fees are paid. Located at corner of Moonlight Way and Cascade Overlook, walking distance to Baca Park, #186 and #187. Great Price: \$8,000 for the two, OBO. 505-920-5429

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Amazing 6 acre parcel in the Grants with incredible views! Consolidated lots 318-319 off of Wagon Wheel. \$8,500 www.crestonelandforsale.com

Straw Bale Home, Westcliffe, Colorado

2 bedrooms, 5 forested acres. Needs finish work. Hard work is complete. \$145K. View Details at: <http://strawbalecolorado.webs.com/>

Great Value

Chalet 1: 3 BD, 1 1/2 BA Private, solar hot water & floor heat, well insulated. Fenced in organic garden, wood stove, shed. \$189K. Call Anna Louise 970-290-7710

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TOWN OF CRESTONE NOTICE OF BUDGET and PUBLIC HEARING

Notice is hereby given that a proposed budget has been submitted to the Board of Trustees of the Town of Crestone for the year 2017 and will be reviewed and considered for final adoption at a Public Hearing in the Crestone Town Hall, 108 W. Galena Ave in Crestone, Colorado, on Monday, October 10, 2016, at 1:30 p.m.

A copy of said proposed budget will be available for public inspection in the Town Hall beginning September 30, 2016. Any interested elector of the Town of Crestone may file with the Town Clerk any objections or other comments regarding the proposed budget, in writing, at any time prior to the final adoption of the budget.

Published, The Crestone Eagle, October 1, 2016.

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...Classifieds
continued from
Page B-14

Furnished Home for Rent
Furnished 3BR/2BA in Chalet 1. Wood stove/ETS. Backs to creek. 1-2 people, no pets. \$800 + utilities. Nov. 1 – May 31. 719-937-7786. Crestonegenie.com

Apartments/Rooms/Misc. for Rent

Ready for a Cozy Winter
Sunny room with great views in lovely home with all amenities. Gardens, storage, etc. Southern-end of Baca borders SDNP & Ziggurat. Vegetarian kitchen. \$500/month includes utilities. First and last. 310-696-9118

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NOTICE OF PUBLIC HEARING

The Board of County Commissioners will hold a Public Meeting at the Saguache County Road and Bridge Meeting Room located at 305 – 3rd Street, Saguache, Colorado, on the following date:

WEDNESDAY, OCTOBER 19, 2016 at 1 PM

to consider proposed changes to the Saguache County Land Development Code - Marijuana regulations

To view the proposed changes, you may contact the Saguache County Land Use Department – PO Box 326, Saguache, CO 81149 or wmaez@saguachecounty-co.gov, or by calling 719-655-2321 or you may view the changes on our website at www.saguachecounty.net.

Written comments will be accepted until Friday, October 14, 2016 at 3pm, and may be sent to Saguache County Land Use Department at PO Box 326, Saguache, CO 81149 or email to wmaez@saguachecounty-co.gov.

By: Jason Anderson, Chairman

Published October 1, 2016

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Help Wanted

Help Wanted
GARDEN/LANDSCAPE WORKER, strong, reliable, w/own transportation – \$12 hr. until snow falls. Chalet II. Respond: chcenter@fairpoint.net with references and personal info.

Request for Bids to Repair Flooring at Saguache County Museum

Saguache County Museum is soliciting bids to replace the flooring of the Mineral Room. Please submit bids by September 30, 2016. For an appointment to look at the project please call Thad Englert at (719)256-4353 or Lynn Sutherland at (719)655-2278.

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Firewood ~ Pine ~ Free Delivery ~ 4 Cord Min. Cash Only ~ Call or Tx 719-395-6253. Sublers Nursery

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Vehicles for Sale

Saabs for Sale
'88 & '85 saab 900 turbos ('88 runs, '85 doesn't) both go together. '72 international travelall (392 engine – doesn't run). bodies good/light lenses/glass good. best offer/trade for work? 256-4258 plz lv message/no caller id

Lost and Found

Found Lost Cat

An older Siamese cat was found in the area of the main road and the fire station and has probably been wandering a while --very thin. Please call 256-4396 or 256-4100 for information.

Lost Keys

Lost keys – large group. Ben Weeks: 719-628-9404

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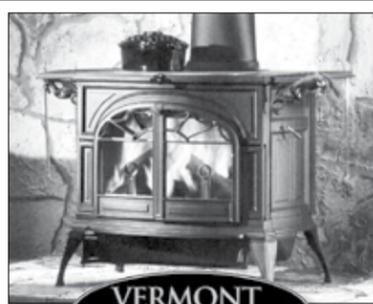
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EARTH TALK

Questions & Answers
About Our Environment

Dear EarthTalk: When did scientists first discover that carbon dioxide levels were rising in the atmosphere due to human activity and that this could cause global warming?

-Barbara Mickelson, Sumter, SC

The Earth's climate is continually changing. Since the planet was born some 4.5 billion years ago, it has undergone ice ages and warm periods due to natural changes in its orbit around the sun and other factors on its surface. But since the Industrial Revolution, humans have been the main factor in the Earth's warming. Since pre-industrial times, the Earth's surface has warmed some 1.5°C. And with 2.4 million pounds of carbon dioxide (CO₂) being released into the air every second, we are on track to get a lot warmer still. So when did we realize global warming was happening and that this round at least is human-caused?

ExxonMobil knew as early as 1977 that our enthusiastic burning of fossil fuels was leading to global warming—and since then has spent upwards of \$30 million to promote so-called climate denial.

The science behind climate change was first understood by Swedish chemist Svante Arrhenius in 1896; he thought the results would be positive for humans. Arrhenius realized that burning fossil fuels would have a greenhouse effect on the planet and would likely warm the planet by several degrees. Throughout the 20th century, the planet's human population increased by more than 280% and CO₂ production increased by more than 1160%. As the climate warmed, more and more scientists started to realize that human activity must be to blame. By 1959, worry among the scientific community increased as some scientists projected that CO₂ would increase with potentially "radical" effects on climate.

But it wasn't until 1995 that the Intergovernmental Panel on Climate Change gave a definitive statement that humans are responsible for post-industrial global warming. As of 2010, there was a 97% consensus among scientists that climate change was caused by humans.

So why haven't we fixed the situation? The answer may partially lie in the part large energy corporations played in swaying public opinion. As InsideClimate News reports, ExxonMobil was aware that anthropogenic climate change was likely as early as 1977. Since then, ExxonMobil has spent more than \$30 million on think tanks that promote climate denial. While it can perhaps be pardoned for opposing climate change research when the science was still inconclusive, ExxonMobil continued funding climate change denial groups as late as 2009—well after our carbon emissions were established as the cause of climate change. ExxonMobil even helped found the "Global Climate Coalition," a lobbying group that prevented the U.S. from taking action against limiting greenhouse gas emissions.

And ExxonMobil isn't alone. Koch Industries, a Kansas-based multinational with big investments in oil and other fossil fuels, has donated over \$88 million to climate change denial. Chevron, BP and others also fund such efforts. The actions of these companies have had a profound impact on public opinion. According to a recent survey by the Pew Research Center, the U.S. has the highest carbon emissions per capita in the world but "is among the least concerned about climate change and its potential impact."

Confronting ExxonMobil and other corporations that give misleading information to the public is important because this issue affects all of us. Non-profits like Greenpeace are trying to make sure oil companies stop obfuscating the truth and start promoting cleaner energy. Regardless, our commitments at the Paris climate accord have the U.S. and the rest of the world on the right path toward reducing emissions, no matter what the oil companies say about it.



These large Piñon Jays dominated our bird feeder every time we filled it up, and ate the entire thing in under a day!
photo by Lori Nagel

Crestone-Baca Weather Report

by Keno

August 21 to September 20

Total precipitation for period

Liquid precip: 1.95"

Snow: 0.0"

Measurable precipitation fell on 13 days.

Measurable rain fell on 13 days.

A trace of rain fell on 5 days.

3 thunderstorms occurred.

Hail fell on 1 day.

No snow fell.

Total precipitation year to date:

Since Jan 1: 10.78"

Total snow to date:

Since Jan 1: 45.9"

Snow Season *: 0.0"

*Snow season runs from July 1 to June 30

Temperatures for the period

High temp: 79.9°F September 19

Low temp: 33.7°F September 16

Avg. high: 73.4°F

Avg. low: 43.5°F

Number of days with the high temperature at or above 70°: 25

Number of days with the low temperature at or below 40°: 6

Winds for the period

Avg. speed: 2.5 mph

Highest gust: 32 mph August 22

Main direction: Out of the east at night, out of the southwest during the day.

Weather summary

The last 11 days of August were much cooler than the first

20 of September, while these days

also saw a lot more rain, with well above normal amounts in all of August; with slightly below average precipitation in September along with slightly warmer than normal temperatures. The entire month of August turned out to be the wettest since 1993, seeing a total of 3.59". Cool air was also a main feature for August, with our highest mountain peaks seeing good snow accumulation on at least 6 days from mid-month on.

Outlook for October

October is our fourth wettest month, averaging a bit over an inch of precipitation. Most of that falls as rain, but snow isn't uncommon in the month either, with an average of 3.6" falling. It has snowed in the month only 3 times since record keeping started, although in the last 2 years only a trace of snow has fallen. The most snow was 17.5" in 1984, while the wettest October on record was in 2006 when 3.38" fell along with 14.4" of snow, the second highest amount of snow in the month.

Temperature-wise, in the first week we see highs and lows average 65° and 34°, and it will cool off to highs and low averaging 53° and 25° by the month's end. So yes, this is the time to make sure your heating system is in good working condition for the long winter ahead.

The 30-day outlook for October from the NWS is calling for above average temperatures, along with near-average precipitation. As far as whether the upcoming winter be an El Niño or La Niña year, right now it appears the best bet is that we have something unusual take place. Neither will take hold and we will have a neutral year ahead, although some maps are claiming that there will be a weak La Niña this winter. In such winters with La Niña in place, our area sees less snow and warmer temps. But as I like to point out, the borderline for the weather is US Hwy. 50, just barely to our north. Therefore, we're one of the few places in the U.S. where we never know for sure what El Niño vs La Niña will bring.

Note: For current Crestone weather conditions visit Keno's web site: www.keno.org/vws.

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